**Breathe New Life into Your Practice.**

Introducing In-Trinity, the perfect complement to your yoga practice. In-Trinity harnesses the power of gravity to redefine the traditional training environment. By elevating your body and allowing movements not possible on the floor, you’ll enhance flexibility, improve balance and build strength.

Confidently attempt challenging movements with the assistance of ergo-grip rails, indulge in more dynamic movements with quick-connect straps, and improve your balance and hand-eye coordination with the included sticks.

It is no secret that disciplines like yoga and martial arts promote physical wellness and mindfulness. With In-Trinity, you’ll not only build upon these principles, you’ll experience both. It truly is an elevated practice.