



# Standland for iPhone

## Standland motivates you to stand up more.

You know the risks of sitting too long, but you sometimes forget about it. In Standland, adorable creatures encourage you to stand up more! If you stand, they stand. If you don't, they fall asleep. You can collect new creatures by achieving goals.

### HIGHLIGHTS:

- Moving around more than a minute per hour counts as 1 stand.
- 10 adorable companions encourage you to stand up more.
- 9 achievements to get your companions.
- 4 beautiful 3D worlds.
- 10 day stats and weekly/monthly reports to see your progress in details.
- Reading activity data from Apple's Health app (HealthKit) for counting stands. (Stand Hours for Apple Watch users, Steps for others.)

### DETAILS:

**App Name:** Standland

**Price:** Free

**Launch Date:** Tuesday, February 23, 2016

**Compatibility:** Requires iOS 9.0 or later. iPhone 5s or later.

**Category:** Health & Fitness

**iOS App Store:** <https://itunes.apple.com/us/app/standland/id1033409631?ls=1&mt=8>

**Website:** <http://flaskapp.com/standland/>

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Flask is an indie app development company. We are a small team of two, working in Tokyo, Japan. We are focusing on making iOS apps, mainly Health & Fitness category. We are known for [FitPort](#) app, the first HealthKit compatible app, featured in many publications around the world.