

## **Certificate of Training**

This Acknowledges That

## **Barbara Vizcaino Sanchez**

Has Completed the Course Requirements for Personal Support

## How to educate individuals with disabilities to prepare meals and to have better nutrition

Meal Planning & Nutrition Education	Sensory Considerations
Instill Basic Cooking Skills	☐ Step-by-Step Instruction

Trainee Signature

<u>Completion Date:</u> <u>04/11/2024</u>

Wanda Nitiss Director



## How to educate individuals with disabilities to prepare meals and to have better nutrition

Agency: FOCUS IN CARE TC, INC.

Instructor: Wanda Nitiss

Name: Barbara Vizcaino Sanchez

Completion Date: **04/11/2024** 

Training: 4 Credit Hours of In-Service

Time: Subject:

**60 Minutes Meal Planning & Nutrition Education** 

**Instill Basic Cooking Skills** 60 Minutes **60 Minutes Sensory Considerations** 

60 Minutes

Step-by-Step Instruction

Trainee Signature

Wanda Nitiss

Director