



# **How can individuals with developmental disabilities access community-based activities independently**

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Patricia Romero

Completion Date: 01/18/2024

## **Training: 4 Credit Hours of In-Service**

Time:

- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes

Subject:

- Family and Friends Support
- Community Education
- Recreational Activities
- Volunteer Programs

*Patricia Romero*  
Trainee Signature

*Wanda Nitiss*  
Wanda Nitiss

Director





FOCUS IN CARE  
— TRAINING & CONSULTING INC. —

# Certificate of Training

This Acknowledges That

**Patricia Romero**

Has Completed the Course Requirements for Personal Support

**How to educate individuals with disabilities to  
prepare meals and to have better nutrition**

- ☐ Meal Planning & Nutrition Education
- ☐ Sensory Considerations
- ☐ Instill Basic Cooking Skills
- ☐ Step-by-Step Instruction

*Patricia Romero*

Trainee Signature

Completion Date:

01/18/2024

*Wanda Nitiss*

Wanda Nitiss  
Director