

Emotion				
	Preferred emotions			
		Happy		
			Happy	
			Relaxed	
				Money as having a buffer for buffer for financial stress
			Praise	
			Hopeful	
			Enjoyment	
			Encouragement	
			Helpful	
			Thankful	
	Negative affect interpretation and processing			
		Anger		
			Anger	
			Aggressive	
		Sadness		
			Sadness or unhappiness	
			Disappointment	
			Regretful	
			Crying	
			Hopeless	
			Bored	
		Fear		
			Fear or panic	
			Shame	
		Disgust		
			Disgust or hate	
			Criticism	
		Surprise		
Cognitive manifestations.				
	Negative Cognitive representations			
		Self-evaluation		
			Low self-esteem	
			Inadequacy	

		Self-blame and self-criticism		
		Negative expectation		
			Negative outlook	
				Towards People
				Towards Institutions
		Negative social cognition		
			Social darkness	
				Social darkness towards companies
				Social darkness towards people
	Cognitive performance			
		Impaired work memory and concentration		
			Forgetting conversation subject	
			Forgetting daily things	
			Not able to focus on a task	
		Deficiency in Planning		
			Not planning the future	
			Deficiency in task planning	
			Having no financial planning	
		Deficiency in Choice making		
			Social choices based on feelings	
			professional choices based on feelings	
			Unable to see consequences of choices	
		Deficiency in Ability to adapt		
			difficulty to adapt to new financial situation	
			difficulty to adapt to new social situation	
Motivational manifestations.				
	Suicidality			
	Anxious			
	Action taking in difficult financial situations			

		passiviness		
		Taking action		
			Search for information when provided	
			Create more income	
			Alter spending behavior	
			Arrange payment delay	
	Feeling of responsibility			
		Everyone is responsible for their own financial choices		
		The urge to perform better then the goal		
		The person itself is not only responsible for his actions		
	Differences in Spending and saving behavior			
		Less purchasing which result in more saving due to fear		
		Purchase to feel more happy		
		Not able to spent money due to unable to go out of the hous		
	Don't care anymore			
Negative and physical manifestations.				
	Tiredness			
		Alterations in sleep patterns		
			Sleep more	
			Sleep less	
	Be not physically able to perform light tasks			
Help				
	help by others			
		Preferred stakeholder for financial help		
			Professional	
				Mental health institutions
				Financial institutions
			Friends/family	
		Criteria by to give financial help		

			Fully understand the financial situation of the person	
			Being flexibel in budget categories	
			Being perceived as an authority	
			Take the initiative	
			Need for positivity	
		Kind of help that is needed		
			Finding a financial balance between save and purchase	
			Overview of income and expenses in the near future (know what to expect)	
			Take over financial control	
			keep holding control	
			Provide information about finances	
	Self help			
		Writing things down		
		Reduce spending behavior		
		Use Automation		
		pay bills immediately		