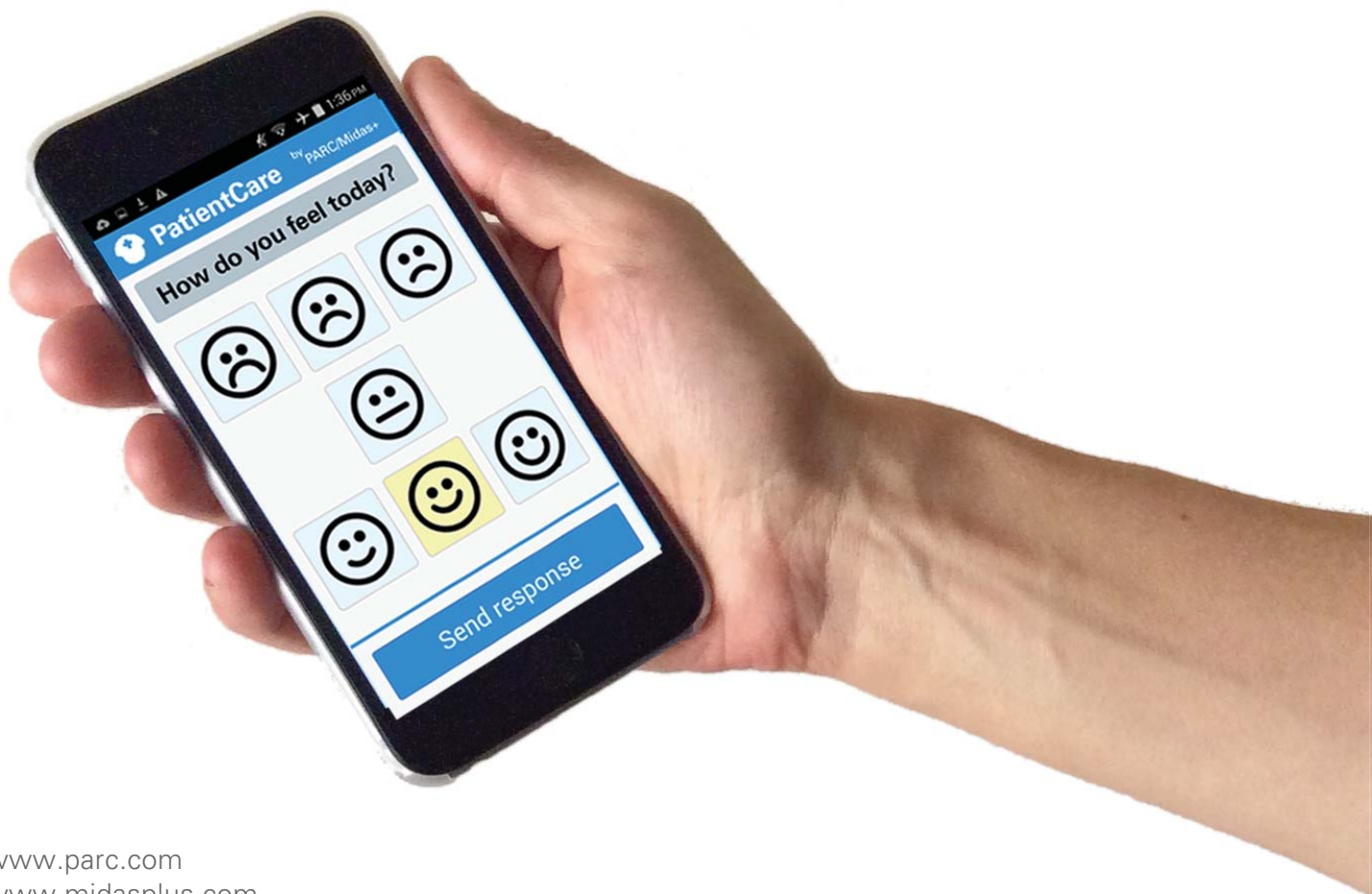


## Designing a Better Discharge Process

*Applying technology to improve hospital-to-home recovery.*

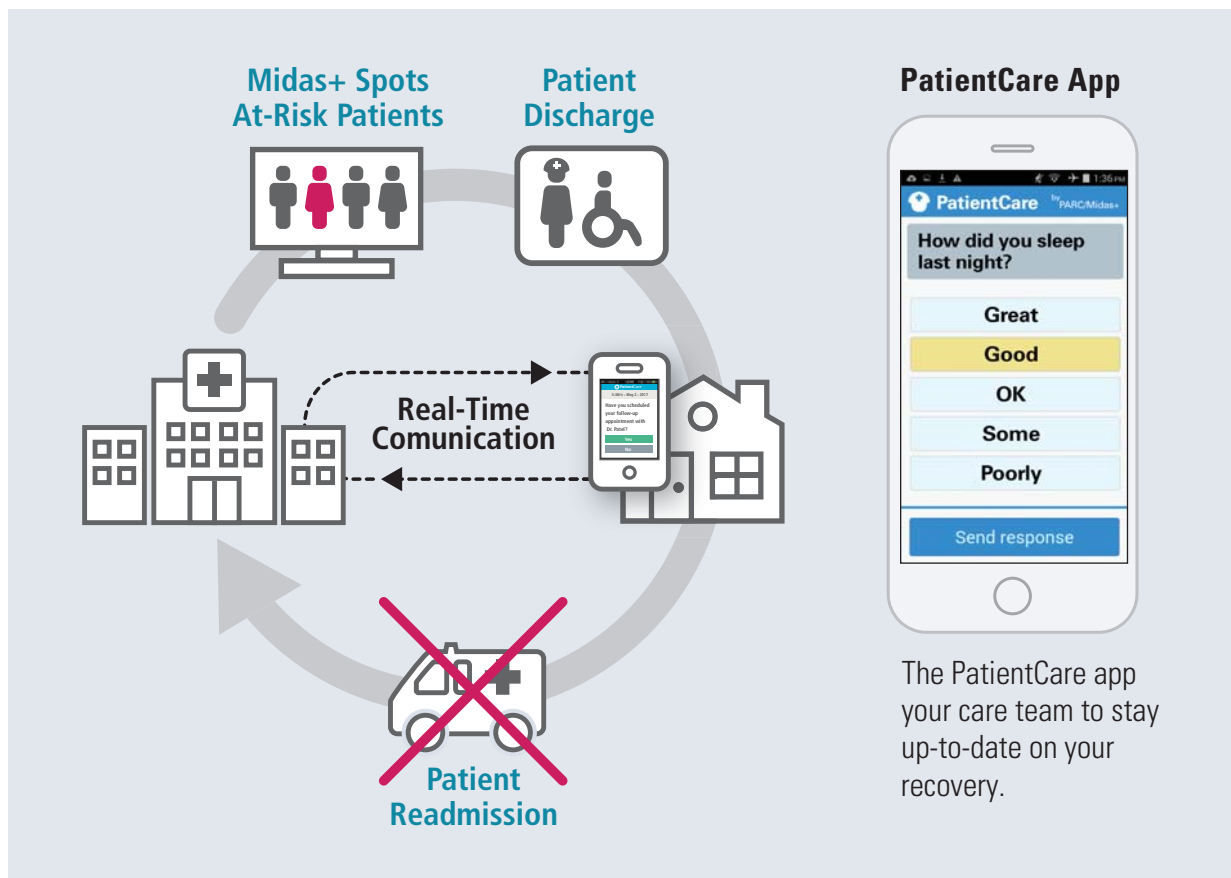
Unplanned readmissions to the hospital run counter to the expectation of high-quality healthcare. Once discharged, you have every reason to be hopeful about a full and normal life. Hospitals and health networks also want your transition back home to go smoothly and to prevent return visits.

Researchers at the Palo Alto Research Center (PARC) have partnered with your healthcare team to study a solution designed to educate and empower patients and healthcare staff with the tools needed to elevate the quality of your care after you leave the hospital.



## The PatientCare App

- Once installed on your smart phone, the PatientCare app facilitates a conversation between you and your care team, sending your specific questions and timely reminders based on your discharge instructions.
- The PatientCare app will never give you medical advice; instead, it reminds you about such things as taking your medications on time or scheduling a follow-up appointment.
- The PatientCare app analyzes these unique interactions to identify and prevent events that could lead to an unplanned return visit to the hospital.



- Your care team monitors this information to track your specific recovery needs and make appropriate adjustments to your care instructions.
- Any changes in your recovery plan will be communicated to you not through the PatientCare app, but directly by members of your care team.
- Better communication between you and your care team helps to ensure nothing falls between the cracks.