



# Portfolio



Jennifer Yu

[jennyublue@gmail.com](mailto:jennyublue@gmail.com)

# Latest Status



## JENNIFER YU

Address: 408 River Rd., Potsdam, NY 13676

Cell: 315-566-9200

Email: [jennyublue@gmail.com](mailto:jennyublue@gmail.com)



## EMPLOYMENT

Graphic Web Designer

The Arc Jefferson - St. Lawrence

Department: Community Relations

March 2015 - Now

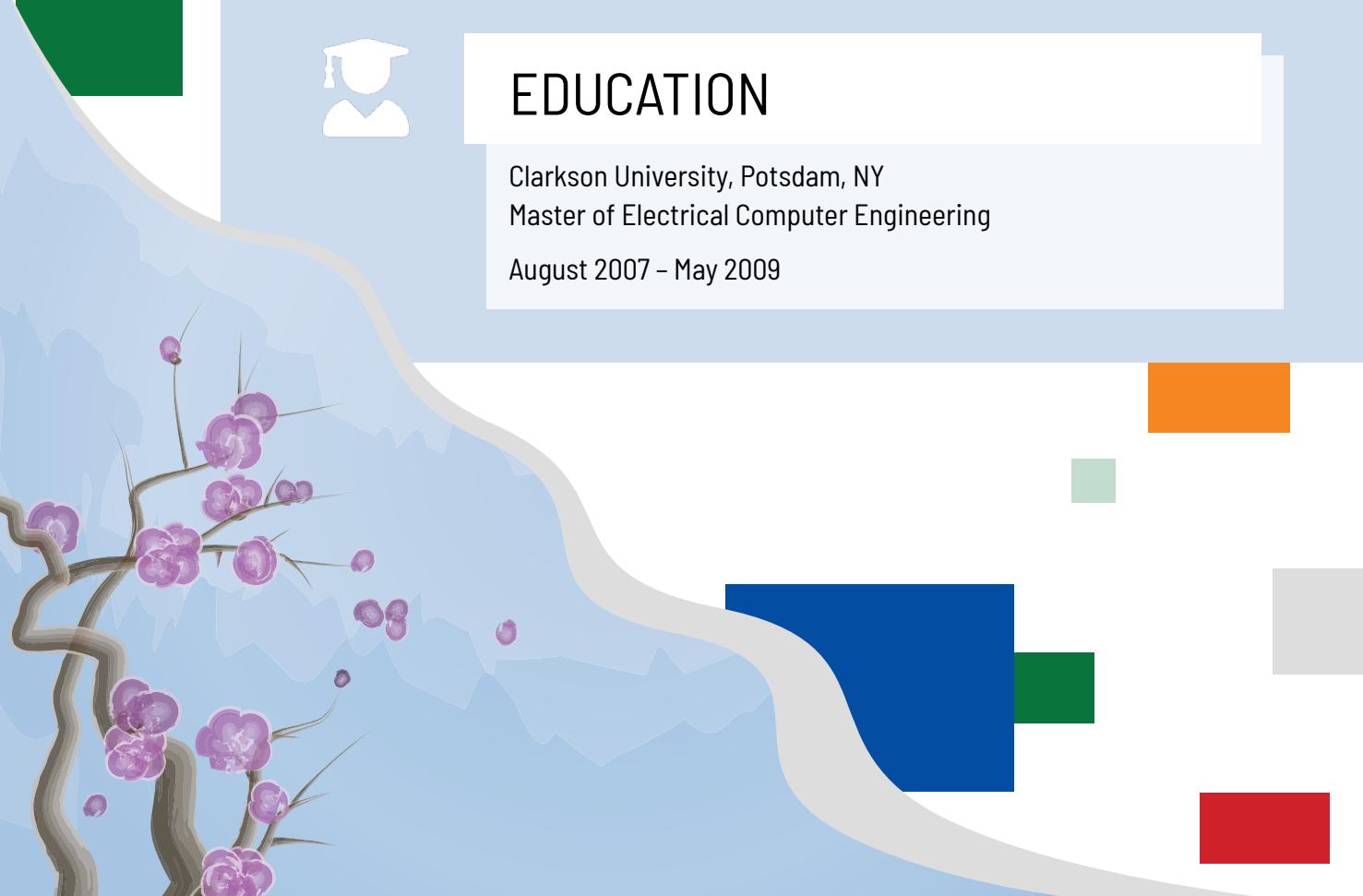


## EDUCATION

Clarkson University, Potsdam, NY

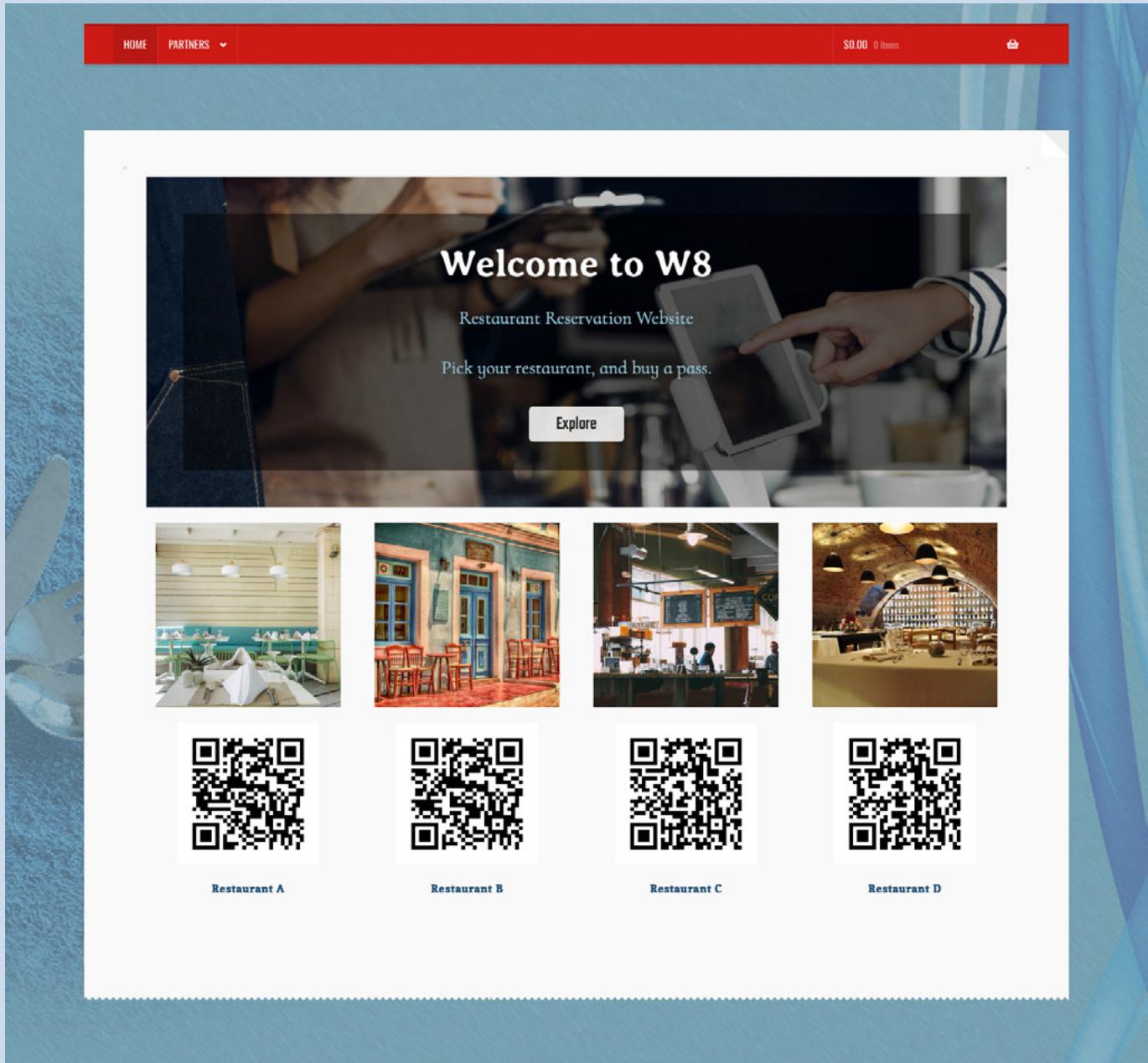
Master of Electrical Computer Engineering

August 2007 – May 2009



# E-Commerce Website Example

[www.w8-time.com](http://www.w8-time.com)



The W8 website is an eCommerce website for restaurant reservations built with WordPress and WooCommerce. The customers visit the restaurant waitlist page by scanning the QR code. They can fill out the form to join the regular waitlist or purchase a FastPass to go faster. The website can The features include QR code, webforms, front-end table, shipping cart, credit card payment gateway, SMS and email notifications, etc.

# E-Commerce Website Example

[www.shopthearcjslc.org](http://www.shopthearcjslc.org)

(The online store paused because of a shortage of workers.)

The screenshot shows the homepage of an e-commerce website for custom printing services. At the top, there's a navigation bar with links for 'Log in', 'Create account', a shopping cart icon showing 'Empty \$0.00', and a 'Checkout' button. The main header features 'The Arc' logo with 'Jefferson - St. Lawrence New York'. A search bar is positioned above a menu bar with tabs for 'All Products', 'Custom Printing', and 'Contact'. The central feature is a large image of two stacks of printed brochures. One brochure on the left is titled 'Feel the Nature' and 'Copies - 8.5"x11" or 11"x17"'. The other brochure on the right is titled 'Cabin Fever? Flights on sale!!' with a 'Discount up to \$500' offer. Below this image are three promotional boxes: 'Watch Bands and Brochures GET IT YOUR WAY', 'Paper Copies QUICK AND EASY' (highlighted in blue), and 'Yard Signs and Masks NEW ARRIVALS'. At the bottom, there are three smaller thumbnail images showing different products: a stack of brochures, a news section with 'The Arc' logo, and another stack of brochures.

The custom Printing website was built with Drupal Commerce. I created the website [www.shopthearcjslc.org](http://www.shopthearcjslc.org) all by myself, even the draft of policies. I learned to make an eCommerce site as a PCI Compliance for Credit Card Payment Security. More features are a full-featured online store system, a customer membership system, and an email notification system.

# CMS Website Example

[www.thearcjslc.org](http://www.thearcjslc.org)

The screenshot shows the homepage of the website. At the top, there's a navigation bar with links for About, Services, Membership Foundations, News, Advocacy Resources, Employment, and Contact. Below the navigation is a banner with a background of tulips. The banner features the text "Make a difference in the lives of people with disabilities!" and a quote from Julius Erving: "Goals determine what you're going to be." Below the banner, there's a section titled "Programs and Services" with various thumbnail images and titles.

**Programs and Services:**

- Bridges
- Bright Beginnings
- Children's Care Management
- Clinical Services
- Community Arts
- Community Habilitation
- Day Habilitation
- Dodge Pond
- HEROES WORK HERE
- Community Prevocational Services
- Vocational Services

The site was created and developed on Drupal 9 with a custom sub-theme of the Barrio Bootstrap 5 base theme, and updated to Drupal 10. More regions are added in the sub-theme to make the layouts more flexible. Lots of features: Responsive design, Google Analytics, Meta tags for improving SEO, drop-down main menu, full-screen wide slideshow, varied big front banners with fancy CSS styles, three columns or two columns promo blocks on the front, HTML Email Newsletters, calendar with different color for event catalogs, upcoming events, image gallery, spam-off contact form, voting web-forms, on-line flipbook, Facebook page plug-in, horizontal scroll bar, etc.

# CMS Website Example

[www.slcnypublictransit.com](http://www.slcnypublictransit.com)



The screenshot shows the homepage of the St. Lawrence County Public Transit website. The background features a large image of a green bus. In the top left corner is the logo for "St. Lawrence County Public Transit". The top right corner contains a navigation menu with links to "Home", "Schedules", "News", "Contact", and "Policies & Procedures". Below the menu are four green buttons: "Schedules", "Rates", "Delays and Cancellations", and "Advertise with Public Transit". To the right of these buttons are social media icons for YouTube and Facebook. A large, bold text overlay on the left side of the bus image reads "Catch a Ride with St. Lawrence County Public Transit!". Below this text is a small button labeled "BUS ROUTES". The main content area has a light gray background. It features a globe icon and the word "About" in orange. A text block below states: "The Arc Jefferson – St. Lawrence operates the public transportation for St. Lawrence County. Our fleet of nearly 20 vehicles travels over 1 million miles annually. Our buses are fully accessible, and anyone may ride." A green callout box on the right contains a large green phone icon and the text "First Mile Last Mile". Below this is another text block: "Need a way to get to a Public Transit bus? Get in touch with the folks at the "First Mile Last Mile" program. It is free and easy, so just call [315-386-2600](tel:315-386-2600) and someone will help make all the arrangements. Don't let the program's name fool you because this service picks up and drops off people who live over a mile from the Public Transit stop." A section titled "Rates" follows, with a bulleted list of rules: "Obtain passes from any bus driver or at the Operations Center.", "Drivers cannot issue change. Exact fare is needed.", "Lost passes are NOT refundable, so keep them safe!", and "Children under 3 ride for free.". To the right of the "Rates" section is a photograph of a white bus with blue and red stripes. The words "COMMITTED TO YOUR COMMUNITY" are written on the side of the bus.

The site was built on Drupal 8 with a custom sub-theme of Barrio Bootstrap 4 base theme, and updated to Drupal 9. The company logo and main menu are on the big top background. Different web pages have different titles but the same secondary menu on the different background images. The features include responsive design, Google analytics, Meta tags for improving SEO, HTML email newsletters, spam-off contact webform, Facebook page plug-in, Awesome Font icons, directly downloaded PDFs, etc.

# CMS Website Example

<https://theaitu.com>

AITU

ASSOCIATION OF INDEPENDENT  
TECHNOLOGICAL UNIVERSITIES

Search for:

Search

HOME ABOUT AITU • INFORMATION/LINKS FROM MEETINGS 2018 AITU MEETINGS AITU NEW DEPARTMENT CHAIRS WORKSHOP

HARVEY MUDD COLLEGE: The Liberal Arts College of Engineering, Science and Mathematics

- Biochemist Doudna Wins CMU's Dickson Prize in Science  
Source: Carnegie Mellon | Published on 2018-01-12
- Spring Drama Season Opens with "The Drowsy Chaperone"  
Source: Carnegie Mellon | Published on 2018-01-11
- #GiveTueKGI Campaign Exceeds Goal, Raises \$45,194 to Support Innovators  
Source: Keck Graduate Institute | Published on 2018-01-10
- Computer program finds new uses for old drugs  
Source: Case Western | Published on 2018-01-10
- The presence of sexual violence in neighborhoods erodes feelings of safety for women—but not men  
Source: Case Western | Published on 2018-01-09

## NEWS

[MORE NEWS...](#)

## MEMBER INSTITUTIONS

- CALIFORNIA INSTITUTE OF TECHNOLOGY (CALTECH)
- CARNEGIE MELLON UNIVERSITY (CMU)
- CASE WESTERN RESERVE UNIVERSITY
- CLARKSON UNIVERSITY
- THE COOPER UNION
- EMBRY-RIDDLE AERONAUTICAL UNIVERSITY
- FRANKLIN W. OLIN COLLEGE OF ENGINEERING
- HARVEY MUDD COLLEGE
- ILLINOIS INSTITUTE OF TECHNOLOGY
- KECK GRADUATE INSTITUTE
- LAWRENCE TECHNOLOGICAL UNIVERSITY
- MASSACHUSETTS INSTITUTE OF TECHNOLOGY (MIT)
- MILWAUKEE SCHOOL OF ENGINEERING
- POLYTECHNIC INSTITUTE OF NYU
- RENSSELAER POLYTECHNIC INSTITUTE (RPI)
- ROCHESTER INSTITUTE OF TECHNOLOGY (RIT)
- ROSE HULMAN INSTITUTE
- STEVENS INSTITUTE OF TECHNOLOGY
- WEBB INSTITUTE
- WORCESTER POLYTECHNIC

The website is for the Association of Independent Technological Universities. I built a WordPress custom theme using Bootstrap 4, PHP, HTML, and CSS. The slideshow was built in the custom theme. News feeds from all the university members.

# CMS Website Example

[www.churchonthepark.org](http://www.churchonthepark.org)

The screenshot shows a responsive website layout. At the top left is a logo for 'The First Presbyterian Church on the Park - Canton, NY 13617'. A search bar is at the top right. A navigation menu includes 'About', 'Worship', 'Newsletter', 'Staff', 'Calendar', 'Support the Church', 'Contact', and 'Links'. A green banner across the middle features a photograph of a church building and a garden. Text on the banner includes 'First Presbyterian Church', 'The Church on the Park', 'Welcome home!', 'Support The Church', 'Summer Worship', and a note about summer worship times. To the right, there's contact information ('17 Park St., Canton, NY 13617', 'Phone: (315) 386-2570 | Email: office@churchonthepark.org', 'Hours: 1:00 p.m. - 4:00 p.m., Tuesday and Thursday') and service details ('Sunday services begin at 10:00 a.m.', 'In-Person and Live-Stream', 'Zoom Fellowship 11:30 a.m.', 'Come join us!'). Below the banner, a 'Site Menu' sidebar lists links like YouTube Channel, Sunday's Bulletin, Sunday Zoom Meeting, Written Sermons, Newsletter, Photo Galleries, Pastor's Report, Committees and Officers, Staff, Birthdays, Anniversaries, Calendar, Mission and Outreach, Lectionary Readings, and Grace of the Month. Three main content areas are shown: 'Welcome' (with text about a hearty welcome), 'Worship' (with text about worship times and COVID-19 guidelines), and 'Mission'.

The site is created and developed on Drupal 9 with a custom sub-theme of Barrio Bootstrap 5 base theme. More regions are added in the sub-theme to make the layouts more flexible. Lots of features: Responsive design, drop-down main menu, custom size slideshow, HTML Email Newsletters, calendar with different colors for event catalogs, image gallery, count-down event, spam-off contact form, etc.

# Static website Example

[www.bluewebnodes.com](http://www.bluewebnodes.com)

Created with Jekyll and customized with HTML, CSS, and Javascript to modern design. Webform with submissions. Blog with comments and an automatic index menu. Jekyll is a static site generator perfect for GitHub-hosted blogs. Free hosting on GitHub, so be it.

# Website Effect Examples

[www.thearcjslc.org/suggestionbox](http://www.thearcjslc.org/suggestionbox)

## The Arc Jefferson - St. Lawrence Staff Suggestion Box

Suggestions will be anonymous, but you may include a name and contact information in the comments section if you prefer.

### User login

Username \*

Password \*

[Log in](#)

### Instruction for users

- Please login with your Employee ID number. This number is located under your picture on the agency ID card. The number has 6 numerical digits, includes the "0's.
- Contact us at [suggestionboxjslc@thearcjslc.org](mailto:suggestionboxjslc@thearcjslc.org) to get agency password if you have forgotten it. Thanks!

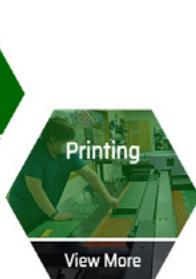
Please note:

- All suggestions are anonymous and will be received by Howard Ganter, Director of Operations.

Only the staff can sign in it. Group users import and login system security are most important for this website.

[Flip Card Menu](#)

[www.thearcjslc.org/enterprises](http://www.thearcjslc.org/enterprises)



The Arc Jefferson - St. Lawrence's manufacturing and 1800 SF warehousing facility, JSLC Enterprises, is located at 968 Bradley Street, Exit 47 off Interstate 81. This location serves Watertown and surrounding communities in the U.S. and Canada. JSLC Enterprises also operates a warehouse and manufacturing facility in Ogdensburg, NY. Both manufacturing facilities are unique for their efforts to diversify and provide a wide range of employment opportunities for workers with and without disabilities in Northern New York. The Arc Jefferson - St. Lawrence also owns and operates two UPS Stores located in the Watertown area. JSLC Enterprises partners with The UPS Store to provide product shipping and fulfillment services.

# HTML Newsletter Example

Reply-To: The Arc Jefferson - St. Lawrence

[The Arc Jefferson - St. Lawrence newsletter] THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS

## THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS



FOR IMMEDIATE RELEASE – The Arc Jefferson - St. Lawrence ([www.thearcjslc.org](http://www.thearcjslc.org)), recently held their Annual Meeting to elect the officers for the Board of Directors, as well as honor staff members, volunteers, and individuals supported by the agency. The 2020-2021 elected officers for The Arc Jefferson – St. Lawrence Board of Directors are as follows: Jackie Sauter, President; Jennifer VanReenen; and Joanne Rhode Vice President, Secretary/Treasurer.

Staff members, people supported, and volunteers were recognized for their achievements during the past year. Heidi Stalker received the David Brassbridge Staff Member of the Year Award. Stalker is a Residential Manager with over 18 years of experience working in a variety of roles with the Residential Services Dept. She was recognized for her excellent organizational skills, reliability, and efforts to support people to achieve their goals.

The Arc Jefferson – St. Lawrence provides lifelong opportunities that enhance the lives of people, so that they may achieve their hopes and aspirations. Applications are now being accepted for a variety of positions, including Direct Support Professionals, Occupational trainers, and Food Service Workers. To learn more and apply now, visit [www.thearcjslc.org](http://www.thearcjslc.org) or find us on Facebook.

# # #

In the photo : Howard Ganter, CEO and Heidi Stalker, Residential Manager



### About The Arc Jefferson – St. Lawrence:

The Arc Jefferson – St. Lawrence seeks to be the premier provider of services for people with diverse needs through the continuum of life.

Contact: Michelle Quinell-Gayle  
Director of Business Development, Foundation and Community Relations  
The Arc Jefferson - St. Lawrence  
315-386-3529  
[mquinell@slnysarc.org](mailto:mquinell@slnysarc.org)

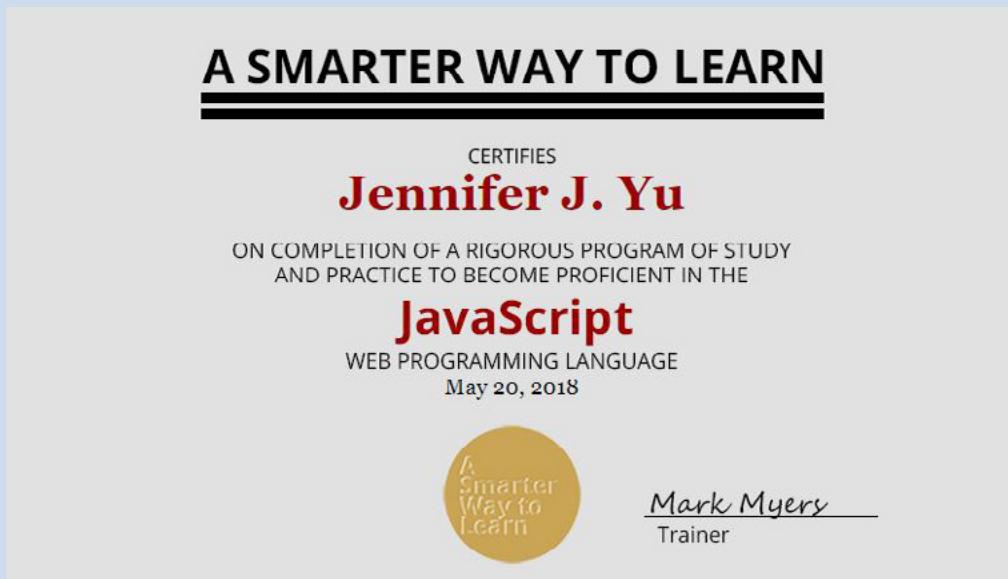
[www.thearcjslc.org](http://www.thearcjslc.org)

[Unsubscribe from this newsletter](#)

# Certificates

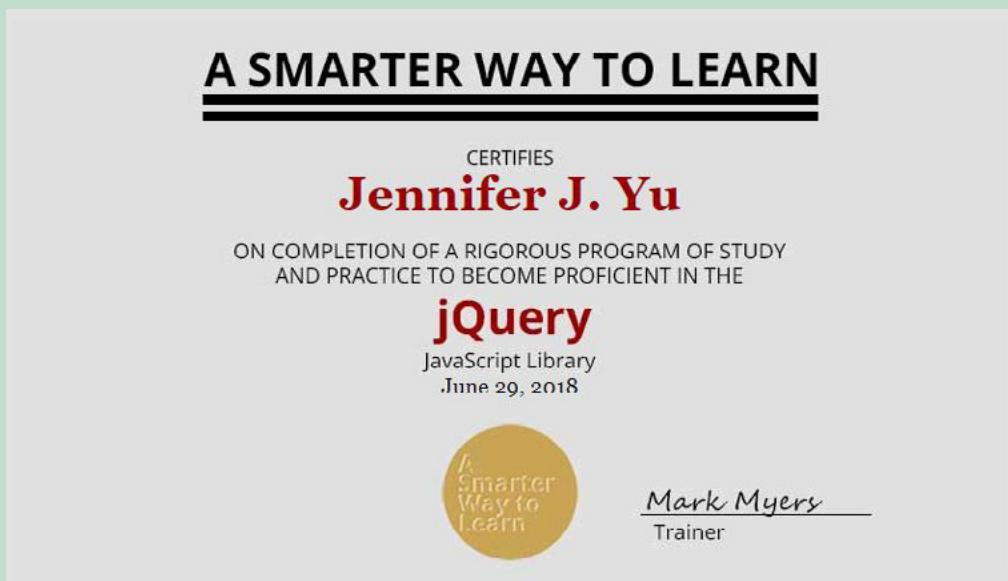
## JavaScript Certificate

<http://www.asmarterwaytolearn.com/javascript-certificate-of-completion-jennifer-j-yu.html>



## jQuery Certificate

<http://www.asmarterwaytolearn.com/jquery-certificate-of-completion-jennifer-j-yu.html>



# Vector Design Examples



# Logo Design Examples



# AD Design Examples



[www.shopstlnysarc.org](http://www.shopstlnysarc.org)



[www.shopstlnysarc.org](http://www.shopstlnysarc.org)



Handmade products  
by people with disabilities

## New Look - More Stops!



Congratulations to



for 70 Years of Supporting  
People with Developmental Disabilities.

From:



# Flyer Design Examples

**JRC**  
Foundation, Inc.

## Capital Campaign

Building a Brighter Tomorrow at 420 Gaffney Drive, Watertown

**5,200 SQ. FT.**  
Added → **45,000 SQ. FT.**  
Renovated

**1,000 People**  
Benefit from Upgraded Rooms

**100 Individuals**  
Supported with Better Accessibility

**3,500 SQ. FT.**  
of New Space for Clinical Services

**162 Children**  
Enjoy Enhanced Play Space

**48 Additional**  
Families Supported

**48 More**  
Preschool Children Enrolled

**16 New**  
Jobs

**Donate** today to transform lives and build a stronger future for our community.

Get involved now by calling 315-836-1363 or visit [www.thejrc.org](http://www.thejrc.org).

SAFETY COMMITTEE

Do you like to draw, paint or color? Well, here is your chance!

### Safety Poster Contest

Contest is open to all staff and participants

Design a poster on "SAFETY!"

**WIN PRIZES!**

**Entries must:**

- Be on unlined, white paper
- No bigger than 8.5 x 14"

Starts: November 14, 2016  
Ends: December 30, 2016

Submit your art work to:  
Tim Welpe  
St. Lawrence NYSARC (RLL)  
6 Commerce Lane  
315-379-9531

**St. Lawrence NYSARC**  
**Community Prevocational Services**

Hannah Latham (315)379-1219  
Don LaBarge (315)764-0267

[www.slnysarc.org/  
community-prevocational-services](http://www.slnysarc.org/community-prevocational-services)

**Some of Our Skills:**

- labeling
- sorting
- cleaning
- food prep
- stocking
- organization
- customer service
- computer research

We are volunteers looking to further get involved with non-profit organizations and assist with tasks that can help the community. In turn, we assist individuals to develop employment readiness skills.

Hannah Latham (315)379-1219  
Don LaBarge (315)764-0267  
Hannah Latham (315)379-1219  
Don LaBarge (315)764-0267

ST. LAWRENCE NYSARC  
Community Players Presents:

### The World Through Our Eyes: A Tribute to World Cultures

Saturday, May 20, 2017  
7:00 PM

Proscenium Theater  
Performing Arts Center  
SUNY Potsdam

Tickets:  
Adults: \$6.00  
Students & Seniors: \$4.00  
Children Under 5: \$2.00

Advance tickets available  
Through 5/17 \$4.00.  
Contact Kolby Weaver at (315) 386-3529  
or [kweaver@slnysarc.org](mailto:kweaver@slnysarc.org).

Celebrate the talents of people with disabilities!

Performance includes an Italian comedy, and Scottish, West African, Japanese, Chinese, Hawaiian, Spanish, and English dances.

# Brochure Design Examples

**Services Includes:**

- Community Based Recreational Activities
- Building Friendships
- Nutrition and Wellness Education
- Fitness Programs
- Services
- Membership in Organizations
- Opportunities for Volunteering
- Establishing Community Relationships and Partnerships
- Education
  - Self-Care Skills
  - Proper Hygiene
  - Daily Living Skills
  - Independent Living Skills
  - Personal Safety
  - Human Rights
  - Anger Management
  - Mental Health
  - Money Skills
  - Computer Skills
  - Exploring Career Options





St. Lawrence NYSARC envisions full inclusion and integration of people with intellectual and other developmental disabilities.

**Mission**

St. Lawrence NYSARC exists as a non-profit membership association to provide services in the community for persons with intellectual and other developmental disabilities. Our mission is to offer individuals and their families an opportunity to achieve self-determined goals. All services strive to promote choices intended to meet each person's therapeutic, residential, and employment needs and interests. St. Lawrence NYSARC is committed to providing lifelong opportunities that enhance the individuality, inclusion, independence, and personal growth of individuals receiving services.

**For More Information:**

95 Main St.  
Canton, NY 13617  
(315)379-1219

**Day Habilitation Services**



**Day Habilitation Clinical Support Direct Support Behavior Support**

[www.slnysarc.org](http://www.slnysarc.org)

**Clinical Support**

Assess individual capabilities to provide clinically based treatment plans. Medical supports include:

- Monitoring and Advocacy for Health Concerns
- Appropriate Medication Regime
- Community Integration and Inclusion
- Promoting Self and Environmental Awareness

The following Clinical Services are offered during Day Habilitation Programs by licensed and credentialed Clinicians:

- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Pediatrics

**Day Habilitation**

Offering a range of settings and services for individuals with intellectual and developmental disabilities. Programs focus on increasing independent living skills and cognitive skills in structured and diverse environments.

- Sensory Motor Development
- Communication Skills Development
- Social Skill Development
- Behavioral Skill Development
- Community Integration and Inclusion
- Promoting Self and Environmental Awareness

Training and assistance is provided by a talented, interdisciplinary team of licensed professionals.

**Direct Support**

Staff members have extensive background and training in:

- Emergency Medical Procedures
- First Aid and CPR
- Alternative Forms of Communication
- Mobility Techniques

**Behavior Support**

Highly trained and qualified staff members supervise programs with a focus on promoting appropriate behavior through the process of Applied Behavioral Analysis. Participants in need of implementing a behavior program are thoroughly evaluated by licensed Behavior Analysts.



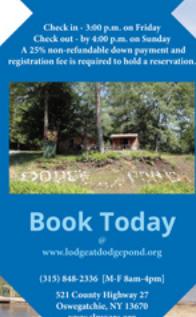


**Amenities\***:

- Excellent Fishing
- Adaptive Playground
- Padle Boat
- Canoes
- Kayaks
- \*Some sports equipment is available for rent. Please inquire in advance.

**Accommodations for Individuals and Groups:**

- Lodge
- Remote Tent Sites
- Rustic Cabins
- Private Suites
- Lean-to


**The Lodge at Dodge Pond**

Dodge Pond consists of 500 acres of natural beauty, including a 20-acre pond. Dodge Pond is fully accessible and specializes in providing recreational opportunities to individuals with disabilities and for retreats.

Dodge Pond offers people with and without disabilities and their families a chance to relax and enjoy the outdoors in a safe, comfortable setting.

Check in - 3:00 p.m. on Friday  
Check out - by 4:00 p.m. on Sunday  
A 25% non-refundable down payment and registration fee is required to hold a reservation.

**Book Today**  
[www.lodgetatdodgepond.org](http://www.lodgetatdodgepond.org)  
(315) 848-2336 [M-F 8am-4pm]  
521 County Highway 27  
Oswegatchie, NY 13670  
[www.slnysarc.org](http://www.slnysarc.org)

**The Lodge at St. Lawrence NYSARC Dodge Pond**

Enjoy complete relaxation with boating, swimming, fishing, canopies, sunbathing, and more in the beautiful Adirondack Park.

**Book now @**  
[lodgeatdodgepond.org](http://lodgeatdodgepond.org)

**Lodging Options:**

- 4 Separate 1-Bedroom Suites
- 2-Bedroom Suite with private lounge

**Lodging Include:**

- Lodging, linens, meals, and all the amenities
- Group rates are available upon request
- Special food requests may be negotiated in advance
- Rooms sleep up to 6 people. Different accommodations can be arranged in advance
- Day rates available




**Activities within 60 Miles**




**Hiking:**  
High Rock, Cat Mountain, Peavine Swamp Trail, Curtis Pond, Bear Mountain, Lampson Falls, Indian Creek, Indian Falls, Greenback Creek, Harper Falls, and Stone Valley Trail

**Cycling in the Adirondacks:**  
Todley Pond Loop, Lampson Falls Loop, Star Lake, Whipplewood Metric Century, and Tupper Lake

**Golf:**  
Clifton-Fine Municipal Course, Tupper Lake Club, Gouverneur Country Club, Emerald Greens, St. Lawrence University Course, and Partridge Run

**Whitewater Canoeing and Kayaking:**  
Canton, Cranberry Lake, Grass River, Oswegatchie River, Cooper Falls, Lampson Falls Trail, and Black Lake

**Snowmobiling:**  
Tog Hill, Higley-Hollow State Park, Star Lake, Rt 27 in Clare, and Horseshoe Lake

**Office for People with Developmental Disabilities Eligibility**

To be eligible for services, one must have a life-limiting disability which occurred before the age of 22 and of which includes diagnoses such as intellectual disabilities and other neurological disabilities.

<https://opwdd.ny.gov/eligibility>



**Contact**

Kaycee Ondrasek  
Home and Community Services Supervisor  
Email: [kaondrasek@thearcjslc.org](mailto:kaondrasek@thearcjslc.org)  
315-836-1220



**The Arc**  
Jefferson-St. Lawrence  
New York  
[www.thearcjslc.org](http://www.thearcjslc.org)



**Fiscal Intermediary**



**Self-Direction**

Children and Adults who are eligible for OPWDD services and enrolled in the Home and Community Based Services Waiver may choose to self-direct their services.

Self-Direction assists people with intellectual or developmental disabilities and their families to choose and manage their own budgets and services:

- Offers people supported greater choice and control over the supports they receive
- Expands their options beyond traditional programs to include services:
  - Reimbursements for software, internet, or cell phones
  - Community classes or training
  - Gym memberships
  - Camps

Individuals in Self-Direction may choose:

- An agency to help them self-direct
- To manage their own budget and staff with help from a Fiscal Intermediary and Support Broker

The Fiscal Intermediary provides a multitude of supports, including:

- Providing a compliant hiring process with requisite background checks, training to staff, payroll and benefits (when applicable)
- Providing reimbursements based upon the individualized plan/budget

The Fiscal Intermediary is also responsible to collect and review all required paperwork and documentation to ensure compliance with Medicaid/OPWDD payments.

**Brokerage Services**

Support Brokers assist people with developmental disabilities who choose to self-direct their OPWDD services with Budget Authority to develop a service plan and manage a Self-Direction budget.

Self-Direction provides individuals direct responsibility in managing their supports and services. People who participate in Self-Direction may self-hire and manage their own staff supports and decide on the supports and services they need and how the funding allowed for these supports and services is allocated.



# Brochure Design Examples

The collage consists of six panels arranged in two rows. The top row contains three panels: 1) A girl reading a book. 2) Text about Bridges mission and contact information. 3) A woman and a boy wearing masks, sitting at a table. The bottom row contains three panels: 4) The Arc logo with service descriptions. 5) A woman smiling, holding a red heart. 6) Two women working at a desk.

**About Bridges**

The mission of Bridges is to provide services and supports to children and youth with developmental disabilities starting at age three through the various stages of youth until transitioning into adulthood.

**Contact**

315-386-3055  
[www.thearcjslc.org](http://www.thearcjslc.org)

**Bridges**

**Kids Up to Age 9!**

**Young Adults Age 21-35**

**www.thearcjslc.org**

**Supports for Children and Youth, Age 3-18 or Until High School Graduation**

**Services and Strategies to Address:**

- Basic Math
- Daily Living
- Communication
- Community Involvement
- Evening Programs
- Fine Motor Skills
- Arts Activities
- Gross Motor Skills
- Physical Fitness
- Weekend Activities
- Volunteerism
- Recreation
- Safety

**Supports for Young Adults Age 21-35**

**Services and Strategies to Address:**

- Budgeting
- Cooking
- Communication
- Arts Activities
- Community Involvement
- Evening Programs
- Physical Fitness
- Recreation
- Technology
- Social Skills
- Self-advocacy
- Self-care
- Social Skills
- Trips
- Weekend Activities
- Volunteerism

**Weekday Clubs Available During School Year:**

- Art Club
- Music Club
- Cooking Club
- Social Club
- Saturday Club

**ROAD TRIP Main Street**

**Applied Behavior Analysts:**

Bridges offers Behavior Consultation with Licensed Board-Certified Behavior Analyst.

**Transportation:**

Provided by the agency.

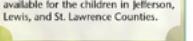
**Front Door:**

The first step to get connected to Bridges is to contact your local Front Door Regional Office. The Front Door staff can help you determine the services you want and need. You will be asked information and once determined if you are eligible you can begin the planning process. All participants must be Medicaid eligible and have gone through the OPWDD Front Door.

For more information:  
<https://opwdd.ny.gov/get-started/front-door> or 866-946-9733

**Working Together So Children Receive the Right Services**

Central New York Health Home Network has partnered with hospitals, physician offices, community agencies and other community providers of the North Country region to improve the health of the community and the care available for the children in Jefferson, Lewis, and St. Lawrence Counties.



**Through this Partnership the CNYHHN Can Help**

Get the information and confidence to be an informed partner in making decisions to improve your child's health.

Understand the options available for care so you can choose wisely.

Provide resources and education to help a child get healthy and stay healthy.

**Contact Information**

Michelle Wilder  
(315) 200-9656  
mawilder@thearcslc.org

OR

Keith Bush  
(315) 414-6413  
kbush@thearcslc.org

Children's Health Home Care Managers  
P.O. Box 41140 Gaffney Drive  
Watertown, NY 13601



**The Arc**  
Jefferson-St. Lawrence  
New York

in partnership with



**CNYHHN, Inc.**  
Where Care Comes Together

**Children's Care Management**

Where Care Comes Together

Now offering comprehensive Children's Care Management to NYS Medicaid Recipients in Jefferson, Lewis, and St. Lawrence Counties.

[www.thearcslc.org](http://www.thearcslc.org)

**Who Can Receive Services?**

To meet eligibility, the child must have two or more chronic conditions, such as but not limited to:

- Alcohol or substance abuse
- Mental health condition
- Cardiovascular disease (ex: Diabetes)
- Respiratory disease (ex: Asthma)
- Eating disorders
- Cystic fibrosis

**What is a Health Home?**

A "Health Home" is not a place. It is a group of health care and service providers working together to make sure that the child gets the care and services they need to stay healthy – at the right time in the right amounts.

**What is the Health Home Goal?**

The goal of the Health Home is to make sure children with Medicaid who have complex physical and/or behavioral health conditions get access to the care and services they need in order to be healthy.

The Health Home partners with other children's service agencies that provide Care Management to enrolled children.

A dedicated Care Manager is assigned to the child and is responsible for coordinating all of their health services.

The Care Manager can help the child and family understand their chronic condition, manage their symptoms and ensure all treatment partners remain involved with the child's care.

**Benefits of Home Health Care**

It's not surprising if you may feel overwhelmed or confused.

It is very difficult to navigate through the many types of services that may be available to your child.

Until now, you may have had extreme difficulty getting access to the services your child needs or you may have had a hard time getting appointments.

You may not know what to expect from services providers and may be hesitant to ask the questions you need to in order to better understand your child's condition.

If you've faced a crisis with your child or child's condition and have not had someone to call for assistance, you now have someone who is able to connect you to the proper services.

**Health Home Care Management can Help!**

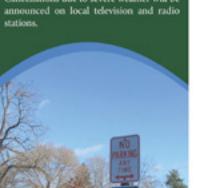


**About Public Transit**

St. Lawrence NYSARC officially operates the public transportation for St. Lawrence County. Our buses are fully accessible and anyone can ride.

Contact Info:  
(315)386-2600  
info@slcnypublictransit.com

Cancellations due to severe weather will be announced on local television and radio stations.



\$2 one-way	\$36 20 rides	\$53 30 rides	\$68 40 rides
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Ride passes available at 6 Commerce Lane, Canton, NY

**Catch a Ride with St. Lawrence County Public Transit!**

We can take you to:

- Visit Friends
- Shopping
- Restaurants
- Farmer's Markets
- Health Services
- Entertainment
- Universities
- Ride to Work
- Movies
- Fishing
- Hiking

**For More Information:**

315/384-2600  
[info@slcnypublictransit.com](http://www.slcnypublictransit.com)

**f** [facebook.com/SLCPublicTransit](https://www.facebook.com/SLCPublicTransit)

**Ogdensburg Intra-city Shuttle Schedule**



**Ogdensburg Intra-city Shuttle Schedule**

Monday - Friday

Destination	Address	AM (Depart)	PM (Depart)
Riverledge	8103 NY #68	7:05 8:13 9:27 10:40	1:45 2:51 4:04 5:51
Claxton Hepburn Hospital	214 King St.	7:07 8:16 9:31 10:50	12:34 1:49 2:54 4:08 5:55
Centennial Terrene	202 Washington St.	7:13 8:22 9:37 10:56	12:40 1:55 3:00 4:14 6:01
Community Health Center	102 Ford St.	7:17 8:25 9:40 10:59	12:43 1:58 3:03 4:17 6:04
Center for Sight	420 Ford St.	7:19 8:27 9:42 11:01	12:45 2:00 3:05 4:19 6:06
Parkview Rise	1111 Jay St.	7:24 8:32 9:47 11:06	12:50 2:05 3:10 4:24 6:11
Belmont Courts	1101 Jay St.	7:26 8:34 9:49 11:08	12:52 2:07 3:12 4:26 6:13
Lincoln School	1515 Knox St.	7:28 8:36 9:51 11:10	12:54 2:09 3:14 4:28 6:15
St. Peters Square	1320 Green St.	7:31 8:39 9:59 11:13	12:57 2:12 3:17 4:31 6:18
Veterans Admin. Bldg.	Commerce Park Dr.	7:39 8:47 10:06 11:31	1:05 2:20 3:25 4:39 6:26
Claxton Hepburn/ Wound Center	100 Howland Place	7:44 8:52 10:11 11:26	1:20 2:25 3:30 4:45 6:31
Price Chopper	981 Ford St. Ext.	7:47 8:55 10:17 12:00	1:16 2:31 3:36 5:20 6:34
Walmart	3000 Ford St. Ext.	7:51 9:02 10:21 12:04	1:20 2:35 3:40 5:26 6:37
Aldi's	1101 Park St.	7:53 9:04 10:27 12:10	1:26 2:39 3:46 5:32
Dollar General	7669 SH 68	7:56 9:11 10:30 12:13	1:29 2:42 3:49 5:35
Sav-A-Lot	701 Canton St.	8:02 9:17 10:36 12:18	1:35 2:46 3:54 5:41
Rite Aid Ogdensburg	908 State St.	8:04 9:19 10:36 12:22	1:37 2:48 3:56 5:43

Fares: \$2 each way  
Riders should arrive ten minutes before departure time  
Buses are wheelchair accessible  
Drivers do not have change  
Please have exact fair or a ride pass

**Direct Connection to Canton from Ogdensburg**

Monday - Friday

Canton*	Ogdensburg**	Canton*
AM (Depart)	AM (Depart)	AM (Depart)
5:13	5:57	6:32
6:30	6:55	
6:30	7:47	
	8:08	8:42
	10:48	11:18
		PM (Depart)
		12:19 1:50 1:55
		1:21 1:50
		2:43 3:25
		4:30 5:00 5:40
		6:28 6:58

\*Canton: Dept. of Social Services  
6 Jackson Street  
\*\*Ogdensburg: Price Chopper  
981 Ford Street Ext.

Schedule updated on 11/1/18

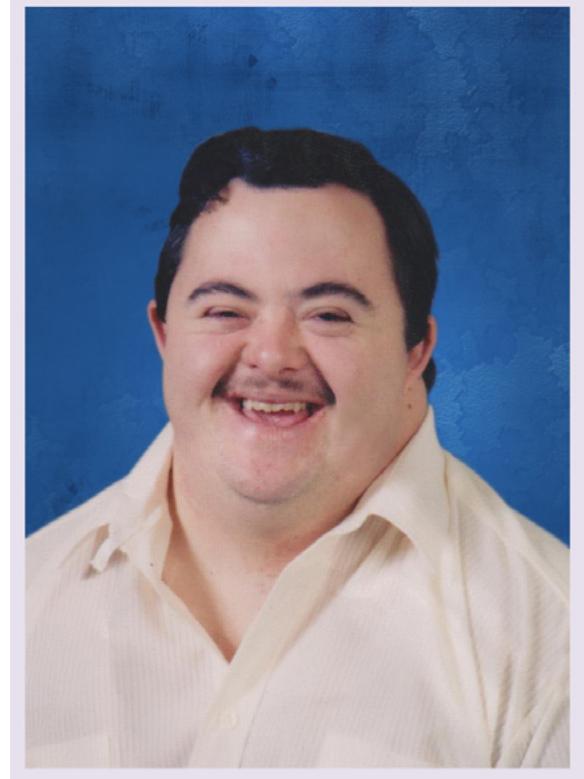
# Card Design Examples



# Photo Editing Examples



An Old  
Broken  
Picture  
Edited by  
Photoshop



Make  
the Messy  
Hair Look  
Nice by  
Photoshop

