独立写作套路:

5段

开头 综述:

2, 3, 4:观点, 两正一反

5:总结 炫下语法

replace

有影响 有作用: make a difference/ have an

effect on sth

观点 view point = perspective/ the point is

自从: since – ever since 希望: expect – anticipate

奉献于 / 致力于: be devoted to/be dedicated to/be engaged in/ contribute to/ struggle to do /focus on

想到,想出: come up with / it occurs to sb

that

决定做:be determined to do/ decide to do 拒绝:

turn down/refuse to

非凡的,卓越的: exceptional/ extrordinary

与。。相同: have sth in common responsible-take on responsibility

我认为: I'm convinced that/ I insist that

执行: do-carry out the plan-take action to do sth

关于。。:

in this regard 就这点

in light of

with reference to the skill of speaking, eloquence(雄辩) is the most direct indication of one's outstanding talent.

referring to sth/ in terms of / with regard to as soon as =On doing sth;

向。。致敬:In honor of 涉及 / 卷入/包含包括 参与:

be engaged in

be involved in involving

constitutes a stepping stone to a brighter future

情不自禁做: can't help doing sth

take on / take on the responsibility/ take on a

new look

should-be supposed to do

与此同时: at the same time/ in the mean time

依赖于: rely on /resort to

构成: make up/ consist of 回应: in response to / reply to

关心: care-be concerned about

结束: end up with/ come to an end

for instance /for example

考虑到: considering /in consideration of/take

account of

习惯于: be accustomed to/ be used to 对。印象深刻: be impressed by draw

attention to

build on-be based on

由于: because of - result from - as a result of

use-get- have an access to stop doing = cease to do sth

except=in addition to; 处。。之外还有

修饰不可数: a great deal of

尤其, 特别: in particular/ above all

一想到: at the thought of

导致:

end up in

give rise to

/ result in

/ cause

/ lead to

incur mistakes and risks

take care of/ cope with/ deal with处理

赞成: approve of 相反: on the contrary

useless-in vain

拥有: take possession of alone by onself/ on my own

与。。lose touch with/lose contact with some people think that-others believe that=a and b have been for year pondering the pros and cons of without reaching a definite

conclusion

In summary, we may safely draw the conclusion that..../ I want to reiterate that....

Overall.

playing pivotal role on 起关键作用

preserve ancient buildings

recount the story of

migrations of early people

present an exhibition

in the remote past
may have = it is possible
illiterate = unable to read or write
impotent= 无能的 / 不起作用的
be incapable of doing sth
be unable to do sth
tell/ narrate a story
get fetch receive obtain buy catch understand
insure sb against sth
go into rapture that= feel excited= never that
happy before.

There is no denying that the qualities of our living have gone from bad to worse.

It is universally acknowledged that trees are indispensable to us

There is no doubt that our educational system leaves something to be desired.

145. Rich as our country is, the qualities of our living are by no means satisfactory. The harder you work, the more progress you make.

On no account can we ignore the value of knowledge. 我们绝对不能忽视知识的价值。

There is no one but longs to go to college. 人们都希望上大学。

It is conceivable that knowledge plays an important role in our life.可想而知,知识在我们的一生中扮演一个重要的角色。
Pollution poses a great threat to our existence. 污染对我们的生存造成巨大威胁。
People differ in their attitudes towards failure. Faced with it, some of them can stand up to it, draw useful lessons from it and try hard to fulfill what they are determined to do. Others, however, lose heart and give in.

Tourism, however, gives rise to a number of problems. For instance, it becomes a burden to inefficient transportation system.

The difference between a man who succeeds and one who does not lies only in the way each treats opportunities.

Long before children are able to speak or understand a language, they communicate through facial expressions and by making noises.

Television is more than just an electronic appliance; it is a means of expression, as well

as a vehicle for communication, and as such becomes a powerful tool for reaching other human beings.

Adler is correct in this assertion that education does not end with graduation. One of the great early writers wrote that: Work is the grand cure of all the maladies and miseries that ever beset mankind. If this is true, then the present situation should make us wonder whether the measure that the average worker is obliged to retire at the age of 50 is reasonable

The people who get on in this world are the people who get up and look for circumstances they want, and if they cannot find them, make them." Such is the remark made by Bernard Shaw, a great writer. This view has been shared now by more and more people.

Effective time management
The secret of gaining control of life and
feeling more peace is effective time
management.

1.put wise time management techniques into practice (you will no longer be tossed in every direction by the storm of life)

2.a set schedule will bring a sense of order to your life (While others crumble and crack under challenges they face, you will sail through them with flying colors) In a word, people should make a complete system for self-management, something that will do the remembering and monitoring for you, so your mind is freed up.

Social networking sites

In my opinion, spending too much time on some social networking site is not a wise choice

- 1.a strong tendency that you will stay much longer than you planned,
- 2.defeat your purpose of staying focused at work
- 3.plenty of information there that could get your mind unnecessarily perturbed.

Fun in work

The secret of making work more productive is finding ways for the task to become fun, like allowing your creativity and imagination to play in the process.

- 1.find a way to support yourself working in a field you enjoy
- 2.explore the value and dreams within yourself and match them to particular aspects of your job

In this way, you can have passion at work. Your passion may become contagious, and you may win people over to your cause.

Innovation:

人

- 1.ability to simplify an abstract idea 2.associate seemingly connected things, question more frequently
- 3. Network with a diverse group of people and experiment constantly

公司:

国家

Any country has the potential to be the next innovation country

1.how to foster provocative question 2.observing, experimenting and networking China has just as good a chance as anyone to tackle the innovation challenge.

8 Interview

One of the most crucial parts of interviewing is convincing the hiring manager that you truly desire the job.

aspect 1: look for applicants:

- 1.who have requisite skills and fit in with the company
- 2.candidates who want them
 2.prepare an arsenal of stories illustrating
 your skills, strengths and accomplishments
 3.rather than bragging about your ability,
 describe specific experience that show you
 putting those skills to use.
- 4.the pleasure and pride you take in overcoming obstacles
- 5.demonstrate you can work in different cultures ,different business models, solving different business problems

9 Goals/Career paths

In a rapidly changing corporate environment, with the traditional career plan and entire industries dissolving overnight, it can be a challenge for people to figure out the right path forward.

1.create smaller, incremental goals to keep yourself motivated

We must remember that achieving a goal is not the finish line for us. Achieving one goal just creates a launching pad for achieving another huge goal.

Advisors:

1.a board of advisors are more provocative and insightful about who you are 2.Advisors don't have to sign up for an intensive commitment, which are different from mentoring, which tends to be a much longer-term relationship

Communication style

The secret of controlling the conversation is to make sure you stand behind everything you are saying

- 1.Before an important meeting, run through all reasons why I stand behind my recommendation
- 2. prepared to clear my reasoning if someone disagrees.
- 3.remind myself the fact that led me to my decision

Relationship

the physical ability, the right skills including knowledge and experience and the right behavior.

To succeed, those ingredients cannot be emphasized enough when it comes to your portfolio of your relationship as well. effectively apply the most relevant behaviors

to identify, prioritize(优先考虑), and strategically invest in your portfolio of relationship

the key is to

- 1.identify relationship-building behavior role model
- 2.create specific behavior objectives.
- 3.the best way to elevate yourself above that noise is to create an insistence on the brand called you.

Negative thought

)

1.One essential way to deal with negative thoughts is to separate fiction from fact.
2.Also, make sure that you surround yourself with people who love and support you. (If criticism is coming from external sources, remove yourself from the environments that encourage negativity.

3

3.ensure that the voice in your head is positive and supportive at all times and not negative and critical

All in all, any negative pattern can be broken but you must fill the void with positive and supportive thoughts.

Relax

No matter how passionate you are about your job, the stress, long hours, and myriad of worries can leave you feeling down and make you tired. Therefore, it is important to recognize when your mind and body need a break.

- 1.Schedule a few days off or find an outlet after work or a weekend to have fun, rest your mind and rejuvenate yourself.
- 2.for example, top performers in fields ranging from music and science to sports tend to work in approximately 90-minutes cycles and then take a break.

To be more productive and creative, we need to give our brain a break.

18 Productivity method

It is a good idea to identify your weakness before committing to a productivity method.

- 1.collecting tasks and products into an organizing system
- 2.deciding on next step and desired outcome for each item
- 3.organizing everything into categories 4.making a habit of frequent checking and updating your to-dos and plans

23 Failure and success

- 1.Long before the Iphone made him the god of gadgets, Steve job launched his tech career by hacking the land lines to make free long-distance call.
- 2.Lady Gaga, her peers bullied her by taunting, humiliating, and excluding her because she was different and the effects were devastating.
- 1.Behind every success story was an embarrassing first effort, a stumble, a setback, or even a radical change of direction.
- 2.these first clumsy steps on the road to the fame and fortune that fascinate everyone

- 3. The big takeaway is failure, and setback, far from being uncommon, are in many ways essential.
- 4.In a word, success is less a matter of innate talent and more the product of perseverance, a will to stumble and stand up again and again.

We work hard and live right, but sometimes life throws us an annoying or time-consuming curveball, despite our best effort.

Embarrassment, frustration and even bad situations we can't control are going to be part of life.

We should look at our failure with kindness and understanding – without harsh criticism or defensiveness. And then, ask ourselves how we can use the bad experience. Keep track of any failures, embarrassments

or blunders. Using a failure log, we can give ourselves a little checkmark of accomplishment. It causes us to focus more on learning and growth than external

recognition.
25 Resist the stress

Our ability to handle big stresses depends on how well we handle the little ones.

- 1.keep our energy high by staying in shape.
- 2.find people from our life who are a source of chronic negativity.
- 3. Find outlets for our stress that help you recover instead of intensifying the frustration.

27 Prepare for the success

Getting better preparation is the secret for success.

when something unexpected comes along and takes you out of your rhythm, it could take that much longer for you to reach your desired outcome.

If you've put things in place that you can rely on—such as a trusted system—then it won't be nearly as disruptive when the unexpected strikes. You'll be able to simply dust yourself off, pick up where you are, and move forward from there.

The ability to keep cool under pressure How we handle stressful situations can make the difference between being assertive versus reactive, and poised(镇定的) versus frazzled (疲惫的).

1.revisit the issue after you calm down.

- 2.put cold water on your face and get some fresh air.
- 3.Cool temperature can help reduce our anxiety level.

31 Study English

- 1.attend immersive language classes.
- 2.live in a foreign country
- 3.is keen about the target culture
- 4. The culturally curious students will be more receptive to the language and more open to forming relationships with native speakers.

5.a grammar textbook

6.seek a course that practices the four language skills (reading, writing, listening and speaking).

7.language learning apps.

32 Stop wasting time

Most people start their days without a roadmap and end up aimlessly wandering around what's important, wasting time along the way

- 1.establish a short list of tasks.
- 2.create a daily schedule
- 3.prioritize your activities in the order of importance.

Make job better

Talent is a combination of many factors. It's our innate skills plus practice and the development of some intuitive abilities.

- 1.Part of the challenge is that we're not good at evaluating our own skills. We tend to overestimate our abilities
- 2.gather data from our own work and get feedback from others, we can see where we need to improve.
- 3.classes, mentors, coaches, and other resources to help us get better.

获取各种 information

- 1.reach out and make new acquaintances to learn about their towns, cultures and experience.
- 2.amazing books and articles readily available for me to consume
- 3.stay informed by watching the news.

- 4.tap all resource of information that can help me learn something new.
- 37 Love-giving-relationship
- 1.I believe one inseparable part of love is giving.
- 2.Life is wonderful when we are thinking about others and not just ourselves. 39 Get fat/obesity
- 1. Obesity increases the risk of cardiovascular disease, diabetes, liver disease, joint troubles and even some cancers.
- 2.Governments can certainly change subsidies to make vegetables cheaper.
- 3. The syrupy stuff is a main driver of obesity and, unlike a hamburger, has no nutritional value.
- 41 Charisma 魅力+非凡领导力 gain followers' trust, and influence and persuade them to follow.

42 Communication skill

As we know, communication skill is very essential in today's society
So many problems stem from poor communication, lost time, injured feelings, frustration, ineffective meetings, unproductive teamwork

Therefore, we should put considerable emphasis on our communication skill.

44 Some tips to communicate with others Prior to getting into the meat of your conversation, be sure to express your thanks for the other individual's time.

Connect on a personal level if possible. Look for places where interests overlap if any exist. While it's sometimes necessary to be assertive in order to make your point, don't be aggressive.

46 加倍努力

put in an incredible amount of focused effort. If you don't embrace a workload others would consider crazy, then your goal doesn't mean much to you, or it is not particularly difficult to achieve.

50 困难和梦想

Giving up is our instinct and needs not be taught, but it is by no means what we need.

Many people would feel headache when meeting a small problem and then amplify the problem to find an excuse of giving up. If we fear it, it will be amplified by us unconsciously and we would get defeated in the very beginning But if we want to turn our dream into reality,

But if we want to turn our dream into reality, we need unyielding bravery and perseverance.

why go to college?

(连接词: for instance—additionally—Finally

They attend college to obtain more choices,higher salaries, and more opportunities for advancement in an increasingly competitive job market.

from student's angle:

1.have a limited opportunity to specialize2.be competitive for previously unavailable jobs

(use for instance = for example)

- 3.skills as a prerequisite
- 4.larger range of potential jobs to choose from

from emplyers:

- 1.pay a premium for highly qualified applicants
- 2.desire employees who are competent in more than one language
- 3.the extent to which a college degree is accepted by employers as proof of competence in a given field

CC: college graduates are not only more likely to receive more job offers, they can also command higher salaries than applicants who lack college diplomas.

in a general way:

1.a college degree offers access to jobs with a clear path towards professional advancement

Are parents good teachers?(First of all—
Moreover —nevertheless—on the other hand
—in a word)

Obviously, in most cases the earliest teachers people have are their parents, and parents are generally most concerned about the development of their children. However, it is

not completely true to say that parents are the best teachers.

1.not all parents are good teachers .Even though parents almost instinctively devote themselves to cultivating their offspring, the outcome might turn out to be disappointment, for all children tend to unconsciously or subconsciously copy everything including bad ones from their parents.

2.the fact that most parents are lack of common senses of education3.forcing their children to develop in a

prearranged direction.

- 1.herefore, to be a professional in a certain field today takes much longer time than has ever been before. No parent is able to be professional in all fields, though they might be experts in one or more fields.
- 2. Wise parents often release rather than charge their children as early as possible. They are aware of the possibility outside the family.

反面:

- 1.Parents may, nevertheless, help their children much more than do good teachers.
- 2.Most parts of children education are virtually beyond teachers' reaches. It is parents that supplement.
- 3. Forest Gump

In a word, it is rather superficial to simply say that parents are the best teachers.

DOES EASIER-PREPARED FOOD IMPROVE THE WAY PEOPLE LIVE?

(in a sense—for example -on the other hand—But such a change has—Anyway) 第一段 呼应一下 主题在讲什么 最后一段 提一下第一段观点 然后总个结

Each and every step of preparation was a time-consuming task —But now, things are entirely different. —supermarket—improved the way people live.

- 1.no longer a tedious task
- 2.Such a change has liberated women& given them chance to do more meaningful things
- 3. Children become independent for they can make themselves breakfasts or dinners when parents are occasionally not present.

- 1. among miscellaneous reasons they do so is one thing:
- 2. both genders become much more independent

Anyway, such a change is positive and it did improve the quality of people's life.

4. WHICH IS MORE IMPORTANT, BOOK

KNOWLEDGE OR EXPERIENCE? (in general—on the other hand—As to—therefore)

In general, knowledge gained from books has a wider range than that gained from experience. We now live in a world that typophile is no longer exorbitant(过高的), and that printed matters are readily available. 举例书本。。Unlike the experience of an individual that is limited by the range of that individual, books seem to have almost no limitation.

On the other hand, sometimes knowledge gained from experience is much deeper and more comprehensive than that gained from books.

- 1.How to deal with personal finance,2.how to cope with current social trends,3.even how to most effectively organize our own mind
- 4.some knowledge that is contained in books usually needs further comprehension, mainly through experience.

As to which source is more important, the answers vary.

- 1.knowledge can be obtained (acquired)only: (history by book+swim by experience)
- 2.We have to use books and experience as source simultaneously to get what we want to know.
- 3.Take learning physics for example Therefore, I think whether one source is more important than the other depends on circumstances.

6. THE MOST IMPORTANT THING YOU WANT TO CHANGE ABOUT YOUR HOMETOWN

1.the backward ideas about a woman's place in the family ,, school, workplace, and society. 2.If possible, I would change the attitudes of the people

- 3. Discrimination against women
- 4.man can carry on the family line,
- 1.Discrimination against girls
- 2. The prevalent stereotype is that women are not as smart as men (reap the benefits of education.)

In fact,

- 1.women need to be respected enough to hold professional and leadership jobs in our community. balabala———
- 2. This is probably

the most important thing that I want to change about my hometown

7. THE INFLUENCE OF MOVIES OR

TELEVISION ON PEOPLE'S BEHAVIOR 7

The impact that movies or television has had on our daily life, and society in general, is undeniable. No doubt it will become even greater as the scope of which continues to grow, and as the relevant technologies become more and more sophisticated, and so fascinating that virtually nobody will be able to escape.

deliberately 故意的

- 1. The major means that movies and television influence the public is by creating topics of discussion in the society.
- 2. The "important" issues are being discussed over and over or in the beginning of a program.
- 3.By prearranging public issue, movies and television make decisions for us. (for the public in whole indeed lack skills of critical thinking,)

In brief, movies and television, by offering topics and affecting the ways in which we discuss "the important issues", has a strong influence on our perception of the truth, of the

world or of the structure of our society. We have to admit that it has a role in our lives as a source of information, experiences, entertainment, amusement and relaxation.

8. HAS TELEVISION DESTROYED COMMUNICATION AMONG PEOPLE? (On the other hand—In other words — Therefore)

While television has been somewhat harmful in its effects, it has hardly "destroyed" communication among friends and family, although for some people, the assertion that television has destroyed communication among friends and family seems pretty plausible.

It seems that the more one is educated, the more one is aware of the deleterious effects that excessive television causes, and either deliberately avoid it or actually do not enjoy it television is merely among many other factors that affect communication,

- 1.television is definitely not the main cause of degradation
- 2. before TV, people find other escapes, alcohol, gambling

9. LIVE IN A SMALL TOWN OR IN A BIG

People seldom agree with each other even in such trivial issues as preference between a big city and a small town.

(first - moreover — in addition —finally however —according to)

1.more job opportunities

2.high quality job

3.children's education

4.a superior living standard

5.a decent pay

According to my current situation

10. DOES LUCK HAVE ANYTHING TO DO WITH SUCCESS?

You see, luck does exist. When it appears, mathematicians describe in such a way that something has an extremely small probability but it does happen.

In this case, luck is the opportunity, and to some extent is an indispensable factor to achieve success.

When people say luck has nothing to do with success. I wonder it is not their intention to deny existence of luck, but to encourage.

11. SHOULD UNIVERSITIES FINANCE STUDENTS' SPORTS ACTIVITIES **EQUALLY AS LIBRARIES**

The main responsibility of a university is to develop a student's academic ability. While physical health is an important prerequisite for mental health and academic achievement, sports should play a comparatively small role in college student's lives.

- 1.large libraries designed to accommodate students as well as books.
- 2.sports should occupy a much smaller part of the student's time :sports facilities need not be as extensive or well-equipped as libraries. 3.keep its collection well organized and up-to-

Considering that the main mission of the school is to develop a student's mind and not their body, the school should put more of its resources into its libraries and not its sports activities.

why people visit museum: (similarly—-meanwhile—)

For a total outsider with only a short amount of time, museums offer a glimpse into these ways of life through specially designed education, cultural insights, and

- 1. People come to museums to learn about the world.
- 2. The educational experience
- 3.learning experiences are direct and thrilling.
- 1. The museums of a place tell an outsider much about what the people of that place value culturally.
- 2.tell the visitor that Americans are interested in art from all over the world.
- 3. Americans feel a strong cultural affinity with European Art. or people from San Francisco have a stronger affinity to Asian culture.
- 1.provide an excellent venue for leisure.

2.provide exciting attractions like movie theaters and special cultural performances such as dances, gourmet dinners, lectures, and musical performances

Museums are not only spaces for education and culture, but have also become important entertainment and social venues.

13. EAT AT HOME OR OUT?

1.Buying my own groceries and cooking for myself is much less expensive In addition to

2.be sure I am buying the freshest and cleanest meats and vegetables available. For instance,

Finally.

cooking food with my friends and family brings me a special kind of joy. ATTENDING CLASSES: REQUIRED OR OPTIONAL?

The most important responsibility of college students is to pursue their course of study to the best of their ability. however, not every student is the same, and not every class is the same.

1. Some students find it difficult to concentrate in large lecture classes and find reading quietly a more effective way of studying.

2. The most important measures of a college student's academic progress are tests.

3The argument might be made that it is the school's responsibility to organize its curriculum so that students are always challenged and therefore truly need to be at every class.

Schools should trust the students to make choices that are in their own best interests, and use testing as the final arbiter of academic excellence.

MAKES A GOOD NEIGHBOR?

Neighbors are extraordinarily important people in our lives. Many people make a decision about what place they want to live in based on their future neighbors. People most want to live near neighbors who are respectful, vigilant, and community-minded.

1. The foundation of any relationship, whether among neighbors or friends, colleagues or family members, is mutual respect.

2. Another important aspect of being a good neighbor is to be vigilant.

3Moreover, good neighbors are community-minded.

If all the people in the community think about the good of the community when they make decisions, the whole community will benefit.

17. LEARN BY YOURSELF OR WITH A

TEACHER?

Whether we need a teacher or not depends on circumstances. The relationship between a teacher and a new subject is somewhat similar to that between a tour guide and an unknown city.

When we come to an unknown city for the first time, we definitely need a tour guide.

1.tell us where to begin with, what we should do, and which reference we should choose.

2.confront difficulties, we can ask them for help, their advices will always be tremendously helpful.

Self-Teaching

after another period of time, we might have become others' tour guide, b we might have become others' tour guide, need experts to consult for specific problems. Furthermore

a solution comes out of inspirations of discussion.

In short, having a good teacher is always better than having none, but the importance of a teacher varies from period to period, and more often than not depends on different stage in which we are learning.

WHAT MAKES A GOOD BOSS? 18.

A good boss is imperative to a successful workplace. The best bosses are serious, creative, and flexible. If a boss lacks any of these qualities, problems are certain to arise in the workplace.

- 1. While humor and kindness are important characteristics for bosses to have, work is a serious business, and must be approached with a serious attitude.
- 2.To confront the countless problems that arise every day in the workplace, a boss must be extremely creative. ()In this way the

company might meet the deadline, preserve quality, and keep employee morale high.
3. Finally, the most important quality that a good boss must possess is flexibility. While needing to set serious, strict rules, he/she must also recognize that at times the rules need to be bent or broken.

the improvement of food conditions, the development of modern medical technology,

finally current stability of economy in our country.

foods are more hygienic. nutrient.

WHAT MAKES A GOOD CO-WORKER? Healthy co-workers relations are crucial for the success of business.

The best kinds of co-workers will possess **team spirit**, be hard working, and have a sense of humor.

- 1.Co-workers with team spirit will put the needs of the company and their co-workers before their own needs.
- 2.Hard work is not only important for productivity; it is also a crucial prerequisite of team spirit.
- 3. Finally, good co-workers need to have a sense of humor. Working at any company can be very stressful.
- 4.. His/her lack of humor hurts team spirit, and not only irritates the people around him/her, but also damages the whole company.

IS IT ADVISABLE FOR A TEENAGE STUDENT TO HAVE A PART-TIME JOB? helps students focus on their studies provides valuable practical experience, a allows them a feeling of success and independence

- 1.A popular criticism of schools is that they are "ivory towers," or places where study and research are divorced from the "real world".

 2.an exciting chance to apply the theories they have learned in school.
- 1.Part-time jobs also help students strengthen their resumes, build important contacts with companies, and familiarize them with the contemporary state of their respective fields.

2.maintain a competitive edge in the job market

1. Finally, the feeling of success that comes from holding a part-time job can build students'

confidence.

2.Learning to manage the money witness unprecedented boom an ample supply of

some are in favor of , while others support the latter due to

according to my preference个人喜好

吃惊、惊喜、奇怪:

marvel at

评价:

evaluate the performance of

assessment

原因,因素:

attribute to

being accepted an sustained by others is only an external rather than a internal decisive factor of success

目标:

aimed at

想法/知识/拓宽/视野/经验/兴趣友谊 朋友机会 经历:

disseminating knowledge

These experiences are worthwhile and beneficial

which professional field suits their abilities and interests

the accumulation of knowledge and experiences definitely makes one mature and more capable

the unique cultural atmosphere improves one's overall outlook

one's strengths should be further developed and new accomplishments achieved otherwise, such opportunities will be wasted and futile

a circle of friendship can be broadened and strengthened boast a large amount of friends broadening the mind cultivate interests digest and accumulate knowledge 动物:

jaguar leopard 措施 手段 责任

take immediate measures to combat these

hazards (危险)

form and implement policy

It is the inescapable obligation on the part of government to ensure the sustainable development of both nature and economic

safeguard the resources and ensure the harmony between humans and nature

make cautious plans to the construction of and the creation of

take care of / cope with / deal with management and modification of

shoulder the responsibility of precautions ought to be taken in advance in case

最高 最低 上升 下降 趋势 边界程度 the explosion of population the prevalence of the internet undergo dramatic changes exceedingly heavy financial burdens

rise to a historical levels reach the verge of bankruptcy at an alarming rate

回忆 追溯 回到 tracing back to

数量: 比例 频率 程度 the fierce competitions

a sensible amount of

overly frequent changes of employment might lead to a portion of numerous tremendous invesements uncountable a heavy load of

excessive: 过多

受限/限制/禁止/剥夺

be deprived of

excessive exploitation should be prohibited

be confined to 时间任务:

adhere to your timetable

a second saved is a second gained the concept of time is always a primary

concern and decisive factor time and tide waits for no man

take up the leisure time

intentional delay a feasible schedule

自然资源:

depletion of natural resources

效果作用响应:

benefits the nation and its people as a whole

the thriving of a country produce chain effects

impacts go beyond national boundaries from

one nation to another

说明 指出 拒绝 反对 讨论 指责 不同意

consider

display a contracdictory view

challenge this idea

contrary to the writer's notion

indicate remind

To render disproof

reveal a piece of information

refute the example contend that (争论) overturn writer's concept

bring up

the reading passage centers on the writer's

complaints against

however, the speaker presents his refutation

the passage mentions the errors the lecturer points out that

thus, the first criticism against... is overturned To dispute the hacking issue forward by the

writer

rebut one's point Consequently

in opposition to the writer's judgement

on the contrary

demonstrate a different attitude

as is asserted by the writer it's also retorted in the lecture that refuting this faulty standpoint

观点:

nd this further refute what is expressed in the passage.

evertheless, the speaker confutes the authors explanations and labels them as feeble.

despite such a cruel society there are still instances of ...to be found learn the superior quality of the older generations

COnsequently, It's advisable for young fellow to

further more, in the face of uncertainties, practice is only criterion for testing truth

Outwardly, 显而易见的

in spite of diversified economic situation around the globe, sustainable development constitutes the common goals shared by all nations.

among these issues, the most noticeable one reforms and opening-up policy to maintain a smooth and healthy economic development, government is the major force

sth is the top priority in all aspects of ..

to do ... is a wise choice Should the government allow the slowdown of economic development by focusing mainly on natural preservations? Or should emphasis be laid upon the rapid advancement of economic at the cost of deteriorated environment

there is no denying that land use is essential to the development of human society the same is true with/ true of

without a doubt end up in

here is a concrete example to testify to the importance of ..

from my point of view

neither of these issues afford to be neglected no one else is entitled to claim to be the only determining factor in a person's promising future

what should be taken into real account is the real function of opportunities

as a matter of fact we should hold an objective attitude about the relationship between...

there should be no prejudice against either of these two

the same is true with any other masterpieces to be eternally cherished and memorized

sth is a comprehensive one that involves sth rather than merely a there is every reason to believe that I reiterate my standpoint that some attach great importance to while others hold the opposite attitude

To illustrate in this regard from a certain angle

on the part of
in a sense 在某点上
as far as I'm concerned
evoke deeper thoughts
express my appreciation for
to begin with—in addition
one of the most essential goals
enrich people's inner world
to some extent
play the role of
provide human with foods for thought
make full use of imagination and common
sense
arise people's curiosity
动力: 冲劲

with a burning desire to
/motivated to
gain the initiative to do sth

弱点 缺点 负担 比较 predictable risks and drawbacks be totally eliminated

there are more hidden defects lying beneath ...than its benefits exert an excessive financial burden on the government

drawbacks indicated in reveal one's shortcoming

thought provoking make their own judgement think logically Needless to say comprehend a vast amount of knowledge leave a profound impression on frequent encounters of bring about -lead to -result in - give rise in cause- generate fresh thoughts and deeper comprehension encompass within/included in far outweigh render their support= back up = endorse= offer support bring under suspicion = 使。。遭到怀疑 As social beings, humans can never do without the help and support from others Isolation is the strongest enemy in It has been widely acknowledged that/as is known to all 有助于/贡献 / 帮助 devote to /paves the way to /contribute to

冲突 / 不一致 / 不同: 争议 争论 压力 打破 exert so much pressure on people

/conduce to

/ serve the purpose of

sth is a stimulus for sb to do

conflicts will arise whenever official decisions are to made regarding the environment and economy endure the pressure of the balance will be severely disrupted the earth is now witnessing a controversial

a controversial proposal was brought before a general controversy rises up

issue in the using and saving of land

resolve the conflicts resolve the differences 分解/瓦解/崩塌: resolve into break down collapse 交流 沟通 communicate with others with ease 肯定 / 证实/证明:

trace evidence to sb ascertain the value of be testified that

比喻:

social being - sailors

the turbulent society-complex weather on the

working-riding waves

Therefore, as fresh troops constructing the future society, we ought to

鸡血:

further more, in the face of uncertainties, practice is only criterion for testing truth living without an aim is like sailing on the ocean without a compass

Kevin Geary used to say, success happens not only by chance, but because you were given a chance and take advantage of it' the success story of numerous worldrenowned celebrities justify the idea that one's bright future is held in the palm of his own hand

Being discovered and acknowledged by influential people, or potential employers, is only a fortune encounter, or a good opportunity

重要:

environmental protection is of vital importance be critical to

the importance should not be exaggerated不 能夸大重要性 be emphasized depict the value of attach great importance to

demonstrate the importance/significance of something is as important as 和一样重要

the essences contained within sth resemble the concrete frames of architecture. is the foundation is the basis be based on/base upon/build on diligence is the premise of

为了:

in order to / for the purpose of /in the cause

提高/改善/拿到 / 学习用品: 生活水平 enhance their living standard and overall life quality

skills do not merely ensure one's academic and professional successes, but also help produce far-reaching influences in society improve one's oral expressions

obtain a high mark efficiency be enhanced fight for a better outcome

必要:

it's imperative for to do

it's essential it's high time

改错:

erase the past mistakes

职业·

obtain a satisfactory post

previous accomplishments have already

become history

连接词:

needless to say undeniably nowadays

as a matter of fact

above all
in most cases
ON the other hand
consequently
in other words
in summary
in conclusion
primarily
furthermore
nonetheless
evidently
to sum up
nevertheless

to begin with 避免 / 避开 错 错误:

learning from the past helps to avoid future

blunders

therefore

avoid two extremes

shun the most fundamental task of

making mistakes is only a precursor(先驱) to

success

如何引用啦: The"No pain, no gains"concept

should 利用:

make full use of

utilize

take advantage of

记得:

be etched deep in mind

bearing in mind be rooted in mind be memorized

领先的:

pioneering precursory

品质:

highly-valued quality

wisdom honesty creativity

a strong sense of responsibility

modesty generosity courage kindness

comprehensive skills

有资格/可以 / 有能力:

be capable of

in the position to do sth have authority over be entitled to be qualified for be equipped with

应该:

be supposed to ought to

紧接着:

subsequent/succeeding, pursuant

合作 / 相关 /: 联系 multilateral relations

be closely associated with scientific

advancement

both of them are closely interrelated with

fundamental interests of mankind

work harmoniously everyone is interrelated relating to others united efforts

Only through interaction with partners can one master the art of cooperation cooperate with others

期间:

during the course of

安排:

assigned to

努力: 专心 c成功 挑战 迷茫 进步

at a loss

the far-reaching advancement of a society owes much to

advance to a higher level get lost in the way

the ability to .. prepares ... for challenges during the course of endeavor

attention may not be easily distracted immersing oneself in the task at hand

put into practice

tremendous efforts and self-reliance(自力更

生)

hardwork untiring efforts

比较 优点 对比 首要

it boast a number of superior qualities compared with

be more applicable and beneficial

交通:

the most convenient and economical way of

- - -

superior

旅游:

In recent years, tourism has gradually increase in popularity with numerous travel agencies being set up around the globe package tours(跟团)

sign up for a guided tour

the lack of freedom and tight schedules

obedient tourist

appreciate beautiful scenery deal with errand mechanically guides:charge commission fees encourage spending

Souvenirs

persuade tourists to buy goods

an enjoyable guided tour depends largely on the credibility of ten travel agency and their guides

信息时代

comply with government's rules ro protect internet users' personal information

we now inhabit the age of information when the 'third wave' has already reached all

corners of the world

Heavily loaded with mountains of information from the advanced network of mass media, modern citizens are facing unprecedented

psychological pressure

rumors can be easily spread via the internet fabricating or disseminating online rumors

web cheating and crimes online creditcard fraud

online robbery

kidnapping

illegal downloading

intellectual property online illegal drug deals

smuggling trade

unlawful invasion of other's privacy

venomous behaviors

intensified distrust by users

new tech is weaving a broad network with

limitless sources of information

为什么出国游?

Traveling is not merely a means of relaxation, but also an efficient way to learn and broaden

the mind

Some argue that traveling around the homeland is more beneficial, while the

reverse side advocates having along journey

abroad

cross-cultural communication

a blessed opportunity to encounter and further understand different foreign cultures Only after stepping onto the foreign land in person can one fully immerse himself in the real cultural surroundings that used to be

seen from the screen

alien nations

vividly experience the way they entertain

guests and take orders

practice speaking a foreign language

不好:

add financial burdens

go through complicated procedures application for passport and visa appreciation of magnificent scenery pay tribute and respect to one's nation 有没有必要了解全世界发生的事情 The advancement of network and mass media has kept people well informed about what is going on in all corners of the world Although a large proportion of these events are nor directly associated with our daily lives, modern citizens ought to keep a close watch on them

chain effects exists in many aspects. These impacts are mostly recessive and thus can't be sense immediately

the latest news about the major foreign enterprises and the world market

The financial crisis occurring in one region might be a signal of a nightmare on a grander scale in the near future

policies issued by other nations might become a key factor of price fluctuations in homeland

regional conflicts or wars that take place faraway will remind people to avoid traveling to these places

neglect of events in other countries might cause a person's world understanding to be outdated and fall behind the rapid pace of global development

having access to information broaden one's horizon

learning about global events resembles setting off on a meaningful spiritual tour beneficial to one's mental development open-mindedness is a highly -desired quality in the modern era

gaining knowledge about the world-wide events helps people have a more rational understanding of what's happening in their home country

bring a person into the outside world and allows him to observe his own country from a different angle

cover a wide range of information by taking advantage of mass media Meanwhile, it's imperative to form an

objective attitude toward global news and seek truth from facts

为什么音乐对你来说这么重要? Different people have unique ways to define music, which boasts numerous fans worldwide

It may be compared to a good medicine for the soul, or it could be labeled as an international language without borders Indeed, whatever topics concerning music have been brought up, there is always much to discuss.

As far as I'm concerned, music does not merely serve for recreation, but also possesses significant qualities that deserve people's attention

For ex:

calm down from tension and pressure relax people's mind and erase nerves peaceful state of mind bath themselves in soft music appreciate the slow and appealing notes cure mental problems spiritual comforts obtain enlightening inspirations sketch out superior quality blueprints specialized functions: Happy Birthday song As a matter of fact, It's beyond our power to generalize all the charms and merits of music 综合写作:

The speaker and author hold divergent attitudes toward the future of charitable giving Through relevant reasons and examples, the lecturer extensively refutes the...view points stated in the reading material

the materials focus on the prospects of

范例2:

private space tourism. The author anticipates that it will be beneficial to both the scientific field and the masses, while the speaker presents his opposite thoughts.

As the passage declares, its first benefits to aeronautics is the reduction on the expenses of space travels. In contrast, the professor stresses the impossibility of a price cut because of the high expense of building the elaborate system to avoid collisions and the cost of a series of complicated safety test.

second, the passage maintains that privatized space tourism will quicken the pace of scientific findings in a larger scale and higher speed. Again, this is retorted by the lecture, which asserts that it actually retards

Thus, the assumption of the author is

severely weakened.

or even obstructs research work because companies are are likely to lured by profits and focus on commercial programs rather than new scientific researches. Obviously, this forms a sharp contradiction against what is stated by the writer.

Finally, the author takes it for granted that people's financial burden will be eased due to the tax cut brought about by private companies seeking funds or selling expensive ticket s to gain capital. Yet the professor insists that the space industry programs involve too much money to be afforded by private businesses alone. People's tax burden will be heavier which completely rejects the opinion shown in the passage