

THIS BOOK BELONGS TO

NAME _____

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ADDRESS _____

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HOW TO CREATE STRONG PASSWORD

Password strength is directly related to how much computing power is required to crack the password. Security experts recommend that users create long, complex passwords to exponentially increase the time it takes to crack. Here are some concrete steps you can take to improve the security of your passwords:

- **The longer the password, the better**

Experts recommend creating passwords that contain a minimum of 8 characters. If your password protects something sensitive, like access to your bank account, then use a minimum of 12 characters.

- **Use everything available on your keyboard**

Numbers, upper and lower case letters, and symbols all help to exponentially increase the strength of your password.

- **Throw away dictionary words**

You should never use common words or names within passwords. This rule can be extended one step further for those passwords protecting highly sensitive data to include compounds of multiple words. “IloveLabraDorReTrievers” is not a secure password if the information it’s protecting is of high import.

- **Avoid commonly used password patterns**

A 2013 study by DARPA, the Defense Department’s research agency, found that about half of all passwords used at a Fortune 100 company followed five common patterns, 3 of which are listed below:

1. *One uppercase, five lowercase and three digits*
(Example: Komand123)
2. *One uppercase, six lowercase and two digits*
(Example: Komando12)
3. *One uppercase, three lowercase and five digits*
(Example: Koma12345)

- **Be careful where you store your passwords**

Do not store your passwords in spreadsheets or upload it to the cloud unless it's within an encrypted file. Data shows that the average company has 143 files on Microsoft's OneDrive that contain the word "password" in the file name. If you're going to store your password somewhere, use a reputable and secure way to store it, like this book.

- **Two-factor authentication is your friend**

This adds an additional layer of protection against hackers logging in with a stolen password. With two-factor authentication, the user must have her cell phone in order to verify her identity in addition to the username and password.

TOP 20 PASSWORD NOT TO USE

- | | |
|--------------|----------------|
| 1. 123456 | 11.1q2w3e |
| 2. 123456789 | 12.1234567890 |
| 3. Qwerty | 13.DEFAULT |
| 4. Password | 14.0 |
| 5. 12345 | 15.Abc123 |
| 6. 12345678 | 16.654321 |
| 7. 111111 | 17.Qwertyyuiop |
| 8. 1234567 | 18.Iloveyou |
| 9. 123123 | 19.666666 |
| 10.Qwerty123 | |

In this book we included a simple way to encrypt your password, so even if you leave this book at reach of people they will never be able to understand your password and so login with your accounts. Example: your password is "hello123" then you will write "svool876". Find this pages at the end of the book as well as a QR code for a usefull password generator to help you generate strong uncrackable passwords.

NOTES

Use this page to write page number of your saved password to quickly find your login

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Website	Username	Password



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Website	Username	Password



Website	Username	Password



Website	Username	Password



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Website	Username	Password



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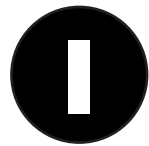
Website	Username	Password



Website	Username	Password



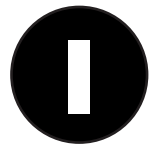
Website	Username	Password



Website	Username	Password



Website	Username	Password



Website	Username	Password



Website	Username	Password



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Website	Username	Password



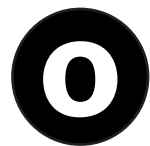
Website	Username	Password



Website	Username	Password



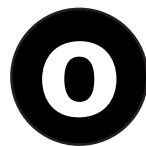
Website	Username	Password



Website	Username	Password



Website	Username	Password



Website	Username	Password



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Website	Username	Password

PASSWORD GENERATOR TOOL



Scan the code then just select the password length and what kind of characters you would like it to be composed then click generate password.

Cut this page along the dashed line and keep it safe, out of anyone sight, and never close to this book, it is the key to decrypt you passwords.

a → z

b → y

c → x

d → w

e → v

f → u

g → t

h → s

j → r

k → q

i → p

l → o

m → n

n → m

o → l

p → i

q → k

r → j

s → h

t → g

u → f

v → e

w → d

x → c

y → b

z → a

0 → 9

1 → 8

2 → 7

3 → 6

4 → 5

5 → 4

6 → 3

7 → 2

8 → 1

9 → 0

a → z

b → y

c → x

d → w

e → v

f → u

g → t

h → s

j → r

k → q

i → p

l → o

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u → f

v → e

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x → c

y → b

z → a

0 → 9

1 → 8

2 → 7

3 → 6

4 → 5

5 → 4

6 → 3

7 → 2

8 → 1

9 → 0

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a	→	z
b	→	y
c	→	x
d	→	w
e	→	v
f	→	u
g	→	t
h	→	s
j	→	r
k	→	q
i	→	p
l	→	o
m	→	n
n	→	m
o	→	l
p	→	i
q	→	k
r	→	j
s	→	h
t	→	g
u	→	f
v	→	e
w	→	d
x	→	c
y	→	b
z	→	a

0	→	9
1	→	8
2	→	7
3	→	6
4	→	5
5	→	4
6	→	3
7	→	2
8	→	1
9	→	0

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h	→	s
j	→	r
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i	→	p
l	→	o
m	→	n
n	→	m
o	→	l
p	→	i
q	→	k
r	→	j
s	→	h
t	→	g
u	→	f
v	→	e
w	→	d
x	→	c
y	→	b
z	→	a

0	→	9
1	→	8
2	→	7
3	→	6
4	→	5
5	→	4
6	→	3
7	→	2
8	→	1
9	→	0