



# Certificate of Training

This Acknowledges That

**Sandra Lopez**

Has Completed the Course Requirements for 4 Hours of **PERSONAL SUPPORT:**

**How to Help Individuals with Developmental Disabilities  
with Activities of Daily Living for a Better Quality of Life**

- |  |   |
|--|---|
| <input type="checkbox"/> Practice, Practice, Practice! | <input type="checkbox"/> Maintaining Motivation |
| <input type="checkbox"/> Supervision/ Training         | <input type="checkbox"/> Setting Goals          |

*Wanda Nitiss*

Wanda Nitiss  
Director

Completion Date:

08/18/2022

\_\_\_\_\_  
Trainee Signature



**Certificate of How to Help Individuals with  
Developmental Disabilities with Activities of Daily  
Living for a Better Quality of Life**

Agency: **FOCUS IN CARE TC, INC.**

Instructor: **Wanda Nitiss**

Name: **Sandra Lopez**

Completion Date: **08/18/2022**

**Training: 4 Credit Hours of In-Service**

Time:

- ☐ 60 Minutes  
☐ 60 Minutes  
☐ 60 Minutes  
☐ 60 Minutes

Subject:

- Practice, Practice, Practice!  
Supervision/ Training  
Maintaining Motivation  
Setting Goals

*Wanda Nitiss*

Wanda Nitiss  
Director

\_\_\_\_\_  
Trainee Signature