



How to educate individuals with disabilities to prepare meals and to have better nutrition

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Laritza Hernandez

Completion Date: 02/27/2024

Training: 4 Credit Hours of In-Service

Time:

- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes
- ☐ 60 Minutes

Subject:

- Meal Planning & Nutrition Education**
- Instill Basic Cooking Skills
- Sensory Considerations**
- Step-by-Step Instruction

Trainee Signature

Wanda Nitiss

Wanda Nitiss

Director



Certificate of Training

This Acknowledges That

Laritza Hernandez

Has Completed the Course Requirements for Personal Support

**How to educate individuals with disabilities to
prepare meals and to have better nutrition**

- ☐ Meal Planning & Nutrition Education
- ☐ Sensory Considerations
- ☐ Instill Basic Cooking Skills
- ☐ Step-by-Step Instruction

Completion Date:

02/27/2024

Trainee Signature

Wanda Nitiss

Wanda Nitiss
Director