

UNIT 5: Life history

1 Introduction

- **Life history** refers to patterns of how organisms allocate resources to key components underlying reproductive success:
- Poll: Give a one-word example of a fundamental component of success.
 - **Answer:** Survival
 - **Answer:** Growth
 - **Answer:** Reproduction
 - **Answer:** Dispersal

Diversity

- Differing life-history **strategies** are part of the reason for the remarkable diversity of life
 - Organisms that are too similar are not expected to co-exist
 - * One will out-compete the other
 - But two organisms may be able to exploit the same resources using different life-history strategies

Oaks and dandelions

- We can think of acorns as machines for making more acorns, and dandelion seeds as machines for making more dandelion seeds
- Both have access to very similar biochemical machinery. Both use the same resources.
 - **Answer:** Water, sunlight, nutrients
- Poll: What are some differences?
 - **Answer:** Oak trees are bigger
 - **Answer:** Oak trees wait longer to reproduce
 - **Answer:** Oak trees reproduce many times
 - **Answer:** Oak trees put much more energy into each seed
 - **Answer:** Dandelion seeds are dispersed by wind, acorns by animals

Scales of competition

- Organisms compete with other individuals of the same species
- They also compete with other species
- We think about life history on different scales
 - Evolution within populations
 - Competition between populations

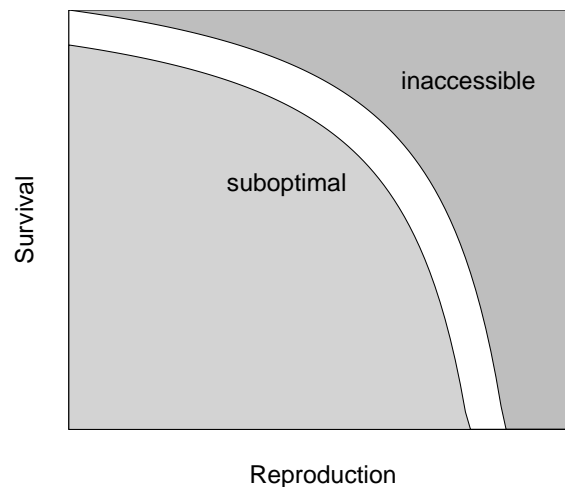
2 Tradeoffs

- Some evolutionary changes simply help organisms function better
 - Hemoglobin is highly evolved to bind and release oxygen
- Most have advantages and disadvantages
 - Building a strong immune system may reduce growth rates
 - A leaf that produces a lot of energy at high light may not be able to produce any at low light
- A **tradeoff** occurs when improvements in one area come at a cost of disadvantages in another area

Optimization frontiers

- We expect tradeoffs because:
 - organisms have limited **resources**
 - organisms are under natural selection in a complex world

Optimization frontiers



Optimization frontiers

- Under natural selection, we expect organisms to be near the frontier of high fitness
- While they're near this frontier, it will be hard to improve one quality without a tradeoff that hurts another quality

Evolution and optimization

- We often think of organisms as making “choices” that maximize their evolutionary fitness.
- Do oaks choose how big their acorns should be?
- Then what's going on?
 - **Answer:** Natural selection is selecting random variants
 - **Answer:** On average, variants which survive are better at producing offspring over the long-term than those which don't survive

Programmed optimization

- Organisms pursue very sophisticated strategies to optimize fitness
- But they don't know they're doing this
 - Plants sensing water environments
 - Moths circling light bulbs
 - People pursuing sexual opportunities

Tradeoff: Quick maturation vs. large final size

- A key component of a life history is how quickly an organism matures
- Organisms that mature quickly can reproduce quickly
- Organisms that mature slowly have more time to get large, or build lasting structures, before they reproduce
 - they typically reproduce more (or for a longer time period) in the long run
 - or allocate more energy to each offspring, giving the offspring a better chance to be successful

Tradeoff: large reproductive output vs. longevity

- Survival-reproduction balance: at a given time, organisms face a tradeoff between:
 - energy spent on producing offspring
 - * produce more offspring, or give more resources to helping each get started in life
 - energy reserved for survival and future offspring
 - * spend less energy reproducing this year, but live for longer

Semelparity

- The extreme case of this balance is called **semelparity**: the life-history strategy of reproducing only once
- Many organisms are semelparous
 - We can imagine that converting all your resources to reproduction once you start could be very efficient
- Many organisms are **iteroparous**: they reproduce many times

Cole's paradox

- Why are many organisms iteroparous?
- If $\lambda = f + p$, surely it is easier to increase f by spending on reproduction, than to increase p , which can never be larger than 1.
- Raising p from 0 to 1 becoming *immortal* instead of annual, is only as good as increasing f by 1

Responses to Cole

- What are some reasons why it makes evolutionary sense for organisms to be iteroparous, in light of Cole's arguments?
 - **Answer:** "Closing the loop": f is not seeds per plant, it's plants per plant; not as high as you think
 - **Answer:** Population regulation: the long-term average value of λ is 1, so increasing f by 1 is a *lot*
 - **Answer:** Risky environments: long-lived organisms can deal better with variation in offspring success.

Tradeoff example: many offspring vs. high-quality offspring

- Apart from how much energy to put into offspring now vs. later, organisms can make many or few offspring, using a given amount of energy
- What is a vivid example of ecologically similar organisms that produce wildly different numbers of offspring?
 - **Answer:** Oaks vs. pines
 - **Answer:** Tsetses vs. mosquitoes
- Poll: What are potential advantages of producing fewer offspring with the same amount of energy?
 - **Answer:** Greater chance of survival (or reproductive success)
 - **Answer:** Dispersal
 - **Answer:** More energy left over?
 - * **Answer:** No (see question)

Tradeoff: direct investment vs. dispersal investment

- Investment in reproduction may not go directly to the offspring, but instead to mechanisms to help the offspring disperse.
- Why is this particularly important in plants?
 - **Answer:** Parent-assisted dispersal is often their only chance to move.
- What are some example mechanisms?
 - **Answer:** Edible fruits
 - **Answer:** Helicopter attachments
 - **Answer:** Exploding seed pods

3 The r vs. K metaphor

- Regulated growth provides a powerful metaphor for life-history tradeoffs involving growth vs. competitive ability
- Recall r and K from our regulated population models.
 - Answer: r is the per-capita rate of growth, units ...
 - * Answer: $[1/t]$
 - Answer: K is the stable, equilibrium level that we expect a population to reach, units ...
 - * Answer: $[\text{pop}]$ or $[\text{pop density}]$

r vs. K strategies

- We call organisms that tend to out-perform other species at low densities “ r -strategists”
 - They do well in recently disturbed, uncrowded environments
- We call organisms that tend to out-perform other species at high densities “ K -strategists”
 - They do well in stable, crowded environments

r -strategists

- All organisms tend to do well in uncrowded environments, but r -strategists are selected to do better than other species
- They are selected for a high rate of exponential growth during the relatively short time that the environment is uncrowded
- Why do we call them r -strategists, and not \mathcal{R} -strategists?
 - Answer: Because they are selected to maximize r_{\max} , the *rate* of exponential growth
 - Answer: A species with a high value of \mathcal{R}_{\max} , but a slow life cycle, may not have enough time to capitalize on the opportunity

K -strategists

- K -strategists are selected to do well in crowded environments
- K measures the maximum density at which a species can “make a living” – by keeping $\mathcal{R} = 1$
- Comparing K between species can be tricky

Measuring K

- Which is the K strategist: maple trees or marigolds?
 - **Answer:** Maple trees do better at competing under stable conditions
 - **Answer:** Marigolds are faster at invading new environments
- Which has a higher value of r_{\max} ?
 - **Answer:** Marigolds
- Which has a higher value of K ?
 - Poll: In [indiv/ha]?
 - Poll: In [kg/ha]?
- To compare species, we attempt to measure K in units that reflect the effect of crowding on the competitive environment
 - biomass; area covered; resource consumed

Example: trees

- Assuming there is a tradeoff between r_{\max} and K , would you expect individuals with high r_{\max} , or high K , to do well:
 - In an empty, suitable habitat after a fire, flood, clearcut or other major **disturbance**?
 - * **Answer:** High r_{\max} leads to faster exponential growth
 - In a crowded, stable old-growth forest?
 - * **Answer:** High K means you can continue doing well when the forest is already too crowded for others

r vs. K strategists

- All species are selected for characteristics relating to both r_{\max} and K
- But it is often useful to compare species based on which they emphasize more heavily
 - There will often be tradeoffs between r_{\max} and K
- Species that specialize in colonizing disturbed environments are thought of as r strategists
 - Apple trees are often the first to reproduce in abandoned fields
- Species that specialize in stable environments are thought of as K strategists
 - Hemlock trees do best in stable, closed forests

Life-history characteristics

- Compared to K strategists, r strategists should:
 - Have relatively fast life cycles
 - * Reach maturity earlier
 - * Allocate more resources to reproduction (and thus reproduce more and survive less)
 - Produce more offspring, with less resources for each
 - * This allows high growth rates in the absence of competition
 - * In crowded conditions, these “quick” offspring may be out-competed by offspring with more resources
 - Be more aggressive about dispersal.
 - * **Answer:** They need to find the next empty, suitable habitat before this one gets too crowded

Biology is complicated

- The r - K dichotomy is useful for thinking about strategies, but organisms don’t always fit it perfectly
- Some species live long, but don’t invest a lot in each offspring
 - Sea turtles, pine trees
- Some species mature slowly but reproduce only once
 - 17-year cicadas, century plants
- Every species life history has specific, important *details*
 - But general principles are very important to guide our understanding

Changing conditions

- Recall, λ is usually between 1 and \mathcal{R} , gets closer to 1 when the life cycle is
 - **Answer:** slower
- When conditions are good ($\mathcal{R} > 1$), should organisms be fast or slow to maximize λ ?
 - **Answer:** Fast
- Poll: When conditions are bad ($\mathcal{R} < 1$), should organisms be fast or slow to maximize λ ?
 - **Answer:** Slow!
 - **Answer:** Decrease more slowly during the bad times

Changing life history

- Some organisms have evolved to change their life history patterns in response to good or bad conditions
 - **Answer:** Move slow when things are bad, and fast when things are good
- Poll: What are some examples?
 - **Answer:** Many animals reach sexual maturity faster under good conditions: horses, elephants
 - **Answer:** Trees may survive longer under bad conditions (by growing slowly and not allocating energy to reproduction)
 - **Answer:** Bacteria enter “stationary state” when conditions are bad – don’t reproduce or grow at all, but may survive for a long time

Applications

- How would r and K strategists differ in their response to human activities/disturbance?
 - **Answer:** r strategists will generally deal with disturbance better
- What are advantages of r or K strategists for human production (eg. biofuels, agriculture, drug production etc..)?
- Poll: What are some advantages of r strategists?
 - **Answer:** grow faster
 - **Answer:** likely to respond well to disturbance
- Poll: What are some advantages of K strategists?
 - **Answer:** may be more sustainable to grow for a long time in a stable environment

4 Bet hedging

- In a risky world, you never want to put all your eggs in the same basket
 - If all your offspring are born into similar conditions, they can all do well together
 - or they can all die together
- Strategies that *usually* do well aren’t good enough
 - The species we see now have survived for billions of years (if we include ancestral species, who also had to survive)
 - * Floods, fires, ice ages, disease outbreaks

- All “successful” organisms have strategies for spreading risk
 - **Answer:** In fact, *every* organism must have successfully spread risk to survive to where you saw it

Averaging

- Mathematically, we can think about bet-hedging strategies in terms of averages
- Arithmetic means are means with respect to addition:

$$- x + y + z = m + m + m$$

- Geometric means are means with respect to multiplication:

$$- x * y * z = m * m * m$$

Averaging

- A population has a different growth rate (λ) each year. The long term growth rate would be the same if it grew by what constant amount each year?
 - **Answer:** The geometric mean growth rate
- A farmer harvests dandelion seeds from 5 different fields. Each field produces a different number of seeds. The harvest would be the same if each field produced what constant amount?
 - **Answer:** The arithmetic mean seed production

Example: plant Q

- Plant Q is an annual plant.
- Each successful adult produces 30 offspring on average
- In a good year, 20% of these offspring survive to reproduce; in a normal year 2% of the offspring survive to reproduce; in a bad year 0.2% of the offspring survive to reproduce
- The three kinds of year are equally likely
- Poll: What is the long term average growth rate of plant Q?
 - **Answer:** The geometric mean of 6, 0.6 and 0.06: $\lambda = 0.6$
 - **Answer:** Effective survival is the geometric mean of 0.2, 0.02 and 0.002

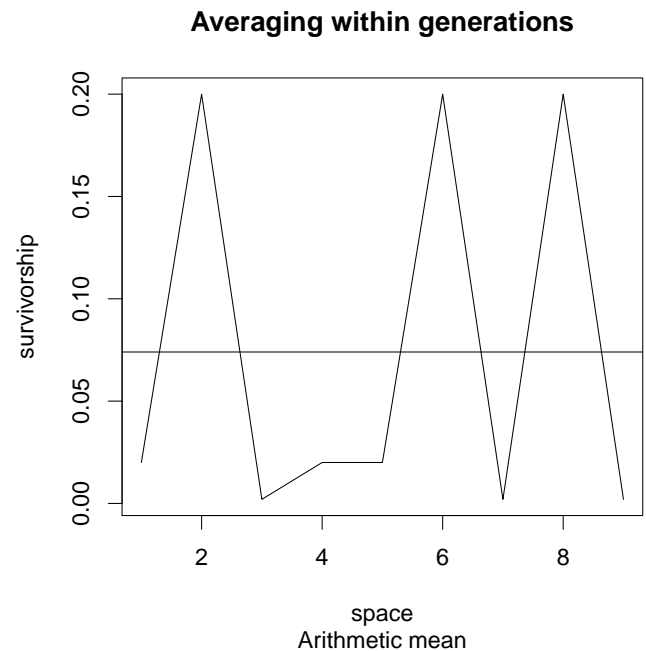
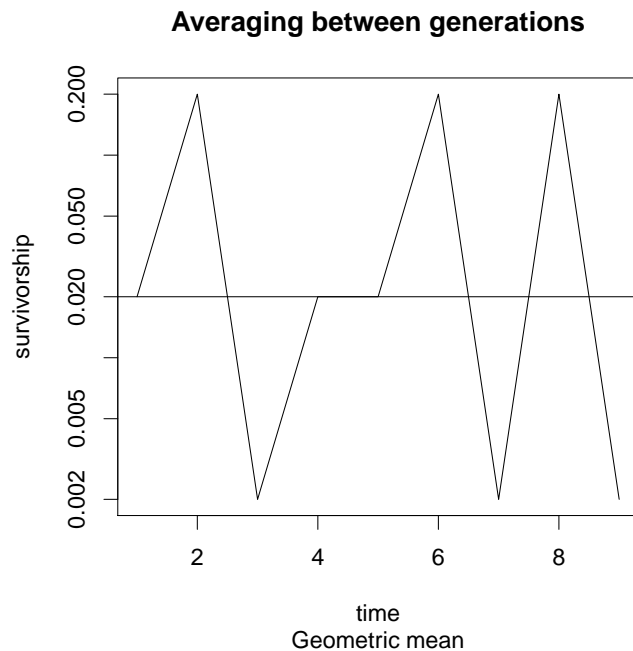
Plant D

- Plant D is similar to plant Q, except that it produces seeds that disperse over great distances
- Because it has to invest in dispersal mechanisms, it only produces half as many seeds.
- The seeds of the new variety do just as well as those of plant Q, but they disperse so far (in this hypothetical example) that 1/3 of them experience good, normal and bad conditions every year.
- Poll: What is the average growth rate of plant D?
 - **Answer:** Average survival is the mean of 0.2, 0.02, and 0.002
 - **Answer:** Growth is the arithmetic mean of 3, 0.3 and 0.03: $\lambda = 1.11$

Averaging

- Variation between organism generations is multiplicative; we understand its effect using the geometric mean
 - **Answer:** Because we multiply per-capita success in each generation to find out what happens to the population
- Variation within a generation is additive; we understand its effect using the arithmetic mean
 - **Answer:** Because lifetime reproductive success is calculated by adding components from different places or time periods
- The arithmetic mean is greater than the geometric mean. When variation is high, it can be much greater
 - Therefore, organisms benefit from averaging within generations, rather than between generations

Comparing averages



Dispersal, spreading risk over space

- As an organism, do I want my offspring to grow up where I grew up, or to disperse?
- Advantages of staying home
 - Answer: Dispersal is costly
 - Answer: Home is apparently a good place to survive
 - * Answer: the parent survived and is reproducing
 - Answer: Support from kin group
- Advantages of dispersal
 - Answer: Reduce competition between offspring
 - Answer: Distribute risk – if you don't disperse, *all* of your offspring could die if there is a disturbance
 - Answer: Reduce inbreeding
 - Answer: May find a better place

Spreading risk over time

- Organisms that disperse spread their risk across space
- But some disturbances (bad weather, disease outbreaks) may cover very large areas
- Many organisms also have mechanisms for spreading risk over time
 - Iteroparity

- Delayed development: many semelparous organisms have mechanisms that allow a fraction of their offspring to remain **dormant** (ie., wait) before developing

Why is it called bet hedging?

- Bet hedging means reducing your risk, or not betting everything you have on any one choice, even if it's a good choice.
 - **Answer:** If you don't disperse in space, or spread out risk in time, you are "betting" all of your offspring on a single environment
 - **Answer:** If you bet on many different environments, you are reducing your risk, or "hedging"

5 Sex ratios

- Poll: To maximize fitness, should organisms allocate more resources to producing males or females?
 - **Answer:** They should allocate more resources to females because it is females that limit the growth rate
 - **Answer:** They should allocate the same amount of resources to males and females because males and females contribute the same amount of fitness to the next generation
 - **Answer:** They should allocate more resources to males, because males have greater potential reproductive success

The balance argument

- In a sexual population, half of all the alleles in each generation come from males, and half from females
- Therefore, the total fitness of males and the total fitness of females in the population is equal
- Therefore, individuals should allocate resources equally to offspring of each type
 - **Answer:** If the population on average is allocating more to one type, individuals who allocate more to the other type would do better than average

Example: elephant seals

- Male elephant seals can control large territories and mate with very large numbers of females
- Females produce at most 12 offspring over the course of their lives
 - And do all of the work of raising them
- To maximize their fitness, should female elephant seals produce more male offspring, or more female offspring?

Elephant seal details

- Imagine a population where 90% of elephant seals born are males. A certain “generation” of 400 elephant seals produces 600 successful offspring (counting in a reasonable, closed-loop way).
- What is the average fitness of the males and the females in this generation?
 - **Answer:** Half of the genes, and half of the fitness comes from 360 males; half from 40 females
 - **Answer:** Males’ average fitness is $300/360=0.83$; females’ is $300/40 = 7.5$

Sex ratio and balance

- Imagine a population where organisms use the same amount of resources to produce male or female offspring
- Thus, the *number* of offspring I can make does not depend on sex
- Poll: If everyone else is making more males than females, what should I do?
 - **Answer:** Make more females, because that will increase my average fitness
- Poll: How will this population evolve in the long term?
 - **Answer:** More and more females
 - **Answer:** Eventually, a balanced sex ratio

Allocation and balance

- The balance argument is based on the idea that organisms have resources that they control and use for growth and reproduction
- What if organisms invest more resources in producing one sex than the other?
 - What balances is the amount of *resources* spent on each sex
- Example: what if elephant seal mothers invest twice as much per males as per female, so their male offspring can compete?
 - **Answer:** This means they can “choose” to produce one male, or two females
 - **Answer:** Thus, the population will balance when male fitness is twice as high as female fitness
 - **Answer:** This happens when there are twice as many females as males – the *investment* in the two sexes is the same.

Example: Fig wasps

- Many species of fig wasps have sex inside figs
 - Most sex is between brothers and sisters
 - Poll: What offspring ratio would maximize the mother's fitness in this case?
 - * **Answer:** Have mostly female offspring

Fig wasp details

- Why does the balance argument not work in this case?
- Males have higher mean fitness than females in this population
- Would a mother benefit by producing more males than others do?
 - **Answer:** No, because these males would not have access to the extra females produced by other mothers
 - **Answer:** Producing males because *average* male fitness is higher works only if your males can *share* that average fitness
 - **Answer:** In this case, if I produce more males, they would probably compete only with their brothers

Female-biased sex ratios

- In most organisms (not all) females contribute more direct resources to producing offspring than males
- Such organisms should invest more in females than in males whenever sex with kin is likely
 - The kin group produces more offspring overall
- If organisms invest more per individual male, this could also bias the sex ratio in the same direction

Variation in reproductive success

- You should recall that in many animals males have very large variation in reproductive success
- Variation in reproductive success does not affect the balance argument:
 - We expect equal total resources to be used for females and males
- Instead it affects allocation per individual
 - **Answer:** Giving male offspring more resources has greater benefits than for female offspring
 - **Answer:** Organisms should use more resources per male, and thus produce fewer male offspring

Sexual roles

- Poll: What do you expect to happen in a population where males contribute more to raising offspring than females do?
 - Answer: All of these stories can be reversed
 - * Answer: Females compete for males
 - * Answer: Parents invest more in individual females
 - * Answer: Possible male-biased sex ratio
- Can you think of any examples?
 - Answer: Sea horses
 - Answer: Nest-guarding fish

Equids

- Horses and zebras have harem males who compete for access to females
- Successful stallions can have very high fitness
- Females produce offspring at similar rates through their adult lives
- Healthy, middle-aged mares produce a greater fraction of males
 - Presumably they are allocating more resources to these males (because they have more resources available)
- It is not clear from studies whether they produce fewer males than females over their lifespan to compensate (balance would predict that they should)
- These animals *do* show female-biased sex ratios of adults
- What is another possible, related reason?
 - Answer: Males pursue high-risk development strategies, and therefore have lower survival
 - Answer: High-risk, aggressive development increases the chance of being dominant and reproductively successful

Kakapos

- Researchers tried to save the endangered kakapos by providing food to females.
- Females responded to these “good years” by producing mostly males, making population crisis worse!
- Consistent with adaptation for resource balance