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Detecting and Preventing Unauthorized Outbound Traffic

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Detecting and Preventing Unauthorized Outbound Traffic

GCIH Gold Certification

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1. Introduction

When securing a network, most people are more concerned with controlling inbound traffic than outbound traffic. However, outbound traffic introduces some unique risks which should be considered when designing and securing a network.

This paper will describe some of the risks associated with outbound traffic, methods for securing this traffic, techniques for circumventing these controls, and methods for detecting and preventing these techniques. There is no way to eliminate all risk associated with outbound traffic short of closing all ports. However, a good understanding of these risks should allow you to make informed decisions on securing this traffic.

2. Overview

The following sections describe some typical outbound ports and risks associated with these open ports.

2.1 Typical Outbound Ports

The following list of ports may be open from within a corporate network to the Internet, although usually limited to specific source and destination addresses. Obviously, every network is designed and controlled differently. This is a small sample of some well known ports and their intended purpose. Several of the techniques mentioned in this paper communicate over these ports.

The Internet Assigned Numbers Authority (IANA) is responsible for the global coordination of the DNS Root, IP addressing, and other Internet protocol resources.

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According to RFC 2780:

- Well known ports are those from 0 through 1023.
- Registered ports are those from 1024 through 49151.
- The Dynamic and/or Private Ports are those from 49152 through 65535

Protocol	Port Number	Description
TCP	20	FTP - File Transfer [Default Data]
TCP	21	FTP - File Transfer [Control]
TCP	22	SSH Remote Login Protocol
TCP	23	Telnet
TCP	25	Simple Mail Transfer
TCP	43	Who Is
TCP	80	HTTP
UDP	123	Network Time Protocol
TCP	443	HTTPS
TCP	989	FTP protocol, data, over TLS/SSL
TCP	990	FTP protocol, control, over TLS/SSL
TCP	1863	MSNP - Microsoft Instant Messaging (default)
TCP	3389	MS WBT Server (MS Terminal Server)
TCP	5050	Multimedia conference control tool - Default port

		for Yahoo Instant Messaging
TCP	5190	AOL Instant Messaging (default)
TCP	6660–7000	IRC

Figure 1: Sample Network Ports (“IANA”, August 16, 2007)

2.2 Risks Associated with Outbound Traffic

To support normal business operations, networks are designed to allow traffic to flow from hosts located within a corporate network to resources on the Internet. This traffic is typically limited to specific TCP and UDP ports and source and destination IP addresses. In many cases, the traffic may communicate over a well known port, although not using the protocol for which it was originally intended. In other cases, the traffic may use the intended protocol but may be used to tunnel other unintended protocols or perhaps transport data for which the protocol was not intended. In all of these examples, there is a potential to circumvent security controls to conduct activities which may be against corporate policy or even worse to conduct illegal or harmful activities.

The following examples highlight a few of the risks associated with outbound network traffic. The risks are constantly changing as new technologies are developed, new techniques for subverting security controls are created and new illegally motivated financial incentives are discovered. This table identifies risks based on the CIA triad consisting of confidentiality, integrity and availability.

Risk	C	I	A
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Inappropriate high bandwidth web usage (e.g. streaming media).			X
Access to malicious web sites resulting in host infection or compromise (e.g. worm, virus, compromise resulting in theft or tampering / destruction of sensitive data)	X	X	X
Access to BOT command and control center (BOT capabilities include DDoS, keylogger, SPAM, phishing, malware distribution)	X		X
Covert channels (e.g. insider or outsider information theft)	X		
Unauthorized remote access (insider information theft, weak authentication leading to host compromise)	X	X	
Access to externally compromised unofficial network resources (DNS, NTP, etc.)	X	X	X
Usage of clear text protocols over the Internet (sniffing, man in the middle attacks)	X		
Unmanaged IM usage (host infection or compromise)	X		X

Figure 2: Risk Matrix of Outbound Network Traffic based on CIA Triad

In addition to the above security risks, access to inappropriate web sites (e.g. porn, violence) introduces a legal risk of employee lawsuits.

3 Securing Outbound Traffic

Since this paper focuses on outbound traffic, a brief refresher on network firewall technologies seems appropriate.

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Packet filtering devices employ rules based on layer 3 - IP addresses and layer 4 - source and destination ports including TCP flags (e.g. SYN, ACK, SYN ACK) to filter network traffic. The strengths of packet filters are that they are fast and inexpensive. Most routers include packet filtering capabilities. Although less secure than other firewall technologies, packet filtering still plays an important role within firewall architectures.

Stateful inspection firewalls are the most common firewalls in use today. In addition to the capabilities of packet filtering devices, these firewalls track the state of a network connection to further determine if a packet should be filtered. For example, a new request for service (SYN bit set) could be evaluated based on the firewall rule set, while subsequent packets related to this conversation may be automatically allowed based on the state table maintained by the firewall. More granular inspection of UDP and ICMP packets, including some layer 7 support, allow the firewall to more securely handle multi and mapped-port services like FTP and RPC-based services.

Proxy firewalls deny actual end-to-end connections between source and destination. The client establishes a connection to the proxy and the proxy establishes a connection to the destination. There are two types of proxy firewalls. Circuit-level proxies are a generic proxy mechanism that establishes a virtual connection between source and destination based on layer 3 and layer 4 headers. Client software must be adapted to work with this generic proxy. The most common circuit-level proxy in use today is SOCKS. Application-level proxies can inspect network traffic at layer 7 in addition to layers 3 and 4. This allows application-level proxies to filter traffic based on protocol compliance in

addition to filtering based on application specific commands (e.g. HTTP methods). For example, a web proxy may only allow HTTP compliant traffic. Application-level proxies are substantially slower than other firewalls and every service requires its own specific proxy ("Network Firewall Architectures and Technologies", February 6, 2007).

4 Preventing Unauthorized Outbound Traffic

In the previous section, I described some typical security controls implemented by enterprises to address the risks associated with outbound traffic. Now I will identify some common techniques for bypassing these controls.

4.1 Proxy / Web Filter Avoidance

Most large enterprises implement some form of web filtering or proxy server solution to restrict access to inappropriate Internet web sites from within a corporate network. In the rare event that no web filtering or proxy server is implemented, firewalls offer almost no protection for malicious or inappropriate web use since http/https ports 80 and 443 are typically open outbound on corporate firewalls for all source and destination IP addresses.

4.1.1 Public Proxy Servers

For this paper I define web filtering as software or a device that interrogates web traffic as it leaves a corporate network. Using a database of categorized URLs, these solutions typically allow you to impose filtering policies based on categories of web sites. Examples of web filtering solutions include Websense, Surf Control and others. On the other hand, a proxy server may allow you

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to impose similar URL category restrictions, but also provides deeper packet inspection allowing more granular control and authentication. Examples of proxy server solutions include Squid, Blue Coat and Microsoft's web proxy.

One way to circumvent web filtering is to utilize an existing public proxy server available on the Internet. There is no shortage of available proxy sites listening on ports 80 (http), 443 (https), 3128 (squid proxy), 8080 (http alternate) and others. For example, the site <http://www.publicproxyservers.com/page1.html> lists several public proxy servers available for bypassing filtering solutions or to allow anonymous browsing. Simply add one of these proxy sites to the connection settings in your browser and you may be able to browse to previously filtered sites.

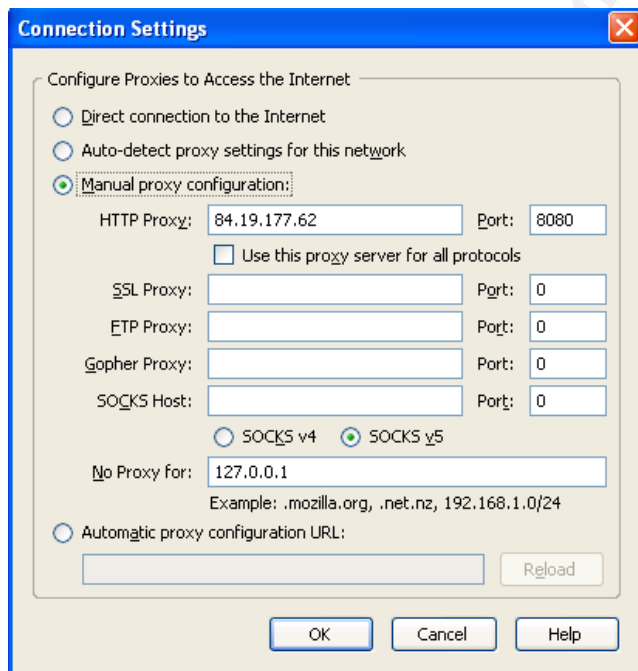


Figure 3: Browser Configuration for Manual Proxy Configuration

In a web filtering environment, this technique will work if no proxy server

is implemented and either traffic is allowed to traverse directly through the corporate firewall on well known proxy server ports (8080, 3128) or the public proxy server listening on 80 or 443 is not categorized as “proxy avoidance” in the web filtering URL database or blocked by a corporate proxy server.

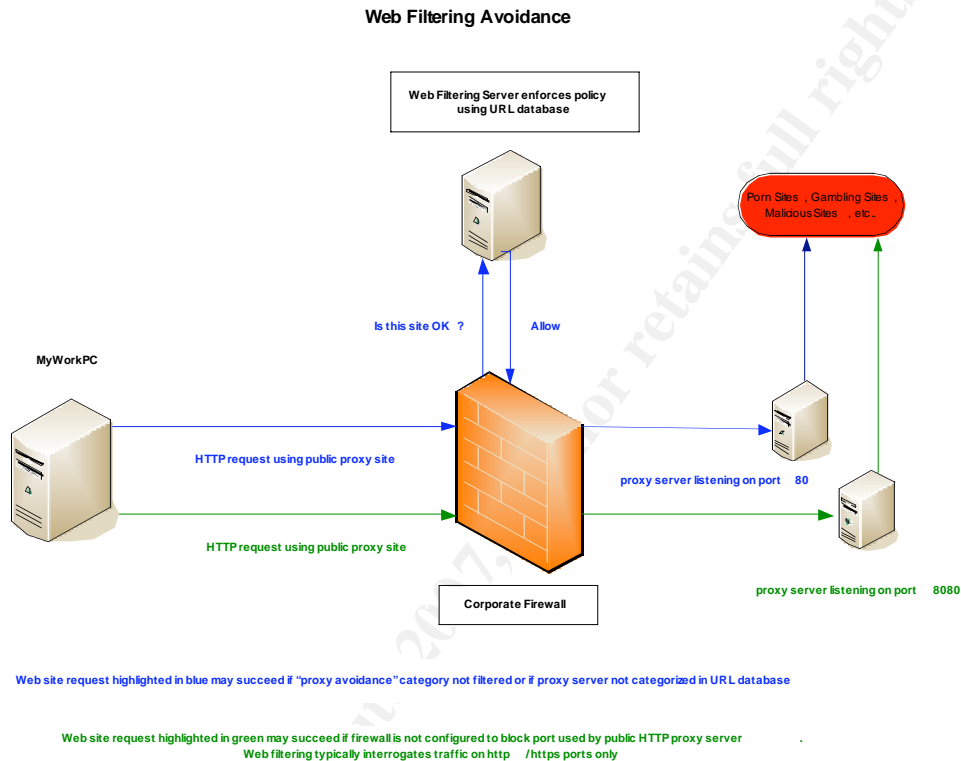


Figure 4: Proxy Avoidance using Public Proxy Server

4.1.2 Personal Proxy Servers

Yet another possibility is to set up a personal proxy server on your own server outside of the corporate network. This could be done by installing open source proxy software like Squid <http://www.squid-cache.org> or a number of other proxy software solutions like Lozdodge <http://www.proxy-avoidance.com/> or others available at <http://www.softplatz.com/software/proxy-avoidance>. These proxy

servers can be configured to listen on any open outbound port in a corporate firewall. A personal proxy server site is more likely to be “uncategorized” instead of categorized within a “proxy avoidance” category, therefore these requests will most likely succeed in an environment which only employs web filtering. Assuming the personal proxy server accepts connections on port 80, this traffic would appear similar to the traffic from figure 4 identified in blue.

4.1.3 Using TOR (The Onion Router) for Proxy Avoidance

TOR (The Onion Router) is a free software implementation of second-generation onion routing - a system enabling its users to communicate anonymously on the Internet (wikipedia.org, 2007).

Using a form of Internet surveillance known as traffic analysis, you can determine who is communicating and to whom they are communicating. Additional information may also be inferred from packet sizes and timing. Encrypted traffic is not immune from traffic analysis since only the payload data is encrypted. The packet headers are typically not encrypted so that packets may be routed successfully to their final destination (“TOR Overview”, n.d.).

Using a TOR network, packets traverse several computers (i.e. TOR nodes) taking an indirect path from source to destination. To identify this path, the TOR client must first retrieve a list of TOR nodes from a directory server.

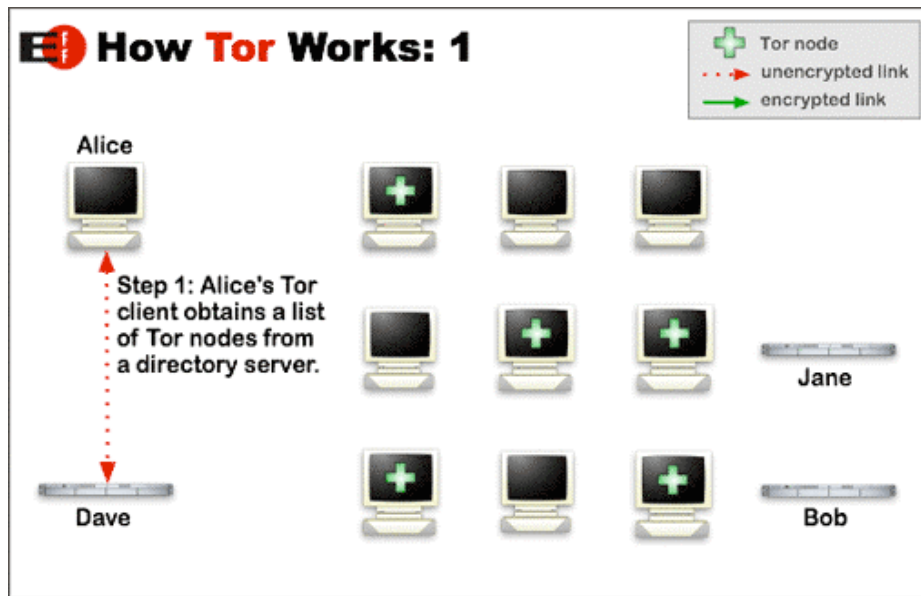


Figure 5: How TOR Works - Step 1 ("TOR Overview", n.d.)

Using the list of TOR nodes, an indirect path is established between source and final destination. Separate encryption keys are negotiated for each hop to ensure each TOR node can not determine any more than the previous or next hop in the path. No individual TOR node knows the complete path ("TOR Overview", n.d.).

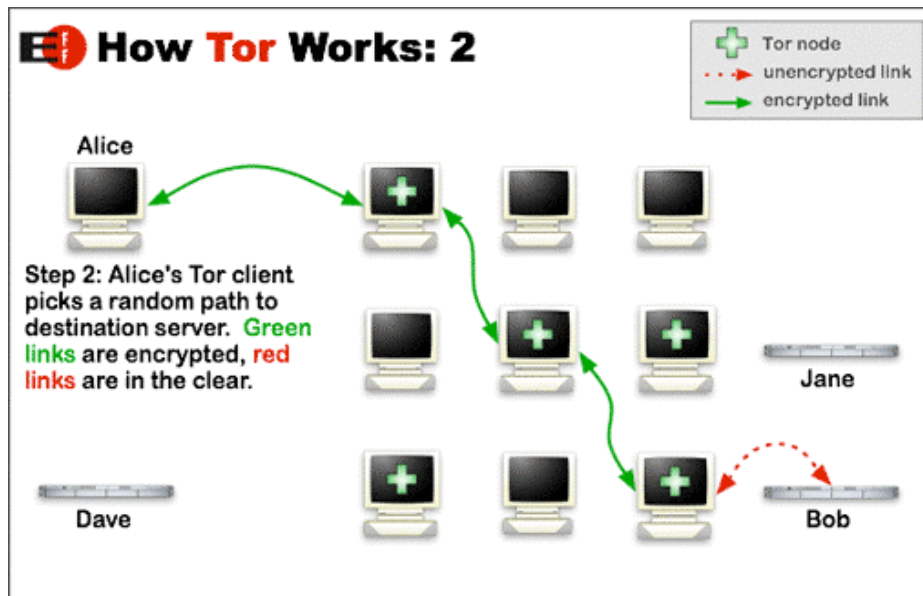


Figure 6: How TOR Works - Step 2 ("TOR Overview", n.d.)

There are valid reasons for using TOR to protect personal privacy. However, it's important to understand that TOR can also be used by an employee to circumvent corporate security controls. In the following example, TOR is used to circumvent controls for inappropriate web and IM usage. Although this example highlights an individual employee's desire to circumvent security controls, the same technique can be leveraged for communication by malicious software such as Bots. A Bot herder will often issue commands to the botnet by connecting through a chain of compromised hosts or by using anonymizing networks such as TOR (Brozycki & Bong, 2007)

Vidalia is a cross platform controller GUI for TOR. The Vidalia bundle available from <http://vidalia-project.net/> includes Vidalia, TOR and Privoxy. Once installed, the Privoxy HTTP proxy server listens on port 8118 and the TOR client accepts SOCKS v4 connections on port 9050. To browse anonymously, the user's

browser must be configured to use the Privoxy HTTP proxy server listening on 127.0.0.1:8118. The Privoxy HTTP proxy is configured by default to forward requests to the TOR client listening on 127.0.0.1:9050. The TOR client encrypts and forwards traffic to the first TOR router hop on its way to the final destination. Since the TOR client accepts SOCKS v4 connections, any socksified client, including most IM clients, can forward traffic directly to the TOR client listening on localhost:9050 ("Installing Vidalia on Windows", n.d.). The following diagram depicts the final installation and how unauthorized web and IM traffic is able to bypass firewall and web filtering restrictions.

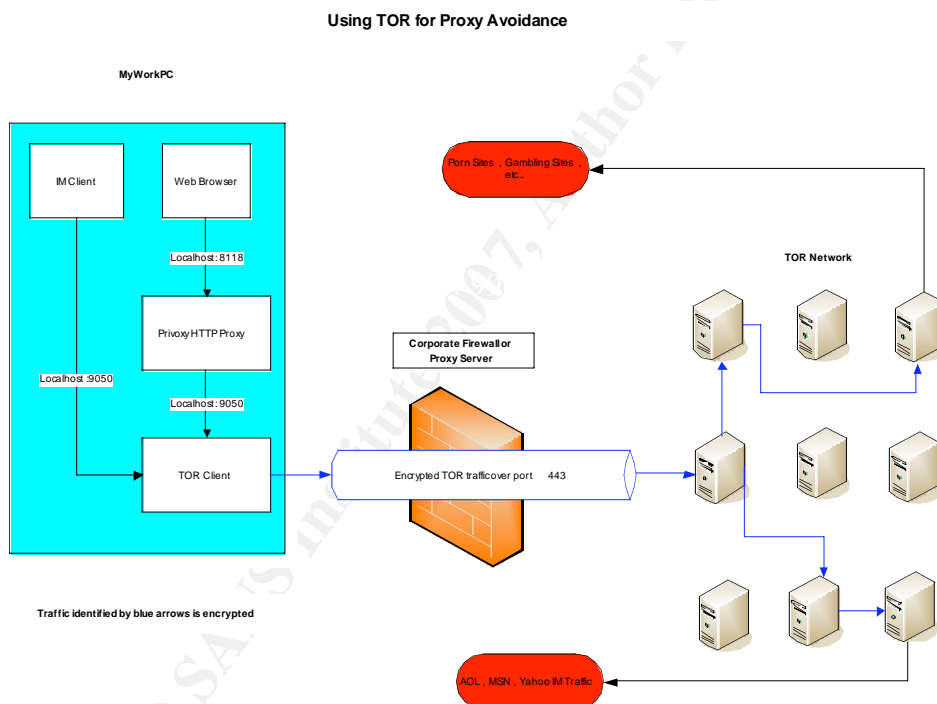


Figure 7: Using TOR for Proxy Avoidance

This technique is successful for several reasons. First, TOR can use several ports including 80 and 443, which are typically open on most firewalls. Attempts

to block traffic based on native ports (e.g. IM) will not prevent traffic sent over the TOR network. Second, TOR traffic is encrypted therefore attempts to block traffic (e.g. IM) using protocol specific signatures will be unsuccessful. Finally, TOR traffic is routed over several hops. The first hop is a TOR node which may not be identified as an inappropriate destination. The TOR network is very dynamic making it difficult to identify all nodes within the network.

4.1.4 Detecting and Preventing Proxy / Web Filter Avoidance

Preventing access to public proxy servers is fairly simple since most commercial filtering solutions have identified popular "Proxy Avoidance" sites and allow you to restrict access to these sites. However, these same filtering solutions may only monitor traffic on ports 80 and 443, therefore all unnecessary outbound ports on your Internet facing firewalls especially well known proxy ports (e.g. 8080, 3128) must be closed as well. A properly configured firewall and filtering solution will block most attempts to connect using well known public proxy servers, although the list of available proxy servers is constantly changing so you can not be 100% assured that the provider of your URL filtering database has correctly categorized every available public proxy site.

Detecting and Preventing Unauthorized Outbound Traffic

Blocking Access to Public Proxy Servers using Web Filtering

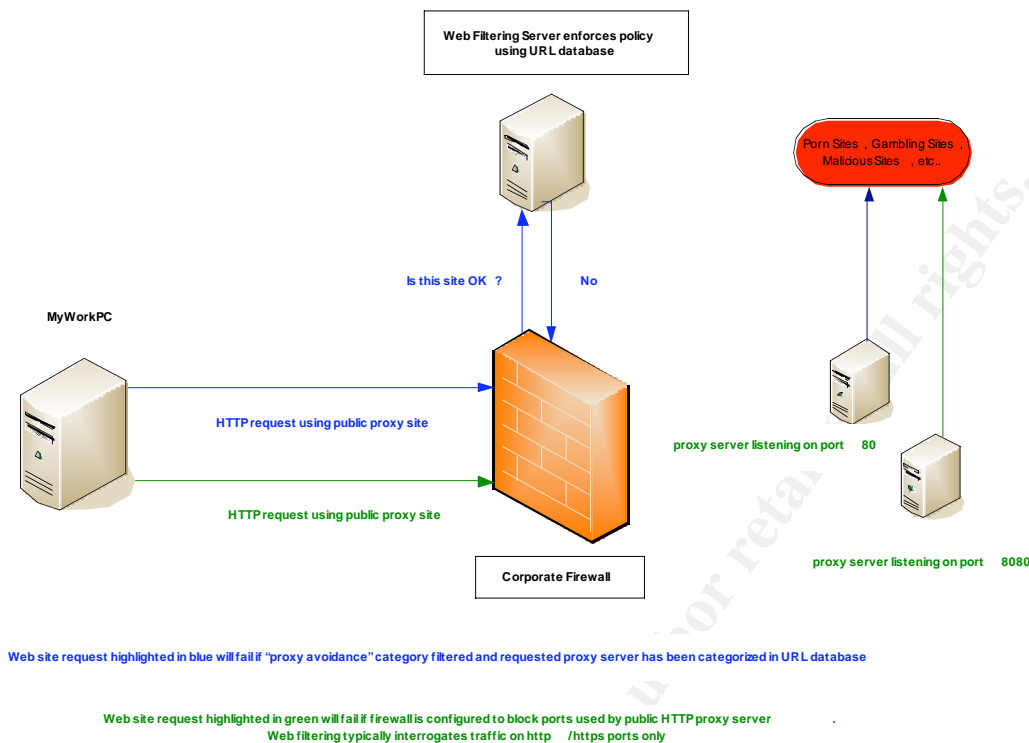


Figure 8: Blocking Access to Public Proxy Servers using Web Filtering

Preventing unauthorized web traffic via personal proxy servers is slightly more difficult. Once again, all unnecessary outbound ports on your Internet facing firewalls must be closed. Web filtering software can be configured to block traffic to "uncategorized" sites, although this may also have the unintended side affect of blocking access to legitimate sites which have not yet been categorized by your URL filtering vendor. Implementing a corporate proxy server inside your network could prevent this technique assuming users were unable to access the Internet directly. Since you can only define one proxy server in your browser, users would be unable to define both the corporate proxy and personal proxy server.

Detecting and Preventing Unauthorized Outbound Traffic

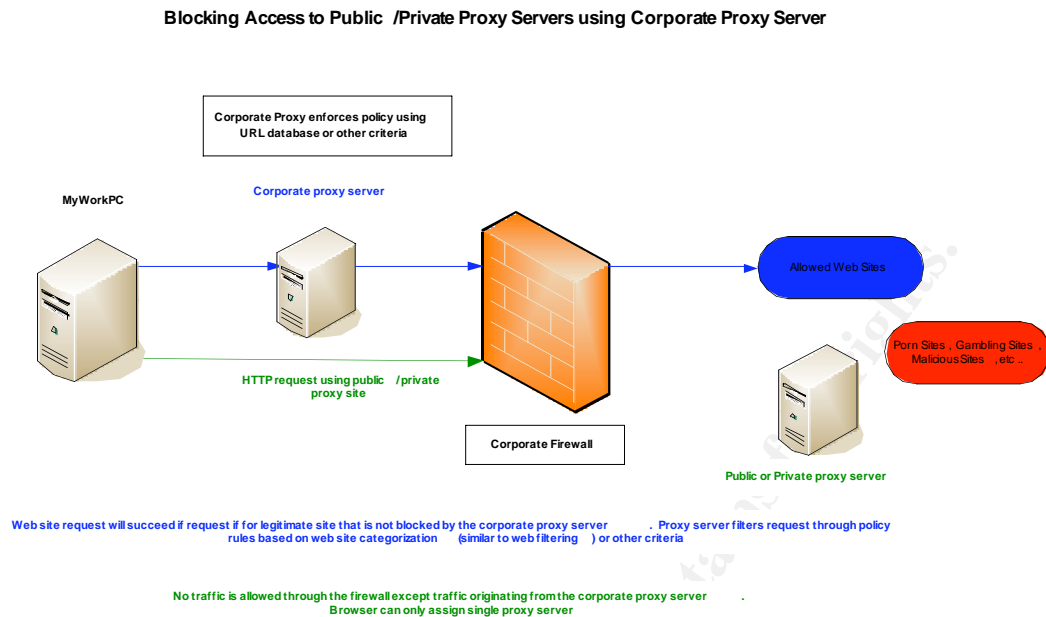


Figure 9: Blocking Access to Public/Private Proxy Servers using Corporate Proxy Server

Effectively identifying and preventing TOR traffic on a corporate network is more difficult than preventing the use of unauthorized proxy servers. Blocking all unnecessary ports on the firewall is a necessity since TOR can communicate out on a number of ports. Some IDS, particular those based on analysis of layer 4 protocols like Cisco's NetFlow protocol (e.g. Arbor Network's Peakflow), is difficult since these signatures must be updated to include new Onion routers added to the TOR network.

The TOR protocol requires that TOR clients periodically retrieve live network-status documents from directory authorities and directory mirrors. Each client contains a list of directory authorities, although once they retrieve these documents subsequent requests are made from directory mirrors. Once network-status documents are received from at least half of the directory authorities, the client

then requests router descriptors from the directory mirrors. TOR circuits are not built until the client has network-statuses from than half the directory authorities and descriptors for at least 1/4 of the servers believed to be running. ("Tor directory protocol, version 1", 7/20/2006)

The requests for network-status documents and router descriptors are made in clear text therefore signatures are available to identify and prevent this activity. Web URL vendors and signature based IDS can identify and possibly prevent TOR traffic by looking for these requests.

Sample network-status document request

The network-status published by a host with fingerprint <F> should be available at:

<http://<hostname>/tor/status/fp/<F>.z>

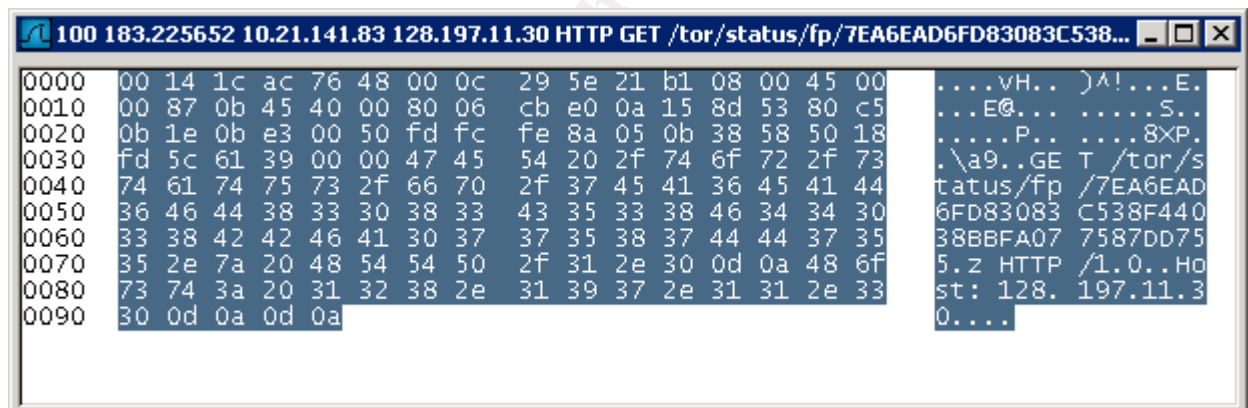


Figure 10: TOR Packet Capture - network-status document request

Sample Cisco IDS "TOR Client Activity" Alert

```
signature:    description=TOR Client Activity  id=5816  version=S256
subsigId: 0
sigDetails:  /tor/status/fp/
marsCategory: Info/Misc
interfaceGroup: vs0
vlan: 0
participants:
attacker:
```

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```
addr: 10.XXX.XXX.XXX  locality=Inside
port: 3200
target:
  addr: 213.161.192.240  locality=Outside
  port: 80
  os: idSource=unknown  type=unknown  relevance=relevant
context:
  fromAttacker:
000000  47 45 54 20 2F 74 6F 72 2F 73 74 61 74 75 73 2F  GET /tor/status/
000010  66 70 2F 33 38 44 34 46 35 46 43 46 37 42 31 30  fp/38D4F5FCF7B10
000020  32 33 32 32 38 42 38 39 35 45 41 35 36 45 44 45  23228B895EA56EDE
000030  37 44 35 43 43 44 43 41 46 33 32 2E 7A 20 48 54  7D5CCDCAF32.z HT
000040  54 50 2F 31 2E 30 0D                                TP/1.0.
```

Sample router descriptor request

The most recent descriptors for servers with identity fingerprints

<F1>,<F2>,<F3> should be available at:

<http://<hostname>/tor/server/fp/<F1>+<F2>+<F3>.z>

Figure 10: TOR Packet Capture - network-status document request

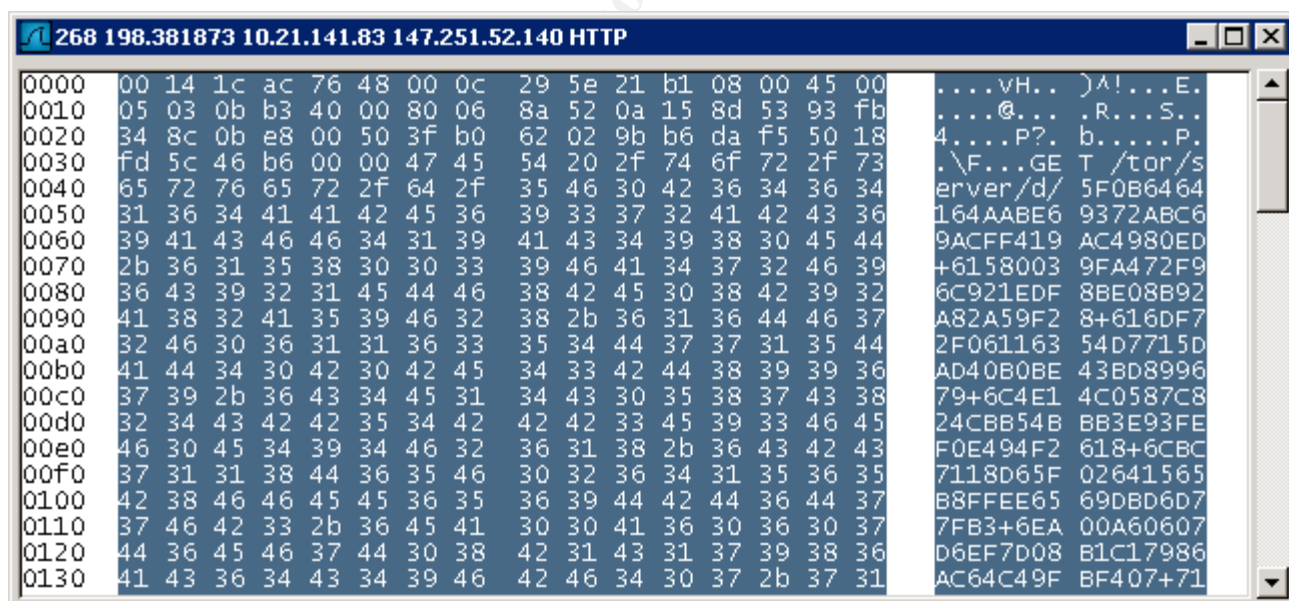


Figure 11: TOR Packet Capture - router descriptor request

Sample URL Filtering "Proxy Avoidance" Alert (simulated by entering any domain name with /tor/server/ in the path)

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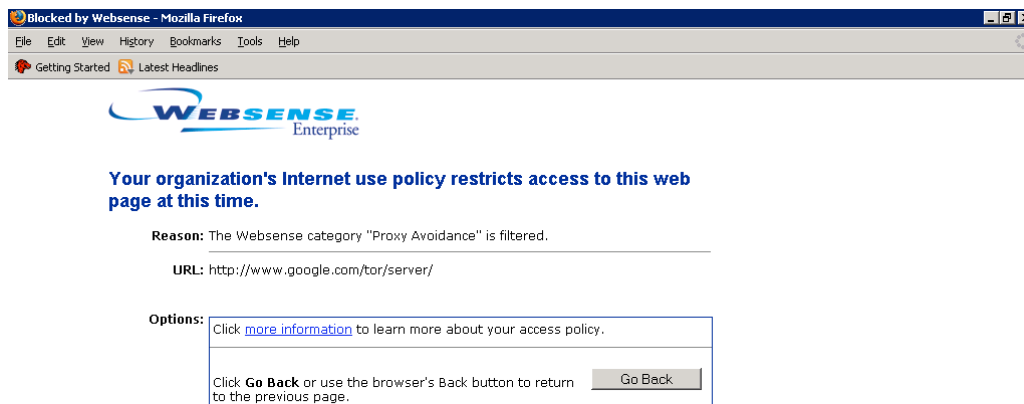


Figure 12: URL Filtering of TOR Traffic

Identifying and blocking the execution of the TOR executable at the desktop may also be possible, although renaming this executable may circumvent this control. Blocking non conforming HTTP traffic on 80 and uncategorized traffic on port 443 using a proxy server in conjunction with a URL database may offer some reasonably good prevention although false positives are inevitable.

The following Snort IDS signatures are also available to identify TOR traffic on your corporate network.

Bleeding Edge Policy TOR 1.0 Server Key Retrieval

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2002950&scope=text>

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Bleeding Edge Policy TOR 1.0 Status Update

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2002951&scope=text>

Bleeding Edge Policy TOR 1.0 Inbound Circuit Traffic

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2002952&scope=text>

Bleeding Edge Policy TOR 1.0 Outbound Circuit Traffic

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2002953&scope=text>

4.2 Unauthorized Remote Access

Most corporations provide their users with a method to access network resources remotely. This is typically accomplished using IPSec or SSL VPN solutions. For various reasons, some employees may use alternate unsanctioned methods to access the network. Many remote access solutions will not work since most corporate firewalls are configured to block inbound connections on the required remote access ports. However, there are a few solutions that enable remote access by utilizing ports already open for outbound access. To illustrate this point we will focus on software from LogMeIn.com.

4.2.1 LogMeIn

LogMeIn provides access to a remote host using a standard web browser. There are three key components: Client, Remote Host and LogMeIn Gateway.

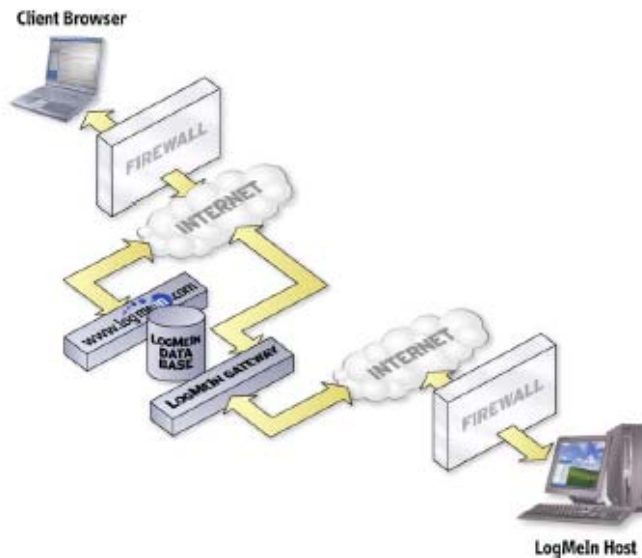


Figure 13: LogMeIn Network Architecture (Anka, Marton, 2006)

The remote host maintains a constant SSL connection with one of the LogMeIn gateways. This connection is initiated by the host initially on http and then on https. The firewall allows this traffic since it appears like normal web traffic initiated from inside the network.

The client browser establishes a connection to www.logmein.com. Once authenticated, the user can select one of their remote hosts to access. The gateway then forwards the encrypted traffic between the client and remote host (Anka, Marton, 2006).

I ran the following packet capture after installing the LogMeIn software which runs on the remote host.

Detecting and Preventing Unauthorized Outbound Traffic

106	3.307422	63.209.251.83	63.209.251.83	DNS	Standard query A secure.logmein.com
107	3.309149	63.209.251.83	63.209.251.83	DNS	Standard query response CNAME www.logmein.com.akadns.net A 63.209.251.90
108	3.317498	63.209.251.83	63.209.251.90	TCP	1252 > http [SYN] Seq=0 Len=0 MSS=1460
109	3.332383	63.209.251.90	63.209.251.83	TCP	http > 1252 [SYN, ACK] Seq=0 Ack=1 win=16384 Len=0 MSS=1380
110	3.333654	63.209.251.83	63.209.251.90	TCP	1252 > http [ACK] Seq=1 Ack=1 win=64860 Len=0
111	3.341626	63.209.251.83	63.209.251.90	TCP	[TCP segment of a reassembled PDU]
117	3.572405	63.209.251.90	63.209.251.83	TCP	http > 1252 [ACK] Seq=1 Ack=45 win=65491 Len=0
118	3.572738	63.209.251.83	63.209.251.90	HTTP	GET /myrahost/list.aspx?weighed=1 HTTP/1.0
119	3.586676	63.209.251.90	63.209.251.83	HTTP	HTTP/1.1 200 OK (text/html)
121	3.598088	63.209.251.83	63.209.251.90	TCP	1252 > http [RST, ACK] Seq=108 Ack=613 win=0 Len=0
122	3.604704	63.209.251.83	63.209.251.83	DNS	Standard query A asterisk.app10.logmein.com
123	3.606438	63.209.251.83	63.209.251.83	DNS	Standard query response CNAME app10.logmein.com A 63.208.197.20
124	3.607432	63.209.251.83	63.208.197.20	TCP	1253 > https [SYN] Seq=0 Len=0 MSS=1460
125	3.622345	63.208.197.20	63.209.251.83	TCP	https > 1253 [SYN, ACK] Seq=0 Ack=1 win=16384 Len=0 MSS=1380
126	3.622419	63.209.251.83	63.208.197.20	TCP	1253 > https [ACK] Seq=1 Ack=1 win=64860 Len=0
128	3.628736	63.209.251.83	63.208.197.20	SSLv2	Client Hello
129	3.643343	63.208.197.20	63.209.251.83	TLSv1	Server Hello, Certificate, Server Hello Done
130	3.657919	63.209.251.83	63.208.197.20	TLSv1	Client Key Exchange, Change Cipher Spec, Encrypted Handshake Message
131	3.676300	63.208.197.20	63.209.251.83	TLSv1	Change Cipher Spec, Encrypted Handshake Message
132	3.679077	63.209.251.83	63.208.197.20	TLSv1	Application Data
133	3.695621	63.208.197.20	63.209.251.83	TLSv1	Application Data
134	3.695991	63.209.251.83	63.208.197.20	TLSv1	Application Data
135	3.697580	63.209.251.83	63.208.197.20	TLSv1	Application Data

Figure 14: LogMeIn Remote Host Packet Capture

The IP address ending in .83 is the remote host. As you can see, the initial HTTP request is made to secure.logmein.com. Once this connection is established, the remote host requests a page from secure.logmein.com containing the names of several other LogMeIn gateway servers. In this case, asterisk.app10.logmein.com was chosen. Now the remote host negotiates an SSL connection with asterisk.app10.logmein.com. The remote host periodically contacts asterisk.app10.logmein.com to keep this connection open. This persistent connection informs the LogMeIn gateway that this remote host is available to be accessed by an authorized client browser.

The purpose of this section is not to question the inherent security of these types of remote access solution. LogMeIn actually seems to have reasonably strong security controls as described in their security whitepaper

https://secure.logmein.com/wp_lmi_security.pdf. However, the security may still not meet corporate security standards for remote access like two-factor authentication requirements. In addition, these solutions also provide a method of moving files potentially containing sensitive data; therefore attempts to monitor data leaving an organization should consider this channel.

4.2.2 Detecting and Preventing Unauthorized Remote Control Software

Preventing LogMeIn activity is fairly easy since the solution requires an initial connection to secure.logmein.com. A similar solution from GotoMyPC also requires an initial connection to poll.gotomypc.com. This traffic can be blocked on the firewall, proxy server or URL filtering solutions. Blocking at the firewall by IP address may be more challenging than blocking based on domain name since it appears LogMeIn is now using Akami for load balancing. As indicated in the packet capture from figure 14 above, the domain secure.logmein.com initially resolved to 63.209.251.90, however a more recent nslookup request returned the following different results.

Non-authoritative answer:

Name: www.logmein.com.akadns.net

Address: 69.25.20.193

Aliases: secure.logmein.com

A web filtering or proxy server solution would be more effective than using a firewall ACL, since this would allow you to block using the fully qualified domain name (i.e. `secure.logmein.com`) instead of all of the individual IP addresses to which this address may resolve.

4.3 Covert Communication Channels

A **tunneling protocol** is a network protocol which encapsulates one protocol or session inside a higher layer protocol or a protocol at the same layer (wikipedia.org, 2007). Some network protocols are especially good candidates for tunneling outbound traffic either because the traffic is considered normal or because the traffic is encrypted which makes detection more difficult.

4.3.1 SSH Tunneling

HTTP (port 80) and HTTPS (port 443) traffic is typically allowed for most if not all employees. The following technique takes advantage of the open HTTPS port by tunneling traffic through an SSH tunnel over port 443.

An SSH tunnel can be used to circumvent corporate firewall and web filtering controls to access any number of services (restricted web sites, IM, FTP, Telnet, etc.) over the Internet from within a corporate network. This requires installing and configuring some software on a computer located on the Internet, perhaps an employee's home computer. The setup on the computer located within the corporate network is trivial.

To test this scenario, I installed an SSH, HTTP proxy and SOCKS proxy server

on the home computer MyHomePC. For the SSH server, I installed freeSSHd from <http://freesshd.com>. I configured this SSH server to listen on port 443 instead of the standard SSH port 22. This would work equally well on port 22 assuming this port was also open on the firewall.

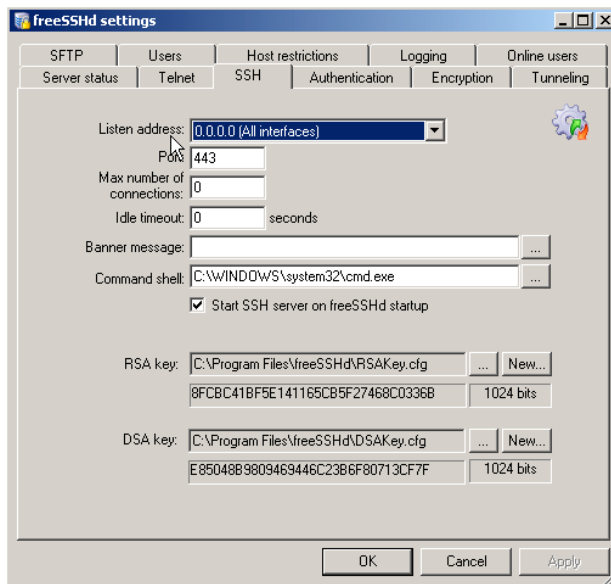


Figure 15: SSH Tunneling - freeSSHd Configuration

For the HTTP proxy, I installed a Squid proxy server from <http://www.squid-cache.org/> using the default port of 3128. For the SOCKS proxy, I installed WinSocks from <http://proxylabs.netwu.com/> using the default port of 1080.

On the work computer MyWorkPC, I downloaded the Putty SSH client from <http://www.chiark.greenend.org.uk/~sgtatham/putty>. In some cases and SSH client may already exist on standard corporate builds. I set up a Putty session using the following networking and port forwarding rules.

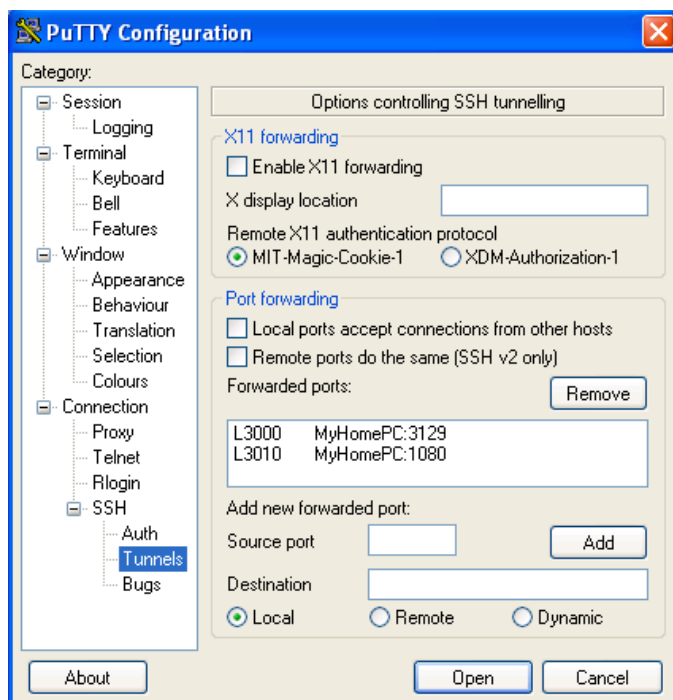
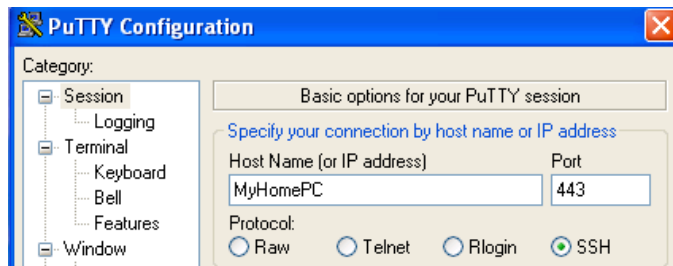


Figure 16: SSH Tunneling - Putty SSH Client Configuration

To open the SSH tunnel, I initiated an SSH to the MyHomePC over port 443 using the above Putty profile. Once authenticated, an SSH tunnel now exists between MyWorkPC and MyHomePC. This tunnel was established using port 443 and all traffic sent via the tunnel is hidden from network IDS or firewalls. In addition,

MyWorkPC is now listening for traffic on localhost ports 3000 and 3010.

- Traffic directed to MyWorkPC:3000 will be sent through the SSH tunnel to the Squid HTTP proxy server on MyHomePC:3129.
- Traffic directed to MyWorkPC:3010 will be sent through the SSH tunnel to the SOCKS proxy server on MyHomePC:1080.

The final step is to configure the browser on MyWorkPC to tunnel all http/https traffic through the SSH tunnel to the HTTP proxy on MyHomePC. This is done by configuring the browser to use 127.0.0.1:3000 as an HTTP proxy. In addition, traffic from any SOCKS aware applications (e.g. Instant Messaging, FTP, Telnet, etc.) can be tunneled through the SSH tunnel to the SOCKS proxy on MyHomePC. This is done by configuring the application to use 127.0.0.1:3010 as a SOCKS proxy (Chirico, Mike, 2007).

Detecting and Preventing Unauthorized Outbound Traffic

The following diagram provides a visual representation of this technique.

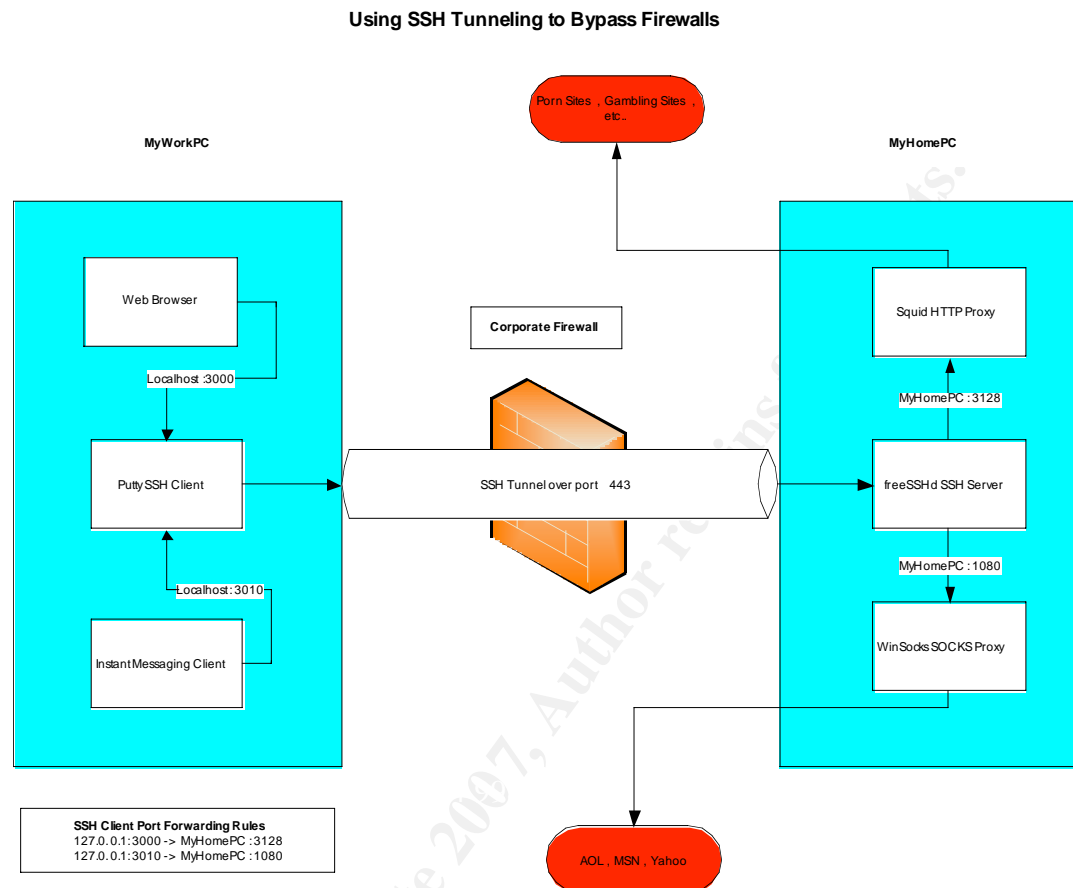


Figure 17: Using SSH Tunneling to Bypass Firewalls

4.3.2 Reverse HTTP Shell

Reverse HTTP Shell is a backdoor that allows an attacker to remotely gain shell access to a computer. Once the backdoor is installed on the compromised computer, the attacker can execute commands and see the output of these commands without logging into the compromised computer. All traffic between the compromised computer and the attacker's computer appears like normal web traffic which is

typically allowed out most corporate firewalls.

The Reverse HTTP Shell consists of two software components a SLAVE and MASTER. The SLAVE is a backdoor which runs on the internal host. The SLAVE will communicate with the MASTER running on the external host using HTTP. The SLAVE issues a GET or POST request to the MASTER to retrieve commands. The output of these commands is returned to the MASTER in another GET or POST request. Web traffic is converted to a Base64 type value and passed as a value for a cgi-string to prevent caching (van Hauser). As illustrated below, traffic is allowed to pass through the firewall over port 80 since this port is open and traffic appears like normal web traffic.

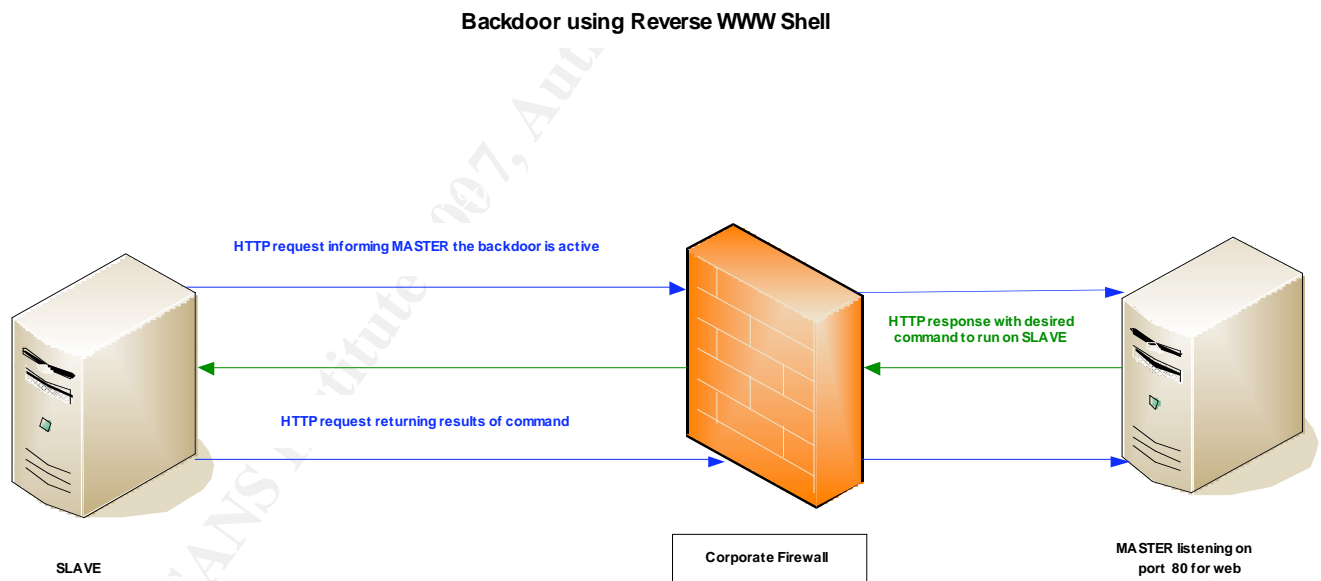


Figure 18: Backdoor using Reverse WWW Shell

The following packet capture further demonstrates the interaction between SLAVE and MASTER.

Line 4 - The SLAVE (.13) issues a GET request to the MASTER (.54) to retrieve a command. Web request is a Base 64 like structure in query string.

Line 6 - The MASTER (.54) sends the "ls" command in an HTTP response

Line 15 - The SLAVE (.13) returns the ls output within another GET request.

Web request is Base 64 encoded in query string.

4	0.001840	10.11.12.13	10.11.22.54	HTTP	GET /cgi-bin/orderform?M5mA1jvrzdyodq108BqcfvYtjFpLdgEN
5	0.002926	10.11.22.54	10.11.12.13	TCP	http > 52305 [ACK] Seq=1 Ack=223 win=6864 Len=0 TSV=8886
6	10.470884	10.11.22.54	10.11.12.13	HTTP	HTTP/1.1 200 OK (text/plain)
7	10.470896	10.11.12.13	10.11.22.54	TCP	52305 > http [ACK] Seq=223 Ack=77 win=5840 Len=0 TSV=114
8	10.470933	10.11.22.54	10.11.12.13	TCP	http > 52305 [FIN, ACK] Seq=77 Ack=223 win=6864 Len=0 TS
9	10.510919	10.11.22.54	10.11.12.13	TCP	52305 > http [ACK] Seq=223 Ack=78 win=5840 Len=0 TSV=114
10	11.473478	10.11.12.13	10.11.22.54	TCP	52305 > http [FIN, ACK] Seq=223 Ack=78 win=5840 Len=0 TS
11	11.474634	10.11.22.54	10.11.12.13	TCP	http > 52305 [ACK] Seq=78 Ack=224 win=6864 Len=0 TSV=891
12	16.476837	10.11.12.13	10.11.22.54	TCP	52307 > http [SYN] Seq=0 Len=0 MSS=1460 TSV=1146323879 T
13	16.478664	10.11.22.54	10.11.12.13	TCP	http > 52307 [SYN, ACK] Seq=0 Ack=1 win=5792 Len=0 MSS=1
14	16.478676	10.11.12.13	10.11.22.54	TCP	52307 > http [ACK] Seq=1 Ack=1 win=5840 Len=0 TSV=114632
15	16.478692	10.11.12.13	10.11.22.54	HTTP	GET /cgi-bin/orderform?M5mA166o351QMK14U.1mM0U1WtqU/SEEA

Figure 19: Reverse WWW Shell Packet Capture

The following variables can be configured to avoid detection or communicate through a proxy server.

```
# GENERAL CONFIG
$MODE="GET"; # GET or POST
$CGI_PREFIX="/cgi-bin/orderform";# should look like a valid cgi.
$MASK="vi"; # for masking the program's process name
$PASSWORD="THC"; # anything, nothing you have to rememeber
# (not a real "password" anyway)

#
# MASTER CONFIG (specific for the MASTER)
$LISTEN_PORT=80; # on which port to listen (80 [needs root] or 8080)
$SERVER="localhost"; # the host to run on (ip/dns) (the SLAVE needs this!)
#
# SLAVE CONFIG (specific for the SLAVE)
#
$SHELL="/bin/sh -i"; # program to execute (e.g. /bin/sh)
$DELAY="3"; # time to wait for output after your command(s)
#$TIME="14:39"; # time when to connect to the master (unset if now)
#$DAILY="yes"; # tries to connect once daily if set with something
#$PROXY="127.0.0.1"; # set this with the Proxy if you must use one
#$PROXY_PORT="3128"; # set this with the Proxy Port if you must use one
#$PROXY_USER="user"; # username for proxy authentication
#$PROXY_PASSWORD="pass";# password for proxy authentication
#$DEBUG="yes"; # for debugging purpose, turn off when in production
```

```
$BROKEN_RECV="yes";      # For AIX & OpenBSD, NOT for Linux & Solaris
```

4.3.3 ICMP Tunneling using Ping Tunnel

Ping Tunnel (Ptunnel) allows you to tunnel TCP packets to a remote host using ICMP echo request and replay packets. Since ICMP is commonly allowed through firewalls for network troubleshooting, this technique provides a way to circumvent firewall and proxy server controls. Ptunnel provides the following functionality:

- Tunnel TCP using ICMP echo request and reply packets
- Connections are reliable (lost packets are resent as necessary)
- Handles multiple connections
- Acceptable bandwidth (150 kb/s downstream and about 50 kb/s upstream)
- Authentication to prevent others from using your proxy

Ptunnel works by running one instance of this application as a proxy on a host outside your firewall and another instance as a client on a host inside your firewall. Once the ICMP tunnel is established, applications may be tunneled by connecting to localhost:port (port 8000 in this example). In the diagram below, SSH traffic normally not allowed through the firewall, is sent through the firewall using the ICMP tunnel (Stodole, 2005).

Detecting and Preventing Unauthorized Outbound Traffic

Using Ping Tunnel to Bypass Firewalls

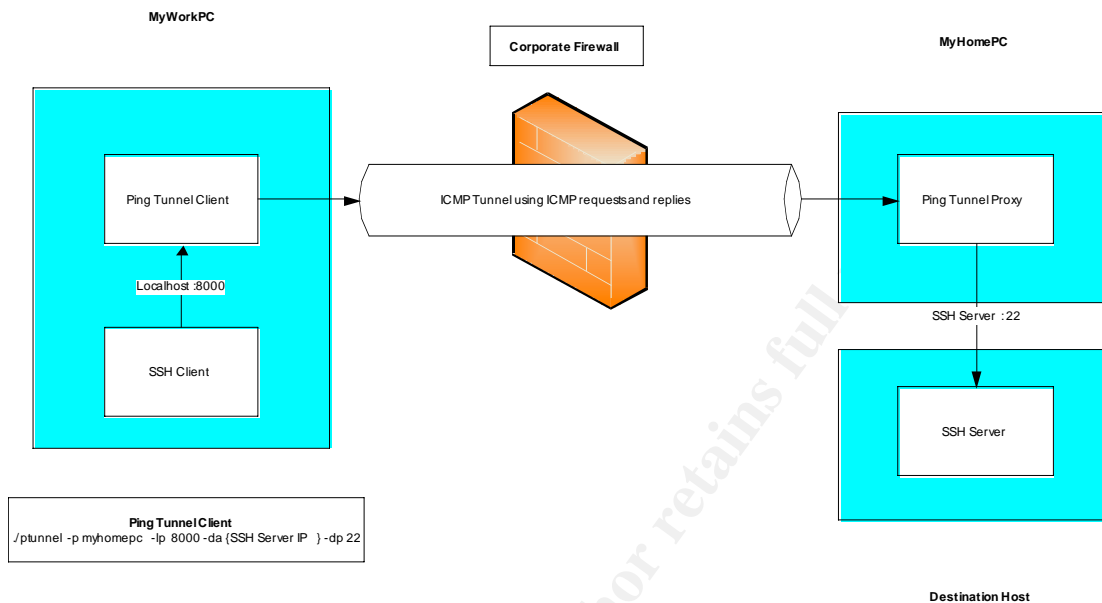


Figure 20: Using Ping Tunnel to Bypass Firewalls

The following packet capture shows SSH traffic tunneled within ICMP echo request packets within the data field between the Ping Tunnel client .4 and the Ping Tunnel proxy .63. The traffic is then sent as regular SSH traffic between the Ping Tunnel proxy .63 and the SSH server .70.

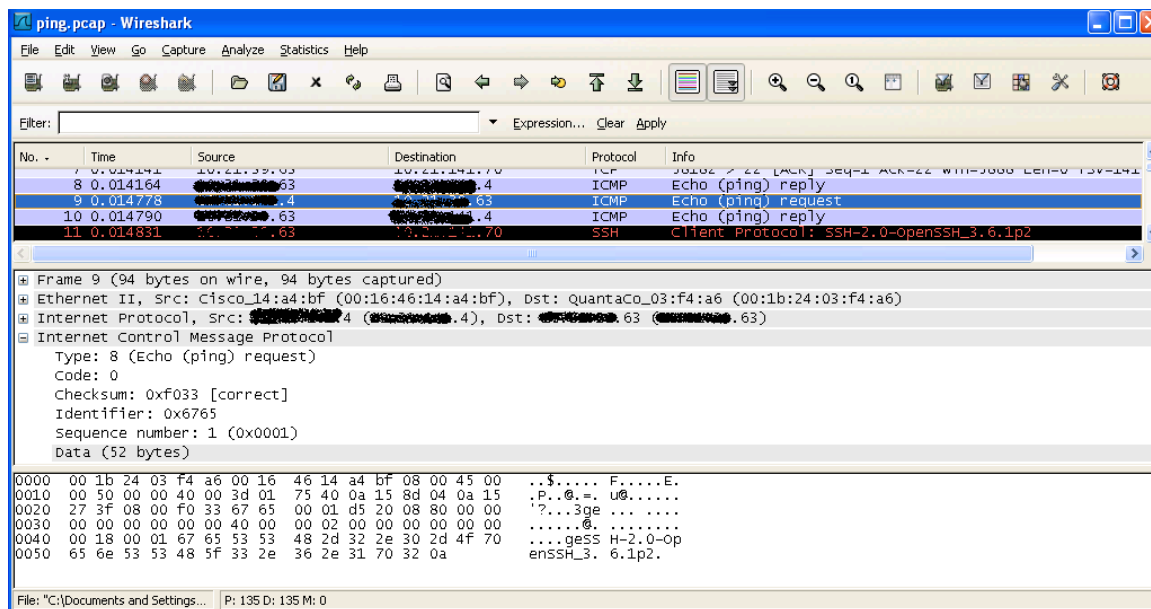


Figure 21: SSH Tunnel Packet Capture

4.3.4 Detecting and Preventing Tunneling Protocols

To limit the potential for SSH tunneling activity, all unnecessary outbound ports should be closed on the firewall. Access outbound via the SSH port 22 should be restricted to specific source and destination IP addresses on the firewall or by implementing a SOCKS proxy. Since ports 80 and 443 are typically open for web browsing, these ports present an opportunity to tunnel SSH.

Port 80 can be restricted to HTTP traffic by implementing an HTTP proxy. Web filtering could restrict access to uncategorized sites, but this may result in blocking legitimate traffic too. IDS signatures like the Cisco example below could identify SSH traffic on ports 80 and 443 based on the SSH banners. These alerts would identify regular SSH shell activity along with SSH tunneling, but even this regular SSH activity is suspicious since legitimate SSH traffic should be using

port 22.

Sample Cisco IDS "SSH over Non-standard Ports" Alert

```
evIdsAlert: eventId=1183701598144406163 vendor=Cisco severity=informational
  originator:
    hostId: ISE_NIPS01
    appName: sensorApp
    appInstanceId: 384
    time: August 30, 2007 2:39:51 AM UTC offset=60 timeZone=GMT-05:00
    signature: description=SSH Over Non-standard Ports id=11233
version=S258
  subsigId: 0
  sigDetails: SSH Over Web Ports
  marsCategory: Info/Misc
  interfaceGroup: vs0
  vlan: 0
  participants:
    attacker:
      addr: 10.21.141.83 locality=Inside
      port: 4527
    target:
      addr: 10.21.39.79 locality=Inside
      port: 443
      os: idSource=learned type=windows-nt-2k-xp relevance=relevant
  context:
    fromTarget:
000000 53 53 48 2D 32 2E 30 2D 57 65 4F 6E 6C 79 44 6F SSH-2.0-WeOnlyDo
000010 20 31 2E 34 2E 30 0D 0A 1.4.0..
    fromAttacker:
000000 53 53 48 2D SSH-

  riskRatingValue: 26 targetValueRating=medium
  attackRelevanceRating=relevant
  threatRatingValue: 26
  interface: ge0_0
  protocol: tcp
```

The following packet capture shows the packet which triggers the above Cisco alert. This activity must be detected while the SSH session is being established. The activity can't be detected after the SSH session is established as the traffic

is now encrypted.

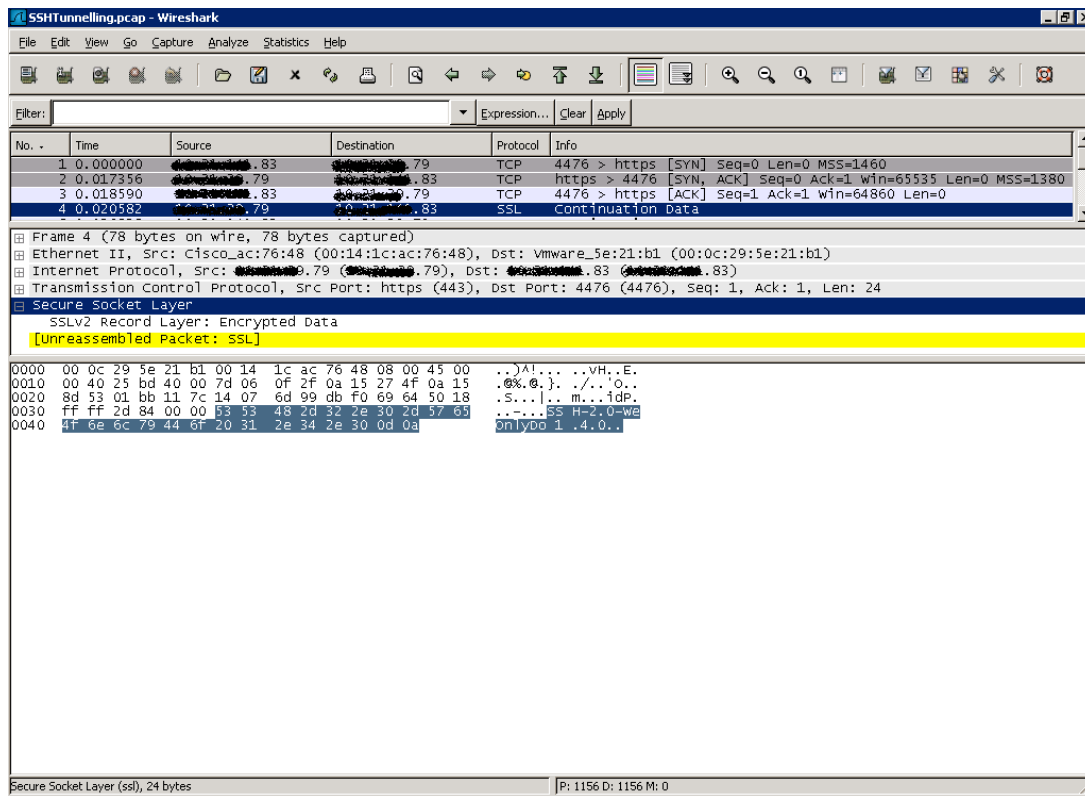


Figure 22: SSH Tunnel Packet Capture - SSH Banner

The following Snort IDS signatures are also available to identify potential SSH tunneling traffic on your corporate network.

Bleeding Edge Policy SSH Server Banner Detected on Unusual Port

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2001979&scope=text>

Bleeding Edge Policy SSHv2 KEX Detected on Unusual Port

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2001981&scope=text>

Bleeding Edge Policy SSH Session in Progress on Unusual Port

<http://doc.bleedingthreats.net/bin/view/Main/WebSearch?search=2001984&scope=text>

Reverse WWW shell seems more difficult to detect using IDS signatures. The query string is default CGI /cgi-bin/orderform is customizable in the Perl script's configuration file.

4	0.001840	10.21.142.13	10.21.22.54	HTTP	GET /cgi-bin/orderform?M5mA1jvrzdyodq108BqcfvYTjFpLdgEN
5	0.002926	10.21.22.54	10.21.142.13	TCP	http > 52305 [ACK] Seq=1 Ack=223 win=6864 Len=0 TSV=8886
6	10.470884	10.21.142.13	10.21.22.54	HTTP	HTTP/1.1 200 OK (text/plain)
7	10.470896	10.21.22.54	10.21.142.13	TCP	52305 > http [ACK] Seq=223 Ack=77 win=5840 Len=0 TSV=114
8	10.470933	10.21.22.54	10.21.142.13	TCP	http > 52305 [FIN, ACK] Seq=77 Ack=223 win=6864 Len=0 TS
9	10.510919	10.21.22.54	10.21.142.13	TCP	52305 > http [ACK] Seq=223 Ack=78 win=5840 Len=0 TSV=114
10	11.473478	10.21.22.54	10.21.142.13	TCP	52305 > http [FIN, ACK] Seq=223 Ack=78 win=5840 Len=0 TS
11	11.474634	10.21.22.54	10.21.142.13	TCP	http > 52305 [ACK] Seq=78 Ack=224 win=6864 Len=0 TSV=891
12	16.476837	10.21.22.54	10.21.142.13	TCP	52307 > http [SYN] Seq=0 Len=0 MSS=1460 TSV=1146323879 T
13	16.478664	10.21.22.54	10.21.142.13	TCP	http > 52307 [SYN, ACK] Seq=0 Ack=1 win=5792 Len=0 MSS=1
14	16.478676	10.21.142.13	10.21.22.54	TCP	52307 > http [ACK] Seq=1 Ack=1 win=5840 Len=0 TSV=114632
15	16.478692	10.21.22.54	10.21.22.54	HTTP	GET /cgi-bin/orderform?M5mA166o3510Mk14U.1mM0U1WTqU/SEEA

Figure 23: Reverse WWW Shell Packet Capture - CGI Request

I suspect you could reverse engineer the encoding used to create a signature, although I'm not aware of any reverse WWW shell signatures provided by IDS vendors. The traffic uses the standard web port 80 and the traffic appears like regular GET or POST requests. The slave can also be configured connect to the master daily at specified times so the HTTP tunnel may only exist for short periods of time. The slave executable process is masked to appear as if vi is running on the host although even this name is customizable (Stodley, 2005).

```
root      22023 21814  0 19:44 pts/0    00:00:00 vi
```

Obviously it would be best if the host was hardened to prevent the installation of this executable. However, once installed and running host based

intrusion detection is probably the best method of detection since the http traffic originates from rwwwshell-2.0.pl program instead of the browser. This reverse shell seems reasonably stealthy and difficult to detect.

Ping Tunnel tunnels data within ICMP packets using echo request (Type 8) and echo reply (Type 0) ICMP packets. These are the same ICMP message types used by the ping utility commonly used for network troubleshooting. However, the frequency of these packets exceeds that generated from running the ping utility. While testing Ping Tunnel, an ICMP Flood IDS alert was generated by Cisco's IDS. This alert was configured to identify ICMP packets to the same destination host which exceed 25 per second. This alert could be triggered based on other legitimate or suspicious activity and is obviously also subject to false positives. The important thing to note is that Ping Tunnel generates ICMP echo request packets at a high enough rate to be considered suspicious. While signatures for specific ICMP tunneling applications may exist, the ICMP flood signature provides a generic method of detecting other suspicious activity which may indicate a new ICMP tunneling technique for which no specific signature exists.

Sample Cisco IDS "ICMP Flood" Alert

```
evIdsAlert: eventId=1183701598144394830 vendor=Cisco severity=medium
  originator:
    hostId: XXXXX
    appName: sensorApp
    appInstanceId: 384
  time: August 27, 2007 11:35:27 PM UTC offset=60 timeZone=GMT-05:00
  signature: description=ICMP Flood id=2152 version=S1
    subsigId: 0
    marsCategory: DoS/Network/ICMP
  interfaceGroup: vs0
  vlan: 0
  participants:
    attacker:
      addr: 10.xxx.xxx.xxx locality=Inside
```

```
target:
  addr: 198.xxx.xxx.xxx locality=Inside
  os: idSource=unknown type=unknown relevance=relevant
  riskRatingValue: 85 targetValueRating=medium
attackRelevanceRating=relevant
threatRatingValue: 85
interface: ge0_0
protocol: icmp
```

Additionally, the Ping Tunnel traffic generated a PingTunnel ICMP Tunneling alert more specific to this activity. This signature was based on the hexadecimal values [\\xD5\\x20\\x08\\x80](#). Obviously this signature is valid for Ping Tunnel only.

Sample Cisco IDS "Ping Tunnel ICMP Tunneling" Alert

```
evIdsAlert: eventId=1183701598144394829 vendor=Cisco severity=high
originator:
  hostId: XXXX
  appName: sensorApp
  appInstanceId: 384
time: August 27, 2007 11:34:48 PM UTC offset=60 timeZone=GMT-05:00
signature: description=PingTunnel ICMP Tunneling id=5543 version=S176
  subsigId: 0
  sigDetails: \\xD5\\x20\\x08\\x80
  marsCategory: Penetrate/Backdoor/CovertChannel
interfaceGroup: vs0
vlan: 0
participants:
  attacker:
    addr: 10.XXX.XXX.XXX locality=Inside
  target:
    addr: 198.XXX.XXX.XXX locality=Inside
    os: idSource=unknown type=unknown relevance=unknown
  riskRatingValue: 80 targetValueRating=medium
  threatRatingValue: 80
  interface: ge0_0
  protocol: icmp
```

The following packet capture shows ICMP traffic containing the hexadecimal

values which trigger the above Cisco IDS "Ping Tunnel ICMP Tunneling" alert.

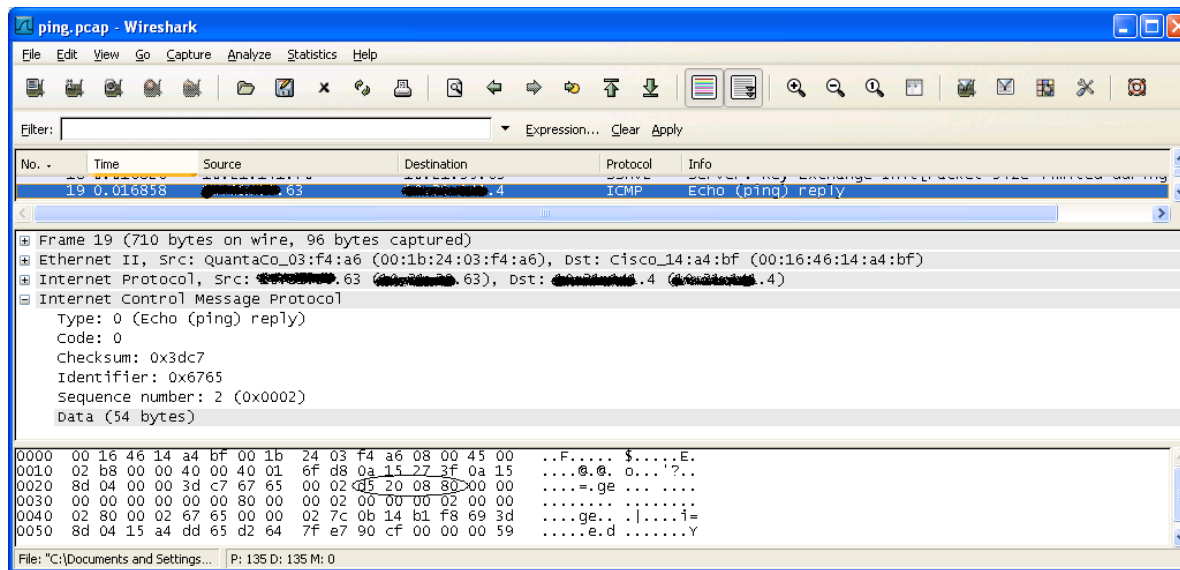


Figure 24: Ping Tunnel Packet Capture - Cisco Signature

A simple way to prevent ICMP tunneling is to block all ICMP traffic or only ICMP message types which are required. This may not be possible in all environments, but should be considered when reviewing outbound firewall rules. Some data leakage prevention products may detect suspicious behavior if the tunneled protocol is not encrypted and the payload contains data considered private like SSNs or credit card numbers. Preventing users from running unauthorized software on their computer either by limiting administrator or root privileges or detecting/preventing using desktop agents like McAfee ePO may be another method for limiting this activity.

4.4 Botnets

While the term "botnet" can be used to refer to any group of bots, such as IRC bots, the word is generally used to refer to a collection of compromised computers (called zombie computers) running programs, usually referred to as worms, Trojan horses, or backdoors, under a common command and control infrastructure (wikipedia.org, 2007).

There are many types of Bots used for a variety of malicious purposes which propagate using many methods some of which are described at <http://www.honeynet.org/papers/bots/>. This section will focus primarily on the various types of network communications between the Bot and command and control center.

4.4.1 Botnet Command & Control Models

To understand Botnet communication, it's important to first understand the centralized and P2P Command & Control (C&C) models. A third random C&C model is potentially interesting, but not really in use today.

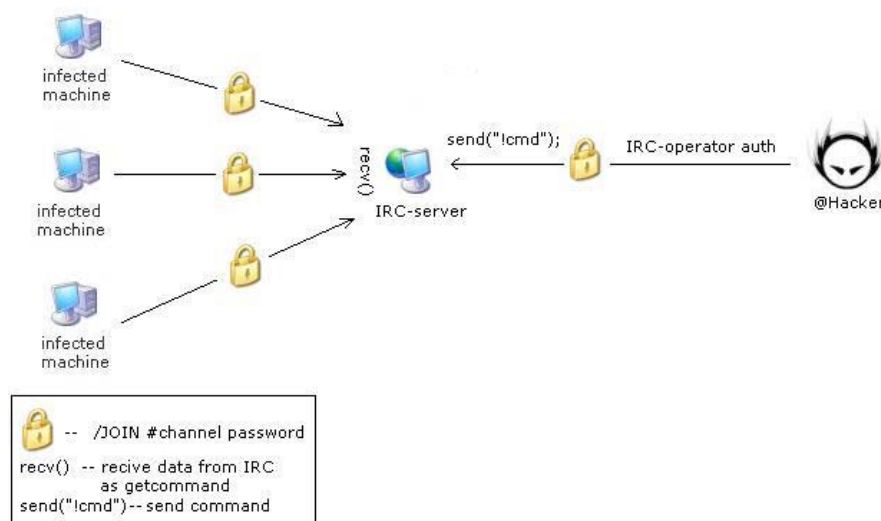
The centralized C&C model is the most common. A centralized high bandwidth host is selected to be the contact point for all bots within the network. An infected host joins the botnet by contacting the centralized host and the centralized host issues instructions directly to all member bots. It's common for the C&C to be a compromised computer. It's also possible for the C&C to change to

another host if dynamic DNS is used by the bots to identify the C&C ("Taxonomy of Botnet Threats", November 2006).

According to Ed Skoudis (2007), attackers are starting to use Peer-to-peer (P2P) botnets to direct botnets without a central point of control. ("10 Emerging Malware Trends for 2007"). P2P based C&C are more difficult to dismantle since they are not controlled by a single server. On the other hand, P2P based C&C can only support small numbers of bots and P2P does not guarantee message delivery and propagation latency. However, new P2P based botnets will likely appear as knowledge of how to implement the P2P model improves. Some Phatbot variants currently use the P2P C&C model ("Taxonomy of Botnet Threats", November 2006).

4.4.2 Botnet Methods of Communication

The following 2 diagrams from (Botnet Communication Platforms, March 7 2007), show two common methods of communication in a centralized C&C Botnet.



Detecting and Preventing Unauthorized Outbound Traffic

Figure 24: Botnet Network Diagram - Using IRC Protocol

IRC was originally developed as a means of BBS users to chat. Today it is also commonly used as a method for Bots to communicate back to an IRC server acting as a command and control center. The infected machines communicate with the IRC server to retrieve commands. The IRC server may be listening on one of the standard IRC ports 6660, 6661, 6662, 6663, 6664, 6665, 6666, 6667, 6668, 6669 or 7000. Non standard IRC ports like port 80 may also be used to ensure greater success in circumventing a firewall. IRC is extremely popular since it provides a simple, low-latency, widely available and anonymous command and control channel for botnet communication (Cooke, Jahanian, & McPherson)

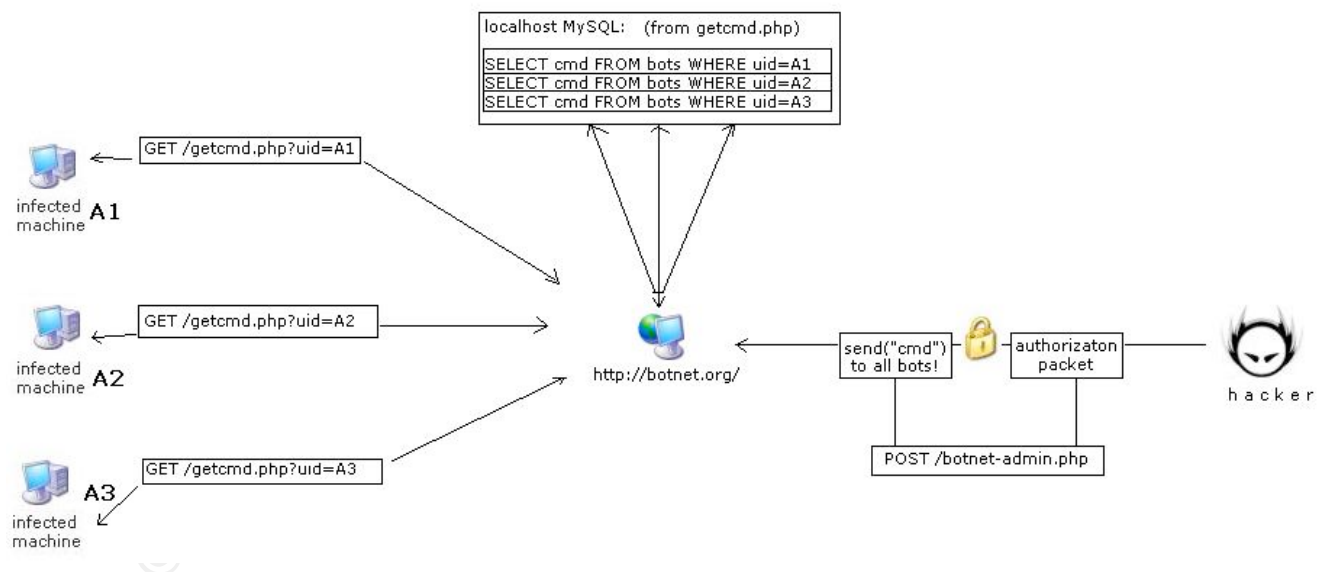


Figure 25: Botnet Network Diagram - Using HTTP Protocol

HTTP is another protocol that can be used to control botnets. In above

diagram, the attacker has established a web server running PHP with a SQL Server backend. Once again, this can be installed on a compromised host to avoid detection. The attacker send commands using the standard HTTP post method, which is then stored in the SQL server database. Infected machines retrieve their commands using standard HTTP get requests. All of this traffic is standard HTTP over port 80 so it blends in very nicely with legitimate web traffic.

WASTE is a decentralized chat, instant messaging and file sharing program & protocol. It behaves similar to a virtual private network by connecting to a group of trusted computers, as determined by the users. This kind of network is commonly referred to as a darknet. It employs heavy encryption to ensure that third parties cannot decipher the messages being transferred. The same encryption is used to transmit and receive instant messages, chat, and files, maintain the connection, and browse and search (Wikipedia, 2007).

The WASTE protocol is used by Phatbot for control communication. The encryption within WASTE has been disabled possibly due to the additional complexity of sharing keys. Since no central host is used it is difficult to shut down this Botnet. On the other hand, peer discovery and network responsiveness are a challenge with P2P networks. Phatbot utilizes Gnutella cache servers for bot registration. Bots register pretending to be a GNUT client, but differentiate themselves from standard Gnutella clients by using TCP port 4387 instead of the standard Gnutella port. Bots can retrieve a list of other bots using the same Gnutella cache servers.

To control the Botnet, the attacker uses a custom WASTE client to connect to a peer identified through a Gnutella cache server. With the correct username and

password, the attacker can issue commands which will be distributed to other bots in a similar P2P fashion. Since WASTE was designed for small networks (10-50 users), only small botnets are currently supported (Stewart, 2004).

4.4.3 Detection and Prevention of Botnet Communication

The following steps can be implemented to identify and contain Botnet communication on your network.

- Close all unnecessary outbound ports on the firewall.
- Implement proxy server to require properly formed HTTP traffic over port 80 to prevent IRC over 80.
- Implement URL filtering to block known Botnet sites.
- Deploy IPS with signature based on well known Botnet sites or detection of known Botnet activity.
- Deploy behavioral IDS to detect suspicious traffic.
- Perform flow analysis to identify Botnet traffic based on high rate of failed connections. Results in a lot of ICMP "destination unreachable" packets and TCP reset packets (Schoof & Koning, 2007).

5.0 Overview of Techniques for Securing Outbound Traffic

The techniques described in this paper may be used by company employees (insiders), outside attackers (intruders) or both. For insiders, security policy, security awareness and training are important to ensure employees understand the appropriate use of corporate resources including the network.

Preventing attackers from getting on a system in the first place by hardening and patching servers is an obvious first step to minimize outsider threats like Bots, Worms and Viruses or backdoors. This includes considering using AV, host based intrusion prevention and host firewalls as appropriate.

From a network perspective, all unnecessary outbound ports should be closed. Consider implementing a HTTP proxy for web traffic and a SOCKS proxy for other outbound traffic (e.g. SSH). If unable to implement an HTTP proxy, then some other form of web filtering (e.g. Websense, Surf Control) will provide protection against malicious web sites and possibly some undesirable network protocols (e.g. P2P, IM) if supported by the filtering solution. Sensing outbound traffic using a network IDS is another important tool in identifying suspicious traffic like tunneling protocols and TOR traffic.

Stealthy traffic like reverse WWW shell may require some additional protection since this traffic appears like well formed HTTP traffic. Restricting outbound Internet access from sensitive servers and running desktop firewall or HIPS may help to identify HTTP traffic originating from a process other than the web browser.

Detecting and Preventing Unauthorized Outbound Traffic

All of the above tools are important in providing a layered approach to protecting your network. Once these tools are in place, they can be configured to address the threats that exist both today and hopefully in the future.

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