

# Reliability, Validity and Psychometric Properties of the Greek Translation of the Center for Epidemiological Studies-Depression (CES-D) Scale

## ABSTRACT

The CES-D scale in Greek has been validated and proven to be reliable for clinical and research purposes, with comparable properties to reported internationally. However, self-report scales are not universally acceptable due to their inherent limitations.

## INTRODUCTION

Introduction The CES-D is a large scale, multidisciplinary, multiphase study of depression and suicide. It has been developed by the Center for Epidemiological Studies-Depression (CES-D) in collaboration with the National Institute of Mental Health (NIMH) and has been used by a number of public health organizations as a screening tool for depression.

The CES-D is a very sensitive and sensitive scale, but only a few studies have been conducted with an accurate translation of the scale. In order to improve accuracy, we have developed a translation of the CES-D scale into a standardized form that can be used by the general public.

We will provide a translation of the CES-D scale into a standardized CES-D is a self-reporting scale that uses 20 items to assess depression symptoms. The aim of this scale is to evaluate depression without an administrator's bias, which may affect the results. The purpose of the study was to evaluate the reliability, validity, and psychometric features of CES-D's Greek version.

## CONCLUSION

The CES-D scale in Greek is a trustworthy and authentic scale that can be used in clinical and research settings with acceptable characteristics. However, the limitations of self-reporting scales should be kept in mind.