

<b>Training Program</b>	Cyber Security Foundation
<b>Training Objective</b>	The participant will understand and apply Cyber Security concepts and principles, data responsibilities, risk evaluation, be familiar with how to prioritise business critical operations, and manage an incident response capability.
<b>Training Outcome</b>	This Cyber Security course is ideal for anyone who wants a sound understanding of Cyber Security, whether wanting to start a career in Cyber Security, or as a means to build a career transition path.

AGENDA		
TIME	ACTIVITY	DURATION
DAY ONE	Module 1: Cyber Security Concepts & Definitions	2 hours
	Module 2: Risk Management	2 hours 15 mins
	Module 3: Security Architecture	2 hours
DAY TWO	Module 4: Physical Security	45 minutes
	Module 5: Network Security	2 hours 30 mins
	Module 6: Endpoint Security	2 hours
	Module 7: Incident Management	1 hour 15 mins
DAY THREE	Module 7: Incident Management (cont'd)	1 hour 30 mins
	Practice Exam	2 hours
	Exam preparation review and study	45 mins
	Final Exam MCQ	2 hours
	Wrap Up and Next Steps	30 mins

<b>Training Program</b>	Penetration Test
<b>Training Objective</b>	<p>The participants will be provided with access to PentesterLab.</p> <p>This workshop is an introduction to Web Application and Infrastructure testing. A series of exercises will be assigned to demonstrate core competency.</p>
<b>Training Outcome</b>	<p>This one day workshop is an introduction only. It provides a walkthrough of PentesterLab and key badges to undertake. Additional training can be utilised with the 3 months subscription provided as part of the course.</p>

AGENDA		
TIME	ACTIVITY	DURATION
DAY FOUR	Introduction to Tesseract and Cyber Security Consulting	1 hour
	Introduction to exploits and why penetration testing	1 hour
	Web Application Testing Presentation + PentesterLab Exercises	2 hours
	Infrastructure Testing Presentation + PentesterLab Exercises	1.5 hours
	Breakout Session: Day in the life of a Cyber Security Consultant	1 hour

<b>Training Program</b>	Governance, Risk and Compliance
<b>Training Objective</b>	A 'self' risk assessment exercise where we will explore the idea of assets, threats and controls as applied to our everyday life. This will be conducted as a group exercise.
<b>Training Outcome</b>	A presentation by each group to share their learning.

AGENDA		
TIME	ACTIVITY	DURATION
DAY FIVE	Introduction to Security Risk Management	0.5 hour
	Asset Criticality Overview and Exercise	0.5 hour
	Threat Assessment Overview and Exercise	0.5 hour
	Security Control Overview and Exercise	0.5 hour
	Risk Identification and Analysis Overview and Exercise	1 hour
	Risk Evaluation and Treatment Exercise	1 hour
	Student Presentation of Outcomes	1 hour
	Networking drinks	1 hour