

The Change Paradox Field Manual

*An Open-Source Protocol for Building
Transformative Power in Traumatized Communities*

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Version 2.2 — November 2025

A 7-step protocol combining nervous system regulation,
integral theory, and on-the-ground organizing tactics.

For movements that actually win.

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github.com/BjornKennethHolmstrom/change-paradox-field-manual