# **ABSTRACT**

This project is a website and is a space created exclusively for the 55+ adults whether they are home maker or a retired professional. Anyone over the age of 55 can register by giving their phone number and the personal details. They can login each time with the phone number and the password given at the time of registration. When they visit that website they can see a lot of things that interest them. They include:

- Health and Nutrition
- Entertainment
- Skill Development
- Second Careers
- Services
- Elder Products
- Elderly helpline

### **Health and Nutrition**

They can enter their BP, Cholesterol and Sugar rate in the space required on a daily basis.

They can analyze their blood sugar level and BP in a month. The Overall result is displayed on a chart. So they can keep a health report.

#### **Entertainment**

They can display their own creations in it. It can be paintings, books, handcrafts etc. there will be a space to add their creations and they can specify there whether it is for selling or not. The users can act as buyers and sellers.

#### **Second Career**

Notifications are posted here about the job vacancies that the seniors can do.

Useful news and notifications for the elderly can also display here.

## **Skill development**

The users can also be tutors. There will be a space to add videos. Skills they know can be displayed as a video through it, others can learn.

The user can constantly monitor the review about there videos through comments.

# **Services**

Services include Airline, Railways, Cabs(Contact of the nearest cab service), Hospital and Ambulance Services( Contact of the nearest hospital).

# **Elderly products**

Online shopping for the elderly. Here they can shop the essential items for them. They include:

- Bathroom Safety
- Health devices
- Footcare
- Support

#### **Helpline**

Empowering senior citizen is the most effective tool in the response to elder abuse. A helpline for senior citizens enables them to reach out for help and assistance against abuse. Here provides the nearest helpline contact if the elderly face any issues they can share it and also a counseling facility is available.