



# Portfolio



# Jennifer Yu

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# Latest Status

This image was created  
by Adobe Illustrator



## JENNIFER YU

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## EMPLOYMENT

Web Designer & Manager (Freelancer)  
Blue Web Nodes  
[www.bluewebnodes.com](http://www.bluewebnodes.com)  
May 2017 - Present



## EDUCATION

Master of Electrical Computer Engineering  
Clarkson University, Potsdam, NY  
August 2007 – May 2009

# CMS Website

[www.thearcjslc.org/newsite/oneworld/web](http://www.thearcjslc.org/newsite/oneworld/web)

The screenshot shows the homepage of the 1 World Foundation website. At the top left is the logo "1 WORLD FOUNDATION" with the tagline "A GLOBAL INITIATIVE TO SUPPORT THE DISABLED". The top right features a search bar, a "Make Donation" button, and a navigation menu with links to "About", "Services", "Administrative", "Can-Am Exchanges", "Members", "News", and "Contact". A large banner image at the top right shows a group of people outdoors, with a "HELP AND DONATE" button and the text "Helping People with Disabilities Across Borders". Below the banner, a green button says "Donate Now". The main content area has a large image of a playground structure. To the left of the playground is a photo of a man wearing a mask. A callout box over the playground image contains the text "Helping People Across Borders" and a paragraph about the foundation's mission to provide services across borders. To the right, under the heading "OUR SERVICES", is a section titled "How We Help People" with a photo of a child. Below this are three smaller photos with captions: "About Us" (two women interacting with children), "Services" (a woman with a child), and "News" (a woman holding a child). The footer of the page is blue.

The site is coming soon! It was created and developed on Drupal 10 with a custom sub-theme of the Barrio Bootstrap 5 base theme. More regions are added to the sub-theme to make the layouts more flexible. It has many features: responsive design, fullscreen Slideshow, beautiful and multi-style layouts on the home page, page titles on different background images, paragraph and event titles in a circle, HTML Email Newsletters, calendar with varying colors for event catalogs, spam-off contact form, drop-down main menu, etc.

# CMS Website

[www.churchonthepark.org](http://www.churchonthepark.org)

The screenshot shows the homepage of the First Presbyterian Church on the Park website. At the top, there is a navigation bar with links for "Who We Are", "Worship", "Kids", "Newsletter", "Staff", "Calendar", "Contact", "Photo Albums", and "Links". A "Support the Church" button is also present. The main banner features a large image of the church building with a green overlay containing a video player showing a live stream of a worship service. Below the banner, there are two sections: "Welcome Home" and "Our Mission", each with its own text and image. The "Welcome Home" section includes a video player showing a live stream of a worship service. The "Our Mission" section includes a video player showing a live stream of a worship service. At the bottom, there is a "Site Menu" with links to various church services and resources, and social media icons for Facebook, YouTube, and RSS.

**Welcome Home**

A hearty welcome to you from all of us at the First Presbyterian Church on the Park in Canton, New York. We are a growing church with a proud past and a promising future, and we invite you to come and explore what God is up to here on the Park.

**Our Mission**

The Mission of the 1st Presbyterian Church of Canton is to reach out to all people and welcome them in celebrating truly the joys, freedoms, and responsibilities that come with our faith in God, Christ's unconditional love for us, and the power of the Holy Spirit to transform our world. Through this nurturing Christian Community we will fully recognize the value of each believer, humbly forgive ourselves and others, and lovingly embrace God's Grace.

**Site Menu**

YouTube Channel Sunday's Bulletin Zoom Meeting Room Written Sermons Newsletter Pastor's Report Committees and Officers Staff Photo Albums Calendar Experience Worship Let Them Come Work and Mission Fun and Fellowship Getting Involved Nursery and Church School Support the Church Facebook Facility Use Form Book Group Church History Noisy Can Offering Women's Circle All-Church Read Links Contact Us Presbyterian Church USA

Copyright © 2022 All rights reserved First Presbyterian Church of Canton, NY

The site is created and developed on Drupal 9 with a custom sub-theme of the Barrio Bootstrap 5 base theme. More regions are added to the sub-theme to make the layouts more flexible. It has lots of features: responsive design, custom-size slideshow, YouTube channel feed, iCloud calendar Integration, image galleries with big images displayed in an overlay above the current page, count-down event, multi blocks on one big banner, spam-off contact form, drop-down main menu, etc.

# CMS Website

<https://theaitu.com>



ASSOCIATION OF INDEPENDENT  
TECHNOLOGICAL UNIVERSITIES

Search for:

[HOME](#) [ABOUT AITU](#) [INFORMATION/LINKS FROM MEETINGS](#) [2018 AITU MEETINGS](#) [AITU NEW DEPARTMENT CHAIRS WORKSHOP](#)



- Biochemist Doudna Wins CMU's Dickson Prize in Science  
Source: Carnegie Mellon | Published on 2018-01-12
- Spring Drama Season Opens with "The Drowsy Chaperone"  
Source: Carnegie Mellon | Published on 2018-01-11
- #GiveTueKGI Campaign Exceeds Goal, Raises \$45,194 to Support Innovators  
Source: Keck Graduate Institute | Published on 2018-01-10
- Computer program finds new uses for old drugs  
Source: Case Western | Published on 2018-01-10
- The presence of sexual violence in neighborhoods erodes feelings of safety for women—but not men  
Source: Case Western | Published on 2018-01-09

NEWS

[MORE NEWS...](#)

## MEMBER INSTITUTIONS

- CALIFORNIA INSTITUTE OF TECHNOLOGY (CALTECH)
- CARNEGIE MELLON UNIVERSITY (CMU)
- CASE WESTERN RESERVE UNIVERSITY
- CLARKSON UNIVERSITY
- THE COOPER UNION
- EMBRY-RIDDLE AERONAUTICAL UNIVERSITY
- FRANKLIN W. OLIN COLLEGE OF ENGINEERING
- HARVEY MUDD COLLEGE
- ILLINOIS INSTITUTE OF TECHNOLOGY
- KECK GRADUATE INSTITUTE
- LAWRENCE TECHNOLOGICAL UNIVERSITY
- MASSACHUSETTS INSTITUTE OF TECHNOLOGY (MIT)
- MILWAUKEE SCHOOL OF ENGINEERING
- POLYTECHNIC INSTITUTE OF NYU
- RENSSELAER POLYTECHNIC INSTITUTE (RPI)
- ROCHESTER INSTITUTE OF TECHNOLOGY (RIT)
- ROSE HULMAN INSTITUTE
- STEVENS INSTITUTE OF TECHNOLOGY
- WEBB INSTITUTE
- WORCESTER POLYTECHNIC

The website is for the Association of Independent Technological Universities. I built a WordPress custom theme using Bootstrap 4, PHP, HTML, and CSS. The slideshow was built in the custom theme. News feeds from all the university members.

# CMS Website

[www.thearcjslc.org](http://www.thearcjslc.org)

(The current administrator changed the front banner.)

The screenshot shows the CMS Website homepage. At the top, there's a navigation bar with links for About, Services, Membership, Foundations, News, Advocacy Resources, Employment, and Contact. Below the navigation is a banner with a background of pink and yellow tulips. The banner features the text "Make a difference in the lives of people with disabilities!" and a quote from Julius Erving: "Goals determine what you're going to be." Below the banner is a section titled "Programs and Services" featuring a grid of images for various programs: Bridges, Bright Beginnings, Children's Care Management, Clinical Services, Community Arts, Community Prevocational Services, Day Habilitation, Dodge Pond, and HEROES.

Search

The Arc  
Jefferson-St. Lawrence  
New York

About ▾ Services ▾ Membership Foundations ▾ News ▾ Advocacy Resources Employment ▾ Contact

Services Available: \* Bridges \* Bright Beginnings \* Career Connections and Career Opportunities \* Children's Care Management \* C

Make a difference in the lives of people with disabilities!

Goals determine what you're going to be. ~ Julius Erving

## Programs and Services

Bridges

Bright Beginnings

Children's Care Management

Clinical Services

Community Arts

Community Prevocational Services

Day Habilitation

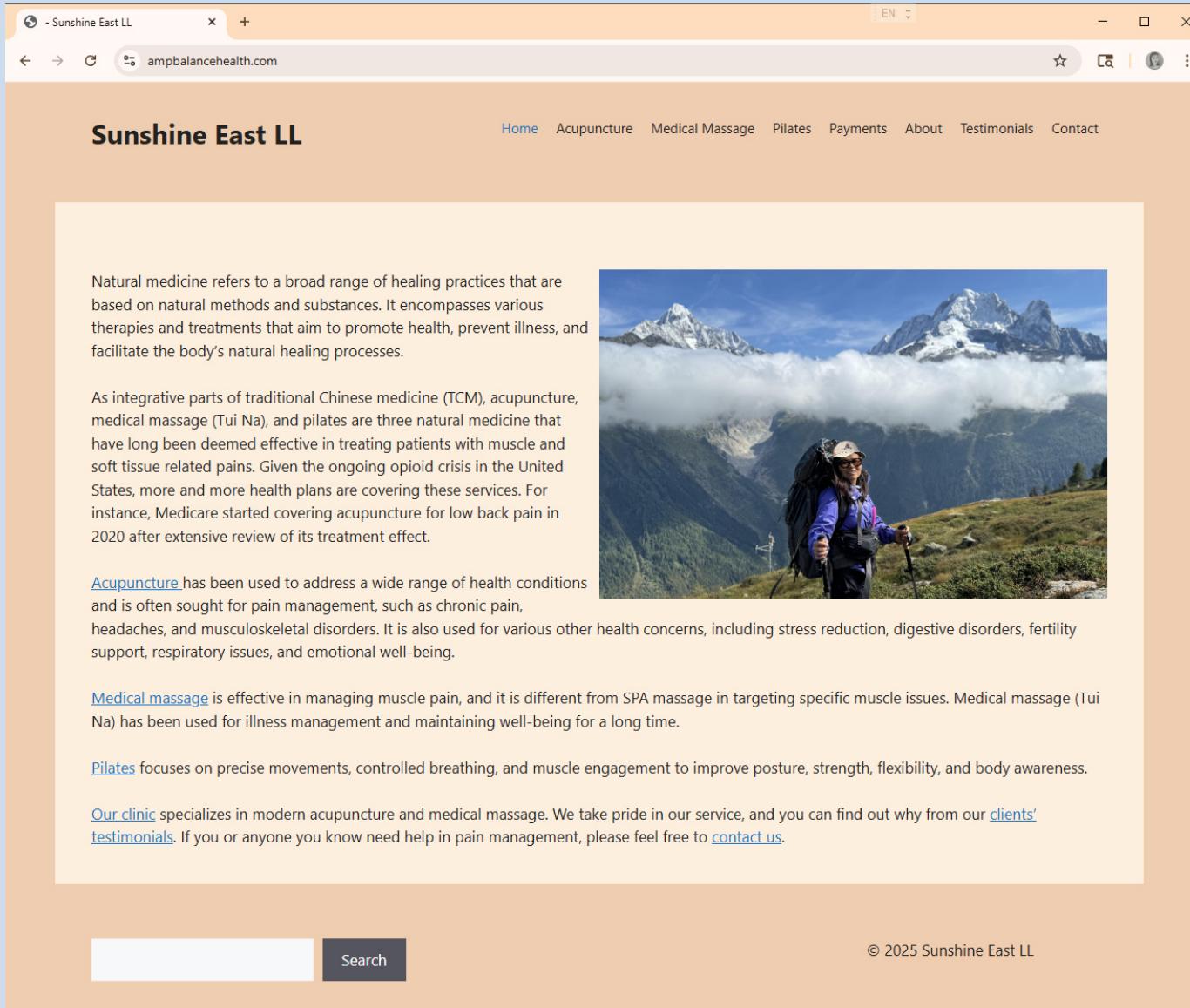
Dodge Pond

HEROES

The site was created and developed on Drupal 9 with a custom sub-theme of the Barrio Bootstrap 5 base theme, and updated to Drupal 10. More regions are added in the sub-theme to make the layouts more flexible. Lots of features: Responsive design, Google Analytics, Meta tags for improving SEO, drop-down main menu, full-screen wide slideshow, varied big front banners with fancy CSS styles, three columns or two columns promo blocks on the front, HTML Email Newsletters, calendar with different color for event catalogs, upcoming events, image gallery, spam-off contact form, voting web-forms, on-line flipbook, Facebook page plug-in, horizontal scroll bar, etc.

# CMS Website

[www.ampbalancehealth.com](http://www.ampbalancehealth.com)



The screenshot shows a web browser window with the title bar "Sunshine East LL" and the URL "ampbalancehealth.com". The page content is as follows:

**Sunshine East LL**

[Home](#) [Acupuncture](#) [Medical Massage](#) [Pilates](#) [Payments](#) [About](#) [Testimonials](#) [Contact](#)

Natural medicine refers to a broad range of healing practices that are based on natural methods and substances. It encompasses various therapies and treatments that aim to promote health, prevent illness, and facilitate the body's natural healing processes.

As integrative parts of traditional Chinese medicine (TCM), acupuncture, medical massage (Tui Na), and pilates are three natural medicine that have long been deemed effective in treating patients with muscle and soft tissue related pains. Given the ongoing opioid crisis in the United States, more and more health plans are covering these services. For instance, Medicare started covering acupuncture for low back pain in 2020 after extensive review of its treatment effect.

[Acupuncture](#) has been used to address a wide range of health conditions and is often sought for pain management, such as chronic pain, headaches, and musculoskeletal disorders. It is also used for various other health concerns, including stress reduction, digestive disorders, fertility support, respiratory issues, and emotional well-being.

[Medical massage](#) is effective in managing muscle pain, and it is different from SPA massage in targeting specific muscle issues. Medical massage (Tui Na) has been used for illness management and maintaining well-being for a long time.

[Pilates](#) focuses on precise movements, controlled breathing, and muscle engagement to improve posture, strength, flexibility, and body awareness.

[Our clinic](#) specializes in modern acupuncture and medical massage. We take pride in our service, and you can find out why from our [clients' testimonials](#). If you or anyone you know need help in pain management, please feel free to [contact us](#).

© 2025 Sunshine East LL

A simple website for a small business at a low cost as the customer requested. Built with WordPress, Bootstrap and CSS.

# Static Website Coded by HTML, CSS, and JavaScript

[www.bluewebnodes.com](http://www.bluewebnodes.com)

The screenshot shows the homepage of the Blue-Web NODES website. The header features the company logo "Blue-Web NODES" and a navigation menu with links to Products, Pricing, Services, Blog, and Contact. The main banner has a blue background with white dots connected by lines forming a network pattern. It contains the text "We Create One-of-a-Kind Projects" and "Our products include: CMS Websites, Ecommerce CMS Websites, Graphic Design, More ...". Below the banner, there's a section titled "JET'S GET STARTED" featuring a photograph of two blue flowers. It includes a call to action "Contact us to start a conversation and show you how we can help!" and information about payment terms: "50% of total estimated fee upon agreement of initial design will be paid first. Remainder of fee payable not more than 14 days after receipt of finished product. You will receive all the original files related initial design after full payment." Three small diagrams below show "New Client" (Visit The Site), "Tech Blog" (Tips), and "Get A Quote" (Contact Us). The page also displays two examples of static websites: a "New Design" for a WordPress Ecommerce website (W8) showing a restaurant reservation system, and another "New Design" for a Drupal Informational Website for First Presbyterian Church.

This site is not on any CMS but was coded at the back end. It was created with Jekyll and customized with HTML, CSS, and Javascript to a modern design. Webform with submissions submitted to a Google sheet. Blog with an automatic index menu and comments. Jekyll is a static site generator perfect for GitHub-hosted blogs. Enjoy free hosting on GitHub!

# Static Webpage Coded by HTML, CSS, Bootstrap and JavaScript

<https://www.bluewebnodes.com/exercises/subaru>



[Search Available Inventory](#)

#### Always room for stories.

The 2024 Subaru Crosstrek is the most powerful, most fun to drive, and safest Crosstrek we've ever made, with performance, technology, and design updates throughout.



#### Extra Power, Capability, and Fun

The 2024 Crosstrek features a newly available 2.5-liter direct-injection SUBARU BOXER engine that delivers more torque and increases output to 182 horsepower – extra power that makes all your trips more exciting and responsive.

#### Sporty Exterior Design



This attractive, user-friendly page promotes the Subaru Crosstrek. It is for the web designer assessment at <https://solutions.dealeron.com/design-contractor.html>. It is not on any CMS but was coded by hand. It was created with HTML, CSS, the Bootstrap 3 framework, and Javascript within a limited time.

# HTML Newsletter

Reply-To: The Arc Jefferson - St. Lawrence

[The Arc Jefferson - St. Lawrence newsletter] THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS

## THE ARC JEFFERSON – ST. LAWRENCE HOLDS ANNUAL MEETING AND HONORS ACHIEVEMENTS



FOR IMMEDIATE RELEASE – The Arc Jefferson - St. Lawrence ([www.thearcjslc.org](http://www.thearcjslc.org)), recently held their Annual Meeting to elect the officers for the Board of Directors, as well as honor staff members, volunteers, and individuals supported by the agency. The 2020-2021 elected officers for The Arc Jefferson – St. Lawrence Board of Directors are as follows: Jackie Sauter, President; Jennifer VanReenen; and Joanne Rhode Vice President, Secretary/Treasurer.

Staff members, people supported, and volunteers were recognized for their achievements during the past year. Heidi Stalker received the David Brassbridge Staff Member of the Year Award. Stalker is a Residential Manager with over 18 years of experience working in a variety of roles with the Residential Services Dept. She was recognized for her excellent organizational skills, reliability, and efforts to support people to achieve their goals.

The Arc Jefferson – St. Lawrence provides lifelong opportunities that enhance the lives of people, so that they may achieve their hopes and aspirations. Applications are now being accepted for a variety of positions, including Direct Support Professionals, Occupational trainers, and Food Service Workers. To learn more and apply now, visit [www.thearcjslc.org](http://www.thearcjslc.org) or find us on Facebook.

# # #

In the photo : Howard Ganter, CEO and Heidi Stalker, Residential Manager



### About The Arc Jefferson – St. Lawrence:

The Arc Jefferson – St. Lawrence seeks to be the premier provider of services for people with diverse needs through the continuum of life.

Contact: Michelle Quinell-Gayle  
Director of Business Development, Foundation and Community Relations  
The Arc Jefferson - St. Lawrence  
315-386-3529  
[mquinell@slnysarc.org](mailto:mquinell@slnysarc.org)

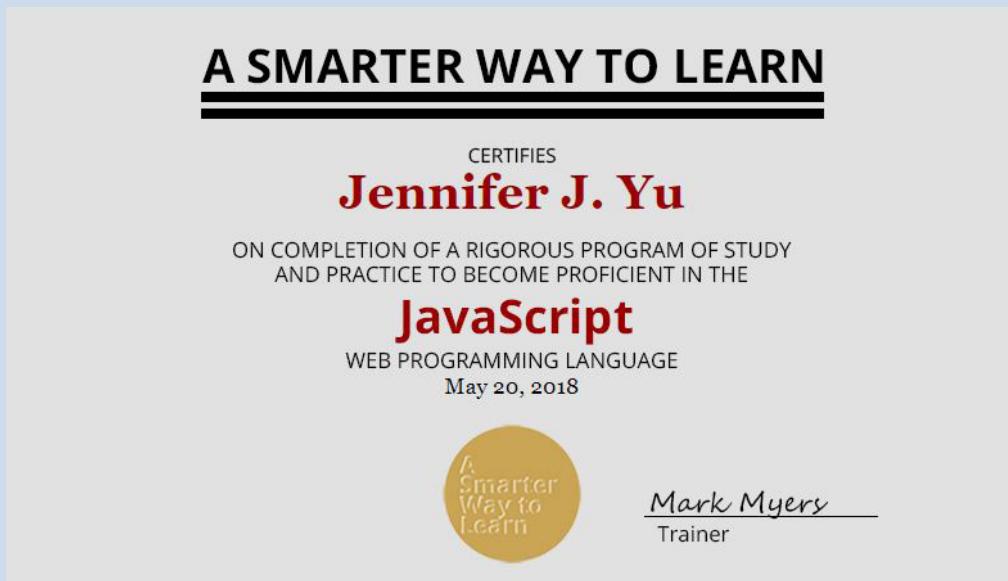
[www.thearcjslc.org](http://www.thearcjslc.org)

[Unsubscribe from this newsletter](#)

# Certificates

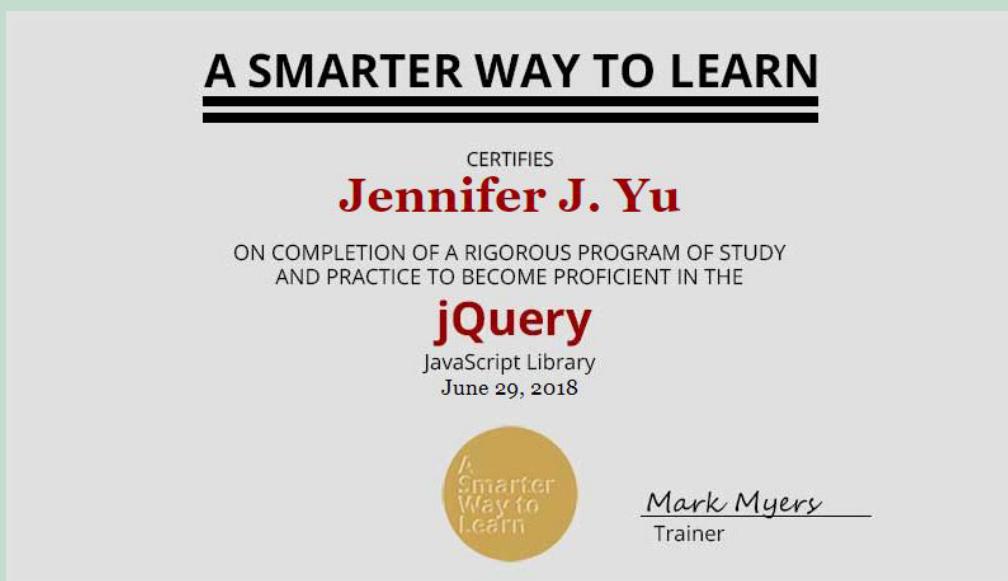
## JavaScript Certificate

<http://www.asmarterwaytolearn.com/javascript-certificate-of-completion-jennifer-j-yu.html>



## jQuery Certificate

<http://www.asmarterwaytolearn.com/jquery-certificate-of-completion-jennifer-j-yu.html>



# More Website Development

[www.thearcjslc.org/suggestionbox](http://www.thearcjslc.org/suggestionbox)

## The Arc Jefferson - St. Lawrence Staff Suggestion Box

Suggestions will be anonymous, but you may include a name and contact information in the comments section if you prefer.

### User login

Username \*

Password \*

[Log in](#)

### Instruction for users

- Please login with your Employee ID number. This number is located under your picture on the agency ID card. **The number has 6 numerical digits, includes the "0"s.**
- Contact us at [suggestionboxjslc@thearcjslc.org](mailto:suggestionboxjslc@thearcjslc.org) to get agency password if you have forgotten it. Thanks!

Please note:

- All suggestions are anonymous and will be received by Howard Ganter, Director of Ops.

Only the staff can sign in it. Group users import and login system security are most important to this website.

[Flip Card Menu](#)

[www.thearcjslc.org/enterprises](http://www.thearcjslc.org/enterprises)



The Arc Jefferson - St. Lawrence's manufacturing and 1800 SF warehousing facility, JSLC Enterprises, is located at 968 Bradley Street, Exit 47 off Interstate 81. This location serves Watertown and surrounding communities in the U.S. and Canada. JSLC Enterprises also operates a warehouse and manufacturing facility in Ogdensburg, NY. Both manufacturing facilities are unique for their efforts to diversify and provide a wide range of employment opportunities for workers with and without disabilities in Northern New York. The Arc Jefferson - St. Lawrence also owns and operates two UPS Stores located in the Watertown area. JSLC Enterprises partners with The UPS Store to provide product shipping and fulfillment services.

# CMS Website with E-Commerce

[www.w8-time.com](http://www.w8-time.com)

(Offline for Now)

The screenshot shows the homepage of the W8 website. At the top, there is a red header bar with navigation links for "HOME" and "PARTNERS", a shopping cart icon showing "0 Items", and a total amount of "\$0.00". The main content area features a large banner with the text "Welcome to W8" and "Restaurant Reservation Website". Below the banner, it says "Pick your restaurant, and buy a pass." and has an "Explore" button. The background of the banner is a photograph of a person's hand interacting with a tablet screen in a restaurant setting. Below the banner, there are four smaller images of different restaurants: Restaurant A (modern interior), Restaurant B (colorful exterior), Restaurant C (modern interior), and Restaurant D (industrial interior). Each restaurant image is accompanied by a QR code below it. The footer of the page includes copyright information ("Copyright © 2022 W8"), privacy policy links ("Privacy Policy | Terms of Use | FAQ"), and a decorative blue patterned background.

The W8 website is an eCommerce website for restaurant reservations built with WordPress and WooCommerce. The customers visit the restaurant waitlist page by scanning the QR code. They can fill out the form to join the regular waitlist or purchase a FastPass to go faster. The website can handle up to 1000 concurrent users. The features include QR code, webforms, front-end table, shipping cart, credit card payment gateway, SMS and email notifications, etc.

# CMS Website with E-Commerce

[www.shopthearcjslc.org](http://www.shopthearcjslc.org)

(Offline for Now)

The screenshot shows a CMS website for "The Arc Jefferson - St. Lawrence New York". At the top, there's a navigation bar with "Log in", "Create account", a shopping cart icon showing "Empty \$0.00", and a "Checkout" button. The main header features the "The Arc" logo with a stylized orange and yellow swoosh. Below the header is a search bar with a magnifying glass icon. The main content area displays two large images of custom printed brochures. The left brochure is titled "Feel the Nature" and "Copies - 8.5"x11" or 11"x17"" with a "Discount up to \$500" offer. The right brochure is titled "Cabin Fever? Flights on sale!!" with a similar discount offer. Below these images are three promotional boxes: "Watch Bands and Brochures GET IT YOUR WAY", "Paper Copies QUICK AND EASY" (highlighted in blue), and "Yard Signs and Masks NEW ARRIVALS". At the bottom, there are three smaller thumbnail images: one of the brochures, one of a news section with "News" and "The Arc" logos, and one of a person standing in a field.

The custom Printing website was built with Drupal Commerce. I created the website [www.shopthearcjslc.org](http://www.shopthearcjslc.org) all by myself, even the draft of policies. I learned to make an eCommerce site as a PCI Compliance for Credit Card Payment Security. More features are a full-featured online store system, a customer membership system, and an email notification system.

# CMS Website

[www.slcnypublictransit.com](http://www.slcnypublictransit.com)

(Offline for Now)



The homepage features a large image of a white St. Lawrence County Public Transit bus. In the top left corner is the logo for St. Lawrence County Public Transit, which includes a circular emblem with mountains and the text "St. Lawrence County Public Transit" and "Connecting Generations". The top right corner contains a navigation menu with links to "Home", "Schedules", "News", "Contact", and "Policies & Procedures". Below the menu are three green buttons labeled "Schedules", "Rates", and "Delays and Cancellations". Further down are buttons for "Advertise with Public Transit" and social media links for YouTube and Facebook.



## About

The Arc Jefferson – St. Lawrence operates the public transportation for St. Lawrence County. Our fleet of nearly 20 vehicles travels over 1 million miles annually. Our buses are fully accessible, and anyone may ride.



## First Mile Last Mile

Need a way to get to a Public Transit bus? Get in touch with the folks at the "First Mile Last Mile" program. It is free and easy, so just call [315-386-2600](tel:315-386-2600) and someone will help make all the arrangements. Don't let the program's name fool you because this service picks up and drops off people who live over a mile from the Public Transit stop.

## Rates

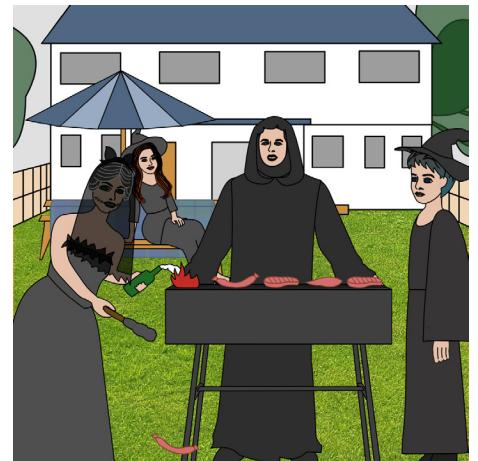
- Obtain passes from any bus driver or at the Operations Center.
- Drivers cannot issue change. Exact fare is needed.
- Lost passes are NOT refundable, so keep them safe!
- Children under 3 ride for free.



The site was built on Drupal 8 with a custom sub-theme of Barrio Bootstrap 4 base theme, and updated to Drupal 9. The company logo and main menu are on the big top background. Different web pages have different titles but the same secondary menu on the different background images. The features include responsive design, Google analytics, Meta tags for improving SEO, HTML email newsletters, spam-off contact webform, Facebook page plug-in, Awesome Font icons, directly downloaded PDFs, etc.

# Motion graphics

<https://www.bluewebnodes.com/social-media-ads/>



# Motion graphics

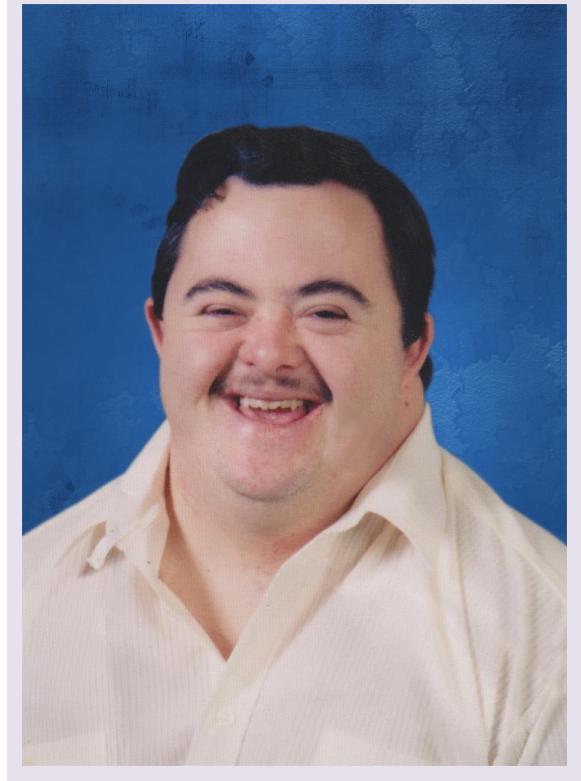
<https://www.bluewebnodes.com/video-editing/>



# Photo Editing



An Old  
Broken  
Picture  
Edited by  
Photoshop



Make  
the Messy  
Hair Look  
Nice by  
Photoshop



# Vector Design



## The JRC Foundation Office has Moved

Visit us now at 968 Bradley Street  
in Watertown.

Call (315) 836-1363  
or stop in to say hello!



# AD Design



[www.shopstlnysarc.org](http://www.shopstlnysarc.org)



Aug 20-31, 2018 | 101 Main St., Canton NY | 



[www.shopstlnysarc.org](http://www.shopstlnysarc.org)



## New Look - More Stops!



# AD Design

Booklet Designed by



Contact:  
Brandon Cook  
[blcook@thearcjslc.org](mailto:blcook@thearcjslc.org)  
(315) 836-1443  
968 Bradley Street  
Watertown, NY 13601

Providing work for people with disabilities offering a large variety of products.

- Yard Signs
- Roll Printing
- Booklets
- Business Cards
- Rack Cards
- Banners
- Design Services
- Flat Bed Printing
- Binders
- Raffle Tickets

And So Much More!

[www.thearcjslc.org/  
enterprises](http://www.thearcjslc.org/enterprises)



Jefferson - St. Lawrence  
New York

Booklet Designed by



For More Information:

Brandon Cook  
[blcook@thearcjslc.org](mailto:blcook@thearcjslc.org)  
(315) 836-1443  
968 Bradley Street  
Watertown, NY 13601

[www.thearcjslc.org](http://www.thearcjslc.org)



**Business Services**

**Kitting & Packaging**

**Order Fulfillment & Shipping**

**Document Imaging & Shredding**

**Printing**

**State and Federal Solutions**



**Miles Traveled**  
**304,868**

**2019**

**Ridership to Date**  
**31,607**

*Sunset on the Shore*

**Saturday, May 18<sup>th</sup>**

6:00 – 9:00 p.m.

1000 Islands Harbor Hotel  
Clayton

Live Music, Delicious Food,  
and Silent Auction

To Benefit:



Foundation

[thearcjslc.org](http://thearcjslc.org) | 315-836-1363

# Flyer Design

## JRC Foundation, Inc.

### Capital Campaign

Building a Brighter Tomorrow at 420 Gaffney Drive, Watertown

5,200 SQ. FT.  
Added → 45,000 SQ. FT.  
Renovated

1,000 People  
Benefit from Upgraded Rooms

100 Individuals  
Supported with Better Accessibility

48 Additional  
Families Supported

16 New  
Jobs

162 Children  
Enjoy Enhanced Play Space

3,500 SQ. FT.  
of New Space for Clinical Services

48 More  
Preschool Children Enrolled

Donate today to transform lives and build a stronger future for our community.

Get involved now by calling 315-836-1363 or visit [www.thejrc.org](http://www.thejrc.org).



Do you like to draw, paint or color? Well, here is your chance!

## Safety Poster Contest

Contest is open to all staff and participants

Design a poster on "SAFETY!"

**WIN PRIZES!**

Entries must:

- Be on unlined, white paper
- No bigger than 8.5 x 14"

Starts: November 14, 2016  
Ends: December 30, 2016

Submit your art work to:  
Tim Welpe  
St. Lawrence NYSARC (RLL)  
6 Commerce Lane  
315-379-9531



## St. Lawrence NYSARC Community Prevocational Services

Hannah Latham (315)379-1219  
Don LaBarge (315)764-0267

[www.slnysarc.org/community-prevocational-services](http://www.slnysarc.org/community-prevocational-services)

Some of Our Skills:

- labeling
- sorting
- cleaning
- food prep
- stocking
- organization
- customer service
- computer research

We are volunteers looking to further get involved with non-profit organizations and assist with tasks that can help the community. In turn, we assist individuals to develop employment readiness skills.

Hannah Latham (315)379-1219  
Don LaBarge (315)764-0267

ST. LAWRENCE NYSARC  
Community Players Presents:

**The World Through Our Eyes:  
A Tribute to World Cultures**

**Saturday, May 20, 2017  
7:00 PM**

**Proscenium Theater  
Performing Arts Center  
SUNY Potsdam**

Tickets:  
Adults: \$6.00  
Students & Seniors: \$4.00  
Children Under 5: \$2.00

Advance tickets available  
Through 5/17 \$4.00.  
Contact Kolby Weaver  
at (315) 386-3529  
or [kweaver@slnysarc.org](mailto:kweaver@slnysarc.org).

Celebrate the talents of people with disabilities!

Performance includes an Italian comedy, and Scottish, West African, Japanese, Chinese, Hawaiian, Spanish, and English dances.

# Flyer Design



ST. LAWRENCE  
NYSARC

Emergency Fund

## Basket Contest

Drawing

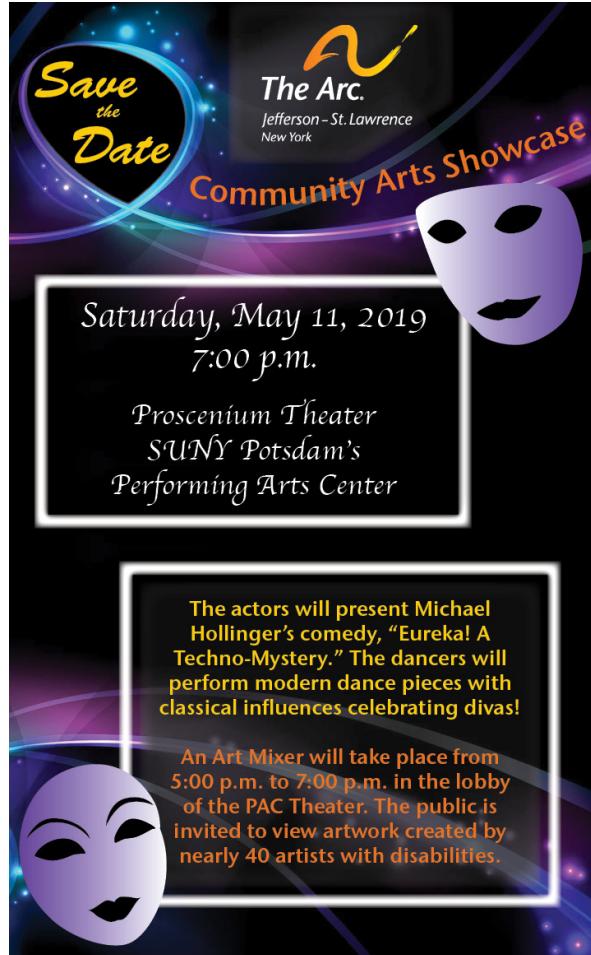
RLL Snack Bar  
12/19/17 @ 2:15pm

Good luck!

Tickets on sale now!

Tickets cost  
\$1 each  
or  
5 for \$3

Accounting — Nettie Whitford  
Auxiliary Services — Robyn Clintsman  
Bottles & Bows — Evelyn Williams  
Canton Day Hab — Lisa Morrow  
Career Ops — Sue Trombley  
Canton Children & Youth — Stacie Kohl  
Central Office / RLL — Tammy Stiles  
Community Center — Kolby Weaver  
Confidential Services — Betty Mullaney  
Crossroads — Erin Backus  
Massena Day Hab — Sandy Macioce  
Massena Work Center — Jesse Fregoe  
Norwood Day Hab — Beth Turner  
Ogdensburg Work Center — Karen Webster  
Potsdam Children & Youth — Lori Snyder  
Potsdam Day Hab — MaryAnn Tischler  
Residential Service Office — Heidi Stalker  
Transportation — Rena Ryan  
Transitions — Marlene Pickering



Save the Date

The Arc.  
Jefferson - St. Lawrence  
New York

### Community Arts Showcase

Saturday, May 11, 2019  
7:00 p.m.

Proscenium Theater  
SUNY Potsdam's  
Performing Arts Center

The actors will present Michael Hollinger's comedy, "Eureka! A Techno-Mystery." The dancers will perform modern dance pieces with classical influences celebrating divas!

An Art Mixer will take place from 5:00 p.m. to 7:00 p.m. in the lobby of the PAC Theater. The public is invited to view artwork created by nearly 40 artists with disabilities.



## MISSION

Provide lifelong opportunities that enhance the lives of people, so that they may achieve their hopes and aspirations.

## VISION

Be the premier provider of services for people with diverse needs through the continuum of life.

## VALUES

Person Centered  
We will provide unlimited opportunities and experiences to encourage individual growth and development in an environment that embraces choice, independence, and maximum potential.

Responsiveness  
We will adapt to new, different and changing needs of those that we serve by being flexible and receptive to change.

Involvement  
All persons will be involved in the community where they live, thereby enhancing their independence through work, belonging, and service to others.

Dignity  
All persons will be treated with dignity and their human rights will be respected in a nurturing, safe, and healthy environment.

Excellence  
We will continually challenge ourselves to improve both the quality of our organization and service delivery by pursuing excellence in standards, service, and technology.



Looking for a Wedding Venue?

Visit Dodge Pond!

[www.lodgeatdodgepond.org](http://www.lodgeatdodgepond.org) (315) 848-2336

- Covered, Screened Pavilion with Electricity
- Commercial Kitchen
- Lounge with Bar Available
- Suites and Cabins on Site
- Indoor Accomodations of Up to 26 and Outdoor Up to 60



Start Your Next Chapter at Dodge Pond!

# Brochure Design

**Services Includes:**

- Community Based Recreational Activities
- Building Friendships
- Nutrition and Wellness Education
- Habitat Fitness Programs
- Swimmin
- Membership in Organizations
- Opportunities for Volunteering
- Establishing Community Relationships and Partnerships
- Education on:
  - Self-Care Skills
  - Proper Hygiene
  - Daily Living Skills
  - Independent Living Skills
  - Personal Safety
  - Human Rights
  - Anger Management
  - Financial Health
  - Money Skills
  - Computer Skills
  - Exploring Career Options




St. Lawrence NYSARC envisions full inclusion and integration of people with intellectual and other developmental disabilities.

## Mission

St. Lawrence NYSARC exists as a non-profit membership association to provide services in the areas of day habilitation, residential and other developmental disabilities. Our mission is to offer individuals and their families an opportunity to achieve self-determined goals. All services strive to provide choices intended to meet the unique needs, residential and employment needs and interests. The Agency is committed to providing lifelong opportunities that enhance the individuality, inclusion, independence, and personal growth of individuals receiving services.

## For More Information:

95 Main St.  
Canton, NY 13617  
(315) 379-1219



**Day Habilitation Services**  
Clinical Support  
Direct Support  
Behavior Support  
[www.slnysarc.org](http://www.slnysarc.org)



## Join Us!

### Clinical Support

Asses individual capabilities to provide clinically based treatment plans. Medical supports include:

- Monitoring and Advocacy for Health Concerns
- Appropriate Medication Regime
- Sensory Motor Development
- Community Integration and Inclusion
- Behavioral Skill Development
- Promoting Self and Environmental Awareness

The following Clinical Services are offered during Day Habilitation Programs by licensed and credentialed clinicians:

- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Podiatry



### Day Habilitation

Offering a choice of settings and services for individuals with intellectual and developmental disabilities. Programs focus on increasing independent living skills and cognitive skills in structured and diverse environments.

- Sensory Motor Development
- Community Integration and Inclusion
- Social Skill Development
- Behavioral Skill Development
- Community Integration and Inclusion
- Promoting Self and Environmental Awareness

Training and assistance is provided by talented, interdisciplinary team of Direct Support Professionals, experienced in assisting individuals with complex medical and adaptive needs.

### Direct Support

Staff members have extensive background and training in:

- Emergency Medical Procedures
- First Aid and CPR
- Alternative Forms of Communication
- Mobility Techniques

### Behavior Support

Highly trained and qualified staff members supervise programs with a focus on promoting appropriate behavior through the process of Applied Behavioral Analysis. Participants in need of implementing a behavior program are thoroughly evaluated by licensed Behavior Analysts.



- Amenities\*:**
- Excellent Fishing
  - Adaptive Playground
  - Paddle Boat
  - Swings
  - Kayak
  - \*Some sports equipment is available for rent. Please inquire in advance.

### Accommodations for Individuals and Groups:

- Lodge
- Remote Tent Sites
- Rustic Cabins
- Private Suites
- Lean-tos

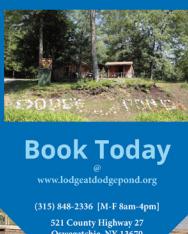


### The Lodge at Dodge Pond

Dodge Pond consists of 300 acres of natural beauty, including a 20-acre pond. Dodge Pond is fully accessible and specializes in providing recreational opportunities to individuals with disabilities and for retreats.

Dodge Pond offers people with and without disabilities and their families a chance to relax and enjoy the outdoors in a safe, comfortable setting.

Check in - 3:00 p.m. on Friday  
Check out - by 4:00 p.m. on Sunday  
A 25% non-refundable down payment and registration fee is required to hold a reservation.



### Book Today

[www.lodgeatdodgepond.org](http://www.lodgeatdodgepond.org)

(315) 848-2336 [M-F 8am-4pm]

521 County Highway 27  
Oswegatchie, NY 13670  
[www.slnysarc.org](http://www.slnysarc.org)



**The Lodge at St. Lawrence NYSARC Dodge Pond**  
Enjoy complete relaxation with boating, swimming, fishing, camping, snowshoeing and more in the beautiful Adirondack Park.

Book now @ [lodgeatdodgepond.org](http://lodgeatdodgepond.org)



### Lodging Options:

- 4 Separate 1-Bedroom Suites
- 2-Bedroom Suite with private lounge

### Lodging Include:

- Lodging, linens, meals, and all the amenities
- Group rates are available upon request
- Special food requests may be negotiated in advance
- Rooms sleep up to 6 people. Different accommodations can be arranged in advance
- Day rates available



## Activities within 60 Miles

### Leisure & Entertainment:

St. Lawrence Wine Trail, Singer Castle, Frederic Remington Art Museum, Edward Opera House, and Elementz Paint Ball

### Fishing:

Dodge Pond, Star Lake, Oswegatchie River, Black Lake, Cranberry Lake, Grassie River, Sucker Lake, and St. Lawrence River

### Hiking:

High Rock, Cat Mountain, Pigeon Swamp Trail, Curtis Pond, Mt. Morris, Mountain, Lamson Falls, Moosehead Mountain, Greenwood Creek, Harpers Falls, and Stone Valley Trail

### Cycling in the Adirondacks:

Troley Pond Loop, Lamson Falls Loop, Star Lake, Whipperwill Metric Century, and Tupper Lake

### Golf:

Clifton Fine Municipal Course, Tupper Lake Club, Gouverneur Country Club, Emerald Greens, St. Lawrence University Course, and Partridge Run

### Whitewater Canoeing and Kayaking:

Canton, Cranberry Lake, Grass River, Oswegatchie River, Cooper Falls, Stone Valley Trail, and Black Lake

### Snowmobiling:

Tug Hill, Higley-Flow State Park, Star Lake, Rt 27 in Clare, and Horseshoe Lake

**Office for People with Developmental Disabilities Eligibility**

To be eligible for services, one must have a life-limiting disability which occurred before the age of 22 and of which includes diagnoses such as intellectual disabilities and other neurological disabilities.

<https://opwdd.ny.gov/eligibility>



**Contact**  
Kaycee Ondrasek  
Home and Community Services Supervisor  
Email: [kaondrasek@thearcjslc.org](mailto:kaondrasek@thearcjslc.org)  
315-836-1220



**Fiscal Intermediary**  
**Brokerage Services**  
**The Arc**  
Jefferson - St. Lawrence  
New York  
[www.thearcjslc.org](http://www.thearcjslc.org)




### Self-Direction

Children and Adults who are eligible for OPWDD services and enrolled in the Home and Community Based Services Waiver may choose to self-direct their services.

Self-Direction assists people with intellectual or developmental disabilities and their families to choose and manage their own budgets and services:

- Offers people supported greater choice and control over the supports they receive
- Expands their options beyond traditional programs to include services:
  - Reimbursements for software, internet, or cell phones
  - Community classes or training
  - Gym memberships
  - Camps

Individuals in Self-Direction may choose:

- An agency to help them self-direct
- To manage their own budget and staff with help from a Fiscal Intermediary and Support Broker

### Fiscal Intermediary

- Providing a compliant hiring process with requisite background checks, training to staff, payroll and benefits (when applicable)
- Providing reimbursements based upon the individualized plan/budget

The Fiscal Intermediary is also responsible to collect and review all required paperwork and documentation to ensure compliance with Medicaid/OPWDD payments.

### Brokerage Services

Support Brokers assist people with developmental disabilities who choose to self-direct their OPWDD services with Budget Authority to develop a service plan and manage a Self-Direction budget.

Self-Direction provides individuals direct responsibility in managing their supports and services. People who participate in Self-Direction may self-hire and manage their own staff supports and decide on the supports and services they need and how the funding allowed for these supports and services is allocated.

# Brochure Design



Bridges provides site-based and community-based services that target skill development and allow age appropriate advancement based on each person's needs and individual goals.

Bridges enhances independent living and social skills using real-life situations. As young people grow towards adulthood, supports are geared towards enhanced self-reliance in both home and community settings.

**Fun & Learning**

## About Bridges

The mission of Bridges is to provide services and supports to children and youth with developmental disabilities starting at age three through the various stages of youth until transitioning into adulthood.

### Contact

315-386-3055  
[www.thearcjslc.org](http://www.thearcjslc.org)



## Supports for Children and Youth Age 3-21 or Until High School Graduation

### Services and Strategies to Address:

- Basic Math
- Daily Living
- Communication
- Community Involvement
- Fine Motor Skills
- Arts Activities
- Gross Motor Skills
- Physical Fitness
- Weekend Activities
- Volunteerism
- Recreation
- Safety
- Self-advocacy
- Social Skills
- Trips

### Weekday Clubs Available During School Year:

- Art Club
- Cooking Club
- Saturday Club
- Music Club
- Social Club



## Supports for Young Adults Age 21-35

### Services and Strategies to Address:

- Budgeting
- Cooking
- Communication
- Arts Activities
- Community Involvement
- Evening Programs
- Physical Fitness
- Technology
- Safety
- Self-advocacy
- Social Skills
- Trips
- Weekend Activities
- Volunteerism



### Applied Behavior Analysis:

Bridges offers Behavior Consultation with Licensed Board-Certified Behavior Analyst.

**Transportation:**  
Provided by the agency.

### Front Door:

The first step to get connected to Bridges is to contact your local Front Door Regional Office. The Front Door is the way OPWDD connects you to the services you want and need. You will be asked information and once determined if you are eligible you can begin the enrollment process. All participants must be Medicaid eligible and have gone through the OPWDD Front Door.

For more information:  
<https://opwdd.ny.gov/get-started/front-door>  
or 866-946-9733

## Working Together So Children Receive the Right Services

Central New York Health Home Network has partnered with hospitals, physicians, local government agencies and other community providers of the North Country region to improve the health of the community and the care available for the children in Jefferson, Lewis, and St. Lawrence Counties.



Through this Partnership the CNYHHD Can Help

Get the information and confidence to be an informed partner in making decisions to improve your child's health.

Understand the options available for care so you can choose wisely.

Provide resources and education to help a child get healthy and stay healthy.

### Contact Information

Michelle Wilder  
(315) 200-9656  
[mwildler@thearcjslc.org](mailto:mwildler@thearcjslc.org)

OR  
Keith Bush  
(315) 414-6413  
[kjbush@thearcjslc.org](mailto:kjbush@thearcjslc.org)

Children's Health Home  
Care Managers  
P O Box 414/20 Gaffney Drive  
Watertown, NY 13601



in partnership with  
**CNYHHN, Inc.**  
Where Care Comes Together  
[www.thearcjslc.org](http://www.thearcjslc.org)



## Who Can Receive Services?

To meet eligibility, the child must have two or more chronic conditions, such as but not limited to:

- Alcohol or substance abuse
- Medical condition
- Cardiovascular disease (ex: Diabetes)
- Respiratory disease (ex: Asthma)
- Eating disorders
- Cystic fibrosis

The following chronic conditions apply:

- HIV/AIDS
- Complex trauma
- SED (severe emotional disturbance)

For a complete list of conditions, visit <http://www.health.ny.gov>

If your child meets the eligibility criteria and is in need of care management services, they can be enrolled into the Health Home Program.



### What is a Health Home?

A "Health Home" is not a place. It is a group of health and service providers working together to make sure that the child gets the care and services they need to stay healthy – at the right time in the right amounts.

### What is the Health Home Goal?

The goal of the Health Home is to make sure children with Medicaid who have complex physical and/or behavioral health conditions get access to the care and services they need in order to be healthy.

The Health Home partners with other children's service agencies that provide Care Management to enrolled children.

A dedicated Care Manager is assigned to the child and is responsible for coordinating all of their health services.

The Care Manager can help the child and family understand their chronic condition, manage their symptoms and ensure all treatment partners remain involved with the child's care.

## Benefits of Home Health Care

It's not surprising if you may feel overwhelmed or confused.

It is very difficult to navigate through the many types of services that may be available to your child.

Until now, you may have had extreme difficulty getting access to the services your child needs or you may have had a hard time getting appointments.

You may not know what to expect from services providers and may be hesitant to ask the questions you need to in order to better understand your child's condition.

If you've faced a crisis with your child or child's condition and have not had someone to call for assistance, you now have someone who is able to connect you to the proper services.

### Health Home Care Management can Help!



## About Public Transit

St. Lawrence NYSARC officially operates the public transportation for St. Lawrence County. Our buses are fully accessible and anyone can ride.

Contact Info:  
(315)386-2600  
[info@slcnypublictransit.com](mailto:info@slcnypublictransit.com)

Cancellations due to severe weather will be announced on local television and radio stations.



Ride passes available at 6 Commerce Lane, Canton, NY

## Catch a Ride with St. Lawrence County Public Transit!

- Visit Friends
- Shopping
- Restaurants
- Farmer's Markets
- Health Services
- Entertainment
- Universities
- Ride to Work
- Movies
- Fishing
- Hiking

### For More Information:

(315)386-2600  
[info@slcnypublictransit.com](mailto:info@slcnypublictransit.com)  
[@SLCPublicTransit](http://facebook.com/SLCPublicTransit)  
[www.slcnypublictransit.com](http://www.slcnypublictransit.com)

## Ogdensburg Intra-city Shuttle Schedule



## Ogdensburg Intra-city Shuttle Schedule

Monday - Friday

Destination	Address	AM (Depart)	PM (Depart)
Riveredge	8105 NY #88	7:01 8:12 9:27 10:40	12:30 1:45 2:51 4:01 5:51
Claxton Hepburn Hospital	214 King St.	7:07 8:16 9:31 10:46	12:34 1:49 2:54 4:08 5:55
Centennial Terrace	202 Washington St.	7:13 8:22 9:37 10:56	12:40 1:55 3:00 4:14 6:01
Community Health Center	102 Ford St.	7:17 8:25 9:40 10:59	12:43 1:58 3:03 4:17 6:04
Center for Sight	420 Ford St.	7:19 8:27 9:42 11:01	12:45 2:00 3:05 4:19 6:06
Parkview Rite	1111 Jay St.	7:24 8:32 9:47 11:06	12:50 2:05 3:11 4:24 6:11
Belmont Courts	1101 Jay St.	7:26 8:34 9:49 11:08	12:52 2:07 3:12 4:26 6:13
Lincoln School	1515 Knox St.	7:29 8:36 9:51 11:10	12:54 2:09 3:11 4:28 6:15
St. Peter's Square	1320 Green St.	7:31 8:39 9:59 11:13	12:57 2:12 3:17 4:31 6:18
Veterans Admin. Bldg.	Commerce Park Dr.	7:39 8:47 10:06 11:21	1:05 2:20 3:25 4:39 6:26
Claxton Hepburn/ Wound Center	100 Horwood Place Ford St. Ext.	7:44 8:52 10:11 11:26	1:10 2:25 3:35 4:45 6:31
Price Chopper	981 Ford St. Ext.	7:47 8:58 10:17 12:00	1:16 2:31 3:38 5:20 6:34
Walmart	3000 Ford St. Ext.	7:51 9:02 10:21	12:04 1:20 2:35 3:40 5:26 6:37
Aldi's	1101 Park St.	7:53 9:08 10:27	12:10 1:26 2:39 3:45 5:32
Dollar General	7669 SH 68	7:56 9:11 10:30	12:13 1:29 2:42 3:49 5:35
Save A Lot	701 Canton St.	8:02 9:17 10:36	12:19 1:35 2:46 3:51 5:41
Rite Aid Ogdensburg	908 State St.	8:04 9:19 10:38	12:22 1:37 2:48 3:56 5:43

- Buses are wheelchair accessible
- Drivers do not have change
- Please have exact fair or a ride pass

## Direct Connection to Canton from Ogdensburg

Monday - Friday

Canton*	Ogdensburg**	Canton*
5:13	5:57	6:32
6:30	6:55	
6:30	7:47	
	8:08	8:42
	10:48	11:18
PM (Depart)		
12:19	1:00	1:53
1:21	1:50	
2:43	3:25	
4:30	5:00	5:40
	6:28	6:58

\*Canton: Dept. of Social Services  
6 Judson Street

\*\*Ogdensburg: Price Chopper  
981 Ford Street Ext.

Schedule updated on 11/1/18

# Logo Design

The Autism Awareness Walk is an annual fundraising event. Each year's theme is different, and I need to create a logo that reflects that theme. It changes to Autism Acceptance Walk from 2023.

General



Circus Theme



Disney Theme



Book Theme



Circus Theme



The Lord of the Rings Theme



# Logo Design



A Service of The Arc Jefferson - St. Lawrence



# Card Design

