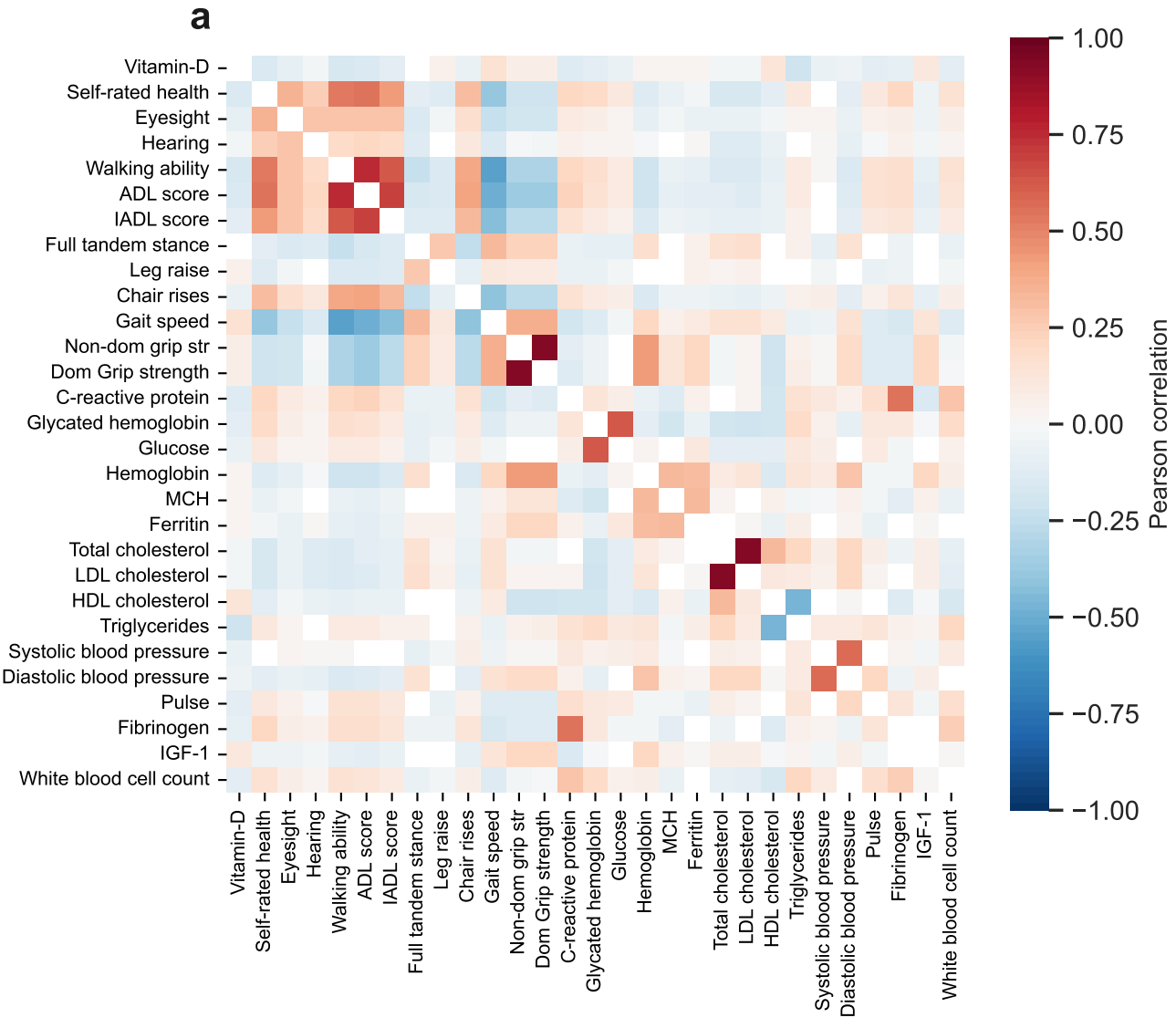
a
Vitamin-D
Self-rated health
Eyesight
Hearing
Walking ability
ADL score
IADL score
Full tandem stance
Leg raise
Chair rises
Gait speed
Non-dom grip str
Dom Grip strength
C-reactive protein
Glycated hemoglobin
Glucose
Hemoglobin
MCH
Ferritin
Total cholesterol
LDL cholesterol
HDL cholesterol
Triglycerides
Systolic blood pressure
Diastolic blood pressure
Pulse
Fibrinogen
IGF-1
White blood cell count
1.00
0.75
0.50
0.25
0.00
−0.25
−0.50
−0.75
−1.00
Pearson correlation