# Vocabulary and Idioms (Expressions)

# Objects:

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Jantes = rims (rim = borda)
Crane = grua, guindaste
Shovel = pá / escavar
Rake = ancinho
Spatula = espátula de cozinha
Trowel (trauel) = espátula de terra
Chariot (tb carro/carroça) / carriage = carruagem
Caixao funerario = coffin , casket
Tomb (tumb) = tumulo
Grave / sépulture = sepultura
Tether = rope , string , c(,h) ord (corda)
Cord, strand, lace, string = cordão
Wire / thread / yarn = fio
(Tin) Can = lata de conserva
Canned food = comiea de conserva
Hidratante = moisturizing
Vest = colete
Cloth / fabric = pano
Pillowcase = fronha
Leash = trela
Basket / hamper / frail (fragil) = cesto/cesta
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Hook = gancho

Winch = guincho

Chainsaw = moto serra

Cutting board = tabua de corte

Screwdriver = chave de fendas

Wrench = chave inglesa

Drill = broca

Nail = prego / unha

Screw = parafuso

Bolt = raio, parafuso, trinco da porta

Stud = pinos (+ estilo parafuso. Pitons futebol)

Tape measure = fita metrica

Tape = fita adesiva

Saw = serra

Sharp(en) = afia

Plier = alicate

Scaffold = andaime de obras

Truss = a framework, typically consisting of rafters, posts, and struts, supporting a roof, bridge, or other structure. Ex: roof trusses

Rafter / beam / joist / girder = viga

Light bulb = lampada

Pot = pote

Ruler = regua

Paintbrush = pincel

Canvas = tela

Rubber band / elastic = elastico

Magnifying glass = lupa

Toothpick = palito

Q-tip.= Cotonete

Tweezer / clamp = pinça & forceps-more medical

Bandage (gauze, white, medical) = curativo(empanado)

Band-aid / adhesive(adheezive) bandage or pláster (=gesso) = penso médico

Crutches = moletas

Razor = barbeador

Plunger = desentupidor

Toilet brush = escova sanitaria

Faucet = torneira

Laundry basket = cesto da roupa

Clothes hanger = cabide

Fabric = tecido

Fur = pele(s)

Attire (a-tyre) = garment / vestuario

Shroud = mortalha

Briefcase = pasta

Case = estojo, caixa

Purse = bolsa

Shoe horn = calçadeira

Clasp = fecho de metal (casacos) / small hook that holds part together (gancho do colar)

Sola = sole / palmilha = insole

Cloak = capa / manto ( estilo assassins creed )

Fiddle = violino

Cauldron = caldeirão

Crate = box ,(caixa, caixote, encaixotar)

Crater = cratera

Firewood = lenha

Manure = estrume

Cooler = caixa termica

Duffle bag = saco de roupa ( estilo nike gym )

Rowing = remo (atividade)

Oar (or) = remos presos ao barco (plural = oars )

Paddle = single remo movivel

Fishing rod = cana de pesca

Fishing net = rede de pesca

Fishing hook = anzol

Cable car/ chairlift / gondola = teleferico

Hose = mangueira

Sail = vela

Ointment / pómade = pomada

(Clothes) Peg / clothespin = mola da roupa

Life raft = barco salva vidas

Flippers / Fins = barbatanas / barbatanas de peixe

Snorkel = the tube to breath under water

Snowman = boneco de neve

Snowplow = limpa neves (car)

Ladder = escadote

Wheelbarrow = carrinho de mão

Lawn Mower = cortador de relva

Greenhouse = estufa

Insect repellent = repelente

Fly swatter = mata moscas

(Bee)hive = colmeia

Label/Tag = etiqueta

Halter =dumbbell barra =barbell

Flashlight / lantern = lanterna

Fuel gauge = indicador de combustível

Hood = capô

Dashboard = painel de instrumentos

Bumper = para choques

Fender = para lamas/a frame in front of a locomotive/vehicle to protect from impact

Clutch = embraiagem

Throttle = acelerador

Brake = travão

Rearview mirror (i) = retrovisor

Gearbox = caixa de mudanças

Windshield = para brisas (front window)

Windshield wipers = escovas limpa vidros

Headlight(s) = farol (carro/lanterna na cabeça)

Tow truck/trailer= reboque

Brass Knuckles = soqueira

Taco baseball = baseball bat.

Tarp = Iona = tecido grosso (tendas, velas)

Shawl = xaile

buoy (boy) / float = boia

Binocular(binó) = binóculo

Bib = babete

Diaper(dai) / nappy = fralda

Pacifier = xupeta

Nursery / Cot = cama de bebe

Fare = tarifa

(Maxi pad) / (sanitary) pad/napkin = penso higiénico

Ware = mercadoria / utensilios

Loafers = sapatos sem cordão

Wellies = galochas / boots

Wedges = highheels without heels

Turtleneck = gola alta

Overcoat =sobretudo(comprido nao impermeável

Propeller / helix = hélice

Gauge = medidor

Mock-up / model = maquete

Dagger = punhal

Strap = cinta / correia ( relogio ) ( tb amarrar )

Ribbon = fita / laço

Lace = laço/ bow(bou) / ribbon / loop

Staple = agrafo

Tuxedo (takceedo) = a more formal suit

Bundle/package/pack = pacote

Twine = fio de costura

Shreds / smithereens = pedaços

Handcuffs / shackles = algemas

Bludgeon = cacetete

Vault = cofre (tb saltar)

Handrail / railing / banister = corrimão

(Fire) Extinguishor = extintor

Turf/lawn/grass = relva.1)sports(artificially mainly).2)house backyards. 3)raw nature

Gag = mordaça

Dimmer(di) = regulador de potência (luz, microwav)

Grit = grão/areia

Crayon = lapis de cera

Leaflet / flyer = panfleto

Varnish = verniz / emvernizar

Parchment = pergaminho

Pew = banco da igreja

Blinds/shutters = persianas

Sáck = saco , despedir

Latch = trinco, fecho

Kerb, curb, verge = berma do passeio (roadside)

Scrollwheel = botao de rodagem do rato de PC

Cradle = berço de bebe / embalar

Bud / knob = button

Swing and Slide = baloiço e escorrega (park)

Ink = tinta

Ink cartridge = tinteiro

Lorry / truck = camião

Juggernaut = huge, powerful, and overwhelming force. Usually a large, heavy vehicle - a lorry

Scrapbook = album de recortes (jornais etc)

Welder = soldador / aparelho para soldar

Sláb = placa de cimento (no chao, entre pisos) / thick slice of anything

Sleeping bag = saco cama

Ear muffs = protectores de ouvidos (cold/noise)

Wedge = cunha / fatia (slice, piece)

Rubbish / litter = trash, waste, garbage, junk

Particles = particulas

Parcel = parcela, pacote

Backdrop= lie behind or beyond; serve as a background to. background for photography, events, and presentations

Thermometer = termometro

Gutter = cena nos telhados para escorrer a agua

Dais (day-iss) = estrado (superfície mais elevada. Por ex spot para discursar, executar teatro ou trono)

Raincoat = casaco impermeável

Barrel / drum / keg / cask = barril

Crock = an earthenware (barro, argila, etc) pot or jar / "that's nonsense or a lie"

Duffel = a large cylindrical bag of heavy cloth; for carrying personal belongings. / camping equipment

Frame = moldura, quadro / emoldurar

Harp = Harpa

Hatchet = a small axe with a short handle for use in one hand.

Cigar = charuto (cubano)

Plinth = block or base used as a support for objects like statues, columns, or vases

Mast (à) = mastro (ship's mast)

Dinghy , barge , lunge , punt = bote (small boat )

Tinfoil = papel de aluminio

Recliner = a chair with a reclining back, especially one with an integral footrest

Lid = tampa (cover, stopper)

Veil = véu (thing that serves to conceal)

Syringe = seringa

Hull = casco do navio

Rudder = leme

Pylon = torre de cabos de alta tensao

### House/Furniture:

Manor = mansion / villa

Shanty = small, rough shelter or dwelling (um barraco)

Chimney (ximnee) = chaminé

Fireplace = lareira

Counter / balcony / desk = balcão

Pitcher/jug = jarra

Glass/cup = copo

Chavena =teacup

Jar = frasco

Scale = balança

Light switch = interruptor

Extension cord = ficha tripla i.e

Socket / power outlet = tomada

Plug = tomada/fica /(conectar)

Table cloth = toalha de mesa

Bunk bed = beliche

Closet/wardrobe = armario

Cupboard = armario de cozinha

Dresser / chest of drawers = cómoda

Rug/carpet = tapete

Chandelier = candeeiro

Lampshade = abajur

Bucket/ pail = balde

Frame = moldura

Ottoman = pufe

Loveseat = sofa 2 lugares

Rocking chair = cadeira de balanço

Gaveta = drawer

Stool = banco ( sem apoio )

Stump = lower part of a cut tree - able to sit on

Nightstand = mesa de cabeceira

Rack = estante/ prateleira / suporte / cabide

Cabinet/dresser/cupboard = comoda/armario pequeno

Chaise longue = espreguicadeira/sofa pa deitar

Parasol / sunshade / umbrella = guarda sol

Armchair = poltrona

Mat = tapete pequeno (entrada/yoga)

Aisle (aile) / hallway = corridor

baseboard = rodapé

handle/knob = maçaneta

Basin / watershed = bacia

Duvet (diuvey) = edredon

Grate = grelha

Cottage= casa de campo

Hedge = cobertura (tb sebe)

Skirting = rodapé

Fence = sebe, cerca

Hut = cabana

Hay / thatch = feno / palha

Barn = celeiro

Tissue = tecido

Vial = frasco

Cloakroom = bengaleiro

Wig = cabeleira

Pillowcase = fronha

Pile / battery = pilha ( eletrica )

Scabbard = gun / sword pocket (longer)

Trinket = bugiganga

Match = fosforo

Porch / balcony = varanda

Pit / shaft = poço

Pantry / larder = dispensa

Canister = recipiciente ( pa guardar especiarias ou açúcar/chas - normalmente vidro/ceramic)

Household/home/eletrical-appliances = eletrodomesticos

Ironing board = tabua de passar a ferro

tranpoline = springboard / stepping stone

Tapeçaria = tápestry

Drain = ralo(sink/chuveiro), vala de rua-esgoto

Facade (façade) = front / frontage (fachada)

Lodger = hospede , inquilino

Landlord / lordship / lessor = senhorio

Spinning top / top = pião

Dome = cupula (topo circular)

Scarecrow = espantalho

Sandsack = saco de pancada

Siphon = a tube used to convey liquid upwards from a reservour and then down to a lower level

#### Cousine:

Fogao = cooker/stove

Oven / furnace (ass) = forno

Crumbs = migalhas

Skewer = espeto

(Meat) Cleaver = cutelo

Kettle = chaleira

Juicer = espremedor

Strainer = coador

Vacuum sealer = seladora a vacuo

Bottle stopper = tampa de garrafa

Mixer = batedeira

Grater = ralador

Colander = escorredor/filtro de massa

Corkscrew = saca rolhas

Apron = avental

Dish rack = escorredor de pratos apos lavar

Bowl = tigela, bacia

Broom = vassoura

Mop = esfregona

Cutlery or flat/silverware = talheres

Tray = bandeja / tabuleiro

Beaker = drinking cup/container, typically made of plastic, and for lab use/medidor/kids

#### Food:

Framboesa = raspberry

Mirtilo = blueberry

Blackberry = amora

Gooseburry/currant = groselha

Plum = ameixa

Grapefruit = toranja

Flour = farinha

Chestnut = castanha

Walnut = noz

Halzenut = avelã

Acorn = bolota

Nutmeg = nóz moscada

Cashew = caju

Rye = centeio

Pecan (pee-can) = Nozes-pecã

Zucchini = courgete

Eggplant / aubergine = beringela

Cucumber (kiucumber) = pepino

Cilantro/coriander = coentros

Cúmin = cominhos

Rosemary = alecrim

Basil = manjericão

(Indian) Clôve = cravo da India

Thyme (time) = tomilho

Oats = aveia

Leek = alho francês

Apricot (a-pree-cótt) = damasco (+acid peach)

Loquat = nêspera

Chickpeas = grao de bico

Clams = ameijoas

Mussels = mexilhões

Prawn = camarao grande

Halibut = linguado (fish)

Bay leaves = folhas de louro

Peas = ervilhas

Gomas = gummies

Pork tenderloin = lombo

Gizzards = moelas

Giblets (ji..) = miudos das aves

Capers = alcaparras

Artichoke = alcachofra

Carob = alfarroba

Asparagus = espargo

Loaf of bread = big bread unit (the whole piece)

Stewed = estufado

Baked = cozido

Dough = massa

Mush / paste / pórridge (usually w/ grains) = papa

Eyerlekh = ovos pequenos

Prunes = ameixas secas

Turbot = pregado (peixe) (achatado tipo raia)

Tidbit / titbit = petisco /curiosidade(abit of gossipy info)

Peel, Crust, shell, Husk, Bark, skin = casca / pele

Ice pop ice lolly = gelado estilo calipo/solero

Host, communion wafer(kumyunion wayfur) = hóstia

Lárd = banha de porco. Beef tallow = purified fat

Legumes (protein based) = beans, lentils, peas, chickpeas, etc

Escargot(go) = snails as a dish

Slaw = kind of salad made from a raw chopper or shredded cabbage

Loin = lombo assado

Sprouts = rebentos / couve brussels

Yeast = levedura, fermento / fermentar

Starch = amido (tipo farinha mas menos nutritivo)

Chutney = spicy condiment of indian origin

Weenie = small hot dog (also used for small penis/ weak person)

Eggnog = a drink made from milk, sugar and eggs, often mixed with brandy or rum Star anise (anise) = estrela ânis

# Trees/plants:

Cork oak = sobreiro

Oak = carvalho

Willow = salgueiro

Climber = trepadeira

Clover (clôver) = trevo

Stem = tronco (trunk) / caule

Búsh / shrub = arbusto

Sap = seiva (verb: enfraquecer, gastar)

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Moss = Musgo
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Tufts = tufo ( de relva, ou cabelo )

Twig = galho/ramo

#### **Professions:**

Mason / bricklayer = pedreiro

Appraiser = avaliador

Realtor = real estate broker

Seamstress / dressmaker = costureira

Masseuse / masseur = massagista

Bouncer = security guard (tb cadeira de bebe)

Clerk = recepcionist

Relay / courier = estafeta

Cobbler / shoemaker = sapateiro

Presenter, host, newscaster, announcer = apresentador

Minstrel = Trovador (medieval singer)

Bank Teller = a person employed to deal with customers in a bank

Stuntman = duplo dos filmes

Janitor = person employed to take care of a large building, who deals w/ cleaning and repairs

Consellour = conselheiro/advogado

#### Places/services:

Depot = deposito/armazem

Booth = cabine

Brewery = cervejaria

Daycare center/kindergarden = cresce

Pawn shop = loja de penhores

Thrift (poupança) shop = loja de usados

Slaughterhouse = matadouro

Kennel / shelter = canil

Township = município

Creek = ribeiro

Landfill = aterro sanitário

Dam / bárráge = barragem

Nursery plant= viveiro de plantas

Fair / trade fair / exhibition = feira

Tents / shacks / stalls / stands = barracas

Barracks / headquarters = quartel

Locker room = balneario/vestuário .

Hamlet = aldeia, lugarejo

Apartelle = type of accommodation that combines the features of an apartment and a hotel.

# Human body

Harmstring = coxas, parte de tras

Waist = cintura

AnKle = tornozelo

Armpit = axilas

Elbow = cotovelo

Heel = calcanhar

Nape = cachaço

Hips = anca

Nostrils = narinas

Navel / belly button = umbigo

Stria = estria ( stretch marks )

Snot = ranho

Dundruff = caspa

Joints / hinges (dobradiças) articulações

Kneecap = rótula

Cramp = cãibra

knuckles = Nós dos dedos/juntas/soqueira

Tendon / sinew = tendão

Calf / calves = gemeo(s)

Dandruff = caspa

Visage = rosto , cara ( not age )

Eye(Lash) = pestana (tb chicote / chicotear)

Eyelid = pálpebra

Eyebrow = sobrancelha

Shank = canela(perna)/ long narrow part of a tool

Madeleine/skein = madeixa

Braids = tranças (cabelo)

Freckles = sardas

Womb(wumb)/uterus = ventre / útero

Pelvis = bacia

Sternum = esterno

Bile = bílis (yellow fluid segregated by liver that helps to break down fats so u can digest them)

Limb = membro / galho (a part or member of an animal body distinct from the head and trunk) / (large branch of a tree)

Blister = bolha na pele due to friction

Cyst = (seest) = cisto (caroço na pele)

Callous / Callouses(plu) = calos

Canines (kay9s) = caninos

Bowel = intestino ( entrails - more broad concept )

# Animais/insectos/peixes:

Husbandry = livestock / pecuaria

Cattle = gado

Fowls = aves/galinhas

Pigsty(thai) = pocilga

Coop / henhouse = galinheiro

Ox / yak = boi

Hoof/hoove = casco da pata do animal

Herd = rebanho

Flock = bando

Poultry , Fawl(s) = birds

Hogs = porcos / suinos

Piglet = leitão

Peacock = pavão

Hedgehog = ouriço

Walrus = leao marinho

Otter = Iontra

Vulture = abutre

Ostrich = avestruz

Elk = alce

Mutton(a) = carneiro

Stork = cegonha

Goose (plural: Geese) = Ganso

Weasel = doninha

Badger = texugo

Beaver = castor

Swallow = andorinha

Sparrow = pardal

Catterpillar = lagarta/larva

Lizzard = lagarto

Gecko = osga/lagartixa

Dragonfly = libelinha

Firefly = pirilampo

Moth = traça

Beetle = besouro

Ladybug = joaninha

Flea = pulga

Silverfish = bicho de papel

Bumblebee = abelhão

Hornet = vespa

Scarab = escaravelho

Stingray = raia

Bass = robalo

Flounder = linguado

Monk fish = tamboril

Tick = carraça. Tick = tique / marca

Cooties = piolhos

Magpie = especie de corvo preto e branco

Lynx = lince

Vermin = verme/parasite

Grub(a) = larva / food

Nozzle, beak, nipple, nib, spout, burner = bico

Snout (snaút) / muzzle / trunk = focinho / tromba

Lark = type of passarinho

Katydid = green grasshopper

Whelk = búzio

Tadpole = girino (aquatic larva of an amphibian)

Leech = sanguessuga

Scales = escamas ( scaly skin = pele a escamar )

Gills (Guils) = guelrras

Eel = enguia

Maggot (mágut) = larva, verme.

# **Materials:**

Limestone = calcario

Chalk = giz

Gypsum = gesso

Gravel = cascalho (pedras pequenas)

Coal / Charcoal (more for barbecues) = carvão

Copper = cobre

Wool (uole) = lã

Linen = linho

Sulfur (salfur) = enxofre

Chlorine = cloro

Cushioned( cu-shioned) / padded = almofadado

Shale / schist = xisto

Slate = ardosia

Steel = aço

Cardboard = cartão, papelão, cartolina

Tin = lata , latão

Bronze = brass / bronze

Boulder = rocha, pedragulho

Lácquer = laca

Varnish = verniz

Clôam = made of clay or earthenware

Pottery = ceramics (louça de barro)

Satin = cetim ( um tipo de tecido luxuoso impermeavel )

Velvet = veludo

Ore = minério

#### Geography

Landform = relevo

Plateau = planalto

Plain = planicie , flatland

Hills = elevated landforms with rounded tops

Earthquake = seism (saizem)

Mound = monte

Shoreline/coast(line)/coastal/seaside= litoral/costa

Windstorm / gale = ventania / vendaval

Crag / Cliff = penhasco

Swamp / quagmire / marsh / bog = pântano

Meadow = prado ( a piece of grassland )

Biome = major ecological community type (ecossystem, habitat ex: tropical rainforest)

Gorge = desfiladeiro (a narrow valley between hills or mountains, typically with steep rocky walls and a stream running through it) / devorar / engolir

Ravine (raveen) = ravina (a deep, narrow gorge with steep sides)

Pond = lagoa, lago (smaller lake)

#### Maths

Coil / spíral / whorl (world sem d) = espiral

Diâmetro: Diameter

Raio: Radius

Vértice: Vertex / apex

Aresta: Edge

Regra 3 simples: simple proportion rule

#### **Expressions/slangs:**

Know it by heart = sei de cor

"I am roaming around" = Estou a vaguear por aí

Throw(ing) shade = insult/criticize subtly=indireta

Binge watch = watch multiple episodes in 1sitting

Fleek = perfectly groomed or styled

Glow-up = huge transformation , usually phisically

Spill the tea/spill the beans! = share gossip or information! / Desembucha

(Let's) Turn up! = Let's have fun

Rager = a wild or crazy party

Wanderlust = strong desire to travel

Off the beaten path = away from the usual (tourist spots)

I sigh with relief = eu suspiro de alivio (exhaustion , boredom )

To be decked out = to be decorated with...

Cacophony = discordant and meaningless mix of sounds

Nihilism = the rejection of all religious and moral principles, in the belief that life is meaningless

Gook/gouck = deppreciative way to call SE asian

Knucklehead = cabeça oca / toto

Same ballpark = same shit

In a tick = num instante

Cornerstone / back bone = smth / someone important. Same as foundation or basis.

Keeping you/her company = fazer companhia

It's corny = outdated / clichê / banal / parolo

What a gyp (j)= to defraud or rob by sharp practice

We eyeballed one another = we starred at eachot

Such a drag! = Que seca / que chata

Double edged sword = é um pau de dois bicos

Held accountable = responsabilizar-se/ser resp..

Diddly squat = nothing/ nothing at all

The whole shebang = everything that's connected to it / coisa

Torn to shreds = rasgado em pedaços

Coup(cu) de grace (coup de grá) = fatal blow to someone wounded

Cuckhold = corno. A man whose wife's has an affair.

Yikes = expressing shock and alarm, often for humorous effect.

Takes its toll = paga a sua portagem (bad way ex: smth took a toll on a person's health)

Benjamins = money

Nemesis = the greatest enemy whom one cannot overcome

"Peace sells. But who's buying?" - megadeth

Blud = friend/brother

Stay sharp = finos/atentos/em forma

Cannon fodder = carne para canhão

Drive stick = manual transmission(gears) driving

If only = quem dera

Out o sync = desencontrado(s)

Gaslighting = psychological manipulation of a person that causes victims to question the validity of their own thoughts

In the nick of time = à ultima da hora

Gobleddygook (goblediguke) = language that is meaningless or is made unintelligible by excessive use of technical terms. (Conversa de palha)

leapfrog = salto a dois pés

Echo chamber = an enclosed space(where sound reverberates)/environment in which a person encounters only opinions of their own

Dime = 10 centimos / um tostão

Cinch = extremely easy task/to fasten <u>smth.Also</u> easies: breeze, duck soup,child's play,pieceofcake

Give or take = more a less (approximate)

The red pill and blue pill = metaphorical terms representing a choice between learning an unsettling or life-changing truth by taking the red pill or remaining in the contented experience of ordinary reality with the blue pill.

Like wise = igualmente

At a tipping point = num ponto de viragem

Mag = magazine

Sure thing! = Com certeza!

Bougie" is used as an adjective to describe someone from a lower class status who acts like they are rich and live a lavish, wealthy life. "Boujee" is more widely used in African-American slang to describe someone who has made their own wealth out of a poorer upbringing, likes a lavish lifestyle, but is still connected to their roots.

In due time = "eventually" or "at the right time." often used to suggest that someone should be patient or to suggest that some event will happen eventually.

in dribs and drabs = small amounts that come or happen over a period of time. suggests something happening in small, irregular, and sometimes frustrating amounts

Birds of a feather (flock together) = people who are similar to each other

Fell off the grid" (or "fell off the grid") typically means that someone has disappeared or stopped being in contact with others, often intentionally.

With the proper differences/due differences = com as devidas diferenças

Heather(heva) = someone who is seemingly perfect or idealized.

Hock a loogie = escarrar (com força e muco)

So on and so forth = etc , por aí em diante

Tailspin / nosedive = Lose emotional control, collapse, <u>panic.something</u> starts to fail or lose value and gets more and more out of control.

Rip the band-aid / Pull the bandage = to do something painful now and get it over with because it needs to be done eventually / yes it will hurt, just take the pain and get it over with

Band-aid = temporary aid or solution that does not satisfy the basic or long-range need

Far cry = a big difference or a long distance from something.

Tee(d) up = to make preparations for something to happen, or for someone to do something

Quid pro quo = favour or advantage granted in return for something. "Compensation for"

Twink = a young, attractive gay man with a slim, boyish appearance (lulz)

Larp = a live-action role-playing game in which a group of people enacts a fictional scenario (such as a fantasy adventure) in real time

hullabaloo (hala) = barulho, algazarra

Jaywalk = atravessar a rua sem olhar/displicente

Dogma = a fixed, especially religious belief or set of beliefs that ppl are expected to accept without any doubts.

Sod (off) = impolite way to tell someone to go away. upper layer of turf that is harvested for transplanting. Also used to describe an unpleasant person

(To be left) high and dry = to be left without any help/without things we need

Figure of speech = a word or phrase used in a non-literal sense to create a stylistic effect, add emphasis, or make language more vivid and imaginative, deviating from its plain or literal meaning

Out of the blue = without warning / unexpectedly

In one fell swoop = all in one go ( swoop = apanhar )

Flesh out = to develop smth / to add more details, substance, or a complete explanation to a basic idea, plan, or description, similar to adding flesh to a skeleton.

Treading water = ficar á tona (fail to make progress)

Caved = I caved = I finally accepted

Singled out = ser referenciado (to be chosen from a larger group for special attention, either for praise/criticism)