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The Power of Now FOREWORD BY RUSSELL E. DICARLO Author of Towards a New World View
Blanketed by an azure sky, the orange-yellow rays of the setting sun can, at special times, gift us with a moment of such consider able beauty, we ?nd ourselves momentarily stunned, with frozen gaze. Abraham Maslow called these ?peak experiences,? since they represent the high moments of life where we joyfully ?nd ourselves catapulted beyond the con?nes of the mundane and ordinary. During my search, I have been honored to engage in dialogue with some of the most daring, inspiring and insightful ?paradigm pioneers? of our time: in medicine, science, psychology, business, religion/spirituality, and human potential. This change is accompanied by a shift in world view the basic picture we carry with us of ?the way things are.? A world view seeks to answer two fundamental questions, ?Who are we?? and ?What is the nature of the Universe in which we live?? Our answers to these questions dictate the quality and characteristics of our personal relationships with family, friends and employers/employees.

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Authors? Note Sigmund Freud, Carl Jung, and Alfred Adler are all giants in the world of psychology. This book is a distillation of Adler's philosophical and psychological ideas and teachings, taking the form of a narrative dialogue between a philosopher and a young man. Adlerian psychology enjoys a broad base of support in Europe and the United States, and presents simple and straightforward answers to the philosophical question: How can one be happy?

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