

<div>noun</div> <div>suspense</div> <div>the feeling of excitement or nervousness that you have when you are waiting for something to happen</div>	<div>verb</div> <div>CONTINUE</div> <div>sustain</div> <div>to cause or allow something to continue for a period of time</div>	<div>verb</div> <div>SUPPORT</div> <div>sustain</div> <div>to support someone or something so that they can live or exist</div>	<div>noun</div> <div>sustainability</div> <div>the degree to which something is sustainable</div>
<div>verb</div> <div>ACCEPT</div> <div>swallow</div> <div>to accept something unpleasant</div>	<div>verb</div> <div>TRUE</div> <div>swear</div> <div>used to say that you are sure something is true</div>	<div>adverb</div> <div>swiftly</div> <div>quickly</div>	<div>adjective</div> <div>symbolic</div> <div>representing something else</div>
<div>adjective</div> <div>IDEAS</div> <div>sympathetic</div> <div>agreeing with or supporting someone's ideas or actions</div>	<div>verb</div> <div>PROBLEMS</div> <div>sympathize</div> <div>to understand and care about someone's problems</div>	<div>verb</div> <div>IDEAS</div> <div>sympathize</div> <div>to agree with or support someone's ideas or actions</div>	<div>noun</div> <div>IDEAS</div> <div>sympathy</div> <div>agreement with or support for someone's ideas or actions</div>
<div>noun</div> <div>PROBLEM</div> <div>symptom</div> <div>a problem that is caused by and shows a more serious problem</div>	<div>noun</div> <div>synonym</div> <div>a word or phrase that means the same as another word or phrase</div>	<div>adjective</div> <div>CONNECTED</div> <div>synonymous</div> <div>If one thing is synonymous with another, they are very closely connected with each other in people's minds.</div>	<div>adjective</div> <div>WORD</div> <div>synonymous</div> <div>If one word is synonymous with another, they have the same meaning.</div>
<div>adjective</div> <div>systematic</div> <div>done using a fixed and organized plan</div>	<div>adverb</div> <div>systematically</div> <div>in a systematic way</div>	<div>verb</div> <div>MEASURE</div> <div>take</div> <div>to measure something</div>	<div>verb</div> <div>NEED A QUALITY</div> <div>take</div> <div>If something takes a particular quality, you need that quality in order to be able to do it.</div>

/ˈsɪs.teɪˈmæt.ɪk/

the systematic collection and analysis of information

/ˈsɪs.teɪˈmæt.ɪ.kəl/

We went through all the documents systematically.

/teɪk/

Have you taken her temperature?

/teɪk/

It takes courage to challenge your manager.

/ˈsɪm.p.dwɪs/

The drinking was just a symptom of his general unhappiness.

/ˈsɪn.e.nɪm/

'Quick' and 'fast' are synonyms.

/sɪˈnʌn.ɪ.məs/

It is a country where wealth is synonymous with corruption.

/sɪˈnʌn.ɪ.məs/

Would you say that 'idle' is completely synonymous with 'lazy'?

/ˈsɪm.pa.θet.ɪk/

He was sympathetic to their views.

/ˈsɪm.pa.θaɪz/

It's a really bad situation - I do sympathize with her.

/ˈsɪm.pa.θaɪz/

I sympathize with the general aims of the party.

/ˈsɪm.pa.θi/

Scott was in sympathy with this view.

/ˈswɒl.ev/

They found the final decision hard to swallow.

/ˈswear/

I could have sworn that she said she lived in Canterbury.

/ˈswɪt.li/

The authorities have moved swiftly to quell the violence.

/sɪmˈbɒl.ɪk/

The blue, white, and red of the French flag are symbolic of liberty, equality and fraternity.

/ˈseɪ.spens/

What's your answer then? Don't keep me in suspense.

/ˈseɪ.steɪn/

The team may not be able to sustain this level of performance.

/ˈseɪ.steɪn/

The money he received was hardly enough to sustain a wife and five children.

/ˈseɪ.steɪ.nəˈbɪl.ə.ti/

We have to think about the sustainability of these energy sources.

Throughout the film.

There is a gradual build-up of suspense

<div>noun</div> <div>talks</div> <div>formal meetings, especially between political leaders, to discuss a problem and to try to reach an agreement</div>	<div>adjective</div> <div>tangible</div> <div>Something which is tangible is real and can be seen, touched, or measured.</div>	<div>noun</div> <div>tank</div> <div>a large container for storing liquid or gas</div>	<div>verb</div> <div>target</div> <div>to aim advertising, criticism, or a product at someone</div>
<div>adjective</div> <div>tasteful</div> <div>attractive and chosen for style and quality</div>	<div>adjective</div> <div>tasteless</div> <div>likely to upset or anger people</div>	<div>noun</div> <div>taxpayer</div> <div>a person who pays tax</div>	<div>adverb</div> <div>technically</div> <div>according to the exact details of a rule, law, or fact</div>
<div>noun</div> <div>tenant</div> <div>someone who pays rent to live in a room, house, etc.</div>	<div>adjective</div> <div>territorial</div> <div>relating to the land that is owned or controlled by a particular country</div>	<div>noun</div> <div>territory</div> <div>an area of knowledge or experience</div>	<div>adjective</div> <div>theoretical</div> <div>based on ideas rather than practical experience</div>
<div>adjective</div> <div>theoretical</div> <div>based on the ideas that relate to a subject, not the practical uses of that subject</div>	<div>adverb</div> <div>theoretically</div> <div>in a way that obeys some rules but is not likely</div>	<div>noun</div> <div>theory</div> <div>the set of principles on which a subject is based</div>	<div>adverb</div> <div>thereafter</div> <div>after a particular amount, time, or event</div>
<div>noun</div> <div>thesis</div> <div>a theory that is suggested and can then be argued with or agreed with</div>	<div>noun</div> <div>thinker</div> <div>someone who considers important subjects or produces new ideas</div>	<div>noun</div> <div>thought</div> <div>when you do something that shows you care about someone</div>	<div>adjective</div> <div>thoughtful</div> <div>quiet because you are thinking about something</div>

/ˈθiː.sɪs/

That is the central thesis of the book.

/ˈθɪŋ.kəv/

a political/religious thinker

/θɜːt/

Thanks for the card - it was a really kind

thought.

/ˈθɜːt.fəl/

You look thoughtful.

/θɪəˈret.ɪ.kəl/

theoretical physics

/θɪəˈret.ɪ.kəl/

It is theoretically possible.

/ˈθɪə.rɪ/

economic theory

/ˌðeəˈraɪ.f.tər/

Faxes cost £1.10p for the first page, and 70p for each page thereafter.

/ˈten.ənt/

I have tenants in my flat at the moment.

/ˌter.ɪˈtɜːr.i.əl/

a territorial dispute

/ˈter.ɪ.ter.ɪ/

With this project we'll be moving into unknown territory.

/θɪəˈret.ɪ.kəl/

This explanation is entirely theoretical.

/ˈteɪst.fəl/

a tasteful beige suit

/ˈteɪst.ləs/

a tasteless joke

/ˈtæksˌpeɪ.ər/

Taxpayers deserve better services than this.

/ˈtek.nɪk.lɪ/

Irvine is technically British but lives in Dublin and races for the Irish team.

/tɜːks/

US officials are holding talks with EU leaders over trade.

peace talks

/ˈtæŋ.dʒə.bəl/

tangible benefits/evidence

/tæŋk/

a fuel/petrol tank

a water tank

/ˈtaː.gɪt/

The products are targeted at people in their late twenties.

<div>adverb</div> <div>thoughtfully</div> <div>in a thoughtful way</div>	<div>noun</div> <div>thread</div> <div>the connection between different events or different parts of a story or discussion</div>	<div>noun</div> <div>thread</div> <div>a long, thin piece of cotton, wool, etc. that is used for sewing</div>	<div>noun</div> <div>threat</div> <div>the possibility that something bad will happen</div>
<div>verb</div> <div>threaten</div> <div>If something bad threatens to happen, it is likely to happen.</div>	<div>noun</div> <div>threshold</div> <div>the level at which something starts to happen</div>	<div>verb</div> <div>thrill</div> <div>to make someone feel excited and happy</div>	<div>verb</div> <div>tick</div> <div>If a clock or watch ticks, it makes a sound every second.</div>
<div>noun</div> <div>timber</div> <div>a long piece of wood used for building, especially houses and ships</div>	<div>noun</div> <div>timber</div> <div>wood used for building or trees that are grown to provide this wood</div>	<div>verb</div> <div>time</div> <div>to decide that something will happen at a particular time</div>	<div>noun</div> <div>tip</div> <div>a place that is dirty and untidy</div>
<div>noun</div> <div>toddler</div> <div>a child who has just learned to walk</div>	<div>adverb</div> <div>together</div> <div>in one place</div>	<div>verb</div> <div>tolerate</div> <div>to be able to deal with something unpleasant and not be harmed by it</div>	<div>noun</div> <div>toll</div> <div>the number of people who are killed or injured</div>
<div>noun</div> <div>tomorrow</div> <div>the future</div>	<div>noun</div> <div>tone</div> <div>the general mood or style of something</div>	<div>verb</div> <div>top</div> <div>to be the most important, most successful, etc</div>	<div>noun</div> <div>torture</div> <div>the act of causing someone great physical or mental pain, often in order to make them tell you something</div>

/təˈmɒr.əv/

the children of tomorrow

/təʊn/

He was in a very bad mood when he arrived, and that set the tone for the whole meeting.
I didn't like the jokey tone of the article - I thought it inappropriate.

/tɒp/

She topped the bill at the festival.
The record topped the charts for five weeks.
He revealed the secret under torture.

/ˈtɪ.tʃ.əfər/

Independent sources say that the death toll from the earthquake runs into thousands.

/təʊl/

/ˈtɒd.lər/

I was looking after three toddlers.

/təˈɡeɪ.ər/

I'll just gather my things together and then we can go.

/ˈtɒl.ər.eɪt/

It seems these ants can tolerate temperatures which would kill other species.

/təɪm/

We timed our trip to coincide with my cousin's wedding.

/tɪp/

His bedroom is an absolute tip.

/ˈθret.ən/

The conflict threatened to spread to neighbouring countries.

/ˈθreɪ.həʊld/

He had a low boredom threshold.

/θrɪl/

Ballesteros thrilled the golf world with his exceptional skill.

/tɪk/

The clock ticked loudly.

/ˈθɔ:t.fe.ɪl/

There were sandwiches, thoughtfully provided by his wife.
He gazed thoughtfully into the distance.

/θred/

By that point I'd lost the thread of the conversation.

/θred/

a needle and thread

/θret/

the threat of invasion

<div>noun</div> <div>SMALL DETAIL</div> <div>touch</div> <div>a small detail that makes something better</div>	<div>adjective</div> <div>SEVERE</div> <div>tough</div> <div>Tough rules are severe.</div>	<div>adjective</div> <div>UNFAIR</div> <div>tough</div> <div>unfair or unlucky</div>	<div>noun</div> <div>DEVELOPMENT</div> <div>track</div> <div>the direction in which someone's job or education develops</div>
<div>verb</div> <div>RECORD</div> <div>track</div> <div>to record the progress or development of something over a period</div>	<div>noun</div> <div></div> <div>trader</div> <div>a person who buys and sells things</div>	<div>verb</div> <div></div> <div>trail</div> <div>to have a lower score than someone else, especially in a sports event</div>	<div>noun</div> <div></div> <div>tranquility</div> <div>the quality of being tranquil</div>
<div>noun</div> <div></div> <div>transition</div> <div>when something changes from one system or method to another, often gradually</div>	<div>verb</div> <div>CAUSE</div> <div>translate</div> <div>If an idea or plan translates into an action, it makes it happen.</div>	<div>noun</div> <div>SPREADING</div> <div>transmission</div> <div>the process of passing something from one person or place to another</div>	<div>noun</div> <div></div> <div>trauma</div> <div>severe shock caused by an unpleasant experience, or the experience which causes this feeling</div>
<div>adjective</div> <div></div> <div>traumatic</div> <div>If an experience is traumatic, it makes you feel very shocked and upset.</div>	<div>noun</div> <div>VALUABLE OBJECT</div> <div>treasure</div> <div>a very valuable object</div>	<div>verb</div> <div></div> <div>treasure</div> <div>If you treasure something, it is very important to you and gives you a lot of pleasure.</div>	<div>noun</div> <div></div> <div>treat</div> <div>something special which you buy or do for someone else or for yourself</div>
<div>noun</div> <div></div> <div>treaty</div> <div>a written agreement between two or more countries</div>	<div>adjective</div> <div></div> <div>tribal</div> <div>relating to a tribe</div>	<div>noun</div> <div></div> <div>troops</div> <div>soldiers on duty in a large group</div>	<div>noun</div> <div>NOT WORKING</div> <div>trouble</div> <div>a problem that you have with a machine or part of your body</div>

/ˈtriː.ti/

We've signed a treaty with neighbouring states to limit emissions of harmful gases. the treaty on European union

/ˈtriːˈmæt.ɪk/

His parents split up when he was eight, which he found very traumatic.

/ˈtraɪ.beɪ/

The fierce tribal loyalty among soccer supporters leads to violence between tribal dress/leaders opposing fans.

/ˈtreɜː.ər/

art treasures

/ˈtruːps/

All troops will be withdrawn by the end of the year. The major powers have said they will not send in ground troops.

/ˈtreɜː.ər/

I shall treasure those memories of her.

/ˈtrʌb.l/

Her knee trouble is expected to keep her out of the game for the rest of the season. They have a good reputation for building reliable trouble-free cars.

/ˈtriːt/

Annie, put your money away, this is my treat. As a special treat I'm taking him out for dinner.

/ˈtriː.mə/

the trauma of marriage breakdown

/ˈtreɪl/

City were trailing United 1-2 at half time.

/ˈtræŋˈkwɪl.ə.ti/

I love the tranquility of the lake.

/ˈtʌtʃ/

The flowers on the table provided the finishing touch.

Using a sailing ship as the company badge was a touch of genius.

/ˈtʌtʃ/

The government is continuing to take a tough line on terrorism.

I think it's time the police got tougher on/with people who drink and drive.

/ˈtʌtʃ/

It can be tough on kids when parents get divorced.

/ˈtræk/

She was a lawyer, but then she changed track completely and became a doctor.

<div>noun</div> <div>TRUE FACT</div> <div>truth</div> <div>a fact or idea that people accept is true</div>	<div>adjective</div> <div></div> <div>turbulent</div> <div>A turbulent situation, time, etc. is one in which there are a lot of sudden changes, arguments, or violence.</div>	<div>noun</div> <div></div> <div>turmoil</div> <div>a situation in which there is a lot of trouble, confusion, or noise</div>	<div>verb</div> <div>CHANGE MEANING</div> <div>twist</div> <div>to change the meaning of something so that it fits what you want it to mean</div>
<div>adjective</div> <div>STRANGE</div> <div>twisted</div> <div>strange and slightly unpleasant or cruel</div>	<div>adverb</div> <div>EMPHASIS</div> <div>ultimately</div> <div>used to emphasize the most important fact in a situation</div>	<div>adjective</div> <div></div> <div>unaffected</div> <div>not changed by something</div>	<div>adjective</div> <div></div> <div>unanimous</div> <div>agreed by everyone</div>
<div>adverb</div> <div></div> <div>unanimously</div> <div>with agreement from everyone</div>	<div>adjective</div> <div></div> <div>unattainable</div> <div>not able to be achieved</div>	<div>adverb</div> <div></div> <div>unavoidably</div> <div>in a way that could not be avoided or prevented</div>	<div>adjective</div> <div>NOT FAIR</div> <div>unbalanced</div> <div>false and not fair</div>
<div>adjective</div> <div></div> <div>unbiased</div> <div>able to judge fairly because you are not influenced by your own opinions</div>	<div>adjective</div> <div></div> <div>unconditional</div> <div>done or given without any limits and without asking for anything for yourself</div>	<div>adjective</div> <div>NOT AWARE</div> <div>unconscious</div> <div>An unconscious thought or feeling is one that you do not know you have.</div>	<div>adverb</div> <div></div> <div>unconsciously</div> <div>If you do something unconsciously, you do it without knowing that you are doing it.</div>
<div>adverb</div> <div></div> <div>undeniably</div> <div>in a way that is almost certainly true</div>	<div>adjective</div> <div></div> <div>underdeveloped</div> <div>not developed enough</div>	<div>adjective</div> <div></div> <div>underlying</div> <div>An underlying reason or problem is the real reason or problem, although it is not obvious.</div>	<div>verb</div> <div></div> <div>undermine</div> <div>to make someone less confident or make something weaker</div>

/ 'ʌn.dɪ'naɪ.pə'v /

He is undeniably the best student we have ever had.

/ 'ʌn.də'pɪ.pə'v /

They are working in underdeveloped parts of the city.

/ 'ʌn.də'laɪ.nɪ /

We need to look at the underlying reasons for ill health.

/ 'ʌn.də'maɪn /

A series of scandals have undermined people's confidence in the government.

/ʌn'baɪəst/

He was able to give me some unbiased advice.

/ 'ʌn.kən'dɪf.en.eɪ /

unconditional love

/ʌn'kən.tʃes/

an unconscious fear

/ʌn'kən.tʃes.li/

She was nodding her head, unconsciously urging him on.

/ju:'næn.ɪ.məs.li/

We agreed unanimously that he was the best candidate.

/ 'ʌn.e'teɪ.nə.bl /

Some economists think that full employment in Europe is an unattainable goal.

an unattainable ideal

/ 'twɪs.tɪd/

He'd become bitter and twisted.

/ 'ʌl.tɪ.mat.li/

Ultimately, he'll have to decide.

/ 'ʌn.e'fek.tɪd/

Smaller colleges will be unaffected by the new regulations.

/ju:'næn.ɪ.məs/

The jury was unanimous in finding him guilty.

/tru:θ/

moral/religious truths

/ 'tʃɜː.bjə.leɪnt/

a turbulent relationship

/ 'tʃɜː.mɔɪl/

The whole region is in turmoil.

/twɪst/

You keep twisting my words - that's not what I meant at all!

<div>noun</div> <div>understanding</div> <div>an informal agreement between two people</div>	<div>AGREEMENT</div> <div>noun</div> <div>undertaking</div> <div>a difficult or important piece of work, especially one that takes a long time</div>	<div>adjective</div> <div>underway</div> <div>If something is underway, it is happening.</div>	<div>adjective</div> <div>undesirable</div> <div>Something that is undesirable is not wanted because it is bad or unpleasant.</div>
<div>adjective</div> <div>undeveloped</div> <div>Undeveloped land has no buildings on it and is not used for anything.</div>	<div>adjective</div> <div>undoubted</div> <div>used to emphasize that something is true</div>	<div>adjective</div> <div>undue</div> <div>more than is necessary</div>	<div>adjective</div> <div>uneventful</div> <div>without problems and without anything exciting happening</div>
<div>adjective</div> <div>CRITICIZING</div> <div>unfavourable</div> <div>negative and showing that you do not like something</div>	<div>adjective</div> <div>NOT GOOD</div> <div>unfavourable</div> <div>not good and likely to cause problems</div>	<div>verb</div> <div>DEVELOP</div> <div>unfold</div> <div>If a situation or story unfolds, it develops or becomes known.</div>	<div>adjective</div> <div>unimaginable</div> <div>Something that is unimaginable is difficult to imagine because it is so bad, good, big, etc.</div>
<div>adjective</div> <div>uninhabited</div> <div>If a place is uninhabited, no one lives there.</div>	<div>preposition</div> <div>NOT TYPICAL</div> <div>unlike</div> <div>not typical of someone or something</div>	<div>adjective</div> <div>NOT TRUE</div> <div>unlikely</div> <div>difficult to believe and probably not true</div>	<div>adjective</div> <div>unprecedented</div> <div>never having happened before</div>
<div>noun</div> <div>unrest</div> <div>when a lot of people are angry about something and are likely to become violent</div>	<div>adjective</div> <div>HARMFUL TO THE ENVIRONMENT</div> <div>unsustainable</div> <div>causing damage to the environment by using more of something than can be replaced naturally</div>	<div>adjective</div> <div>NOT ABLE TO CONTINUE</div> <div>unsustainable</div> <div>Something that is unsustainable cannot continue at the same rate.</div>	<div>adverb</div> <div>uphill</div> <div>towards the top of a hill</div>

/ʌn'rest/

political/social unrest

/ʌn'se'stɪə.nə.bl/

unsustainable fishing methods

/ʌn'se'stɪə.nə.bl/

The level of spending on pensions is unsustainable.

/ʌp'hɪl/

We'd walked half a mile uphill.

/ʌn.ɪn'hæb.ɪ.tɪd/

an uninhabited island

/ʌn'lak/

It's unlike her to be quiet - was there something wrong?

/ʌn'laɪ.klɪ/

an unlikely explanation/story

/ʌn'pres.ɪ.den.tɪd/

The Internet has given people unprecedented access to information.

/ʌn'fɛɪ.ver.e.bl/

unfavourable publicity

/ʌn'fɛɪ.ver.e.bl/

unfavourable weather conditions

/ʌn'fæɪd/

The nation watched on TV as the tragic events unfolded.

unimaginable pain/wealth

/ʌn.ɪ'mædʒ.ɪ.nə.bl/

/ʌn.ɪd'vel.ept/

The site is still undeveloped.

/ʌn'daʊt.ɪd/

her undoubted ability/talent
The project was an undoubted success.

/ʌn'djuː/

I don't want to cause undue alarm.

/ʌn.ɪ'vent.fəl/

The journey itself was fairly uneventful.

/ʌn.de'stæn.əpɪŋ/

We have an understanding that we don't discuss the subject in front of his mother.

/ʌn.de'teɪ.kɪŋ/

Building your own house is a major undertaking.

/ʌn.de'wɛɪ/

Economic recovery is already underway.

/ʌn.dɪ'zæɪə.rə.bl/

an undesirable influence

<div>verb</div> <div>uphold</div> <div>to agree with a decision, especially a legal one, and say it was correct</div>	<div>AGREE</div>	<div>verb</div> <div>uphold</div> <div>to support a decision, principle, or law</div>	<div>SUPPORT</div>	<div>noun</div> <div>upkeep</div> <div>the process of keeping something in good condition, or of keeping a person or animal healthy</div>	<div>noun</div>	<div>noun</div> <div>urge</div> <div>a strong wish or need</div>	<div>noun</div>
<div>verb</div> <div>urge</div> <div>to strongly advise an action</div>	<div></div>	<div>verb</div> <div>use</div> <div>to treat someone badly in order to get what you want</div>	<div>PERSON</div>	<div>adjective</div> <div>useless</div> <div>having no skill in an activity</div>	<div>PERSON</div>	<div>adjective</div> <div>utter</div> <div>used to emphasize something</div>	<div></div>
<div>adjective</div> <div>NOT THINKING</div> <div>vague</div> <div>showing that someone is not thinking clearly or does not understand</div>	<div></div>	<div>adverb</div> <div>vaguely</div> <div>in a way that is not clear or certain</div>	<div></div>	<div>noun</div> <div>validity</div> <div>how true or reasonable something is</div>	<div></div>	<div>verb</div> <div>value</div> <div>to judge how much money something could be sold for</div>	<div>MONEY</div>
<div>noun</div> <div>vandalism</div> <div>the crime of intentionally damaging things in public places</div>	<div></div>	<div>noun</div> <div>variation</div> <div>something that is slightly different from the usual form</div>	<div>DIFFERENT THING</div>	<div>adjective</div> <div>verbal</div> <div>relating to words or the use of words</div>	<div>WORDS</div>	<div>adjective</div> <div>verbal</div> <div>spoken and not written</div>	<div>SPOKEN</div>
<div>adjective</div> <div>very</div> <div>used to emphasize a noun</div>	<div></div>	<div>noun</div> <div>veteran</div> <div>someone who has been in an army or navy during a war</div>	<div>MILITARY PERSON</div>	<div>noun</div> <div>veteran</div> <div>someone who has done a job or activity for a long time</div>	<div>A LONG TIME</div>	<div>noun</div> <div>vice</div> <div>something bad that someone often does</div>	<div></div>

The letter was sent on Monday from Manchester and arrived in London the very same/next day.
You're the very person we need for the job.

/ˈver.i/

There has been more vandalism in the town centre recently.

/ˈvæn.dəl.ɪ.zəm/

It's a variation on the standard apple pie.

/ˈvæ.e.riˈeɪ.jən/

a 20-year veteran of BBC news

/ˈvet.ərən/

Smoking is his only vice.

/ˈvaɪs/

a verbal promise/agreement

/ˈvɜː.bəl/

We should question the validity of these statements.

/veɪˈɪd.e.ti/

The ring was valued at \$1000.

/ˈvæl.juː/

Financial experts are urging caution.

/ɜːdʒ/

He was just using me to make his girlfriend jealous.

/juːz/

Dave's useless at football.

/ˈjuː.sles/

She dismissed the article as utter nonsense.

/ˈɑːt.ər/

The court upheld the ruling.

/ʌpˈheɪld/

Police officers are expected to uphold the law.

/ʌpˈheɪld/

The upkeep of a building like that must be so expensive.

/ˈʌp.kiːp/

I resisted the urge to slap him.

/ɜːdʒ/

<div>adjective</div> <div>VIOLENT</div> <div>vicious</div> <div>violent and dangerous</div>	<div>adjective</div> <div>UPSETTING</div> <div>vicious</div> <div>intended to upset someone</div>	<div>noun</div> <div>POSITION</div> <div>view</div> <div>a position from which something can be seen</div>	<div>verb</div> <div>OPINION</div> <div>view</div> <div>to have a particular opinion about someone or something</div>
<div>noun</div> <div>villager</div> <div>someone who lives in a village</div>	<div>verb</div> <div>violate</div> <div>to not obey a law, rule, or agreement</div>	<div>noun</div> <div>EXTREME FORCE</div> <div>violence</div> <div>extreme force and energy, especially of something causing damage</div>	<div>adjective</div> <div>DAMAGE</div> <div>violent</div> <div>sudden and causing damage</div>
<div>noun</div> <div>virgin</div> <div>someone who has never had sex</div>	<div>adjective</div> <div>virgin</div> <div>Virgin land, forest, etc. has not been used or damaged by people.</div>	<div>noun</div> <div>GOOD QUALITY</div> <div>virtue</div> <div>a good quality that someone has</div>	<div>noun</div> <div>MORAL BEHAVIOUR</div> <div>virtue</div> <div>behaviour that is morally good</div>
<div>noun</div> <div>ADVANTAGE</div> <div>virtue</div> <div>an advantage or useful quality</div>	<div>adverb</div> <div>visibly</div> <div>in a way that can be seen</div>	<div>adverb</div> <div>vitally</div> <div>in a very important way</div>	<div>adjective</div> <div>vocational</div> <div>Vocational education and skills prepare you for a particular type of work.</div>
<div>noun</div> <div>BOOK</div> <div>volume</div> <div>a book, especially one of a set</div>	<div>adverb</div> <div>voluntarily</div> <div>If you do something voluntarily, nobody has forced you to do it.</div>	<div>noun</div> <div>vow</div> <div>a serious promise or decision</div>	<div>verb</div> <div>vow</div> <div>to make a serious promise or decision</div>

/ˈvɑːljʊ:m/

a new dictionary in two volumes

/ˈvɒl.ən.tər.eɪ.əl/

She left voluntarily.

/vav/

I made a vow that I would write to him

/vav/

I've vowed never to go there again.

She vowed that she would never leave the children again.

/ˈvɜː.tʃuː/

The great virtue of having a small car is that you can park it easily.

/ˈvɪz.e.blɪ/

He was visibly upset.

/ˈvɑːtə.ɪl/

Safety at work is vitally important.

/vævˈkeɪ.jən.əl/

The college offers both vocational and academic courses.

/ˈvɜː.dʒɪn/

She was a virgin at the time of her marriage.

/ˈvɜː.dʒɪn/

50 acres of virgin woodland

/ˈvɜː.tʃuː/

Patience is not among his virtues.

/ˈvɜː.tʃuː/

She was a woman of great virtue.

/ˈvɪl.ɪ.dʒər/

Most of the villagers are opposed to the new road.

/ˈvɑː.e.leɪt/

Countries that violate international law will be dealt with in court.

/ˈvɑː.e.lents/

Such was the violence of the explosion that three buildings collapsed.

/ˈvɑː.e.lənt/

a violent explosion/storm

/ˈvɪ.fɪv/

a vicious dog
a vicious attack on a child

/ˈvɪ.fɪv/

a vicious rumour

/vjuː/

He turned the corner and the harbour came into view.

The house was hidden from view behind a wall.

/vjuː/

In all three countries he is viewed as a terrorist.

<div>adjective</div> <div>vulnerable</div> <div>easy to hurt or attack physically or emotionally</div>		<div>noun</div> <div>war</div> <div>an attempt to stop something bad or illegal</div>	<div>TO STOP</div>	<div>noun</div> <div>wave</div> <div>a group of people or things that arrive or happen together or in a short period of time</div>	<div>GROUP</div>	<div>noun</div> <div>wave</div> <div>when you raise your hand and move it from side to side in order to attract someone's attention or say goodbye</div>	<div>HAND</div>
<div>noun</div> <div>way</div> <div>the space needed for a particular movement or action</div>	<div>FREE SPACE</div>	<div>verb</div> <div>weaken</div> <div>to become less certain or determined about a decision, or to make someone less determined</div>	<div>LOSE CONFIDENCE</div>	<div>verb</div> <div>wear</div> <div>to show a particular emotion on your face.</div>	<div>FACE</div>	<div>adjective</div> <div>weary</div> <div>very tired</div>	
<div>verb</div> <div>weep</div> <div>to cry, usually because you are sad</div>		<div>noun</div> <div>welfare</div> <div>care or money provided by the government for people who are poor, ill, or who do not have jobs</div>	<div>CARE</div>	<div>adverb</div> <div>whenever</div> <div>every time or any time</div>		<div>adverb</div> <div>whereabouts</div> <div>used to ask in what place or area someone or something is</div>	
<div>adverb</div> <div>whereby</div> <div>by which</div>		<div>noun</div> <div>whim</div> <div>when you suddenly want to do something without having a reason</div>		<div>adjective</div> <div>white</div> <div>having a pale face because you are ill or you are feeling shocked</div>	<div>FACE</div>	<div>adjective</div> <div>white</div> <div>relating to white people</div>	<div>OF WHITE PEOPLE</div>
<div>adverb</div> <div>whole</div> <div>as a single object and not in pieces</div>		<div>adverb</div> <div>wholeheartedly</div> <div>in a completely enthusiastic way</div>		<div>adverb</div> <div>wholly</div> <div>completely</div>		<div>verb</div> <div>wield</div> <div>to hold a weapon or tool and look as if you are going to use it</div>	

/hɜːl/

The baby bird swallowed the worm whole.

/ˈhæʊlˈhɑːtɪd.li/

I agreed wholeheartedly with what she said.

/ˈhæʊl.li/

His behaviour is wholly unacceptable.

/wɪːld/

They were confronted by a man wielding a knife.

/weɪˈbaɪ/

They've introduced a system whereby people share cars.

/wɪm/

We booked the holiday on a whim.

/waɪt/

He was white with shock.

/waɪt/

the white community

/wɪːp/

She covered her face with her hands and wept.

/ˈwɛl.fɛər/

The country's welfare bill is massive. She works in child welfare.

/wɛnˈev.ər/

Do it in a spare moment at the weekend or whenever - it really doesn't matter. Will it be okay if I do it tomorrow? "Sure, whenever."

/ˌweər.əˈbaʊts/

Whereabouts does he live?

/weɪ/

Please make way so the ambulance can get by. I couldn't see the stage because there was a pillar in the way.

/ˈwɪː.kən/

I told him he wasn't having any more money but then I weakened.

/weər/

He was wearing a smile/trown.

/ˈwɪə.rɪ/

You look weary, my love.

/ˈvʌ.lnər.e.ɪbəl/

He's more vulnerable to infection because of his injuries. The troops are in a vulnerable position.

/rɪːcw/

the war against crime/drugs

/weɪv/

Another wave of refugees is arriving at the border. There has been a wave of kidnappings in the region.

/weɪv/

She gave a little wave as the train left.

<div>adverb</div> <div>EXTREMELY</div> <div>wildly</div> <div>extremely</div>	<div>noun</div> <div>SECRET</div> <div>wish</div> <div>something that you say secretly to yourself about what you want to have or happen</div>	<div>noun</div> <div>NOT AVAILABLE</div> <div>withdrawal</div> <div>when something is taken away so that it is no longer available, or when someone stops being involved in an activity</div>	<div>verb</div> <div></div> <div>withstand</div> <div>to not be harmed or broken by something</div>
<div>noun</div> <div></div> <div>workaholic</div> <div>someone who works too much and does not have time to do anything else</div>	<div>noun</div> <div>COUNTRY</div> <div>workforce</div> <div>all the people in a country who are able to do a job</div>	<div>noun</div> <div></div> <div>worship</div> <div>when you worship God or a god, often through praying or singing</div>	<div>adjective</div> <div>MONEY</div> <div>worthless</div> <div>having no value in money</div>
<div>adjective</div> <div></div> <div>would-be</div> <div>wanting or trying to be</div>	<div>noun</div> <div></div> <div>wreckage</div> <div>the parts that remain of a car, ship, or aircraft that has been destroyed</div>	<div>adjective</div> <div>UNHAPPY</div> <div>wretched</div> <div>very unhappy or ill</div>	<div>adjective</div> <div>BAD</div> <div>wretched</div> <div>very bad or of poor quality</div>
<div>noun</div> <div></div> <div>xenophobia</div> <div>extreme dislike or fear of people from other countries</div>	<div>verb</div> <div></div> <div>yield</div> <div>to produce or provide something</div>	<div>verb</div> <div>SOUND</div> <div>blow</div> <div>to make a sound by forcing air out of your mouth and through an instrument</div>	<div>verb</div> <div></div> <div>carve</div> <div>to make an object, a shape, or a pattern by cutting wood, stone, etc.</div>
<div>verb</div> <div></div> <div>cling</div> <div>to hold someone or something tightly, especially because you are frightened</div>	<div>verb</div> <div></div> <div>clutch</div> <div>to hold something tightly</div>	<div>verb</div> <div>USE POWER</div> <div>force</div> <div>to use physical strength or effort to make something move or open</div>	<div>verb</div> <div>SHAPE</div> <div>form</div> <div>to take or to make something take a particular shape</div>

/kɪŋ/

I clung on to his hand in the dark.
She was found clinging to the ledge.

/kɪɹtʃ/

She clutched a coin.

/fɔ:s/

She forced the window open.
If you force the zip, it'll break.

/fɔ:m/

Form the dough into little balls.
Hold hands and form a circle.

/ˈzen.əvˈfeɪ.bɪ.əl/

They accused her of xenophobia.

/jɪːld/

The investigation yielded results.
to yield a profit

/bleɪ/

We were all waiting for the referee to blow his whistle.
Ann blew a few notes on the trumpet.

/kɑ:v/

They had carved their initials into the tree.
The statue was carved out of stone.

/ˈwʊd.bi/

a would-be artist/politician

/ˈrek.ɪdʒ/

Two survivors were pulled from the wreckage.

/ˈretʃ.ɪd/

I'd been feeling wretched all day so I went to bed early.

/ˈretʃ.ɪd/

The refugees were living in wretched conditions.

/ˈwɜ:k.əˈhɑl.ɪk/

My husband's a workaholic.

/ˈwɜ:k.k.fɔ:s/

10% of the workforce are unemployed.

/ˈwɜ:ʃ.ɪp/

Local people have complained about improperly dressed tourists entering places of worship.
For Jews, the synagogue is the centre for community worship and study.

/ˈwɜ:θ.ləs/

The painting's a fake - it's completely worthless.

/ˈwaɪd.li/

The product has been wildly successful.
I must say I'm not wildly keen on the idea.

/wɪʃ/

She closed her eyes and made a wish.

/wɪðˈdrɔ:əl/

the withdrawal of financial support
Her sudden withdrawal from the
championship caused a lot of press
speculation about her health.

/wɪðˈstænd/

a bridge designed to withstand
earthquakes

<div>noun</div> <div>gaze</div> <div>a long look at someone or something</div>		<div>verb</div> <div>giggle</div> <div>to laugh in a nervous or silly way</div>		<div>verb</div> <div>glare</div> <div>to look at someone in an angry way</div>		<div>verb</div> <div>grin</div> <div>to smile a big smile</div>	
<div>verb</div> <div>haul</div> <div>to pull something somewhere slowly and with difficulty</div>		<div>verb</div> <div>initiate</div> <div>to make something begin</div>		<div>verb</div> <div>intervene</div> <div>to become involved in a situation in order to try to stop a fight, argument, problem, etc.</div>		<div>verb</div> <div>merge</div> <div>If two or more things merge, they combine or join, and if you merge two or more things, you combine or join them.</div>	
<div>verb</div> <div>mount</div> <div>to get on a horse or bicycle</div>	<div>RIDE</div>	<div>noun</div> <div>move</div> <div>the act of moving</div>	<div>CHANGE OF POSITION</div>	<div>noun</div> <div>observer</div> <div>a person who watches what happens but has no active part in it</div>		<div>verb</div> <div>pat</div> <div>to touch a person or animal with a flat hand in a gentle, friendly way</div>	
<div>verb</div> <div>redistribute</div> <div>to share money, land, power, etc. between people in a different way from before</div>		<div>verb</div> <div>refine</div> <div>to improve an idea, method, system, etc. by making small changes</div>		<div>verb</div> <div>retreat</div> <div>When soldiers retreat, they move away from the enemy, especially to avoid fighting.</div>		<div>verb</div> <div>retrieve</div> <div>to get something after first finding it</div>	
<div>verb</div> <div>revolt</div> <div>to try to change a government, often using violence, or to refuse to accept someone's authority</div>		<div>verb</div> <div>rock</div> <div>to move backwards and forwards or from side to side, or to make someone or something do this</div>		<div>verb</div> <div>scan</div> <div>to look around an area quickly to try to find a person or thing</div>	<div>LOOK</div>	<div>verb</div> <div>seduce</div> <div>to persuade someone to have sex with you, especially someone young</div>	<div>SEX</div>

/rɪ'veʊlt/

Many were killed when nationalists revolted against the new government.

/rɒk/

He gently rocked the baby to sleep.
She rocked back and forth on her chair.

/skæn/

She scanned the crowd for a familiar face.
She was seduced by her boss.

/sɪ'dju:s/

/,rɪˌdɪstrɪb.ju:t/

to redistribute wealth

/rɪ'faɪn/

The engineers spent months refining the software.

/rɪ'trɪ:t/

The army was forced to retreat.

/rɪ'trɪ:v/

computer tools for retrieving information
I've just retrieved the ball from the bottom of the pond.

/maʊnt/

I helped him mount the horse.

/mu:v/

She held the gun to his head and said,
"One move and you're dead!"

/əb'zɜ:vər/

UN observers are monitoring the ceasefire.
Political observers are expecting the election result to be close.

/,ɪn.te'vɪ:n/

Harris intervened to stop the attack.
Government officials refused to intervene in the recent disputes.

/mɜ:dʒ/

The city's smaller libraries will be merged into a large, central one.
They're planning to merge the banks.

/geɪz/

a steady/watchful gaze

/ˈgɪɡ.l/

She started giggling and couldn't stop.

/glɛər/

She glared at him and stormed out of the room.

/grɪn/

He grinned at me from the doorway.

<div>verb</div> <div>PLACE</div> <div>seize</div> <div>to take control of a place suddenly by using military force</div>	<div>verb</div> <div></div> <div>shudder</div> <div>to shake, usually because you are thinking of something unpleasant</div>	<div>verb</div> <div></div> <div>slow</div> <div>to become slower or to make something become slower</div>	<div>verb</div> <div>BREAK</div> <div>snap</div> <div>if something long and thin snaps, it breaks making a short, loud sound, and if you snap it, you break it making a short, loud sound.</div>
<div>verb</div> <div></div> <div>snatch</div> <div>to take something or someone quickly and suddenly</div>	<div>verb</div> <div>MAKE A NOISE</div> <div>sniff</div> <div>to breathe air in through your nose in a way that makes a noise</div>	<div>verb</div> <div>SMELL</div> <div>sniff</div> <div>to breathe air in through your nose in order to smell something</div>	<div>verb</div> <div></div> <div>spit</div> <div>to force out the liquid in your mouth</div>
<div>verb</div> <div>COME APART</div> <div>split</div> <div>If something splits or if you split it, it comes apart so that there is a long, thin hole in it.</div>	<div>verb</div> <div>SURFACE</div> <div>spread</div> <div>to move a soft substance across a surface so that it covers it</div>	<div>verb</div> <div></div> <div>sprinkle</div> <div>to gently drop small pieces of something over a surface</div>	<div>verb</div> <div></div> <div>stagger</div> <div>to walk as if you might fall</div>
<div>verb</div> <div>MARK</div> <div>stain</div> <div>to leave a dirty mark on something which is difficult to remove, or to become dirty in this way</div>	<div>verb</div> <div>FOOT</div> <div>stamp</div> <div>to put your foot down on the ground hard and quickly, often to show anger</div>	<div>verb</div> <div>TRY TO DEFEAT/PREVENT</div> <div>struggle</div> <div>to use a lot of effort to defeat someone or prevent something</div>	<div>verb</div> <div>ONE SIDE HIGHER</div> <div>tip</div> <div>to move so that one side is higher than the other side, or to make something move in this way</div>
<div>verb</div> <div>FALL</div> <div>tip</div> <div>to fall or to make something fall</div>	<div>verb</div> <div></div> <div>torture</div> <div>to cause someone severe pain, often in order to make them tell you something</div>	<div>verb</div> <div>FOLLOW</div> <div>track</div> <div>to follow a person or animal by looking for proof that they have been somewhere, or by using electronic equipment</div>	<div>verb</div> <div></div> <div>tread</div> <div>to put your foot on something or to press something down with your foot</div>

/tɪp/

A rock under the wheel tipped the van onto its side.
Her chair tipped over and she fell onto the floor.

/ˈtɪː.tʃer/

It is claimed that the officers tortured a man to death in 1983 in a city police station.

/træk/

The terrorists were tracked to Amsterdam.
The military use radar satellites to track targets through clouds and at night.

/tred/

A load of food had been trodden into the carpet.
Yuck! Look what I've just trodden in!

/steɪn/

Tomato sauce stains terribly - it's really difficult to get it out of clothes.
While she was changing the wheel on her car, her coat had become stained with oil.

/stæmp/

He stamped on my foot.
The audience started jeering and stamping their feet.

/ˈstrʌŋ.ɪ/

He is struggling with an ankle injury.
For years she struggled with/against the establishment to get her theories accepted.

/tɪp/

The table tipped and all the drinks fell on the floor.

/splɪt/

The wooden floor had cracked and split in the heat.
Her shoes were splitting apart at the sides.

/spred/

He spread a thin layer of glue on the paper.
What I really like is hot, buttered toast spread with strawberry jam.

/ˈsprɪŋ.kɪ/

Sprinkle the cake with sugar before serving.

/ˈstæŋ.ər/

He staggered drunkenly towards the door.

/snæɪf/

The child was snatched from his bed.
Bill snatched the telephone from my hand.

/snɪf/

You were sniffing a lot - I presumed you had a cold.

/snɪf/

Dogs are sometimes used at airports to sniff out drugs in people's luggage.
She sniffed at her glass of wine before tasting it.

/spɪt/

He took a mouthful of coffee and then spat it out.
I don't like to see people spitting in public.

/sɪːz/

Troops seized control in the early hours of the morning.

/ˈʃvd.pər/

She shuddered at the thought of kissing him.
The sight of so much blood made him shudder.

/sleɪv/

The pilot was asked to slow his approach to the runway.
Traffic slows to a crawl during rush hour.

/snæp/

The twigs snapped as we walked on them.

<div>verb</div> <div>TURN</div> <div>twist</div> <div>to turn something in a circle using your hand</div>	<div>verb</div> <div>TURN YOUR BODY</div> <div>twist</div> <div>to turn part of your body to face a different direction</div>	<div>verb</div> <div>REMOVE</div> <div>unload</div> <div>to remove things from a vehicle</div>	<div>verb</div> <div>MAKE STRAIGHT</div> <div>unwind</div> <div>If you unwind something, or if something unwinds, it stops being curled round or twisted round something else and is made straight.</div>
<div>verb</div> <div>WATCH</div> <div>view</div> <div>to watch something</div>	<div>verb</div> <div></div> <div>wink</div> <div>to quickly close and then open one eye, in order to be friendly or to show that something is a joke</div>	<div>verb</div> <div></div> <div>wreck</div> <div>to destroy or badly damage something</div>	<div>noun</div> <div></div> <div>adolescent</div> <div>a young person who is between being a child and an adult</div>
<div>adjective</div> <div>NOT ATTRACTIVE</div> <div>awkward</div> <div>not relaxed or confident</div>	<div>noun</div> <div>HAIR</div> <div>fringe</div> <div>hair that is cut short and straight at the top of someone's face</div>	<div>noun</div> <div></div> <div>lad</div> <div>a boy or young man</div>	<div>adjective</div> <div>PERSON</div> <div>plain</div> <div>A plain person is not attractive to look at.</div>
<div>adjective</div> <div></div> <div>able</div> <div>clever or good at doing something</div>	<div>adjective</div> <div>RUDE</div> <div>abrupt</div> <div>dealing with people in a quick way that is unfriendly or rude</div>	<div>adjective</div> <div>CLEVER</div> <div>academic</div> <div>clever and good at studying</div>	<div>adjective</div> <div></div> <div>affectionate</div> <div>showing that you like or love someone</div>
<div>adjective</div> <div>PERSON</div> <div>alcoholic</div> <div>regularly drinking too much alcohol and unable to stop the habit</div>	<div>adjective</div> <div>EXCITEMENT</div> <div>animated</div> <div>showing a lot of interest and excitement</div>	<div>adjective</div> <div></div> <div>apologetic</div> <div>showing or saying that you are sorry about something</div>	<div>adjective</div> <div>NOT SINCERE</div> <div>artificial</div> <div>not sincere</div>

/ 'æ.l.kə 'hɑl.ɪk/

She lived with her alcoholic father.

/ 'æn.ɪ.meɪ.tɪd/

an animated conversation

/ e 'pɑl.e 'dʒe.tɪk/

She was very apologetic about missing

/ 'ɑ:.tɪ 'tʃ.eɪl/

Their cheerfulness seemed rather strained

/ 'eɪ.bl/

She's a very able student.

/ e 'brʌpt/

She has a rather abrupt manner.

/ 'æk.e 'dem.ɪk/

He's not very academic.

/ e 'fek.jən.eɪ/

He's very affectionate.

an affectionate child

/ 'cɪ.kwəd/

His movements were slow and awkward.

/ frɪndʒ/

Her fringe was nearly in her eyes.

/ læd/

Come on, lads, let's get this job finished!

The Prime Minister's a local lad.

/ pleɪn/

His wife is quite plain.

/ vju:./

They were able to view the city from a

helicopter.

/ wɪŋk/

She smiled and winked at me.

/ rek/

The explosion wrecked several cars and

damaged nearby buildings.

/ 'æd.eɪ 'e.sənt/

Many adolescents are secretive.

/twɪst/

She sat there nervously twisting the ring

around on her finger.

/twɪst/

She twisted her head so she could see

what was happening.

/ʌn 'leɪd/

Can you help me unload the car?

/ʌn 'waɪnd/

He unwound the bandage.

<div>adjective</div> <div>assertive</div> <div>behaving or speaking in a strong, confident way</div>	<div>noun</div> <div>CONFIDENCE</div> <div>assurance</div> <div>confidence</div>	<div>adjective</div> <div>NO FEELING</div> <div>blank</div> <div>showing no feeling or understanding</div>	<div>adjective</div> <div>RUDE</div> <div>blunt</div> <div>saying exactly what you think without caring about people's feelings</div>
<div>noun</div> <div>charisma</div> <div>a natural power which some people have to influence or attract people</div>	<div>adjective</div> <div>charismatic</div> <div>having a natural power to influence and attract people</div>	<div>noun</div> <div>cheerfulness</div> <div>the state of being happy or bright and pleasant to look at</div>	<div>adjective</div> <div>NO EMOTION</div> <div>clinical</div> <div>only considering facts and not influenced by feelings or emotions</div>
<div>adjective</div> <div>NOT ACCEPTING IDEAS</div> <div>closed</div> <div>not wanting to accept new ideas, people, customs, etc.</div>	<div>noun</div> <div>CHARACTER</div> <div>coldness</div> <div>when someone is unfriendly or does not show their feelings</div>	<div>adjective</div> <div>committed</div> <div>loyal and willing to give your time and energy to something that you believe in</div>	<div>adjective</div> <div>PEOPLE</div> <div>compatible</div> <div>If people are compatible, they like each other and are happy to spend time together.</div>
<div>adjective</div> <div>conceited</div> <div>too proud of yourself and your actions</div>	<div>verb</div> <div>THINK OF OTHERS</div> <div>consider</div> <div>to care about or respect other people or their feelings or wishes</div>	<div>noun</div> <div>contempt</div> <div>a strong feeling that you do not respect someone or something</div>	<div>adjective</div> <div>UNFRIENDLY</div> <div>cool</div> <div>unfriendly</div>
<div>noun</div> <div>CALM</div> <div>coolness</div> <div>the quality of being calm</div>	<div>noun</div> <div>UNFRIENDLY</div> <div>coolness</div> <div>the quality of being unfriendly</div>	<div>adjective</div> <div>courteous</div> <div>polite and showing respect</div>	<div>adjective</div> <div>cynical</div> <div>believing that people are only interested in themselves and are not sincere</div>

/ˈsɪn.ɪk.əl/
Many people have become cynical about politicians.

/ˈkʌɪ.tɪ.əs/
We received a very courteous reply.

/ˈkʌɪ.ləs/
He was a little insulted by her coolness towards him.

/ˈkʌɪ.ləs/
He was admired for his coolness under pressure.

/kʌɪ/
She was very cool towards us.

/kənˈtɛmpt/
He has utter contempt for anyone with power.

/kənˈsɪd.ər/
She never considers anyone but herself.

/kənˈsɪ.tɪd/
I find him very conceited.

/kəmˈpæt.ə.bəl/
My new job's going well, and my colleagues seem to be compatible. After they got married, they soon found out that they weren't compatible.

/kəˈmɪ.tɪd/
She's committed to the job. a committed Christian

/ˈkəʊld.nəs/
I was shocked by his father's coldness.

/kəʊld/
a closed mind

/ˈkɪn.ɪk.əl/
a clinical approach/attitude

/ˈtʃɪə.fəl.nəs/
His cheerfulness made us all feel better.

/ˈkær.ɪzˈmæt.ɪk/
Her mother was a very charismatic woman.

/kəˈrɪz.meɪ/
He is a respected politician but he lacks charisma.

/blʌnt/
a blunt letter

/blæk/
a blank expression

/eɪʃə.rənts/
He spoke with calm assurance.

/eɪˈsɜː.tɪv/
You need to be much more assertive.

<div>adjective</div> <div>defensive</div> <div>quick to protect yourself from being criticized</div>		<div>adjective</div> <div>detached</div> <div>If someone is detached, they do not feel involved with someone or emotional about something.</div>	NOT EMOTIONAL	<div>adjective</div> <div>dignified</div> <div>calm, serious, and behaving in a way that makes people respect you</div>		<div>noun</div> <div>dignity</div> <div>calm and serious behaviour that makes people respect you</div>	
<div>noun</div> <div>diplomacy</div> <div>skill in dealing with people well and not upsetting them</div>	PEOPLE	<div>adjective</div> <div>diplomatic</div> <div>good at dealing with people without upsetting them</div>	PEOPLE	<div>noun</div> <div>disgust</div> <div>a very strong feeling of dislike or disapproval</div>		<div>noun</div> <div>disposition</div> <div>the type of character someone has</div>	
<div>adjective</div> <div>disrespectful</div> <div>being rude and not showing any respect</div>		<div>adjective</div> <div>dominant</div> <div>strongest and wanting to take control</div>	STRONG	<div>adjective</div> <div>eccentric</div> <div>behaving in a strange and unusual way</div>		<div>adjective</div> <div>elated</div> <div>extremely happy and excited</div>	
<div>adjective</div> <div>eminent</div> <div>famous, respected, or important</div>		<div>noun</div> <div>empathy</div> <div>the ability to imagine what it must be like to be in someone's situation</div>		<div>adjective</div> <div>expressive</div> <div>showing your feelings</div>		<div>noun</div> <div>fake</div> <div>someone who pretends to have particular skills or qualities so that they can deceive people or get their admiration</div>	PERSON
<div>noun</div> <div>fanatic</div> <div>someone whose interest in something or enthusiasm for something is extreme</div>		<div>adjective</div> <div>fearful</div> <div>frightened or worried</div>		<div>adjective</div> <div>fearless</div> <div>not frightened of anything</div>		<div>adjective</div> <div>firm</div> <div>strict and making certain that people do what you want</div>	STRICT

/fə'neɪ.tɪk/

fitness/exercise fanatics
a religious fanatic

/ˈfɪə.feɪl/

Many women are fearful of travelling
alone.

/ˈfɪə.leɪs/

a fearless fighter

/fɜ:m/

You've got to be firm with children.

/ˈem.i.nənt/

an eminent historian

/ˈem.pa.θi/

He lacks empathy.

/ɪk'spres.ɪv/

a very expressive face
expressive language

/feɪk/

He said he was a doctor, but we soon
realized he was a fake.

/ˈdɪs.rɪ'spekt.fəl/

Don't be disrespectful to your mother.

/ˈdɒm.i.nənt/

a dominant older brother

/ɪk'sen.trɪk/

eccentric behaviour
an eccentric professor

/ɪˈleɪ.tɪd/

We were elated by/at the news.

/dɪ'pleɪ.ʊ.me.sɪ/

She showed great tact and diplomacy in
the meeting.

/ˈdɪp.leɪ'mæt.ɪk/

That's a very diplomatic answer.

/dɪs'gʌst/

She walked out in disgust.

/ˌueːfɪz.ə'dɪs.pə'zɪʃ.ən/

a cheerful/nervous disposition

/dɪ'fent.sɪv/

He's very defensive about his weight.

/dɪ'tætʃt/

As a nurse, I see some very distressing
things, but I try to stay detached.

/ˈdɪɡ.nɪ.faɪd/

a quiet, dignified woman

/ɪˈdɪɡ.ne.ti/

He behaved with great dignity and
courage.

<div>adjective</div> <div>forceful</div> <div>expressing opinions strongly and demanding attention or action</div>		<div>adjective</div> <div>formidable</div> <div>strong, powerful, and a bit frightening</div>	POWERFUL	<div>adjective</div> <div>fragile</div> <div>physically or emotionally weak</div>	PERSON	<div>noun</div> <div>fulfilment</div> <div>a feeling of pleasure because you are receiving or achieving what you want</div>	PLEASURE
<div>noun</div> <div>fury</div> <div>extreme anger</div>		<div>adjective</div> <div>fussy</div> <div>only liking particular things and very difficult to please</div>	NOT LIKING	<div>adjective</div> <div>fussy</div> <div>too careful about unimportant details</div>	CAREFUL	<div>adjective</div> <div>graceful</div> <div>behaving in a polite and pleasant way</div>	POLITE
<div>adjective</div> <div>grim</div> <div>sad and serious</div>	SERIOUS	<div>noun</div> <div>hostility</div> <div>unfriendly, angry behaviour that shows that you dislike someone</div>		<div>noun</div> <div>humanity</div> <div>kindness and sympathy towards others</div>	KINDNESS	<div>adjective</div> <div>humble</div> <div>not proud or not believing that you are important</div>	NOT PROUD
<div>noun</div> <div>humility</div> <div>the quality of not being proud or not thinking that you are better than other people</div>		<div>noun</div> <div>humour</div> <div>the way you are feeling, or your mood</div>	MOOD	<div>noun</div> <div>hypocrisy</div> <div>when someone pretends to believe something that they do not really believe or that is the opposite of what they do or say at another time</div>		<div>adjective</div> <div>hypocritical</div> <div>Hypocritical people pretend to believe things that they do not really believe or that are the opposite of what they do or say at another time.</div>	
<div>adverb</div> <div>icily</div> <div>in an unfriendly way or without showing any emotion</div>		<div>adjective</div> <div>idle</div> <div>lazy and not willing to work</div>	LAZY	<div>noun</div> <div>ignorance</div> <div>when someone does not have enough knowledge, understanding, or information about something</div>		<div>adjective</div> <div>immature</div> <div>not behaving in a way which is as wise and calm as people expect from someone your age</div>	

/ 'aɪs.e.ɪ/

'I won't ask you again,' she said icily.

/ 'aɪ.d/

He knows what has to be done, he's just bone idle.

/ 'ɪg.nər.ənts/

I was shocked by her total ignorance of world history.

/ 'ɪm.e.ɪvər/

Some of the boys are quite immature for their age.

/ 'hju: 'mɪl.e.ti/

Try to show a little humility.

/ 'hju: .mər/

good humour

/ hɪ 'pɑ:k.rə.sɪ/

I can't stand their hypocrisy - they say they care about the poor but then they go home and drink champagne.

/ 'hɪp.eʊ 'krɪ.tɪ.kəl/

Having told Tom that he should not accept any money from her, it would be rather hypocritical if I did.

/grɪm/

a grim expression

/hɑs 'tɪl.e.ti/

hostility towards outsiders

/hju: 'mæn.e.ti/

Mother Teresa was famous for her compassion and humanity.

/ 'hʌm.bl/

He's very humble about his success.

/ 'fju:ə.rɪ/

He could hardly control his fury.

/ 'fʌs.ɪ/

She's a very fussy eater.

/ 'fʌs.ɪ/

He's very fussy about keeping his car clean.

/ 'greɪs.fəl/

She accepted his criticism in a very graceful manner.

/ 'fɔ:s.fəl/

a forceful manner/personality

/fɔ: 'mɪd.e.bl/

a formidable woman

/ 'frædʒ.əl/

a fragile little girl

/fʊl 'tɪl.mənt/

I hope that you'll find happiness and fulfilment in your life together.

<div>adjective</div> <div>immune</div> <div>not affected by a particular type of behaviour or emotion</div>	<div>noun</div> <div>impatience</div> <div>when someone is impatient</div>	<div>adjective</div> <div>impulsive</div> <div>Impulsive people do things suddenly, without planning or thinking carefully, but because they want to.</div>	<div>adjective</div> <div>inconsiderate</div> <div>not caring about other people's situations or the way they feel</div>
<div>adjective</div> <div>industrious</div> <div>Industrious people work hard.</div>	<div>adjective</div> <div>inhuman</div> <div>extremely cruel</div>	<div>adjective</div> <div>innate</div> <div>An innate quality or ability is one that you were born with, not one you have learned.</div>	<div>noun</div> <div>innocence</div> <div>when someone does not have much experience of life and does not know about the bad things that happen</div>
<div>noun</div> <div>integrity</div> <div>honesty and the ability to do or know what is morally right</div>	<div>adjective</div> <div>intellectual</div> <div>interested in learning and in thinking about complicated ideas</div>	<div>noun</div> <div>intellectual</div> <div>someone who enjoys studying and thinking about complicated ideas</div>	<div>adverb</div> <div>intellectually</div> <div>in a way that relates to your ability to think and to understand things</div>
<div>adjective</div> <div>intense</div> <div>Intense people are very serious, and usually have strong emotions or opinions.</div>	<div>adverb</div> <div>intensely</div> <div>with strong, serious emotions</div>	<div>noun</div> <div>intolerance</div> <div>when someone is intolerant</div>	<div>adjective</div> <div>intolerant</div> <div>refusing to accept any opinions, beliefs, customs, etc., that are different from your own</div>
<div>noun</div> <div>introvert</div> <div>someone who is quiet and shy and prefers to be alone</div>	<div>adjective</div> <div>irrational</div> <div>Irrational feelings and actions are based on your emotions and not on good reasons.</div>	<div>adjective</div> <div>irritable</div> <div>becoming annoyed very easily</div>	<div>noun</div> <div>irritation</div> <div>the feeling of being annoyed, or something that makes you annoyed</div>

/ˈɪn.trʊ.vɜ:t/

He's quite an introvert.

/ɪˈræ.ʃən.əl/

an irrational fear of flying
irrational behaviour

/ˈɪr.ɪ.tə.bəl/

Jack's been irritable all day.

/ˈɪr.ɪ.tə.ɪ.ʃən/

Traffic noise is one of the irritations of
living here.
That kind of behaviour is sure to cause
irritation.

/ɪnˈtens/

He's always been very intense.

/ɪnˈtɛn.sɪl/

She stared at me intensely.

/ɪnˈtɒl.ər.ənts/

religious intolerance

/ɪnˈtɒl.ər.ənt/

She can be very intolerant of other
people's opinions.

/ɪnˈtɛɡ.rə.tɪ/

a woman of great integrity

/ˌɪn.təlˈɛk.tju.əl/

She's very intellectual.

/ˌɪn.təlˈɛk.tju.əl/

She was a real intellectual.

/ˌɪn.təlˈɛk.tjə.ɪl/

She's hoping to find a job which is more
demanding intellectually.

/ɪnˈdʌs.tri.əs/

He is good at his work and very
industrious.

/ɪnˈhju:.mən/

the inhuman treatment of prisoners

/ɪˈneɪt/

He has an innate desire to win.

/ˈɪn.e.sənts/

She has a childlike innocence which I find
very appealing.
the innocence of childhood

/ɪˈmju:n/

He is immune to flattery.

/ɪmˈpeɪ.jənts/

His impatience was obvious.

/ɪmˈpʌl.sɪv/

In an impulsive gesture, he threw his arms
around her.

/ˌɪn.kənˈsɪd.ər.ət/

It was very inconsiderate of you to keep
us all waiting.

<div>adjective</div> <div>laid-back</div> <div>very relaxed and not seeming worried about anything, or causing people to feel this way</div>	<div>adjective</div> <div>malicious</div> <div>intended to harm or upset someone</div>	<div>noun</div> <div>SKILLED PERSON</div> <div>master</div> <div>someone who does something very well</div>	<div>noun</div> <div>materialist</div> <div>a person who thinks that having money and possessions is the most important thing in life</div>
<div>adjective</div> <div>BEHAVIOUR</div> <div>mechanical</div> <div>If you do something in a mechanical way, you do it without emotion or without thinking about it.</div>	<div>adjective</div> <div>merciless</div> <div>cruel, or showing no kindness</div>	<div>noun</div> <div>mercy</div> <div>kindness that makes you forgive someone, usually someone that you have authority over</div>	<div>noun</div> <div>PERSON</div> <div>monster</div> <div>a cruel and frightening person</div>
<div>adverb</div> <div>FROM BIRTH</div> <div>naturally</div> <div>having been born with a characteristic</div>	<div>noun</div> <div>RUDENESS</div> <div>nerve</div> <div>the rudeness necessary to do something you know will upset someone</div>	<div>noun</div> <div>BEING BRAVE</div> <div>nerve</div> <div>the quality of being brave</div>	<div>adjective</div> <div>nosy</div> <div>always trying to find out private things about other people</div>
<div>adjective</div> <div>observant</div> <div>good or quick at noticing things</div>	<div>adjective</div> <div>obsessive</div> <div>thinking too much about something, or doing something too much</div>	<div>adjective</div> <div>HONEST</div> <div>open</div> <div>An open person is honest and does not hide their feelings.</div>	<div>noun</div> <div>openness</div> <div>when someone is honest about their thoughts and feelings</div>
<div>noun</div> <div>optimism</div> <div>when you believe good things will happen</div>	<div>noun</div> <div>BELIEFS</div> <div>orientation</div> <div>the type of beliefs that a person has</div>	<div>noun</div> <div>FEELING</div> <div>outrage</div> <div>a strong feeling of anger or shock</div>	<div>adjective</div> <div>perceptive</div> <div>quick to notice or understand things</div>

/ˈpɑːtɪ.mɪ.zəm/

Judging from your examination results, I think you have cause for cautious optimism about getting a university place. There was a note of optimism in his voice as he spoke about the company's future.

He's very observant.

/əbˈzɜː.vənt/

He's obsessive about his health.

obsessive behaviour

/əbˈses.ɪv/

/ˈpɑːrɪ.ənˈteɪ.ʃən/

He's very secretive about his political orientation.

/ˈɑːt.rɪdʒ/

Many politicians and members of the public expressed outrage at the verdict.

/ˈeʊ.pən/

She has an honest, open face.
I wish you'd be more open with me, and tell me what you're feeling.

/pəˈsep.tɪv/

a perceptive writer

/ˈeʊ.pən.əs/

I appreciated his openness.

/ˈneɪ.zɪ/

Don't be so nosy!
nosy neighbours

/ˈnɜːv/

He lost his nerve and couldn't go through with it.
I haven't got the nerve to tell him I'm leaving.

/ˈnɜːv/

I can't believe she had the nerve to talk to me after what happened.
You've got a nerve, coming here!

/ˈmɜː.sɪ.les/

She was merciless in her criticism of his work.
a merciless attack

/ˈmɜː.sɪ/

The prisoners begged/pleaded for mercy.
The judge showed no mercy.

/ˈmɒn.t.stər/

You'd have to be a monster to hit a child like that.

/ˈleɪdˈbæk/

The place had a laid-back atmosphere.
He's very laid-back.

/məˈlɪ.əs/

malicious gossip

/ˈmɑː.stər/

He was a master of disguise.

/məˈtɪ.ə.rɪ.ə.lɪst/

We are bringing up our children to be materialists.

<div>adjective</div> <div>persistent</div> <div>continuing to do something in a determined way</div>	<div>CALM</div> <div> <div>adjective</div> <div>philosophical</div> <div>accepting unpleasant situations in a calm and wise way</div> </div>	<div>GOOD AT PLANNING</div> <div> <div>adjective</div> <div>practical</div> <div>Someone who is practical is good at planning things, making sensible decisions and dealing with problems.</div> </div>	<div> <div>adjective</div> <div>pushy</div> <div>behaving in an unpleasant way by trying too much to get something or to make someone do something</div> </div>
<div>noun</div> <div>qualification</div> <div>a skill, quality, etc. that you need in order to be able to do something, especially a job</div>	<div>SKILLS</div> <div> <div>adjective</div> <div>receptive</div> <div>willing to think about and accept new ideas</div> </div>	<div>THOUGHT</div> <div> <div>noun</div> <div>reflection</div> <div>when you think in a serious and careful way</div> </div>	<div> <div>verb</div> <div>resent</div> <div>to feel angry and upset about a situation or about something that someone has done</div> </div>
<div>noun</div> <div>resentment</div> <div>a feeling of anger about a situation that you think is unfair</div>	<div> <div>adjective</div> <div>reserved</div> <div>describes people who keep their feelings or thoughts private rather than showing them</div> </div>	<div>ACCEPT</div> <div> <div>noun</div> <div>resignation</div> <div>when you accept something that you do not like because you cannot easily change it</div> </div>	<div> <div>noun</div> <div>resilience</div> <div>the quality of being resilient</div> </div>
<div>noun</div> <div>resolve</div> <div>when you are very determined to do something</div>	<div> <div>adjective</div> <div>resourceful</div> <div>good at finding ways to solve problems</div> </div>	<div> <div>adverb</div> <div>respectfully</div> <div>in a respectful way</div> </div>	<div>NOT SATISFIED</div> <div> <div>adjective</div> <div>restless</div> <div>not satisfied with what you are doing now and wanting something new</div> </div>
<div>noun</div> <div>restraint</div> <div>calm and controlled behaviour</div>	<div> <div>adjective</div> <div>ruthless</div> <div>not caring if you hurt or upset other people when you try to get what you want</div> </div>	<div> <div>adjective</div> <div>sarcastic</div> <div>using sarcasm</div> </div>	<div> <div>adjective</div> <div>sceptical</div> <div>doubting that something is true or useful</div> </div>

/rɪ'streɪnt/

He showed admirable restraint and refused to be provoked.

/ˈruːθ ləs/

a ruthless dictator
ruthless ambition

/sɑːˈkæəs.tɪk/

Are you being sarcastic?
a sarcastic comment/remark

/ˈskep.tɪk.əl/

She was sceptical of the new arrangement.
Scientists remain sceptical about astrology.

/rɪˈzɒlʋ/

The training was tough, but his resolve never wavered.

/rɪˈzɜːs.fəl/

When we didn't have much money, we had to be more resourceful.

/rɪˈspekt.fəl/

He always spoke to them very respectfully.

/ˈrest.ləs/

After a while in the same relationship I start to get restless.

/rɪˈzent.mənt/

If you treat your staff differently, it just causes resentment.

/rɪˈzɜːvd/

Marcus is more reserved than his brother.

/ˈrez.ɪgˌneɪ.ʃən/

She accepted her illness with calm resignation.

/rɪˈzɪl.i.ənts/

She had the resilience to try again.

/ˌkwɒl.ɪ.feˈkeɪ.ʃən/

The main qualification for this job is the ability to get on with people.

/rɪˈsep.tɪv/

She's generally very receptive to ideas and suggestions.

/rɪˈflek.ʃən/

On reflection, I think I was wrong.
He paused for reflection before answering my question.

/rɪˈzent/

He resents the fact that she gets more money than he does.
I resent having to work late.

/peˈsɪs.tənt/

He can be very persistent when he wants something.

/ˌfɪl.eˈsɒf.ɪ.kəl/

She seems fairly philosophical about failing her exam.

/ˌpræk.tɪ.kəl/

She has a lot of interesting ideas but she's not very practical.

/ˈpʊʃ.əl/

a pushy salesman

<div>noun</div> <div>CONFIDENCE</div> <div>security</div> <div>confidence about yourself and the situation that you are in</div>	<div>noun</div> <div></div> <div>self-assurance</div> <div>the quality of being confident about yourself</div>	<div>adjective</div> <div></div> <div>self-assured</div> <div>confident about yourself</div>	<div>noun</div> <div></div> <div>self-awareness</div> <div>good knowledge and judgment about yourself</div>
<div>noun</div> <div></div> <div>self-control</div> <div>the ability to control your emotions and actions although you are very angry, upset, etc.</div>	<div>noun</div> <div></div> <div>self-discipline</div> <div>the ability to make yourself do things that you do not want to do</div>	<div>noun</div> <div></div> <div>self-reliance</div> <div>the quality of not needing help and support from other people</div>	<div>adjective</div> <div></div> <div>self-reliant</div> <div>able to do things yourself without depending on other people</div>
<div>noun</div> <div></div> <div>self-respect</div> <div>the feeling of pride in yourself and your character</div>	<div>verb</div> <div></div> <div>sense</div> <div>to feel or experience something without being able to explain exactly how</div>	<div>noun</div> <div></div> <div>sensibility</div> <div>someone's feelings, or the ability to understand what other people feel</div>	<div>adjective</div> <div>FEELING</div> <div>sentimental</div> <div>showing kind feelings such as sympathy, love, etc., especially in a silly way</div>
<div>adjective</div> <div></div> <div>serene</div> <div>calm and quiet</div>	<div>noun</div> <div></div> <div>serenity</div> <div>a feeling of being calm and happy</div>	<div>adjective</div> <div>NOT SERIOUS</div> <div>shallow</div> <div>not showing any interest in serious ideas</div>	<div>adjective</div> <div>UPSET</div> <div>shattered</div> <div>very upset</div>
<div>adjective</div> <div>THINKING</div> <div>short-sighted</div> <div>not thinking enough about how an action will affect the future</div>	<div>adjective</div> <div></div> <div>shrewd</div> <div>good at judging situations and making decisions which give you an advantage</div>	<div>adjective</div> <div>CRUEL</div> <div>sick</div> <div>cruel and unpleasant</div>	<div>noun</div> <div></div> <div>sincerity</div> <div>the quality of being sincere</div>

/ˌʃɔːtˈsɑː.tɪd/

a short-sighted policy

/ˈʃruːd/

a shrewd business plan
a shrewd politician

/sɪk/

a sick joke
He's got a sick mind.

/sɪnˈsɜː.e.tɪ/

There was no doubting his sincerity.

/sɪˈrɪːn/

a serene face/smile

/sɪˈren.e.tɪ/

She sat there with an air of serenity about her.

/ˈʃæl.e.v/

He is a very shallow person.

/ˈʃæt.ed/

She was absolutely shattered when she failed the exam.

/ˌself.rɪˈspekt/

Having a job gave them back their self-respect.

/sents/

Could you sense what was likely to happen?
He sensed (that) his guests were bored, although they were listening politely.

/ˌsen.sɪˈbɪl.e.tɪ/

his aesthetic sensibility

/ˌsen.tɪˈmen.təl/

The British are very sentimental about animals.
a sentimental song

/ˌself.kənˈtrɒl/

He displayed a total lack of self-control.

/ˌselfˈdɪs.ɪ.plɪn/

I haven't got the self-discipline to be an athlete.

/ˌself.rɪˈlaɪ.ents/

These kids need to learn some self-reliance.

/ˌself.rɪˈlaɪ.ənt/

The children are beginning to be a bit more self-reliant.

/sɪˈkjʊ.e.r.e.tɪ/

the security of a long-term relationship

/ˌself.eˈʃʊ.e.r.ənts/

He spoke with remarkable self-assurance for such a young man.

/ˌself.eˈʃʊəd/

She's a very self-assured young woman.

/ˌself.eˈwɛ.e.nəs/

She has a high level of self-awareness.

<div>noun</div> <div>snob</div> <div>someone who thinks they are better than other people because they are in a higher social position</div>	<div>adjective</div> <div>snobbish</div> <div>like a snob</div>	<div>adjective</div> <div>sober</div> <div>Someone who is sober is serious and thinks a lot.</div>	<div>adjective</div> <div>SERIOUS</div> <div>noun</div> <div>sorrow</div> <div>when someone feels very sad</div>
<div>noun</div> <div>spite</div> <div>a feeling of anger towards someone which makes you want to hurt or upset them</div>	<div>noun</div> <div>BEHAVIOUR</div> <div>standard</div> <div>a level of behaviour, especially a level that is acceptable</div>	<div>adjective</div> <div>stereotypical</div> <div>having the qualities that you would expect a particular kind of person to have</div>	<div>adjective</div> <div>stern</div> <div>very serious and without any humour</div>
<div>adjective</div> <div>stiff</div> <div>behaving in a way that is formal and not relaxed</div>	<div>adjective</div> <div>FORMAL</div> <div>noun</div> <div>stubbornness</div> <div>the quality of being stubborn</div>	<div>adjective</div> <div>stunned</div> <div>very surprised and shocked</div>	<div>noun</div> <div>stupidity</div> <div>the state of being silly or unwise</div>
<div>adjective</div> <div>superficial</div> <div>If someone is superficial, they never think about things that are serious or important.</div>	<div>adjective</div> <div>NOT SERIOUS</div> <div>adjective</div> <div>superior</div> <div>thinking that you are better than other people</div>	<div>noun</div> <div>adjective</div> <div>OPINION</div> <div>superiority</div> <div>when you think that you are better than other people</div>	<div>noun</div> <div>OPINION</div> <div>tact</div> <div>the ability to talk to people about difficult subjects without upsetting them</div>
<div>adjective</div> <div>tactful</div> <div>careful not to say or do anything that could upset someone</div>	<div>adjective</div> <div>tactless</div> <div>not careful about saying or doing something that could upset someone</div>	<div>adjective</div> <div>GENTLE</div> <div>tender</div> <div>kind and gentle</div>	<div>noun</div> <div>tenderness</div> <div>the quality of being kind and gentle</div>

She asked a few tactful questions.

/ˈtækt.fəl/

That was a really tactless thing to say.

/ˈtækt.ləs/

a tender kiss/look

/ˈten.dər/

We were struck by his tenderness towards the old people.

/ˈten.dənəs/

He's a very superficial person.

/ˈsuː.pɪ.ə.ri.əl/

She has a very superior manner.

/suːˈpɪ.ə.ri.ər/

She has an air of superiority.

/suːˈpɪ.ə.riˈɔːr.e.ti/

This situation needs to be handled with great tact.

/ˈtækt/

He was always very stiff with us.

/stɪf/

We were infuriated by his stubbornness.

/ˈstʌb.en.nəs/

We were stunned by the news of her death.

/stʌnd/

The accident was caused by my own stupidity.

/stjuːˈpɪd.e.ti/

He hid my new jacket out of spite.

/spat/

high moral standards

/ˈstæn.dəd/

a stereotypical student

/ˈster.i.əvˈtɪp.i.kəl/

stern criticism

/stɜːn/

a stern expression/face

My aunt is such a snob!

/snɒb/

a snobbish attitude

/ˈɪ.ɒb.əl/

He was in a sober mood.

/ˈseɪ.bər/

He expressed his sorrow at the news.

/ˈsɔːr.əv/

<div>adjective</div> <div>thoughtless</div> <div>not considering how your actions and words might upset someone else</div>	<div>adjective</div> <div>timid</div> <div>shy and easily frightened</div>	<div>verb</div> <div>tire</div> <div>to become tired or to make someone become tired</div>	<div>noun</div> <div>tolerance</div> <div>willingness to accept behaviour and beliefs which are different from your own, although you might not agree with or approve of them</div>
<div>noun</div> <div>toughness</div> <div>the quality or state of being tough</div>	<div>adverb</div> <div>tragically</div> <div>in a way that is very sad</div>	<div>noun</div> <div>trait</div> <div>a quality, good or bad, in someone's character</div>	<div>noun</div> <div>triumph</div> <div>the feeling of happiness that you have when you win something or succeed</div>
<div>adjective</div> <div>unethical</div> <div>morally bad</div>	<div>adjective</div> <div>unscrupulous</div> <div>behaving in a way that is dishonest or unfair in order to get what you want</div>	<div>adjective</div> <div>unwise</div> <div>stupid and likely to cause problems</div>	<div>adjective</div> <div>vain</div> <div>too interested in your own appearance and thinking you are very attractive</div>
<div>noun</div> <div>vanity</div> <div>when someone thinks they are very attractive and is too interested in their own appearance</div>	<div>adjective</div> <div>versatile</div> <div>having many different skills</div>	<div>noun</div> <div>vitality</div> <div>energy and strength</div>	<div>adjective</div> <div>vivacious</div> <div>A vivacious person, especially a woman, is full of energy and enthusiasm.</div>
<div>adjective</div> <div>wary</div> <div>If you are wary of someone or something, you do not trust them completely.</div>	<div>adjective</div> <div>wicked</div> <div>extremely bad and morally wrong</div>	<div>adjective</div> <div>willing</div> <div>wanting to do something</div>	<div>noun</div> <div>willpower</div> <div>the ability to make yourself do difficult things or to stop yourself from doing enjoyable things that are bad for you</div>

FEELING

PERSON

She's still wary of strangers.

/ˈweə.ri/

a wicked man

/ˈwɪk.ɪd/

He is a very willing assistant.

/ˈwɪl.ɪŋ/

It takes great willpower to lose weight.

/ˈwɪl.pəʊər/

Her vanity is staggering.

/ˈvæn.ə.ti/

a versatile player/performer

/ˈvɜː.sə.taɪl/

At 48, he still projects an image of youth and vitality.

/vəɪˈtæɪ.lə.ti/

She is extremely vivacious.

/viˈveɪ.ʃəs/

unethical business methods

/ʌnˈeθ.ɪ.kəl/

an unscrupulous financial adviser

/ʌnˈskruː.pje.əs/

an unwise decision

/ʌnˈwaɪz/

He's terribly vain.

/veɪn/

They can't face the toughness of the competition.
She has a reputation for toughness.

/ˈtʌf.nəs/

Tragically, the side-effects of the drug were not discovered until many people had been seriously damaged by it.
She died tragically young.

/ˈtrædʒ.ɪ.kli/

a family trait

/ˈtreɪt/

They couldn't conceal their triumph at the result.

/ˈtraɪ.ʌmp/

I should have called her to say we'd be late - it was a bit thoughtless of me.

/ˈθɜːt.ləs/

a timid little boy

/ˈtɪm.ɪd/

Even doing the garden tires me these days.
She's been leading throughout the race, but it now looks as if she's tiring.

/ˈtaɪər/

Some members of the party would like to see it develop a greater tolerance off/towards contrary points of view.
This period in history is not noted for its religious tolerance.

/ˈtɒl.ər.ənts/

<div>adjective</div> <div>withdrawn</div> <div>quiet and not talking to other people</div>	<div>noun</div> <div>capitalism</div> <div>a political and economic system in which industry is owned privately for profit and not by the state</div>	<div>adjective</div> <div>capitalist</div> <div>relating to capitalism</div>	<div>noun</div> <div>centre</div> <div>a political position with opinions that are not extreme</div> <div>POLITICAL</div>
<div>noun</div> <div>chancellor</div> <div>the person in the British government who makes decisions about taxes and government spending</div> <div>MONEY</div>	<div>adjective</div> <div>constitutional</div> <div>relating to the constitution of a country</div>	<div>noun</div> <div>coup</div> <div>when a group of people suddenly takes control of a country using force</div>	<div>noun</div> <div>delegation</div> <div>a group of people who have been chosen to represent a much larger group of people</div>
<div>noun</div> <div>diplomacy</div> <div>dealing with the relationships between governments</div> <div>COUNTRIES</div>	<div>adjective</div> <div>extreme</div> <div>having such strong opinions or beliefs that most people cannot agree with you</div> <div>OPINIONS</div>	<div>noun</div> <div>extremist</div> <div>someone who has such strong opinions or beliefs that most people cannot agree with them</div>	<div>noun</div> <div>radical</div> <div>someone who supports the idea that there should be big social and political changes</div>
<div>adjective</div> <div>radical</div> <div>believing that there should be big social and political changes</div> <div>BELIEFS</div>	<div>noun</div> <div>referendum</div> <div>an occasion when all the people in a country can vote in order to show their opinion about a political question</div>	<div>noun</div> <div>reform</div> <div>when changes are made to improve a system, organization, or law, or a change that is made</div>	<div>noun</div> <div>regime</div> <div>a system of government or other control, especially one that people do not approve of</div>
<div>adjective</div> <div>right-wing</div> <div>supporting the ideas of parties on the political right</div>	<div>noun</div> <div>seat</div> <div>a position in a parliament or other group that makes official decisions</div> <div>POLITICS</div>	<div>noun</div> <div>socialism</div> <div>a political system in which the government owns important businesses and industries, and which allows the people to share the money and opportunities equally</div>	<div>adjective</div> <div>totalitarian</div> <div>belonging to a political system in which the people in power have complete control and do not allow anyone to oppose them</div>

/ 'raɪt'wɪŋ/

a right-wing newspaper
She's extremely right-wing.

/sɪt/

a congressional seat
a seat in parliament

/ 'seɪ.ʃəl.ɪ.zəm/

He is an opponent of socialism.

/təv'tæl.ɪ'tə.ri.ən/

The people overthrew the totalitarian regime.

/ 'ræd.ɪ.kəl/

a radical proposal
a radical group/movement

/ 'ref.ər'en.dəm/

The government has promised a referendum on voting reform.

/rɪ'fɔ:m/

Students have called for reforms in the admission process.
economic/political reform

/rei'ʒɪ:m/

the former Communist regime

/dɪ'pleɪ.mə.sɪ/

international diplomacy

/ɪk'stri:m/

the extreme right/left
extreme views

/ɪk'stri:.mɪst/

political/religious extremists

/ 'ræd.ɪ.kəl/

There are several radicals in the government.

/ 'tʃɑ:n.səl.ər/

He became chancellor in 2010.

/ 'kən.stɪ'tju:ʃən.əl/

a constitutional crisis

/ku:/

a military coup

/ 'del.ɪ'geɪ.ʃən/

a delegation of Chinese officials

/n:'crɪdɪw/

He seemed quiet and withdrawn.

/ 'kæp.ɪ.təl.ɪ.zəm/

Modern capitalism has shaped the global economy.

/ 'kæp.ɪ.təl.ɪst/

a capitalist society

/ 'sen.tər/

His political views are left of centre.

<div>noun</div> <div>voter</div> <div>a person who votes or who has a legal right to vote, especially in an election</div>	<div></div>	<div>noun</div> <div>wing</div> <div>a group of people in an organization or political party who have the same beliefs</div>	<div>POLITICS</div>	<div>noun</div> <div>attraction</div> <div>when you like someone, especially sexually, because of the way they look or behave</div>	<div>FEELING</div>	<div>verb</div> <div>bond</div> <div>to develop a strong relationship with someone</div>	<div></div>
<div>verb</div> <div>click</div> <div>If two people click, they like each other immediately.</div>	<div>PEOPLE</div>	<div>adjective</div> <div>inseparable</div> <div>People who are inseparable are always together because they are such good friends.</div>	<div>FRIENDS</div>	<div>adjective</div> <div>intimate</div> <div>having a special relationship with someone who you like or love very much</div>	<div>RELATIONSHIP</div>	<div>noun</div> <div>orphan</div> <div>a child whose parents have died</div>	<div></div>
<div>verb</div> <div>part</div> <div>If two people part, or if one person parts from another, they leave each other.</div>	<div>LEAVE</div>	<div>adjective</div> <div>rocky</div> <div>a rocky relationship has problems and may not last</div>	<div>RELATIONSHIP</div>	<div>noun</div> <div>sibling</div> <div>a sister or brother</div>	<div></div>	<div>noun</div> <div>side</div> <div>the part of your family who are either your mother's relatives or your father's relatives</div>	<div>RELATIVES</div>
<div>noun</div> <div>spouse</div> <div>your husband or wife</div>	<div></div>	<div>noun</div> <div>counter</div> <div>a small disc used in some games that are played on a board</div>	<div>DISC</div>	<div>noun</div> <div>dice</div> <div>a small object with six equal square sides, each with between one and six spots on it, used in games</div>	<div></div>	<div>noun</div> <div>favourite</div> <div>the person, animal or thing that is most likely to win a competition</div>	<div>LIKELY TO WIN</div>
<div>noun</div> <div>foul</div> <div>something that someone does in a sport that is not allowed by the rules</div>	<div></div>	<div>noun</div> <div>pass</div> <div>in sports, when you throw or kick a ball to someone else</div>	<div>SPORTS</div>	<div>adjective</div> <div>recreational</div> <div>used for recreation</div>	<div></div>	<div>noun</div> <div>second</div> <div>something that is sold cheaply because it is damaged or not in perfect condition</div>	<div>PRODUCT</div>

/fau/

He was sent off for a vicious foul on Cooper.

/pa:s/

That was a great pass!

/ˌrek.rɪˈeɪ.jən.əl/

recreational activities/facilities

/ˈsek.ənd/

Some of those towels are seconds.

/spaʊs/

Is his spouse still living?

/ˈkaʊn.tər/

Move the counter forwards two squares.

/daɪs/

Roll the dice to see who starts the game.

/ˈfeɪ.vrət/

Her novel was the favourite to win the prize, but the judges chose differently. The Dallas Cowboys are now favourites to win.

/pa:t/

That summer, after six years of marriage, we parted.

/ˈrɒk.ɪ/

I heard that their marriage is a bit rocky.

/ˈsɪb.lɪŋ/

I have three siblings.

/kɪk/

We met at college and we just clicked.

/ɪnˈsep.ər.e.ɪ.bl/

The two girls got on very well and soon became inseparable.

/ˈɪn.tɪm.ət/

an intimate friend

/ˈɔː.fən/

They adopted an orphan.

/ˈveɪ.tər/

Are you a Labour voter?
Of course, tax cuts are usually popular with (the) voters.

/wɪŋ/

the nationalist wing of the party

/eˈtræk.jən/

physical attraction

/bʌnd/

Physical contact helps a mother bond with her baby.

<div>noun</div> <div>side</div> <div>the players in a sports team</div> <div>SPORT</div>	<div>noun</div> <div>squad</div> <div>a group of police officers who have special skills to deal with particular problems</div> <div>omb/drug/fraud, etc. squad</div>	<div>noun</div> <div>striker</div> <div>a football player whose job is to try to score goals</div> <div>FOOTBALL PLAYER</div>	<div>verb</div> <div>tie</div> <div>to have the same score as someone else at the end of a competition or game</div> <div>COMPETITION/GAME</div>
<div>noun</div> <div>title</div> <div>what you get if you win an important sports competition</div> <div>SPORTS</div>	<div>verb</div> <div>withdraw</div> <div>to decide that you will not now be in a race, competition, etc.</div> <div>COMPETITION</div>	<div>noun</div> <div>cookie</div> <div>a piece of information stored on your computer which contains information about all the Internet documents you have looked at</div> <div></div>	<div>verb</div> <div>go</div> <div>to work in the right way</div> <div>WORKING</div>
<div>noun</div> <div>thread</div> <div>a group of pieces of writing on the Internet in which people discuss one subject</div> <div>INTERNET</div>	<div>verb</div> <div>accelerate</div> <div>to move or cause yourself or a vehicle to move faster</div> <div>VEHICLE</div>	<div>noun</div> <div>cabin</div> <div>a small room to sleep in on a ship</div> <div>SHIP</div>	<div>noun</div> <div>carriage</div> <div>a vehicle with wheels that is pulled by a horse</div> <div>WITH HORSE</div>
<div>verb</div> <div>divert</div> <div>to send someone or something somewhere different from where they were expecting to go</div> <div></div>	<div>verb</div> <div>fly</div> <div>to take or send people or goods somewhere by aircraft</div> <div>TAKE/SEND</div>	<div>verb</div> <div>jam</div> <div>to fill a place completely</div> <div>FILL</div>	<div>noun</div> <div>path</div> <div>the direction that a person or vehicle moves in</div> <div>DIRECTION</div>
<div>noun</div> <div>reverse</div> <div>the method of controlling a vehicle that makes it go backwards</div> <div></div>	<div>noun</div> <div>tractor</div> <div>a strong vehicle with large back wheels used on farms for pulling things</div> <div></div>	<div>noun</div> <div>traffic</div> <div>the planes or ships moving around an area</div> <div>PLANES AND SHIPS</div>	<div>noun</div> <div>wreck</div> <div>a vehicle or ship that has been destroyed or badly damaged</div> <div>VEHICLE</div>

/rɪˈvɜːs/

Put the car into reverse.

He started up the tractor.

/ˈtræk.tər/

air traffic control

/ˈtræf.ɪk/

/rek/

The burnt-out wrecks of two police cars littered the road.
Divers exploring the wreck managed to salvage some coins and jewellery.

/paːθ/

The whole area was jammed with fans waiting for the band to come on stage.
The streets were jammed with cars.
a flight path

/daɪˈvɜːt/

The police were diverting traffic away from the town.
The plane was diverted to Stansted because of engine trouble.

/əkˈsel.ə.reɪt/

The car in front accelerated and left us behind.

/ˈkæb.ɪn/

We had a cabin on the top deck.

/θred/

I read the thread about older mothers.

/wɪðˈdrɔː/

Christie was forced to withdraw from the race because of injury.

/ˈkʊk.ɪ/

You need to enable cookies to use this website.

/gev/

Did you get the car going?

/ˈtaɪ.tl/

He won the 1999 world motor racing title.

/skwɒd/

He was a member of the bomb squad.

/ˈstraɪ.kər/

He is a skilled striker.

/taɪ/

Sweden tied with France in the winter sports competition.

/saɪd/

Our side lost again on Saturday.

He's been selected for the national side.

<div>noun</div> <div>appointment</div> <div>when you officially choose someone for an important job, or the job itself</div>	<div>JOB</div>	<div>TIME</div> <div>career</div> <div>the time that you spend doing a particular job</div>	<div>adjective</div> <div>casual</div> <div>Casual work is not regular or fixed.</div>	<div>WORK</div> <div>counsellor</div> <div>someone whose job is to listen to people and give them advice about their problems</div>
<div>noun</div> <div>developer</div> <div>someone who buys land or buildings to improve them and sell them for more money</div>	<div>LAND</div>	<div>ORGANIZATION</div> <div>giant</div> <div>a very large and important company or organization</div>	<div>ACTIVITY</div> <div>import</div> <div>when you import something into a country</div>	<div>leave</div> <div>time allowed away from work for holiday or illness</div>
<div>noun</div> <div>mission</div> <div>an important job, usually travelling somewhere</div>	<div>JOB</div>	<div>official</div> <div>a person who has a position of responsibility in an organization</div>	<div>verb</div> <div>overload</div> <div>to give someone too much to do</div>	<div>recruit</div> <div>someone who has recently joined an organization</div>
<div>verb</div> <div>remove</div> <div>to make someone stop doing their job</div>	<div>JOB</div>	<div>LEAVE JOB</div> <div>resignation</div> <div>when someone tells their employer that they are leaving their job</div>	<div>EMPLOYEES</div> <div>turnover</div> <div>the rate at which workers leave an organization and new workers join it</div>	<div>venture</div> <div>a new activity or business</div>
<div>noun</div> <div>vocation</div> <div>a strong feeling that you are right for a particular type of work, or a job that gives you this feeling</div>		<div>noun</div> <div>BatDauLapTrinh</div> <div>A blog where wrote about lesson experience I have learned along my career path</div>	<div>noun</div> <div>BatDauLapTrinh</div> <div>A blog where wrote about lesson experience I have learned along my career path</div>	<div>noun</div> <div>BatDauLapTrinh</div> <div>A blog where wrote about lesson experience I have learned along my career path</div>

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/ˈven.tʃər/

The high turnover among daycare workers is an ongoing problem.

a business venture

/ˈtʃɜːn.ə.vər/

I feel that they overload their children with activities.

a new recruit

All the staff are completely overloaded.

/ˈəʊ.vəˈleɪd/

/rɪˈkruːt/

I've asked if I can take a week's unpaid leave.

She's (gone) on leave.

/liːv/

casual labour/workers

I saw a counsellor to help me with my anxiety.

/ˈkaʊn.səl.ər/

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/ˈɪm.pɔːt/

a ban on the import of beef

/ˈkæʒ.ju.əl/

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/ˈrez.ɪgˈneɪ.ʃən/

I handed in my resignation yesterday.

a letter of resignation

/əˈfɪ.əl/

a government/trade-union official

a UN official

/ˈdʒaɪ.ənt/

a media/software giant

/keˈrɪər/

She began her acting career in TV commercials.

/vəˈkeɪ.ʃən/

He knew that teaching was his true vocation.

/rɪˈmuːv/

He had been removed from his job on medical grounds.

/ˈmɪʃ.ən/

I'll be going on a fact-finding mission to Paris next week.

Our mission was to isolate the enemy by destroying all the bridges across the river.

/dɪˈvel.ə.pər/

All the land was bought up by developers.

/əˈpɪnt.mənt/

a temporary appointment

the appointment of three new teachers