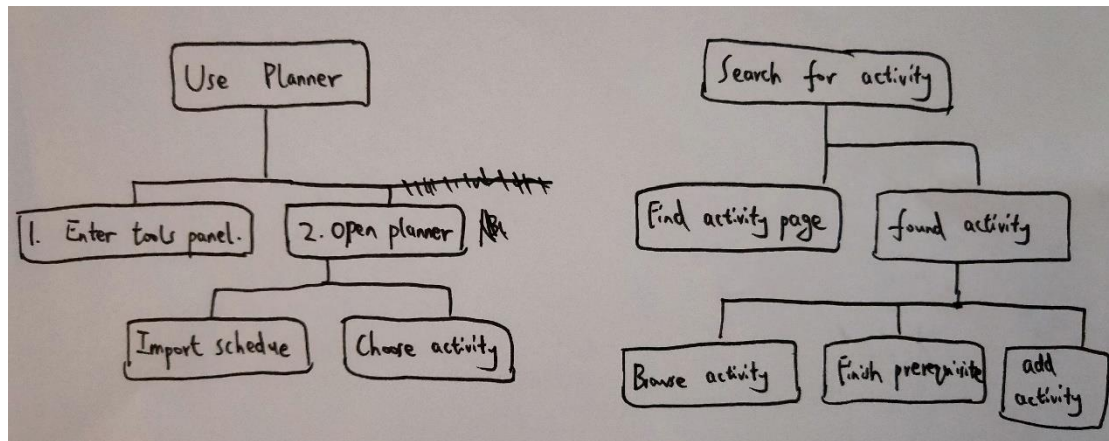
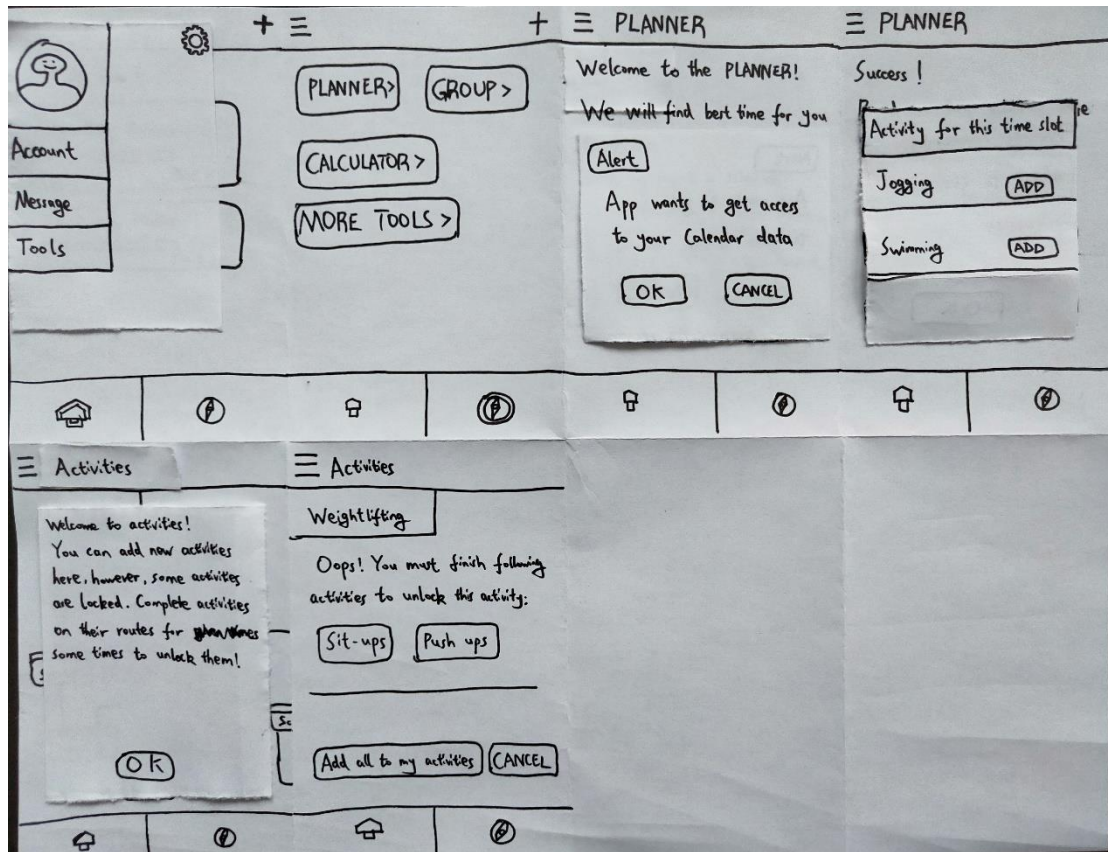
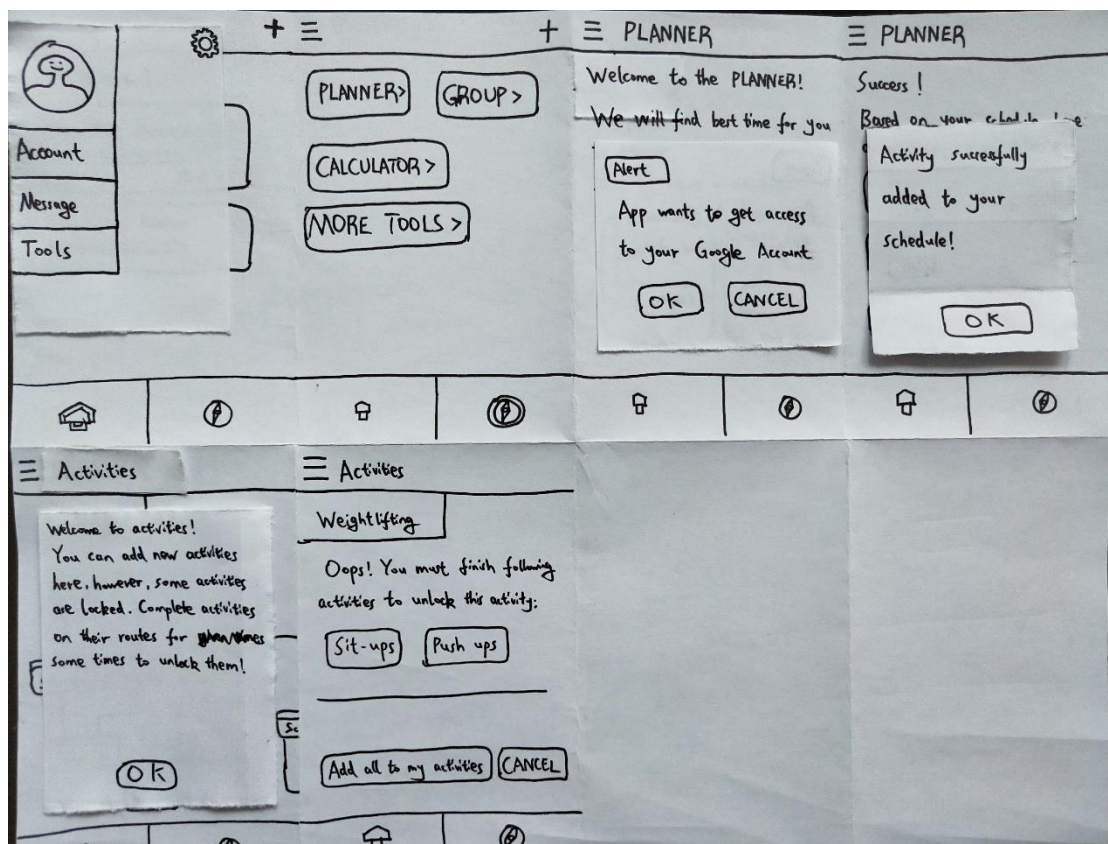
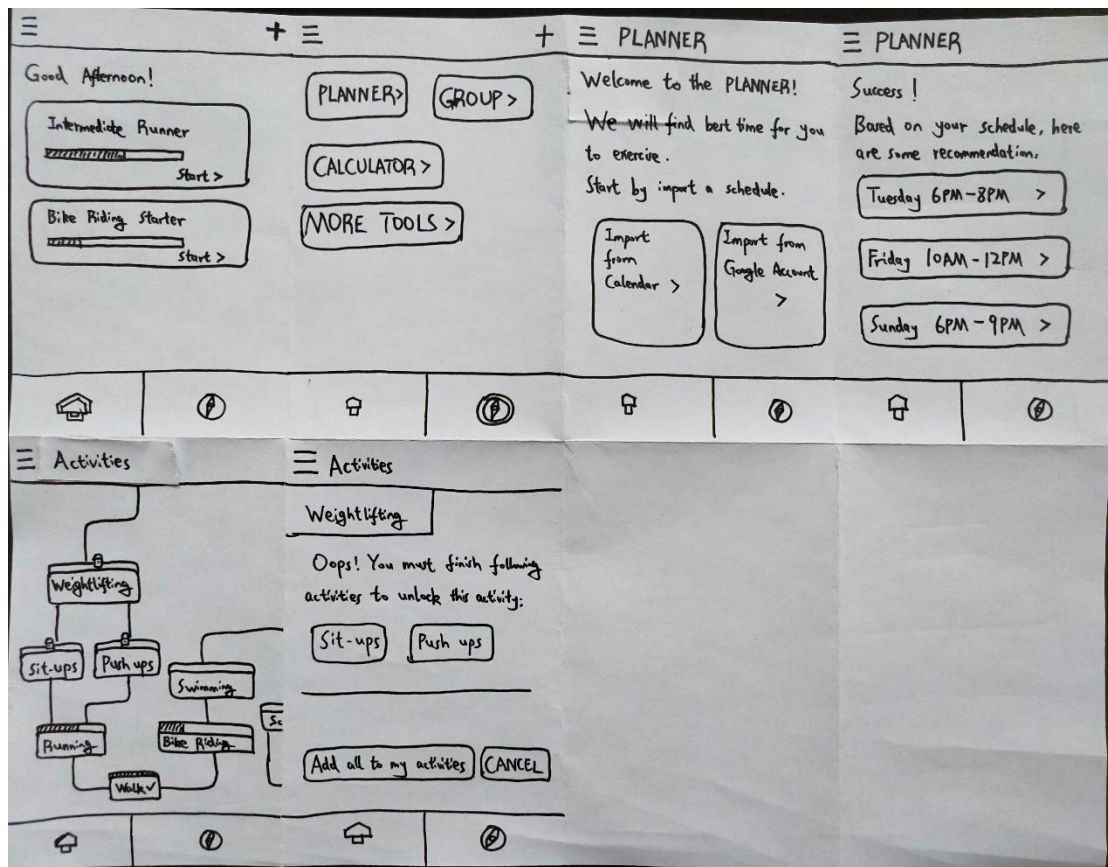


1. Task Analysis:



2. Paper prototype:  
In sizes for printing:





Individual parts:





Good Afternoon!

Intermediate Runner



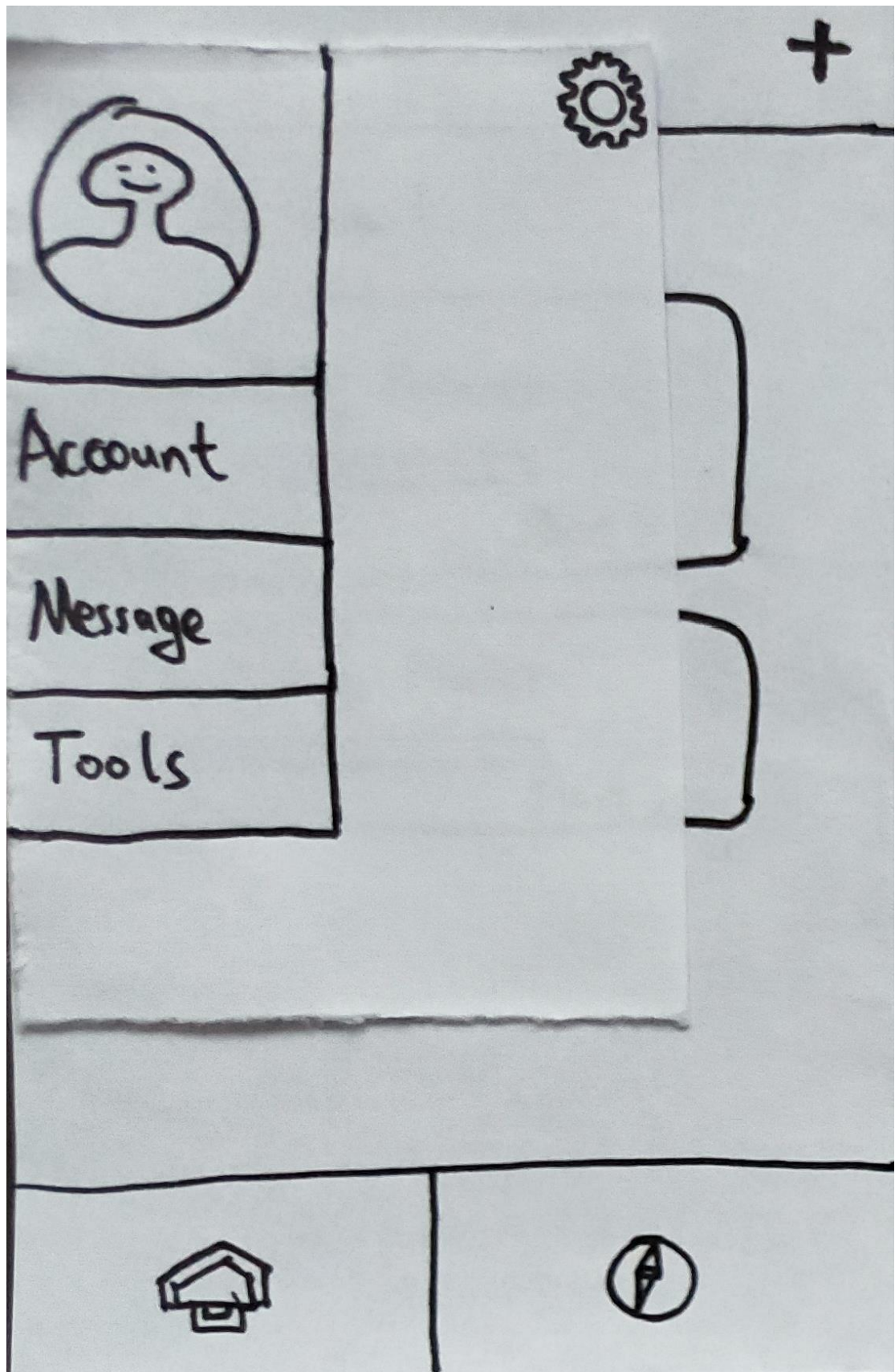
Start >

Bike Riding Starter



Start >









PLANNER >

GROUP >

CALCULATOR >

MORE TOOLS >



# ≡ PLANNER

---

Welcome to the PLANNER!

We will find best time for you  
to exercise.

Start by import a schedule.

Import  
from  
Calendar >

Import from  
Google Account  
>





# ≡ PLANNER

---

Welcome to the PLANNER!

We will find best time for you

Alert

App wants to get access  
to your Calendar data

OK

CANCEL





# ≡ PLANNER

---

Welcome to the PLANNER!

We will find best time for you

Alert

App wants to get access  
to your Google Account

OK

CANCEL



# ≡ PLANNER

---

Success !

Based on your schedule, here  
are some recommendation:

Tuesday 6PM-8PM >

Friday 10AM-12PM >

Sunday 6PM-9PM >





# ≡ PLANNER

Success !

Activity for this time slot

Jogging

ADD

Swimming

ADD



# ≡ PLANNER

Success!

Based on your calendar time

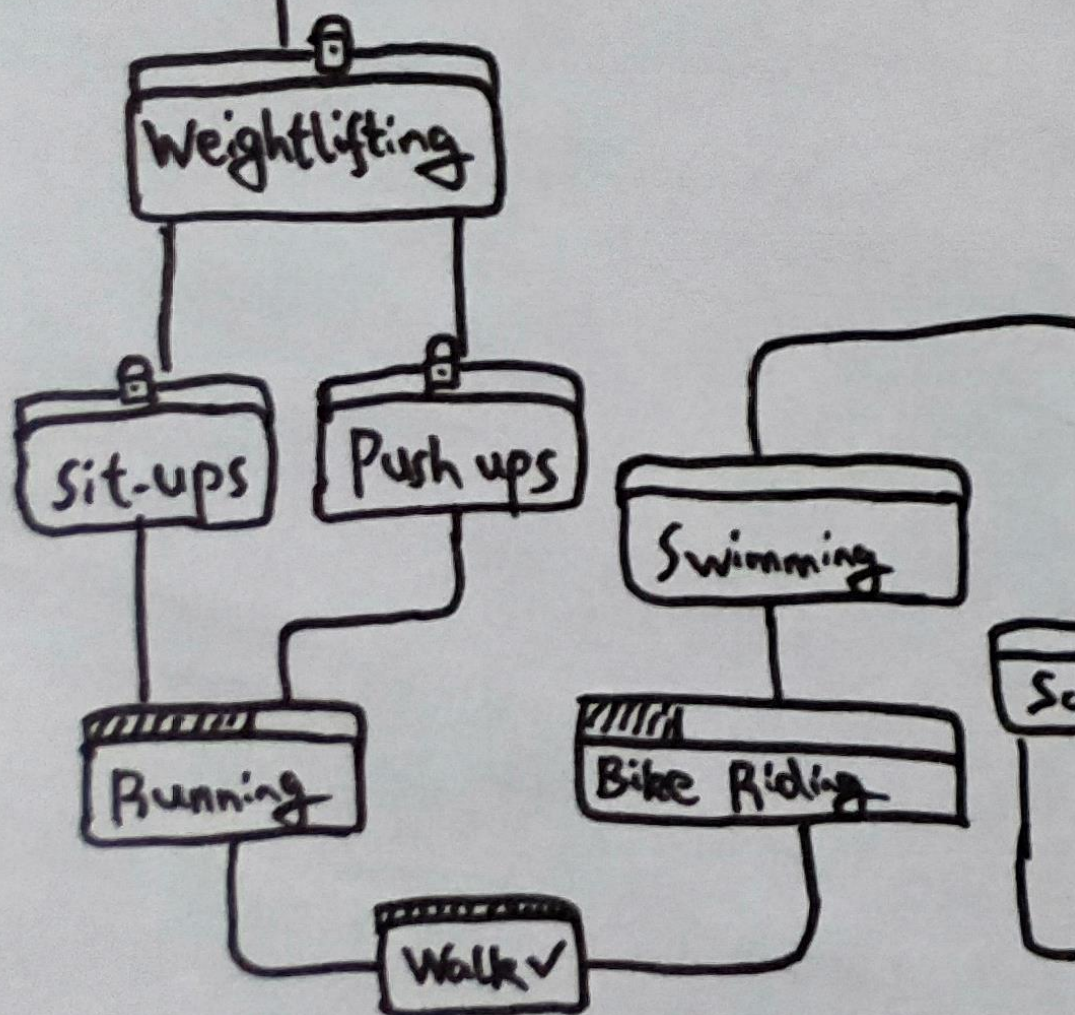
Activity successfully  
added to your  
schedule!

OK





# ≡ Activities





## Activities

Welcome to activities!

You can add new activities here, however, some activities are locked. Complete activities on their routes for ~~some~~ some times to unlock them!

OK





# ≡ Activities

## Weightlifting

Oops! You must finish following activities to unlock this activity:

Sit-ups

Push ups

Add all to my activities

CANCEL



3.

Scenario: You are a 3rd year university student. You want to exercise more but you have a very busy time schedule. Use this app, can you show me how to do the following tasks:

- (1) Find a tool to analyze your schedule and help you to plan when to exercise.
- (2) Add exercising activities to schedule for time slot suggested.
- (3) Look for an activity: Weightlifting and try to add it to your plan.