# Module Guide for REVITALIZE

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# 1 Revision History

Date		Version	Notes
January	17th,	Bill	Added MG for Main Menu and Calendar
2023		Nguyen	
January	18th,	Youssef	Added Intro, MG for Login, Container, Label, & Circular
2023		Dahab	Slider
January	18th,	Hasan	Added to SRS Connection, Module Decomposition
2023		Kibria	
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2023		Bokhari	
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2023		Nguyen	
January	18th,	Logan	Added Anticipated Changes
2023		Brown	
January	18th,	Mahmoud	Added Unlikely Changes
2023		Anklis	

# 2 Reference Material

This section records information for easy reference.

# 2.1 Abbreviations and Acronyms

symbol	description
AC	Anticipated Change
DAG	Directed Acyclic Graph
M	Module
MG	Module Guide
OS	Operating System
R	Requirement
SC	Scientific Computing
SRS	Software Requirements Specification
REVITALIZE	Explanation of program name
UC	Unlikely Change

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### 3 Introduction

REVITALIZE is an app designed to supply users with the means to improve their health by providing them with meal recipe's based on their nutritional preferences, a personalized workouts planner and a sleep tracker.

### 3.1 Purpose

The purpose of this document is to outline REVITALIZE's modular structure using decomposition based on the principle of information hiding to allow project members to easily identify parts within the app (Parnas, 1972).

### 3.2 Scope

This document outlines the modules which are based off the requirements specified in the **Software Requirements Specification**. In addition, the external behavior of those modules is specified in the **Module Interface Specification**.

#### 3.3 MG Overiew

- Section 4 lists the anticipated and unlikely changes of the software requirements.
- Section 5 summarizes the module decomposition that was constructed according to the likely changes.
- Section 6 specifies the connection between the software requirements and the modules.
- Section 7 is a description of the modules.
- Section 8 includes two traceability matrices. One checks the completeness of the design against the requirements provided in the SRS. The other shows the relation between anticipated changes and the modules.
- Section 9 describes the use hierarchy between modules.

# 4 Anticipated and Unlikely Changes

This section lists possible changes to the system. According to the likeliness of the change, the possible changes are classified into two categories. Anticipated changes are listed in Section 4.1, and unlikely changes are listed in Section 4.2.

### 4.1 Anticipated Changes

Anticipated changes are the source of the information that is to be hidden inside the modules. Ideally, changing one of the anticipated changes will only require changing the one module that hides the associated decision. The approach adapted here is called design for change.

**AC1:** The format the date is stored in

**AC2:** The labels of buttons to navigate screens

**AC3:** Colouring of screens

AC4: Input text box length and location

AC5: Layout of calendar

AC6: Nutrition display format

**AC7:** Recipe search criteria

AC8: Recipe query result format

AC9: Custom meal input format

AC10: Workout display format

AC11: Exercise list search criteria

**AC12:** Exercise query result format

AC13: Sleep time input (sensitivity of circular scroll bar)

### 4.2 Unlikely Changes

The module design should be as general as possible. However, a general system is more complex. Sometimes this complexity is not necessary. Fixing some design decisions at the system architecture stage can simplify the software design. If these decision should later need to be changed, then many parts of the design will potentially need to be modified. Hence, it is not intended that these decisions will be changed.

**UC1:** Input/Output devices (Input: File and/or Keyboard, Output: File, Memory, and/or Screen)

**UC2:** The Android operating system

UC3: The calls to the Meal API to search for recipes based on nutritional input

**UC4:** The database to store user information

**UC5:** The selection of different exercises

# 5 Module Hierarchy

This section provides an overview of the module design. Modules are summarized in a hierarchy decomposed by secrets in Table 1. The modules listed below, which are leaves in the hierarchy tree, are the modules that will actually be implemented.

M1: Main Menu

M2: Calendar

M3: Login

M4: Container

M5: Label

M6: Circular Slider

M7: Diet Log

M8: Search or Add Food

M9: Custom Meal

M10: Search Recipe

M11: Recipe Results

M12: Recipe Details

M13: FoodT

M14: Workout Display

M15: Workout Edit

M16: Workout Log

M17: ExerciseT

M18: Signup

Level 1	Level 2
Hardware-Hiding Module	
	Main Menu
	Calendar
	Login
Behaviour-Hiding Module	Container
	Label
	Circular Slider
	Diet Log
	Search or Add Food
	Custom Meal
	Search Recipe
	Recipe Results
	Recipe Details
	Workout Display
	Workout Edit
	Workout Log
	Signup
	$\operatorname{FoodT}$
Software Decision Module	ExerciseT

Table 1: Module Hierarchy

# 6 Connection Between Requirements and Design

The system design of REVITALIZE is founded upon the requirements previously set in the SRS. It is designed to cater for every single requirement attributed to this project. Hence, the design is decomposed into modular pieces of functionality which each help serve the fulfillment of aforementioned requirements. Specifications on how each module relates to (a) requirement(s) can be found in Section 8 8.

The functional outlook of each module can be understood by its name and, if needed, its access programs detailed in the MIS. After realizing the functionality of each module, the connections outlined in the Traceability Matrix in Section 8 8 should be clear and easily comprehended.

## 7 Module Decomposition

Modules are decomposed according to the principle of "information hiding" proposed by Parnas et al. (1984). The <u>Secrets</u> field in a module decomposition is a brief statement of the design decision hidden by the module. The <u>Services</u> field specifies <u>what</u> the module will do without documenting <u>how</u> to do it. For each module, a suggestion for the implementing software is given under the <u>Implemented By</u> title. If the entry is <u>OS</u>, this means that the module is provided by the operating system or by standard programming language libraries. REVITALIZE means the module will be implemented by the REVITALIZE software.

Only the leaf modules in the hierarchy have to be implemented. If a dash (\_) is shown, this means that the module is not a leaf and will not have to be implemented.

### 7.1 Hardware Hiding Modules

N/A

### 7.2 Behaviour-Hiding Module

#### 7.2.1 Main Menu (M1)

**Secrets:** Method to visualize main menu. The interface of REVITALIZE that the user interacts with after logging in

**Services:** Visualizes main menu by displaying interactive buttons to navigate to Diet, Exercise and/or Sleep section. Also shows current date in the top-center of screen which is clickable to display calendar screen. Finally a backward and forward button to display previous and next day.

Implemented By: REVITALIZE

#### 7.2.2 Calendar ( $M_2$ )

**Secrets:** Method to visualize calendar screen. The user interface that displays the calendar to the user

**Services:** Visualizes calendar by displaying interactive screen that shows current month and the respective days of the month, where user can click on desired day. Also has a backward and forward button to display previous and next month.

Implemented By: REVITALIZE

#### 7.2.3 Login (M3)

**Secrets:** Method to visualize login screen. The interface of REVITALIZE that the user interacts with once the app is launched

**Services:** Visualizes login screen by displaying interactive screen that shows name or email and password input text boxes for user to enter. Also has a login button for user to login. Moreover, has forgot password and sign up links for user to reset password or sign up respectively.

Implemented By: REVITALIZE

#### 7.2.4 Container (M4)

**Secrets:** Method to visualize sleep screen. The user interface that the user interacts with when viewing the sleep screen

**Services:** Visualizes sleep screen by displaying interactive screen that shows labels and circular slider in sleep screen.

Implemented By: REVITALIZE

#### 7.2.5 Label (M5)

**Secrets:** Method to visualize certain components in sleep screen. The component that displays the bed and ring icon images on screen

**Services:** Visualizes bed icon, ""BEDTIME" text, ring icon, ""WAKE UP" text, user set bed-time and wake-up time in sleep screen.

Implemented By: REVITALIZE

#### 7.2.6 Circular Slider (M6)

**Secrets:** Method to visualize circular slider and total sleep time in sleep screen. The circular slider user interface component that the user interacts with when viewing the sleep screen to set bed and wake up times.

**Services:** Visualizes circular slider by displaying interactive screen that shows circular slider that user can slide to set bed-time and wake-up times. Also shows user their total sleep time.

Implemented By: REVITALIZE

#### 7.2.7 Diet Log Module (M7)

Secrets: Method to visualize daily diet log screen. The user interface screen that displays to the user their food log with information regarding their calories, proteins, fat, and carbs

**Services:** Visualizes diet log by displaying interactive table with adherent food entries. Also shows net nutritional intake for the day.

Implemented By: REVITALIZE

#### 7.2.8 Search or Add Food Module (M8)

Secrets: Method to visualize decision making screen between adding a custom food and searching an online recipe. The user interface screen that allows the user to search an online recipe or add a custom meal

**Services:** Visualizes decision making screen by displaying two buttons, each representative of the possible decision made, which leads to another screen to help user complete their preferred decision.

Implemented By: REVITALIZE

### 7.2.9 Custom Meal Module (M9)

**Secrets:** Method to visualize custom meal logger. The user interface screen that allows the user to add a custom meal after inputting their meal name, calories, protein, carbohydrates, and fats

**Services:** Visualizes custom meal logger by displaying input fields which take information relative to custom meal.

Implemented By: REVITALIZE

### 7.2.10 Search Recipe Module (M10)

Secrets: Method to visualize app-internal search engine for recipes with custom filterization.

The user interface screen that allows the user to search an online recipe after entering their meal name, calories, and protein type

**Services:** Visualizes app-internal search engine for recipes by displaying multiple filtering inputs and a search button which retrieves filtered recipe data.

Implemented By: REVITALIZE

### 7.2.11 Recipe Results Module (M11)

Secrets: Method to visualize search results from search query produced through Search Recipe Module. The user interface screen that displays to the user a list of recipe results after searching for a meal's recipe

**Services:** Visualizes search results by displaying a list of scrollable search results with a small description for each result.

Implemented By: REVITALIZE

#### 7.2.12 Recipe Details Module (M12)

**Secrets:** Method to visualize detailed information about each recipe. The user interface screen that displays to the user the recipe ingredients along with its calories, proteins, carbs, and fats

**Services:** Visualizes detailed information about each recipe using a paragraph description and an image

Implemented By: REVITALIZE

#### 7.2.13 Workout Display Module (M14)

**Secrets:** Method to visualize the workout of the day. The user interface screen that displays to the user their workouts with details such as workout name, reps, sets, and weights

**Services:** Visualizes workout screen by displaying the workout on the given date. Also provides 'add workout' button to navigate to the Workout Edit module.

Implemented By: REVITALIZE

### 7.2.14 Workout Edit Module (M15)

**Secrets:** Method to visualize changes made to the workout of the day. The user interface screen that allows the user to edit their workout information such as workout name, sets, reps, and weights

**Services:** Allows addition and removal of exercises to the workout on the selected date. Provides 'add exercise' and 'save' button to add a new exercise and save changes respectively.

Implemented By: REVITALIZE

#### 7.2.15 Workout Log Module (M16)

Secrets: Method to store contents of workouts. The user interface screen that displays to users their past and present workouts

Services: Provides structure to store workouts. Provides access to past workouts.

Implemented By: REVITALIZE

#### 7.2.16 Signup Module (M18)

**Secrets:** Method to visualize signup screen. The user interface screen that the user uses to create an account with REVITALIZE

**Services:** Provides input text boxes for user to create an account. Also has a signup button and back to login page button to create an account or navigate back to the login page respectively.

Implemented By: REVITALIZE

#### 7.3 Software Decision Module

### 7.3.1 FoodT Module (M13)

Secrets: Data structure to hold information about each distinct food

Services: None

Implemented By: REVITALIZE

#### 7.3.2 ExerciseT Module (M17)

Secrets: Data structure to describe information of a specific exercise

Services: None

Implemented By: REVITALIZE

## 8 Traceability Matrix

This section shows two traceability matrices: between the modules and the requirements and between the modules and the anticipated changes.

Req.	Modules	
FR1	M3	
FR2	M3	
FR3	M3	
FR4	<del>M3</del> . M18	
FR5	M3	
FR6	M3	
FR7	M3	
FR8	<del>M3</del> . M18	
FR9	<del>M3</del> . M18	
FR10	<del>M3</del> . M18	
FR11	<del>M3</del> . M18	
FR12	<del>M18</del> . M7	
FR13	<del>M18</del> . M7	
FR14	<del>M18</del> . M7	
FR15	<del>M1</del> . M8	
FR16	<del>M1</del> . M10	
FR17	<del>M1</del> . M11	
FR18	<del>M1</del> . M11	
FR19	<del>M7</del> . M9	
FR20	<del>M7</del> . M10, M11	
FR21	<del>M7</del> . M14	
FR22	<del>M8</del> . M14	
FR23	<del>M8</del> . M15	
FR24	<del>M8, M10.</del> M17	
FR25	M10. M5	
FR26	M11. M14	
FR27	M11. M4, M5, M6	
FR28	<del>M9</del> . M4, M6	
FR29	$\frac{\mathbf{M9}}{\mathbf{M9}}$	
FR30	M1, M4, M7, M14	
FR31	<del>M14</del>	
FR32	<del>M14</del>	
FR33	<del>M15</del>	
FR34	<del>M15</del>	
FR35	<del>M17</del>	
FR36	<del>M5</del> 10	
FR37	$\frac{\mathbf{M6}}{\mathbf{M6}}$	

Table 2: Trace Between Requirements and Modules

AC	Modules
AC1	M1
AC2	M1, M4, M7, M14
AC3	M1
AC4	M1
AC6	M7
AC7	M10
AC8	M11
AC9	M9
AC10	M14
AC11	M14
AC12	M14
AC13	M6

Table 3: Trace Between Anticipated Changes and Modules

### 9 Use Hierarchy Between Modules

In this section, the uses hierarchy between modules is provided. Parnas (1978) said of two programs A and B that A <u>uses</u> B if correct execution of B may be necessary for A to complete the task described in its specification. That is, A <u>uses</u> B if there exist situations in which the correct functioning of A depends upon the availability of a correct implementation of B. Figure 1 illustrates the use relation between the modules. It can be seen that the graph is a directed acyclic graph (DAG). Each level of the hierarchy offers a testable and usable subset of the system, and modules in the higher level of the hierarchy are essentially simpler because they use modules from the lower levels.

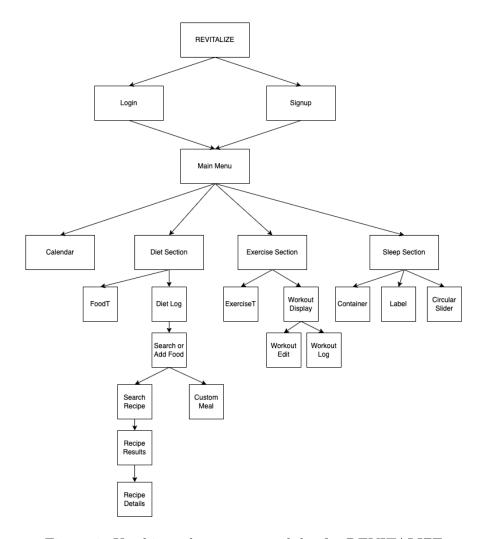


Figure 1: Use hierarchy among modules for REVITALIZE

# 10 UML/Activity Diagram

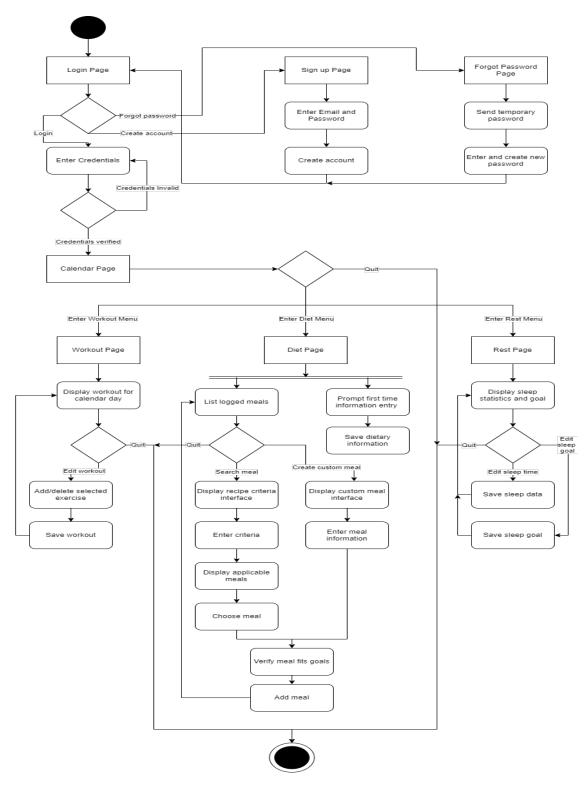


Figure 2: UML/Activity diagram

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