

ACHIEVEMENT BEHIND AFFIRMATIONS

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The Miracle of affirmations can make your life more tangible and give you resilience . The best era of affirmations is that you have to only tell yourself over and over whatever you want to do .Instead of joining any session which will help you to make you believe in yourself.Do you know the power of affirmation . You can accomplish anything in your life by just one word “AFFIRMATION” .But Affirmation will be the only word for you until you don't join “SELF” with that I think you got my point what i want to tell. I was not good at english speaking and i used to be an introvert but i had always doubted myself and i blame myself i'm not good at things which i'm doing. So I started to remind myself about self-affirmation and have set a reminder on Google Assistant. In that reminder I wrote “I'm good at english “. It boosts me more and gives me courage and confidence to talk to anyone . So I'm Here now able to write a blog or anything. Everyone knows at last we have to do everything so to whom you are waiting. Have you ever thought about why we watch motivational videos and read some quotes which are relevant to the circumstances of our life. But from my perspective it seems to be hypocritical. we insist on doing all those things. Because we think that we can't handle that adversity so we rely on those videos to help us out of it. Because we have no more faith in ourselves. So please Believe in yourself and self-affirmation is the best technique to solve everything.Because nobody knows who you are and no one can make your life decision .So be responsible and make great effort to achieve your goals.

I hope this blog will help you to believe in yourself.