ChibiPoint: Accessible Pointing for Web Applications

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Chapter 1

Introduction

1.1 Context and Motivation

Software is moving to the web. We now rely on 'web applications' for services such as shopping, banking, and social networking.

Many of these websites are designed to be used with mice, or equivalent pointing devices (such as touchscreens).

Many users cannot use mice to point in websites, due to input restrictions:

- 1. Some users are too disabled (due to conditions like Repetitive Strain Injury (RSI)) to use the input device provided to them
- 2. More suitable input hardware, such as bespoke accessibility hardware, can be hard to prescribe (due to lack of knowledge, or access to a needs assessor) or procure (due to rarity or expense)
- 3. Some devices (such as Smart TVs or games consoles) inherently enforce a standard, limited, input hardware (such as a remote or gamepad) in stead of a better pointing device

Such users are denied full access to a web that relies on a robust pointing mechanism.

Attempts have been made to push a standard for mouseless navigation on the web: tabbing navigation. Unfortunately this mechanism is ineffective, unpredictable and inefficient.

It is challenging to optimise websites to accommodate tabbing navigation. In practice the web remains inaccessible, despite the availability of standards for accessible development.

1.2 Literature & Technology Review

1.3 Problem statement and Hypothesis

1.3.1 Problem statement

Existing work focuses around making websites conform to accessibility standards. Yet even using tabbing navigation within a tab-accessible website is not an ideal browsing experience.

The pointing mechanism provided by 'tabbing navigation' is inherently limited, so a more suitable mouseless pointing mechanism needs to be developed: one that is designed to cope with real

websites, rather than idealized ones.

To solve mouseless pointing on a wide variety of input hardware, a mechanism is required that maps well to that wide variety of input hardware. One that is effective, predictable and efficient.

1.3.2 Hypothesis

We believe that our keyboard navigation system for the web, ChibiPoint, provides an improved mechanism for pointing as compared to tabbing.

Hypothesis 1: ChibiPoint is generally more efficient at web navigation than tabbing

We hypothesise that our system, ChibiPoint, requires significantly fewer keypresses to navigate webpages, than does 'tabbing navigation' (the current standards-prescribed method for keyboard navigation). 'Navigate webpages' is a broad term, as there are many classes of pointing that need to be analysed. The more detailed hypothesis is that, given several distinct classes of pointing, ChibiPoint requires fewer (or equal) keypresses, for a large majority (>80%) of these scenarios. Since we analyse two versions of ChibiPoint, it should be understood that we require at least one of these to outperform tabbing in a majority of tasks.

Hypothesis 2: ChibiPoint's 'flyouts' feature, reduces further the required keypresses for web navigation

We hypothesise that the novel 'flyouts' feature of ChibiPoint, which assigns hotkeys to suggested buttons on the webpage, contributes to reducing the number of keypresses required by ChibiPoint for web navigation, compared to using just its standard pointing method of hierarchically drilling through the page and pointing at elements using crosshairs. In other words, we hypothesise that ChibiPoint 'with crosshairs and flyouts enabled' performs a large majority (>80%) of pointing scenarios in fewer keypresses than ChibiPoint 'with just crosshairs enabled'.

1.4 Goals and Methods

1.4.1 Goals

We intend to demonstrate that a more effective, efficient, and predictable mouseless pointing mechanism than 'tabbing navigation' can be made for the web. The mechanism needs to be capable of achieving widespread availability — across many browsers and input systems.

The input mechanism used by the web browser extension should be input hardware-agnostic: that is, it must accept as input a language that can be mapped to by a wide variety of input methods.

1.4.2 Methods

Deliverable

We will produce a proof-of-concept web browser extension (for Google Chrome), that provides mouseless pointing in a variety of real-world websites. The implementation will recruit only technologies

that are available to all web browsers (i.e. HTML5, CSS and Javascript). This foundation enables it inherently to be completely cross-platform and cross-browser. Any external libraries used must be free in cost, so as not to impose a price barrier to availability.

Supported input

The input language for the system will be an instance of symbol-based input: keystroke sequences. Thus a keyboard-based interface theoretically serves as a proof-of-concept for other input systems that can produce a vocabulary of discrete inputs, for example gestures or spoken words. The more limited this proof-of-concept's vocabulary is, the more devices it allows to map to its space.

Qualitative difference

We will improve upon the efficiency of tabbing navigation's linear trawl, by using a hierarchical traversal

We will solve tabbing navigation's effectiveness problems: we avoid falling into 'focus traps' by avoiding a relative traversal. Additionally we solve the feedback problem represented by 'lack of visual indicator of focus', by painting our own visual indicators on elements.

We will improve predictability of navigation by using a spatial traversal rather than tabbing navigation's markup-driven traversal.

1.5 Results / Contributions

Both our hypotheses are confirmed: ChibiPoint provides a significantly more efficient pointing mechanism than tabbing. The novel 'flyouts' feature contributes further to ChibiPoint's efficiency.

We contribute a widely portable mechanism — ChibiPoint recruits in its development only widely-available web technologies. The system is compatible with many 'real-world' websites that expect mice. Some implementation bugs exist, and these are felt to be fixable.

ChibiPoint demonstrates a navigation mechanism whose input vocabulary is a simple symbol sequence. By showing an instance of its application with keyboard input, we imply that the mechanism is compatible also with other point systems that can produce symbol output, such as gesture control or speech. Thus its efficient navigation could be extended to other mouseless devices like Smart TVs.

1.6 Thesis overview

The remainder of the thesis is composed as follows:

Chapter [2], *Literature & Technology Review*, confirms the need for an alternative web pointing mechanism, and explores the approaches recommended, as well as reviewing what solutions have been attempted already.

Chapter [3], Requirements & Design, details the design of our system and pointing mechanism.

Chapter [4], *Implementation*, describes how we built our web browser extension.

Chapter [5], *Evaluation*, chronicles the output of a usability study and a larger quantitative study. We determine how our web browser extension compares to tabbing navigation, and determine also the

contribution of our novel algorithm for suggesting 'clickables'.

Chapter [7], Conclusions & Future Work, discusses our contribution to the field, and ways to extend the work.

Chapter 2

Literature & Technology Review

The deliverable for this dissertation is anticipated to be a browser extension that adds accessibility onto web content, favouring a novel interaction approach over the experience prescribed as accessible by web standards.

The key points to explore are:

- What factors exist in accessible design for keyboard usage, in general and for the web?
- Have approaches to keyboard accessibility evolved over time?
- Has the status of keyboard accessibility evolved over time?
- Does literature support the notion that 'keyboard accessibility in the web is generally lacking'?
- Does work exist around making web content more accessible for the keyboard?
 - Has web accessibility changed over time?
 - Does work exist around adding extra accessibility to web content without the web developer's involvement?
 - * Does this work aim to bring content in line with a suggested web standard, or is a novel approach preferred?
 - Does work exist around adding extra accessibility to web content via the user agent?
- Do there exist any novel keyboard pointing methods?
- Is there any support for the notion that web accessibility standards prescribe a sub-par experience?
- Are there any experimental techniques that are recruited for evaluating task performance on keyboards?
 - Are there any comparisons with mouse performance?

A review of each of these points follows. References to 'accessibility' in general will be focused primarily around keyboard accessibility. The search effort around 'keyboard accessibility' was constrained to 'pointing with the keyboard'; accessibility concerns around other keyboard roles, such as typing, will not be discussed.

2.0.1 What factors exist in accessible design for keyboard usage, in general and for the web?

It is useful to have an understanding of what is meant by 'keyboard-accessible' design. Deng, 2001 lists the factors involved [1] [as cited in 2]:

- Using a logical tab order (using the tab key from the keyboard to navigate from link to link) mapped to the layout of the controls and the layout of information on the screen
- Using keyboard mapping for speeding up keyboard interaction and enhancing alternative input methods
- Avoiding conflicts with the operation of assistive software such as screen readers, and exploiting the built-in accessibility features of operating systems
- Providing multiple methods for access via the tab key as well as the use of shortcut keys
- Defining hot keys for more functionality for example, allowing the user to go backwards from link to link
- Ensuring that access keys and hot keys for frequently used functionalities are reachable using one hand, for people using one hand only
- Avoiding repetitive key presses that would be uncomfortable for users with repetitive strain injuries
- Placing frequently used links and functions on the first navigation level without requiring the user to navigate a lot to reach them

This makes some good points (particularly that tabbing isn't the only way to expose functionality via the keyboard; shortcuts help too).

As for which issues were prevalent in practice, a list of 'Top 20' accessibility concerns was published in 2005, which included observations of the following keyboard concerns from accessibility tests [3]:

- Users cannot access objects by keyboard.
- Hot keys are confusing, missing, or conflict with browser commands.
- Focus does not move to the right place (so availability of target remains unknown).
- There is no visual focus on the page.
- Users cannot tab to page elements in logical order.

It must be stressed that this list is not exclusive to keyboard accessibility, and yet a quarter of accessibility concerns in this shortlist pertained to keyboard usage, and of those the majority were pointing issues. This suggests either that websites tend to be developed in a way that makes keyboard pointing difficult, or that the mechanism provided for pointing is not very effective.

2.0.2 Have approaches to keyboard accessibility evolved over time?

It would be interesting to explore the original role of the 'tab' key, and verify whether it is still honored today. However, its history proved to be ill-documented. Tab's nature suggests that it is for form traversal: there is no directional control, nor any promise of a particular destination beyond 'next element in markup' – these factors are not a problem in form navigation, where the intention is to travel to the next field. As such it seems well-designed for at least this, but the aforementioned shortcomings are much more relevant in pointing scenarios, where the destination is spatial, having more complexity than 'the next control', and can be unrelated to the starting position of the search. If it is the case that tab navigation was intended for form traversal, then it would not be surprising for it to be unsuited to general pointing. It is also easy to see how its use could have evolved from form navigation to whole-interface navigation; it provides a way to move keyboard focus to controls, so the temptation exists to purpose it as a general focus mechanism. On some level, this seems like accessibility, but on another level, it can be harmful; it pushes a possibly poorly-suited mechanism as the standard problem solution.

2.0.3 Has the status of keyboard accessibility evolved over time?

An early view (1995) is provided on the landscape of accessible computing by Bergman and Johnson [4]. It suggests (p.9) that "most interface style guides were not written taking users with disabilities into account". Whereas today, accessibility is featured in the Design Guidelines for many prominent software platforms: Apple references accessibility in its OS X Human Interface Guidelines [5], Microsoft provides literature on Designing Accessible Applications [6], and The GNOME Project provides Human Interface Guidelines for use with its desktop environment for Unix-like OSes [7].

Hendrix and Birkmire describe how, in 1998, the Mac versions of Internet Explorer and Netscape web browsers lacked any provision for selecting or activating web links without the mouse [8]. The Mac OS as a whole was also slated for not providing out-of-the-box support for accessing menus via the keyboard. These points are in stark contrast to today, where the default Mac browser, Safari, provides tab support by default[9], and the OS provides global keyboard shortcuts to access menus[10].

A landmark legal case in accessibility, Maguire v The Sydney Organizing Committee for the Olympic Games (SOCOG) [11, 12], 2000, made it clear that laws such as the Commonwealth Disability Discrimination Act 1992 (Cth DDA) could be used to enforce web accessibility, and that websites lacking provisions for the disabled could be defined as discriminatory, and thus be penalizable. SOCOG's defence, that the cost of accessible development constituted 'unjustifiable hardship', was rejected. Not only did the defendant have to redesign their website, they also had to pay damages to the plaintiff on top of this. This revelation that a lack of accessibility could be more costly than the perceived 'price' of accessible development.

2.0.4 Does literature support the notion that 'keyboard accessibility in the web is generally lacking'?

Literature suggests that "the current design of most Web sites makes ... efficient keyboard navigation nearly impossible" [13, p.1], and that "the design of ... web applications is highly optimized for users who navigate with a mouse" [13, p.1]. This could be due to lack of standards-compliance, as a 2004 study [14] revealed a large majority (81%) of websites fail to satisfy even the most basic checkpoints of the Web Content Accessibility Guidelines (WCAG) [15, 16]. The same study [14] showed through interviews that disabled users believed that most web sites of the time did not consider their specific needs. The problem of Web designers lacking knowledge of the requirements of disabled users has been reported for years [14] [17] [18]. This is understandable; the development of keyboard-accessible websites is considered to be challenging [19].

2.0.5 Does work exist around making web content more accessible for the keyboard?

As explored previously in ??, guidance is provided on how to develop accessible web applications, in the form of the World Wide Web Consortium (W3C)'s WCAG [15, 16]. However, the content itself is not the only factor; content is accessed via a user agent (ie a web browser), and the user experience of that agent is important too. The W3C provide recommendations on how to develop accessible user agents for browsing web applications[20, 21]. The User Agent Accessibility Guidelines recommends navigation methods for users, that could reduce the journey time for tab navigation. For example, Guideline 8 of the version 1.0 document, 'Provide navigation mechanisms', suggests that "User agents should allow users to configure navigation mechanisms (e.g., to allow navigation of links only, or links and headers, or tables and forms, etc.)" [20, p.17]. Certainly allowing a filter on which elements are

navigated would reduce the amount of navigation actions. Indeed, as will be discussed in section 2.0.6, the Safari web browser allows the user to filter which types of focusable controls are traversed during tab navigation. However this filter choice is limited (only two modes are offered, and neither may be what the user really wants), and the feature is not equally available in other mainstream browsers (it is missing in Firefox, and Chrome's implementation buries it inside a preference [22]).

Has web accessibility changed over time?

Suggested standards have evolved, with two versions of the WCAG being published [15, 16], in 2001 and in 2008. Some noteworthy changes to keyboard use include [23]:

- The recommendation for provision of access keys has been redacted in the newer version.
- Focus traps (where the user can't move keyboard focus out of some interface area, such as an 'infinite-scrolling' list) are recognised to be a problem.
- Visual indicator of focus is now required for keyboard navigation.

Web accessibility as a research field is now growing quickly and increasing in diversity, despite few studies having been published until 2002 [24]. Freire, Goularte, and Mattos Fortes claim that this interest has been stimulated by a need for developers to address accessibility requirements. This chronology could perhaps be explained by the Maguire v SOCOG [11, 12], 2000 lawsuit referred to in section 2.0.3, after which accessible development gained some visibility.

Does work exist around adding extra accessibility to web content without the web developer's involvement?

In cases where the web developer is uninterested or uninformed about accessibility, they cannot be relied upon to introduce accessibility to their website. Kouroupetroglou, Salampasis, and Manitsaris presents a framework for annotating web-pages with semantic information about the role of content, to aid information access for disabled users of the Worldwide Web [25]. The paper is based on the idea of the Semantic Web [26], where structure and relationships of content are declared. The annotation framework relies on a community of users proposing markup for inaccessible web-pages, and uploading the annotation file to a public storage server. A bespoke web browser for blind users, SeEBrowser, loads the pages alongside their annotations, and uses the extra markup to provide structure-aware browsing shortcuts.

The advantage of divorcing the responsibility of accessible development from the web developers is that the onus is not imposed on someone who may have an incomplete understanding of the domain, and also that stakeholders are given the power to add accessibility themselves, should the official design be unsatisfactory. This is, of course, predicated on having an active community (since without annotations, no accessibility can be added). The approach may also be relevant to keyboard-accessibility, as blind users navigate via the keyboard. Certainly, providing shortcuts that allow a variety of manners in which to traverse content, gives keyboard users more control over their navigation. However, in mainstream browsers, the extra semantic markup would be less useful, as the only keyboard navigation method available is tabbing, which is considered to be inefficient even for well marked-up pages (discussed later in section 2.0.7).

Does work exist around adding extra accessibility to web content via the user agent?

Introducing accessibility via the user agent removes the need to change the way websites are developed. If existing websites do not meet content accessibility standards, the user agent may be able to compensate, by modifying the presentation of inaccessible content, or providing novel navigation methods that are robust to inaccessible page structure. For example, SeEBrowser (described previously in section 2.0.5) is a user agent that provides browsing shortcuts to aid blind users in navigating efficiently through various web page elements (such as content areas, navigational aids and functional elements) [27].

User agent customization has been used to modify Internet Explorer [28] to fit the needs of older users. This work aimed to aid vision impairments by zooming content and speaking text, aid cognitive impairments by simplifying layout, and help dexterity issues by providing large buttons, and an easy interface to change keyboard settings. The reason it was chosen that the work be an extension on Internet Explorer was that users preferred to use a standard browser with accessibility adaptations, rather than a specialized one with a limited set of features. Content transformations were performed in the user agent, as opposed to the original design which proposed to transform pages in a proxy placed before the client (though this would make the featureset available on all web browsers, it was found to be a non-viable architecture [29, 30, 31]). User preferences were stored server-side, so that they would be obtainable from different computers. Ultimately it was found that most features offered were used, but the majority used were those that made only minor presentation adjustments.

A subsequent study built on this work by implementing a similar user agent transformation for Fire-fox [32], making the improvements available cross-platform. It describes the software as being purposed for changing the user experience, rather than the web page compliance.

2.0.6 Do there exist any novel keyboard pointing methods?

A patent exists [33] describing an 'intuitive' method of focusing elements using the keyboard. It is spatial in nature, and allows the user to specify the direction of focus travel via the keyboard (rather than leaving this decision to the arbitrary directional order prescribed by page markup). Whilst this improves over standard tabbing by allowing a choice of direction, it still does not give an indication in advance of what will happen after the keypress.

The default Mac browser, Safari, supports multiple granularities of interface tabbing, differentiated by whether Alt is held down with Tab[9]. This allows a choice of whether to navigate between all focusable elements, or just form elements. This essentially gives the user a filtering mechanism, and can shorten tab journeys where the only controls of interest are form controls (ie, forms). Chrome also provides two modes for tabbing, but they are accessessed via a setting toggle rather than given separate keybindings [22]. The result is that switching between them on a whim is not possible, so combining the use of the two modes in navigation is denied. The Mac OS itself also provides a global 'granularity' setting for tabbing, which can be toggled by shortcut between 'text boxes and lists only', or 'all controls'[10]. Again, the effect is that the tab journey can be made finer or coarser via a toggle, shortening journeys to certain elements. This system-wide toggle stacks with the effects of Safari's toggle, allowing for complex filters to be created. However, shortcomings are that the current state of the system-wide toggle has to be memorized to be able to predict effects, and as ever with tab navigation, the destination is unknown until after the action. Additionally, this setting is not honored by all browsers; the Chrome web browser, for example does not observe this preference[22]. As a solution, there are other impracticalities to consider: the setting affects interactions in all aspects of the OS interface, rather than just the application at hand, which may be undesirable. It is also questionable whether repeatedly changing system preferences just to complete navigation tasks within

an application, is sensible from a design point of view; changes made in 'System Preferences' should be just that: preferences. A user can't 'prefer' both modes – rather, the choice is made based on current context, so a better implementation for these purposes is to allow both modes of navigation at all times, mapped to different key bindings (rather than toggling the mode used by one single key binding). In essence, this is what is achieved by Safari's 'Alt-Tab' shortcut.

MouseKeys is a feature that exists in Windows, Mac OS X and X Windows-based workstations. This is a system-level alternative pointing mechanism, that moves the mouse cursor and performs clicks, using keypresses. Naturally, being system-level allows it to work for all applications, and being an interface for operating the mouse cursor allows it to be treated by applications in the same way a mouse is. However it is considered time-consuming in comparison to keyboard navigation because it provides 'relatively crude directional control', and inefficient support for continuous motions like drag & drop [4].

Switch Scanning is a paradigm whereby input options are scanned in front of the user, who activates a switch whenceupon their desired option cycles into focus[8]. By allowing one key to perform many roles (dependent on time elapsed), it increases the expression of a keyboard shortcut. It is described as slow (naturally; it introduces a time factor to an otherwise-instant action). However, where time is not a concern, it could be harnessed to reduce the repetitive motor strain associated with repeated keyboard tabbing (a user could initiate cycled tabbing with one keypress, then stop it with one more, regardless of distance). For the purposes of this work though, which aims to improve on the speed of tabbing (not just the repetitive strain), switch scanning is likely too slow to be a solution.

TypeAheadFind (now Find As You Type), referred to previously in ??, is not just a plugin for the Chrome browser, but also a feature distributed with Firefox as standard [34]. It streamlines for the user the process of selecting hyperlinks; any time keyboard focus is not within an input field, key input is directed to an as-you-type search, which focuses any matching string in the page. A selected hyperlink can easily be followed by pressing Enter. This is an efficient method for focusing hyperlinks, as text search can narrow down the target quickly, and without aiming. However the string needs to be sufficiently unique, to reduce cycling through options. Additionally, it is no use for selecting interface elements that are not defined by text, such as divs. It can also be a bad citizen if the web application in question expects to receive keyboard input when the user is not within a form (for example, in a game). This can be improved optionally by setting a single, uncommonly-used key to be used for invoking the feature.

One promising approach is 'MouseGrid', recruited by many speech-control systems. It exists within Windows Vista's speech recognition, is available as a plugin for Dragon NaturallySpeaking (made by Hippocampus), and is an official feature in Dragon Dictate. Once invoked, a grid is drawn, dividing the screen into segments. Each segment of the grid is labelled with a number the user can say to 'drill down' into that segment. Upon doing so, a smaller grid is made within that grid segment, and the user is invited again to specify a segment to navigate towards. Ultimately the user tries to steer the grid closer to some button they wish to press. At all times, a click can be effected in the center of the most specific grid. This recursive split of the screen divides the search space of the screen logarithmically, and so enables the user to express interest in a huge variety of screen locations, using very few lookups. This approach uses a small vocabulary of speech inputs (just a grid of numbers 1-9, plus a 'click' command, and on/off). As such, it could be easily mapped to the keyboard. It could well provide an efficient means for specifying buttons on the web.

2.0.7 Is there any support for the notion that web accessibility standards prescribe a sub-par experience?

Current accessibility guidelines do not address the problem of efficient keyboard access [13]. Keyboard inefficiency can be severe enough that even a standards-compliant website may be, for practical purposes, unusable by keyboard users[13, 17, 35]. However, as discussed previously in section 2.0.5, current user agents do not necessarily comply with user agent standards as wholly as they could; the problem could therefore lie with the existing implementations of web browsers, rather than the standards prescribed.

2.0.8 Are there any experimental techniques that are recruited for evaluating task performance on keyboards?

Schrepp, 2006 models keyboard performance using the Goals, Operators, Methods, and Selection rules (GOMS) technique described by Card, Moran, and Newell [36]. It is used for predicting how long an experienced user needs to complete interface tasks. The technique has been used to compare efficiency of mouse and keyboard techniques [36, 37]. An overview exists of the different GOMS models [38]. GOMS reduces human-computer interaction to the sum of elementary actions (either motor, cognitive or perceptual). For example, pressing of a button, moving a cursor to a target, or perceiving the current position of the mouse cursor. Schrepp freely admits that some of the factors in keyboard navigation are hard to model with GOMS; accounting for the cognitive demand of orientation (that is, ascertaining the current position of keyboard focus) is challenging. Though measurements for this time penalty are known (1.35s) [39], the frequency with which this penalty is incurred is harder to estimate (in fact, no guess was ventured on this by the paper). The ultimate conclusion was that, irrespective of this unaccounted extra time penalty, mouse speed still far exceeded keyboard speed. This further supports the notion that there is a wide discrepancy between mouse and keyboard efficiency. However the author concedes that application of GOMS for disabled users was questionable to begin with, as standard predictions of motor time may be too optimistic; this has been estimated as high as 0.6s [40], rather than the 0.2s [39] predicted for able-bodied experts. For some cases, such as repetitive strain, it is possible that motor problems would worsen with use, making the time factor worsen as the experiment progresses. This increases the challenge of modelling times.

For the purposes of evaluating the planned deliverable (an alternative keyboard pointing mechanism), the main comparison to be made is whether the novel system improves upon tabbing; for this it suffices to count keypresses. This avoids the difficulty associated with modelling usage times for disabled users, since the number of keypresses is still a useful indicator of effort, which is agnostic of physical condition. Time-based comparisons could still be made between keyboard and mouse, but perhaps selection of able-bodied users would help to increase the validity of the modelling.

2.0.9 Conclusions

Keyboard navigation of websites is a problem. Correcting the way people develop websites is challenging, and unrewarding; many websites don't observe standards (because the web developers don't attempt it, or even know how), and even those that do, do not necessarily provide an ideal experience. This is not necessarily a fault of the content guidelines; rather, it seems to be the fault of the navigation method prescribed by user agent guidelines, or the interpretation of said guidelines. A different user agent that provides more manners in which to traverse content with the keyboard, could be the real solution to accessible keyboard pointing. Annotations used by blind users could be used also by sighted

keyboard users to inform of content structure, and by extension, navigation possibilities. User agent extension has been pursued before as a solution in favour of other mechanisms (such as content modification by proxy server). Thus it seems like the original proposal of augmenting keyboard pointing in the user agent via a browser extension, is indeed an approach worth pursuing.

Chapter 3

Requirements & Design

3.1 Requirements

Here we capture the main engineering goals of the software system to be produced. Its purpose is to paint a picture of our initial intentions; it is not intended as a rigid specification. An attempt is made to refrain from prescribing a specific implementation.

3.1.1 Non-functional requirements

These requirements have a high priority:

R1 High availability

Neither price nor platform should be a barrier to adoption of the software. A solution that works in many browsers would be most available.

R2 Good citizenship (input)

Bindings reserved for interaction with software should not conflict with those required by web browser, or (within reason) bindings that webpage will use.

R3 Good citizenship (output)

Interface displayed by software should not prevent reading of webpage.

R4 Predictability

User should be able to anticipate the outcome of their actions in advance.

R5 Intuitivity (output)

User should be able to understand the output of the system.

R6 Intuitivity (input)

User should be able to understand what to input into the system.

R7 No time constraints

There should exist no time-sensitive interactions; user might be disabled in a way that makes it difficult to input quickly.

R8 Independent of markup

It is wishful to expect all visited websites to have sane markup, so semantics should not be relied

upon. We point at the things that we can see, so a pointing system should be based around the visual layout of the page, rather than the semantics.

R9 Resilient to change

Many modern websites have changing interfaces, such as content being loaded in dynamically, or elements changing state (ie collapsible components).

Some of these requirements are inherently at odds with the choice to use a web extension hosted within the content of the page under navigation; necessarily, the interface of the software displayed in the webpage will need to overlap content on said webpage. Likewise there is no telling in advance which keybindings will cause conflicts with an unknown webpage. The hope is that a solution can be found that works with a usefully large portion of the Web.

These requirements have a low priority:

R10 Co-citizenship with tabbing

Existing tabbing navigation should still be available to user, as it is still useful for some tasks (e.g. form navigation).

That is to say, they are desirable but not essential.

3.1.2 Non-functional requirements

These requirements have a high priority:

R11 Efficient navigation (semantically unrelated elements)

Navigation to elements that exist in separate visual containers to the currently focused element, should be possible in less than 4 keypresses.

R12 Efficient navigation (semantically related, but distant elements)

Navigation to elements that exist in the same visual container as the currently focused element, should be possible in less than 4 keypresses.

R13 Efficient navigation (arbitrary position)

Navigation to elements that exist in the same visual container as the currently focused element, should be possible in less than 4 lookups.

3.1.3 Anti-requirements

The following are explicitly *not* aims of the system, so performance in these areas need not be measured.

R14 Efficient navigation (semantically related, nearby elements)

Navigation to elements that exist in the same visual container as the currently focused element, and are nearby: tabbing navigation already performs this very efficiently (albeit unpredictably). The more pressing concern is how to navigate between visual containers.

R15 Navigation to off-screen elements

In this pointing-based interface, it is assumed that the user will only ever be trying to navigate to elements that they can point at; thus off-screen elements need not be captured.

R16 Fast navigation

The goal is 'efficient' navigation, not 'fast' navigation. There can exist a correlation (less inputs will, from a GOMS perspectively, necessarily reduce task time also, provided cognitive and perceptual factors are negligible). But efficiency is the more important battle, as the system is targeted at low-input-bandwidth users, such as those with RSI (who need to avoid repetitive motor activity).

R17 Better performance than mouse pointing

This keyboard pointing method should be compared primarily to other keyboard pointing methods (ie tabbing navigation). It is for users who cannot use a mouse to point, i.e. due to physical reasons like disability, or interface constraints such as using a Smart TV Web browser requiring remote control input.

3.2 Design

3.2.1 Problem domain

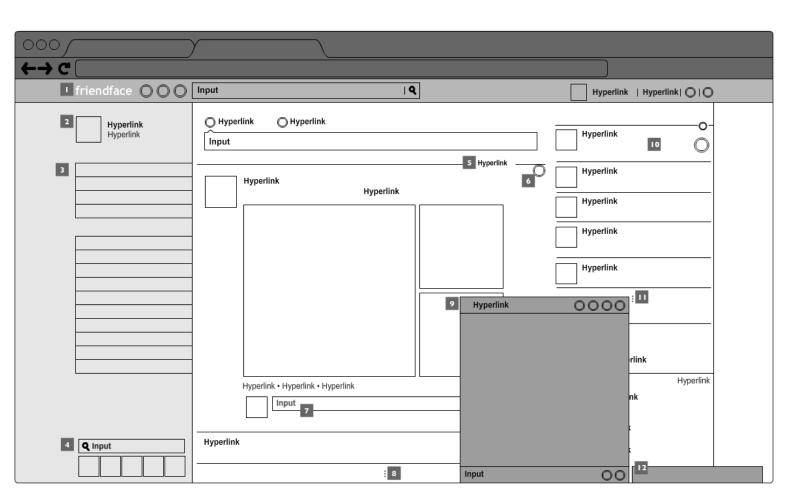


Figure 3.1: A typical complex web application layout.

Our software solution will need to cope with the many and varied pointing scenarios presented in typical web applications like Figure [3.1]. Some discrete cases of interest have been labelled; a discussion follows, regarding what is significant about these cases, and how we could consider optimizing our software for such cases.

1 — Navigation bar floats above content

This is a 'web application' version of interface 'chrome' (application controls around the content). Intuitive pointing needs to respect the current visual position of the content, and understand that the content can scroll under the floating chrome. Tab navigation ignores the presented position of the content, and can focus off-screen elements (despite the user's not being able to see such elements). It would be more efficient to restrict the search space to visible, on-screen elements (i.e. things that can be 'pointed' at).

2 — Elements can duplicate each other's actions

For example, a hyperlink could be the caption to some icon, and clicking either would produce the same result. In a poorly-marked-up page, a tab journey would traverse both of these elements, despite their function being equivalent. A more efficient mechanism would be one that allows the user to skip past duplicates (by combining them conceptually into one control, or otherwise by allowing the user to jump over multiple elements in a traversal).

3 — Repeating units of repeating units

These sets of buttons are grouped into categories. If the user can express that they are interested in a category, it could eliminate other categories entirely from the search space. Similarly, if repeating units could be detected, then an explicit list traversal mechanism could be offered to the user. Detection of such things is likely to be difficult though, as it requires sane markup.

4 — Unskippable lists

Similar to the previous point, a list of elements can be marked up without the use of an explicit list component (for example, a drop-down). In tab-navigation, skipping past the list is impossible; the user must tab past each individual element. A better traversal method would not rely on explicit list markup for entering and escaping lists.

5 — Rarely-used elements

Though it needs to be possible to point at all elements, it is not ideal for obscure elements to appear in the majority of tab journeys (the user only wants to traverse them in exceptional cases). Our system needs to give the user control over the journey they take to point at an element, such that they can decide whether to traverse toward elements they would otherwise avoid.

6 — Invisible elements

Some elements only present themselves upon mouseover or keyboard focus. Similarly, components like menus might expand as an option is touched on mouseover. Our pointing system might need to provide the user with an equivalent mechanism to 'mouseover' to probe for invisible elements. In particular, actions other than 'click' should be made available for interacting with the environment.

7 — Many forms

A page can contain many small forms that are unrelated to each other. Since tab navigation is relatively good at traversing forms, browsers like Safari allow the user to traverse just form components. But it is hard to be sure whether pressing tab will move to the next element in some form, or to a different form altogether. It needs to be clear to the user how far they will move when they interact, so a visual indicator of the constraints of the search would be useful.

8 — Infinite Scrolling

Many websites with dynamic content recruit 'infinite scrollers' to procedurally load in more content as the user scrolls the page. These are dangerous to tab navigation, which traverses depth-first; once it is in an infinite feed, it cannot escape, since as focus approaches the 'end' of the content, further content is loaded indefinitely. Thus elements after an infinite content feed are rendered unreachable. This is another case where our traversal system will absolutely need to provide a skipping mechanism, or choice of route.

9 — Layout Occlusion

Floating elements can occlude those elements behind them. Thus it becomes impossible to point at the occluded elements. Actually, tab navigation copes very well with this problem (as it traverses by markup, rather than visual position). Our system will not try to solve this problem though, since even mouse pointing suffers from this. Since websites are mouse-optimized, it is expected that they would avoid creating problematic occlusion scenarios, or at least make them reversible (for example, some occluding content can be collapsed).

10 — Repeated units of varying size

Identification of repeating units based on a visual analysis might be difficult, as the visual difference can be non-trivial; some elements can be larger than others. At any rate, our system will not attempt anything as complex as computer vision for understanding page layout. Ideally the system should be designed to not need an understanding of the page layout (like mouse navigation, which simply points at coordinates specified by the user).

11 — Multiple Infinite Scrollers

A page can recruit infinite scrollers for content other than just the main feed. Thus assumptions like 'any infinite scrolled content is likely to be the main focus of the page' can't be so easily made. The main takeaway here is that our system should not optimize interaction based on some imagined understanding of the purpose of the page structure; it could easily make incorrect assertions, thus would not be resilient to bad or obscure web design.

12 — Multi-modal Elements

Elements can change size or state, for example collapsible components. Any representation the system stores about the layout of the webpage should be sensitive to this possibility of change.

We intend to cope with this minefield of design traps, by prescribing the following design criteria:

1 — Navigation bar floats above content

Our system will only point within the current viewport of the browser. As for elements hidden in collapsed menus, we should not offer clicking for these until such time as that menu is opened — in other words, we must offer pointing only for currently visible elements.

2 — Elements can duplicate each other's actions

We will use a hierarchical traversal — that is, dividing the search space each time, in a logarithmic manner — rather than the linear mechanism used by tabbing navigation. This allows groups of content to be efficiently skipped. We will attempt to provide a variety of pointing choices at every stage of navigation, so that duplicates do not overwhelm the list of choices.

3 — Repeating units of repeating units

Rather than assuming we can make informed simplifications based on markup, we will simply sidestep this using a hierarchical traversal; the user can efficiently skip past large portions of the page.

4 — Unskippable lists

Similar resolution to above.

5 — Rarely-used elements

Hierarchical traversal helps here also; access to a large search space can be made possible in very few lookups. If important elements are more prominent on the page (say, larger), then a spatial hierarchy creates a bias towards important elements first, but provides also the power to point at smaller, more obscure elements with a bit more work. This allows the system to be quick in the general case, and almost as quick for the obscure case.

6 — Invisible elements

We will attempt to emulate the 'mouseover' event of a mouse cursor. For this, our system needs

certainly to be able to be aimed at targets. We will present crosshairs to achieve this.

7 — Many forms

Our system needs to express the boundaries of its search — we will display borders describing the region in which search is directed, as well as where it will move on the next lookup. This allows the traversal to be predicted.

8 — Infinite Scrolling

Our system needs to provide absolute traversal, so that it doesn't get stuck in focus traps like infinite scrolling content.

9 — Layout Occlusion

Our system will call the same lookup as a mouse does when clicking, so that occluded elements are handled in the same manner. That is, we will lookup the frontmost element at the inspected coordinates.

10 — Repeated units of varying size

Our system will not attempt repetition analysis, but provide through its hierarchical pointing a robust way to aim at elements in irregular lists.

11 — Multiple Infinite Scrollers

Our system will avoid optimizing based on assumptions of page markup — it will be entirely visually aimed, like with the mouse, so it can cope in a familiar way to content that flows off-screen, or has no fixed size, or has a complex role — and it does not need to know that these factors defined those page elements.

12 — Multi-modal Elements

The system will not rely on a cached representation of the page. Should suggestions be made that have gone out of date, re-scanning should be possible.

These criteria suggest a system that:

- 1. Directs navigation spatially
- 2. Simulates at least the pointing behaviour of a mouse cursor (but not limited only to this)
- 3. Constrains search to a bounded, predictable space
- 4. 'Drills down' through search space hierarchically
- 5. Makes a variety of suggestions at each stage of traversal

Most of these factors are fulfilled by a mechanism akin to that used by 'MouseGrid' (see Section 2.0.6). That is: the viewport of the browser is divided into a grid, and each cell assigned a keyboard shortcut. The user specifies by keypress which cell contains the element they are interested in. Then a new, smaller grid is constructed within that cell, and the process repeats itself. Grids are constructed within grids, and a set of 'crosshairs' (like on the sight of a gun) can follow the center of the most specific grid, and provide mouse behaviour (sending 'click' and 'hover' events) at those coordinates.

Though MouseGrid itself is not novel,

This accounts for all design criteria except for the production of 'suggestions'.

Chapter 4

Implementation

Chapter 5

Evaluation

5.1 Overview

The primary system comparison we sought to pursue was 'ChibiPoint' versus 'tabbing navigation'. We aimed also to evaluate the contribution made by the 'flyouts' feature of ChibiPoint: whether it helps or hinders. As such, we evaluated three systems:

- 1. Tabbing navigation
- 2. ChibiPoint (with just the crosshairs feature enabled)
- 3. ChibiPoint (with both the crosshairs feature AND the flyouts feature enabled)

We aimed to quantitatively evaluate the following things:

- 1. Which system is the most efficient for each class of navigation tested
- 2. Which system is the fastest for each class of navigation tested
- 3. Which system is preferred by the participants
- 4. Which system is considered by the participants to be easiest to use
- 5. How reasonable is the amount of keypressing demanded by each system, according to the participants

Qualitative data was useful also, as it offered feedback on specific advantages or disadvantages of each system, as well as providing insight to usability and the reasons for user preferences.

We performed first a usability study, as a precursor to the more detailed quantitative testing. The usability study was expected to reveal how a new user approaches the system — what level of instruction is necessary, and what problems are encountered with usage. Addressing issues here would reduce problems in the larger, quantitative study that followed.

Regarding the quantitative study: a pilot study was conducted first, to ensure that the study approach was effective, before widening the participation. Omissions from that pilot study were addressed. A larger study then recruited 12 users to evaluate the systems in a counterbalanced 3×8 ANOVA (three systems, 8 navigation types).

5.2 Study 1: Usability Study

We recruited a lecturer of Computer Science for this study. The participant was chosen due to her being a known power user of keyboard navigation. Additionally she had large experience with using accessibility hardware and software. We hoped that this participant could bring out the full potential of our system, and reveal what an expert of keyboard navigation expected from a system, as well as what strategies they tried when learning said system.

A full transcript of the session can be found in Listing [A.1].

The participant controlled the system using a complex accessible keyboard, with which she was already well-trained. This was an opportunity to confirm the concept that ChibiPoint's key input does not need to come from a conventional keyboard input device. No problems piloting ChibiPoint arose from this input choice, although the mapping of 'numpad layout' to drilling direction was not possible, since there was no numpad available (hotkeys had to be mapped elsewhere). It was found that, with the chosen drilling mapping (left hand of Qwerty, QWE|ASD|ZXC), the participant did not notice the spatial connection until it was pointed out explicitly. Perhaps if the user configured the mapping themselves, they would learn the relation (although this is out of scope for the proof-of-concept). For the evaluation study, instructions will be given to the participant, pointing out the mapping.

5.2.1 Intuitivity

Generally the system was found to be quite intuitive. Exploratory use was encouraged, with the researcher disclosing only the ChibiPoint initial invocation shortcut (Cmd K).

The participant understood that the labels upon each quadrant were keyboard shortcuts. She understood immediately that these shortcuts directed ChibiPoint's search into that region. Additionally, unlabelled shortcuts were able to be guessed; she worked out within two attempts that 'Enter' was the shortcut to click the element under the crosshairs.

The participant soon noticed the flyouts, and understood them to be keyboard-activated suggestions. Even on her first use of these, her efficiency was just one keystroke short of expert performance.

The participant understood intuitively that page scrolling keys co-operate with the ChibiPoint interface; she was able to click off-screen elements by scrolling to them and then invoking ChibiPoint, without instruction.

5.2.2 Interface problems

The BBC website had complicated nesting of clickables within its navigation bar. It became difficult to distinguish which flyout referred to which button. Judgement of which element the flyout was bound to, appeared to be based on the position of the label. This was an incorrect mental model; the label's position is only a heuristic for which interface element is bound. In reality, the arrow coming off the label is the indicator of which element will be clicked. Observation of the video suggests that the arrows were barely visible in this situation; their dark arrows were flush with the (also dark) frame of the webpage. Ultimately the participant was able to recover from the situation by relying on ChibiPoint's other pointing mechanism, crosshairs. This showed that the participant learned that both could be used situationally.

More contrast would help highlight the existence of the flyout arrows. Another solution is to uniquely color-match the flyout with the element it was bound to, so that the pairing is visualized. This led us in the next version of ChibiPoint to 'paint' flyout-bound elements, in the same way ChibiPoint's crosshairs paint their target. Flyouts were also given discretely different colors to each other, for further identity.

The participant was seen to crane toward the screen to read flyouts. We decided to respond to this by

increasing the size and legibility.

The participant noted that the crosshairs did not wholly emulate a mouse, since they did not trigger mouseover or hover events, nor display a 'mouseover' cursor. A cursory effort was made to address this, but no fix could be found at the time. Further work could pursue a solution for this, to improve the feedback of the system and complete the cursor metaphor.

The participant assumed incorrectly that drilling could not continue beyond the point where the quadrant labels were hidden. The grid gets smaller each time, and past a threshold the text and gridlines are removed so as not to occlude the content in the quadrants. However, drilling remains possible provided the user recalls the shortcuts. To address any misconceptions, we decided to explictly cover this behaviour in future training.

5.2.3 Implementation problems

ChibiPoint could not click buttons within Flash Player interfaces (such as 'play' buttons on web-based video). For a proof-of-concept this is unimportant. More work could investigate communicating with Flash elements.

Additionally key listener conflicts were seen when ChibiPoint was used on the Google Search page; input to ChibiPoint was intercepted by the webpage, rendering the system unusable. Again this is not important at proof-of-concept stage. Possibly the reason lies in the order in which key listeners are bound; ChibiPoint waits for the page to be loaded in its entirety before setting up its event listeners. Future work could investigate whether establishing event listeners earlier makes a difference.

A problem was encountered with detecting clickables on the *The Bath Chronicle* (http://bath.thisisads.co.uk/register.php) registration page. Flyouts were not able to be provided for several buttons on this page. A later investigation revealed that the clickables were created using inline DOM level 0 events, which ChibiPoint does not look for. Future work could extend clickable detection to include these.

5.2.4 Feedback

Overall, the participant was enthusiastic about ChibiPoint. She felt that she was able to learn the system "pretty fast", especially compared to "quite a lot of usability stuff". She liked the flyouts feature, expressing that "they were pretty good guesses". She understood how to point with it, and felt that the grid drilling was a "great" way to point. She said that she would prefer this system to tabbing "of course", and that it was "obviously faster because it's hierarchical. My first-years should be able to answer that question". She described the system as "pretty predictable [excepting bugs]", and compared to tabbing "absolutely [more predictable]".

As for extending the system, the participant expressed that it would be useful to be able to hide the interface when it gets cluttered. However she also conceded that the existing feature for closing the interface sufficed. She advised that a cheatsheet or documentation would be useful for discovering hidden features. We resolved to print all controls on the evaluation study instructions.

The participant also assented with the notion that she would desire sometimes a method to undo 'drilling down' ("there was, like, one time"). However this feature already existed, so we resolved simply to improve its visibility with future instructions.

5.3 Study 2: Quantitative Comparison of Pointing Systems

5.3.1 Outline

A pilot study set the sequence for the full study to follow. The main output of the study was the evaluation of pointing systems; participants were instructed to complete several tasks of the following ilk:

- 1. Go to a specified website.
- 2. Using the specified pointing system, click a specified button/page element.

After completing this set of tasks with one pointing system, the participant was asked to repeat it with another of the pointing systems under test, until all three systems had been tested. We counterbalanced the order in which pointing systems were allocated to participants, to reduce biases in learning the tasks or systems.

In addition to this evaluation of system performance, participants were asked to fill out two questionnaires. The first questionnaire was posed before the pointing tasks: participants declared their proficiencies with the computing concepts involved, as well as describing their demographic. The second questionnaire was posed after the pointing tasks, and asked the participants to give subjective feedback on the systems they used.

5.3.2 Demographic

All participants were known personally by the researcher. Participants were asked to volunteer, and offered a chocolate biscuit as recompense. A majority (9) explicitly identified as being current Computer Science students. One further was known to be a graduate of Computer Science, another pursuing an 'EngD in Digital Media' and the final participant a Physics student.

The mean average age for participants was 22.58, with a standard deviation of 2.151. The range was 21–28. These data are tabulated in Figure [9.4]. A quarter of participants were female, the rest were male (Figure [9.5]).

Proficiencies

Most participants were frequent users of computing devices; 5 using computers or smartphones for 13+ hours per day, 5 using the same for 7-9 hours, and just 2 using devices for 4-6 hours. Other categories (0-1, 2-3, 10-12) were offered, but no participants identified with these. These frequencies can be seen in Figure [9.3].

Many participants (5) preferred to navigate using a mouse, with a majority (6) recruiting hotkeys in addition to the mouse. Only one participant actually preferred keyboard controls, and no participant identified with completely requiring full mouse support or full keyboard support (Figure [9.6]).

Touch-typing proficiency was rated on a five-point scale ranging from the sentiment 'I look at every key before pressing' to 'I always type without even a reference glance at the keyboard' (Figure [9.7]. Participants on (mean) average considered themselves a 3.42. A standard deviation of 1.084 was observed. Two primary users of the Dvorak keyboard layout were asked to use the (familiar, but not preferred) Qwerty layout during this study, and rated their touch-typing with respect to the constraint that they would be typing in Qwerty during this time.

A majority (11) used mainly Windows as their desktop Operating System. Browser choice was more divided, with 7 participants using mainly Google Chrome, 3 Firefox and 1 'Other' (at the time disclosed to be Safari, which was not an option offered on the questionnaire).

Disability

Regarding participant's exposure to accessibility needs or solutions, three had used Dragon NaturallySpeaking speech-to-text. The two who elaborated on the extent of their use of speech-to-text described only limited use. No participant had — at the time, or ever — had computer-relevant vision difficulties. Two had had in the past minor experiences with RSI, with one describing "RSI from mouse use, but nothing too severe to require a large change in typing/clicking", the other elaborating "Have changed input device due to pain in very specific circumstances.". No participants had RSI at the time of the study.

5.3.3 Methodology

The following describes the methodology for the full study. Deviations exclusive to the pilot study are disclosed in its separate section.

The researcher followed a script to ensure that all instances of the study were performed the same way.

Participants were briefed on the purpose of the dissertation and of the study, as well as what participation in the study would entail. They were assured that no identifying information would be kept about them, that it was the system performance being measured rather than their personal performance, and that they were free to withdraw participation at any point. They were told that there was no desire for them to generate any particular outcome, and that we simply wanted to compare the performance of the systems. With these explained, participants were asked to sign a permission slip, and were offered also a copy in case they wished to contact the researchers after the fact.

Participants were assigned a unique number. This enabled both the questionnaires they would fill in to be related as being from the same participant. Additionally participants were assigned a sequence in which to evaluate the three systems. Biases pertaining to the order in which systems are used, were counterbalanced by testing using all sequence permutations of the three systems equally. There were 6 permutations, so the study recruited a multiple of this: 12 participants.

The study began with the first questionnaire's being allocated. This asked participants to disclose their demographic (occupation, gender and age).

The participants began the testing activity by reading instructions on the system they had been allocated. The researcher then guided them through a training scenario to confirm that they had understood the instructions. During this training period, the researcher would answer any questions and correct any mistakes that occurred. In the case of learning the system 'ChibiPoint with crosshairs AND flyouts' before learning the system 'ChibiPoint with crosshairs ONLY', participants were trained in the use of both features in turn.

After training, all test websites were opened, and the participant was directed to the attend to the first browsing context, which was navigated to the website for task 1. The researcher would point out to them the page element that needed to be clicked in this task. The pointing objectives were also printed on a piece of paper that they could refer to.

The participant completes a task by clicking the specified element using the pointing system they have been allocated. At this point, telemetry (of keypress count and timing) is automatically downloaded

by the browser extension (that is, ChibiPoint — which is repurposed as a keylogger — whether its pointing features are in use or not). The researcher then confirms whether the correct button was clicked.

If the correct button was clicked (or some equivalent, such as a caption with the same hyperlink), the participant moved to the next task. If some other button was clicked by mistake, then the telemetry was discarded by the researcher, and the participant was directed to attempt that task again.

Once the participant completed all navigation tasks, they were allocated the next system to use for pointing, and given instructions and training in it (in the same way as before). They would repeat the array of tasks from before with this new system. This process was completed until all three systems were tested.

With all systems tested, the participants were finally asked to fill in a post-experiment questionnaire, describing their preferences and thoughts on the systems tested.

Upon completion, the participants were thanked, and were offered a chocolate biscuit.

5.3.4 Limitations

Only successful task completion is logged; mistakes are discarded. Thus any measurements will not necessarily be a model of 'first-time' usage; we capture instead 'beginner' usage of ChibiPoint.

In the same way, users of tabbing could perhaps improve their performance if they retried after an attempt where mistakes are made. So again this does not model 'first-time' usage of tabbing. Here we cannot assert that users are 'beginners' of tabbing, either: general keyboard navigation proficiency was assessed in the questionnaire, but from this no confident assertion can be made about the tabbing navigation experience. However, tabbing navigation is very deterministic in journey, so provided no overshooting occurs, the number of keypresses from a beginner is no different to an expert's.

We perform no analysis to assess the tabbing skill level of our participants (that is, how close to expert performance they achieve), but necessarily the tabbing performance measured is 'at least that of a beginner', and ChibiPoint performance is 'at most that of a beginner', so our comparison should be interpreted in the context of those boundaries.

Skiplinks are one exception to the non-determinism of tabbing journeys. We chose to disallow the use of these, as they are website-dependent, and would therefore not represent the performance of a general browsing mechanism. Thus variance for tabbing is arguably not as large as it could be. However the tests chosen were not ones whose performance could have been improved upon with the available skip links (with the possible exception of Test 8 on Wikipedia, but this Skiplink is broken on Google Chrome, the browser in use, so provides no benefit).

5.3.5 Metrics

The metric that was most important to study was efficiency — how many keypresses (and by extension, how much exertion) are required for a given navigation task. Secondary to this metric was time taken by each system to perform a navigation task — it is preferred, but not essential, for the system to be fast; the main priority is reducing exertion, which is connected to efficiency.

During the navigation tasks, user keypresses were recorded, as well as the times that they occurred. We recorded only keypresses relevant to pointing with the current system. For example, attempts to use the 'tab' key during use of ChibiPoint were intercepted, and answered with an alert to the user that tabbing was disallowed. We disregarded keyboard input that did not invoke functionality within tabbing or the

currently activated version of ChibiPoint. Page scrolling via the keyboard was considered unrelated to pointing, and so was not recorded. Attempts to invoke flyouts were only recorded when said flyout was present; if no flyouts were created (for example because no clickables are in the specified area, or if flyouts are disabled altogether), then the keypress was disregarded.

Time was measured from the first to last keypress, so no time was measured during page load or task explanation.

The post-task questionnaire asked participants to give subjective feedback on the systems they used. Some of the feedback was quantitative — which was the preferred pointing system, how easy was each system to use, and how reasonable was the amount of key pressing required — and some of the feedback was qualitative, asking for general thoughts on the task and systems.

5.3.6 Pilot Study

The pilot study existed as a 'dry run' to catch problems in the method of the larger study, before scaling up.

We recruited a Software Research Engineer with experience developing and assessing accessibility software. His preliminary questionnaire response (Figure [9.1]) describe a proficient computer user (with 13+ hours/day of device usage, 5/5 self-rating for touch typing, and a user of hotkeys).

A list of pointing tasks was created, but these proved to be uninformative — many of them duplicated classes of navigation already tested, and overall they did not test a wide enough spread of navigation types — to the extent that tabbing's strengths in form traversal were not represented. Additionally it was not clear what the delineation was between task setup and the actual recorded portion. The larger study uses a clearer separation of actions and setup.

Though these inspired the eventual classifications we would use for tasks in the full study, they do not in themselves paint a full picture of system performance.

These tasks were as follows:

- 1. Search 'piano' on YouTube
 - (a) Then, select first result
 - (b) Then, select 'Favorite videos'
- 2. Search 'sport' on BBC
 - (a) Then, select first result
- 3. Search 'pillow' on Amazon
 - (a) Then, select first result
- 4. View first article on Engadget.com
- 5. Google 'slam'
 - (a) Then, select first result
- 6. Select 'Archives' on Megatokyo.com
- 7. Search 'computer' on Wikipedia
 - (a) Then, select 'Section 2.3: The modern computer'

Some tests (for example the Google search) were found to be invalid, as ChibiPoint could not activate on this website due to key listener conflicts. The later study withdrew such tests.

Bugs in the instrumentation were found — certain actions, such as invoking flyouts — were not being recorded, so some keypress counts were artificially low. Luckily these were predictable and could be detected before reporting results. Additionally, it highlighted the need for waiting for the first keypress before starting a timer; explanations given at the start of each task were being accounted in the measurements, but less explanation was needed for each repeat of a task.

The study highlighted the need for automation. A lot of intervention was needed to navigate to the webpages used for tasks, and start the focus in consistent places. As well, extra unmeasured pointing tasks were added just to set up the task that followed. This was labour-intensive and distracting. The larger study designed tasks to use webpages where focus began in the desired starting point (for example, inside a form). Additionally, a bookmark folder was created so that all tasks could be opened in batch. The later versions of the instrumentation also added support for detecting form traversal (which effects a 'focus' event rather than a 'click' event), so more types of navigation could be studied.

The need was seen for a record of what the next task was.

Questionnaire errors were found, with some copy-paste mistakes being identified in the questions.

The pilot study also caught the omission of instructions for the use of tabbing navigation, which was needed for a fair comparison. Additionally it was decided that an explicit training period would be necessary to ensure that all participants started with the same minimum amount of knowledge.

For shorthand, the ChibiPoint systems will be named: CX (ChibiPoint with just crosshairs feature enabled) and CX+F (ChibiPoint with crosshairs and flyouts enabled).

The participant's post-questionnaire response can be seen in Figure [9.2]. His favourite system was CX+F. Overall he found easier the use of both ChibiPoint modes (CX = 4/5, CX+F = 5/5) to tabbing (1/5). The amount of keypressing required by ChibiPoint was considered reasonable ('unreasonability' rating CX = 2/5, CX+F = 1/5), and tabbing considered completely unreasonable (5/5). He refers in feedback to its being problematic to select the intended element with crosshairs ("Crosshairs without flyouts can be difficult to accurately pinpoint the desired text."). This was a known problem with how crosshairs paints even elements which are not 'clickables'. We decided to address this by mentioning it in future training.

5.3.7 Navigation tasks

For the larger study, a concrete set of tasks was chosen, to try to represent many discrete classes of pointing.

- 1. Go to (bookmarked) Halifax.co.uk login page
 - (a) Then, click the 'password' field
- 2. Go to (bookmarked) Kickstarter.com signup page
 - (a) Then, click the 'Re-enter password' field
- 3. Go to BBC.co.uk
 - (a) Then, click the 'Sport' tab
- 4. Go to (bookmarked) University of Bath Library's 'Computer Science' resources page
 - (a) Then, click 'Useful websites'
- 5. Go to Youtube.com
 - (a) Search for 'piano' This is just setup; not measured.

- (b) The page will change, which is the true start point of the test
- (c) Then, click the first search result
- 6. Go to (bookmarked) Amazon.co.uk search page for 'pillow'
 - (a) Then, click the first search result
- 7. Go to Megatokyo.com
 - (a) Using the arrow keys, scroll the page until you see the 'Archives' button.
 - (b) Then, click 'Archives'
- 8. Go to (bookmarked) Wikipedia.org page for 'Computer'
 - (a) Then, click 'Section 2.3: The modern computer'

Each task's recorded portion is the 'Then' step; everything before is just setup to get the focus in the desired starting point. A list of URLs used are provided in Figure [A.1].

An explanation of the task classifications follows:

- 1. **[Within form] Immediate related traversal**: the Halifax login form places focus automatically inside the 'Username' field. Move focus to the next item in the form, 'password'.
- 2. [Within form] distant related traversal: the Kickstarter signup page places focus automatically inside 'Full Name' field. Move focus to the final field in the medium-sized form, 'Re-enter password'. Note: Computer must not be logged into Kickstarter at the time, as an existing login will cancel the registration process
- 3. **Visually early element**: the BBC front-page has a navigation bar, which is the first visual element. Click one of the buttons within this, 'Sport'.
- 4. **Visually late element**: the University of Bath Library's 'Computer Science' resources page has many. many hyperlinks on it, in content and also in sidebars. Click 'Useful websites', a hyperlink that is relatively far down the list.
- 5. [Within form] Spatially close, markup distant traversal: navigating to a YouTube search page from the front-page search guarantees that your focus starts in the 'search' field. From here, the first search result is right next to the search form, but it is a far longer journey in the page markup. Click that first search result.
- 6. **Low visual indicator of focus**: Amazon is one of many websites where, in Google Chrome, focusing a page element will provide no visual feedback. With this being the case, click the first search result.
- 7. **Scrolled element**: Megatokyo hosts a tall webcomic, which fills some screens. There are buttons beneath this, but it is necessary to first scroll to see these. Click one of these off-screen elements, 'Archive'.
- 8. **Link surrounded by links**: the Table of Contents for a Wikipedia article contains many hyperlinks cramped together. Click one of these, '2.3 the mdern computer'.

An explanation of the pointing ramifications of these tasks follows. We describe why these classes of navigation create different situations for tabbing's relative, linear, markup traversal, compared to ChibiPoint's absolute, hierarchical navigation.

1. [Within form] Immediate related traversal: focusing an adjacent element in an already-focused form is trivial for tabbing, which traverses the markup adjacent to the focused element. ChibiPoint does not use relative navigation, and has no such advantage.

- 2. **[Within form] distant related traversal**: focusing distant elements in forms is also trivial for tabbing, which traverses contiguous markup in a linear fashion. But hierarchical navigation can theoretically catch up quickly with a linear traversal ChibiPoint may be able to perform comparably over this distance.
- 3. **Visually early element**: in lieu of any other starting focus, tabbing traversal begins at the start of a webpage's markup. Assuming that early visual elements will be earlier in markup (admittedly not guaranteed, since styling is powerful), navigation bars will be very early in the tab order of a webpage. Thus tabbing can have an advantage navigating to elements in navigation bars. Again, absolute hierarchical navigation does not have this advantage.
- 4. **Visually late element**: this is the polar opposite of the previous test. The relative nature of tabbing forces it into a longer journey when the element is visually far away. Absolute navigation is not harmed by this.
- 5. [Within form] Spatially close, markup distant traversal: this test shows that visual proximity is, at best, only a heuristic for how far away an element is in markup. Tabbing may not do as well here as it appears it should. Absolute navigation is not harmed by this.
- 6. Low visual indicator of focus: this test is likely to harm tabbing, where seeing the currently focused element is crucial to estimating how far the user is from the target, and also whether they are already on the target. Mistakes and backtracking may be seen if the situation is confusing enough. ChibiPoint produces its own focus indicators, so should not be so affected by the page markup.
- 7. **Scrolled element**: this is mainly a confirmation of effectiveness; early iterations of ChibiPoint did not follow the page as it scrolled, so it was seen that this was a class of navigation that a system can have varying success at. The only reason this differs from 'Visually late element' is because the position ChibiPoint is launched from affects the pointing journey; an expert user could scroll an element into the middle of the screen so that the crosshairs would begin in the right place, saving keypresses.
- 8. **Link surrounded by links**: this class of pointing could cause problems for ChibiPoint flyouts; many suggestions need to be squeezed into a small space. Though the keypress count might not be affected, reading time may be harmed. Additionally, in the case of tabbing, there will be more elements to tab past.

Admittedly these are not completely isolated classes; for example, visual indicator of focus happens also to use an element that is late in markup, as well as testing the general lack of visual feedback. So some keypress count will be attributed to unrelated factors. However, we feel this correctly represents the real usage context of a navigation system — the web is not so kind as to be designed as a set of isolated pointing cases.

Ultimately what we test is 'at least' the described pointing case. Unrelated factors such as the starting point in the page, or how many clickables there are along the way, will always add or subtract from the difficulty. We cannot know whether a keypress difference is caused primarily by unrelated factors or by the actual task intention.

Were a large discrepancy to be caused by such unrelated factors, then the tested system would be seen to be so vulnerable to outside influence that it could not complete the task without being overwhelmed by those factors. Perhaps capturing this is similar enough to finding that the system is bad at that class of navigation — since we found we cannot rely on this system to always cope with that class of navigation, due to its existing vulnerabilities.

Chapter 6

Results of larger study

6.1 Overview

We compared, for each of the eight navigation tasks, the number of keystrokes each system required to complete that navigation. Time was compared also, but as this was of secondary interest, less analysis was performed.

6.1.1 Keystrokes

Each system was found to have different strengths. Tabbing was found to excel significantly at just one task: traversing short distances in forms (for example, from username field to password field). For longer form traversals, it was matched or beaten by the various ChibiPoint systems, and it even failed to surpass ChibiPoint at accessing visually early elements. In the remaining five cases, both versions of ChibiPoint greatly outperformed tabbing. In all but one case, the 'flyouts' feature of ChibiPoint reduced the number of keypresses. For the remaining case, 'Visually Early Element', there was no significant difference between the versions of ChibiPoint.

6.1.2 Time

6.2 Analysis used

Keystroke results were analysed, for each task, using a repeated measures ANOVA. Greenhouse-Geisser correction was used to determine how significantly the mean keystrokes differed between systems. This correction was used because sphericity could not be assumed of our data; there is no homogeneity of variance, as tabbing variance emerges very differently to ChibiPoint variance (tabbing is deterministic excepting mistakes, whereas ChibiPoint navigation can take multiple valid routes).

After ascertaining whether there existed within that task a significant difference in performance between the systems, we performed — using Bonferroni correction — post-hoc tests pairwise between each combination of systems used. This told us whether, between any two systems, there existed a significant difference in keystrokes.

6.3 Keystroke Performance

For shorthand, the ChibiPoint systems will be named: CX (ChibiPoint with just crosshairs feature enabled) and CX+F (ChibiPoint with crosshairs and flyouts enabled).

We consider statistical significance for p < 0.01.

6.3.1 Task 1: [Within form] Immediate related traversal

System	Keypresses Mean (s.d.)
CX	5.67 (.492)
CX+F	3.00 (.000)
Tabbing	1.00 (.000)

Mean keystrokes differed statistically significantly between systems. (F(1, 11) = 814.000, p < 0.001).

CX keystrokes significantly greater than Tabbing (p < 0.001). Analysis failed to produce significance value for CX+F vs Tabbing.

CX+F keystrokes significantly fewer than CX (p < 0.001).

Hypothesis 1 refuted in this case.

Hypothesis 2 supported.

6.3.2 Task 2: [Within form] distant related traversal

System	Keypresses Mean (s.d.)
CX	4.67 (.492)
CX+F	2.25 (.452)
Tabbing	4.33 (1.155)

Mean keystrokes differed statistically significantly between systems. (F(1.574, 17.311) = 33.543, p < 0.001).

CX keystrokes non-significantly different to Tabbing (p = 1.000).

CX+F keystrokes significantly fewer than Tabbing (p = .001).

CX+F keystrokes significantly fewer than CX (p < .001).

Hypothesis 1 supported (for CX+F only).

Hypothesis 2 supported.

6.3.3 Task 3: Visually early element

System	Keypresses Mean (s.d.)
CX	5.00 (.603)
CX+F	4.67 (.888)
Tabbing	7.00 (.000)

Mean keystrokes differed statistically significantly between systems.

(F(1.590, 17.489) = 54.057, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes non-significantly different to CX (p = .797).

Hypothesis 1 supported.

Hypothesis 2 not supported.

6.3.4 Task 4: Visually late element

System	Keypresses Mean (s.d.)
CX	5.25 (.452)
CX+F	3.17 (.577)
Tabbing	72.50 (1.732)

Mean keystrokes differed statistically significantly between systems.

(F(1.246, 13.701) = 15056.088, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than CX (p < .001).

Hypothesis 1 supported.

Hypothesis 2 supported.

6.3.5 Task 5: [Within form] Spatially close, markup distant traversal

System	Keypresses Mean (s.d.)
CX	4.42 (.996)
CX+F	2.92 (.289)
Tabbing	29.75 (9.324)

Mean keystrokes differed statistically significantly between systems.

(F(1.017, 11.188) = 91.990, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than CX (p = .002).

Hypothesis 1 supported.

Hypothesis 2 supported.

6.3.6 Task 6: Low visual indicator of focus

System	Keypresses Mean (s.d.)
CX	6.42 (3.204)
CX+F	2.33 (.492)
Tabbing	48.50 (30.485)

Mean keystrokes differed statistically significantly between systems. (F(1.012, 11.128) = 24.176, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p = .002).

CX+F keystrokes significantly fewer than Tabbing (p = .001).

CX+F keystrokes significantly fewer than CX (p = .001).

Hypothesis 1 supported.

Hypothesis 2 supported.

6.3.7 Task 7: Scrolled element

System	Keypresses Mean (s.d.)
CX	5.83 (1.115)
CX+F	3.50 (1.087)
Tabbing	23.33 (11.155)

Mean keystrokes differed statistically significantly between systems. (F(1.349, 14.837) = 1304.682, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than CX (p = .001).

Hypothesis 1 supported.

Hypothesis 2 supported.

6.3.8 Task 8: Link surrounded by links

Keypresses Mean (s.d.)
6.67 (1.371)
3.75 (.452)
48.67 (2.934)

Mean keystrokes differed statistically significantly between systems. (F(1.387, 15.257) = 2296.627, p < 0.001).

CX keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than Tabbing (p < .001).

CX+F keystrokes significantly fewer than CX (p < .001).

Hypothesis 1 supported.

Hypothesis 2 supported.

6.4 Summary

Hypothesis 1 is supported for both versions of ChibiPoint in tasks 1–6.

Hypothesis 1 is supported also for CX+F in task 2.

Hypothesis 1 is refuted in task 2.

CX+F reduced keypresses compared to tabbing in 7 of 8 tasks, which we consider to be a large majority (>80%).

CX reduced keypresses compared to tabbing in 6 of 8 tasks (75%), which is certainly overall an improvement, but not the large majority sought by the hypothesis.

Since one mode of ChibiPoint (CX+F) meets the requirements, Hypothesis 1 holds.

Hypothesis 2 is supported for tasks 1–2 inclusive, and 4–8 inclusive.

Hypothesis 2 is not refuted in task 3 — it is merely not supported. Thus CX+F reduced keypresses compared to CX in 7 of 8 tasks, which we consider to be a large majority (>80%), as required.

It should also be observed that in the non-supported task, no refute was seen to the claim; in all cases, CX+F either outperforms or matches CX.

Chapter 7

Conclusions & Future work

Chapter 8

Glossary

8.1 Acronyms

```
browsing context a window or tab in a web browser that hosts a webpage. 27
Cth DDA Commonwealth Disability Discrimination Act 1992. 10
GOMS Goals, Operators, Methods, and Selection rules. 14
RSI Repetitive Strain Injury. 4
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SOCOG The Sydney Organizing Committee for the Olympic Games. 10, 11

W3C World Wide Web Consortium. 10
WCAG Web Content Accessibility Guidelines. 10, 11

Chapter 9

Figures

Question	Response
Gender	Male
Age	23
How many hours a day do you use a computer or smartphone?	13+
How proficient are you at controlling computers with just the keyboard?	I use hotkeys in addition to a mouse/pointing device
Do you /currently/ have any motor impairments/disabilities that hinder computer usage? If so, please explain.	None
Do you presently have any difficulty reading the screen? If so, please explain.	None
Have you ever had any motor impairments/disabilities that hinder computer usage? If so, please explain.	None
What is the main desktop OS you use?	Windows
What is the main web browser you use?	Internet Explorer
Have you ever used any accessibility software or hardware to control computers? If so, please explain which, and the extent to which you used them.	Developed and used adaptive interface software for World of Warcraft.
Is there any additional information you wish to declare?	None
How proficient are you at touch-typing?	5
What is your occupation?	Software research engineer

Figure 9.1: Questionnaire response of Pilot Study participant

Question	Response
Which system did you prefer using?	ChibiPoint (with crosshairs AND flyouts)
How easy was it to point using 'tabbing navigation'?	1
How was the amount of keypressing required in 'tabbing navigation'?	5
How easy was it to point using 'ChibiPoint (with just crosshairs)'?	4
How was the amount of keypressing required in 'ChibiPoint (with just crosshairs)'?	2
How easy was it to point using 'ChibiPoint (with crosshairs AND flyouts)'?	5
How was the amount of keypressing required in 'ChibiPoint (with crosshairs AND flyouts)'?	1
Have you any other feedback?	Crosshairs without flyouts can be difficult to accurately pinpoint the desired text.

Figure 9.2: Post-experiment questionnaire response of Pilot Study participant Ratings were all on a five-point scale, 1–5.

How many hours a day do you use a computer or smartphone?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	4 - 6	2	16.7	16.7	58.3
	7-9	5	41.7	41.7	100.0
	13+	5	41.7	41.7	41.7
	Total	12	100.0	100.0	

Figure 9.3: Device usage by participant

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Age	12	21	28	22.58	2.151
Valid N (listwise)	12				

Figure 9.4: Age of participant

Gender of Participant

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Female	3	25.0	25.0	25.0
	Male	9	75.0	75.0	100.0
	Total	12	100.0	100.0	

Figure 9.5: Gender of participant

Participant Keyboard Navigation Proficiency

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I prefer a mouse/pointing device	5	41.7	41.7	41.7
	I use hotkeys in addition to a mouse/pointing device	6	50.0	50.0	100.0
	I prefer keyboard controls where possible	1	8.3	8.3	50.0
	Total	12	100.0	100.0	

Figure 9.6: Keyboard Navigation Proficiency of Participants

Participants were asked to pick which of these sentiments they identified best with. The statements attempted to describe a proficiency scale for keyboard usage:

- 1. I need a mouse/pointing device
- 2. I prefer a mouse/pointing device
- 3. I use hotkeys in addition to a mouse/pointing device
- 4. I prefer keyboard controls where possible
- 5. I strongly prefer full keyboard support

Votes were cast only for the middle descriptors, 2-4.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Touch-Typing Proficiency	12	1	5	3.42	1.084
Valid N (listwise)	12				

Figure 9.7: Touch-Typing Proficiency of Participants

Touch-typing proficiency was rated on a five-point scale ranging from the sentiment 'I look at every key before pressing' to 'I always type without even a reference glance at the keyboard'.

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Appendix A

Usability Study

Listing A.1: Transcript of Usability Study

```
R: (Researcher)
    P: (Participant)
4
    ====Flyouts On====
        First system, Flyouts ON.
        Start the system by pressing Apple K.
            Okay, is there an Apple on here?
    R:
        Yeah, I've mapped Ctrl to Apple.
11
            Okay, great.
             I'll do what I have to do to get started, and...
             *Presses Apple K*
             *Chibipoint interface appears*
    P:
             Okay.
15
16
        Your mission, should you choose to accept it, is to search for the Olympics
17
    P:
             Oh, search, okay, so...
18
             *Presses indicated key to drill toward top-right quadrant, where search
19
       is*
             // No instruction required on how to point, or what keys to use!
             And now, the question is... oh, I see.
    P:
21
             *Continues drilling toward search box*
22
             Uh, it keeps coming...
24
             *Continues drilling toward search box.*
25
        [Field is now in crosshairs.]
26
            Ah!
27
            Am I there yet?
28
             *Guesses key*
29
             Nope. Do I have to hit return or something?
30
             *Hits return*
31
             *Search field is selected*
32
             // No instructions required!
             *Types Olympics, submits search*
34
35
36
    P:
            Who would search for the olympics... haha! Okay, now what?
             I might have to do the same again. Ctrl K?
37
             *Presses Apple K*
38
             *Chibipoint interface appears*
```

```
P:
             Okay, what have I got to do?
40
41
        Let me think, what would be a good idea.. try and hit that article, Sochi
42
    R:
      2014 [top result].
             Hm, oh the first Sochi 2012? Sochi 2014, dude! Haha.
    P:
43
    P:
             The one with that guy, the one with the picture.
             *Drills toward article*
45
             *Drills toward article*
46
             And it's missed the link..
    P:
47
    P:
             Oh, I see.
48
             *Activates an appropriate flyout*
49
             // Unprompted! Only one lookup later than expert perf.
50
             It does that. Very clever of you, that extra thing.
    P:
51
             Hm, okay. This is great! I would totally take this.
53
             *Presses Apple K*
54
55
             *Chibipoint interface appears*
    P:
             Especially as it's keyboard, and it saves you from moving to it.
56
             And it's not slower than, uh, mouse; you don't have to move it to. So
57
     that's great.
             I used to keep the mouse on this; it's obnoxiously slow. I used to use
58
      that in 1998, when I was working for Lego, I was so screwed up I did use that
       sometimes.
    P:
             Anyway, yes.
59
60
        Now click on Sport.
61
    R:
        Err, that sport.
62
    P:
             Oh, that sport up there.
63
             *Drills toward*
64
             Mm, (counting noises)
65
             *Presses wrong flyout*
66
    P:
             Oops, missed. So what's the back button?
67
    R:
        Backspace.
             *Presses back*
    P:
             Let's try again.
71
             *Presses Apple K*
73
             *Chibipoint interface appears*
    P:
             Okay.
74
             *Drills toward*
75
             Mm.
76
             *Again activates inappropriate flyout*
77
    P:
             Ah, it's, it's.. there's something wrong.
78
             I hate to tell you this, but I'm definitely clicking on the right thing
    P:
79
      . Haha.
80
    R:
        Okay, uh..
81
    P:
             I guess I could therefore try to compensate for that one, cause..
82
             *Drills toward*
    R:
        I dunno how much I should say ...
84
             *Activates correct flyout*
85
    P:
             Yeah, okay. I compensated, but there's definitely something wrong. Haha
87
        Okay, how about a different website; go to Amazon.
88
    R:
             *Changes website*
89
             *Presses Apple K*
90
             *Chibipoint interface appears*
91
        Let's do a... I dunno; let's do a search.
92
    R:
93
    P:
             Okay.
```

```
*Drills toward*
94
              *Many flyouts appear close together with tags tying them to their
95
      buttons in various directions*
             Hah! That's really all over.
96
              *Presses appropriate flyout for search field*
97
         Hm, what's your favourite book?
              [search term redacted]
99
              [discussion of how to select suggested products using arrow keys on
100
      accessible input device]
              *search submitted*
101
102
         Try and click on [author for first result redacted].
103
              *Some unproductive inputs [accessible input device typing in wrong mode
104
      ] *
     P:
             Hello?
105
     P:
             Oh, I've got to...
106
              *Presses Apple K*
107
              *Chibipoint interface appears*
108
              *Drills toward*
109
              *Presses appropriate flyout*
              // Expert performance already!
         I wonder if that's enough for Amazon. Let's go to Wikipedia.
     R:
         Looks like it's already selected the input field. Shall we pretend it didn'
114
      t?
     P:
             Why? Why don't you just have me go to the German [Wikipedia] or
115
      something?
              *Presses Apple K*
116
              *Chibipoint interface appears*
117
     P:
             Let's go to the German one.
118
         Okay.
     R:
119
              *Presses appropriate flyout*
120
              // No drilling required!
             Okay, now what?
     P:
              *Presses Apple K*
124
125
              *Chibipoint interface appears*
              *Drills toward search*
126
              *Drills toward search*
              *Drills toward search*
128
         German foods?
129
              *Presses appropriate flyout*
130
              *Searches currywurst*
         Let's go to the bottom; there should be some interesting markup there.
133
              *Scrolls to end*
134
         Alright, let's go to Über Wikipedia.
     R:
135
     P:
             Alright.
136
              *Drills toward*
              *Presses appropriate flyout*
138
139
         [Discussion to find an inaccessible website to navigate next]
141
              *Google searches Bath Chronicle.*
142
              *Presses Apple K*
143
              *Chibipoint interface appears*
144
              *Presses key for appropriate flyout*
145
              *Bug in Chibipoint means the key press is caught by Google instead*
146
             That's interesting. So the 'J' got captured.
147
148
              *More typing*
```

```
Yeah, every time you type something, Google's capturing it.
149
     P:
             Yeah, so, can't... it's just totally failing now.
150
151
         Yeah, there's still other ways to use Google with the keyboard.
        I found this earlier. I don't know how to make my key listeners the highest
       priority.
         It's JavaScript injected into the page, so it's fighting the rest of the
154
      page.
             So we can cheat briefly.
155
             *Clicks news article of Bath Chronicle*
156
157
             So now..
158
             *Presses Apple K*
159
             *Chibipoint interface appears*
160
             So what do you want me to click?
161
             *Drills toward top-left*
162
     R:
         Click 'place an advert'.
163
             *Presses appropriate flyout*
165
     R:
         Register. Let's see how it does with forms.
166
     P:
             Okay.
167
             *Presses Apple K*
168
             *Chibipoint interface appears*
             *Drills toward Register*
170
             *Closes Chibipoint accidentally*
             Oops.
173
             *Presses Apple K*
             *Chibipoint interface appears*
174
             *(Immediately) drills to original position*
175
             // Appears to be able to reproduce practiced spatial traversals quickly
176
       without pausing to think.
             ...That's a 'Z'; okay. [Text was obscured, so appeared as numeral 7]
             *Drills toward*
178
             *Drills toward*
179
         [No flyouts have appeared for this button; clickable detection failed, so
180
      crosshairs are the only option. It's now in crosshairs.]
             *Presses enter*
182
         [A form appears]
183
             *Tabs a few times to enter form*
184
             // Candidate seems to notice that both systems can co-exist. This tab
      journey was a short one.
     P:
             Oops.
186
             *Presses Apple K*
187
              *Chibipoint interface appears*
188
         [First 6 fields of form have flyouts suggested, without drilling.]
189
             *Presses flyout for first form element*
190
191
             *Focuses drop-down menu*
     P:
             Heh. Yeah, thanks. [Presumably wanted menu to open, as with a real
192
      click].
              *Starts filling out form (unprompted) without Chibipoint*
193
             *Accidentally closes window.*
195
             *Restores window.*
196
             *Presses Apple K*
197
             *Chibipoint interface appears*
198
             *Drills toward 'Address lookup' button*
199
             *Drills toward [non-trivial because it's on an edge after each drill,
200
      and also because no flyouts are offered; clickables detection failed] *
             *Drills toward [now in crosshairs] *
201
```

```
*Presses Return*
202
             *Address lookup is clicked; panel appears overlaying existing content*
203
             *A focusing keypress is made, possibly tab or Apple L (select address
      bar). It is not clear if this is intentional.*
             *Keyboard focus leaves browser*
             *Presses Apple K*
207
             *Chibipoint interface appears*
208
             *Attempts to drill, but keyboard focus is in the address bar; types
209
      into address instead.*
         [Much attempting to regain focus and resume drilling, but even tabbing
      failsl
         [Resort to mouse click to put focus back in browser content pane]
             *Drills toward address*
             *Drills toward*
214
             *Drills toward address [now in crosshairs, though never detected by
215
      flyouts] *
             *Presses return*
216
             *Click sent, element flashes, but no change in form*
             // Without mouseover probing, we cannot get affordances for which
218
      element needs to be clicked, and confused results can occur.
         [Attempt to verify using mouse which element is meant to be clicked]
219
         [Panel closes]
220
         [Recover panel by refreshing page and re-opening Address lookup]
         [Clicks same element again with Chibipoint; form option remains unclicked]
223
     P:
             It must want [me to click] the checkbox next to it.
224
             *Presses Apple K*
225
             *Chibipoint interface appears*
226
             *Drills toward*
             *Drills toward*
228
             *Drills toward*
229
         [Button is not yet in crosshairs. Drilling labels now hidden since grid is
230
      small.
     P:
             Hmh.
             *Presses return*
             Yeah, I have no idea. It doesn't seem to be..
     P:
             So, does that..
234
             *Hovers mouse over to confirm feedback*
235
             [The button] doesn't seem to notice [with Chibipoint] that something's
236
      there.
     P:
             Obviously there's no signal that [an emulated mouse cursor is above].
              'Cause the [cursor] changes into a hand when you hover over it.
238
         [Repeats previous navigation:]
239
             *Presses Apple K*
240
             *Chibipoint interface appears*
241
             *Drills toward*
242
             *Drills toward*
             *Drills toward*
244
         [Button is not yet in crosshairs. Drilling labels now hidden since grid is
245
      small.
             *Presses return*
246
             // Seems to think that when the drilling labels are gone, it is not
247
      possible to continue drilling.
248
             *Reopens Chibipoint, drills lightly into an alternative journey.*
             *Closes Chibipoint without clicking*
250
251
             *Reopens Chibipoint, redoing a previous journey.*
252
```

```
P:
              Yeah, nothing I do seems to get the tick.
253
         Try pressing [bottom-left quadrant (now unlabelled)]
254
     R:
              *Drills*
     R:
         And again.
256
              *Drills*
257
     R:
         You can inch closer.
259
         Boxes aren't perfect sub-boxes; they grow a little bit.
     R:
260
              Okay. I didn't see Z as an action, so...
     P:
261
         Ah. Yes, it... I can't make text any smaller.
     R:
262
              Well, is that enough information?
263
264
265
267
268
         ====Flyouts Off====
269
         Now try a version with the Flyouts turned off.
271
              Okay.
     P:
          [On BBC homepage]
273
              *Presses Apple K*
              *Chibipoint interface appears*
275
         Try and watch Top Gear. [This is at the very bottom edge of the grid]
     R:
276
     P:
              Okay, down there.
277
              *Drills toward*
278
              *Drills toward*
              *Drills toward*
280
              *Presses return*
281
282
          [Page navigates]
              // Even buttons in tricky positions were able to be clicked easily.
283
284
              *Presses Apple K*
285
              *Chibipoint interface appears*
286
          [Top Gear Flash pane is painted wholly by Chibipoint; inner structure not
287
       detected]
              *Presses space bar to attempt to play video*
          [Page scrolls upon space bar since video does not have focus]
289
              *Drills toward Flash pane*
290
              *Drills toward centre of Flash pane*
291
              *Presses return*
          [Flash pane is clicked, but no meaningful change occurs]
293
              *Presses key to scroll up*
294
          [Page does not scroll, despite input]
295
     P:
              How do you scroll up?
296
         Your focus is trapped by Flash.
297
          [Mouse recruited to recover focus]
298
          [Page scrolled back to beginning]
299
300
              *Presses Apple K*
301
              *Chibipoint interface appears*
302
              So, is the big yellow thing..? I'm sure if it could just see which
303
      button I'm trying to click..
     P:
              No, it's not doing anything.
304
              *Presses Apple K*
305
              *Chibipoint interface appears*
306
              *Closes Chibipoint*
307
308
         So I'll spoil that; Flash players can't take clicks [from ChibiPoint].
309
310
     P:
              Oh, okay.
```

```
So you've discovered that.
311
312
          [We return to BBC homepage]
313
         Try to click something on the bottom of the page - that's not on-screen.
314
     R: Music.
315
              *Presses Apple K*
              *Chibipoint interface appears*
              *Scrolls using Page Down*
318
              // Unprompted, understands that page scrolling keys co-exist with
319
      ChibiPoint.
              *Drills toward an element in the same list as 'Music' *
320
              Too late; I'm going to go into 'Learning'.
              Although it's actually not what you said.
322
          [Actual 'Learning' text is not highlighted, but clicking the box that
      contains it worked in this case; did not have to drill too specifically]
              *Presses return*
324
          [Navigates to Learning]
325
326
         Let's see if there's anything hard to click on; keep scrolling.
327
              *Presses Page Down*
328
         Click the 'Accessibility Help'.
329
     R:
330
     P:
              Okay.
              *Presses Apple K*
              *Chibipoint interface appears*
              *Drills toward*
              Hmm..
334
335
              *Drills toward*
          [Painting of link container obscures the white hyperlinks within]
336
337
         Oh god.
              *Drills toward*
338
          [Presently highlighted element is the link below Accessibility Help]
339
              And then, how do you move it around? Did you say the Z key..
340
     P:
     R:
         The keybindings continue to be exactly the same.
341
              Oh, but I didn't memorise them.
342
     P:
         Uhh.. they're this grid.
     R:
343
          [Demonstrates grid of 9 keys on accessibility hardware that map to on-
344
      screen controls]
             Oh, okay, so..
345
              *Drills toward*
346
              *Presses enter*
347
          [Accessibility Help is clicked]
348
349
         So, did you notice that they were...
350
     P:
              No, I totally didn't notice that they were,
351
     P:
              and I shouldn't, since there was a cue.
352
              // Mapping was not noticed nor memorised; singular lack of incidental
353
      information.
     P:
             Okay.
354
     P:
355
     P:
              Okay, so..
356
          [Decides to click one of the webpage accessibility articles]
357
              *Presses Apple K*
              *Chibipoint interface appears*
359
              *Drills toward*
360
              *Drills toward*
361
              *Drills toward*
362
363
              *Presses return*
364
              Well anyway, this doesn't seem to be a problem, so..
365
         Right, I'll end.
366
     R:
```

```
367
368
         ====Feedback====
373
        What do you think of the two systems you tried (flyouts on, off)?
374
             I couldn't tell the difference, I'm afraid.
375
             What was the... oh, I dunno... oh, the flyouts with commas and periods
376
      and things?
     R:
        Yeah.
377
             Yeah, I liked the commas and periods and things. They were pretty good
378
      guesses. Although it was a bit cluttered. I'd like to be able to switch back
      and forth depending on what I was trying to do.
     R: Uhh, by switch back and forth, do you mean 'hide them'?
379
             Yeah. Exactly, so like mostly it's great. Although anyway you can hide
380
      it with Ctrl-K, so I guess that's enough.
381
     R: Was the problem that [the flyouts] obscured [what you were trying to point
382
      at]?
             It just looks a bit cluttered sometimes. But it was really useful, so I
       think I'd probably mostly just have them on. I could just imagine, I dunno
      some time I might want to turn them off...
384
        Would it be useful to have, like, holding down SHIFT dispels the interface?
385
386
     R: Uhm, there's a lot of heads-up display on the page; you could hold down a
387
      modifying key to hide stuff temporarily, but not lose where your grid is.
             Uhh, I don't know what... one thing is that Ctrl-K doesn't work very
      well for me, 'cause I use emacs; that's why it was after a little while when
      I was doing the wrong things because I doing the wrong commands, because I
      was confusing all the commands.
             So for me it would be better if it was something different, like Alt+
389
      something, just because I hardly ever use Alt. Then I'd remember it; I could
      remember that. And also, when I'm on emacs, I'd be able to control it.
        There's a limit to what keyboard shortcuts I'm allowed to choose. Actually,
391
       it's a limit to what I can 'suggest' as a keyboard shortcut, but the user
      can override the system ones if they manually choose them.
             Okay. Yeah.
         So that could be done.
393
394
             Yeah, but it was really nice. It was a nice way to do it.
395
             I could imagine using that a lot.
             Although now I'm pretty much just using the pen tablet.
397
             But it saves you find the tablet - the pen, tablet; it's just right
398
      there.
     R: Were there any things that you didn't understand?
400
            Oh yeah, like I said, I didn't notice that the grid was continuing; or
401
      rather I didn't pick up that - they just looked like random letters to me. I
      didn't know why you were doing it.
             But had I noticed... 'cause, the thing is that in the old days, my
402
      first guess would've been, was the right hand.
             In the old days, the arrow keys used to be right around there.
403
             I should've picked up that you were using the left hand instead, but I
      didn't.
     R: I'm less worried about that, because it usually would be the numpad, but it
405
```

's [accessible input device] mode.

```
Yeah, okay. The problem would be the - because they were slowing down
406
      the typist, when you're in Qwerty, all the characters that you use are mostly
       on the left, so you wouldn't normally expect them to use the right hand for
      the arrow keys.
     R: Okay, so they can be swapped.
407
        Did you ever desire to be able to 'undo' a drill-down, and retreat?
409
             Yeah, once, and what I did was just Ctrl+K to start over, but there was
410
      , like, one time.
     R: Okay. There's a feature I should've disclosed to you; there is a key that
411
      can 'back up'.
             Okay. Yeah, no, I would've wanted that if I was, I got it.
412
             But that was pretty fast; considering how long it took me to get...
413
      quite a lot of usability stuff downloads, the first time you try using a pen
      tablet(!), yeah, so that was, I was able to get into that; that was fine.
             Again, I am old, and I did used to navigate with the arrow keys on the
414
      other hand(!)
415
     R: Would you say it's intuitive?
416
            It was largely intuitive; I mean, there was a couple things you didn't
417
      know. It might be nice to have, like, a little helping thing that could pop
      up and tell you the cheat sheet, to tell you if there's any other stuff.
             'Cause usually what I do is, I hack around a bit with the command, and
418
      then I go and read the manual, and see if there's anything I've missed.
             So this was a very successful first hack-around, but then you would
419
      want somewhere to be able to read and find out what you'd missed.
     R: Maybe I'll print a cheat-sheet rather than coding one.
420
     P:
             Yeah, sure.
421
422
     R: Were the 'clickable' suggestions - made by the flyouts - were they good
423
      enough guesses?
             Yeah! Yeah, they were highly accurate; I was very impressed by that.
     P:
424
             I especially liked that they were sometimes, you picked the wrong
425
      region, and they still guessed that it was just slightly off the region; it
      was like, way! Thinking outside the box.
426
     R: Did you find that there were any things that it didn't seem to be able to
      see?
             I didn't notice any in particular - except for something, you know,
428
      that one thing that we tried over and over again, and couldn't get anything
      to see.
     R: That button didn't seem to be marked up properly.
429
             Yeah.
     P:
430
        It has a lot of intelligence to work out if something's clickable, but...
431
             But somehow, like I said with the mouse you could hover over it and it
      would change into a pointy thing, so there must be something there, but it
      wasn't much.
     R: I put in a feature to force it to 'mouseover' anything that the crosshairs
433
      are on. But it doesn't seem to... I told it to trigger the mouseovers, but it
       never happens.
             I never really 'got' the crosshairs, so I hadn't realised - right until
434
       the end you showed it to me - but I didn't earlier pick up on that.
435
     R: Yeah, it's problematic that as well as the flyouts, there's also the
436
      crosshairs.
             Okay. I wasn't really noticing [the crosshairs], because the other
437
      system was working so well for me, so I was sort of reflecting, and
      concentrating on what I saw.
     R: And yet, once you were switched to the system without flyouts, you were
438
```

happy to use crosshairs.

451

461

466

```
Well, once you showed me how to use them, that you could still navigate
439
       even if there's no letters, and then I was like, okay, well that was like
      what I was used to before with the [accessible input device], so I learned my
       lesson.
440
        Would you say you could understand how to get to a place?
             Yeah, obviously; you just saw me do it(!)
442
        Was the grid-splitting an intuitive way?
443
             Yeah, no, I thought that was fine; that was great. Uh, yeah, that made
444
      sense. I liked that it was very bright, and there was this little {unclear}.
             I'm probably not your best - it depends how you think about it. I'm
      probably not the most stereotypical - it's not like taking home a heavier[?]
      - somebody who doesn't use a computer - to try it.
    R: Well, it's designed for [people with accessibility requirements]. You'd
      probably be a pretty good sample for accessibility needs.
             Well, if it's designed for disabled people with a lot of experience
447
      with different tech, so that's what I'm saying - you'd need to find some
      other people who haven't had the same breadth of experience of available tech
448
        If we want to model performance of an expert, that's fine though.
449
    R:
            Yeah, no, that's fine. I'm just saying that you should realise I'm not
      a typical user. In fact, that's one of the things that Google will tell you,
      probably(!) is that their problem is that all the people they hire are not at
       all - can't even conceive of the problems that their users have. Figuring
      out, for example, that keyboards {unclear}(!)
            Uhm, yeah, we're not the normal. I'm particularly mechanically inclined
      , so I tend to figure these things out pretty quickly.
             But still, it was good. I'm just saying that the hacking through it
452
      might not... well of course, to be fair, who does hack through your stuff?
      People who are good at hacking. Look at the manual.
453
    R: How do you feel this system compares to navigating using tabbing around a
454
      page?
            Oh, it's obviously faster because it's hierarchical. My first-years
455
      should be able to answer that question.
    R: Would you prefer this system?
456
            To tabbing? Of course, yeah. As long as it didn't interfere with
      anything else.
458
    R: Bonus question: how does it compare to the mouse?
            Uh, like I said, the main benefit is... well, there's actually two
460
      benefits. The main benefit is that for me, because of whatever - I don't know
       if everybody has this - is that especially by the time you get your hand
      over, and you find the mouse, that sort of thing, it was just much faster to
      have it right on the keyboard.
             So, that's... and the other thing is that, honestly, sometimes it's
      really hard to click on, so being able to choose a letter is just better than
      , than just, life, you know, even with a pointing device.
             But, yeah. So, basically, dunno, I'd have to try it. Uh, it might be...
462
       the other, the downside is that one of the problems with typing injuries is
      that you are too much in the same posture doing the same thing all the time,
      so it is good to use other devices if you have them, just to move around a
      bit.
             In fact especially when you have to go searching for the pen, that's
463
      always good.
    R: Would you use it alongside tabbing?
465
```

probably wouldn't use tabbing unless [Chibipoint] was breaking.

Tabbing? No, probably I would just use this, once I was used to it. I

```
But if you see that [what you want to focus] is the next thing, then
467
      you tab because you have no reason to go through a hierarchy. 'Cause it was
      one, if it is in a form, then it's one keystroke to get to the next thing. If
       you [use Chibipoint, it's] always 2 keystrokes because you first have to
      call it up, and then you have to go again.
            So I would use the tab - I would always go for the fewest keystrokes.
      So you can answer your own question by saying how many times would you have
      to press tab to get to the next point.
469
    R: Okay. So you would see yourself using the two systems together?
470
            Yeah, I think so because - but, well, I - yeah, depending on what you'
      re trying to do. But for the average page, you would never ever tab through
      it, but it's gonna be just how many - like I said - I'm always gonna try and
      use the fewest keystrokes in the shortest amount of time. So, but, that's,
      you know, for a form that's gonna be tab, because you have to fill everything
       in.
472
    P:
             But for any normal page, like on the BBC page, where you're skipping
      around, then of course you don't wanna use the tab.
473
    R: And, how predictable was it?
474
            I thought it was pretty predictable, I found. Except from, you know,
475
      there were bugs. The capture problems.
    R: Was it more predictable than tabbing?
476
            Yeah. Absolutely. Who knows what's gonna - yeah, when people {unclear},
477
       I never figured it out. Use the tab to, like, {unclear}, you're just like,
      why did they need that? You know. And sometimes they skip over things, that
      were just not so {unclear}. I do a lot of {unclear}, so you know {unclear}.
```

```
    https://www.halifax-online.co.uk/personal/logon/login.jsp
    https://www.kickstarter.com/signup?ref=nav
    http://www.bbc.co.uk/
    http://www.bath.ac.uk/library/subjects/comp-sci/
    http://www.youtube.com/
    http://www.amazon.co.uk/s/ref=nb_sb_noss_2?url=search-alias% 3Daps&field-keywords=pillow&rh=i%3Aaps%2Ck%3Apillow
    http://www.megatokyo.com/
```

8. http://en.wikipedia.org/wiki/Computer

Figure A.1: URLs used in tasks (full study)