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(54) Title of the invention: MINDCARE - A PERSONALIZED MENTAL HEALTH SUPPORT PLATFORM

(57) Abstract:

MindCare is an innovative digital platform designed to provide personalized and comprehensive mental health support, particularly for adolescents. The platform leverages advanced technologies such as machine learning, augmented reality (AR), and real-time interactive content to assess, predict, and support users' mental health needs. Through personalized assessments, MindCare predicts potential mental health conditions based on user inputs and offers tailored therapeutic resources, including AR-based exercises, coping strategies, and professional guidance. The system enhances user engagement with interactive content and fosters early detection of mental health issues, promoting proactive care. By offering a confidential and accessible solution, MindCare aims to reduce stigma, improve emotional resilience, and provide continuous support, making mental health care more personalized, accessible, and engaging.

No. of Pages: 18 No. of Claims: 7