

CELEBRATE THE YOGA STUDIO'S 5TH ANNIVERSARY WITH A *FREE YOGA FLOW CLASS*



Mimosas to be served after class.

Yep, it's hard to believe that Renee opened Lake Mills' first yoga studio 5 years ago.

Come help us celebrate the studio's 5th anniversary with a free 75 minute Yoga Flow & meditation class led by Tom.

It's the Coop's mission to make yoga available to the Lake Mills Community. And with your help, we are now able to offer yoga 7 days a week.

After class we'll be serving well-earned mimosas. Please sign up to reserve a spot.

**LABOR DAY, MONDAY SEPTEMBER 1 AT 9:00 AM
THE LAKE MILLS YOGA COOP**