General cleaning check list:

	Start:	Finish:
 Clean cardio machines 		
o Clean und	ler cardio i	machines
 Clean weight machines 		
Sweep floors		
o Vacuum c	arpet	
o Vacuum r	ubber mat	<u>.</u>

- Sweep under dumbbell rack
- Sweep tanning room
- Sweep restrooms and showers
- Sweep training room
- Mop floors

- Mop tanning room
- Mop restrooms and showers
- Mop training room
- Clean sinks, toilets, and showers
- Clean countertops
- o Clean mirrors