



Certificate of Training

This Acknowledges That

Esmeralda Sarduy

Has Completed the Course Requirements for Personal Support

**How to educate individuals with disabilities to
prepare meals and to have better nutrition**

- | | |
|--|---|
| <input type="checkbox"/> Meal Planning & Nutrition Education | <input type="checkbox"/> Sensory Considerations |
| <input type="checkbox"/> Instill Basic Cooking Skills | <input type="checkbox"/> Step-by-Step Instruction |

Trainee Signature

Completion Date:

02/06/2024

Wanda Nitiss
Wanda Nitiss
Director



How to educate individuals with disabilities to prepare meals and to have better nutrition

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Esmeralda Sarduy

Completion Date: 02/06/2024

Training: 4 Credit Hours of In-Service

Time:

- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes

Subject:

Meal Planning & Nutrition Education
Instill Basic Cooking Skills
Sensory Considerations
Step-by-Step Instruction

Trainee Signature

Wanda Nitiss

Wanda Nitiss

Director