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# Adapting Bollinger Bands for Selective Trend-Following



# **Bollinger Bands**

#### **Approach**

calculated by combining a simple moving average (SMA) with an upper and lower band (±x standard deviations).

typically go long when price crosses below the lower band (assuming oversold) and go short when price crosses above the upper band (assuming overbought).

#### Pros

assumes that price will revert toward the mean after extreme moves.

bands expand/contract based on volatility, giving context for changing market conditions.

#### Cons

Both the SMA and standard deviation calculations are lagging indicators, so signals might be late.

Parameters (e.g., 20-day SMA, ±2 std dev) may not suit all market conditions

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### What We Did

**Forward-Fill Positioning**: Instead of closing positions immediately after crossing back inside the bands, we forward-fill signals to ride trends or reversals longer.

**Combine Mean Reversion with Trend**: By letting positions run until a clear reversal signal, we attempted to mix mean-reversion entries with trend-following exits.

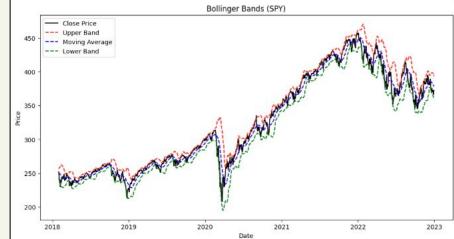




## Results

Both the strategy and buy-and-hold approach yielded similar returns of approximately 47.8%





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