

positive	
	Feeling of rest
	No stress
	Stress but still able to take action
	Finding a financial balance between saving and purchasing
	Take over financial control
	Need for positivity
	Provide information about finances
	Overview of income and expenses
	Being flexible in budget categories
	Understand the person's financial situation
	Keep holding control
	Need to take the initiative
	Trust in the provided plans
	Filling in information about mental mental dissability is perceived as privacy sensitive
	When in an difficult situation don't care about plan
	As low as possible effort to get in contact with the bank
	Having an commitment with the bank or yourself
	Normalization and make it as easy as possible will lower the boundary to ask for help
	Not wanting to use the concept due to their depression/burnout
	Creating new plan is seen as dangerous
	Short flow can't be filled in, longer preferred when feeling better
	Having an commitment with the bank or yourself
Negative	
	Interface gives confusion
	Interface gives irritation
	Misinterpretation of the interface
	Not wanting to share information about mental health with the bank

	Mentally difficult to view amounts
	Think that more direct confrontation by showing the amounts is necessary or the min is less confronting
Neutral or preferences	
	There needs enough time between notifications to prevent stress
	Trust in the provided plans if the they don't change too much while still stimulating less purchasing
	Shorter flow helps to complete information in severe depression
	plan as financial backbone for someone's personal finance situation
	Tracking preferred over filling self in when permission is given
	Offering help can be confronting
	Automatic tracking if there is a mental dissability is perceived as privacy sensitive
	After no reaction for an x amount of time someone can be assumed as severe
	As low as possible effort to get in contact with the bank
	Financial contexrt is the main factor that determines if I have stress, not the plan
	The plan should follow the salary frequency
	Automative tracking is preferred due to speed and accuracy