

## 四六级写作终极押题（陈曲版）

本篇文章结构

Part 1 写作 5 个贴士

Part 2 写作 4 大框架（历年真题）

Part 3 写作 7 个押题

Part 4 写作 6 个段子（选看）

### Part 1 写作 5 大贴士

五个 tips

1. 认真写好每一个句子，不要使用没有把握的结构和短语。

a sea of

I have many books. I have a sea of books.

There are many students in the classroom. There are a sea of students in the classroom.

2. 作文结构清楚，尽量使用起承转合。

To start with, ...

Furthermore, ...

Besides, ...

3. 注意标点符号，不要一逗到底。

on the other hand, as a single children, we are all selfish, in other words, we are lack of the ability to work independently, besides, we don't know how to deal with the relationship of colleagues.

On the other hand, as a single child, one is often selfish. In other words, we are lack of the ability to work independently. Besides, we don't know how to deal with the relationship between colleagues.

4. 不需要表达过于复杂的思想，而应该以语言为优先。

How to balance work and leisure

5. 不要写过于复杂的句子，表意力求清晰。

四级作文：As new graduates, we should be fully aware of the importance of cooperation, making full use of our valuable college years to do some volunteer work for the community or take up a part-time job in my spare time so that I can learn from my experience and prepare for my future work.

改成：As new graduates, we should be fully aware of the importance of cooperation, making full use of our valuable college years to do some volunteer work for the community or to take a part-time job in my spare time. By this means, I can learn from my experience and prepare for my future work

最后一点：字字字！

## Part 2 写作四大框架

### 历年四级考题

2018.12	the challenges of living in a big city/studying abroad/starting a career after graduation
2018.06	the importance of reading/speaking/writing ability and how to develop it
2017.12	how to best handle the relationship between doctors and patients/between teachers and students/between parents and children
2017.06	an advertisement on your campus website to sell a bicycle/a computer/a book you used at college
2016.12	one is to take a job in a company and the other to go to a graduate school/one is to find a job somewhere and the other to start a business of your own/one is to work in a state-owned business and the other in a joint venture
2016.06	write a letter to express your thanks to your parents or any other family member upon making memorable achievement/a letter to express your thanks to one of your friends who helped you most when you were in difficulty/to express your thanks to one of your school teachers upon entering college

### 六级真题

2018.12	how to balance academic study and extracurricular activities/how to balance job responsibilities and personal interests/how to balance work and leisure
2018.06	on the importance of building trust between businesses and consumers/building trust between employers and employees/ building trust between teachers and students
2017.12	“Help others, and you will be helped when you are in need.” “Respect others, and you will be respected.” “Seek to understand others, and you will be understood.”
2017.06	Suppose you are asked to give advice on whether to attend college at home or abroad/attend a vocational college or a university/on whether to major in science or humanities at college
2016.12	the importance of creation/invention/innovation and measures to be taken to encourage creation/invention/innovation
2016.06	Try to imagine what will happen when more and more people study online instead of attending school/when people spend more and more time in the virtual world instead of interacting in the real world/when more and more robots take the place of human beings in industry as well as people's daily lives

熟悉几个常见的套路能帮助大家搭起框架，具体例子可以参照文章：。

#### 1.现象解释型

There are mainly two factors contributing to this social phenomenon / my preference/ the correctness of this principle.

To begin with, \_\_\_\_\_.

Moreover, \_\_\_\_\_.

## 2.正反观点型

There is much controversy over \_\_\_\_\_(议题).

Some people argue that \_\_\_\_\_.

Nevertheless, other people adopt a completely different view. They believe that \_\_\_\_\_.

## 3.问题解决型

To handle the issue properly, in my mind, it calls for the efforts from all sides.

From my perspective, \_\_\_\_\_.

In the meantime, \_\_\_\_\_.

## 4. 其他内容型

When it comes to the benefits/challenges/consequences of \_\_\_\_\_, I feel responsible for discussing it further.

On the one hand, \_\_\_\_\_.

On the other, \_\_\_\_\_.

## Part 3 写作的 7 个押题

### 1.教育作用

标签：四六级

Directions: For this part, you are allowed 30 minutes to write a composition on the topic "the importance of education".

点评：关于教育的问题，可能是本次考试的一大重点。具体可能会出现，学历是否重要，大学排名的影响，文理科的选择等都是历史考过的话题。也许也会考到如何推动教育。

In modern society where economy is developing at a tremendous rate, the role of higher education has attracted extensive attention from the general public. The hunger for higher education is understandable: these days it is a requirement for a decent job and an entry ticket to the middle class.

在经济高速发展的现代社会，高等教育的作用吸引了普遍公众的广泛关注。对于学位的渴望可以理解：如今学位是获得一份好工作的要求，进入中产阶级的入场券。

Many complicated factors are involved in understanding the importance of education. Firstly, higher education plays a key role in aiding students' growth and development, so they can get the opportunity to increase their knowledge and learn to be independent. It is common to say that higher education opens up a great number of job opportunities for people. Secondly, one objective of education is to help students to develop new perspectives and to strive for achievable social and academic goals. Indeed, education can cultivate and elevate people's mind, empowering us with confidence, courage and other virtues.

在理解教育的重要性上，存在有许多因素。首先，高等教育在帮助学生成长和发展中扮演着关键角色。他们可以有机会增加自己的学识并学会独立。不可否认，高等教育为人们创造了大量工作机会。其次，教育的一个目标是帮助学生开拓新的视角并为实现社会和学术目标而努力。实际上，教育可以培养并提高人们的大脑，给我们以信心，勇气和其他品质。

To sum up, education is a worthwhile investment. Immediate ways for advocating higher education study remain elusive. However, public recognition of the necessity will represent the first step in finding effective measures.

总而言之，教育是一笔值得的投资。对于推动教育的快速方法仍然很难找到，然而公众意识到其必要性代表了寻找有效方法的第一步。

## 2. 网络优劣

标签：四六级

Directions: For this part, you are allowed 30 minutes to write a composition on the topic "Internet and Potential Risks".

点评：关于科技类已经一段时间没有涉及了，个人认为网络的热度并未消除，相反与其相关的内容非常容易考察。比如网络和隐私（Internet and Privacy），网络与危机（Internet and Potential Risks），网络 and 传统（Internet and the Chinese tradition）。四级可能会出现：Do you prefer to read online or read a traditional book/Do you prefer to shop online or shop in a regular store。

The Internet has penetrated every aspect of daily life and exerted a huge impact on our work and study. For example, Microblogs and Wechat are two forms of new media. Various people, regardless of their age, gender or background, are involved in creating their own microblogs and using Wechat.

网络渗透到了日常生活的方方面面，对于我们的工作和生活产生了巨大的影响。比如，微博和微信已经是新媒体的两种形式，很多人不论年龄、性别和背景，都参与到创建自己的微博和使用微信中。

There is much controversy over whether the new technology is a boon or a bane. Some people believe that the Internet is a great asset. Modern technology considerably alters the way people communicate with each other. Also, people can now acquire useful information online with a click of the mouse. However, there is a growing concern about the potential drawbacks the Internet, especially in terms of personal security. For example, WeChat may expose one's location to strangers by positioning function, cheat one's friends by faking identity, and lose one's money in the electronic wallet.

对于新技术的优劣，大家议论纷纷。有人认为因特网是一种伟大的资产。当代技术显著改变了人们相互沟通的方式，人们也可以通过点击鼠标来获得有用的信息。然而，对于网络的潜在问题，人们也有越来越多的担忧，尤其在个人信息方面。比如，微信可能会通过定位功能向陌生人暴露个人的位置，通过虚构身份欺骗当事人的朋友，在电子钱包里损失金钱。

Owing to the accelerated pace of contemporary life, people's work and life are increasingly confined to a narrow space. However, in face of new technology, we should be prudent. One should make sensible use of technology, being a master rather than a slave of it.

随着当代生活不断加快的节奏，人们的工作和生活越来越限制在一个狭小的空间里。然而，面对新技术，我们应该谨慎。我们应该聪明地使用新技术，成为其主人，而不是奴隶。

### 3. 流行现象

标签：四六级，偏六级

Directions: For this part, you are allowed 30 minutes to write a composition on the topic of "Idol Worship".

点评：过度包装（over-packaging），偶像崇拜，网络红人（Internet Celebrity），电视广告（TV commercial）都可以用同样的思路和素材。

Idol worship has become one of the most important representatives of popular culture in China. The past several years has seen the idol worshipping craze. Fans crazily pursue their idols in drama, movies, or live music concert. This phenomenon becomes increasingly evident and eye-catching.

偶像崇拜已经成为了中国流行文化的重要代表。过去几年见证了偶像崇拜的疯狂。粉丝狂热地追逐连续剧、电影以及现场音乐会的偶像。这种现象愈演愈烈，抓人眼球。

There are several reasons behind this trend. The primary factor lies in education system. Nowadays, most students usually concentrate merely on their school performance but neglect other important aspects in life, such as psychological status. Therefore, students have to look for their role model in real life. Furthermore, it is the mass media that should be blamed. Pop singers and all the other entertainers always present their glamorous appearance and personality that young people desire to have. However, young people are just not mature enough to tell fact from fiction.

有几个原因可以解释这种趋势。首要的原因源于教育体系。现今，大多数学生通常仅仅关注他们学校表现，却忽略了生活中其他重要方面，比如心里状况。因此学生不得不寻找自己真实生活中的榜样。其次，大众媒体难辞其咎。流行歌手和其他娱乐明星总是展示出年轻人渴望获得的迷人外表和个性。然而，年轻人还未成熟，无法明辨是非。

There is much controversy over whether this tendency is a boon or a bane. As far as I am concerned, it is just like a double-edged sword. Excessive worship could only lead to undesirable consequences. One should pay much more attention to his study and work.

对于这个趋势的优劣，众说纷纭。在我看来，他就像一把双刃剑。过度崇拜会导致不良后果，我们应该重视自己的学习和工作。

亮点句：

1. Most students usually concentrate merely on their school performance but neglect the other important aspects in life.

大多数学生通常仅仅关注他们学校的表现，却忽略了生活中其他重要方面。

重要词汇：

idol worship 偶像崇拜

excessive packaging 过度包装

TV commercial 电视广告

celebrity endorsement 明星代言

Internet celebrity 网红

brand reputation 品牌声誉

image building 建立形象

pirated products 盗版商品

fake commodity 伪劣商品

#### 4. 校园生活

标签：四六级，偏四级

经典命题法：the advantages and disadvantages of ...

Directions: For this part, you are allowed 30 minutes to write a composition on the topic “the advantages and disadvantages of recreational activities”.

点评：四级考试偏重于说明，关于优缺点类话题非常值得准备。比如：介绍下去图书馆的好处；住校的优缺点；考试的优缺点，兼职（taking a part-time job）的优缺点。

The recreational activity is of utmost importance in our normal life. We can experience a great many recreational activities on campus. For example, as a sophomore, I have been a member of the school's tennis club, and have also enjoyed playing tennis with my friends after class.

娱乐活动在我们的日常生活中非常重要。我们可以在校园里体验许多娱乐活动。比如，作为一个大二学生，我已经成为了一名学校网球俱乐部的成员，同时也享受着课余与朋友打网球的快乐。

There are several aspects concerning recreational activities. On the one hand, nowadays, college life tends to be very stressful. Recreational activities can relax our mind and release our pressure. Also, a student can widen his circle of friends through these activities. One can find friends with the common interest. On the other, there are drawbacks. Excessive recreational activities may interfere with our study. Therefore, students cannot concentrate on their learning and may even fail in the exams.

关于娱乐活动的话题，我想谈谈以下几个方面。一方面，现在大学生活压力很大。娱乐活动可以让我们放松心情，释放压力。同时通过这些活动，学生们还能扩大自己的朋友圈，我们可以找到志同道合的朋友。另一方面，娱乐活动也存在缺陷。过度娱乐会妨碍学习。因此，学生无法集中精力学习，甚至在考试中挂科。

To sum up, the recreational activity is just like a double-edged sword. We might bear in mind that it can exert both positive and negative influences on our life. However, we can avoid those undesirable effects, when making full use of it.

总结起来，娱乐活动就像一把双刃剑。我们应该牢记，它对于我们的生活既会产生积极又会产生消极的影响。然而，我们应该避免那些消息效应，而充分利用其积极的一面。

必备短语：



enrich one's life 丰富生活

broaden one's horizon 扩展思维

enlarge one's experiences 丰富经历

expand one's range of knowledge 扩展知识面

release one's pressure 释放压力

relax one's mind 放松心情

have a temporary escape from the academic workload 从学习中短暂逃脱

widen one's circle of friends 拓展朋友圈

## 5. 精神品质

标签：四六级，偏六级

经典命题法：the importance of ...

Directions: For this part, you are allowed 30 minutes to write a composition on the importance of cooperation.

点评：四级会出得比较具体（比如 Suppose you are to join a competition, how can you work well with your team players），六级会出得比较抽象。目前反押题的手法是出现比较具体的场景来考老话题，俗称“旧话新说”，在撰写时，大家务必要写和题干相关的内容。

It goes without saying that cooperation is of utmost importance in our study and life. In such an advanced society where success is no longer an individual behavior, teamwork has become an integral part for great achievements. This character has obviously shaped our culture and destiny in quite an obvious manner.

众所周知，合作在我们的生活和学习上至关重要。在一个发达的社会中，成功不再是个人的行为，团队合作成了伟大成就的一个不可或缺的部分。这种品质显然塑造了我们的文化和命运。

As regards to the social implication of this spirit, my discussion is mainly twofold. To begin with, cooperation is truly the fundamental attribute of top performers, which separates the high achievers from the rest of the pack. For example, honored for his success in basketball, Yao Ming is always remembered for his spirit of teamwork, which shines through every page of his life. Furthermore, cooperation could be regarded as a traditional Chinese virtue that has been handed down from generation to generation. We students should learn how to work together with our peers.

关于这种精神的社会意义，我的讨论分为两点。首先，合作确实是表现突出的人所具有的基本属性，其将高成就者和剩下的人区分开来。比如，举例来说，姚明不仅在篮球上取得成功，且因其合作精神被人所铭记，这种精神闪耀在他生活的每一篇章。其次，合作可以被看成是传统中国美德，代代传承。我们学生应该学习如何与同龄人合作。

To sum up, one should attach great importance to teamwork in today's society. The time is right for us to take full advantage of ample existing opportunities. We should do our utmost to promote and advocate the spirit of teamwork. Only in this way can our society become a harmonious place for us to live in.

总而言之，我们在当今社会中应该重视团队合作。我们应该重复利用现在充足的机会，尽力推动倡导团队合作精神。只有这样，我们的社会才能变成一个和谐的地方。

亮点句：

1. For example, honored for his success in basketball, Yao Ming is always remembered for his spirit of teamwork, which shines through every page of his life.

举例来说，姚明不仅在篮球上取得成功，且因其合作精神被人所铭记，这种精神闪耀在他生活的每一篇章。

注：该句替换 Yao Ming 和 basketball 即变成了另外的例子。

2. Cooperation is truly the fundamental attribute of top performers, which separates the high achievers from the rest of the pack.

合作确实是表现突出的人所具有的基本属性，其将高成就者和剩下的人区分开来。

3. Cooperation could be regarded as a traditional Chinese virtue that has been handed down from generation to generation.

合作可以被看成是传统中国美德，代代传承。

必备单词：

独立：independence (adj. independent)；

坚持：persistence (adj. persistent)；

勤奋：diligence (adj. diligent)；

信心：confidence (adj. confident)；

合作：cooperation (=teamwork =collaboration)；

乐观：optimism (adj. optimistic)

## 6. 人生哲理

标签：四六级，偏六级

Directions: For this part, you are allowed 30 minutes to write a composition on the topic "My view on Happiness/Money/Struggle".

点评：人生哲理类包括名言类的作文，这类作文建议多背一些精神品质类的句子，写作的时候可以具体化。Our Sense of Happiness/Money/Struggle。

In recent years, as China is marked by rapid economic growth and continuous technological innovation, people's living standard has been very much improved. Therefore, they are more concerns about how to enhance their sense of happiness.

最近几年，随着中国快速的经济增长和持续的技术革新，人们的生活水平迅速提升。因此，关于如何加强人们的幸福感，有很多忧虑。

Opinions vary when it comes to the definition of happiness. To begin with, as the job market is getting gloomy and competition is becoming fierce, it is increasingly difficult for college undergraduates to find a decent job. Happiness for me is to find a satisfactory job and to earn



money to support my life. Furthermore, the late 90s had seen the birth and boom of the Internet, which was starting to convince people of its advantage in speeding up communication. Happiness for me is to acquire knowledge of computer science to bring more convenience to our life. Finally, with the rapid development of the economy and society, public morality has declined to an extent. More and more people are becoming indifferent or scared to help people in trouble. Happiness for me is to help those in need.

谈及到幸福的定义，大家议论纷纷。首先，随着劳动力市场变得低迷，竞争日趋激烈，对于大学生来说找到一份好工作越来越困难。幸福之我而言是找到一份满意的工作并挣钱养活自己。其次，90年代末期见证了网络的诞生和兴旺，这让人们相信其在加快沟通当中的优势。幸福之我而言是学习计算机知识给生活带来便利。最后，随着经济和社会的发展，公共道德已经衰落到一定的程度，越来越多的人对于帮助困难的人变得冷漠和害怕。幸福之我而言是帮助那些需要帮助的人。

To sum up, everyone should pursue his or her own happiness. The time is right for us to take full advantage of ample existing opportunities. Happiness does not lie in the mere possession of money; it lies in the joy of achievements.

总而言之，每个人都应该追求自己的幸福。是时候我们应该充分利用现有的机会。幸福并非仅仅在于拥有金钱，它也在于获得成就的喜悦。

亮点句：

1. As the job market is getting gloomy and competition is becoming fierce, it is increasingly difficult for college undergraduates to find a decent job.

然而，随着劳动力市场变得低迷，竞争日趋激烈，对于大学生来说找到一份好工作越来越困难。

2. The late 90s had seen the birth and boom of the Internet, which was starting to convince people of its advantage in speeding up communication.

90年代末期见证了网络的诞生和兴旺，这让人们相信其在加快沟通当中的优势。

3. With the rapid development of the economy and society, public morality has declined to an extent, which can be attributed to the lack of proper education.

随着经济和社会的发展，公共道德已经衰落到一定的程度，这主要是因为缺乏教育。

重要词汇：

克服困难：overcome/surmount difficulty

对待失败：deal with/cope with failure

乐观态度：have a positive attitude

不劳无获：No pains, no gains.

抵制诱惑：resist temptation

## 7. 健康服务

标签：四六级，偏四级

Directions: Write a letter to the president of your university, suggesting how to improve students'

physical condition.

点评：考试涉及到如果提高学校的图书馆服务（the service in the library）和食堂服务（the canteen service on campus），如何促进学生的身体健康（physical health）和心理健康（mental health）。同时其也折射心理身体健康的话题。根据这个押题，请大家也关注书信体的写法。

Dear Mr. James,

亲爱的詹姆斯先生，

I am one of the senior students in our university. I have recently found that many students are in poor health condition. I am writing this letter for the purpose of providing you some suggestions concerning the ways to improve our physical conditions.

我是本校的大四学生。我最近发现许多学生健康状况很糟糕。我写这封信希望能提供大家一些关于提高身体状况的方法。

To begin with, the school should encourage students to do more exercises. With the quickening pace of urban life and ever-increasing pressure, people in growing numbers are suffering from either the physical or mental problems. Doing exercise can relax our mind, which in turn helps us to concentrate on our academic performance. Furthermore, the mass media such as the radio station and TV program of our school should also join in the efforts in educating the students. We should bear in mind that health always comes first.

第一点，学校应该鼓励学生多锻炼身体。随着不断加快的都市节奏以及日益增长的压力，越来越多的人正遭受到身体或心理的问题。锻炼身体可以帮助我们放松大脑，这样可以使我们集中精力在学习成绩上。第二点，大众媒体比如我校广播站和电视台应该努力劝导学生。我们应该牢记健康是第一位的。

I sincerely hope that we can have a better condition in physical and mental health. Thank you for your time and consideration.

我非常希望我们在身体和心理上都能有一个更好的状况。非常感谢您的时间和考虑。

Sincerely yours,

Li Ming

诚挚的

李明

#### Part 4 写作的 6 个段子

度过节日

注：四级谨防考叙事，该段子可以帮助大家写一件快乐的事情

On the Lantern Festival, people usually eat sweet dumpling as the traditional food for the day. Shaping like a pyramid, it is made with sticky rice flour and filled with sweet stuffing. After dinner, people will go on streets with a variety of lanterns under the full moon and watch a parade of lion dancing. Lantern riddle gathering is held. All kinds of lanterns have a riddle on each of them. People who guess them right can get a small gift. The lantern festival will bring us peace, prosperity and good luck for the New Year.

【中文翻译】元宵节，人们通常吃元宵作为传统食物。它的形状像金字塔，用糯米粉做成的，里面填满了甜食。晚饭后，人们会带着各种灯笼在满月下走上街头，观看舞狮游行。还会举行灯谜聚会。各种灯笼上都有一个谜语。猜对了的人可以得到一份小礼物。元宵节将给我们带来平安、繁荣和新年的好运。

#### 工作就业

To begin with, as the job market is getting gloomy and competition is becoming fierce, college students should be well equipped with practical experience while still in college. Their summer and winter holidays should be used to gain valuable work experience. Moreover, the expectations of employment play an important part. A large number of graduates tend to give first priority to earnings and aim for well-paid positions in foreign companies or big banks.

【中文翻译】首先，随着就业市场的低迷和竞争日趋激烈，大学生在大学期间应具备良好的实践经验。他们的暑假和寒假应该用来获得宝贵的工作经验。此外，就业预期也起着重要作用。许多毕业生倾向于优先考虑收入，并希望在国外公司或大银行获得高薪职位。

#### 环境资源

First of all, we are suffering greatly from the environmental destruction, which becomes increasingly severe. If there are less and less trees, then nothing can prevent the sand storm and dust storm. Secondly, the environment is the place in which we live. Environmental protection is caring about ourselves and ensuring environmental sustainability for future generation.

【中文翻译】首先，我们正遭受着越来越严重的环境破坏。如果树木越来越少，那么没有什么可以阻止沙尘暴的侵袭。其次，环境就是我们生活的地方。环境保护是关心我们自己，也为下一代确保环境的可持续性发展。

#### 推荐书籍/电影

This movie series tell a story of adventure about Harry potter and his friends fighting against the Dark Lord. The meaning of movies, as far as I am concerned, is to tell us that love is powerful. Harry Potter is invincible because his mother Lily tried to save him by sacrificing her own life. In addition, the movies are really exciting and cliff-hanging. The plots are well-designed, capturing my attention all along. I still remember how I watch the movies. I stayed in my house the whole day without eating anything. The story of Harry Potter is magical but logical.

【中文翻译】这系列电影讲述了一个关于哈利波特和他的朋友们与伏地魔战斗的冒险故事。就我而言，电影的意义在于告诉我们爱是伟大的。哈利波特不可战胜，因为他的母亲莉莉为了救他而牺牲了自己的生命。此外，这些电影很刺激，扣人心弦，情节设计得很好，一直吸引着我的注意力。我还记得我当时看电影时，整天呆在家里什么都不吃。《哈利波特》的故事很奇幻，但合乎逻辑。

#### 两代关系

There exist some misunderstandings between parents and their children. The young are more educated and more influenced by western civilization. They believe in spending money rather

than saving it. They are not so dependent on their parents. They are more self-centered and do not blindly follow their parents' ideas. They tend to have their own philosophy of life. However, everyone still has the duty to take care of our parents, especially when they are old and sick. Also an increasing aging population will have enormous consequences for any society.

【中文翻译】父母和子女之间存在一些误解。年轻人受教育程度更高，更受西方文明的影响。他们相信花钱而不是存钱。他们并不那么依赖父母。他们更加以自我为中心，不会盲目地追随父母的想法。他们往往有自己的人生信条。然而，每个人都有责任照顾我们的父母，特别是当他们年老生病时。人口老龄化的增加也会给任何社会带来巨大的后果。

### 传统文化

The Internet could exert a huge impact on our traditional cultures. Over the course of thousands of years, the Chinese people have created their own unique customs and traditions, and passed them on from one generation to the next. However, a growing number of people become increasingly concerned that China's cultural heritage could become marginalized or even disappear entirely. The Internet has brought more and more western cultures to China and children are more likely to be exposed in the western cultures. There is a danger that age-old customs and traditions may become lost in the shadows of modernization.

【中文翻译】互联网可能对我们的传统文化产生巨大影响。几千年来，中国人民创造了自己独特的风俗习惯，代代相传。然而，越来越多的人会担心中国的文化遗产可能会被边缘化，甚至完全消失。互联网给中国带来了越来越多的西方文化，而儿童更容易接触。古老的习俗和传统可能会在现代化的阴影中消失。