UNIT 1: Linear population models

1 Example populations

1.1 Dandelions

- Start with one dandelion; it produces 100 seeds, of which only 4% survive to reproduce the next year.
- How many dandelions after 3 years?

Answer: 64?Answer: 125?

- See spreadsheet on resource page

• The spreadsheet is an implementation of a dynamical model!

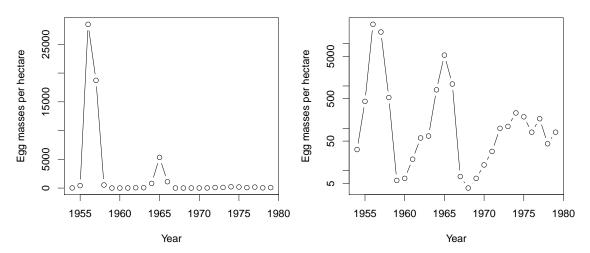
Dynamical models

- Make rules about how things change on a small scale
- Assumptions should be clear enough to allow you to calculate or simulate population-level resuls
- Challenging and clarifying assumptions is a key advantage of models

1.2 Gypsy moths

- A pest species that feeds on deciduous trees
- Introduced to N. America from Europe 150 years ago
- Capable of wide-scale defoliation

Gypsy moth populations



Moth calculation

- Researchers studying a gypsy moth population make the following estimates:
 - The average reproductive female lays 600 eggs
 - 10% of eggs hatch into larvae
 - 10% of larvae mature into pupae
 - 50% of pupae mature into adults
 - 50% of adults survive to reproduce
 - All adults die after reproduction
- What happens if we start with 10 moths?
 - Answer: If 5 are female, we end up with an average of 7.5 moths

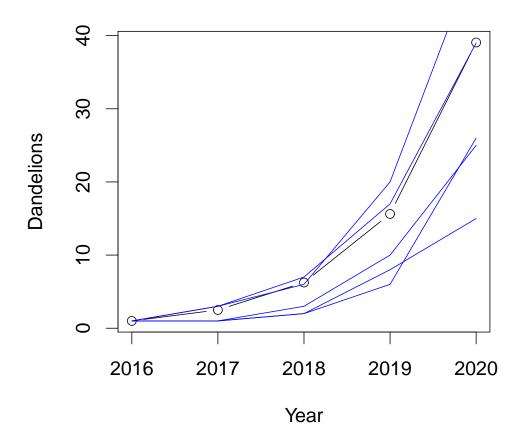
Stochastic version

- Obviously, we will not get *exactly* 7.5 moths.
- If we consider moths as individuals, we need a **stochastic** model
- What do we mean by stochastic?

- <u>Answer</u>: The model has randomness, to reflect details that we can't measure in advance, or can't predict

Stochastic model

- A stochastic model has randomness in the model.
- If we run it again with the same parameters and starting conditions, we get a different answer



1.3 Bacteria

- Imagine we have some bacteria growing in a big tank, constantly dividing and dying:
 - They divide (forming two bacteria from one) at a rate of 0.04/hr
 - They wash out of the tank at a rate of $0.02/\,\mathrm{hr}$
 - They die at a rate of 0.01/hr
- Rates are **per capita** (i.e., per individual) and **instaneous** (they describe what is happening at each moment of time)
- We start with 10 bacteria/ml
 - How many do we have after 1 hr?
 - What about after 1 day?

Bacteria, rescaled

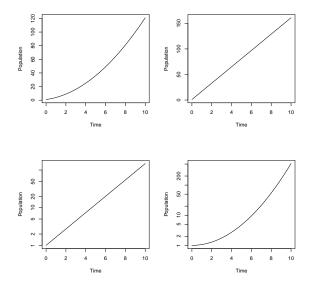
- Imagine we have some bacteria growing in a big tank:
 - They divide (forming two bacteria from one) at a rate of 0.96/day
 - They wash out of the tank at a rate of 0.48/day
 - They die at a rate of 0.24/day
- If we start with 10 bacteria/ml, how many do we have after 1 day?

Units

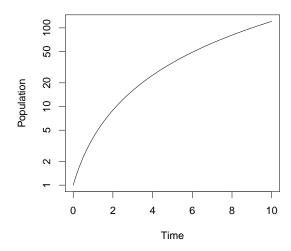
- When we attach units to a quantity, the meaning is concrete
 - 0.24/day must mean exactly the same thing as 0.01/hr
 - The two questions above must have the same answer

2 Exponential growth

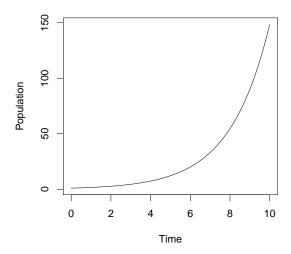
- What is exponential growth?
- Which of these is an example?



Extra slide: A on the log scale



Extra slide: C on the linear scale



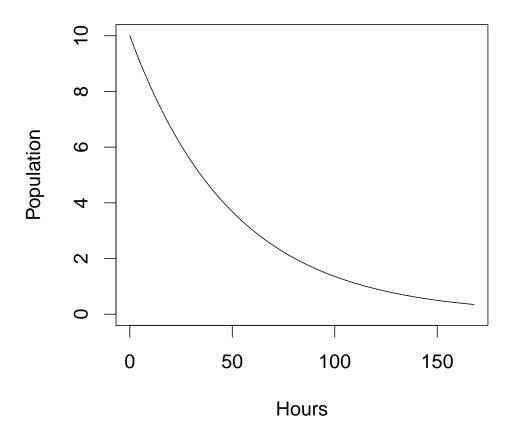
Types of growth

- arithmetic/linear:
 - Answer: Add a fixed amount in a given time interval
 - **Answer:** Total growth rate is constant
- geometric/exponential:
 - Answer: Multiply by a fixed amount in a given time interval
 - <u>Answer</u>: Per-capita growth is constant
 - **Answer:** Only C is exponential, mathematically speaking.
- other:
 - Many possibilities, we may discuss some later

Exponential decline?

- What does exponential decline look like?
 - <u>Answer</u>: Decline is proportional to size
 - Answer: Declines more and more slowly (on linear scale)

Extra slide: Exponential decline



- Decline is proportional to size
- Declines more and more slowly (on linear scale)

Terminology

- Sometimes people distinguish
 - arithmetic from linear growth, or
 - **geometric** from **exponential** growth

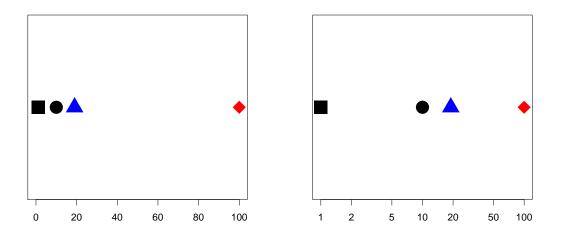
- Based on:
 - <u>Answer</u>: discrete vs. continuous time
- We won't worry much about this.

2.1 Log and linear scales

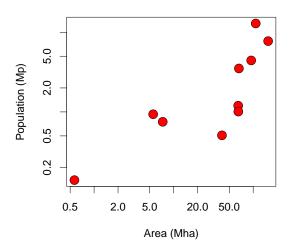
Scales of comparison

- 1 is to 10 as 10 is to what?
 - Answer: If you said 100, you are thinking multiplicatively
 - Answer: If you said 19, you are thinking additively

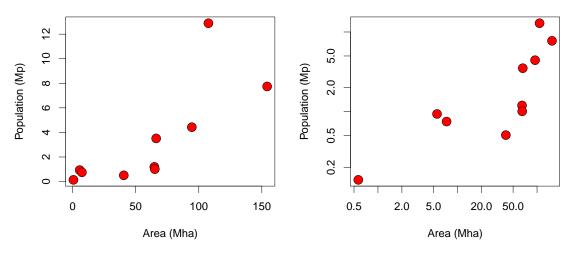
Scales of display



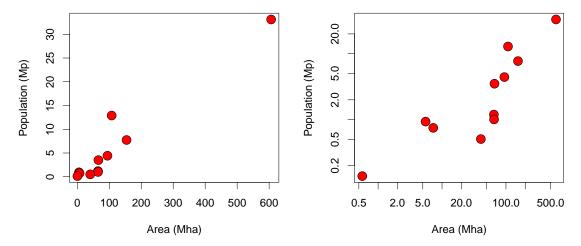
There is only one log scale; it doesn't matter which base you use! Canadian provinces



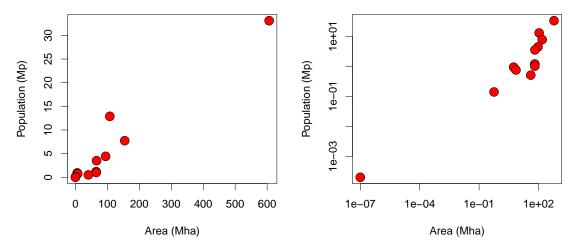
Canadian provinces



Extra slide: Canadian provinces plus Canada



Extra slide: Canada plus room 1105



Predation comparison

- A 500 lb lion is attacking a 1000 lb buffalo!
- This is analogous to a 15 lb red fox attacking:
 - A 30 lb beaver (twice as heavy)?

- A 515 lb elk (500 lbs heavier)?

Different scales

- The log scale and linear scale provide different ways of looking at the same data
- Equally valid
- What are some advantages of each?

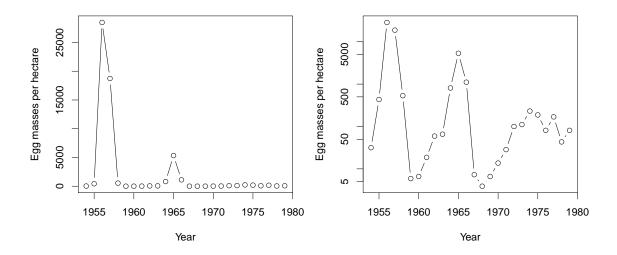
Advantages of arithmetic view

- <u>Answer</u>: When there is no natural zero (or the natural zero is irrelevant)
 - Answer: Often the case for time or geography
- **Answer**: When zeroes (or negative numbers) can occur
- Answer: When we are interested in adding things up

Advantages of geometric view

- <u>Answer:</u> When comparing physical quantities, or quantities with natural units
- **Answer:** When comparing proportionally

Gypsy-moth example



Scales in population biology

- The linear scale looks at differences at the population scale
- The log scale looks at differences at the individual scale (per capita)

2.2 Time scales

Comment slide: Speeding in Taiwan

- A life experience
- Some clarifications
 - I was reading the sign wrong
 - I didn't actually know how to say speed
 - The whole thing never happened

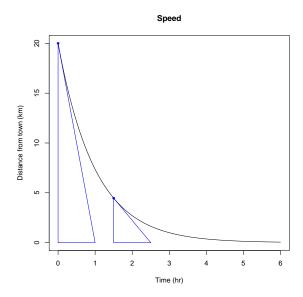
Comment slide: Speeding in Taiwan

- Moral:
 - Units (km is *not* a speed)
 - Exponential decay
- Imagine now that I follow the signs exactly and unrealistically.
- Do I ever arrive in the (ideal) town of Speed?
 - <u>Answer</u>: No. I am always an hour away!
 - Answer: But I do get extremely close (after several hours)
- Does anyone remember Zeno's paradox?
 - Answer: Don't worry about it, then

Characteristic times

- If something is declining exponentially, the rate of change (units [widgets/time]) is always proportional to the size of the thing ([widgets]).
- The constant ratio between the rate of change and the thing that is changing is:
 - the **characteristic time** (something/change), or
 - the rate of exponential decline (change/something)
- Comment: I'm always 1 hour away from the town of Speed

Extra slide: Characteristic times



Bacteriostasis

- What if we add an agent to the tank that makes the birth and death rates nearly zero?
- Now the bacteria are merely washing out at the rate of 0.02/hr
- If we start with 10 bacteria/ml, how many do we have after:
 - -1 hr?
 - -1 wk?

Bacteriostasis answers

• Bacteria wash out at the rate of 0.02/hr

Answer: This can only make sense with concrete units if we think
of it as an instantaneous rate – more soon

- Answer: $N = N_0 exp(-rt)$

• Start with 10 bacteria/ml:

- **Answer:** After one hour, 9.802 bacteria/ml

- Answer: After one week, 0.347 bacteria/ml

Bacteriostasis analysis

• Rate of exponential decline is $r = 0.02/\,\mathrm{hr}$

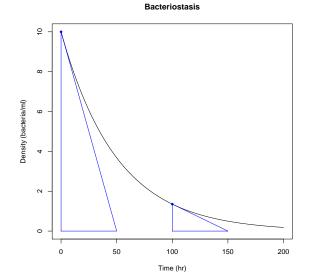
• Characteristic time is $T_c = 1/r = 50 \,\mathrm{hr}$

• If experiment time $t \ll T_c$, then proportional decline $\approx t/T_c$

• The answer makes sense for short times and for long times

• <u>Comment</u>: We will come back to this

Extra slide: Characteristic times



Euler's e

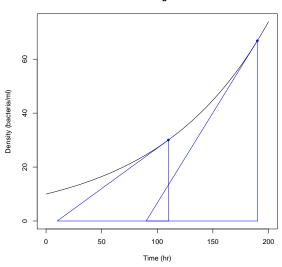
- \bullet The reason mathematicians like e is that it makes this link between instantaneous change and long-term behaviour
- If I drive for an hour, how much closer do I get to the ideal town of Speed?
 - **Answer:** e times closer
- e or 1/e is the approximate answer to a lot of questions like this one
 - If I compound 1%/year interest for 100 years, how much does my money grow?
 - If two people go deal out two decks of cards simultaneously, what is the probability they will never match cards?
 - If everyone picks up a backpack at random after a test, what's the probability nobody gets the right backpack?

Exponential growth

- We can think about exponential growth the same way as exponential decline:
 - Things are always changing at a rate that would take a fixed amount of time to get (back) to zero
 - This is the characteristic time
 - Exponential growth follows $N = N_0 \exp(rt) = N_0 \exp(t/T_c)$

Extra slide: Characteristic times

Bacterial growth

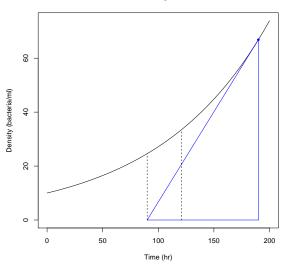


Doubling time

- Some people prefer to think about doubling times.
- These make just as much sense as characteristic times, but don't have the direct link to the instantaneous change.
 - It takes T_c time to increase by a factor of e
 - It takes $\log_e(2)T_c \approx 0.69T_c$ to increase by a factor of 2
 - We can write $T_d = \log_e(2)T_c$
- You should be able to do this calculation
 - $-\exp(rT_d)=2$
 - $T_d = \log_e(2)/r$
 - $T_d = \log_e(2)T_c$

Extra slide: Characterstic time and doubling time

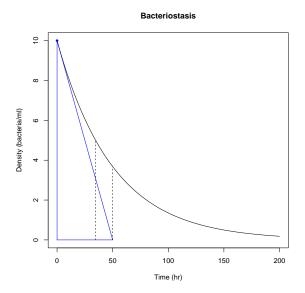




Half life

- The half life plays the same role for exponential decline as the doubling time does for exponential growth:
 - $-T_h = \log_e(2)T_c$
 - It takes T_c time for a declining population to decrease by a factor of e
 - It takes $\log_e(2)T_c\approx 0.69T_c$ to decrease by a factor of 2
 - We can write $T_h = \log_e(2)T_c$

Extra slide: Characterstic time and half life



3 Constructing models

3.1 Dynamical models

Tools to link scales

- Models are what we use to link:
 - Individual-level to population-level processes
 - Short time scales to long time scales
- In both directions

Assumptions

- Models are always simplifications of reality
 - "The map is not the territory"
 - "All models are wrong, but some are useful"
- Models are useful for:
 - linking assumptions to outcomes
 - identifying where assumptions are broken

Dynamical models

- **Dynamical models** describe rules for how a system changes at each point in time
- We will see what these assumptions about how the system *changes* lead to conclusions about what the system *does* over longer time periods

States and state variables

- Our dynamic models imagine that a system has a **state** at any given time, described by one or more **state variables**
- Examples:
 - Dandelions: state is population size, described by one state variable (the number of individuals)
 - Bacteria: state is population density, described by one state variable (the number of individuals per ml)
 - Pine trees: state is amount of wood, described by one state variable (tons per hectare)
- Limiting the number of state variables is key to simple models

Parameters

- Parameters are the quantities that describe the rules for our system
- Examples:
 - Birth rate, death rate, fecundity, survival probability

How do populations change?

- I survey a population in 2005, and again in 2009. I get a different answer the second time.
- What are some reasons why this answer might change?
 - **Answer:** Birth
 - **Answer:** Death
 - **Answer:** Immigration and emigration
 - Answer: Sampling (ie., my counts are not perfectly correct)

Censusing and intermediate variables

- Often, our population models will imagine that the population is **censused** (counted) at particular periods of time
- Calculations of what happens between census times may be part of how we make our population model, without showing up in the main model itself
 - For example, our moth and dandelion examples

Linear population models

- We will focus mostly on births and deaths
- Births and deaths are done by individuals
 - We model the rate of each individual (per capita rates)
 - Total rate is the per capita rate multiplied by population size
- If per capita rates are constant, we say that our population *models* are **linear**
 - Linear models do not usually correspond to linear growth!
 - Answer: They usually correspond to exponential growth
 - * **Answer:** ...or exponential decline

3.2 Examples

Moth example

- State variables
 - **Answer:** Number of moths/ha
- Parameters
 - Answer: Number of eggs, sex ratio, larval survival, pupal survival, adult survival
 - Answer: Time step

- Census time
 - Answer: Annually; use the same time (and stage) each year

Bacteria

- State variables
 - **Answer:** Number of bacteria/ml
- Parameters
 - **Answer:** Division rate, death rate, washout rate
- Census time
 - Answer: Always!

Dandelions

- State variables
 - <u>Answer</u>: Number of dandelions in a field
- Parameters
 - Answer: Seed production, survival to adulthood, adult survival
- Census time
 - **Answer:** Annually, before reproduction
 - Answer: When new and returning individuals are most similar

3.3 A simple discrete-time model

Assumptions

- If we have N individuals after T time steps, what determines how many individuals we have after T+1 time steps?
 - A fixed proportion p of the population (on average) survives to be counted at time step T+1
 - Each individual creates (on average) f new individuals that will be counted at time step T+1
- How many individuals do we expect in the next time step?
 - **Answer:** $N_{T+1} = (pN_T + fN_T) = (p+f)N_T$
- Individuals are **independent**: what I do does not depend on how many other individuals are around
- The population is censused at regular time intervals Δt
 - Usually $\Delta t = 1 \,\mathrm{yr}$
- All individuals are the same at the time of census
- Population changes deterministically

Definitions

- p is the survival probability
- f is the **fecundity**
- $\lambda \equiv p + f$ is the finite rate of increase
 - ... associated with the time step Δt
 - (Δt has units of time)

Model

• Dynamics:

$$-N_{T+1} = \lambda N_T$$

$$-t_{T+1} = t_T + \Delta t$$

• Solution:

$$-N_T = N_0 \lambda^T$$

$$-t_T = T\Delta t$$

- \bullet How does N behave in this model?
 - Answer: Increases exponentially (geometrically) when $\lambda > 1$
 - Answer: Decreases exponentially when $\lambda < 1$

Interpretation

- Assumptions are simplifications based on reality
- We can understand why populations change exponentially sometimes
- ullet We can look for reasons when they don't

Examples

• Moths

$$-p=0$$
, so $\lambda=f$.

- * Moths are **semelparous** (reproduce once); they have an **annual** population
- Dandelions
 - If p > 0, then the dandelions are **iteroparous**; they are a **perennial** population

3.4 A simple continuous-time model

Assumptions

- If we have N individuals at time t, how does the population change?
 - Individuals are giving birth at per-capita rate b
 - Individuals are dying at per-capita rate d
- How we describe the population dynamics?
 - <u>Answer</u>: $\frac{dN}{dt} = (b-d)N$
 - <u>Answer</u>: That's what calculus is for describing instantaneous rates of change
- Individuals are **independent**: what I do does not depend on how many other individuals are around
- The population can be censused at any time
- Population size changes continuously
 - **Answer:** Advantageous if reproduction is continuous
- All individuals are the same all the time
 - **Answer:** Usually disadvantageous

Definitions

- b is the birth rate
- d is the death rate
- $r \equiv b d$ is the instantaneous rate of increase.
- These quantities are not associated with a time period, but they have units:
 - **<u>Answer</u>**: 1/[time]
 - * $\underline{\mathbf{Answer}}$: $\equiv (\mathrm{indiv/[time]})/\mathrm{indiv}$

Model

• Dynamics:

$$-\frac{dN}{dt} = rN$$

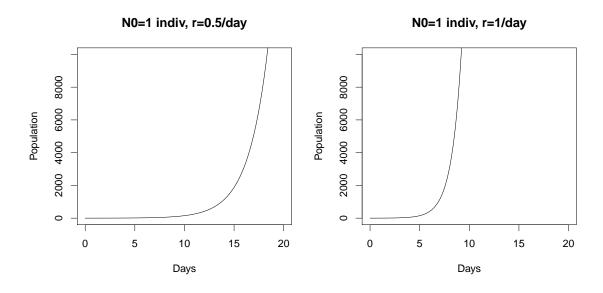
• Solution:

$$-N(t) = N_0 \exp(rt)$$

- Behaviour
 - <u>Answer</u>: Increases exponentially when r > 0
 - **Answer:** Decreases exponentially when r < 0

Bacteria

- Conceptually, this is just as simple as the dandelions or the moths
 - In fact, simpler
- But we can't do an infinite number of simulation steps on the computer



Summary

- We can construct simple, conceptual models and make them into dynamic models
- ullet If we assume that individuals behave independently, then
 - we expect *populations* to grow (or decline) exponentially

4 Units and scaling

Units are our friends

- Keep track of units at all times
- Use units to confirm that your answers make sense
 - Or to find quick ways of getting the answer
- What is $3 \, \text{day} \cdot 4 \, \text{espressoes/day}$?
 - <u>Answer</u>: 12 espressoes
- What is $1 \text{ wk} \cdot 0.02/\text{day}$?
 - **Answer:** $1 \text{ wk} \cdot 0.02 \text{ day}$
 - <u>Answer</u>: $1 \text{ wk} \cdot 0.02 \text{ day} \cdot \frac{7 \text{ day}}{\text{wk}}$
 - **Answer:** 0.14

Manipulating units

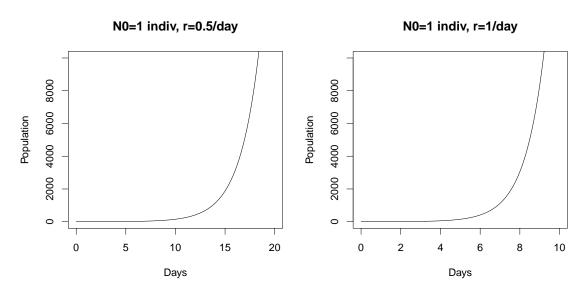
- We can multiply quantities with different units by keeping track of the units
- We *cannot* add quantities with different units (unless they can be converted to the same units)
- How many seconds are there in a day?
 - $\ \underline{\mathbf{Answer:}} \ \frac{60 \sec}{\min} \cdot \frac{60 \min}{\mathrm{hr}} \cdot \frac{24 \, \mathrm{hr}}{\mathrm{dav}}$

- <u>Answer</u>: 86400 sec/day
- http://www.alysion.org/dimensional/fun.htm

Scaling

- Quantities with units set scales, which can be changed
 - If I multiply all the quantities with units of time in my model by 10, I should get an answer that looks the same, but with a different time scale
 - If a multiply all the quantities with units of dandelions in my model by 10, I should get an answer that looks the same, but with a different number of dandelions

Scaling time in bacteria



Extra slide: Scaling population

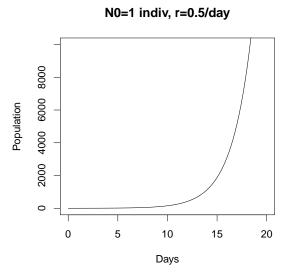
N0=20 indiv, r=0.5/day

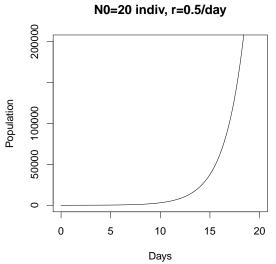
N0=20 indiv, r=0.5/day

N0=20 indiv, r=0.5/day

Days

Extra slide: Scaling population





Thinking about units

- What is 10^3 day ?
 - <u>Answer</u>:
- What is 10^{72}hr ?

- Answer: Nonsense! 72 hr means exactly the same thing as 3 day
 there is no way to resolve this to make sense.
- What is $3 \operatorname{day} \cdot 3 \operatorname{day}$?
 - <u>Answer</u>: $9 \, \text{day}^2$ this *could* make sense, but it's very different from $9 \, \text{day}$.

Unit-ed quantities

- Quantities with units scale
 - If you change everything with the same units by the same factor, you should not change the behaviour of your system
- We typically make sense of quantities with units by comparing them to other quantities with the same units, e.g.:
 - birth rate vs. death rate
 - characteristic time of exponential growth vs. observation time

Unitless quantities

- Quantities in exponents must be unitless
- Quantities with variable exponents (quantities that can be multiplied by themselves over and over) must be unitless
- \bullet Quantities that determine *how* a system behaves must have a unitless form
 - Otherwise, they could be scaled
 - Zero works as a unitless quantity:
 - * 0km = 0cm
- Examples include λ and \mathcal{R} .

Moths

- $600 \, \text{egg/rF}$
- $\cdot 0.1 \, \text{larva/egg}$
- ·0.1 pupa/larva
- $\cdot 0.5 \, \text{A/pupa}$
- $\cdot 0.5 \, \text{rA/A}$
- What's the product?
 - **Answer:** $1.5 \, \text{rA/rF}$
 - Answer: Need to multiply by something with units rF/rA to close the loop

Moth spreadsheet

- Once we close the loop, it doesn't matter where we start:
 - Reproductive adults to reproductive adults
 - Larvae to larvae
 - Pupae to pupae is common in real studies
 - * **Answer:** Pupae are easy to count

Calculating λ

- $\lambda \equiv p + f$ is the finite rate of increase
- If $N_{T+1} = \lambda N_T$, what are the units of λ ?
 - **Answer:** We multiply by λ over and over
 - Answer: Therefore λ must be unitless
- Therefore p and f must be unitless
 - example, rA/rA; seed/seed
 - to do it right, we close the loop

5 Key parameters

5.1 Discrete-time model

- $N_{T+1} = \lambda N_T$
- $\lambda \equiv p + f$

Calculating fecundity

- \bullet Fecundity f in our model must be unitless
- Multiply:
 - Probability of surviving from census to reproduction
 - Expected number of offspring when reproducing
 - Probability of offspring surviving to census
- Need to end where we started

Calculating survival

- Survival p must be unitless
- Multiply:
 - Probability of surviving from census to reproduction
 - Probability of surviving the reproduction period
 - Probability of surviving until the next census

Finite rate of increase

- Population increases when $\lambda > 1$
- So λ must be unitless
- But it is associated with the time step Δt
 - This means it is potentially confusing. It is often better to use \mathcal{R} or r (see below).

Reproductive number

- The reproductive number \mathcal{R} measures the average number of offspring produced by a single individual over the course of its lifetime
- The population will increase when \mathcal{R} ...:
 - Answer: $\mathcal{R} > 1$
- What are the units of \mathcal{R} ?
 - Answer: \mathcal{R} must be unitless

Lifespan

- What is the lifespan of an individual in this model?
- ullet If p is the proportion of individuals that survive, then the proportion that die is:
 - <u>Answer</u>: $\mu = 1 p$
- How many time steps do you expect to survive, on average?
 - Answer: $1/\mu$
 - * $\underline{\mathbf{Answer}}$: Roughly makes sense, and is also right
 - **Answer:** Average lifetime is $1/\mu * \Delta t$

Calculating \mathcal{R}

- \bullet \mathcal{R} is fecundity multiplied by lifespan
- $\mathcal{R} = f/\mu = f/(1-p)$
- Why do we multiply by time *steps* instead of lifetime?
 - **Answer:** Because f is also measured per time step

Comparison

- $\mathcal{R} = f/\mu = f/(1-p)$
- Unitless
- Population behaviour depends on the comparison $\mathcal{R}:1$
 - Equivalent to $f: \mu$
- $\lambda = f + p = f + (1 \mu)$
- Unitless
- Population behaviour depends on the comparison $\lambda:1$
 - Equivalent to $f: \mu$

Is the population increasing?

- What does λ tell us about whether the population is increasing?
 - Answer: Population is increasing each time step when $\lambda > 1$
- What does \mathcal{R} tell us about whether the population is increasing?
 - <u>Answer:</u> Population is increasing when $\mathcal{R} > 1$. Each individual is (on average) more than replacing itself over its lifetime
- Therefore, these two criteria must be the same!
 - Answer: Both come down to $f > \mu$.

5.2 Continuous-time model

Calculating birth rate

- \bullet The birth rate b in the continuous-time model is new individuals per individual per unit time
 - An instaneous rate
 - Units of [1/time] implies what assumption?
 - * **Answer:** We assume all individuals are effectively the same
 - * Answer: If we know how many individuals we have, we know how many births there will be

Calculating death rate

- ullet The death rate d in the continuous-time model is deaths per individual per unit time
 - An instaneous rate
 - Units of [1/time]

Instaneous rate of increase

- Population increases when r = b d > 0
- r is not unitless, units are:
 - <u>Answer</u>: [1/time]
- But we still have a unitless criterion: r = 0
 - Answer: 0 times anything is really just zero
 - **Answer:** Does 0 km = 0 cm?

Calculating \mathcal{R}

- The mean lifespan is L = 1/d
 - Equivalent to the characteristic time for the death process
- ullet R is the average number of births expected over that time frame:

$$-\mathcal{R} = bL = b/d$$

Comparison

- $\mathcal{R} = bL = b/d$
- Unitless
- Population behaviour depends on the comparison $\mathcal{R}:1$
 - Equivalent to b:d
- \bullet r = b d
- Units [1/t] (a rate)
- Population behaviour depends on the comparison r:0
 - Equivalent to b:d

Is the population increasing?

- What does r tell us about whether the population is increasing?
 - <u>Answer</u>: Population is increasing at any particular time step when r > 0
- What does \mathcal{R} tell us about whether the population is increasing?
 - <u>Answer</u>: Population is increasing when $\mathcal{R} > 1$. Each individual is (on average) more than replacing itself over its lifetime
- Therefore, these two criteria must be the same!
 - **Answer:** Both come down to b > d.

5.3 Links

- If a population grows at rate r for time period Δt , how much does it change?
 - $N_0 \exp(r\Delta t)$ must correspond to $N_0 \lambda$, where 1 is:
- To link a continuous-time model to a discrete-time model, we set:
 - $-\lambda = \exp(r\Delta t)$
 - Answer: $r = \log_e(\lambda)/\Delta t$

Characteristic time

- We can now find characteristic times of exponential change:
 - $-T_c = 1/r$ for exponential growth when r > 0
 - $-T_c = -1/r$ for exponential decline when r < 0
- Rule of thumb: population changes by a factor of 20 after 3 characteristic times

6 Growth and regulation

Example: Human population growth

- In the last 50,000 years, the population of modern humans has increased from about 1000 to about 7 billion
- What value of r does this correspond to? If we use a time step of 20-year generations, what value of λ does it correspond to?
 - <u>Answer</u>: $N(t) = N(0) \exp(rt)$
 - * Answer: $r = \log_e(N/N(0))/t$
 - * <u>Answer:</u> $r = \log_e(7000000000/1000)/50000 \,\mathrm{yr} = 0.0003/\,\mathrm{yr}$
 - Answer: $N_T = N_0 \lambda^T$
 - * **Answer:** $T = t/\Delta t = 50000 \,\mathrm{yr}/20 \,\mathrm{yr} = 2500$
 - * **Answer:** $\lambda = (N_T/N_0)^{1/T}$
 - * **Answer:** $\lambda = (7000000000/1000)^{1/2500} = 1.006$

Long-term growth rate

- What is the long-term average exponential growth rate (using either r or λ) of:
 - A successful population?
 - * Answer: Very close to r = 0 or $\lambda = 1$
 - * $\underline{\mathbf{Answer}}$: But a little larger
 - An unsuccessful population?

* **Answer:** Probably very close to r = 0 or $\lambda = 1$

* Answer: But a little smaller

* Answer: If much smaller, it would disappear very fast

Time scales

- Estimated characteristic time scales for exponential growth or decay are usually a few (or a few tens) of generations
 - years to a few kiloyears
- Species typically persist for far longer
 - many kiloyears to megayears

Balance

- If populations grow and shrink proportionally to their size, why don't they go exponentially to zero or infinity?
 - Answer: \mathcal{R} is extremely close to 1 for every species
- How is this possible
 - **Answer**: Growth rates change through time

Changing growth rates

- What sort of factors can make species growth rates change?
 - **Answer:** Seasonality
 - **Answer:** Environmental changes
 - **Answer:** Competition within species
 - **Answer:** Competition between species
 - **Answer:** Predators and diseases
 - **Answer:** Resources (food and space)
 - **Answer:** Natural disasters

Regulation

- What do we expect to happen if a population's growth rate is affected only by seasons and climate?
 - Answer: In the long-term, it will grow or shrink according to some average value
 - Answer: We don't expect perfect balance, so we don't expect population to stay under control
- What sort of mechanism could keep a population in a reasonable range for a long time?
 - Answer: If the growth rate is directly or indirectly affected by the size of the population
 - Answer: There should be some mechanism that decreases population growth rate when population is large
- This is even true for modern humans!