

FOOD MENU



The East
Horizon Resort



Breakfast **FOOD MENU**

FULL BREAKFAST - 1500/-

- 2 Fried Eggs
- 2 Sausages
- Baked Beans
- Sautéed Vegetables
- Toasted Bread
- Cereals



BREAKFAST OPTIONS

Scrambled Eggs	1200/-
Creamy scrambled eggs, 2 Sausages, Bacon Sautéed Veg, Baked Beans, Toast	
Omelettes	1000/-
Choice of omlette, 2 Sausages, Bacon Sautéed Veg, Baked Beans, Toast	
Orange Zest Pancakes	500/-
Orange zest pancakes served with orange marmalade	
Fruit Salad	600/-
In-season fruits served with honey and plain or flavored yogurt	



BEVERAGES

Mixed Tea	200/-
Black Tea	200/-
Coffee	300/-
Dawa	400/-
Fresh Juices	400/-
Sodas	150/-
Mineral Water	100/-

ADD ONS

Bacon	150/-
Eggs	200/-
Sausages	200/-
Pancakes	150/-
Baked Beans	150/-



Alacarte STARTERS

SOUPS

Corn Chowder	650/-
Sautéed with Bell Peppers, corn Cayenne, and potatoes	
Coastal Pumpkin Soup	600/-
Sautéed with onions, leeks, celery, finished with cream	
Cream of Mushroom	600/-
Mushrooms sautéed with onions and garlic	
Clear Chicken Broth	600/-
Searved with poached chicken, julienne of vegetables, coriander	
Add on: Handmade Noodles	100/-
Clear Bone Broth	500/-
Served with boiled beef chunks, coriander	



SALADS

Greek Salad	800/-
Feta cheese, onions, bell peppers, cucumber, cherry tomatoes, olives & balsamic vinaigrette	
Waldorf Salad	700/-
Assorted apples, walnuts, grapes, celery, mango, yogurt dressing	
Caesar Salad	750/-
Lettuce, Boiled egg, croutons, bacon, yogurt dressing, parmesan cheese	
Garden Salad	600/-
Assorted lettuce, bell peppers, cherry tomatoes, avocado, mustard dressing	



KIDS CORNER

FISH FINGERS.....700

SERVED WITH TARTARE SAUCE, FRENCH FRIES



CHICKEN NUGGETS700

SERVED WITH TARTARE SAUCE, FRENCH FRIES

CHICKEN MARYLAND.....900

SERVED WITH CREAM REDUCTION, POTATO WEDGES,
COLESLAW



SPAGHETTI BOLOGNESE.....900

PASTA COOKED WITH MINCED MEAT IN A RICH TOMATO
SAUCE



PASTA IN PINK SAUCE.....700

PASTA COOKED IN A RICH TOMATO CREAM SAUCE

ADD ON: CHICKEN.....150



SNACKS

BARBEQUE CHICKEN WINGS....900

SERVED WITH SALSA, FRENCH FRIES



BEEF SLIDERS900

SERVED WITH FRENCH FRIES, GARDEN SALAD

BEEF SAMOSAS.....600

SERVED WITH TAMARIND SAUCE



SPRING ROLLS.....600

SERVED IN BARBEQUE SAUCE



FISH FINGERS.....700

SERVED WITH TARTARE SAUCE, FRENCH FRIES



GRILLED CHICKEN SKEWERS.....

SERVED WITH FRENCH FRIES OR WEDGES, SALSA



Main Course

FOOD MENU

FISH SECTION

Tomato and Coconut Fish 1200/-

Served with Guacamole, Naan

Grilled Tilapia Fillet 1200/-

Served with Poached Vegetables, potato wedges, tomato sauce

Whole Tilapia 1000/-

Cooked in rich tomato sauce, served with managu, white/brown ugali



CHICKEN SECTION

Chicken Tikka Masala 1200/-

Served with garlic butter rice, mango salsa

Chicken Diane:EAST HORIZON'S FINEST 1500/-

Served with Lyonnaise potatoes, garden salad

Herb and Lemon Marinated Chicken 1200/-

Served with pomme puree and Provençal vegetables

Chicken Maryland 900/-

Served with french fries/wedges and coleslaw



RED MEAT SECTION

Slow cooked Beef Stew 800/-

Served with coconut rice and tumeric cabbage

Grilled Lamb chops 1500/-

Served with Kenyan Greens, ugali, kachumbari

Grilled T-Bone Steak 1800/-

Served with sauteed kenyan greens, fries/pomme puree

Pepper Steaks 1000/-

Served with mukimo and sauteed Kenyan Vegetables



Main Course

FOOD MENU

PASTA SECTION

Spaghetti Bolognese 900/-

Pasta cooked with minced meat in a rich tomato sauce

Pasta Arabiata 700/-

Pasta cooked in a rich tomato sauce with chilli

Pasta Alfredo 700/-

Pasta cooked in a rich creamy sauce

Add On: chicken, vegetable 100/-

Classic Lasagna 1200/-

Pasta baked in layers of cream sauce and minced meat

Pasta Primavera 700/-

Pasta Cooked with vegetables in a rich tomato or cream sauce



SPECIALS

Platter for one: 2000/- per person

3 chicken wings, 3 choma sausages, fries/wedges, kachumbari, 3 samosas, 3 beef steaks/lamb chops, 3 beef ribs



Beef Pilau 500/-

Chicken Pilau 700/-

Beef Biryani 600/-

Mutton Biryani 800/-

Swahili lentil stew 500/-

Kienyeji chicken stew 1000/-



Main Course

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PIZZA CORNER

Hawaiian Pizza 1100/-

Ham, Cheese, and pineapple chunks, tomato, mozzarella

Margherita Pizza 800/-

Mozarella, tomato, basil

BBQ Chicken Pizza 1200/-

BBQ sauce, chicken chunks, bell peppers, onions, mozzarella

Chicken and Mushroom Pizza 1400/-

Tomato, mozzarella, grilled chicken, sauteed mushrooms

Veggie Pizza 1000/-

Onions, Bell peppers, mushrooms, chillies, mozzarella

Bolognese Pizza 1200/-

Minced meat, Tomato sauce, Mozzarella

Pepperoni Pizza 1200/-

Pepperoni, mozzarella, tomato sauce

Meat Lovers Pizza 1400/-

Extra meat on pizza, tomato, mozzarella



DESSERTS

Tropical Fruit Salad 500/-

Red Velvet Cake 450/-

Chocolate cake 500/-

Banana split with vanilla ice cream 600/-

Chocolate fudge 500/-

Chocolate Mousse 600/-

Ice Cream [150 per scoop] 450/-

