



**Student Lab
Bioinformatics Munich**

Technische
Universität
München



Machine Learning in R

Tolga Tabanli
BMSL, 25.10.2025

Packages to install

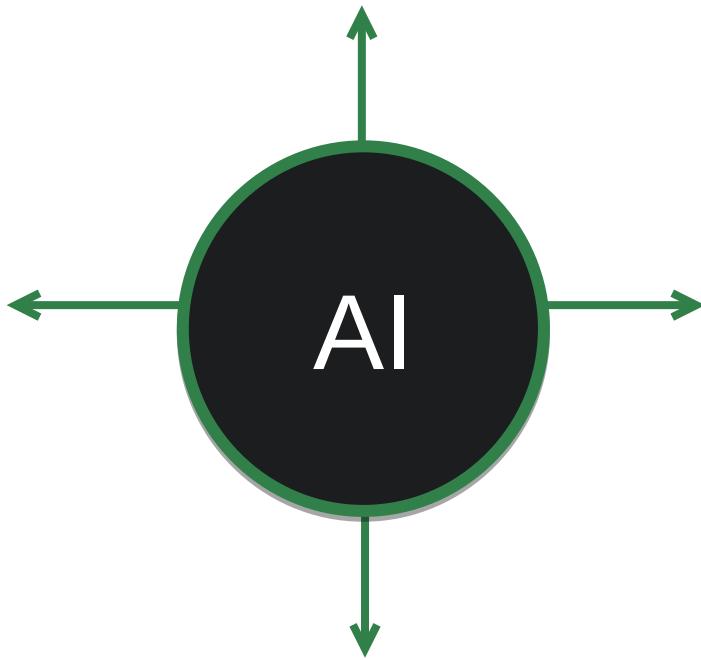


- tidyverse
- tidymodels
- vip
- corrplot
- naniar
- GGally
- factoextra

early detection screening

equity and
accessibility

treatment
optimization



clinical decision

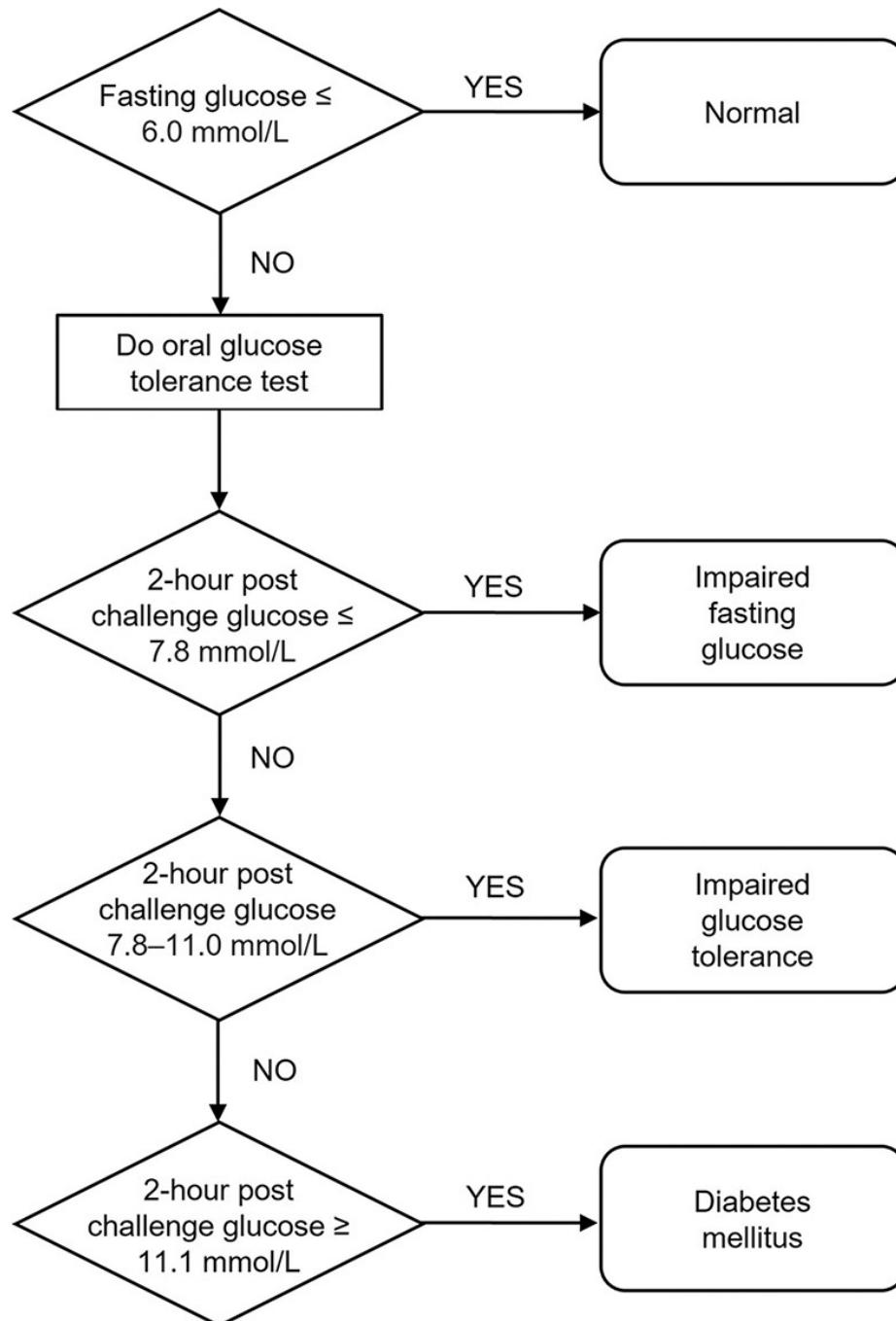
early detection
screening

equity and
accessibility

treatment
optimization

Would you trust a
machine to
diagnose you?

clinical decision



Ting Sim, J. Z., Fong, Q. W.,
Huang, W., & Tan, C. H. (2023).
Machine learning in medicine:
what clinicians should know.
Singapore medical journal, 64(2),
91–97.
<https://doi.org/10.11622/smedj.2021054>

Agenda



Theory

- ❑ Machine Learning Concept and Workflow
- ❑ Algorithms
- ❑ tidymodels



Tasks

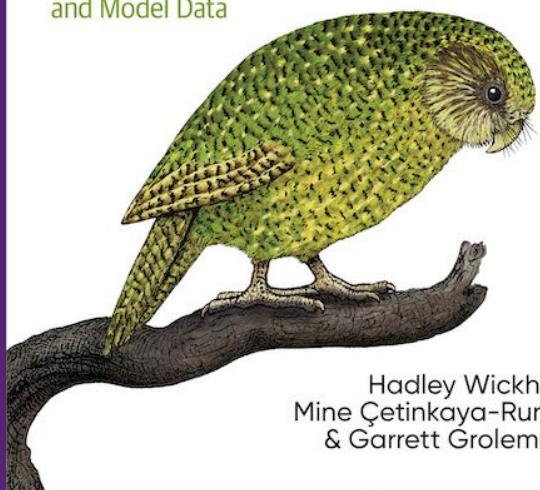
- ❑ Regression
- ❑ Classification
- ❑ Clustering

O'REILLY®

Second
Edition

R for Data Science

Import, Tidy, Transform, Visualize,
and Model Data



Hadley Wickham,
Mine Çetinkaya-Rundel
& Garrett Grolemund

The R Series

Hands-On Machine Learning with R



Bradley Boehmke
Brandon Greenwell

CRC Press
Taylor & Francis Group
A CHAPMAN & HALL BOOK

O'REILLY®

Tidy Modeling with R

A Framework for Modeling in the Tidyverse



Max Kuhn & Julia Silge

tidyverse Refresher

Data manipulation

- **read_csv()**, **read_tsv()**
- **%>%** pipe output to next fxn
- **filter()** rows
- **select()** columns
- **arrange()** rows based on col
- **group_by()** a col's values
- **summarise()** wrt. group
- **mutate()** new/existing cols
- **pivot_longer()** cols to rows
- **pivot_wider()** rows to cols

Visualization

- **ggplot(data, aes())**
- **aes(x, y, color, fill...)** value mapping
- **geom_point()**,
geom_boxplot(),
geom_histogram()
- **labs(title, x, y)** labels

Important data types: **integer**, **double**, **character**, **factor**

Important data structures: **vector**, **list**, **data.frame/tibble/data.table**, **matrix**

```
abalone_raw %>%  
  pivot_longer(cols = -c("id", "sex"),  
               names_to = "variable",  
               values_to = "value")
```

abalone.data

sex	length	diameter	height	whole_weight	shucked_weight	viscera_weight	shell_weight
<chr>	<dbl>	<dbl>	<dbl>	<dbl>	<dbl>	<dbl>	<dbl>
M	0.455	0.365	0.095	0.5140	0.2245	0.1010	0.0950
M	0.350	0.265	0.090	0.2255	0.0955	0.0485	0.0815
F	0.530	0.420	0.135	0.6770	0.2555	0.1355	0.2860
M	0.440	0.365	0.125	0.5160	0.2140	0.0950	0.0950



sex	variable	value
<chr>	<chr>	<dbl>
M	length	0.4550
M	diameter	0.3650
M	height	0.0950
M	whole_weight	0.5140
M	shucked_weight	0.2245
M	viscera_weight	0.1010
	:	

tidyverse Refresher

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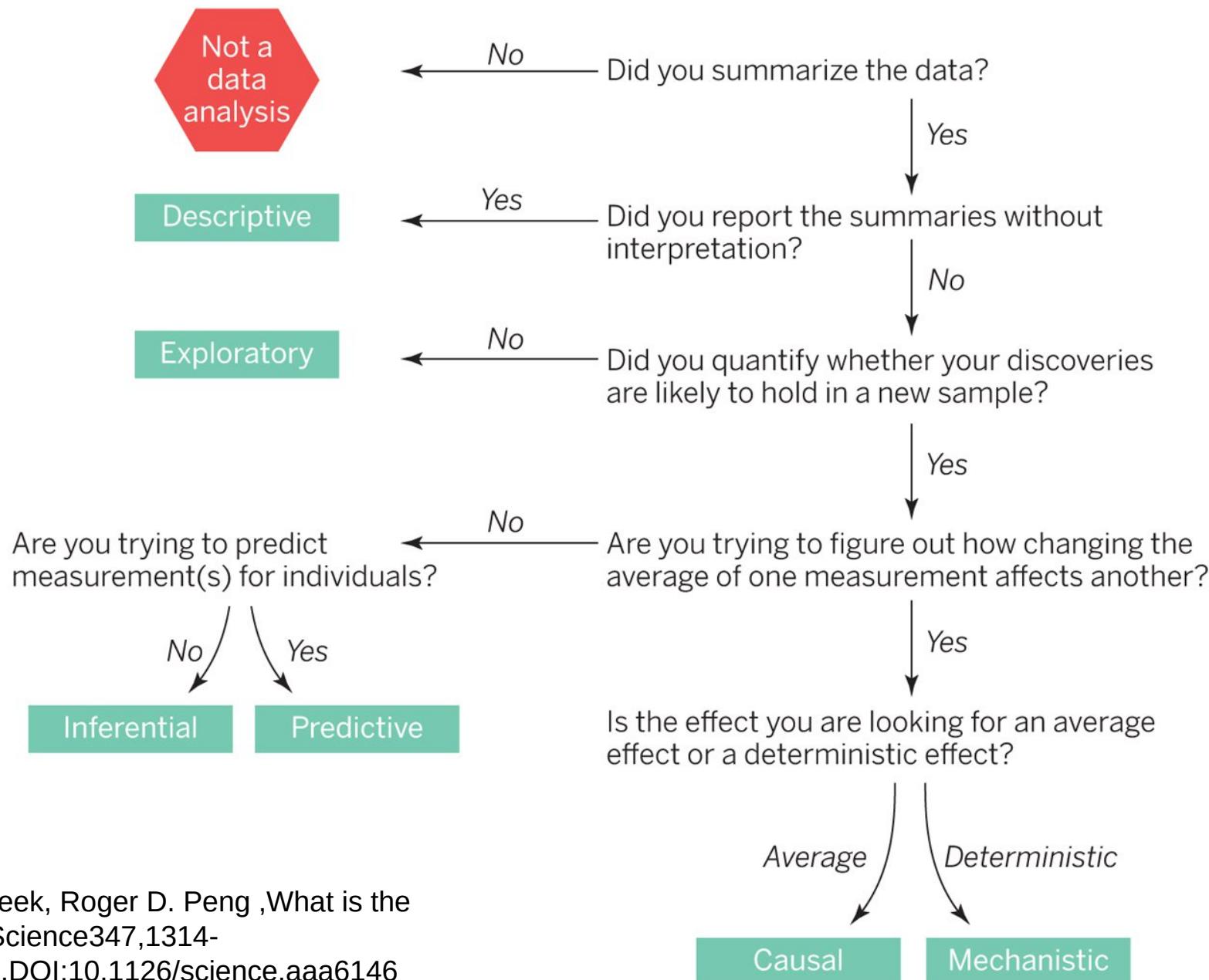
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Data analysis flowchart



Machine Learning

The goal is not interpretability, but accurate information.

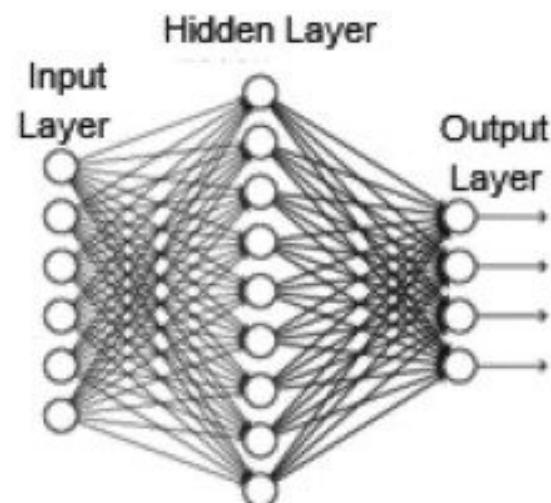
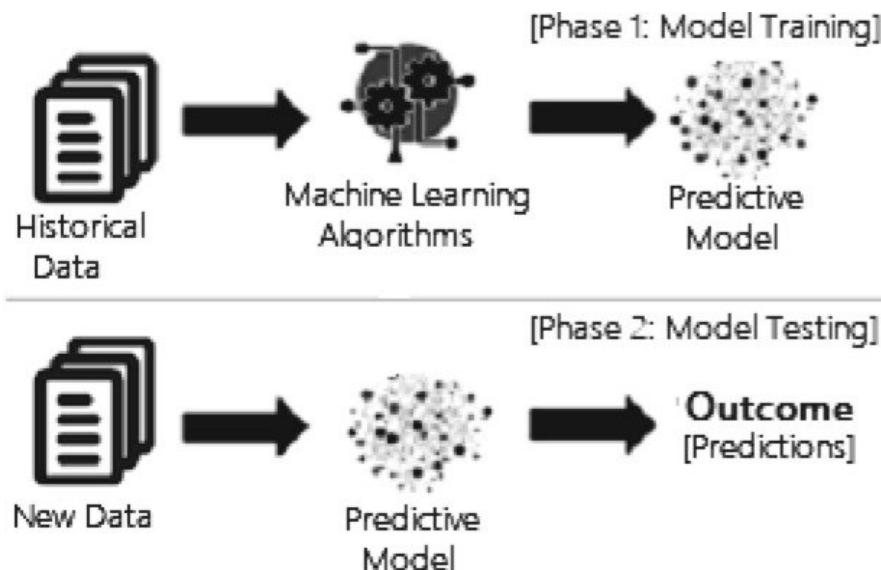
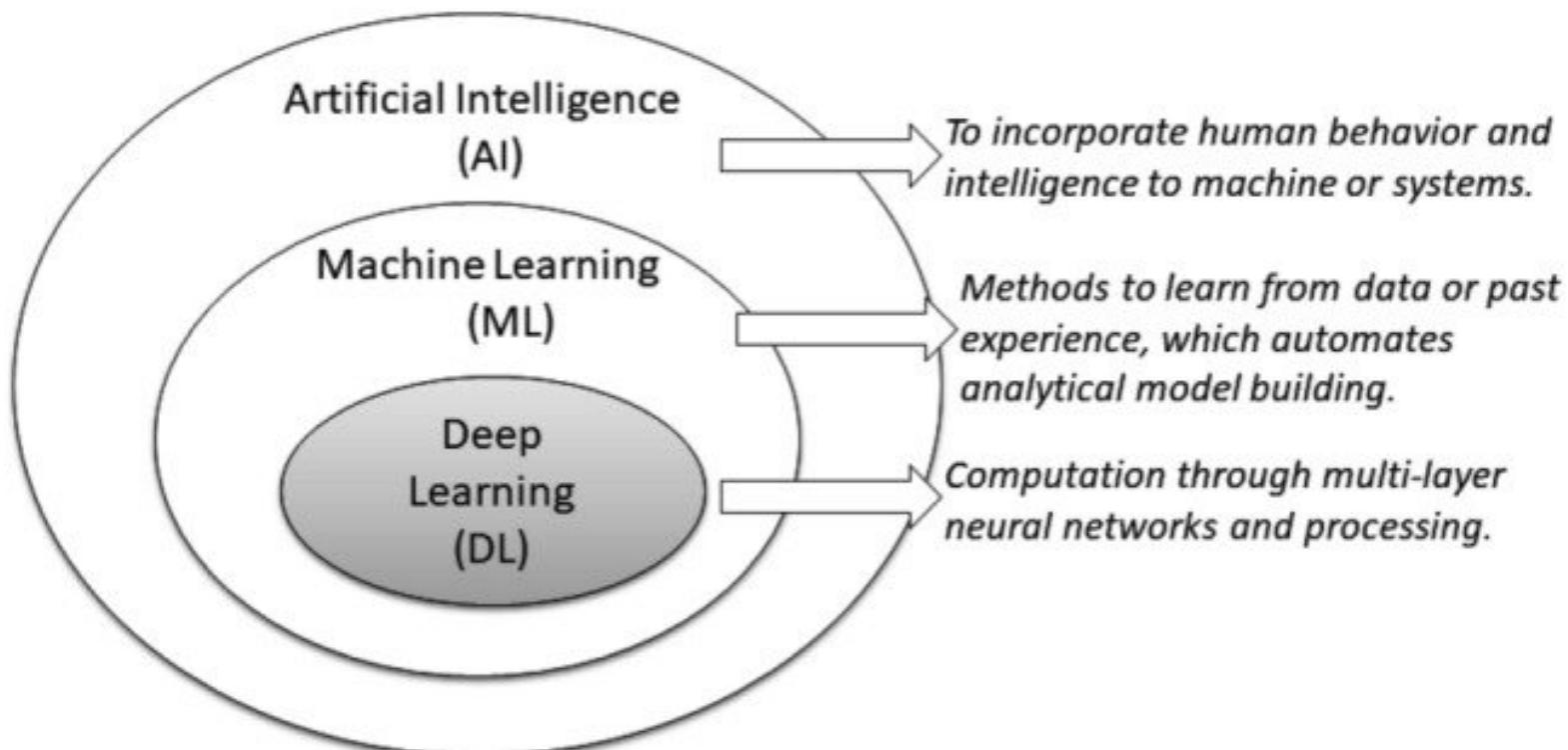
- Bellman, 2001

Purpose

Algorithms

Data Budget

Workflow



Machine Learning

Supervised Learning

X1	X2	...	Outcome
0.24	0.3	12	15
1.4	0.4	6	7
1.55	4.0	3	9
...

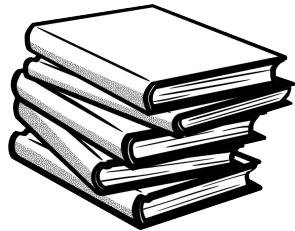
Predict the **outcome** given
the **predictors**

Unsupervised Learning

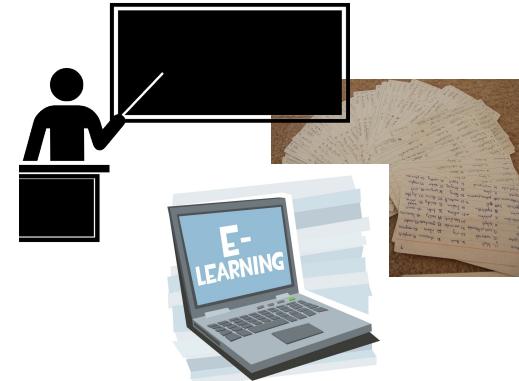
X1	X2	X3	...
0.24	0.3	12	15
1.4	0.4	6	7
1.55	4.0	3	9
...

Find **patterns** in the data
given all the variables

Training set



Algorithms



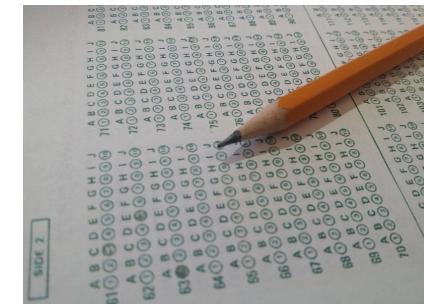
Model

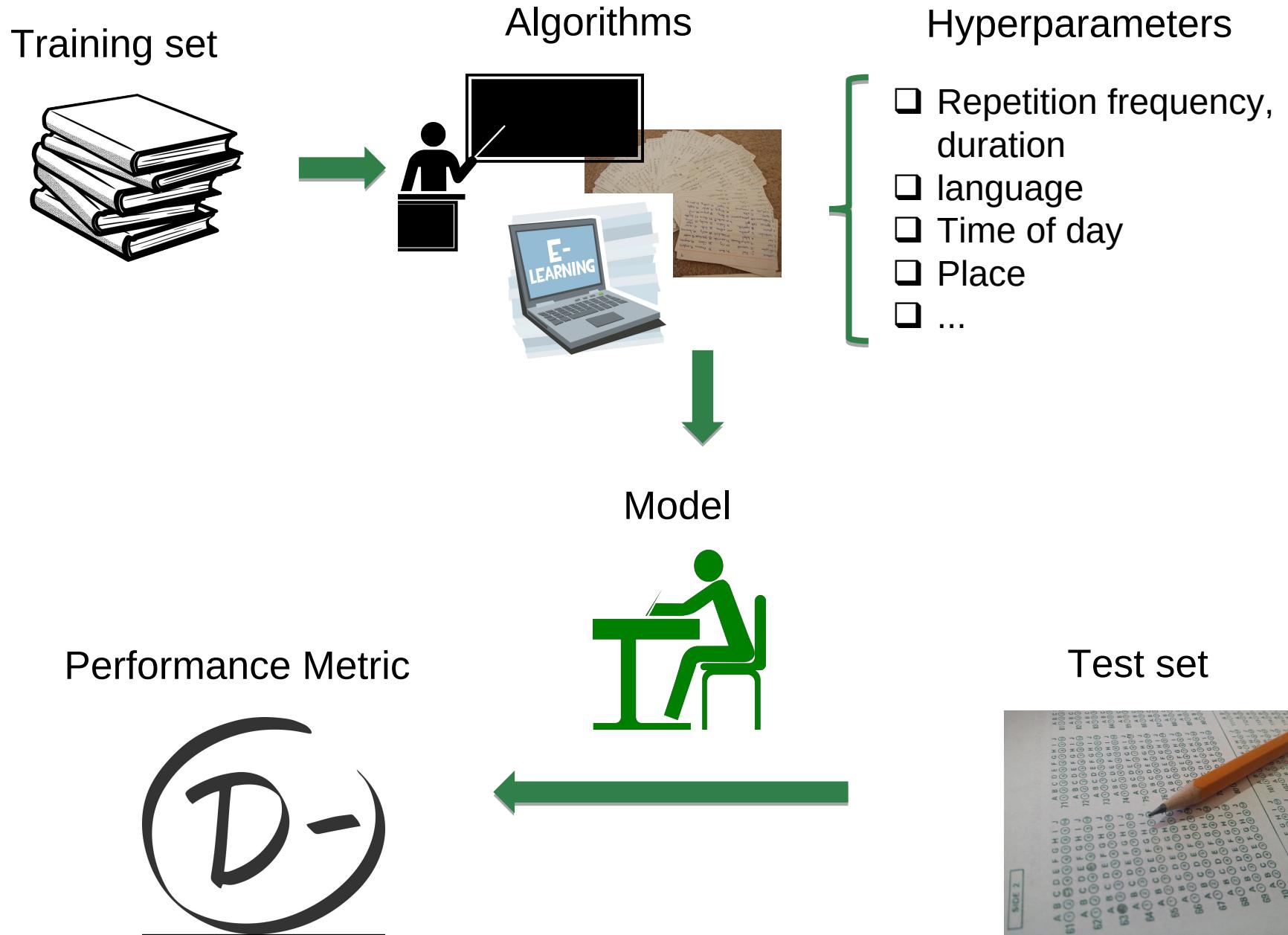


Performance Metric



Test set

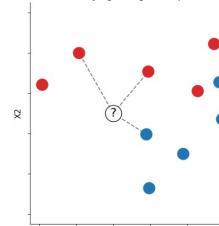
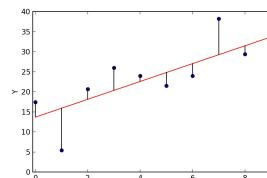




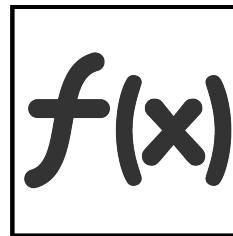
Training set

```
(id,full_name,age,gender,smoking_status,bmi,blood_pressure,glucose_levels,condition  
1,User@001,,male,Non-Smoker,,,Pneumonia  
2,User@002,,male,Non-Smoker,,105.31586426419374,,Diabetic  
3,User@003,18.0,male,Non-Smoker,,35.61248565817683,,Pneumonia  
4,User@004,,male,Non-Smoker,,99.11982937713174,,Pneumonia  
5,User@005,76.0,male,Non-Smoker,,,Diabetic  
6,User@006,,male,Non-Smoker,,153.1512560650817,,Diabetic  
7,User@007,49.0,male,Non-Smoker,,153.1512560650817,,Diabetic  
8,User@008,47.0,male,Non-Smoker,,115.82632188480876,199.3396998399767,Diabetic  
9,User@009,,male,Non-Smoker,,39.64967943512448,,Diabetic  
10,User@010,65.0,male,Smoker,,,Diabetic  
11,User@011,,female,Non-Smoker,,187.6337512793357,Pneumonia  
12,User@012,44.0,male,Non-Smoker,,34.4412751606784,158.3750336376595,Diabetic  
13,User@013,,male,Non-Smoker,,165.9699441191511,,Diabetic  
14,User@014,72.0,male,Non-Smoker,,165.9699441191511,,Diabetic  
15,User@015,,male,Non-Smoker,,117.46478965803582,,Cancer  
16,User@016,,male,Non-Smoker,,38.571576412964674,,Pneumonia  
17,User@017,67.0,male,Non-Smoker,,109.2593616125518,,Cancer  
18,User@018,,male,Non-Smoker,,135.3399109180692,,Diabetic  
19,User@019,64.0,male,Non-Smoker,,175.30588372639818,,104.22672364376942,Cancer  
20,User@020,,male,Non-Smoker,,,Diabetic
```

Algorithms



Model



Test Set

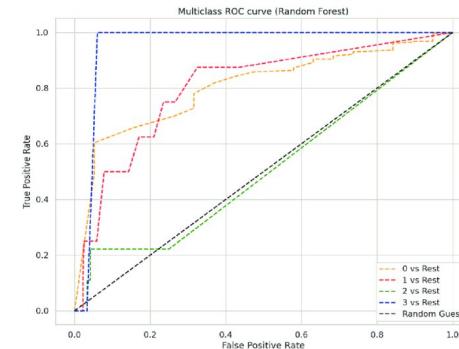
```
9994,User9994,,male,Non-Smoker,,127.16529250726067,,Pneumonia  
9995,User9995,34.0,male,Non-Smoker,,181.1528922343641,Diabetic  
9996,User9996,,male,Non-Smoker,25.029002450964644,152.54035471406985,137.55145136435425,Pneumonia  
9997,User9997,,male,Non-Smoker,27.01748742489308,,Diabetic  
9998,User9998,23.0,male,Smoker,,148.83332145235516,173.93148045105488,Pneumonia  
9999,User9999,,female,Non-Smoker,,,Pneumonia  
10000,User10000,27.0,male,Non-Smoker,25.45489062552681,,196.08326727804257,Diabetic
```



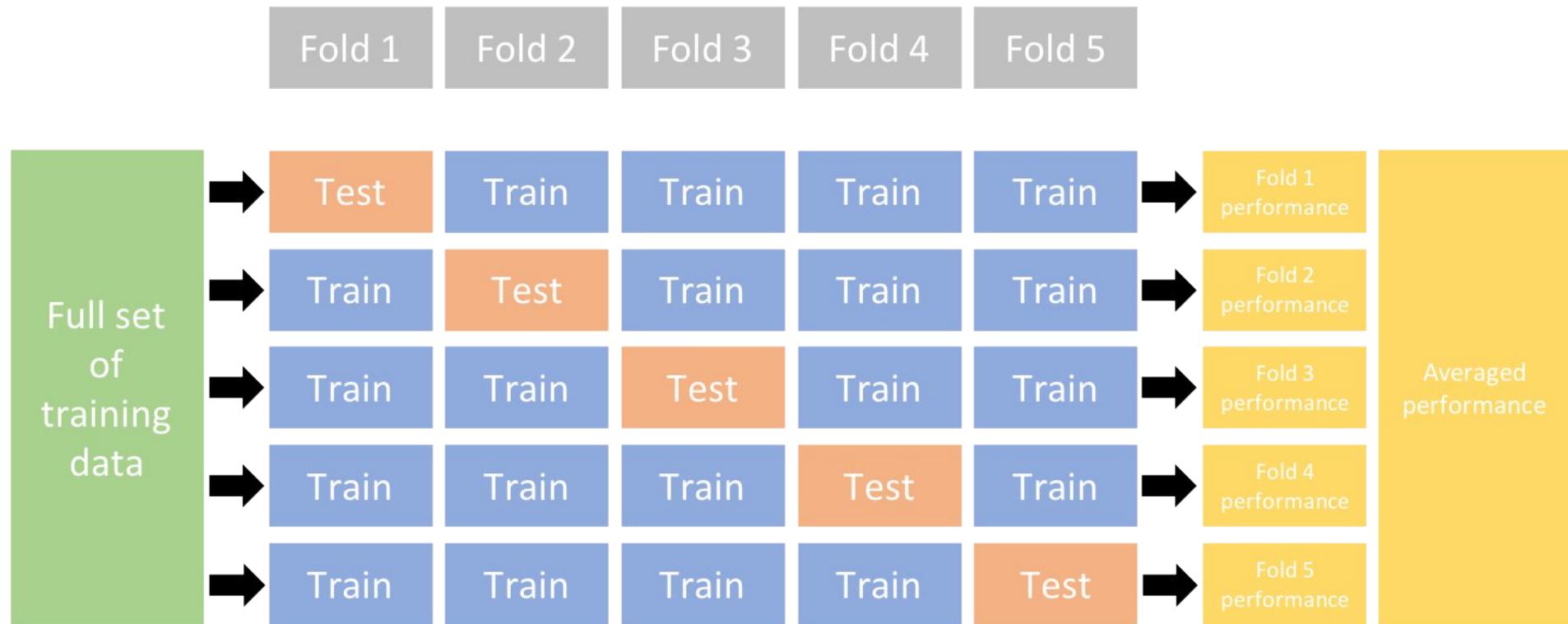
Hyperparameters

- Number of trees in random forest
- Penalty in regression
- Explained variance in PCA
- ...

Performance Metric



Cross-Validation



General steps

tidymodels

- | | |
|---------------------------|-------------|
| 1. Explore your data | (tidyverse) |
| — Data split — | rsample |
| 2. Preprocessing | recipes |
| 3. Training | parsnip |
| 4. Model tune - selection | tune, dials |
| 5. Evaluation | yardstick |

General steps

1. Explore your data
 - Data split —
2. Preprocessing
3. Training
4. Model tune - selection
5. Evaluation

tidymodels

(tidyverse)

rsample

recipes

parsnip

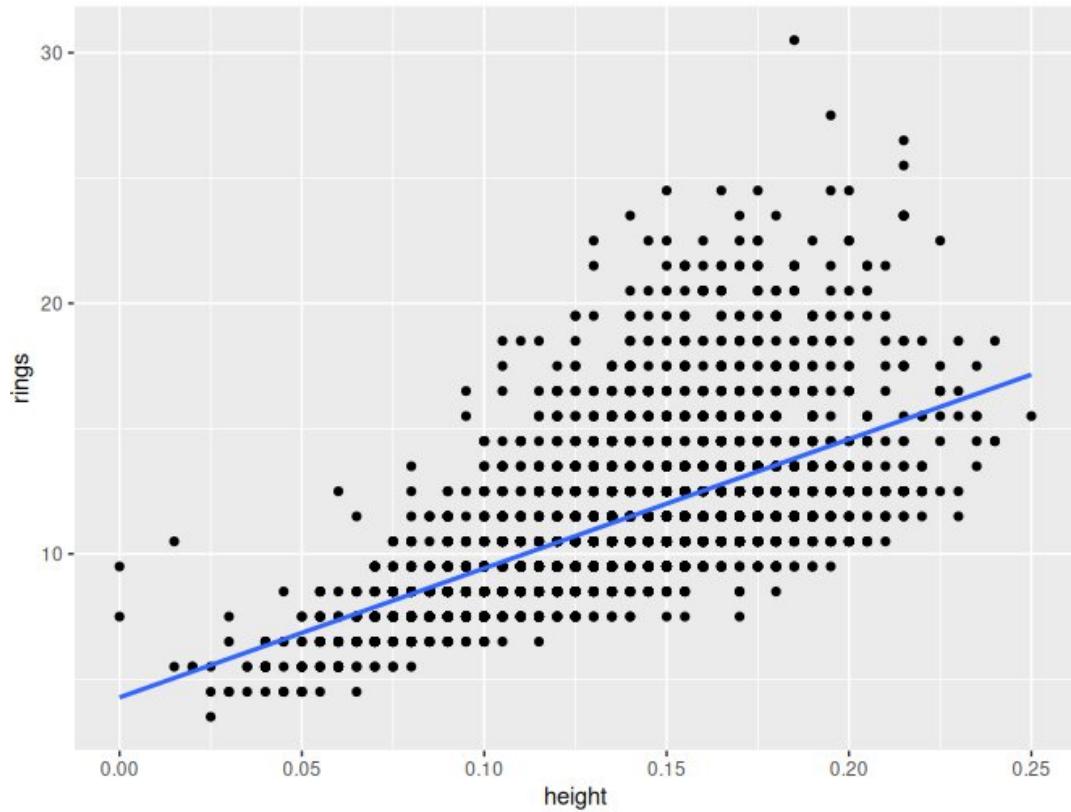
tune, dials

yardstick

workflows



Regression



Linear relationship

Target: numeric

Predictor: numeric

Objective: Minimize

$$L(w) = \sum_{i=1} (y_i - wx_i)^2$$

Example Metric: Mean absolute error

Regularized regression

Ridge regression

$$L(w) = \sum_{i=1}^n (y_i - w x_i)^2 + \lambda \sum_{j=0}^d w_j^2$$

- **small** sample size
- **sparse** data

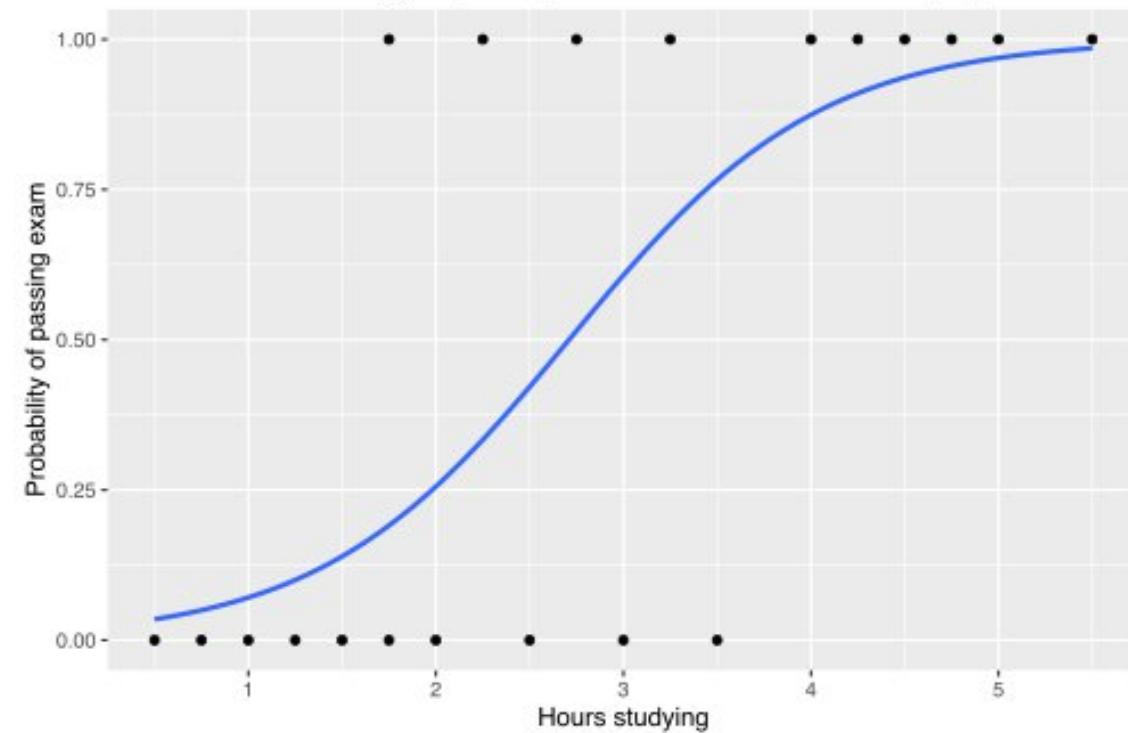
Lasso regression

$$L(w) = \sum_{i=1}^n (y_i - w x_i)^2 + \lambda \sum_{j=0}^d |w_j|$$

- if **few** predictors with real effect
- can **eliminate** predictors
- more **robust**

Logistic Regression

Probability of passing exam versus hours of studying



Linear relationship

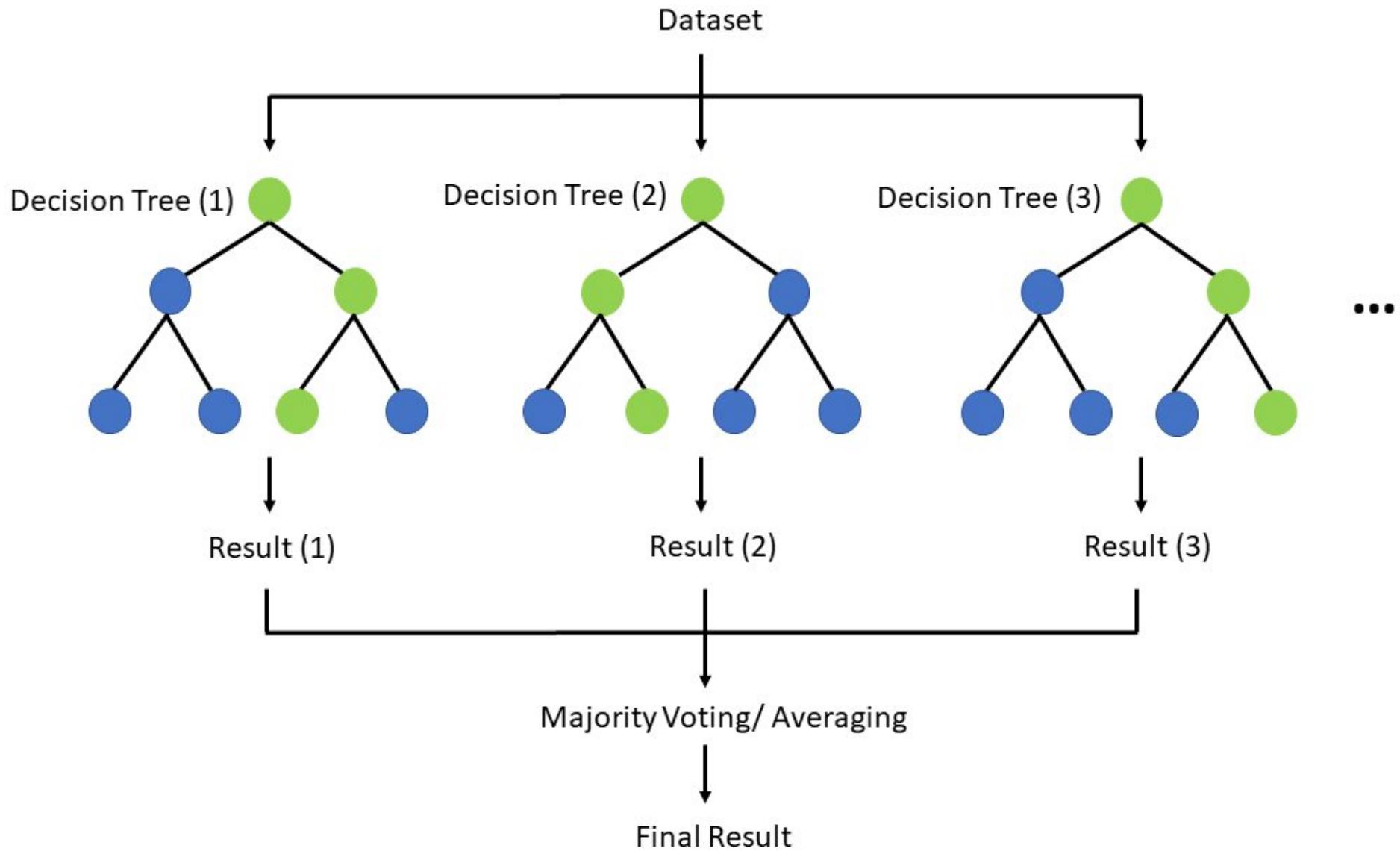
Target: nominal
Predictor: numeric

Objective: Maximize

$$\ln\left(\frac{\text{groupA}}{\text{non.groupA}}\right) = \beta_0 + \beta_1 x_1 + \dots$$

$$L = \prod_{k: y_k=1} p_k \prod_{k: y_k=0} (1-p_k)$$

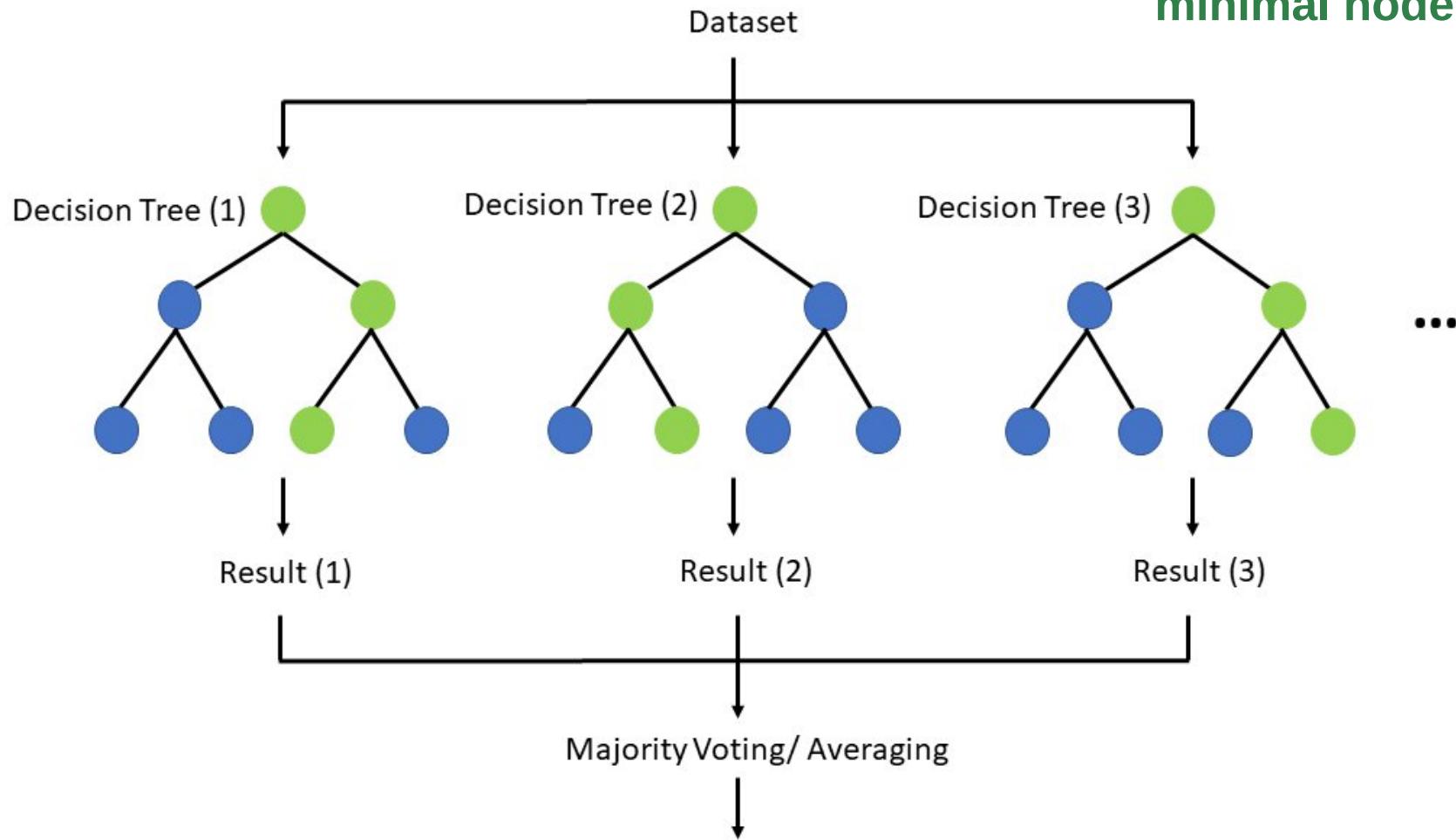
Random forest



Regression
&
Classification

Random forest

Variable selection
#trees
minimal node size



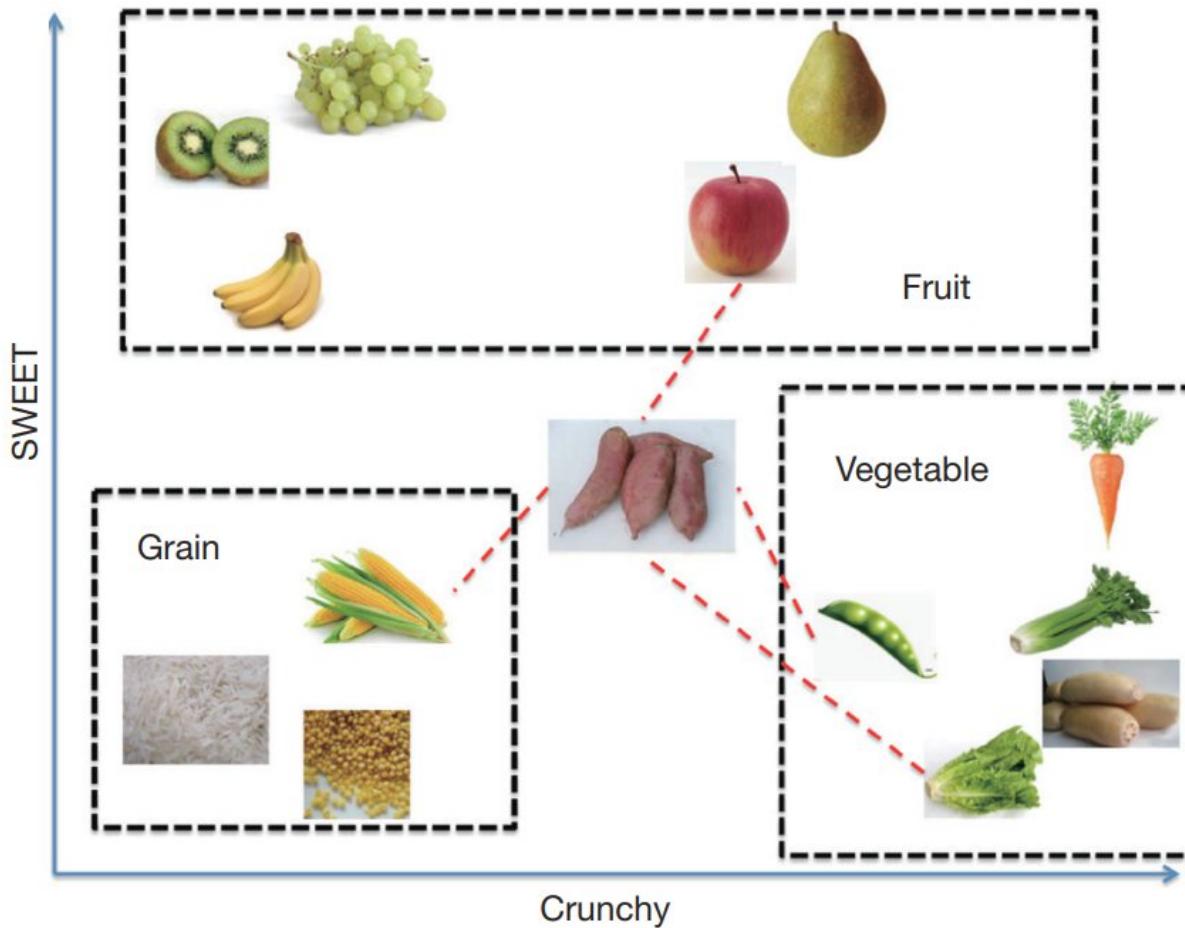
Node impurity
Bagging
Out-of-bag error

Majority Voting/ Averaging

Final Result

Variable
importance

K-Nearest Neighbour



Distance
How many voters?



k

Handling the data

- ❑ **Train & test** as separate data frames
- ❑ Test → reality
 - No oversampling or imbalance corrections !
- ❑ **Data leakage**
 - Data-driven steps:** tuning, CV, imputations...

```
#1 split data - rsample  
initial_split(data, prop = 0.8) %>%  
  training()  
  testing()
```

#2 preprocess - recipes

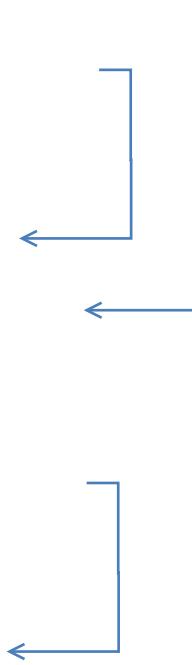
```
recipe <- recipe(y ~ x, data = data) %>%  
  step_...() %>%  
  step_...() ...
```

#3 model choose 1) model, 2) engine, 3) mode

```
linear_reg() or rand_forest() %>%  
  set_engine() %>%  
  set_mode()
```

Mode	Backend package	Notes
regression	stats::lm	The base R linear model (<code>lm()</code>), ordinary least squares regression.
regression	stats::glm	Generalized linear model, allows different families (e.g. Gaussian, binomial).
regression	glmnet::glmnet	Regularized regression (LASSO, ridge, elastic net). Efficient for high-dimensional data.

```
#4 tuning
grid_regular()
vfold_cv(training_set)
tune_grid(object = workflow_object,
          resamples = ,
          grid = ,
          metrics = metric_set())
select_best()
finalize_workflow(workflow_object,
                  parameters = )
```



```
#5 fitting
fit(model) # uses formula
fit_xy(model, x = , y = )
last_fit()
```

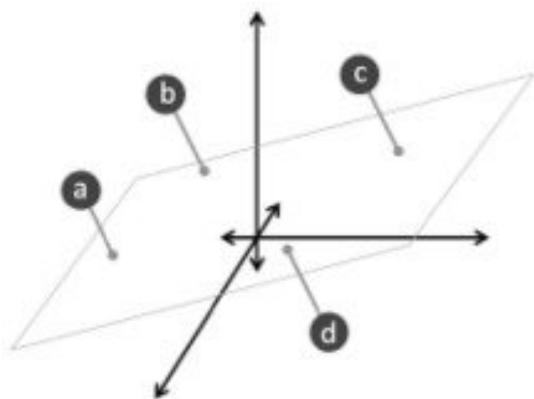
```
#4 tuning
grid <- grid_regular(penalty(range = c(-3, 3)))
folds <- vfold_cv(training_set, v = 10)
tuning_results <- tune_grid(object = workflow_object
                           resamples = folds,
                           grid = grid,
                           metrics = metric_set(mae))
best_pars <- select_best(tuning_results, metric = "mae")
final_wf <- finalize_workflow(workflow_object, best_pars)

#5 fitting
fit(model, y ~ x, data)
fit_xy(model, x = data[pred1, pred2...], y = data[outcome])
last_fit(final_wf, split = data_split, metrics = metric_set(mae))
```

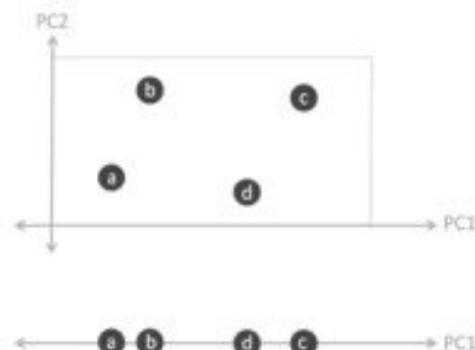
Q: Data leakage

- 1) Scale features with zero mean and unit variance
- 2) Dimension reduction, explaining 90% variance
- 3) Fit ridge regression
- 4) Tune λ using CV

Dimensionality reduction



(a) An example of the original features in a 3D space.



(b) Principal components in 2D and 1D space.

<https://www.tidymodels.org/learn/statistics/k-means/kmeans.gif>

Dataset	Type	Source
abalone.data	Regression	UCI ML Repo
agaricus-lepiota.data	Classification	UCI ML Repo
hepatitis	Classification	UCI ML Repo
Breast Cancer Wisconsin (Original)	Classification	UCI ML Repo

HANDS-ON REGRESSION

Abalone Dataset

Predict age of abalone from physical measurements.

The age of abalone is determined by cutting the shell through the cone, staining it, and counting the number of rings through a microscope -- a boring and time-consuming task. Other measurements, which are easier to obtain, are used to predict the age.

From the original data examples with missing values were removed (the majority having the predicted value missing), and the ranges of the continuous values have been scaled for use with an ANN (by dividing by 200).

Has Missing Values? No

[Abalone Age Classifier](#)

Abalone Dataset

Variable Name	Role	Type	Description	Units
Sex	Feature	Categorical	M, F, and I (infant)	
Length	Feature	Continuous	Longest shell measurement	mm
Diameter	Feature	Continuous	perpendicular to length	mm
Height	Feature	Continuous	with meat in shell	mm
Whole_weight	Feature	Continuous	whole abalone	grams
Shucked_weight	Feature	Continuous	weight of meat	grams
Viscera_weight	Feature	Continuous	gut weight (after bleeding)	grams
Shell_weight	Feature	Continuous	after being dried	grams
Rings	Target	Integer	+1.5 gives the age in years	

Is this mushroom edible?

Attribute	
cap-shape	stalk-surface-above-ring
cap-surface	stalk-surface-below-ring
cap-color	stalk-color-above-ring
bruises	stalk-color-below-ring
odor	veil-type
gill-attachment	veil-color
gill-spacing	ring-number
gill-size	ring-type
gill-color	spore-print-color
stalk-shape	population
stalk-root	habitat

Hepatitis Survival Prediction

Attribute	Attribute
Class: DIE, LIVE	ALBUMIN: 2.1, 3.0, 3.8, 4.5, 5.0, 6.0
AGE: 10, 20, 30, 40, 50, 60, 70, 80	PROTIME: 10, 20, 30, 40, 50, 60, 70, 80, 90
SEX: male, female	HISTOLOGY: no, yes
STEROID: no, yes	BILIRUBIN: 0.39, 0.80, 1.20, 2.00, 3.00, 4.00
ANTIVIRALS: no, yes	ALK PHOSPHATE: 33, 80, 120, 160, 200, 250
FATIGUE: no, yes	SGOT: 13, 100, 200, 300, 400, 500
MALAISE: no, yes	SPIDERS: no, yes
ANOREXIA: no, yes	ASCITES: no, yes
LIVER BIG: no, yes	VARICES: no, yes
LIVER FIRM: no, yes	SPLEEN PALPABLE: no, yes

Breast Tumor, Benign or Malignant?

Attribute	Domain
Sample code number	id number
Clump Thickness	1 - 10
Uniformity of Cell Size	1 - 10
Uniformity of Cell Shape	1 - 10
Marginal Adhesion	1 - 10
Single Epithelial Cell Size	1 - 10
Bare Nuclei	1 - 10
Bland Chromatin	1 - 10
Normal Nucleoli	1 - 10
Mitoses	1 - 10
Class:	(2 for benign, 4 for malignant)

Conflicts and Dilemmas

□ Multiplicity of good models

In my experiments with trees, if the training set is perturbed only slightly, say by removing a random 2–3% of the data, I can get a tree quite different from the original but with almost the same test set error. – Breiman, 20

- Small n – large p
- Simplicity vs accuracy
- Curse of dimensionality

Complete info vs scarcity

„In treating processes of high dimension, involving large quantities of data, complete information is as much of a handicap as a scarcity of information.“

Bellman, 1959

Further Reading

- building R modelling package - video
<https://canal.uned.es/video/5dd25b9f5578f275e407dd88>
- Machine Learning for Biostatistics Module 1 - Bookdown with Video interludes - <https://bookdown.org/content/30d75162-d57a-42d1-b26f-77d5c56b20a6/>
- Random forests and variable importance -
https://proceedings.neurips.cc/paper_files/paper/2013/file/e3796ae838835da0b6f6ea37bcf8bcb7-Paper.pdf
- Project report on predicting abalone age -
[https://www.researchgate.net/publication/377565848 Predicting the age of Abalones](https://www.researchgate.net/publication/377565848_Predicting_the_age_of_Abalones)
- For more on ridge and lasso regression -
<https://bookdown.org/ssjackson300/Machine-Learning-Lecture-Notes/the-lasso.html>
- Tidy Modeling with R Book Club - <https://r4ds.github.io/bookclub-tmwr/>
- Leo Breiman "Statistical Modeling: The Two Cultures (with comments and a rejoinder by the author)," Statistical Science, Statist. Sci. 16(3), 199-231, (August 2001)

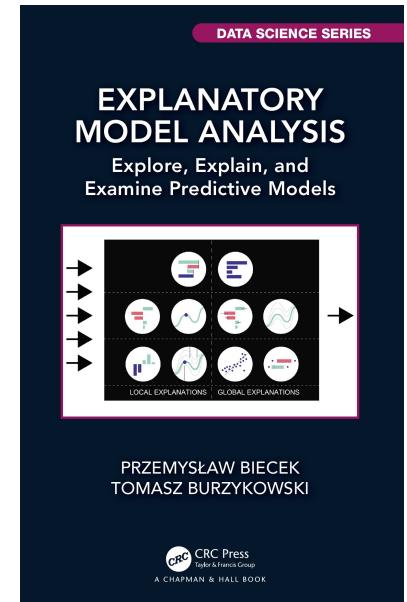


Image sources

- Nested AI/ML/DL & Neural network – Sarker I. H. (2021). Deep Learning: A Comprehensive Overview on Techniques, Taxonomy, Applications and Research Directions. SN computer science, 2(6), 420. <https://doi.org/10.1007/s42979-021-00815-1>
- ML Phases, Dim. Reduction – Sarker I. H. (2021). Machine Learning: Algorithms, Real-World Applications and Research Directions. SN computer science, 2(3), 160. <https://doi.org/10.1007/s42979-021-00592-x>
- Random forest – [TseKiChun](#) @wikimediaCommons, [CC BY-SA 4.0](#)
- KNN – Zhang, Zhongheng. (2016). Introduction to machine learning: K-nearest neighbors. Annals of Translational Medicine. 4. 218-218. 10.21037/atm.2016.03.37.