

Command: `grep -E -o '[S][a-z]+, [^S]+' People.txt`

Snapshot:

```
User@DESKTOP-STPDM6F MINGW64 /c/Users/user/desktop/swinburne semester 2/COS20015/week1/Tutorial_week1
$ grep -E -o '[S][a-z]+, [^S]+' People.txt
Schmidt, Paul
Smith, Peter
```