



# Certificate of Training

This Acknowledges That

**Odalys Escalona**

Has Completed the Course Requirements for Personal Support

**How to educate individuals with disabilities to  
prepare meals and to have better nutrition**

- |  |   |
|--|---|
| <input type="checkbox"/> Meal Planning & Nutrition Education | <input type="checkbox"/> Sensory Considerations   |
| <input type="checkbox"/> Instill Basic Cooking Skills        | <input type="checkbox"/> Step-by-Step Instruction |

\_\_\_\_\_  
Trainee Signature

Completion Date:

08/01/2024

\_\_\_\_\_  
*Wanda Nitiss*

Wanda Nitiss  
Director



# **How to educate individuals with disabilities to prepare meals and to have better nutrition**

Agency: **FOCUS IN CARE TC, INC.**

Instructor: **Wanda Nitiss**

Name: **Odalys Escalona**

Completion Date: **08/01/2024**

**Training: 4 Credit Hours of In-Service**

Time:

- ☐ **60 Minutes**
- ☐ 60 Minutes
- ☐ **60 Minutes**
- ☐ 60 Minutes

Subject:

**Meal Planning & Nutrition Education**  
Instill Basic Cooking Skills  
**Sensory Considerations**  
Step-by-Step Instruction

\_\_\_\_\_  
Trainee Signature

A handwritten signature in cursive script that reads "Wanda Nitiss".

Wanda Nitiss

Director