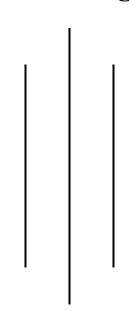


A Lab Report On

Predicting Heart Disease Using Machine Learning



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This report tells discusses various Python-based ML and Data Science libraries in an attempt to build a Machine Learning model capable of predicting whether or not someone has heart disease based on their medical attributes. We're going to take the following approach:

- 1. Problem Definition
- 2. Understanding Features
- 3. Data Preparation and its tools
- 4. Exploratory Data Analysis
- 5. Modelling
- 6. Model Evaluation

Problem Definition

Given clinical parameters about a patient, can we predict whether or not they have heart disease? Our aim is to reach the model accuracy of more than 85%. If the model scores better than 85%, we will select the model.

Understanding Features

a. Heart_disease: It is the target variable indicating the presence of heart disease (object type) into the value of:

0 = No

1 = Yes

- b. BMI: It Stands for Body Mass Index, a measure of body fat based on height and weight (float) which is in numeric values.
- c. Smoking: It indicates if the individual smokes (object) or not categorized into:

0=No

1 = Yes

d. Alcohol_drinking: It indicates if the individual consumes alcohol (object) or not categorized into:

0=No

1 = Yes

e. Stroke: It indicates if the individual has had a stroke (object)) or not categorized into:

0=No

1 = Yes

f. Physical_health: Number of days the individual experienced poor physical health in the past 30 days (float).

g.	Mental_health: Number of days the individual experienced poor mental health in the					
	past 30 days (float).					
h.	Diff_walking: It indicates if the individual has difficulty walking (object) whose					
	format:					
	0=No					
	1= Yes					
i.	Sex: Gender of the individual (object)					
	0=Female					
	1= Male					
j.						
k.	Age_category: It displays the age category of the individual (object) whose format:					
	18-24': 21,					
	'25-29': 27,					
	'30-34': 32,					
	'35-39': 37,					
	'40-44': 42,					
	'45-49': 47,					
	'50-54': 52,					
	'55-59': 57,					
	'60-64': 62,					
	'65-69': 67,					
	'70-74': 72,					
	'75-79': 77,					
	'80 or older': 85					
l.	Race: It displays the race of the individual (object), categorized into:					
	'White': 1,					
	'Black': 2,					
	'Asian': 3,					
	'American Indian/Alaskan Native': 4,					
	'Other': 5,					
	'Hispanic': 6					
m.	Diabetic: It indicates if the individual has diabetes (object) whose format:					
	0=No					
	1= Yes					

- n. Physical_activity: Indicates if the individual engages in physical activity (object).
- o. General_health: Self-assessed general health status (object).
- p. Sleep_time: Average hours of sleep per night (float).
- q. Asthma: Indicates if the individual has asthma (object) whose format:

0=No

1 = Yes

r. Kidney_disease: Indicates if the individual has kidney disease (object) whose format:

0=Nc

1 = Yes

s. Skin_cancer: Indicates if the individual has skin cancer (object) whose format:

0=No

1 = Yes

This dataset includes a mix of categorical and numerical features, capturing various healthrelated attributes and behaviors that can influence heart disease risk.

Data preparation and its tools

- a. Pandas & NumPy: Pandas offers powerful data structures like Series and DataFrame for structured data manipulation, while NumPy provides support for numerical computing with multi-dimensional arrays and mathematical functions.
- b. Matplotlib & Seaborn: Matplotlib is a versatile library for creating static, interactive, and animated visualizations, while Seaborn simplifies the process of generating complex statistical graphics on top of Matplotlib.
- c. Scikit-Learn: Scikit-Learn is a comprehensive machine learning library with various algorithms for supervised and unsupervised learning tasks, along with utilities for model evaluation and selection.

```
In [1]: 1 # Importing necessary libraries
        2 import pandas as pd
        3 import numpy as np
       4 import seaborn as sns
5 import matplotlib.pyplot as plt
       6 from sklearn.model_selection import train_test_split
In [2]: 1 # Load the dataset
        2 df = pd.read_csv('heart_disease.csv')
In [3]: 1 # Display the first few rows of the dataframe
Out[3]:
        HeartDisease BMI Smoking AlcoholDrinking Stroke PhysicalHealth MentalHealth DiffWalking Sex AgeCategory Race Diabetic PhysicalActivity Ge
       0 No 16.60 Yes No No 3.0 30.0 No Female 55-59 White Yes Yes V
              No 20.34
                         No
                                   No
                                        Yes
                                                  0.0
                                                           0.0
                                                                   No Female
                                                                            80 or older White
                                                                                           No
                                                                                                      Yes V
       2 No 26.58 Yes
                                   No
                                                  20.0
                                                          30.0
                                                                  No Male
                                                                                                     Yes
                                        No
                                                                            65-69 White
                                                                                           Yes
                                                   0.0
                                                           0.0
       4 No 23.71 No No No 28.0 0.0 Yes Female 40-44 White No Yes V
      4
      Remaining the columns
In [4]: 1 df.rename(columns = {'HeartDisease':'Heart_disease','AlcoholDrinking':'Alcohol_drinking','PhysicalHealth':'Physical_health',
In [5]: 1 # View of the Renamed Dataframe
Out[5]:
        Heart_disease BMI Smoking Alcohol_drinking Stroke Physical_health Mental_health Diff_walking Sex Age_category Race Diabetic Physical_activi
       0 No 16.60 Yes
                              No
                                              3.0
                                                            30.0 No Female
                                                                                55-59 White
                                         No
                                                                                              Yes
              No 26.58
       2
                         Yes
                                    No
                                         No
                                                   20.0
                                                             30.0
                                                                     No Male
                                                                                65-69 White
                                                                                              Yes
               No 24.21
                                                   0.0
                                                             0.0
       3
                                     No
                                                                      No Female
                                                                                   75-79 White
                                                                                               No
       4 No 23.71 No No No 28.0 0.0 Yes Female 40-44 White No
          1 # Replace "Very good" with "Very_good" in General_health
In [6]:
             df['General_health'] = df['General_health'].replace('Very good', 'Very_good')
             # Replace "No, borderline diabetes" with "No" in Diabetic
           5 | df['Diabetic'] = df['Diabetic'].replace('No, borderline diabetes', 'No')
              # Replace "Yes (during pregnancy)" with "Yes" in Diabetic
           8 df['Diabetic'] = df['Diabetic'].replace('Yes (during pregnancy)', 'Yes')
```

Exploratory Data Analysis

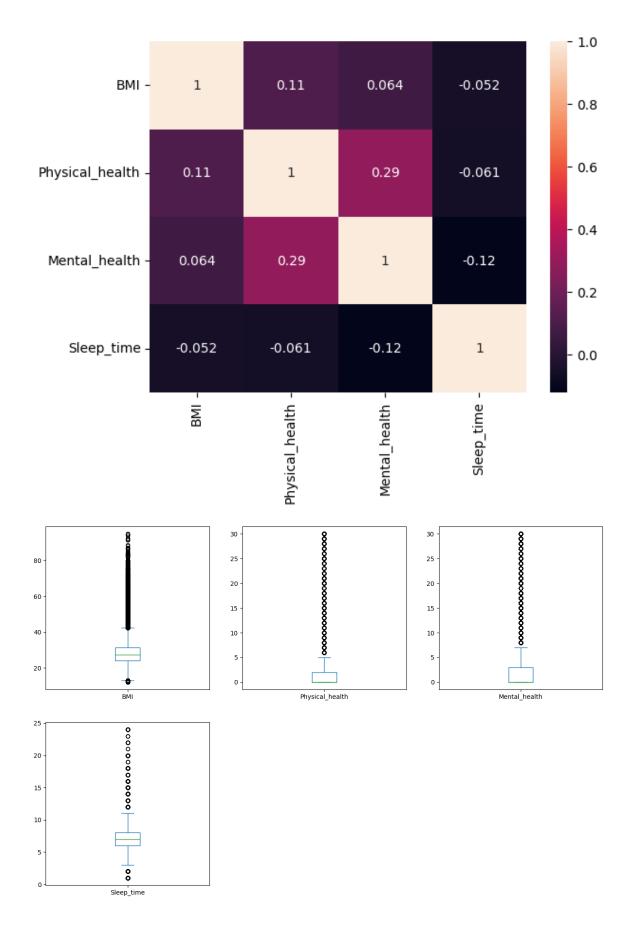
```
In [7]:
         1 # Exploratory Data Analysis (EDA)
         2 df.info()
         3 df.describe()
         4 df.isnull().sum()
       <class 'pandas.core.frame.DataFrame'>
       RangeIndex: 319795 entries, 0 to 319794
       Data columns (total 18 columns):
        #
            Column
                             Non-Null Count
                                             Dtype
        --- -----
                              -----
                                              ----
        0
            Heart disease
                            319795 non-null object
            Smoking
        1
                             319789 non-null float64
        2
                            319721 non-null object
           Alcohol_drinking 319680 non-null object
        3
        4
           Stroke
                            319774 non-null object
        5
           Physical_health 319778 non-null float64
                           319781 non-null float64
            Mental health
        7
           Diff walking
                            319762 non-null object
        8
                             319482 non-null object
           Sex
        9
            Age_category
                             319751 non-null object
        10 Race
                             319756 non-null object
        11 Diabetic 319762 non-null object
        12 Physical_activity 319779 non-null object
        13 General_health 319302 non-null object
        14 Sleep_time
                             319576 non-null float64
        15 Asthma
                             319795 non-null object
                            319778 non-null object
        16 Kidney_disease
        17 Skin cancer
                              319795 non-null object
       dtypes: float64(4), object(14)
       memory usage: 43.9+ MB
Out[7]: Heart_disease
                             0
       BMI
                             6
       Smoking
                            74
       Alcohol drinking
                           115
       Stroke
                            21
       Physical_health
                            17
       Mental_health
                            14
       Diff walking
                           33
                           313
       Sex
                            44
       Age_category
                            39
       Race
       Diabetic
                            33
       Physical activity
                            16
       General health
                           493
       Sleep time
                           219
       Asthma
                           0
       Kidney disease
                            17
       Skin cancer
                            0
```

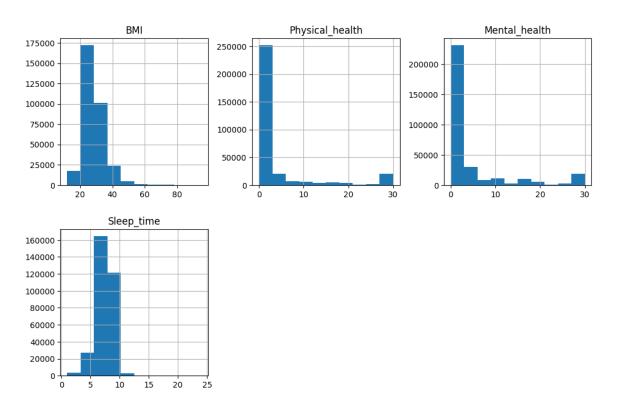
dtype: int64

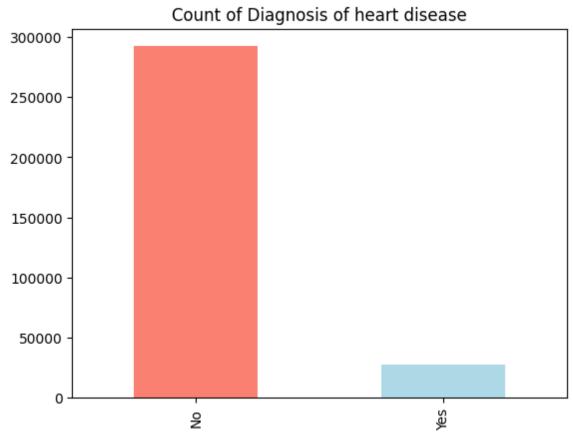
```
Handling the missing data using SimpleImputer
           # Numerical columns to impute
from sklearn.impute import SimpleImputer
numerical_cols = ['BMI', 'Physical_health', 'Mental_health', 'Sleep_time']
imputer = SimpleImputer(strategy='median')
f[numerical_cols] = imputer.fit_transform(df[numerical_cols])
 In [8]:
6 df[categorical_cols] = imputer.fit_transform(df[categorical_cols])
In [10]: 1 # Confirm all missing values are handled
print(df.isnull().sum())
          Heart_disease
          BMI
         Smoking
Alcohol_drinking
          Physical health
          Mental_health
Diff_walking
          Age_category
          Race
          Diabetic
          Physical_activity
          General_health
Sleep time
          Asthma
          Kidney_disease
         Skin_cancer
dtype: int64
In [11]: 1 df.head()
Out[11]:
             Heart_disease BMI Smoking Alcohol_drinking Stroke Physical_health Mental_health Diff_walking
                                                                                                         Sex Age_category Race Diabetic Physical_activi
          0 No 16.60 Yes No No 3.0 30.0 No Female 55-59 White Yes
                                                                         0.0
                      No 20.34
                                     No
                                                    No
                                                                                      0.0
                                                                                                  No Female
                                                                                                                80 or older White
                                                                                                                                     No
                                                           Yes
                      No 26.58
                                    Yes
                                                    No
                                                                         20.0
                                                                                      30.0
                                                                                                  No
                                                                                                                65-69 White
                                                                                                                                    Yes
                      No 24.21
                                                    No
                                                                         0.0
                                                                                      0.0
                                                                                                  No Female
                                                                                                                    75-79 White
                                                                                                                                     No
                      No 23.71 No
                                                                                                                    40-44 White
                                                    No
                                                          No
                                                                         28.0
                                                                                      0.0
                                                                                                  Yes Female
                                                                                                                                    No
```

Correlation matrix & Matrix Visualisation

```
In [12]:
                df.corr(numeric only=True)
Out[12]:
                                    Physical_health Mental_health
                                BMI
                                                                  Sleep_time
                      BMI
                            1.000000
                                           0.109787
                                                         0.064127
                                                                    -0.051801
                                           1.000000
           Physical_health
                                                                    -0.061384
                            0.109787
                                                         0.287948
             Mental health
                           0.064127
                                           0.287948
                                                         1.000000
                                                                    -0.119692
                Sleep_time -0.051801
                                          -0.061384
                                                        -0.119692
                                                                    1.000000
               # Visualizing the correlation matrix
In [13]:
            1
            2
               # Create the correlation heatmap
                sns.heatmap(df.corr(numeric_only=True), annot = True);
```





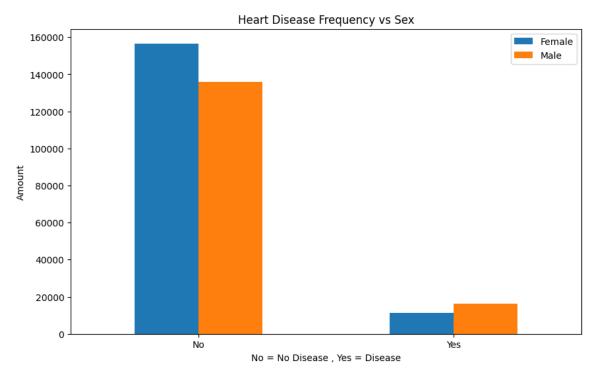


Interpretation:

The above plot shows the count of population having disease and not having disease where the count of having disease is low and the count of not having disease is high

Heart Disease vs Sex

```
In [17]:
           1 # Male and Female
           2 df['Sex'].value_counts()
Out[17]: Female
                    167904
         Male
                   151891
         Name: Sex, dtype: int64
In [18]:
           1 #Compare Target column i.e. Heart Disease with Sex Column
              pd.crosstab(df['Heart_disease'],df['Sex'])
Out[18]:
                  Sex Female
                               Male
          Heart_disease
                   No 156648 135774
                       11256 16117
                  Yes
In [19]:
          1 #Create a plot for crosstab
           pd.crosstab(df['Heart_disease'],df['Sex']).plot(kind="bar",figsize=(10,6));
           3 plt.title("Heart Disease Frequency vs Sex")
           4 plt.xlabel("No = No Disease , Yes = Disease")
           plt.ylabel("Amount")
plt.legend(["Female","Male"])
           7 plt.xticks(rotation=0)
```

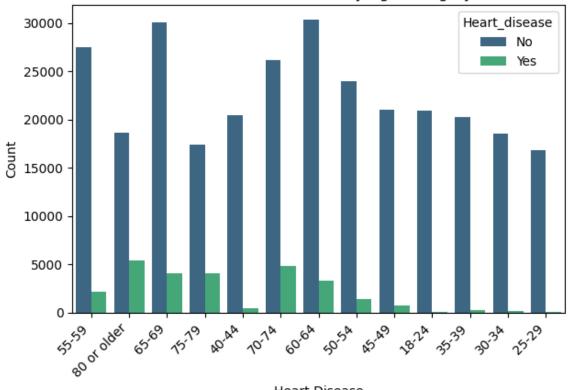


Interpretation:

The above plot shows the ratio of population having disease and not having disease wrt sex

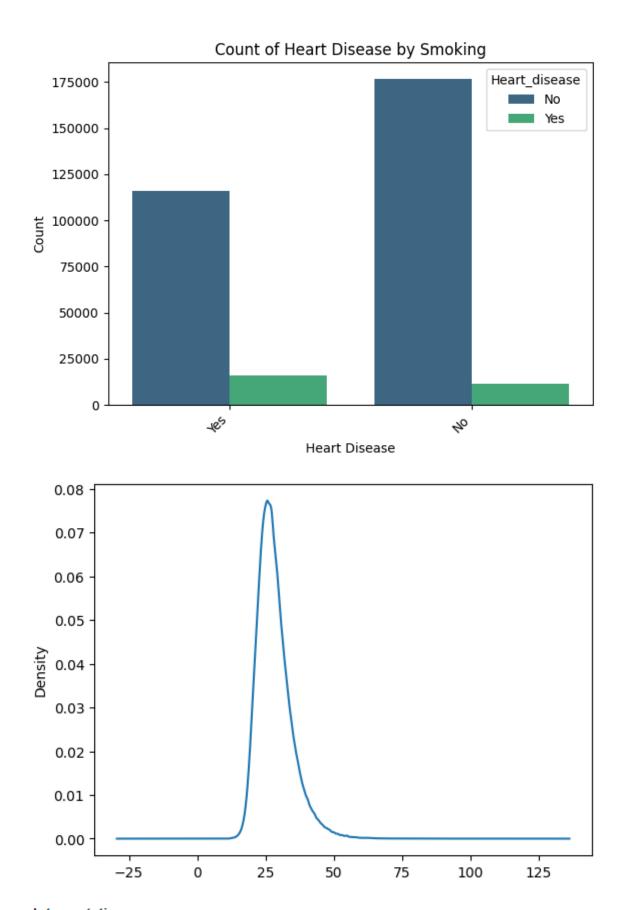
Heart Disease vs Age

Count of Heart Disease by Age Category



Heart Disease

Count plot of Heart Disease vs Smoking



Interpretation: The above plot shows the density of BMI and the maximum density is around 23-26

```
In [23]: | 1 | # Define the mapping for age categories to continuous values
               2 age_mapping = {
                        '18-24': 21,
                        '25-29': 27,
                        '30-34': 32,
                        '35-39': 37,
               6
                        '40-44': 42,
                        '45-49': 47,
               8
              9
                        '50-54': 52,
              10
                       '55-59': 57,
              11
                        '60-64': 62,
                        '65-69': 67,
             12
                        '70-74': 72,
             13
                        '75-79': 77,
             14
                        '80 or older': 85
             15
             16 }
             17
             18 # Apply the mapping to the Age_category column
             19 df['Age_category'] = df['Age_category'].map(age_mapping)
In [24]:
              1 print('Heart_disease:', df['Heart_disease'].nunique(),df['Heart_disease'].unique())
               print('Smoking:', df['Smoking'].nunique(),df['Smoking'].unique())
print('Alcohol_drinking:',df['Alcohol_drinking'].nunique(),df['Alcohol_drinking'].unique())
               4 print('Stroke:',df['Stroke'].nunique(),df['Stroke'].unique())
             print('Diff_walking:',df['Diff_walking'].nunique(),df['Diff_walking'].unique())
print('Race:',df['Race'].nunique(),df['Race'].unique())
print('Diabetic:',df['Diabetic'].nunique(),df['Diabetic'].unique())
print('Physical_health:',df['Physical_health'].nunique(),df['Physical_health'].unique())
print('General_health:',df['General_health'].nunique(),df['General_health'].unique())
print('Asthma:',df['Asthma'].nunique(),df['Asthma'].unique())
             11 print('Kidney_disease:',df['Kidney_disease'].nunique(),df['Kidney_disease'].unique())
             12 print('Skin_cancer:',df['Skin_cancer'].nunique(),df['Skin_cancer'].unique())
            Heart_disease: 2 ['No' 'Yes']
             Smoking: 2 ['Yes' 'No']
            Alcohol_drinking: 2 ['No' 'Yes']
            Stroke: 2 ['No' 'Yes']
Diff_waliking: 2 ['No' 'Yes']
Race: 6 ['White' 'Black' 'Asian' 'American Indian/Alaskan Native' 'Other'
            'Hispanic']
Diabetic: 2 ['Yes' 'No']
            Physical_health: 31 [ 3. 0. 20. 28. 6. 15. 5. 30. 7. 1. 2. 21. 4. 10. 14. 18. 8. 25.
             16. 29. 27. 17. 24. 12. 23. 26. 22. 19. 9. 13. 11.]
            General_health: 5 ['Very_good' 'Fair' 'Good' 'Poor' 'Excellent']
            Asthma: 2 ['Yes' 'No']
Kidney_disease: 2 ['No' 'Yes']
            Skin_cancer: 2 ['Yes' 'No']
```

```
In [25]: 1 # Convert categorical columns to numerical values
               df['Heart_disease'] = df['Heart_disease'].map({'No': 0, 'Yes': 1})
df['Smoking'] = df['Smoking'].map({'No': 0, 'Yes': 1})
                4 df['Alcohol_drinking'] = df['Alcohol_drinking'].map({'No': 0, 'Yes': 1})
                5 df['Stroke'] = df['Stroke'].map({'No': 0, 'Yes': 1})
               6 df['biff_walking'] = df['Diff_walking'].map({'No': 0, 'Yes': 1})
7 df['Sex'] = df['Sex'].map({'Male': 0, 'Female': 1})
               8 race_map = {
9 'White': 1,
                         'Black': 2,
              10
                          'Asian': 3,
              11
                          'American Indian/Alaskan Native': 4,
              12
                          'Other': 5,
              13
                         'Hispanic': 6
              14
              15 }
              16
              17 df['Race'] = df['Race'].map(race_map)
              20 df['Skin_cancer'] = df['Skin_cancer'].map({'No': 0, 'Yes': 1})
              21
              22 # Map General_health to numerical values
              23 health_map = {
                         'Excellent': 1,
              24
              25
                          'Very_good': 2,
              26
                         'Good': 3,
              27
                         'Fair': 4,
                         'Poor': 5
              29 }
              30 df['General_health'] = df['General_health'].map(health_map)
              32 # Map Diabetic to numerical values
              33 df['Diabetic'] = df['Diabetic'].map({'No': 0, 'Yes': 1})
34 df['Physical_activity'] = df['Physical_activity'].map({'No': 0, 'Yes': 1})
              36 # Display the unique values after mapping
              print('Alcohol_drinking:', df['Alcohol_drinking'].nunique(), df['Alcohol_drinking'].unique())
print('Stroke:', df['Stroke'].nunique(), df['Stroke'].unique())

### Print('Alcohol_drinking'].unique())
              print('Diff_walking:', df['Diff_walking'].nunique(), df['Diff_walking'].unique())

print('Race:', df['Race'].nunique(), df['Race'].unique())
              print('Diabetic', df['Diabetic'].nunique(), df['Diabetic'].unique())

print('Physical_health:', df['Physical_health'].nunique(), df['Physical_health'].unique())

print('General_health:', df['General_health'].nunique(), df['General_health'].unique())

print('Asthma:', df['Asthma'].nunique(), df['Asthma'].unique())

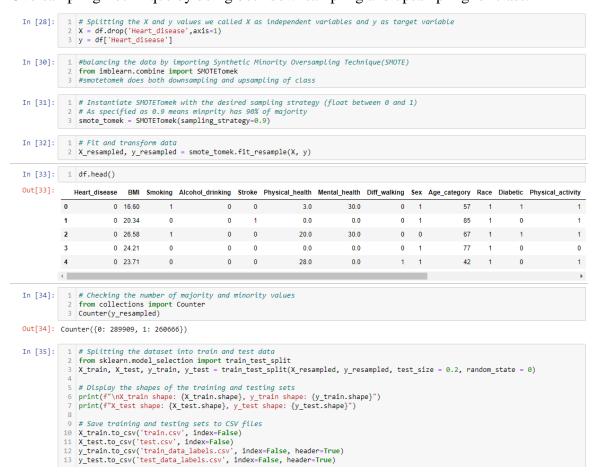
print('Kidney disease:', df['Kidney disease:'] nunique())

print('Kidney disease:', df['Kidney disease:'] nunique())
              print('Kidney_disease:', df['Kidney_disease'].nunique(), df['Kidney_disease'].unique())

print('Skin_cancer:', df['Skin_cancer'].nunique(), df['Skin_cancer'].unique())
 Heart_disease: 2 [0 1]
 Smoking: 2 [1 0]
 Alcohol_drinking: 2 [0 1]
 Stroke: 2 [0 1]
 Diff_walking: 2 [0 1]
 Race: 6 [1 2 3 4 5 6]
 Diabetic: 2 [1 0]
 Physical_health: 31 [ 3. 0. 20. 28. 6. 15. 5. 30. 7. 1. 2. 21. 4. 10. 14. 18. 8. 25. 16. 29. 27. 17. 24. 12. 23. 26. 22. 19. 9. 13. 11.]
 General_health: 5 [2 4 3 5 1]
 Asthma: 2 [1 0]
 Kidney_disease: 2 [0 1]
 Skin_cancer: 2 [1 0]
In [26]: 1 df['Heart_disease'].value_counts()
Out[26]: 0 292422
                 27373
          Name: Heart_disease, dtype: int64
In [27]: 1 #Representation of Target variable in Percentage
            3 countNoDisease = len(df[df.Heart_disease == 0])
            countHaveDisease = len(df[df.Heart_disease == 1])
print("Percentage of Patients Haven't Heart Disease: {:.2f}%".format((countNoDisease / (len(df.Heart_disease))*100)))
print("Percentage of Patients Have Heart Disease: {:.2f}%".format((countHaveDisease / (len(df.Heart_disease))*100)))
          Percentage of Patients Haven't Heart Disease: 91.44%
          Percentage of Patients Have Heart Disease: 8.56%
```

Modelling

We will experiment with the models, trying the model and getting the results from them. Since in the target variable, Percentage of Patients Haven't Heart Disease: 91.44% Percentage of Patients Have Heart Disease: 8.56% so to imbalance the ratio we use the SMOTETomek which helps in balancing the data by importing Synthetic Minority Oversampling Technique by doing both downsampling and upsampling of class.



Now we have got our data split into training and test sets, it is time to build a Machine Learning model. We will train it (find the patterns) on the training set. And we will test it (use the patterns) on the test set.

Building Model

Model Evaluation

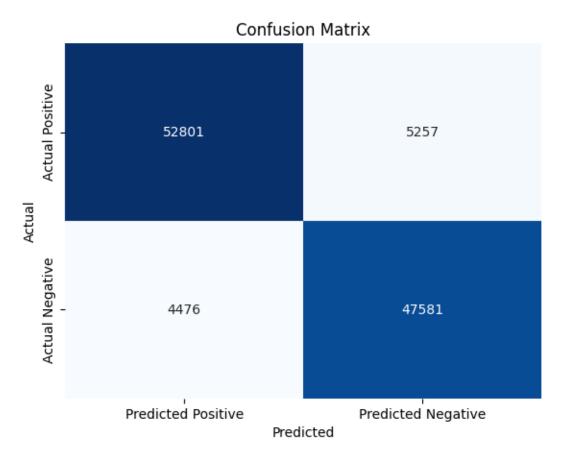
```
# Function to evaluate and print the performance of a model
def evaluate_model(model,X_train, y_train, X_test, y_test):
    y_pred = model.predict(X_test)
             y_pred = model.predict_rest()
y_pred_proba = model.predict_proba(X_test)[:, 1]
# Predictions on training set for ROC curve
y_pred_train_proba = model.predict_proba(X_train)[:, 1]
              accuracy = accuracy_score(y_test, y_pred)
             acturaty = acturaty_storicy_test, y_pred)
precision = precision_score(y_test, y_pred)
precall = recall_score(y_test, y_pred)
f1 = f1_score(y_test, y_pred)
roc_auc = roc_auc_score(y_test, y_pred)
cm = confusion_matrix(y_test, y_pred)
10
11
12
13
14
15
16
17
             print(f'Accuracy: {accuracy:.4f}')
print(f'Precision: {precision:.4f}')
print(f'Recall: {recall:.4f}')
print(f'Fl Score: {f1:.4f}')
print(f'ROC AUC Score: {roc_auc:.4f}')
 18
19
 20
21
22
23
24
             print("\nClassification Report:")
              print(classification_report(y_test, y_pred))
             25
26
27
 28
29
30
31
32
              plt.show()
 33
34
35
36
37
             # ROC Curve for Training Dataset
fpr_train, tpr_train, _ = roc_curve(y_train, y_pred_train_proba)
roc_auc_train = auc(fpr_train, tpr_train)
38
39
40
              plt.figure()
             41
42
43
44
45
46
48
49
51
52
53
54
55
56
57
58
              plt.show()
             # ROC Curve for Testing Dataset
fpr, tpr, _ = roc_curve(y_test, y_pred_proba)
roc_auc = auc(fpr, tpr)
             plt.figure()
             59
60
61
62
63
64
65
66
              plt.show()
```

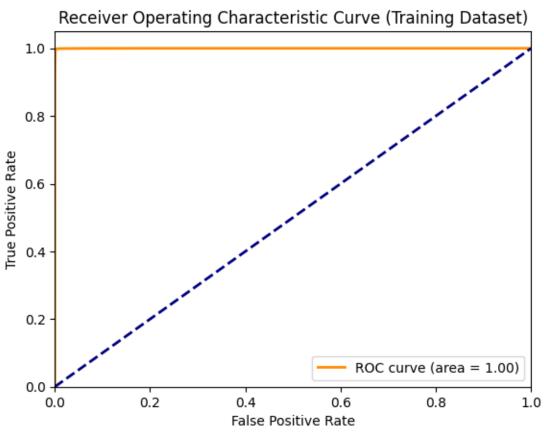
In [53]: 1 evaluate_model(rf_model, X_train, y_train, X_test, y_test)

Accuracy: 0.9116 Precision: 0.9005 Recall: 0.9140 F1 Score: 0.9072 ROC AUC Score: 0.9117

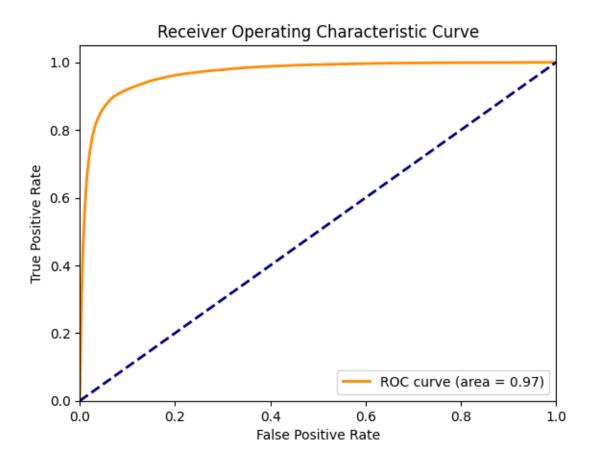
Classification Report:

	precision	recall	f1-score	support
0 1	0.92 0.90	0.91 0.91	0.92 0.91	58058 52057
accuracy macro avg weighted avg	0.91 0.91	0.91 0.91	0.91 0.91 0.91	110115 110115 110115



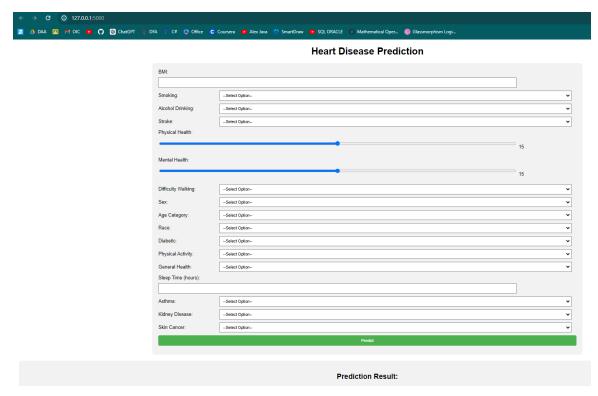


In training dataset. ROC Curve shows that area = 1 which is equals to the AUC of 1 that indicates perfect performance.



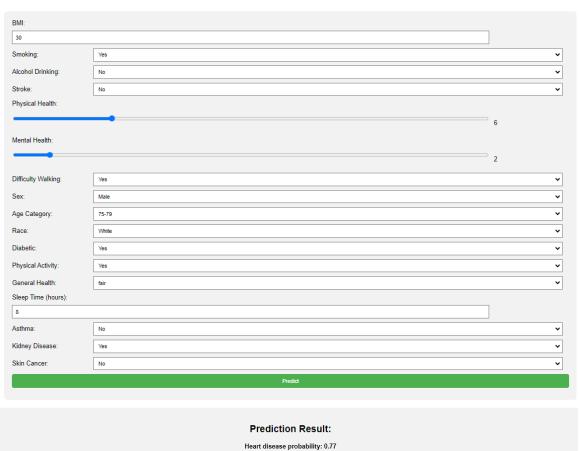
In testing dataset, ROC Curve shows that area = 0.97 which means nearer to the AUC of 1 that indicates better performance.

Form For the Heart Disease Prediction

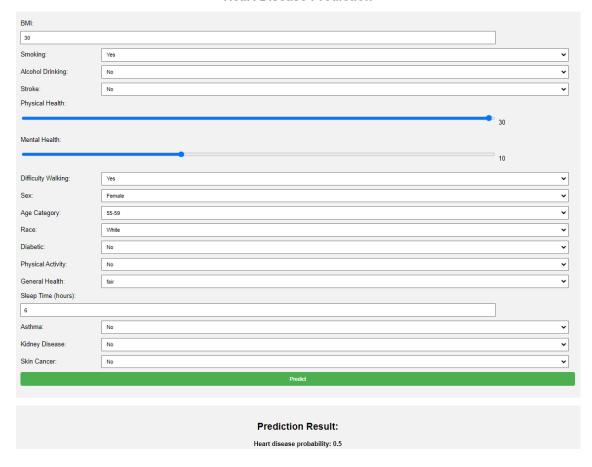


Result:

Heart Disease Prediction



Heart Disease Prediction



Conclusion

From the above prediction analysis, we were able to predict the probability of the heart disease or not as in the result there is the heart disease probability is **0.77** which is suffering from heart disease where as there is also the heart disease probability is **0.5** which is not suffering from heart disease using Random Forest Classifier Model.