SOME BASIC TRIG - KNOW THIS!

FUNDAMENTAL TRIG IDENTITIES (IDs)

Memorize these in both "directions" (i.e., left-to-right and right-to-left).

Reciprocal Identities $csc x = \frac{1}{\sin x} \qquad sin x = \frac{1}{\csc x} \\ sec x = \frac{1}{\cos x} \qquad cos x = \frac{1}{\sec x}$

$$\cot x = \frac{1}{\tan x} \qquad \tan x = \frac{1}{\cot x}$$

Warning: Remember that the reciprocal of $\sin x$ is $\csc x$, not $\sec x$.

<u>Note</u>: We typically treat "0" and "undefined" as reciprocals when we are dealing with trig functions. Your algebra teacher will not want to hear this, though!

Quotient Identities

$$\tan x = \frac{\sin x}{\cos x}$$
 and $\cot x = \frac{\cos x}{\sin x}$

Pythagorean Identities

$$\sin^2 x + \cos^2 x = 1$$

$$1 + \cot^2 x = \csc^2 x$$

$$\tan^2 x + 1 = \sec^2 x$$

<u>Tip</u>: The 2^{nd} and 3^{rd} IDs can be obtained by dividing both sides of the 1^{st} ID by $\sin^2 x$ and $\cos^2 x$, respectively.

<u>Tip</u>: The squares of $\csc x$ and $\sec x$, which have the "Up-U, Down-U" graphs, are all alone on the right sides of the last two IDs. They can never be 0 in value. (Why is that? Look at the left sides.)

Cofunction Identities

If *x* is measured in radians, then:

$$\sin x = \cos\left(\frac{\pi}{2} - x\right)$$

$$\cos x = \sin\left(\frac{\pi}{2} - x\right)$$

We have analogous relationships for tan and cot, and for sec and csc; remember that they are sometimes undefined.

Think: Cofunctions of complementary angles are equal.

Even / Odd (or Negative Angle) Identities

Among the six basic trig functions, cos (and its reciprocal, sec) are even:

$$cos(-x) = cos x$$

 $sec(-x) = sec x$, when both sides are defined

However, the other four (sin and csc, tan and cot) are odd:

$$\sin(-x) = -\sin x$$

 $\csc(-x) = -\csc x$, when both sides are defined

$$tan(-x) = -tan x$$
, when both sides are defined $cot(-x) = -cot x$, when both sides are defined

Note: If f is an even function (such as cos), then the graph of y = f(x) is symmetric about the y-axis.

Note: If f is an odd function (such as sin), then the graph of y = f(x) is symmetric about the origin.

MORE TRIG IDENTITIES - MEMORIZE!

SUM IDENTITIES

Memorize:

$$\sin(u+v) = \sin u \cos v + \cos u \sin v$$

Think: "Sum of the mixed-up products"

(Multiplication and addition are commutative, but start with the $\sin u \cos v$ term in anticipation of the Difference Identities.)

$$cos(u+v) = cos u cos v - sin u sin v$$

Think: "Cosines [product] - Sines [product]"

$$\tan(u+v) = \frac{\tan u + \tan v}{1 - \tan u \tan v}$$

$$\underline{\text{Think}} : "\frac{\text{Sum}}{1 - \text{Product}}"$$

DIFFERENCE IDENTITIES

Memorize:

Simply take the Sum Identities above and change every sign in sight!

$$\sin(u-v) = \sin u \cos v - \cos u \sin v$$

(Make sure that the right side of your identity
for $\sin(u+v)$ started with the $\sin u \cos v$ term!)

$$\cos(u-v) = \cos u \cos v + \sin u \sin v$$

$$\tan(u-v) = \frac{\tan u - \tan v}{1 + \tan u \tan v}$$

Obtaining the Difference Identities from the Sum Identities:

Replace v with (-v) and use the fact that sin and tan are odd, while cos is even.

For example,

$$\sin(u-v) = \sin[u+(-v)]$$

$$= \sin u \cos(-v) + \cos u \sin(-v)$$

$$= \sin u \cos v - \cos u \sin v$$

DOUBLE-ANGLE (Think: Angle-Reducing, if u > 0) IDENTITIES

Memorize:

(Also be prepared to recognize and know these "right-to-left")

$$\sin(2u) = 2\sin u \cos u$$

Think: "Twice the product"

Reading "right-to-left," we have:

$$2 \sin u \cos u = \sin(2u)$$

(This is helpful when simplifying.)

$$\cos(2u) = \cos^2 u - \sin^2 u$$

Think: "Cosines – Sines" (again)

Reading "right-to-left," we have:

$$\cos^2 u - \sin^2 u = \cos(2u)$$

Contrast this with the Pythagorean Identity:

$$\cos^2 u + \sin^2 u = 1$$

$$\tan(2u) = \frac{2 \tan u}{1 - \tan^2 u}$$

(Hard to memorize; we'll show how to obtain it.)

Notice that these identities are "angle-reducing" (if u > 0) in that they allow you to go from trig functions of (2u) to trig functions of simply u.

Obtaining the Double-Angle Identities from the Sum Identities:

Take the Sum Identities, replace v with u, and simplify.

$$\sin(2u) = \sin(u + u)$$

$$= \sin u \cos u + \cos u \sin u \quad \text{(From Sum Identity)}$$

$$= \sin u \cos u + \sin u \cos u \quad \text{(Like terms!!)}$$

$$= 2 \sin u \cos u$$

$$\cos(2u) = \cos(u + u)$$

$$= \cos u \cos u - \sin u \sin u \quad \text{(From Sum Identity)}$$

$$= \cos^2 u - \sin^2 u$$

$$\tan(2u) = \tan(u + u)$$

$$= \frac{\tan u + \tan u}{1 - \tan u \tan u} \quad \text{(From Sum Identity)}$$

$$= \frac{2 \tan u}{1 - \tan^2 u}$$

This is a "last resort" if you forget the Double-Angle Identities, but you will need to recall the Double-Angle Identities quickly!

One possible exception: Since the tan(2u) identity is harder to remember, you may prefer to remember the Sum Identity for tan(u + v) and then derive the tan(2u) identity this way.

If you're quick with algebra, you may prefer to go in reverse: memorize the Double-Angle Identities, and then guess the Sum Identities.

Memorize These Three Versions of the Double-Angle Identity for $\cos(2u)$:

Let's begin with the version we've already seen:

Version 1:
$$\cos(2u) = \cos^2 u - \sin^2 u$$

Also know these two, from "left-to-right," and from "right-to-left":

Version 2:
$$\cos(2u) = 1 - 2\sin^2 u$$

Version 3:
$$\cos(2u) = 2\cos^2 u - 1$$

Obtaining Versions 2 and 3 from Version 1

It's tricky to remember Versions 2 and 3, but you can obtain them from Version 1 by using the Pythagorean Identity $\sin^2 u + \cos^2 u = 1$ written in different ways.

To obtain Version 2, which contains $\sin^2 u$, we replace $\cos^2 u$ with $(1-\sin^2 u)$.

$$\cos(2u) = \cos^2 u - \sin^2 u \qquad \text{(Version 1)}$$

$$= \underbrace{(1 - \sin^2 u)}_{\text{from Pythagorean Identity}} - \sin^2 u$$

$$= 1 - \sin^2 u - \sin^2 u$$

$$= 1 - 2\sin^2 u \qquad (\Rightarrow \text{Version 2})$$

To obtain Version 3, which contains $\cos^2 u$, we replace $\sin^2 u$ with $(1-\cos^2 u)$.

$$\cos(2u) = \cos^2 u - \sin^2 u \qquad \text{(Version 1)}$$

$$= \cos^2 u - \underbrace{(1 - \cos^2 u)}_{\text{from Pythagorean Identity}}$$

$$= \cos^2 u - 1 + \cos^2 u$$

$$= 2 \cos^2 u - 1 \qquad (\Rightarrow \text{Version 3})$$

POWER-REDUCING IDENTITIES ("PRIs")

(These are called the "Half-Angle Formulas" in some books.)

Memorize: Then,

$$\sin^2 u = \frac{1 - \cos(2u)}{2} \quad \text{or} \quad \frac{1}{2} - \frac{1}{2}\cos(2u) \qquad \tan^2 u = \frac{\sin^2 u}{\cos^2 u} = \frac{1 - \cos(2u)}{1 + \cos(2u)}$$

$$\cos^2 u = \frac{1 + \cos(2u)}{2}$$
 or $\frac{1}{2} + \frac{1}{2}\cos(2u)$

Actually, you just need to memorize one of the $\sin^2 u$ or $\cos^2 u$ identities and then switch the visible sign to get the other. Think: "sin" is "bad" or "negative"; this is a reminder that the minus sign belongs in the $\sin^2 u$ formula.

Obtaining the Power-Reducing Identities from the Double-Angle Identities for $\cos(2u)$

To obtain the identity for $\sin^2 u$, start with Version 2 of the $\cos(2u)$ identity:

$$\cos(2u) = 1 - 2\sin^2 u$$

Now, solve for $\sin^2 u$.

$$2\sin^2 u = 1 - \cos(2u)$$

$$\sin^2 u = \frac{1 - \cos(2u)}{2}$$

To obtain the identity for $\cos^2 u$, start with Version 3 of the $\cos(2u)$ identity:

$$\cos(2u) = 2\cos^2 u - 1$$

Now, switch sides and solve for $\cos^2 u$.

$$2\cos^2 u - 1 = \cos(2u)$$

$$2\cos^2 u = 1 + \cos(2u)$$

$$\cos^2 u = \frac{1 + \cos(2u)}{2}$$

HALF-ANGLE IDENTITIES

Instead of memorizing these outright, it may be easier to derive them from the Power-Reducing Identities (PRIs). We use the substitution $\theta = 2u$. (See **Obtaining** ... below.)

The Identities:

$$\sin\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1-\cos\theta}{2}}$$

$$\cos\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1+\cos\theta}{2}}$$

$$\tan\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1-\cos\theta}{1+\cos\theta}} = \frac{1-\cos\theta}{\sin\theta} = \frac{\sin\theta}{1+\cos\theta}$$

For a given θ , the choices among the \pm signs depend on the Quadrant that $\frac{\theta}{2}$ lies in. Here, the \pm symbols indicate incomplete knowledge; unlike when we deal with the Quadratic Formula, we do not take both signs for any of the above formulas for a given θ . There are no \pm symbols in the last two $\tan\left(\frac{\theta}{2}\right)$ formulas; there is no problem there of incomplete knowledge regarding signs.

One way to remember the last two $\tan\left(\frac{\theta}{2}\right)$ formulas: Keep either the numerator or the denominator of the radicand of the first formula, stick $\sin\theta$ in the other part of the fraction, and remove the radical sign and the \pm symbol.

Obtaining the Half-Angle Identities from the Power-Reducing Identities (PRIs):

For the $\sin\left(\frac{\theta}{2}\right)$ identity, we begin with the PRI:

$$\sin^2 u = \frac{1 - \cos(2u)}{2}$$
Let $u = \frac{\theta}{2}$, or $\theta = 2u$.
$$\sin^2 \left(\frac{\theta}{2}\right) = \frac{1 - \cos\theta}{2}$$

$$\sin\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1 - \cos\theta}{2}}$$
 (by the Square Root Method)

Again, the choice among the \pm signs depends on the Quadrant that $\frac{\theta}{2}$ lies in.

The story is similar for the $\cos\left(\frac{\theta}{2}\right)$ and the $\tan\left(\frac{\theta}{2}\right)$ identities.

What about the last two formulas for $\tan\left(\frac{\theta}{2}\right)$? The key trick is multiplication by trig conjugates. For example:

$$\tan\left(\frac{\theta}{2}\right) = \pm \sqrt{\frac{1 - \cos\theta}{1 + \cos\theta}}$$

$$= \pm \sqrt{\frac{(1 - \cos\theta)}{(1 + \cos\theta)} \cdot \frac{(1 - \cos\theta)}{(1 - \cos\theta)}}$$

$$= \pm \sqrt{\frac{(1 - \cos\theta)^2}{1 - \cos^2\theta}}$$

$$= \pm \sqrt{\frac{(1 - \cos\theta)^2}{\sin^2\theta}}$$

$$= \pm \sqrt{\frac{(1 - \cos\theta)^2}{\sin\theta}}$$

$$= \pm \sqrt{\frac{1 - \cos\theta}{\sin\theta}}$$
(because $\sqrt{blah^2} = |blah|$)

Now,
$$1 - \cos \theta \ge 0$$
 for all real θ , and $\tan \left(\frac{\theta}{2}\right)$ has the same sign as $\sin \theta$ (can you see why?), so ...

$$=\frac{1-\cos\theta}{\sin\theta}$$

To get the third formula, use the numerator's (instead of the denominator's) trig conjugate, $1 + \cos \theta$, when multiplying into the numerator and the denominator of the radicand in the first few steps.

PRODUCT-TO-SUM IDENTITIES (Given as necessary on exams)

These can be verified from right-to-left using the Sum and Difference Identities.

The Identities:

$$\sin u \sin v = \frac{1}{2} \Big[\cos(u - v) - \cos(u + v) \Big]$$

$$\cos u \cos v = \frac{1}{2} \Big[\cos(u - v) + \cos(u + v) \Big]$$

$$\sin u \cos v = \frac{1}{2} \Big[\sin(u + v) + \sin(u - v) \Big]$$

$$\cos u \sin v = \frac{1}{2} \Big[\sin(u + v) - \sin(u - v) \Big]$$

SUM-TO-PRODUCT IDENTITIES (Given as necessary on exams)

These can be verified from right-to-left using the Product-To-Sum Identities.

The Identities:

$$\sin x + \sin y = 2\sin\left(\frac{x+y}{2}\right)\cos\left(\frac{x-y}{2}\right)$$

$$\sin x - \sin y = 2\cos\left(\frac{x+y}{2}\right)\sin\left(\frac{x-y}{2}\right)$$

$$\cos x + \cos y = 2\cos\left(\frac{x+y}{2}\right)\cos\left(\frac{x-y}{2}\right)$$

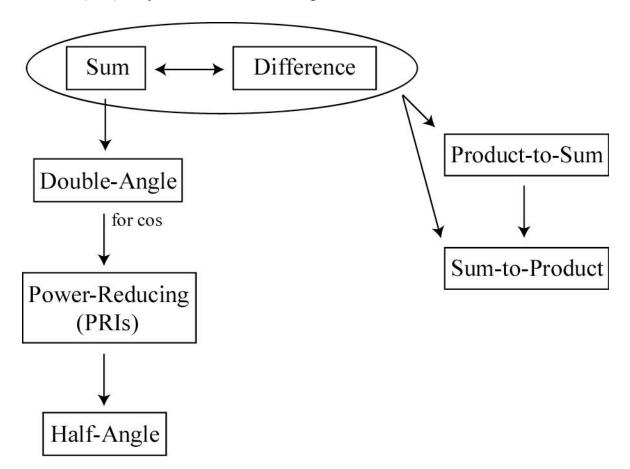
$$\cos x - \cos y = -2\sin\left(\frac{x+y}{2}\right)\sin\left(\frac{x-y}{2}\right)$$

SECTIONS 5.4 and 5.5: MORE TRIG IDENTITIES

PART A: A GUIDE TO THE HANDOUT

See the Handout on my website.

The identities (IDs) may be derived according to this flowchart:



<u>In Calculus</u>: The Double-Angle and Power-Reducing IDs are most commonly used among these, though we will discuss a critical application of the Sum IDs in Part C.

Some proofs are on pp.403-5. See p.381 for notes on Hipparchus, the "inventor" of trig, and the father of the Sum and Difference IDs.

PART B: EXAMPLES

Example: Finding Trig Values

Find the exact value of sin 15°.

<u>Note</u>: Larson uses radians to solve this in Example 2 on p.381, but degrees are usually easier to deal with when applying these identities, since we don't have to worry about common denominators.

Solution (Method 1: Difference ID)

We know trig values for 45° and 30°, so a Difference ID should work.

$$\sin 15^\circ = \sin \left(45^\circ - 30^\circ\right)$$
Use:
$$\sin \left(u - v\right) = \sin u \cos v - \cos u \sin v$$

$$= \sin 45^{\circ} \cos 30^{\circ} - \cos 45^{\circ} \sin 30^{\circ}$$

$$= \left(\frac{\sqrt{2}}{2}\right) \left(\frac{\sqrt{3}}{2}\right) - \left(\frac{\sqrt{2}}{2}\right) \left(\frac{1}{2}\right)$$

$$= \frac{\sqrt{6}}{4} - \frac{\sqrt{2}}{4}$$

$$= \frac{\sqrt{6} - \sqrt{2}}{4}$$

<u>Warning</u>: $\sqrt{6} - \sqrt{2} \neq \sqrt{4}$. We do **not** have sum and difference rules for radicals the same way we have product and quotient rules for them.

Solution (Method 2: Half-Angle ID)

We know trig values for 30°, so a Half-Angle ID should work.

$$\sin 15^{\circ} = \sin\left(\frac{30^{\circ}}{2}\right)$$
Use:
$$\sin\left(\frac{\theta}{2}\right) = \pm\sqrt{\frac{1-\cos\theta}{2}}$$

$$= \pm\sqrt{\frac{1-\cos 30^{\circ}}{2}}$$

$$= \pm\sqrt{\frac{1-\frac{\sqrt{3}}{2}}{2}} \cdot \frac{2}{2}$$

$$= \pm\sqrt{\frac{2-\sqrt{3}}{4}}$$

$$= \pm\frac{\sqrt{2-\sqrt{3}}}{2}$$

We know $\sin 15^{\circ} > 0$, since 15° is an acute Quadrant I angle. We take the "+" sign.

$$=\frac{\sqrt{2-\sqrt{3}}}{2}$$

In fact, $\frac{\sqrt{2-\sqrt{3}}}{2}$ is equivalent to $\frac{\sqrt{6}-\sqrt{2}}{4}$, our result from Method 1.

They are both positive in value, and you can see (after some work) that their squares are equal.

Example: Simplifying and/or Evaluating

Find the exact value of:
$$\frac{\tan 25^{\circ} + \tan 20^{\circ}}{1 - \tan 25^{\circ} \tan 20^{\circ}}$$

Solution

We do not know the exact tan values for 25° or 20° , but observe that the expression follows the template for the Sum Formula for tan:

$$\tan(u+v) = \frac{\tan u + \tan v}{1 - \tan u \tan v}$$

We will use this ID "in reverse" (i.e., from right-to-left):

$$\frac{\tan u + \tan v}{1 - \tan u \tan v} = \tan \left(u + v \right)$$

$$\frac{\tan 25^{\circ} + \tan 20^{\circ}}{1 - \tan 25^{\circ} \tan 20^{\circ}} = \tan \left(25^{\circ} + 20^{\circ}\right)$$
$$= \tan 45^{\circ}$$
$$= 1$$

Example: Simplifying Trig Expressions

Simplify:
$$\frac{1}{\sin(3\theta)\cos(3\theta)}$$

Solution

We will take the Double-Angle ID: $\sin(2u) = 2\sin u \cos u$ and use it "in reverse": $2\sin u \cos u = \sin(2u)$.

Let $u = 3\theta$. Observe:

$$2\sin(3\theta)\cos(3\theta) = \sin[2(3\theta)]$$
$$2\sin(3\theta)\cos(3\theta) = \sin(6\theta)$$
$$\sin(3\theta)\cos(3\theta) = \frac{1}{2}\sin(6\theta)$$

<u>Note</u>: We also get this result from the Product-to-Sum Identities, but they are harder to remember!

Therefore,

$$\frac{1}{\sin(3\theta)\cos(3\theta)} = \frac{1}{\frac{1}{2}\sin(6\theta)}$$
$$= 2\csc(6\theta)$$

Examples: Verifying Trig IDs

Examples 5 and 6 on p.382 of Larson show how these IDs can be used to verify Cofunction IDs and Reduction IDs.

Example: These IDs can be used to verify something like: $\sin(\theta + \pi) = -\sin\theta$. Can you see why this is true using the Unit Circle?

Examples: Solving Trig Equations

See Example 8 on p.383 of Larson.

Example

Solve:
$$\sin x - \cos(2x) = 0$$

Solution

We will use the Double-Angle ID for cos(2x).

$$\sin x - \cos(2x) = 0$$
$$\sin x - (\cos^2 x - \sin^2 x) = 0$$
$$\sin x - \cos^2 x + \sin^2 x = 0$$

<u>Warning</u>: Remember to use grouping symbols if you are subtracting a substitution result consisting of more than one term.

Use the basic Pythagorean Identity to express $\cos^2 x$ in terms of a power of $\sin x$.

$$\sin x - (1 - \sin^2 x) + \sin^2 x = 0$$

$$\sin x - 1 + \sin^2 x + \sin^2 x = 0$$

$$2\sin^2 x + \sin x - 1 = 0$$

You can use the substitution $u = \sin x$, or you can factor directly.

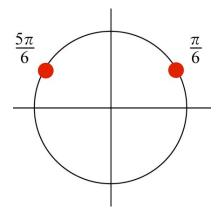
$$(2\sin x - 1)(\sin x + 1) = 0$$

First factor:

$$2\sin x - 1 = 0$$

$$\sin x = \frac{1}{2}$$

$$x = \frac{\pi}{6} + 2\pi n, \text{ or } x = \frac{5\pi}{6} + 2\pi n \text{ (} n \text{ integer)}$$

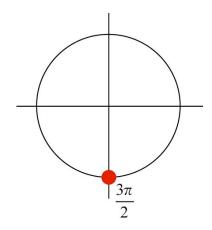


Second factor:

$$\sin x + 1 = 0$$

$$\sin x = -1$$

$$x = \frac{3\pi}{2} + 2\pi n \quad (n \text{ integer})$$

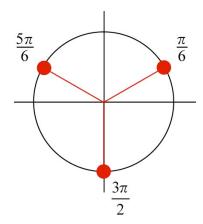


Solution set:

$$\left\{ x \mid x = \frac{\pi}{6} + 2\pi n, \ x = \frac{5\pi}{6} + 2\pi n, \ \text{or} \ x = \frac{3\pi}{2} + 2\pi n \ \left(n \text{ integer} \right) \right\}$$

A More Efficient Form!

Look at the red points (corresponding to solutions) we've collected on the Unit Circle:



The solutions exhibit a "period" of $\frac{2\pi}{3}$, corresponding to "third-revolutions" about the Unit Circle.

Here is a much more efficient form for the solution set:

$$\left\{ x \middle| x = \frac{\pi}{6} + \frac{2\pi}{3} n \quad \left(n \text{ integer} \right) \right\}$$

Examples: Using Right Triangles

Example

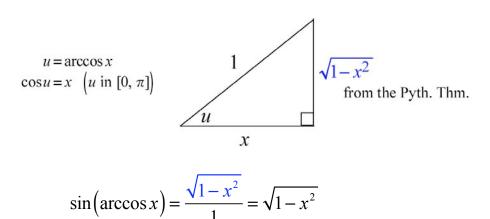
Express $\sin(2\arccos x)$ as an equivalent algebraic expression in x. Assume x is in $\begin{bmatrix} -1,1 \end{bmatrix}$, the domain of the arccos function.

Solution

We use the Double-Angle ID: $\sin(2u) = 2\sin u \cos u$, where $u = \arccos x$.

$$\sin(2\arccos x) = 2\sin(\arccos x)\cos(\arccos x)$$

Since x is assumed to be in [-1, 1], we know that $\cos(\arccos x) = x$. We will use a right triangle model to reexpress $\sin(\arccos x)$.



We then have ...
$$\sin(2\arccos x) = 2(\sqrt{1-x^2})(x)$$

= $2x\sqrt{1-x^2}$

See Example 4 on p.381 of Larson. When rewriting $\cos(\arctan 1 + \arccos x)$, we let $u = \arctan 1$ and $v = \arccos x$, and we can apply the Sum Identity for $\cos(u+v)$. It may help to recognize that $\arctan 1 = \frac{\pi}{4}$.

Examples: Using Power-Reducing IDs (PRIs)

<u>See Example 5 on p.389.</u> <u>In Calculus</u>: You will need to do this when you do advanced techniques of integration in Calculus II: Math 151 at Mesa. In the next Example, we will explain one of the more confusing steps in the solution:

Example

Express $\cos^2(2x)$ in terms of first powers of cosines.

Solution

We use the PRI:
$$\cos^2 u = \frac{1 + \cos(2u)}{2}$$
, where $u = 2x$.

$$\cos^{2}(2x) = \frac{1 + \cos[2(2x)]}{2}$$
$$= \frac{1 + \cos(4x)}{2}$$

Example: Product-to-Sum ID

Example

Apply a Product-to-Sum ID to reexpress $\sin(6\theta)\sin(4\theta)$ as an equivalent expression.

Solution

The relevant ID is:
$$\sin u \sin v = \frac{1}{2} \left[\cos (u - v) - \cos (u + v) \right]$$

$$\sin(6\theta)\sin(4\theta) = \frac{1}{2}\left[\cos(6\theta - 4\theta) - \cos(6\theta + 4\theta)\right]$$
$$= \frac{1}{2}\left[\cos(2\theta) - \cos(10\theta)\right]$$

Example: Sum-to-Product ID

Example

Apply a Sum-to-Product ID to reexpress $\sin(6\theta) + \sin(4\theta)$ as an equivalent expression.

Warning: This is **not** equivalent to $\sin(10\theta)$.

Solution

The relevant ID is:
$$\sin x + \sin y = 2\sin\left(\frac{x+y}{2}\right)\cos\left(\frac{x-y}{2}\right)$$

$$\sin(6\theta) + \sin(4\theta) = 2\sin\left(\frac{6\theta + 4\theta}{2}\right)\cos\left(\frac{6\theta - 4\theta}{2}\right)$$
$$= 2\sin\left(\frac{10\theta}{2}\right)\cos\left(\frac{2\theta}{2}\right)$$
$$= 2\sin(5\theta)\cos\theta$$

Example: Extending IDs

Example 4 on p.389 in Larson shows how a Triple-Angle ID can be derived from the Double-Angle IDs.

PART C: APPLICATIONS IN CALCULUS

Review difference quotients and derivatives ("slope functions") in Notes 1.57 and 1.58.

The Sum IDs help us show that:

If
$$f(x) = \sin x$$
, then the derivative $f'(x) = \cos x$.
If $f(x) = \cos x$, then the derivative $f'(x) = -\sin x$.

Let's consider $f(x) = \sin x$. We will use a limit definition for the derivative:

$$\lim_{h \to 0} \frac{f(x+h) - f(x)}{h} = \lim_{h \to 0} \frac{\sin(x+h) - \sin x}{h}$$

We will use a Sum ID to expand $\sin(x+h)$.

Example 7 on p.383 works this out in a slightly different way.

$$= \lim_{h \to 0} \frac{\sin x \cos h + \cos x \sin h - \sin x}{h}$$

$$= \lim_{h \to 0} \frac{\left(\sin x \cos h - \sin x\right) + \cos x \sin h}{h} \qquad \text{(Group terms with } \sin x.\text{)}$$

$$= \lim_{h \to 0} \frac{\left(\sin x\right) \left(\cos h - 1\right) + \cos x \sin h}{h} \qquad \text{(Factor } \sin x \text{ out of the group.)}$$

$$= \lim_{h \to 0} \frac{\left(\sin x\right) \left(\frac{\cos h - 1}{h}\right) + \left(\cos x\right) \left(\frac{\sin h}{h}\right)}{\int_{-\infty}^{\infty} dx}$$

As $h \to 0$, $\frac{\cos h - 1}{h} \to 0$, or, equivalently, $\frac{1 - \cos h}{h} \to 0$, if you use the book's result.

Also,
$$\frac{\sin h}{h} \to 1$$
.