



How to educate individuals with disabilities to prepare meals and to have better nutrition

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Patricia Romero

Completion Date: 01/18/2024

Training: 4 Credit Hours of In-Service

Time:

- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes

Subject:

Meal Planning & Nutrition Education
Instill Basic Cooking Skills
Sensory Considerations
Step-by-Step Instruction

Patricia Romero
Trainee Signature

Wanda Nitiss
Wanda Nitiss
Director



FOCUS IN CARE
— TRAINING & CONSULTING INC. —

Certificate of Training

This Acknowledges That

Patricia Romero

Has Completed the Course Requirements for Life Skills 1 (Companion)

How can individuals with developmental disabilities access community-based activities independently

- | | |
|---|--|
| <input type="checkbox"/> Family and Friends Support | <input type="checkbox"/> Recreational Activities |
| <input type="checkbox"/> Community Education | <input type="checkbox"/> Volunteer Programs |

Completion Date:

01/18/2024

Trainee Signature

Wanda Nitiss

Wanda Nitiss
Director