



A Guide To Membakut



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Membakut is a town about 80 KM away from Kota Kinabalu city and near to Beaufort. Membakut, a place explored in 1898, got its name from 'BAKUT,' signifying 'city,' and 'MEM,' making it mean 'to build a city.' Originally a village inhabited by the Brunei ethnic group, it was located near a river, about 5km from the sea. Currently known as Kg. Brunei, Membakut became the town's name, replacing its previous name 'BUA.'

The people in this small region constantly work to enhance their productivity in various fields, including agriculture, livestock farming, fishing, and transportation. They primarily cultivate rice twice a year, alongside group cultivation of cocoa, sago, oil palm, and rubber. The population of Membakut comprises Brunei Malay, Kadazandusun, Orang Sungai, Javanese, Bisaya, and Chinese communities, as recorded in the last census.

MEMBAKUT MAP



PIMPING BEACH

Pimping Beach is the perfect place to enjoy the beautiful ocean view while spending time with your family or friends. You are able to enjoy various activities at this beach including sea bathing, kayaking, jogging, taking a stroll along the beach, building sandcastles, and many more! While you are there, you might also get to experience a tram ride along the sandy beach while enjoying the sunset. At night, camping by the beach is also one of the activities that are organised there.

Address: 89709 Membakut, Sabah



AIR TERJUN INATUL BANGANGAN

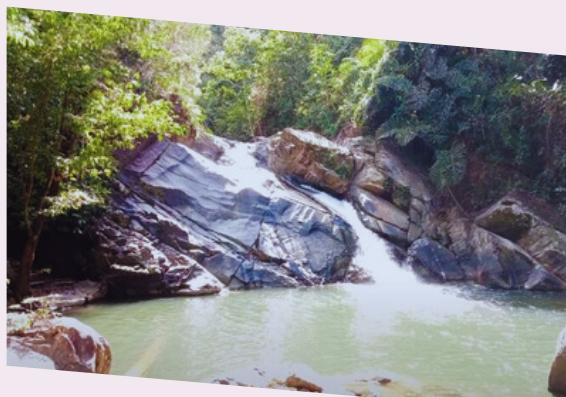
Air Terjun Inatul Bangangan is a waterfall and it is a perfect place to go when you want to relax with nature. You are able to have a picnic with your family and friends. Take full advantage of the beauty of Air Terjun Inatul Bangangan's natural setting while you are there.

Address: 89720 Membakut, Sabah

AIR TERJUN KG BAMBANGAN

Have a productive weekend with your loved ones at the Air Terjun Kg Bambangan while unwinding in the midst of the wonders of nature. Bring your friends and family along for the excursion; a beautiful waterfall is open to visitors of all ages.

Address: KAMPUNG BAMBANGAN, 89720 Membakut, Sabah





BINSULOK RIVER CRUISE

Embark on an unforgettable river cruise through nature's realm at Binsulok River Mangrove Forest with Binsulok River Cruise. However, let nature surprise you, as this is not a zoo, and some days may offer a quieter turnout. But fear not, for the mangrove forest promises a breathtaking journey filled with wonders.

Address: Unnamed Rd, 89709 Membakut, Sabah

Contact: +6017-897 5300

Operating Hours: 4.30 pm - 7.30 pm
(Monday-Sunday)



TUAI PARADISE

At Tuai Paradise, you are able to experience various exciting activities such as cruise down the river, rubber tapping, batik painting and many more. Witness the wonders of the surrounding flora and fauna as you go on a river cruise. Apart from that, immerse yourself in the breathtaking beauty of Kg Brunei Beach during the golden hour and don't forget to take Instagrammable pictures!

Address: Jalan Skim Kg. Brunei, Membakut

Contact: +6018-969 1321

Website:

<https://facebook.com/Tuaiparadise/>



BINSULOK RIVER CAFE

Binsulok River Cafe is a cafe that offers a beautiful view of the river. They serve various dishes at a reasonable price. Don't forget to visit this cafe to enjoy tasty dishes while being surrounded by lush greenery and the breathtaking riverview.

Address: Jln Bandau Kuala Penyu,kampung Binsulok 89720

Membakut Sabah , Membakut

Contact: +6019-587 4848

Website:

<https://www.facebook.com/BinsulokRiverViewMatabawanRiverPulauTiga/>

Operating Hours: 12.00 pm - 9.00 pm
(Monday-Sunday)



CAFE NELAYAN BINSULOK

Cafe Nelayan Binsulok is a beautiful open-air cafe that serves various dishes. Since this cafe is situated nearby the Binsulok river, it is surrounded by lush greenery. Hence, you are able to enjoy your meal while being surrounded by the beauty of nature.

Address: Jln Bandau Kuala Penyu, 89709 Membakut, Sabah

Contact: +6012-867 9987

Operating Hours: 9.30 am - 9.00 pm
(Monday-Sunday)



BINSULOK FIREFLY VILLAGE

Binsulok Firefly Village is a Chinese restaurant that is situated amidst the lush greenery. While you are enjoying your hearty meal, you might get a chance to witness countless fireflies during the night. Apart from that, you are able to watch monkeys in their natural habitat from the restaurant as well.

Address: Unnamed Road 89709, Membakut, Sabah

Contact: +6017-897 5300

Operating Hours: 4.00 pm - 7.45 pm
(Monday-Sunday)





RESTAURANT LAI LAI CHICKEN RICE

Restaurant Lai Lai Chicken Rice is a non-halal restaurant that serves tasty chicken rice as well as other dishes. The ambiance of the restaurant is very cosy and definitely family-friendly. It is highly recommended for you to try out this restaurant if you are in Membakut and you are craving for some chicken rice.

Address: Membakut Jaya, 89727 Membakut, Sabah

Website:

<https://www.facebook.com/lailachickenrice/>

Operating Hours: 7.00 am - 4.00 pm (Tuesday-Sunday) / Closed on Monday



FAMILY CAFE

Stop by this Family Cafe for some delicious breakfast at Membakut. Family Cafe is open for breakfast and lunch. They serve a wide variety of tasty dishes and are reasonably priced as well. Don't forget to visit when you are in Membakut.

Address: 89709 Membakut, Sabah

Operating Hours: 7.00 am - 3.00 pm (Monday-Sunday)

KEDAI KOPI BON BON

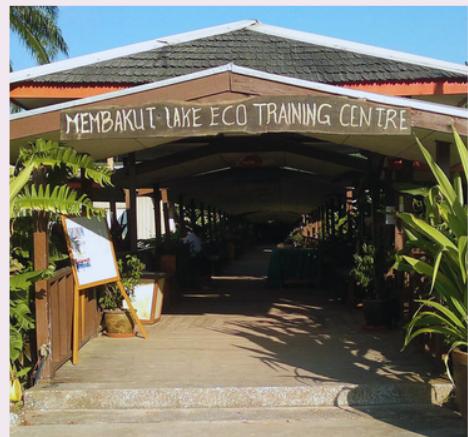
Kedai Kopi Bon Bon is a serve-no-pork restaurant that offers various dishes. Indulge in home-style cooking and relish healthy choices on their tantalising menu. A culinary gem in Membakut you simply can't miss!

Address: Jln Pekan Membakut, 89709 Membakut, Sabah

Contact: +6016-866 6619

Operating Hours: 7.00 am - 4.30 am (Monday-Saturday) / 6.30 am - 1.00 am (Sunday)

ACCOMMODATION



TURTLE GARDEN RESORT

Address: [89709 Membakut, Sabah](#)

Contact: +6019-587 4848

Website:

<https://www.facebook.com/turtlegardenresort/>

MEMBAKUT ECO LAKE RESORT

Address: [89709 Bongawan, Sabah](#)

Contact: +6087-227 227

Website:

<https://www.facebook.com/people/Membakut-Lake-Eco-Resort/100060822289084>

FIREFLY VILLAGE RESORT

Address: [89709 Membakut, Sabah](#)

Contact: +6012-832 2998



TERATAK AZA

Address: Jln Bandau Kuala Penyu,
Kampung Likat, 89709 Membakut,
Sabah

Contact: +6013-881 0027

Website:

<https://www.facebook.com/TeratakAzaKgBinsulokMembakut/>



BAF GARUDAH RESORT

Address: Jln Bandau Kuala Penyu,
89709 Bongawan, Sabah

Contact: +6088-765 626

Operating Hours: 8.00 am - 11.00 pm
(Monday-Friday) / Closed on Saturday & Sunday



KUMPAT RIVER CAMPSITE

Address: 89709 Bongawan, Sabah

Contact: +6014-354 6990

Website:

<https://www.facebook.com/kumpatrivercampsiteinmembakutsabah/>



SULAP PUNAGA BINSULOK

Address: 89709 Membakut, Sabah

Contact: +60 19-897 2681





PESTA KAAMATAN

Kaamatan is a month-long harvest festival celebrated in Sabah by the KadazanDusun ethnic group and related communities. It honours the rice spirit, Bambaazon, and expresses gratitude to the Kinoingan (God) for a bountiful harvest. The festival culminates on the 30th and 31st of May. The bobohizan, Kadazan priestesses, play a significant role in determining the festival date and officiating the Tadau Kaamatan. Other events during Kaamatan include Unduk Ngadau, a beauty pageant, Sugandoi, a singing competition, and Mr. Kaamatan, a male cultural pageant. The festival is eagerly anticipated by all in Sabah and celebrated with great enthusiasm, transcending ethnic and religious boundaries.



Membakut's local market, known as Tamu, is a must-visit destination for locals to sell and buy goods and products. These open-air markets, part of Sabah's heritage, offer a wide variety of foods, including fresh vegetables and dried seafood. Visitors can also purchase authentic products and exotic food ingredients, as well as traditional snacks and dishes. They also provide opportunities to mingle with locals, explore their culture, and meet various tribes, farmers, fishers, hunters, craftsmen, and artisans. Visitors can also admire their traditional arts and crafts, and even buy souvenirs to take home.

PASAR TAMU TANI MEMBAKUT

Address: 89709 Bongawan, Sabah

Operating Hours: 6.00 am - 2.00 pm
(Every Wednesday)



PASAR TAMU MINGGUAN MEMBAKUT

Address: Jln Pekan Membakut, 89709 Bongawan, Sabah

Operating Hours: 7.30 am - 12.00 pm
(Wednesday & Sunday)

Healthcare

MEMBAKUT HEALTH CLINIC

Address: D/A25 Pejabat Kesihatan Kawasan Beaufort, Peti Surat No. 101 Beaufort
Contact: +6087-887 541
Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

KLINIK DR. PURNAMA

Address: Lot 25 Ground Floor Block D, Sabah, 89728 Membakut Jaya
Contact: +6087-889 529)

Banks

BSN MEMBAKUT

Address: Lot 42, Membakut Jaya , Membakut, 89727, Sabah, 89709
Operating Hours: 6.00 am - 11.45 pm (Monday-Sunday)

KLINIK KOMUNITI PIMPING

Address: Lot 10, Bangunan Sedco, Kampung Pimping, 89728 Membakut, 89728, Beaufort, Sabah
Contact: +6087-211473





FROM KOTA KINABALU

The road distance from Kota Kinabalu to Membakut is approximately 95 kilometres by road. Due to no airports in Membakut, Kota Kinabalu serves as the closest airport to reach Membakut. Consequently, there exist several transportation options to travel from Kota Kinabalu to Membakut. Here are four potential ways to reach Membakut from Kota Kinabalu.

BUS (MINI BUS)

Use Jalan Sapi Nangoh/Jalan Ranau - Sandakan and Jalan Sandakan-Lahad Datu which will take about 1 hour and 30 minutes. The whole ride offers scenic views. There are car rentals available in Sandakan for you to rent and head to Kinabatangan as well.

CAR



Use Jalan Papar - Beaufort which will take about 2 hours. The whole ride offers scenic views. You are able to rent a car in Kota Kinabalu for you to head to Membakut as well. Besides that, there are car rentals available in Membakut as well.

TRAIN



Take the Sabah State Railway train from Sembulan Station in Kota Kinabalu for 1 hour and 40 minutes to Membakut Station. The train trip that leaves from KK is only once daily and the price per trip is around RM8 per person.

TAXI

The fastest way and hassle free ride to reach Membakut is by using a taxi. However, it can be more expensive. On top of that, most taxi drivers are knowledgeable about Sabah, hence you could ask them anything.

Sabahan Slang & Kadazan Language

GREETINGS

Good Morning	Selamat Pagi
Good Afternoon	Selamat Tengah Hari
Good Evening	Selamat Petang
Good Night	Selamat Malam
Thank You	Terima Kasih
You're Welcome	Sama-Sama
It's Okay / No Worries	Tiapa

EXPRESSIONS

Maybe	IMengkali
Can	Boleh
Cannot	Endak Boleh
Excuse Me	Tumpang lalu
Expression of disbelief	Astaga
Oh my goodness	Atokoi

QUESTIONS

Who	Siapa
What	Apa
Where	Di mana
Why	Kenapa
How	Macam Mana?
What's your name?	Siapa Nama Mu?
How are you?	Apa Khabar?
How do I get to...?	Macam Mana Mau Pigi....?

KADAZAN LANGUAGE

Good morning	Kopisanangan
Good afternoon	doungosuabon
Good evening	Kopisanangan dangadau
Good night	Kopisanangan sosodopon
How are you?	Kopisanangan
Nice to meet you	doungotoung
What is your name?	Ingguro ko no?
My name is...	Tabi' pointutunan
Where are you from?	Isai ngaran/ngaan nu?
I'm from...	Ngaranku/ngaanku no
Thank you	noga i...
Goodbye	Hinongo tadow nu?
	Tadow ku no po nga mantad
	id...
	Kotohuadan
	Tumoodo no



MEMBAKUT

MEMBAKUT TOURIST INFORMATION

Persatuan Pelancongan Daerah
Membakut(PEDAT),
Lot 1, Tingkat 1, Bangunan Wisma SQS,
Peti Surat 161,
89728 MEMBAKUT, SABAH



+6013-8567501 / +6013-8855500 /
+60109375103



s61m67@yahoo.com

*A Guide To Membakut was developed by the Membakut Tourism Association. All information and photos in this brochure are relevant at time of publishing.
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