

## HONG KONG COVID-19 TRAVEL PROCEDURES | AUG 2020

### PREPARATIONS

1. Fill Health Declaration Form 48 hours before *arrival* (not departure; it will expire too early)
2. Save QR Code on your phone
3. Print QR also just in case phone dies
4. Print self + each other's Flight Itineraries
5. Print copy of passports / IDs if desired
6. Book and Print WFS confirmation and instructions: if you are flying with a lot of luggage, highly recommend that you book the World Flight Services (WFS) VIP chaperone that will send someone to receive you from when you deplane all the way to the shuttle bus, and take care of checked luggage that you wish to send directly home. Must book in advance.
7. Bring plastic folder with all key documents -- printed QR code, flight itinerary, WFS confirmation number if applicable, photocopy of passport and HKID if desired
8. Pack overnight bag *separate* from luggage:
  - a. Change of Clothes / Underwear
  - b. Flip Flops
  - c. Warm scarf or blanket
  - d. Tent for AsiaExpo
  - e. Yoga mat for AsiaExpo (take turns sleeping)
  - f. ALL sanitisers / wipes -- separate kinds for hand, face, surface (see "FLIGHT" below)
  - g. Ziplock bag with surgical masks (use disposable, not cloth)
  - h. Hoodie to sleep on plane so head does not touch couch
  - i. Clean hoodie to change in for Asia Expo, if desired
  - j. Thermal long sleeve
  - k. Warm jacket/light down jacket -- gets very cold waiting in Asia Expo
  - l. Food: dry fruit, power bars, nuts, rice crackers (HK Govt serves only 2 meals of white bread and ham/turkey)
  - m. Spoons
  - n. Napkins
  - o. Medium size garbage bags for your own use and to put on floor for your bags
  - p. Large garbage bags to line x-ray security trays in your departure airport as they are very dirty with others' shoes
  - q. Reusable shopping bags for forms
9. Label all luggage (check-in and carry-on) with your address and phone number(s) in HK.
10. Pre-download work documents and/or entertainment (Wifi is weak at AsiaExpo)
11. Bring or pre-exchange HKD for taxi
12. Make sure your SIM card is working once you land. Foreign numbers are accepted; they just need to be able to roam (3G) and also make and receive calls immediately after you land/deplane.

### AIRPORT

13. Wear surgical mask before entering airport
14. Wear face visors before entering airport
15. Depending on which country you're flying from, may have a variety of forms to fill / sign, so recommend to arrive 30 min earlier than usual for check-in

## FLIGHT

16. Lots of surface wipes for wiping down seat, table, screen, any switches/buttons for light, etc., vent/fan above you, overhead cabin handle, belt buckle (~6-10 wipes per seat)
17. Lots of small tissues to open airplane toilet door and taps
18. 100ml Alcohol spray for everything else (e.g. luggage)
19. 100ml Antiseptic hand gel or wipes for hands (don't use sink water to wash)
20. Bring face wipes (i.e. no alcohol, such as Neutrogena) to freshen up (don't use sink water to wash)
21. Mouthwash if desired (don't use sink water)
22. Bring chewing gum also so no need to brush teeth (again, don't use sink water if you can help it)

## ARRIVAL

23. Change surgical mask before deplaning, if desired
24. **Keep boarding passes all the way until arriving home**
25. Make sure phone is charged, turned on, and connected to both the internet and phone network
26. Take out reusable shopping bags to be pulled out at short notice to hold forms and kits that will be used constantly as you go through the stations
27. Have online health form QR code ready (mobile or printout). You will be asked for this repeatedly.

*Various stations to get through; all instructions given in Cantonese or English:*

28. 1st station = temperature check.
29. 2nd station = download the Stay Home Safe app on your phone, given flyer with colourful instructions. Only ONE app per family quarantining in the same household is required, but you can request for separate family members to each have their own app if you prefer -- it just means each of you has to do the perimeter walk once you get home.
30. 3rd station = white tracking bracelet (everyone must wear one, regardless of if you're in the same family). You can choose which wrist it goes on.
31. 4th station = register your information in the Stay Home Safe app and enter provided PIN number. Here, you can ask questions about how to walk the perimeter of your home.
32. 5th station = phone number test -- if they call and it works you get a yellow slip of paper. Officials will then print you a personalised "Compulsory Quarantine Order" -- you will be asked for this repeatedly.
33. 6th station = forms -- officials will sit you down and ask for your QR code and HKID and Compulsory Quarantine Order. They will then:
  - a. Explain the Order to you (mainly, the \$25,000 HKD fine if you violate your 14-day quarantine!)
  - b. Hand you a brown A4 envelope containing:
    - i. a white form to fill when you leave with the information of your transportation, i.e. your taxi or private car license number;
    - ii. a booklet where you are expected to track your temperature daily in the event you test positive later and doctors need to review
  - c. Give you a lanyard with an empty hook to wear around your neck.
34. Immigration = normal
35. Baggage claim = normal. (If you booked WFS this is where they'll send a porter to help you and send your luggage home, and after this, your chaperone leaves you. If not, you take all your luggage with you on the shuttle to Asia Expo).

## ASIA EXPO

36. Shuttle bus. Put luggage in side bottom of tourist bus
37. First stop = luggage hold area where you have the option to leave any luggage. Anything you want with you for the 8-12 hours' wait should *stay* with you.
38. Second stop = **saliva test**
  - a. Instructions = you'll be seated and asked for your HKID, boarding pass and Quarantine Order. You'll be given instructions + a specimen kit labelled with your personal info. They also give you an ID card to clip onto your lanyard (to connect you to your specimen; do not lose it!)
  - b. Video = move to watch a more detailed movie clip on a big screen re: how to do the saliva test
  - c. Test = go to a personal booth (one person per booth) to do the saliva test
    - i. Alcohol gel clean your hands
    - ii. Enter assigned booth
    - iii. Lay tissue paper on table
    - iv. Remove mask and place it on tissue paper (can keep visor on)
    - v. Take out specimen bag contents and lay them out on tissue paper
    - vi. Unscrew specimen bottle and keep it upright / do not spill the liquid already in it
    - vii. Put paper filter in specimen bottle and spit into the bottle until it is half full
    - viii. Screw the bottle back tightly and keep it upright
    - ix. Wipe the bottle with a tissue paper (not an alcohol wipe!) and bin the tissue and the paper filter
    - x. Wipe hands with alcohol wipe
    - xi. Place the bottle, making sure to keep it upright, into the first specimen bag. Seal it
    - xii. Place the sealed bag into the second specimen bag
    - xiii. Replace face mask, bin the wipe and the tissues
    - xiv. Wipe hands with alcohol wipe
    - xv. Hand over your specimen to be tested over the next 6-8 hours

*>> the whole process from landing to completing the saliva tests, takes ~2 hours.*

39. Setup tent and yoga mat and wait 8-12 hours for your test results
  - a. Bring medium size garbage bags for your own use and to put on floor for your bags/tent
  - b. Bring outer bags for putting any bags/backpack on floor
  - c. Bring warm jacket/light down jacket -- gets very cold waiting in Asia Expo
  - d. Bring your own food and spoons. HK Govt serves only two meals of white bread and ham/turkey
  - e. Bottle water will be served
40. WiFi is weak but personal hotspots will work
41. Bring portable charger; no electrical outlets
42. Toilet is cleaned every 3 hours, so use when there is no queue, which gets long after each cleaning

## HOME

*Assuming you test negative and are allowed to go to home/hotel quarantine...*

43. Register number of taxi / private car on white form in brown envelope
44. "Stay Home Safe App" from HK Govt = 2 hr window to activate after leaving Asia Expo
45. Once home, you have only 1 minute window to register perimeter of home with GPS
46. Cannot run since GPS needs to register every few steps
47. If multiple floors in home, no need to go upstairs/downstairs (GPS cannot track height off the ground)
48. If any problem, best to phone in and notify officials of insufficient time to establish the perimeter
49. Wipe down luggage with diluted bleach after reaching home
50. Print me!