

**1. Choose the correct words in these groups of words.**

- a) Video on COMMAND/REQUEST/DEMAND - a system for watching films or recorded programmes on the internet or TV at any time (AKA streaming)
- b) CAPTIONS/CREDITS/CREDENTIALS - a list of people involved in making a film or TV programme that is shown at the end or beginning of it
- c) HIGH TIME/PRIME TIME/APEX TIME - the time when the largest number of people are watching TV or listening to the radio
- d) a RERUN/REPLAY/RETAKE - a programme that is being shown on TV again
- e) to ZAP/ZIP/ZIG - to change the channel you are watching on TV using a remote control
- f) to AIR/VOICE/DISPLAY - to broadcast something on the radio or TV
- g) a WORSHIPER/PRESCRIBER/SUBSCRIBER - someone who pays money in order to receive something regularly
- h) COMMS/COMMERCIALS/COMMERCES - advertisements on TV or the radio

**2. Complete the questions with the correct words from ex. 1. Next, discuss these questions in pairs.**

- a) If you've missed a film on TV, do you ever try and catch a ..... ?
- b) When you watch TV, do you tend to ..... between channels because of the commercial break?
- c) Are you a ..... to any video on .....services? If yes, was it the absence of ..... that convinced you to use such services?
- d) Do you like the idea that platforms such as Netflix ..... all episodes of some TV series at once?

**3. Read the sentences and figure out what *binge watching* means, and create a sentence with it.**

*to binge (on sth)* - to do something in a way that is extreme and not controlled

- Heavy and regular **binge drinking** during adolescence is associated with an increased risk of alcoholism.

## Let's binge watch it together!

- **Binge eating** often leads to weight gain and obesity, which only reinforces compulsive eating.

Your sentence: .....

**4. Read the statistics and choose your answers: 1, 2 or 3.**

- a) Half of television viewers have binge watched ..... hours of a TV show in one go.
- 1) 6                                      2) 7                                      3) 8
- b) ..... of binge watchers have sacrificed sleep to continue watching a TV show.
- 1) 28%                                      2) 58%                                      3) 80%
- c) One in ..... British workers admits to calling in sick to stay at home and binge watch TV shows.
- 1) five                                      2) seven                                      3) ten
- d) Nearly ..... of us have lied about watching a series because other people were talking about it.
- 1) 1/2                                      2) 1/3                                      3) 1/4

**5. Discuss the questions.**

- Are you surprised by these statistics?
- Do you ever binge watch? How many hours do you binge watch in one go?
- Have you ever sacrificed sleep to continue watching your favourite TV series?
- Have you ever called in sick or cancelled social plans to watch a show?
- Would you ever lie about watching a series if your friends were talking about it?



**6. Watch the first part (to 02:34) of the [video](http://bit.ly/Bingeing) [http://bit.ly/Bingeing] and answer the questions.**

a) What does Netflix do to encourage binge watching?

.....  
.....

b) Why are people embarrassed by binge watching?

.....

c) What is special about such TV series as *Big Little Lies*?

.....

**7. Watch the second part of the [video](#) (02:34 - 05:02) and complete the sentences below with one to three words.**

a) In the very emotional episode *Splat* of *Sex and The City*, one of the characters ..... of a window.

b) Binge watching activates your brain, so watching dramatic events in the evening won't be good for your .....

c) *Orange is the New Black* with the cast ..... wouldn't work so well if it were broadcast on traditional TV.

d) Bingeing is a word with a ..... meaning.

**8. The sentences below include the language used in the video. Decide what the phrases in bold mean.**

a) Netflix realized that a lot of people **gravitate towards** watching a lot of episodes in one go and started releasing the whole series at once.

have a natural tendency to

**OR**

be addicted to

b) The Netflix feature which immediately loads the next episode is there to **nudge** you to watch more and more.

encourage gently

**OR**

force to do something

- c) She shops **in bulk** to minimize packaging and takes the bus whenever possible.

buy in large shops

**OR**

buy in large amounts

- d) I sometimes **get sucked into** watching a show for three hours without even noticing.

become very involved in  
something

**OR**

be tricked to do something

- e) Even the minor characters in these TV shows come with their own **story arcs** when you have several seasons.

a story very important for the  
whole plot

**OR**

a complete story in a film/book

- f) It is very difficult to **discriminate between** the concepts of irony, satire, and parody.

differentiate

**OR**

select from a group

9. Choose one of the topics below and in pairs prepare a list of arguments for one side. Next, in groups of four defend your point of view and exchange arguments. When you're done – choose another topic and have another short debate.

Releasing a whole TV series  
season at once

**OR**

Releasing episodes of TV series  
once a week

---

Watching movies via a streaming  
service at home

**OR**

Watching movies in the cinema

---

Watching only cable TV with  
dozens of channels

**OR**

Using a streaming service and not  
watching traditional TV at all

---

Watching too much TV destroys  
social interaction

**OR**

Watching TV series helps to create  
social interactions