



CARMEN PILAR HERNANDEZ POLANCO

Home Health Aide
(HHA)

My Profile

"Dedicated and compassionate Home Health Aide with over 2 years of experience providing exceptional care to elderly and disabled individuals. Skilled in assisting with activities of daily living. Proficient in fostering independence while ensuring safety and comfort of clients. Possessing a strong sense of empathy and patience, committed to enhancing quality of life for clients"



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18203 SW 143 RD PL, MIAMI,
FL, 33177

LANGUAGES

Spanish: Native
English: Basic Level

COMPETENCIES

- Adaptability
- Independence
- Integrity
- Professionalism

WORK EXPERIENCE

Elderly Private Assistant

2022 - 2024

Assistance with daily activities such as bathing, grooming, dressing, and mobility of older adults in the private sector. Assists with meal preparation for patients. Provide emotional and social support to seniors and people with disabilities. Ensure that the patient's environment is safe and appropriate

DayCare Assistant

2015 - 2019

Work directly with children with special needs to provide individualized support. Support with academic tasks, motor skills, communication, or social interaction. Collaborate with lead educators to plan activities and experiences that are inclusive and stimulating for all children. Foster social and emotional inclusion by creating an environment where all children feel accepted and valued.

EDUCATION

High School

IPOL Cuba- Jamaica School, Havana, Cuba
2007 - 2010

COURSES/TRAININGS

2024 | HHA Course

2018 | Physical Therapy and
Rehabilitation Course

2016 | Basic Computing Techniques and
Office Suite