# Introduction to Psychometric Models

Lecture 2

https://jonathantemplin.com/bayesian-psychometric-modeling-fall-2024/

#### Today's Lecture Objectives

- 1. An Framing Example
- 2. Latent traits
- 3. Our first graphical model (path diagram)
- 4. Psychometric models from generalized linear models

## Class Discussion: Satisfaction with Life Scale

Take a look at the following items (as reported in McDonald, 1999): https://uiowa.qualtrics.com/jfe/form/SV\_6J8Hakox1U4S7UW

Questions for discussion:

- 1. How would we analyze these data?
- 2. Do you know of any psychometric model that would work?

#### More Class Discussion: SWLS, Revised

Now, take a look at the following revised items (item stems reported in McDonald, 1999): https://uiowa.qualtrics.com/jfe/form/SV\_e8rqrilRNBnT8SG

#### Questions for discussion:

- 1. What is different about this survey?
- 2. Does this survey seem to measure the same construct as the previous survey?
- 3. How would we analyze these data?
- 4. Do you know of any psychometric model that would work?

#### Latent Traits: A Big-Picture View

Latent trait theory posits there are attributes of a person (typically) that are:

- Unobservable (hence the term latent)
- Quantifiable
- Related to tasks that can be observed

#### Latent Traits: A Big-Picture View

Often, these attributes are often called constructs, underscoring they are constructed and do not exist, such as:

- A general or specific ability (in educational contexts)
- A feature of personality, such as "extroversion" (in psychological contexts)

The same psychometric models apply regardless of the measurement context

• I like to say "math don't care" to describe how a mathematical model is agnostic to the context in which it is used

### The Long History of Latent Trait Theory

- Latent trait theory, as we now know it, began well before most current academic disciplines
  - Educational assessments (tests) have existed for centuries
    - These seek to measure latent abilities
  - The study of intelligence began in the mid 1800s
    - Intelligence is also a latent trait
- Methodological innovations have often spurred empirical (discipline-specific) trait development
  - Early methods were limited by mathematical and statistical theory
  - The invention and wide-spread use of computers made advances in psychometrics possible
  - More recent statistical innovations further shape methods (i.e., computational estimation methods using Bayes)

#### Latent Traits are Interdisciplinary

- Many varying fields use some version of latent traits
- Similar (or identical) methods are often developed separately
  - Item response theory in education
  - Item factor analysis in psychology
- Many different terms for same ideas, such as the
  - Label given to the latent trait: Factor/Ability/Attribute/Construct
  - Label given to those giving the data:
     Examinee/Subject/Participant/Respondent/Patient/Student
- What this means:
  - Lots of words to keep track of, but (relatively) few concepts
  - We will focus on concepts (but have a lot of words)

#### The Best Constructs Are Built Purposefully

- Latent constructs seldom occur randomly—they are defined
  - The definition typically indicates:
    - What the construct means
    - What observable behaviors are likely related to the construct
      - For a lot of what we do, observable behavior means answering questions on an assessment or survey
- Therefore, modern psychometric methods are built around specifying the set of observed variables to which a latent variable relates
  - No need for exploratory analyses—we define our construct and seek to falsify our definition
- The term I use for "relates" is "measure"
  - Educational assessment items measure some type of ability

#### **Guiding Principles**

- To better understand psychometric methods and theory, I recommend you envision what you would do if latent variables were not latent
  - Example: Imagine if we could directly observe mathematics ability
- Then, consider what we would do with that value
  - Example: We could predict how students would perform on items using logistic regression
- Psychometric models essentially do this—use observed variable methods as if we know the value of the latent variable
  - There are some catches, though
    - We need a data collection design that allows for such methods to be used
    - We need a more formal vetting of whether or not we did a good job measuring the construct

#### Measurement, Formally Defined

Measurement is the quantification of some characteristic (physical or otherwise)

- Consider the measurement of length (a physical construct)
  - Why? We need to know where to put things
  - How? We use some type of device (a ruler, yardstick, tape measure) and note the distance from the origin
  - What? The distance is then quantified with some type of unit (a unit of measure)
    - Inches, centimeters, meters, yards, etc...

#### Measurement of Latent Constructs

- How does this differ when we cannot observe the thing we are measuring—when the construct is latent?
  - We still need something we can observe—item responses for example
  - We need a method to map the response to a number (like the inches)
    - Strongly agree==5?
  - We also need a way to aggregate all responses to a value that represents a person
    - A score or classification
  - We then need a way to ensure what we just did means what we think it does
    - Methods for validation
  - We also need to remember that the values we estimate for the latent variable won't be perfectly reliable
    - Caution needed for secondary analyses

#### Measurement Models

 A distinguishing feature of psychometric models is the second word—they are models

- We often call such models "measurement models"
- Measurement models are the mathematical specification that provides the link between the latent variable(s) and the observed data
- The form of such models looks different across the wide classes of measurement models (e.g., factor analysis vs. item response models) but wide generalities exist
- Measurement models need:
  - Distributional assumptions about the data (with link functions)
  - A linear or non-linear form that predicts data from the trait(s)
- The key: Observed data are being predicted by latent variable(s)

# Measurement Models vs. Other Measurement Techniques

Measurement models are a different way of thinking about psychometrics than what most people without psychometric training do

# Characteristics of Latent Variables

#### Characteristics of Latent Variables

- Latent variables can have different levels of measurement (hypothetically)
  - Interval level (as in factor analysis and item response theory) Continuous
    - No absolute zero, but units of the quantity are equivalent across the range of values
    - Example: A person with a value of 2 is the same distance from a person with a value of 0 as is a person with a value of -2
  - Ordinal level (as in diagnostic classification models)
    - Can rank order people but not determine how far apart they may be
    - Example: Students considered masters of a topic have more ability than students considered non-masters
  - Nominal level (as in latent class or finite mixture models) Categorical
    - Groups/classes/clusters of people
    - No scale provided at all

#### Most Common: Continuous Latents

- For most of this class, we will treat latent variables as continuous (interval level)
- As they do not exist, continuous latent variables need a defined metric:
  - What is their mean?
  - What is their standard deviation?
- Defining the metric is the first step in a latent variable model
  - Called scale identification
- The metric is arbitrary
  - Can set differing means/variances but still have same model
  - Linear transformations of parameters based on scale mean and standard deviation

#### Measurement Model Path Diagrams

Measurement models are often depicted in graphical format, using what is called a path diagram

- Typically, latent variables are represented as objects that are circles/ovals
- Using graph theory terms, a variable in a path diagram (latent or observed) is called a node
- Lines connecting the variables are called edges

## Latent Variable Only



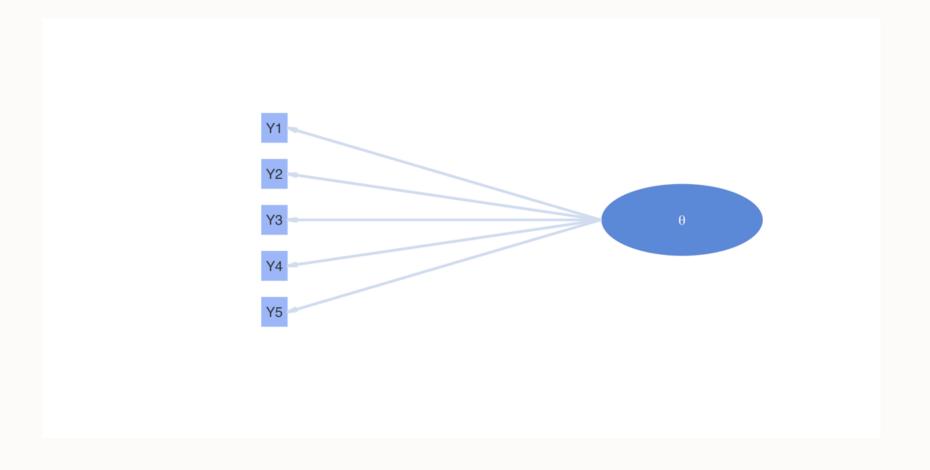
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#### Adding Observed Variables

Measurement model path diagrams often denote observed variables with boxes On the next slide:

- ullet The term "latent variable" is replaced with heta
- ullet The observed variables are denoted as Y1 through Y5
  - Imagine these represent the five items of the scale we started class with

## Path Diagram with Observed and Latent Variables



#### Path Diagrams: Not Models

Path diagrams are useful for depicting a measurement model but are not models

- All model parameters cannot be included in the diagram
- No indication about the distribution of the variables (especially needed in Bayesian psychometric modeling)

#### Translating a Path Diagram to a Model

Going back to our the point from before—let's imagine the latent variable as an observed variable

- An arrow (edge) indicates one variable predicts another
  - The predictor is the variable on the side of the arrow without the point
  - The outcome is the variable on the side of the point
- If we assume the items were continuous (like linear regression), the diagram indicates a regression model for each outcome

$$Y_{p1} = \beta_{Y_1,0} + \beta_{Y_1,1}\theta_p + e_{p,Y_1}$$

#### Interpreting the Parameters

All five regression lines implied by the model are then:

$$Y_{p1} = \beta_{Y_1,0} + \beta_{Y_1,1}\theta_p + e_{p,Y_1}$$

$$Y_{p1} = \beta_{Y_2,0} + \beta_{Y_2,1}\theta_p + e_{p,Y_2}$$

$$Y_{p3} = \beta_{Y_3,0} + \beta_{Y_3,1}\theta_p + e_{p,Y_3}$$

$$Y_{p4} = \beta_{Y_4,0} + \beta_{Y_4,1}\theta_p + e_{p,Y_4}$$

$$Y_{p5} = \beta_{Y_5,0} + \beta_{Y_5,1}\theta_p + e_{p,Y_5}$$

#### Here:

- ullet  $eta_{Y_i,0}$  is the intercept of the regression line predicting the score from item  $Y_i$ 
  - The expected resposne score for a person who has  $\theta_p = 0$
- ullet  $eta_{Y_i,1}$  is the slope of the regression line predicting the score from item  $Y_i$ 
  - The expected change in the response score for a one-unit change in  $\theta_p$

#### More Interpreting the Parameters

#### Also:

- $e_{p,Y_i}$  is the residual (error), indicating the difference in the predicted score for person p to item i
  - Like in regression, we additionally assume:
    - $\circ$   $e_{p,Y_i} \sim N\left(0, \sigma_{e_{Y_i}}^2\right)$ : is normally distributed with mean zero and...
- $\sigma_{e_{Y_i}}^2$  is the residual variance of item  $Y_i$ , indicating the square of how far off the prediction is on average

The five regression models are estimated simultaneously:

- ullet If  $heta_p$  were observed, we would call this a multivariate regression
  - <u>Multivariate regression</u>: Multiple continuous outcomes predicted by one or more predictors

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#### More About Regression

$$Y_{pi} = \beta_{Y_i,0} + \beta_{Y_i,1}\theta_p + e_{p,Y_i}$$

In the regression model for a single variable, what distribution do we assume about the outcome?

- As error is normally distributed, the outcome takes a normal distribution  $Y_{pi} \sim N(?,?)$
- As  $\beta_{Y_i,0}$ ,  $\beta_{Y_i,1}$ , and  $\theta_p$  are constants, they move the mean of the outcome to  $\beta_{Y_i,0}+\beta_{Y_i,1}\theta_p$ 
  - $Y_{pi} \sim N(\beta_{Y_i,0} + \beta_{Y_i,1}\theta_p,?)$
- ullet As error has a variance of  $\sigma^2_{e_{Y_i}}$ , the outcome is assumed to have variance  $\sigma^2_{e_{Y_i}}$ 
  - $P_{pi} \sim N(\beta_{Y_i,0} + \beta_{Y_i,1}\theta_p, \sigma^2_{e_{Y_i}})$
- Therefore, we say  $Y_{pi}$  follows a conditionally normal distribution

#### The Univariate Normal Distribution

- When we say  $Y \sim N(\mu, \sigma^2)$ , that implies a probability density function (pdf).
- For the univariate normal (sometimes called Gaussian) distribution, the pdf is:

$$f(Y) = \frac{1}{\sqrt{2\pi\sigma^2}} \exp\left[\frac{(Y-\mu)^2}{2\sigma^2}\right]$$

- Here,  $\pi$  is the constant 3.14 and exp is Euler's constant (2.71)
- Of note here is that there are three components that go into the function:
  - The data Y
  - The mean  $\mu$  this can be the conditional mean we had on the previous slide (formed by parameters)
  - The variance  $\sigma^2$
- The key to using Bayesian methods is to know the distributions for each of the variables in the model

#### From Regression to CFA

When  $\theta_i$  is latent, the five-variable model becomes a <u>confirmatory factor analysis</u> (CFA) model

- <u>CFA</u>: Prediction of continuous items using linear regression with one or more continuous latent variables as predictors
  - The interpretations of the regression parameters are identical between linear regression and CFA

#### Regression and CFA Differences

The differences between CFA and regression are:

- ullet  $\theta_p$  is not observed in CFA but is observed in regression
  - Therefore, we must set its mean and variance
    - There are multiple was to do this (standardized factor, marker item, etc...)
       —stay tuned
- Each of the model parameters has a different name (and symbol denoting it) in CFA
  - $\beta_{Y_i,0} = \mu_i$  is the item intercept
  - $\beta_{Y_i,1} = \lambda_i$  is the factor loading for an item
  - $\sigma_{e_{Y_i}}^2 = \psi_i^2$  is the unique variance for an item
- We must have a sufficient number of observed variables to empirically identify the latent trait

#### **Changing Notation**

Our five-item CFA model with CFA-notation:

$$Y_{p1} = \mu_1 + \lambda_1 \theta_p + e_{p,Y_1}$$

$$Y_{p2} = \mu_2 + \lambda_2 \theta_p + e_{p,Y_2}$$

$$Y_{p3} = \mu_3 + \lambda_3 \theta_p + e_{p,Y_3}$$

$$Y_{p4} = \mu_4 + \lambda_4 \theta_p + e_{p,Y_4}$$

$$Y_{p5} = \mu_5 + \lambda_5 \theta_p + e_{p,Y_5}$$

# Measurement Models for Different Item Types

### Measurement Models for Different Item Types

- The CFA model assumes (1) continuous latent and (2) continuous observed variables
  - What should we do if we have binary items (e.g., yes/no, correct/incorrect)?
- If we had observed  $\theta_p$  and wanted to predict  $Y_{1p} \in \{0, 1\}$  (read as  $Y_{p1}$  takes values of either zero or one) what type of analysis would we use?

### Measurement Models for Different Item Types

• Logistic regression:

$$P(Y_{p1} = 1) = \frac{\exp(\beta_{Y_1,0} + \beta_{Y_1,1}\theta_p)}{1 + \exp(\beta_{Y_1,0} + \beta_{Y_1,1}\theta_p)}$$

• Alternatively:

$$Logit (P(Y_{p1} = 1)) = \beta_{Y_1,0} + \beta_{Y_1,1}\theta_p$$

#### Interpreting of Model Parameters

$$Logit (P(Y_{p1} = 1)) = \beta_{Y_1,0} + \beta_{Y_1,1}\theta_p$$

#### Here:

- $\beta_{Y_1,0}$  is the intercept the expected log odds of a correct response when  $\theta_p=0$
- $\beta_{Y_1,1}$  is the slope the expected change in log odds of a correct response for a one-unit change in  $\theta_p$
- Note: there is no error variance term...why?

#### Bernoulli Distributions

- Using logistic regression for binary outcomes makes the assumption that the outcome follows a (conditional) Bernoulli distribution, or  $Y \sim B(p_Y)$ 
  - The parameter  $p_Y$  is the probability that Y equals one, or P(Y=1)
- The Bernoulli pdf (sometimes called the probability mass function as the variable is discrete) is:

$$f(Y) = (p_Y)^Y (1 - p_y)^{1-Y}$$

- So, there is no error variance parameter in logistic regression as there is no parameter in the distribution that represents error.
  - Error is represented by how far off a probability is from either zero or one

#### Logistic Regression with Latent Variable(s)

 Back to our running example, if we had binary items and wished to form a (unidimensional) latent variable model, we would have something that looked like:

$$P(Y_{pi} = 1 \mid \theta_p) = \frac{\exp(\mu_i + \lambda_i \theta_p)}{1 + \exp(\mu_i + \lambda_i \theta_p)}$$

- Here, the parameters retain their names from CFA:
  - $\beta_{Y_i,0} = \mu_i$  is the item intercept
  - lacksquare  $\beta_{Y_i,1} = \lambda_i$  is the factor loading for an item
- We call this slope-intercept parameterization
- This parameterization is called <u>item factor analysis(IFA)</u>

#### From IFA to IRT

• IFA and IRT are equivalent models—their parameters are transformations of each other:

$$a_i = \lambda_i$$

$$b_i = -\frac{\mu_i}{\lambda_i}$$

• This yields the discrimination-difficulty parameterization that is common in unidimensional IRT models:

$$P(Y_{pi} = 1 \mid \theta_p) = \frac{\exp(a_i (\theta_p - b_i))}{1 + \exp(a_i (\theta_p - b_i))}$$

#### From IFA to IRT

$$P(Y_{pi} = 1 \mid \theta_p) = \frac{\exp(a_i (\theta_p - b_i))}{1 + \exp(a_i (\theta_p - b_i))}$$

- $b_i$  is the item difficulty—the point on the  $\theta$  scale at which a person has a 50% chance of answering with a one
- $a_i$  is the item discrimination—the slope of a line tangent to the curve at the item difficulty
- IRT models have a number of different forms of this equation (this is the two-parameter logistic 2PL model)

#### Generalized Linear (Psychometric) Models

- A key to understanding the varying types of psychometric models is that they must map the theory (the right-hand side of the equation— $\theta_p$ ) to the type of observed data
- Today we've seen two types of data: continuous (with a normal distribution) and binary (with a Bernoulli distribution)
- For each, the right-hand side of the item model was the same
- For the normal distribution:
  - We had an error term but did not transform the right-hand side
- For the Bernoulli distribution:
  - No error term and a function used to transform the right-hand side so that the conditional mean ranged between zero and one
- We will use these features in each of our models as we continue in this class
  - This is also an introduction to generalized linear models

#### Wrapping Up

- This lecture was a quick introduction to psychometric models
- Latent trait theory guides the construction of items
- Psychometric models then implement and test the theory
- The family of model used is determined by the type of observable data