



INSTRUCTIONS FOR CREATING A PERSONAL HEALTH RECORD

In order to be considered for enrollment, the PGP requests that you follow these instructions and guidelines for creating, populating, and sharing a Google Health PHR.

(1) Create a Google Health account

To create a Google Health account, please visit Google Health: <http://www.google.com/health/>

For detailed instructions on how to create a Google Health account, please see: "[Getting Started Guide](#)."

(2) Populate your Google Health profile

After you create a Google Health account, please complete the following sections of your profile:

1. Age, sex, height...
2. Conditions
3. Medications
4. Allergies

The other sections of the Google Health profile are optional, but encouraged.

(3) Rename your profile

After you populate your Google Health profile with the requested information, please rename your profile with the email address you use to login to the PGP site. For more detailed instructions, please see the following article:

"[Settings: Renaming your profile](#)."

Please take a note of the name of your Google Health profile because you will need it later when you return to the PGP site.

(4) Share your PHR with the PGP

After you rename your Google Health profile as described above, please share your profile with the PGP using this email address: share-phr@personalgenomes.org

For detailed instructions on how to share your profile, please see the following article:

"[Using Google Accounts: Sharing your profile](#)."

(5) Return to PGP Website

Return to <http://enroll.personalgenomes.org> and continue the enrollment application process.



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Personal
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Project



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USEFUL LINKS:

Google Health:

<http://www.google.com/health/>

Getting Started Guide:

<http://www.google.com/support/health/bin/answer.py?hl=en&answer=93491>

Settings: Renaming your profile:

<http://www.google.com/support/health/bin/answer.py?hl=en&answer=89253>

Using Google Accounts: Sharing your profile

<http://www.google.com/support/health/bin/answer.py?hl=en&answer=138423>