

NYMAT NEPAL

Pokhara – 30, Khudi, Nepal Estd: 2078



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To Whom It May Concern,

This letter of experience is to confirm that Mr/Ms. ...Bikal Ghimire..... participated in the 3 months long 24-24 #Youth2EndTB Campaign organized by Nymat Nepal with the technical support of the National TB Control Center (NTCC) and World Health Organization (WHO) Nepal from January 1st to March 31st, 2024.

The campaign aimed to equip young people with the knowledge and skills necessary to advocate for and contribute to the fight against tuberculosis (TB) in Nepal.

The participants gained a comprehensive understanding of TB basics, including the EndTB Strategy and the WHO Youth Declaration to End TB. They familiarized themselves with the National Tuberculosis Program of Nepal and the TB Free Nepal Initiative. They learned about mental health challenges faced by TB patients, explored strategies for providing support, development and implementation of national TB control strategies, and effective TB screening methods.

Also, they actively participated in a 2-day virtual event facilitated by the experts from NTCC and WHO Nepal deepening their understanding of TB awareness and advocacy strategies. Along with that, they demonstrated their communication skills by conducting an advocacy meeting with a key influential stakeholder in their community to prioritize TB in their policy. Additionally, they effectively disseminated TB knowledge by educating at least 40 school children in their community.

Overall, our participant actively participated in the campaign, demonstrating a strong commitment to the fight against TB in Nepal. They developed valuable skills in advocacy, education, and knowledge acquisition, which will be instrumental in their future endeavors.

We are confident that the knowledge, skill and experience gained during the campaign will be a valuable asset for them to engage and contribute meaningfully to the TB Free Nepal Initiative and the National TB Program.

Should you require any further information, please do not hesitate to contact us.

Sincerely,

Mr. Madhusudan Kaphle

Founder,

Nymat Nepal and #Youth2EndTB Global Movement

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