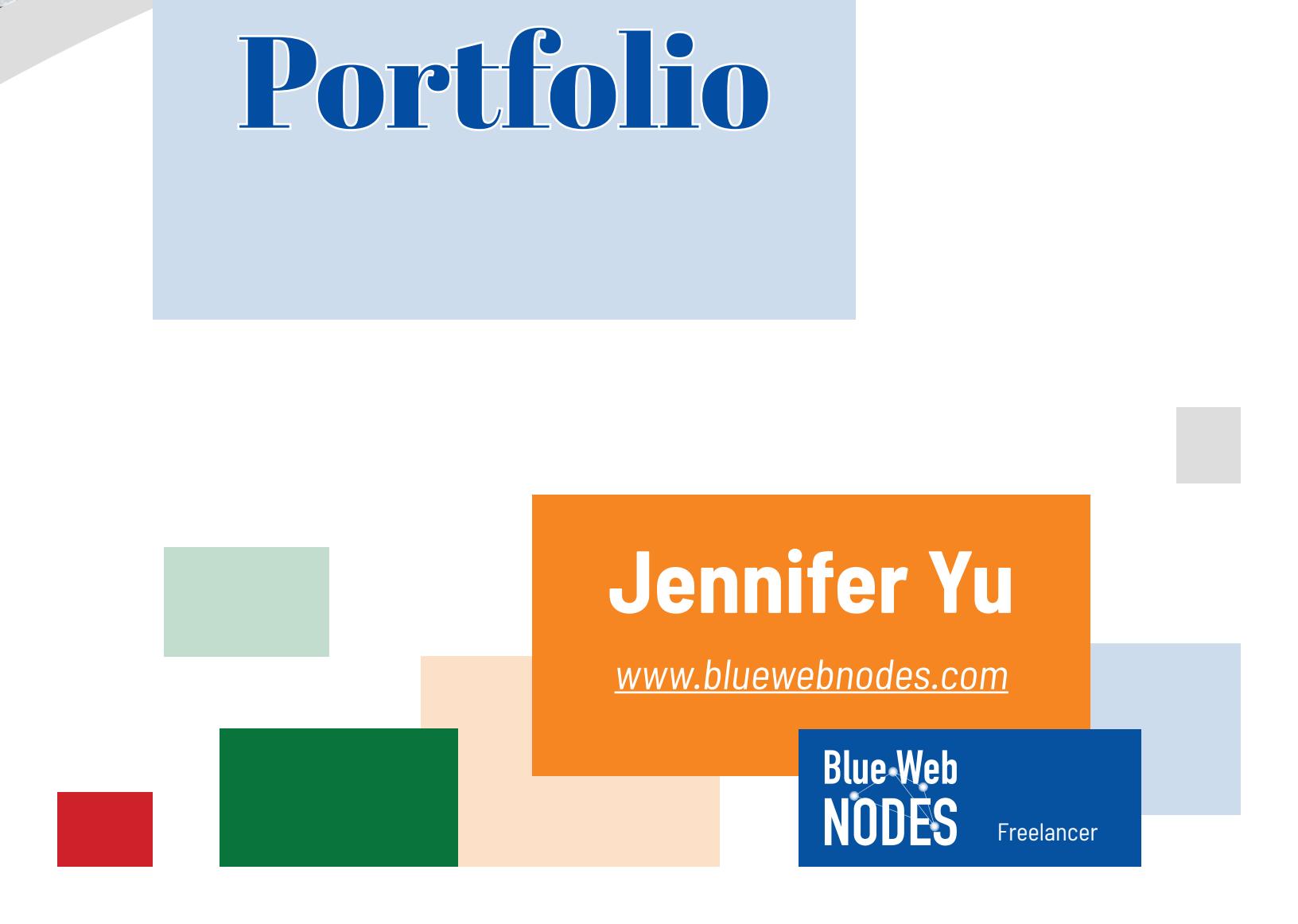




Portfolio



Jennifer Yu

www.bluewebnodes.com

Blue Web
NODES

Freelancer

Latest Status



JENNIFER YU

Address: 408 River Rd., Potsdam, NY 13676

Cell: 315-566-9200

Email: jennyubule@gmail.com

Website: www.bluewebnodes.com



EMPLOYMENT

Graphic Web Designer

The Arc Jefferson - St. Lawrence

Department: Community Relations

March 2015 - Now



EDUCATION

Clarkson University, Potsdam, NY

Master of Electrical Computer Engineering

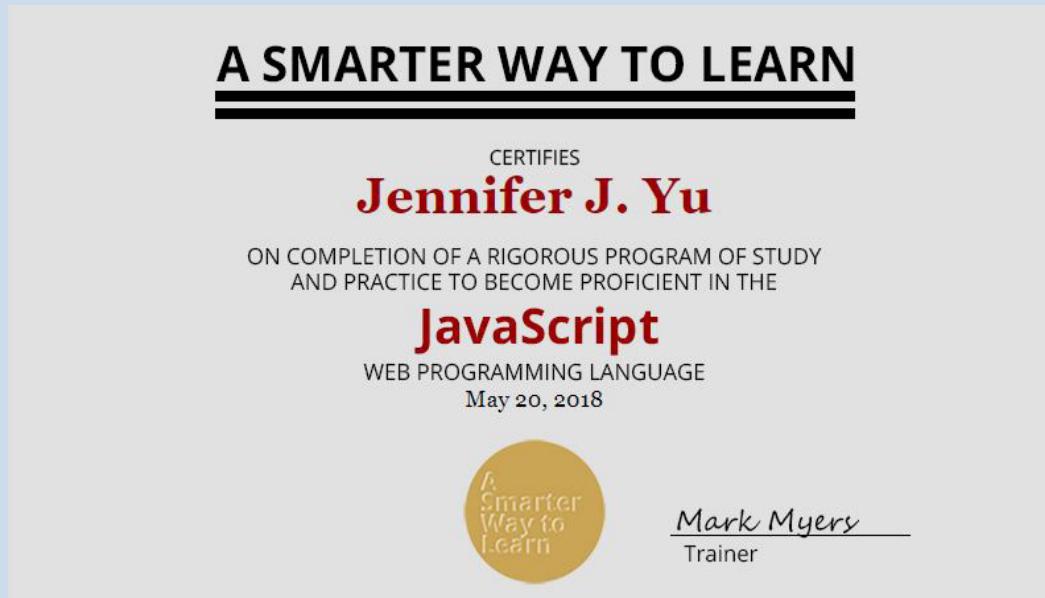
August 2007 – May 2009



Certificates

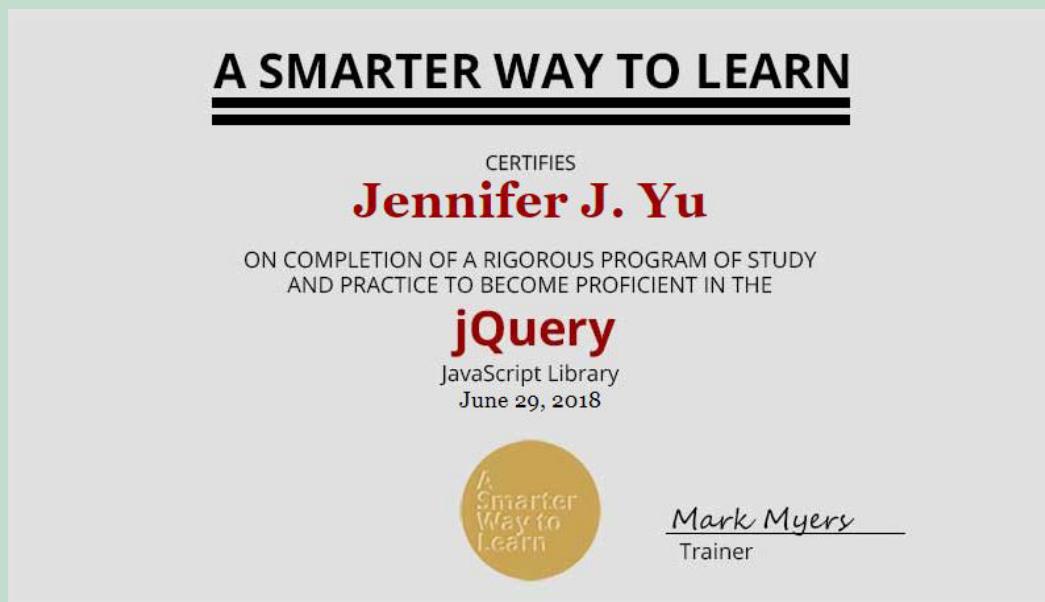
JavaScript Certificate

<http://www.asmarterwaytolearn.com/javascript-certificate-of-completion-jennifer-j-yu.html>



jQuery Certificate

<http://www.asmarterwaytolearn.com/jquery-certificate-of-completion-jennifer-j-yu.html>



E-Commerce Website Example

www.w8-time.com

The screenshot shows the homepage of the W8 e-commerce website. At the top, there's a navigation bar with 'HOME' and 'PARTNERS' dropdown menus, a search bar, and a shopping cart icon showing '0 items'. Below the header is a large banner featuring a person using a tablet to make a reservation. The banner text reads 'Welcome to W8 Restaurant Reservation Website' and 'Pick your restaurant, and buy a pass.' with a 'Explore' button. Below the banner are four small images of different restaurants labeled 'Restaurant A', 'Restaurant B', 'Restaurant C', and 'Restaurant D', each with a QR code underneath. The background of the page has a blue textured pattern.

The W8 website is an eCommerce website for restaurant reservations built with WordPress and WooCommerce. The customers visit the restaurant waitlist page by scanning the QR code. They can fill out the form to join the regular waitlist or purchase a FastPass to go faster. The features include QR code, webforms, front-end table, shipping cart, credit card payment gateway, SMS and Email notifications, etc.

E-Commerce Website Example

www.shopthearcjslc.org

(The online store paused because of a shortage of workers.)

The screenshot shows the homepage of the website. At the top, there is a navigation bar with links for 'Log in', 'Create account', a shopping cart icon showing 'Empty \$0.00', and 'Checkout'. Below the navigation bar is the logo for 'The Arc' (Jefferson - St. Lawrence New York) and a search bar. The main content area features two large images of printed brochures. The left brochure is titled 'Feel the Nature' and the right one is for 'Cabin Fever? Flights on sale!!'. Below these images is a call-to-action section with three boxes: 'Watch Bands and Brochures GET IT YOUR WAY', 'Paper Copies QUICK AND EASY', and 'Yard Signs and Masks NEW ARRIVALS'.

Custom Printing website is built with Drupal 7 Commerce Kickstart. I created the website www.shopthearcjslc.org all by myself, even the draft of policies. I learned making an eCommerce site as a PCI Compliance for Credit Card Payment Security. More features are full-featured on-line store system, customer membership system, and email notification system.

Informational Website Example

www.churchonthepark.org

The screenshot shows the homepage of the First Presbyterian Church on the Park website. At the top, there's a green header bar with a search field and a "New To The Church?" button. Below the header is a navigation menu with links to About, Worship, Newsletter, Staff, Calendar, Support the Church, Contact, and Links. A logo for "The First Presbyterian Church on the Park - Canton, NY 13617" is on the left, featuring a small illustration of a church building.

The main content area features a large image of the church building with a garden in front. Overlaid on the image is a green graphic of a stylized plant or vine. In the center, the text "First Presbyterian Church" is displayed in a large, bold, green font. Below it, "The Church on the Park" is written in a smaller, black font. A green button labeled "Support The Church" is visible. To the right, there's a box containing address information: "17 Park St., Canton, NY 13617", phone number "(315) 386-2570", email "office@churchonthepark.org", and service hours "Hours: 1:00 p.m. - 4:00 p.m., Tuesday and Thursday". It also mentions "Sunday services begin at 10:00 a.m. In-Person and Live-Stream Zoom Fellowship 11:30 a.m." and "Come join us!".

A green banner at the bottom of the main content area says "Summer Worship" and notes that services move to 9 a.m. in July and August. Below this, a "Site Menu" sidebar lists various church services and resources. The main content area is divided into three sections: "Welcome", "Worship", and "Mission Statement", each with its own descriptive text and a green rounded rectangle above it.

At the bottom, there are social media icons for Facebook, YouTube, and RSS, along with a copyright notice: "Copyright © 2022 All rights reserved First Presbyterian Church of Canton, NY".

The site is created and developed by Drupal 9 with a custom sub-theme of Barrio Bootstrap 5 base theme. More regions are added in the sub-theme to make the layouts more flexible. Lots of features: Responsive design, drop-down main menu, custom size slideshow, HTML Email Newsletters, calendar with different color for event catalogs, image gallery, count-down event, spam-off contact form, etc.

Informational Website Example

www.thearcjslc.org

The screenshot shows the homepage of the website. At the top, there's a navigation bar with links for About, Services, Membership, Foundations, News, Advocacy Resources, Employment, and Contact. Below the navigation is a section for "Services Available" with links for Bridges, Bright Beginnings, Career Connections and Career Opportunities, Children's Care Management, and more. The main banner features a background of tulips and three photos: two people working at a table, a woman interacting with a child, and two people eating. A quote from Julius Erving is displayed: "Goals determine what you're going to be." Below the banner is a section titled "Programs and Services" with thumbnails for Bridges, Bright Beginnings, Children's Care Management, Clinical Services, Community Arts, Community Prevocational Services, Day Habilitation, Dodge Pond, and more.

Make a difference in the lives of people with disabilities!

Goals determine what you're going to be. – Julius Erving

Programs and Services

Bridges

Bright Beginnings

Children's Care Management
Services for Medicaid Eligible Children Facing Challenges
[More](#)

Clinical Services

Community Arts

Community Prevocational Services

Day Habilitation

Dodge Pond

The site is created and developed by Drupal 9 with a custom sub-theme of Barrio Bootstrap 5 base theme. More regions are added in the sub-theme to make the layouts more flexible. Lots of features: Responsive design, Google analytics, Meta tags for improving SEO, drop-down main menu, full screen wide slideshow, varied big front banners with fancy CSS styles, 3 columns or 2 columns promo blocks on the front, HTML Email Newsletters, calendar with different color for event catalogs, upcoming events, full screen wide slideshow, image gallery, spam-off contact form, voting web-forms, on-line flipbook, Facebook page plug-in, horizontal scroll bar, etc.

Informational Website Example

<https://theaitu.com>



ASSOCIATION OF INDEPENDENT
TECHNOLOGICAL UNIVERSITIES

Search for:

[HOME](#) [ABOUT AITU](#) [INFORMATION/LINKS FROM MEETINGS](#) [2018 AITU MEETINGS](#) [AITU NEW DEPARTMENT CHAIRS WORKSHOP](#)



- Biochemist Doudna Wins CMU's Dickson Prize in Science
Source: Carnegie Mellon | Published on 2018-01-12
- Spring Drama Season Opens with "The Drowsy Chaperone"
Source: Carnegie Mellon | Published on 2018-01-11
- #GiveTueKGI Campaign Exceeds Goal, Raises \$45,194 to Support Innovators
Source: Keck Graduate Institute | Published on 2018-01-10
- Computer program finds new uses for old drugs
Source: Case Western | Published on 2018-01-10
- The presence of sexual violence in neighborhoods erodes feelings of safety for women—but not men
Source: Case Western | Published on 2018-01-09

NEWS

[MORE NEWS...](#)

MEMBER INSTITUTIONS

- CALIFORNIA INSTITUTE OF TECHNOLOGY (CALTECH)
- CARNEGIE MELLON UNIVERSITY (CMU)
- CASE WESTERN RESERVE

- LAWRENCE TECHNOLOGICAL UNIVERSITY
- MASSACHUSETTS INSTITUTE OF TECHNOLOGY (MIT)
- MILWAUKEE SCHOOL OF

The website is for Association of Independent Technological Universities. I built a WordPress custom theme using Bootstrap 4, PHP, HTML, and CSS. The slideshow is built in the theme. News feeds from all the university members.

Informational Website Example

www.slcnypublictransit.com



The homepage features a large image of a white and green St. Lawrence County Public Transit bus. In the top left corner is the logo for St. Lawrence County Public Transit, which includes a circular emblem with mountains and water, and the text "St. Lawrence County Public Transit Connecting Communities". The top right corner has a navigation menu with links to Home, Schedules, News, Contact, Policies & Procedures, Schedules (highlighted in green), Rates, Delays and Cancellations, and Advertise with Public Transit. Below the menu is a social media icon bar with icons for YouTube and Facebook. A central call-to-action box contains the text "Catch a Ride with St. Lawrence County Public Transit!" and a "BUS ROUTES" button.



About

The Arc Jefferson – St. Lawrence operates the public transportation for St. Lawrence County. Our fleet of nearly 20 vehicles travels over 1 million miles annually. Our buses are fully accessible, and anyone may ride.



First Mile Last Mile

Need a way to get to a Public Transit bus? Get in touch with the folks at the "First Mile Last Mile" program. It is free and easy, so just call [315-386-2600](tel:315-386-2600) and someone will help make all the arrangements. Don't let the program's name fool you because this service picks up and drops off people who live over a mile from the Public Transit stop.

Rates

- Obtain passes from any bus driver or at the Operations Center.
- Drivers cannot issue change. Exact fare is needed.



The site is built with Drupal 9 and a custom sub-theme of Barrio Bootstrap 4 base theme. The company logo and main menu are on the big top background. Different web-pages have different titles, but same secondary menu on the different background images. The features include responsive design, Google analytics, Meta tags for improving SEO, HTML email newsletters, spam-off contact webform, Facebook page plug-in, Awesome Font icons, downloaded PDF directly, and etc.

Website Effect Examples

www.thearcjslc.org/suggestionbox

The Arc Jefferson - St. Lawrence Staff Suggestion Box

Suggestions will be anonymous, but you may include a name and contact information in the comments section if you prefer.

User login

Username *

Password *

[Log in](#)

Instruction for users

- Please login with your Employee ID number. This number is located under your picture on the agency ID card. **The number has 6 numerical digits, includes the "0's.**
- Contact us at suggestionboxjslc@thearcjslc.org to get agency password if you have forgotten it. Thanks!

Please note:

- All suggestions are anonymous and will be received by Howard Ganter,

Only the staff can sign in it. For this website, group users import and login system security are most important.

Flip Card Menu

www.thearcjslc.org/enterprises



[View More](#)



[View More](#)



[View More](#)



[View More](#)



[View More](#)



[View More](#)



The Arc Jefferson - St. Lawrence's manufacturing and 1800 SF warehousing facility, JSLC Enterprises, is located at 968 Bradley Street, Exit 47 off Interstate 81. This location serves Watertown and surrounding communities in the U.S. and Canada. JSLC Enterprises also operates a warehouse and manufacturing facility in Ogdensburg, NY. Both manufacturing facilities are unique for their efforts to diversify and provide a wide range of employment opportunities for workers with and without disabilities in Northern New York. The Arc Jefferson - St. Lawrence also owns and operates two UPS Stores located in the Watertown area. JSLC Enterprises partners with The UPS Store to provide product shipping and fulfillment services.

HTML Newsletter Example

Reply-To: The Arc Jefferson - St. Lawrence

[The Arc Jefferson - St. Lawrence newsletter] THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS

THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS



The Arc Jefferson - St. Lawrence

FOR IMMEDIATE RELEASE – The Arc Jefferson - St. Lawrence (www.thearcjslc.org), recently held their Annual Meeting to elect the officers for the Board of Directors, as well as honor staff members, volunteers, and individuals supported by the agency. The 2020-2021 elected officers for The Arc Jefferson – St. Lawrence Board of Directors are as follows: Jackie Sauter, President; Jennifer VanReenen; and Joanne Rhode Vice President, Secretary/Treasurer.

Staff members, people supported, and volunteers were recognized for their achievements during the past year. Heidi Stalker received the David Brassbridge Staff Member of the Year Award. Stalker is a Residential Manager with over 18 years of experience working in a variety of roles with the Residential Services Dept. She was recognized for her excellent organizational skills, reliability, and efforts to support people to achieve their goals.

The Arc Jefferson – St. Lawrence provides lifelong opportunities that enhance the lives of people, so that they may achieve their hopes and aspirations. Applications are now being accepted for a variety of positions, including Direct Support Professionals, Occupational trainers, and Food Service Workers. To learn more and apply now, visit www.thearcjslc.org or find us on Facebook.

#

In the photo : Howard Ganter, CEO and Heidi Stalker, Residential Manager



About The Arc Jefferson – St. Lawrence:

The Arc Jefferson – St. Lawrence seeks to be the premier provider of services for people with diverse needs through the continuum of life.

Contact: Michelle Quinell-Gayle
Director of Business Development, Foundation and Community Relations
The Arc Jefferson - St. Lawrence
315-386-3529
mquinell@slnysarc.org

www.thearcjslc.org

[Unsubscribe from this newsletter](#)

Graphic Design Examples



www.shopstlnysarc.org

New Look - More Stops!



The logo for Shop St. Lawrence NYSARC is shown on a black background. Below it is a white tray containing various items: two pillows with bows, a doll in a brown dress, a candle, and a vase of flowers. At the bottom of the tray is the website "www.shopstlnysarc.org". Below the tray are icons for VISA, American Express, MasterCard, and Discover Network. A yellow button labeled "Pay" and a blue button labeled "PayPal" are also present. The text "Handmade products by people with disabilities" is at the bottom.



Community Players Presents:

The World Through Our Eyes: A Tribute to World Cultures

Saturday, May 20, 2017

7:00 PM

Proscenium Theater
Performing Arts Center
SUNY Potsdam



Tickets:
Adults: \$6.00
Students & Seniors: \$4.00
Children Under 5: \$2.00

Advance tickets available
Through 5/17 \$4.00.
Contact Kolby Weaver
at (315) 386-3529
or kweaver@slnysarc.org.

Celebrate the talents of
people with disabilities!

Performance includes an
Italian comedy, and Scottish,
West African, Japanese,
Chinese, Hawaiian, Spanish,
and English dances.

Graphic Design Examples

JRC
Foundation, Inc.

Capital Campaign

Building a Brighter Tomorrow at 420 Gaffney Drive, Watertown

5,200 SQ. FT.
Added → **45,000 SQ. FT.**
Renovated

1,000 People
Benefit from Upgraded Rooms

100 Individuals
Supported with Better Accessibility → **3,500 SQ. FT.**
of New Space for Clinical Services

48 Additional
Families Supported → **162 Children**
Enjoy Enhanced Play Space

48 More
Preschool Children Enrolled

16 New
Jobs

Donate today to
transform lives and build a
stronger future for our community.

Get involved now by calling 315-836-1363
or visit www.thejrc.org.

A flyer for a Safety Poster Contest. It features a yellow and black geometric design with various text boxes and images. At the top left is a logo for the St. Lawrence NYSARC (RLL) Safety Committee. The main title "Safety Poster Contest" is in large yellow letters. Below it, a box says "Contest is open to all staff and participants". A large yellow box on the left says "Design a poster on 'SAFETY!'". To the right, a large black box says "WIN PRIZES!". Below that is an image of safety gear: a yellow hard hat, green ear defenders, safety glasses, a yellow pencil, and a roll of tape. At the bottom left is a 3D white figure wearing an orange high-visibility vest and a yellow hard hat. A yellow box at the bottom right contains the contact information: "Submit your art work to: Tim Welpe St. Lawrence NYSARC (RLL) 6 Commerce Lane 315-379-9531". The text "Starts: November 14, 2016" and "Ends: December 30, 2016" is also in this box.

St. Lawrence NYSARC
Community Prevocational Services



Hannah Latham
(315)379-1219

Don LaBarge
(315)764-0267

[www.slhysarc.org/
community-prevocational-services](http://www.slhysarc.org/community-prevocational-services)

We are volunteers looking to further get involved with non-profit organizations and assist with tasks that can help the community. In turn, we assist individuals to develop employment readiness skills.

Some of Our Skills:

- labeling
- sorting
- cleaning
- food prep
- stocking
- organization
- customer service
- computer research

Hannah Latham (315)379-1219 Don LaBarge (315)764-0267	Hannah Latham (315)379-1219 Don LaBarge (315)764-0267	Hannah Latham (315)379-1219 Don LaBarge (315)764-0267
Hannah Latham (315)379-1219 Don LaBarge (315)764-0267	Hannah Latham (315)379-1219 Don LaBarge (315)764-0267	Hannah Latham (315)379-1219 Don LaBarge (315)764-0267

The poster features a red background with white and yellow text. At the top left is the St. Lawrence NYSARC logo (a triangle above the text "ST. LAWRENCE NYSARC"). To the right is a stylized red graphic of two hands holding a heart. Below the logo, the words "Emergency Fund" are written in yellow. In the center, there's a graphic of three yellow bells hanging from a red ribbon. The main title "Basket Contest" is written in large, bold, white letters, with "Drawing" in smaller white letters below it. To the left, a pink ribbon graphic contains the text "Good luck!". To the right, a yellow speech bubble contains the text "Tickets on sale now!". At the bottom, another yellow speech bubble contains the ticket pricing information.

Good luck!

Emergency Fund

Basket Contest

Drawing

RLL Snack Bar

12/19/17 @ 2:15pm

Accounting — Nettie Whitford
Auxiliary Services — Robyn Clintsman
Bottles & Bows — Evelyn Williams
Canton Day Hab — Lisa Morrow
Career Ops — Sue Trombley
Canton Children & Youth — Stacie Kohl
Central Office / RLL — Tammy Stiles
Community Center — Kolby Weaver
Confidential Services — Betty Mullaney
Crossroads — Erin Backus
Massena Day Hab — Sandy Macioce
Massena Work Center — Jesse Fregoe
Norwood Day Hab — Beth Turner
Ogdensburg Work Center — Karen Webster
Potsdam Children & Youth — Lori Snyder
Potsdam Day Hab — MaryAnn Tischler
Residential Service Office — Heidi Stalker
Transportation — Rena Ryan
Transitions — Marlene Pickering

Tickets on sale now!

Tickets cost \$1 each or 5 for \$3

Graphic Design Examples

GOUVERNEUR

9/12
11:00 a.m. - 6:30 p.m.
Gouv. Community Center
4673 NY-58

JOB FAIR

Register to **win** gift cards and a tablet!

SLNYSARC & JRC
Helping people with disabilities!

The Arc.
Jefferson-St. Lawrence
New York

Make a Difference

SPEAK UP!

Strict adherence to The Arc Jefferson - St. Lawrence's Corporate Compliance Plan and Code of Conduct is vital. The agency requires all employees, directors, officers, and volunteers to promptly report any known or suspected violations of the Corporate Compliance Plan, Code of Conduct, policies and procedures or any of the laws, rules or regulations by which The Arc Jefferson - St. Lawrence is governed.

If you have any questions or concerns regarding improper disclosures of the protected health information of people we support, missing or fraudulent documentation, or other compliance concerns, please contact the Corporate Compliance Office using the following chain of command:

- 1) Your Direct Supervisor
- 2) Josie Clary, Director of Compliance/HIPAA Privacy Officer (also known as the Corporate Compliance Officer) at 315-379-9531, 315-528-2490, or, jclary@thearcjslc.org.
- 3) You may also contact Compliance Auditors Heather Hays at 315-836-1289 or Barbara Frost at 315-379-1206 ext. 2014.

Call the Helpline:
315-379-0340

Or you can visit www.thearcjslc.org, click "About," then "Corporate Compliance," then "Confidential Communication Form."

If you choose to leave your name, your identity will be kept confidential unless the matter is turned over to law enforcement.

REMEMBER:

- Do not ignore suspected non-compliance... **CALL!!**
- You may call the **Compliance Officer** directly.
- We are all ethically bound to act with honesty and integrity – it is everyone's responsibility to speak up!

UNDER NO CIRCUMSTANCES shall the good faith reporting of any information serve as the basis for any retaliation or reprisal in any form against any staff member.

Reported issues will be investigated thoroughly and timely!

MISSION

Provide lifelong opportunities that enhance the lives of people, so that they may achieve their hopes and aspirations.

VISION

Be the premier provider of services for people with diverse needs through the continuum of life.

The Arc
Jefferson - St. Lawrence
New York

VALUES

- ♡ **Person Centered**
We will provide unlimited opportunities and experiences to encourage individual growth and development in an environment that embraces choice, independence, and maximum potential.
- ♡ **Responsiveness**
We will adapt to new, different and changing needs of those that we serve by being flexible and receptive to change.
- ♡ **Involvement**
All persons will be involved in the community where they live, thereby enhancing their independence through work, belonging, and service to others.
- ♡ **Dignity**
All persons will be treated with dignity and their human rights will be respected in a nurturing, safe, and healthy environment.
- ♡ **Excellence**
We will continually challenge ourselves to improve both the quality of our organization and service delivery by pursuing excellence in standards, service, and technology.

ST. LAWRENCE NYSARC

Shoes For Crews Fall Special

- Payroll deduction available
- In the month of November there will be \$20.00 off one pair of shoes per year



Contact Human Resources with any questions.

SHOES FOR CREWS
THE SHOE THAT GRIPS®

Graphic Design Examples

Services Includes:

- Community Based Recreational Activities
- Building Friendships
- Nutrition and Wellness Education
- Physical Fitness Programs
- Advocacy
- Membership in Organizations
- Opportunities for Volunteering
- Establishing Community Relationships and Partnerships
- Education on:
 - Self-Care Skills
 - Personal Hygiene
 - Daily Living Skills
 - Independent Living Skills
 - Personal Safety
 - Human Rights
 - Anger Management
 - Emotional Health
 - Money Skills
 - Computer Skills
 - Exploring Career Options



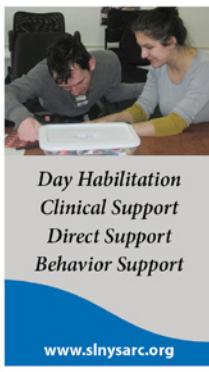
St. Lawrence NYSARC envisions full inclusion and integration of people with intellectual and other developmental disabilities.

Mission

St. Lawrence NYSARC exists as a non-profit membership association to provide services in the community for persons with intellectual and other developmental disabilities. Our mission is to offer individuals and their families an opportunity to achieve self-determined goals. All services strive to promote choices intended to meet each person's therapeutic, residential, and community needs and interests. This Agency is committed to creating life opportunities that enhance the individuality, inclusion, independence, and personal growth of individuals receiving services.

For More Information:

95 Main St.
Canton, NY 13617
(315)379-1219



**Day Habilitation
Clinical Support
Direct Support
Behavior Support**

www.slnysarc.org



Join Us!

Clinical Support

Assess individual capabilities to provide clinically based treatment plans. Medical supports include:

- Monitoring and Advocacy for Health Concerns
- Appropriate Medication Regime
- Training Skills for Self Medication

The following Clinical Services are offered during Day Habilitation Programs by licensed and credentialed Clinicians:

- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Podiatry



Day Habilitation

Offering a choice of settings and services for individuals with intellectual and developmental disabilities. Programs focus on increasing independent living skills and cognitive skills in structured and diverse environments.

- Sensory Motor Development
- Communication Skill Development
- Social Skill Development
- Behavioral Skill Development
- Community Integration and Inclusion
- Promoting Self and Environmental Awareness

Training and assistance is provided by a talented, interdisciplinary team of Professionals experienced in assisting individuals with complex medical and adaptive behavior needs.



Direct Support

Staff members have extensive background and training in:

- Emergency Medical Procedures
- First Aid and CPR
- Alternative Forms of Communication
- Mobile Techniques

Behavior Support

Highly trained and qualified staff members supervise programs with a focus on creating appropriate behavior through the process of Applied Behavior Analysis. Participants in need of implementing a behavior program are thoroughly evaluated by licensed Behavior Analysts.

Lodging Options:

- 4 Separate 1-Bedroom Suites
- 2-Bedroom Suite with private lounge

Lodging Include:

- Lodging, linens, meals, and all the amenities
- Group rates are available upon request
- Special food requests may be negotiated in advance
- Suites sleep up to 6 people. Different accommodations can be arranged in advance
- Day rates available



Activities within 60 Miles

Nature & Sightseeing:

Lampson Falls, Indian Creek Nature Center, and Peavine Swamp Trail
Cross Country Skiing:
Cranberry Lake, Catamount Forest, Higley-Flow State Park, Peavine Swamp



Leisure & Entertainment:

St. Lawrence Wine Trail, Singer Castle, Frederic Remington Art Museum, Edwards Opera House, and Elementz Paint Ball
Fishing:
Dodge Pond, Star Lake, Oswegatchie River, Black Lake, Cranberry Lake, Grassie River, Sucker Lake, and St. Lawrence River



Hiking:

High Rock, Cat Mountain, Peavine Swamp Trail, Curtis Pond, Bear Mountain, Lampson Falls, Toter Pond Mountain, Greenwood Creek, Harpers Falls, and Stone Valley Trail

Cycling in the Adirondacks:
Toter Pond Loop, Lampson Falls Loop, Star Lake, Whippoorwill Metric Century, and Tupper Lake

Golf:
Clifton-Fine Municipal Course, Tupper Lake Club, Gouverneur Country Club, Emerald Greens, St. Lawrence University Course, and Partridge Run

Whitewater Canoeing and Kayaking:
Canton, Cranberry Lake, Grass River, Oswegatchie River, Cooper Falls, Stone Valley Trail, and Black Lake

Snowmobiling:
Tug Hill, Higley-Flow State Park, Star Lake, Rt 27 in Clare, and Horseshoe Lake

Fiscal Intermediary

- The Fiscal Intermediary provides a multitude of supports, including:
 - Providing a compliant hiring process with requisite background checks, required training to staff, payroll and benefits (when applicable)
 - Providing reimbursements based upon the individualized plan/budget

The Fiscal Intermediary is also responsible to collect and review all required paperwork and documentation to ensure compliance with Medicaid/OPWDD payments.

Brokerage Services

Support Brokers assist people with developmental disabilities who choose to self-direct their OPWDD services with Budget Authority to develop a service plan and manage a Self-Direction budget.

Office for People with Developmental Disabilities Eligibility

To be eligible for services, one must have a life-long disability which occurred before the age of 22 and of which includes diagnoses such as intellectual disabilities and other neurological disabilities.

<https://opwdd.ny.gov/eligibility>

Contact

Kaycee Ondrasek
Home and Community Services Supervisor
Email: kaondrasek@thearcjlc.org
315-836-1220

The Arc
Jefferson - St. Lawrence
New York
www.thearcjlc.org



The Arc
Jefferson - St. Lawrence
New York



315-836-1220
www.thearcjlc.org

Self-Direction

Children and Adults who are eligible for OPWDD services and enrolled in the Home and Community Based Services Waiver may choose to self-direct their services.

Self-Direction assists people with intellectual or developmental disabilities and their families to choose and manage their own budgets and services:

- Offers people supported greater choice and control over the supports they receive
- Expands their options beyond traditional programs to include services:
 - Reimbursements for software, internet, or cell phones
 - Community classes or training
 - Group memberships
 - Camps

Individuals in Self-Direction may choose:

- An agency to help them self-direct
- To manage their own budget and staff with help from a Fiscal Intermediary and Support Broker

Brokerage Services

Support Brokers assist people with developmental disabilities who choose to self-direct their OPWDD services with Budget Authority to develop a service plan and manage a Self-Direction budget.

Graphic Design Examples

About Bridges
The mission of Bridges is to provide services and supports to children and youth with developmental disabilities starting at age three through the various stages of youth until transitioning into adulthood.

Contact
315-386-3055
www.thearcjslc.org

Bridges

Bridges provides site-based and community-based services that target skill development and allow age appropriate advancement based on each person's needs and individual goals.

Bridges enhances independent living and social skills using real-life experiences. As young people grow towards adulthood, supports are geared towards enhanced self-reliance in both home and community settings.

Fun & Learning

Bridges a program of **The Arc**
Jefferson-St. Lawrence New York

Kids Up to Age 21
Young Adults Age 21-35

www.thearcjslc.org

Supports for Children and Youth Ages 3-21 or Older HIGH SUPPORT NEEDS

Services and Strategies to Address:

- Basic Math
- Daily Living
- Communication
- Community Involvement
- Evening Programs
- Fine Motor Skills
- Arts Activities
- Gross Motor Skills
- Physical Fitness
- Weekend Activities
- Volunteerism
- Recreation
- Safety
- Social Care
- Self-care
- Social Skills
- Trips
- Weekend Activities
- Volunteerism

Weekday Clubs Available During School Year:

- Art Club
- Cooking Club
- Saturday Club
- Music Club
- Social Club

Supports for Young Adults Age 21-35

Services and Strategies to Address:

- Budgeting
- Cooking
- Communication
- Arts Activities
- Community Involvement
- Evening Programs
- Physical Fitness
- Recreation
- Technology
- Safety
- Self-advocacy
- Self-care
- Social Skills
- Trips
- Weekend Activities
- Volunteerism

ROAD TRIP Main Street

Applied Behavior Analysts:
Bridges offers Behavior Consultation with licensed Board-Certified Behavior Analyst.

Transportation:
Provided by the agency.

Front Door:

The first step to get connected to Bridges is to contact your local Front Door Regional Office. This Front Door is the way OPWDD connects you to the services you want and need. You will be asked information and once determined if you are eligible you can begin the planning process. All participants must be Medicaid eligible and have gone through the OPWDD Front Door.

For more information:
<https://opwdd.ny.gov/get-started/front-door>
or 866-946-9733.

Working Together So Children Receive the Right Services

Central New York Health Home Network has partnered with hospitals, physicians, local government agencies and other community providers of the North Country region to improve the health of the community and the care available for the children in Jefferson, Lewis, and St. Lawrence Counties.

Through this Partnership the CNYHHN Can Help

Get the information and confidence to be an informed partner in making decisions to improve your child's health.

Understand the options available for care so you can choose wisely.

Provide resources and education to help a child get healthy and stay healthy.

Contact Information

Michelle Wilder (315) 200-9656 mawilder@thearcjslc.org

OR

Keith Bush (315) 414-6413 kjbush@thearcjslc.org

Children's Health Home Care Managers P O Box 41/420 Gaffney Drive Watertown, NY 13601

The Arc
Jefferson - St. Lawrence New York

CNYHHN, Inc.
Where Care Comes Together

in partnership with

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www.thearcjslc.org

Who Can Receive Services?

To meet eligibility, the child must have two or more chronic conditions, such as but not limited to:

- Mental health abuse
- Mental health condition
- Cardiovascular disease (ex: Diabetes)
- Respiratory disease (ex: Asthma)
- Eating disorders
- Cystic fibrosis

The following chronic conditions apply:

- HIV/AIDS
- Complex trauma
- SED (Severe emotional disturbance)

For a complete list of conditions, visit <http://www.health.ny.gov>

If your child meets the eligibility criteria and is in need of care management services, they can be enrolled into the Health Home Program.

What is a Health Home?

A "Health Home" is not a place. It is a group of health care and service providers working together to make sure that the child gets the care and services they need to stay healthy—at the right time in the right amounts.

What is the Health Home Goal?

The goal of the Health Home is to make sure children with Medicaid who have complex physical and/or behavioral health conditions get access to the care and services they need in order to be healthy.

The Health Home partners with other children's service agencies that provide Care Management to enrolled children.

A dedicated Care Manager is assigned to the child and is responsible for coordinating all of their health services.

The Care Manager can help the child and family understand their chronic condition, manage their symptoms and ensure all treatment partners remain involved with the child's care.

Benefits of Home Health Care

It's not surprising if you may feel overwhelmed or confused.

It is very difficult to navigate through the many types of services that may be available to your child.

Until now, you may have had extreme difficulty getting access to the services your child needs or you may have had a hard time getting appointments.

You may not know what to expect from service providers and may be hesitant to ask the questions you need to in order to better understand your child's condition.

If you've faced a crisis with your child or child's condition and have not had someone to call for assistance, you now have someone who is able to connect you to the proper services.

Health Home Care Management can Help!

About Public Transit

St. Lawrence NYSARC officially operates the public transportation for St. Lawrence County. Our buses are fully accessible and anyone can ride.

Contact Info:
(315)386-2600
info@slcpnypublictransit.com

Cancellations due to severe weather will be announced on local television and radio stations.

\$2 one way
\$36 20 rides
\$53 30 rides
\$68 40 rides

Ride passes available at 6 Commerce Lane, Canton, NY

Catch a Ride with St. Lawrence County Public Transit!

We can take you to:

- Visit Friends
- Shopping
- Restaurants
- Farmer's Markets
- Health Services
- Entertainment
- Universities
- Ride to Work
- Movies
- Hiking

For More Information:
(315)386-2600
info@slcpnypublictransit.com

f facebook.com/SLCPublicTransit

www.slcpnypublictransit.com

Ogdensburg Intra-city Shuttle Schedule

St. Lawrence County Public Transit
Connecting Communities

Destinations

Destination	Address	AM (Depart)	PM (Depart)
Riverledge	8103 NY #68	7:03 8:12 9:27 10:40	12:30 1:45 2:51 4:04 5:51
Claxton Hepburn Hospital	214 King St.	7:07 8:16 9:31 10:50	12:34 1:49 2:54 4:08 5:55
Centennial Terrene	202 Washington St.	7:13 8:22 9:37 10:56	12:40 1:55 3:00 4:14 6:01
Community Health Center	102 Ford St.	7:17 8:25 9:40 10:59	12:43 1:58 3:03 4:17 6:04
Center for Sight	420 Ford St.	7:19 8:27 9:42 11:01	12:45 2:00 3:05 4:19 6:06
Parkview Rise	1111 Jay St.	7:24 8:32 9:47 11:06	12:50 2:05 3:10 4:24 6:11
Belmont Courts	1101 Jay St.	7:26 8:34 9:49 11:08	12:52 2:07 3:12 4:26 6:13
Lincoln School	1515 Knox St.	7:28 8:36 9:51 11:10	12:54 2:09 3:14 4:28 6:15
St. Peters Square	1320 Green St.	7:31 8:39 9:59 11:13	12:57 2:12 3:17 4:31 6:18
Veterans Admin. Bldg.	Commerce Park Dr.	7:39 8:47 10:06 11:21	1:05 2:20 3:25 4:39 6:26
Claxton Hepburn/ Wound Center	100 Horwood Place Ford St. Ext.	7:44 8:52 10:11 11:26	1:16 2:25 3:30 4:45 6:31
Price Chopper	981 Ford St. Ext.	7:47 8:58 10:17 12:00	1:16 2:31 3:36 5:20 6:34
Walmart	3000 Ford St. Ext.	7:51 9:02 10:21 12:04	1:20 2:35 3:40 5:26 6:37
Aldi's	1101 Park St.	7:53 9:05 10:27 12:10	1:22 2:39 3:46 5:32
Dollar General	7669 SH 68	7:56 9:11 10:30 12:13	1:29 2:42 3:49 5:35
Save A Lot	701 Canton St.	8:02 9:17 10:36 12:19	1:35 2:46 3:54 5:41
Rite Aid Ogdensburg	908 State St.	8:04 9:19 10:38 12:22	1:37 2:48 3:56 5:43

Fares: \$2 each way
Riders should arrive ten minutes before departure time

Destinations

Destination	Address	AM (Depart)	PM (Depart)
Canton*	Ogdensburg**	Canton*	
5:13	5:57	6:32	
6:30	6:55		
6:30	7:47		
	8:08	8:42	
	10:48	11:18	
		PM (Depart)	
12:19	1:00	1:53	
1:21		2:43	3:25
		4:30	5:40
		6:28	6:58

*Canton: Dept. of Social Services 6 Judson Street
**Ogdensburg: Price Chopper 981 Ford Street Ext.

Schedule updated on 11/1/18

Graphic Design Examples



Graphic Design Examples



Graphic Design Examples



An Old
Broken
Picture
Edited by
Photoshop

