



# Certificate of Training

This Acknowledges That

**Yaremis Lobaina**

Has Completed the Course Requirements for Personal Support

**How to educate individuals with disabilities to  
prepare meals and to have better nutrition**

- |  |   |
|--|---|
| <input type="checkbox"/> Meal Planning & Nutrition Education | <input type="checkbox"/> Sensory Considerations   |
| <input type="checkbox"/> Instill Basic Cooking Skills        | <input type="checkbox"/> Step-by-Step Instruction |

\_\_\_\_\_  
Trainee Signature

Completion Date:

02/07/2024

\_\_\_\_\_  
*Wanda Nitiss*

Wanda Nitiss  
Director



# **How to educate individuals with disabilities to prepare meals and to have better nutrition**

Agency: **FOCUS IN CARE TC, INC.**

Instructor: **Wanda Nitiss**

Name: **Yaremis Lobaina**

Completion Date: **02/07/2024**

**Training: 4 Credit Hours of In-Service**

Time:

- ☐ **60 Minutes**
- ☐ 60 Minutes
- ☐ **60 Minutes**
- ☐ 60 Minutes

Subject:

**Meal Planning & Nutrition Education**  
Instill Basic Cooking Skills  
**Sensory Considerations**  
Step-by-Step Instruction

\_\_\_\_\_  
Trainee Signature

A handwritten signature in cursive script that reads "Wanda Nitiss".

Wanda Nitiss

Director



# Certificate of Training

This Acknowledges That

**Yaremis Lobaina**

Has Completed the Course Requirements for Life Skills 1 (Companion)

**How can individuals with developmental disabilities  
access community-based activities independently**

- ☐ Family and Friends Support
- ☐ Community Education

- ☐ Recreational Activities
- ☐ Volunteer Programs

\_\_\_\_\_  
Trainee Signature

Completion Date:  
02/16/2024

\_\_\_\_\_  
*Wanda Nitiss*  
Wanda Nitiss  
Director



# **How can individuals with developmental disabilities access community-based activities independently**

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Yaremis Lobaina

Completion Date: 02/16/2024

**Training: 4 Credit Hours of In-Service**

Time:

- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes

Subject:

Family and Friends Support  
Community Education  
Recreational Activities  
Volunteer Programs

\_\_\_\_\_  
Trainee Signature

A handwritten signature in cursive script, reading "Wanda Nitiss", written in black ink.

Wanda Nitiss

Director