



**BRENT OZAR**  
UNLIMITED®

## Lab 6: Emergency Triage

Restore your StackOverflow database to get ready.

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## Setting up for the lab

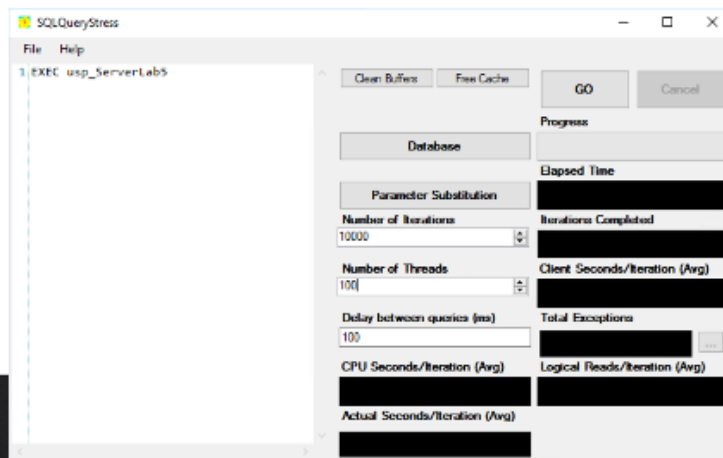
1. Restart the SQL Server service (clears stats)
2. Restore your StackOverflow database
3. Copy & run the setup script:  
[BrentOzar.com/go/serverlab6](https://BrentOzar.com/go/serverlab6)
4. If you saved your Lab 5 changes, apply those
5. Start SQLQueryStress:
  1. File Explorer, D:\Labs, run SQLQueryStress.exe
  2. Click File, Open, D:\Labs\ServerLab5.json
  3. Click Go



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# SQLQueryStress settings

Same as ServerLab5 – not a typo.



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## Things used to be fine.

Same queries & workload, but...something's wrong!

Everybody's a sysadmin, and no one's fessing up.



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## How I'd budget this hour

**30 minutes: server review.** Run `sp_BlitzFirst` to check your wait stats, and look at what queries or indexes are causing those waits.

Sure, lots of things are bad – but are there just 1-2 changes you can make to speed lots of things up?

(Like maybe to undo something that someone did – think about being in an office where someone has access to a server, and they're doing things they don't entirely understand.)

Talk to your manager in Slack: explain what you wanna change, and why.

(Then do it, and you may need to repeat the process.)



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## **I'll stay on Slack for the hour.**

You can start working on the lab now.

I'll monitor Slack for questions.

Want to watch me do it? Go watch  
the Instant Replay videos now.

Your VMs will stay on for 3 hours.  
(Need longer? Email [help@brentozar.com](mailto:help@brentozar.com).)



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## Revisiting your training

You've got access to a recorded version of this course, streamed online, for 1 year from the date of your class ticket purchase.

Go to [BrentOzar.com](https://BrentOzar.com), Training.

Can't see it? Email [Help@BrentOzar.com](mailto:Help@BrentOzar.com) with your email address and your receipt.



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## You can do this.

For questions, leave comments on the relevant module.

For private help, email [Help@BrentOzar.com](mailto:Help@BrentOzar.com):

- A note that you were in this class
- `sp_Blitz @CheckServerInfo = 1`
- `sp_BlitzFirst @SinceStartup= 1`



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**Thanks, and I hope you  
had a great time!**



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