

	Death							
Current layer & Death Stabilisation DC								
I	II	III	IV	V	VI	VII	Death	
Χ	Χ	Χ	15	18	21	25	Destroyed	
Χ	Χ	14	15	17	19	22	о НР	
./	R	10	12	1.4	16	18	ı HP	

Whilst your soul is within Death, your body will be encased in ice, incapacitating your body. You cannot move, perform actions or reactions and cannot gain hit points. Any attack on your body will automatically hit, but cannot critically strike you. Your body will also automatically fail all Physical saving throws.

	Stamina Threshold Rules					
.= -0/	-1 on all skill checks					
<50%	-1 on all saving throws					
0/	-3 on all skill checks					
<25%	-2 on all saving throws					
	-3 on all skill checks					
0%	-2 on all saving throws					
	Disadvantage on all checks.					

## Stamina Moves

## Movement

Stamina moves cannot be performed whilst mounted.

Disengage -2 Stamina You can spend 2 Stamina to be able to disengage as a bonus action.

Dash -2 Stamina
If you have not and will not use your action to
dash this turn, you can spend 2 Stamina to be
able to dash as a bonus action.

Standing Longjump -1 Stamina
By spending 1 Stamina you can double your
jump distance for a standing longjump for this
turn.

## Attacking

Shove -1 Stamina When using a shove attack, you can spend 1 stamina todouble the shove distance.

Pushing Attack
-1 Stamina
When performing a basic melee attack on a
creature of your size or smaller, you can spend
1 stamina to make it a pushing attack. If it hits,
the target is not only dealt the damage of the
blow, but is also pushed 5ft away from you.

Trip Attack

When performing a basic attack on a creature of size Large or smaller, you can spend 3 stamina to make it a tripping attack. On a hit, the target makes a Physical Strength saving throw opposed by your DC. On a failed save, the target is knocked prone.

Jumping attack
-1 Stamina
When performing a basic melee attack, you
can spend 1 stamina to gain 5ft additional
reach for that attack. You have disadvantage
on this attack.

## Miscellaneous

Healing Surge -2 Stamina
As an action, you can spend a hit die and 2
stamina to gain half the value of the hit die +
your Constitution modifier.

Rally
-2 Stamina
On your turn, you can use your bonus action
and spend 2 stamina to bolster the resolve
of one of your companions. When you do so,
choose a creature that can see or hear you.
That creature gains temporary hit points equal
to your level +your Charisma modifier.

Other

Other