

***My Dearest Sneha,***

***In this moment of anger, I hope this letter finds a way to ease your heart. Anger can cloud our skies and cast shadows over our spirits, but remember, it's just a fleeting storm in the vastness of our lives. It's okay to feel this way, it's a sign that you care deeply. But let's not let it linger longer than it needs to.***

***Take a deep breath, my love. Hold it for a moment, then let it go, just like the feelings of frustration that are trying to take hold. Imagine each breath out is a release of those fiery emotions, watching them disappear like smoke in the wind. Remember our shared dreams and the love that binds us, stronger than any fleeting upset.***

***Think of the good times, the laughter we've shared, and the obstacles we've overcome together. Let those memories be the light that breaks through the clouds of anger. We are a team, you and I, and there's nothing we can't face when we stand united.***

***I'm here for you, always. Even when I'm not there in person, my spirit stands with you, ready to face down the dragons of anger and turn them into doves of peace. We have a bond that goes beyond the temporary storms, a connection that endures and grows with every challenge we meet.***

***So, my Sneha, let this letter be a gentle reminder of the love and happiness that awaits, just beyond the horizon of this anger. Let it guide you back to a place of peace and understanding. And know that I am with you, in heart, in spirit, and love, always.***

***Yours always,  
Biraj***

