

# EAT – The ICMI 2018 Eating Analysis and Tracking Challenge

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## ABSTRACT

The multimodal recognition of eating condition – whether a person is eating or not – and if yes, which food type, is a new research domain in the area of speech and video processing that has many promising applications for future multimodal interfaces such as adapting speech recognition or lip reading systems to different eating conditions. We herein describe the ICMI 2018 EATING ANALYSIS AND TRACKING (EAT) CHALLENGE and address – for the first time in research competitions under well-defined conditions – new classification tasks in the area of user data analysis, namely audio-visual classifications of user eating conditions. We define three Sub-Challenges based on classification tasks in which participants are encouraged to use speech and/or video recordings of the audio-visual iHEARU-EAT database. In this paper, we describe the dataset, the Sub-Challenges, their conditions, and the baseline feature extraction and performance measures as provided to the participants.

## CCS CONCEPTS

• **Information systems** → **Multimedia databases; Multimedia and multimodal retrieval; Task models**; • **Computing methodologies** → **Speech recognition**;

## KEYWORDS

Challenge, Multimodal Data Analysis, Eating Condition, Human Behaviour

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## 1 INTRODUCTION

To date, there is an increasing interest in monitoring automatically eating and drinking patterns using a diverse range of information streams such as audio and video signals [7, 18, 26], accelerometers [31], piezoelectric strain gauge sensors capable of detecting skin motion in the lower trachea [1] or movement of the lower jaw [21], or also by acoustic sounds of chewing [14, 15], or swallowing [2, 16, 22]. In this context, we proposed the audio only Eating Condition (EC) Sub-Challenge in the INTERSPEECH 2015 Computational Paralinguistics Challenge (Interspeech 2015 ComParE) [26] and herein introduce our first, open, audio-visual challenge, namely the ICMI 2018 EATING ANALYSIS AND TRACKING (EAT) CHALLENGE. We proposed three Sub-Challenges, where participants could contribute based on classification tasks in which participants were encouraged to use speech and/or video recordings:

- (1) **FOOD-TYPE SUB-CHALLENGE:** Perform a seven-class food classification per utterance
- (2) **LIKABILITY SUB-CHALLENGE:** Recognise the speaker's likability of each food type
- (3) **CHEWING AND SPEAKING DIFFICULTY SUB-CHALLENGE:** Recognise the level of difficulty to speak while eating.

Participants performed one or more of these Sub-Challenges. For all Sub-Challenges, a target class label had to be predicted per clip, where each file contained one full speech utterance.

The challenge data itself contained audio, video, and meta-data. The meta-data was composed of speaker identity, age, and gender. The participants were welcome to use any combination of modalities. They could employ their own features and machine learning algorithms; however, a standard feature set was provided that may be used for both audio and video data. Baseline predictions as well as the baseline code in the three Sub-Challenges were provided. Participants had to adhere to the pre-defined training/test splits and as these sets were speaker independent, test data could not be used for training purposes. Participants were encouraged to report development results obtained from the training set (preferably with the supplied evaluation setups), but had only a limited number of five trials to upload their results on the test sets for the Sub-Challenges, whose labels were unknown to them. Each participation had to be accompanied by a paper presenting the results, which underwent a double-blind peer-review and had to be accepted for the conference in order to participate in the Challenge. The organisers preserved the right to re-evaluate the findings, but did not participate themselves in the Challenge.

As evaluation measures, for the FOOD-TYPE and LIKABILITY Sub-Challenges, we employed Unweighted Average Recall (UAR, i. e., the average of the class-specific recall values), especially because it is more adequate for (more or less unbalanced) multi-class classifications than Weighted Average Recall (i. e., accuracy) and has been successfully applied for the Eating Condition (EC) Sub-Challenge in the earlier organised Interspeech 2015 ComParE Challenge [26]. For the CHEWING AND SPEAKING DIFFICULTY Sub-Challenge, we made use of the Concordance Correlation Coefficient (CCC) [12], as it is a compromise between the mean squared error and the (linear) Pearson's Correlation Coefficient and is widely used to evaluate regression tasks [20]. In preliminary experiments on the iHEARu-EAT dataset, we found that the results are more meaningful and consistent between the training set and the test set using CCC over rank correlation, even when evaluated on single speakers.

In the following we will introduce the challenge corpora, the baseline experiments and the baseline results.

## 2 DATASET

For the ICMI 2018 EAT CHALLENGE, the audio-visual iHEARu-EAT database was used [7], which was partly featured as a Sub-Challenge of the Interspeech 2015 ComParE Challenge [26].

For the iHEARu-EAT database, 30 speakers were recorded in a quiet, low reverberant office room. Out of those 30 speakers, 15 speakers are female and 15 male, with a mean age of 26.1 years (standard deviation: 2.7 years). 27 of the speakers are German native speakers; one is Chinese, one is Indian, and one has a Tunisian origin, but they have a close-to-native competence in German. Prior to the actual recording, speakers performed practice trials to familiarise themselves with the recording procedure. None of the speakers reported significant speech impediments.

It was decided for food classes with partly similar consistency (for instance, crisps and biscuits) and partly dissimilar consistency (for instance, nectarine vs crisps). Moreover, the food classes represent snacks which are likely to be encountered in practical scenarios and enable the speakers to speak while eating. In order to control for the amount of food being consumed, and in particular to encourage speakers to actually eat while speaking, an assistant provided the speakers with a serving of fixed size prior to the recording of each utterance. The assistant was sitting behind an opaque screen to ensure that the speakers felt unobserved while they were eating and speaking. The serving size was chosen such as to enable a significant effect on the speaker's speech. The speakers were advised not to eat food during the experiment if they are allergic to or they did not like to eat for any other reason.

Both read and spontaneous speech were recorded. For the read speech, the German version of the standard text "The North Wind and the Sun" ("Der Nordwind und die Sonne") was chosen, which is frequently used in phonetics, as it is phonetically balanced. It contains 108 words (71 distinct) with 172 syllables [6]. The speakers had to read the whole text with each sort of food. Spontaneous speech was elicited by prompting speakers to briefly comment on, e. g., their favourite travel destination, genre of music, or sports activity. A typical session of one speaker lasted about one hour.

After the recordings, the speakers were asked to self-report on how much they like each sort of food they were eating during the

**Table 1: Statistics of the iHEARu-EAT database: Number of instances per class in the train/test split used for the ICMI 2018 EAT CHALLENGE.**

#	Train	Test	$\Sigma$
No Food	140	70	210
Apple	140	56	196
Nectarine	133	63	196
Banana	140	70	210
Crisp	140	70	210
Biscuit	133	70	203
Gummi bear	119	70	189
$\Sigma$	945	469	1 414

experiment. This was achieved by setting a continuous slider to a value ranging between 0–*dislike extremely* and 1–*like extremely*. For the ICMI 2018 EAT CHALLENGE, the likability labels have been mapped to two discrete values ('Neutral', 'Like') finding a suitable threshold by investigating the distribution and clusters of the ratings. For the 'NoFood' eating condition, the label was set to 'Neutral'<sup>1</sup>. 'Disliking' did not appear in the data as speakers did not eat the corresponding food in the first place. Furthermore, speakers were asked to specify on a 5-point Likert scale the difficulties they encountered in eating each sort of food while speaking.

Afterwards, the recordings were segmented into units resembling speaker turns (the six pre-defined read sentences, or responses to the spontaneous speech prompts). The speaker turns were segmented manually, in order to remove parts with only 'eating noise', which could make the classification task too easy. All in all, 1.4 k turns and 2:53 hours of speech were recorded. By construction, 1/7 of the speaker turns contained spontaneous speech. Note that there was a slight difference in the amount of utterances per class, because some speakers chose not to eat all the types of food.

Conforming with the Interspeech 2015 ComParE Sub-Challenge, the data were split speaker-independently into a training set (20 speakers) and test set (10 speakers), stratified by age and gender. Classification was done per speaker turn. The resulting numbers of instances per class and set are shown in Table 1.

## 3 EXPERIMENTS AND RESULTS

### 3.1 Crossmodal Bag-of-Words

In our first baseline script, we provided a *crossmodal bag-of-words* (XBOW) [25] approach. This approach combines the well-known *bag-of-audio-words* (BoAW) and *bag-of-visual-words* (BoVW) representations of numeric descriptors. In those approaches, the low-level descriptors (LLDs), i. e., frame-level features extracted from an audio or video clip, are assigned to template audio/visual 'words' and a term-frequency histogram is generated. The template assignment step can be seen as a *vector quantisation* by choosing always the template with the lowest Euclidean distance. It was found, however, that assigning not only the *closest*, but the  $N_a$  closest templates, can improve the BoAW method [24]. This is sometimes referred to as *multiple assignments*. Finally, *term-frequency weighting* of the histogram values is usually applied, e. g., by a logarithmic weighting or *inverse-document frequency* weighting [19].

<sup>1</sup>'NoFood' instances could not be removed as the data must be kept constant between the three Sub-Challenges.

The resulting – fixed-length – feature vector was then the input of a machine learning algorithm, in our case, a *support vector machine* (SVM). For the generation of the *codebook* of templates, we used a *random sampling* of the LLDs in the training set. As acoustic LLDs, we applied the COMPARÉ feature set that has been employed successfully in many paralinguistic speech recognition tasks during the last few years [27]. It contains *spectral*, *cepstral*, *prosodic*, and *voice quality* features, in total 65 LLDs, extracted from audio frames (20 ms-60 ms) with a hop size (shift) of 10 ms. As visual features, we used 68 *facial landmarks*. Facial landmarks describe the location of significant points in terms of their location within the image, usually in the two-dimensional pixel plane, even though there are approaches to estimate also the image depth of the landmarks [3]. These points specify the corners of the eyes, the eyebrows, the mouth, the location of the eye pupils, and the tip of the nose. The suitability of the BoAW and the XBOW approaches has already been shown for the tasks of emotion recognition [20, 24], medical diagnosis [23], and sentiment analysis [4].

The whole processing chain was reproducible with a script provided in the challenge package. We utilised only published open-source tools, more specifically, we used OPENSILE [5] for acoustic feature extraction, OPENFACE [3] for facial landmark extraction, OPENXBOW [25] for the generation of XBOW, and SCIKIT-LEARN [17] for training and evaluating the classifiers.

The facial landmarks were normalised on frame-level to be always in the range between 0 and 1. In our initial experiments, we found that using only the mouth-related facial landmarks provided better results and we experienced the tendency of overfitting when using all facial landmarks. The acoustic LLDs were standardised to zero mean and unit variance (estimating the parameters from the training partition) and split into 8 groups, according to their feature types, and the vector quantisation was done independently for each group. Besides the *number of assignments* per frame, the *codebook size*, i. e., the number of templates, is an important parameter. Results for this optimisation process are shown in Table 2. For each modality (audio/video), the codebook size was optimised from 200 to 2000. It is important to note that the codebook size applies to each of the feature groups, so, for the audio domain, the actual length of the final feature vector is 8 times larger. It was found beforehand that, for the visual domain, 10 assignments per frame were more suitable than only 1 assignment per frame, as used for the audio domain. As a post-processing step, the logarithm was taken from all term-frequencies in order to compress their range. Due to the relatively low amount of 20 speakers (10 female, 10 male) in the training set, the complexity of the SVM (with a linear kernel) was optimised using a *Leave-One-Speaker-Out Cross-Validation* (LOSO-CV) on the training set, i. e., in each fold, all instances of one speaker were kept out for evaluation. Finally, the SVM was trained on all speakers with the complexity  $[1e^{-5}, 1e^{-4}, \dots, 1e^0]$  performing best in LOSO-CV.

### 3.2 End-to-end Learning

For our second approach we utilised Deep Neural Networks (DNNs), which have been successfully used in the affective computing domain [10], and more particularly for emotion recognition [29] [28].

**Table 2: Results for the automatic recognition for LOSO-CV and the Test set with OPENXBOW (audio/visual) and different codebook sizes using SVM (linear kernel) as a classifier. The complexity was optimised on LOSO-CV for each modality, task, and codebook size. Audio features have been standardised, the number of assignments is 1. For the video features, the number of assignments is 10. A logarithmic term frequency weighting was used for both modalities. Results for FOOD TYPE and LIKABILITY are in terms of UAR, results for DIFFICULTY are in terms of CCC.**

	FOOD TYPE		LIKABILITY		DIFFICULTY	
	Audio	Test	Test	Test	Test	Test
200	58.6 %	65.6 %	64.8 %	51.7 %	.439	.506
400	63.1 %	66.8 %	64.0 %	50.9 %	.432	.482
600	61.5 %	68.3 %	64.6 %	51.5 %	.455	.530
800	63.1 %	66.7 %	64.5 %	50.6 %	.446	.500
1000	63.7 %	67.1 %	64.7 %	49.8 %	.440	.503
1200	<b>64.3 %</b>	<b>67.2 %</b>	<b>66.5 %</b>	<b>54.2 %</b>	.451	.515
1400	63.5 %	68.2 %	65.7 %	52.2 %	<b>.470</b>	<b>.506</b>
1600	63.5 %	67.1 %	65.7 %	53.5 %	.466	.505
1800	63.8 %	66.7 %	65.4 %	53.0 %	.466	.510
2000	63.1 %	68.1 %	65.3 %	53.4 %	.469	.505
	FOOD TYPE		LIKABILITY		DIFFICULTY	
	Video	Test	Test	Test	Test	Test
200	26.4 %	25.5 %	55.6 %	56.1 %	<b>.246</b>	<b>.252</b>
400	27.1 %	27.7 %	54.6 %	59.9 %	.198	.250
600	27.4 %	27.3 %	55.4 %	53.8 %	.199	.250
800	26.8 %	27.2 %	54.4 %	59.1 %	.232	.272
1000	<b>28.0 %</b>	<b>27.0 %</b>	53.9 %	62.2 %	.244	.229
1200	27.4 %	25.9 %	<b>55.9 %</b>	<b>58.3 %</b>	.238	.246
1400	27.7 %	26.7 %	54.4 %	55.3 %	.230	.235
1600	27.8 %	27.9 %	54.2 %	56.0 %	.173	.236
1800	26.7 %	28.0 %	54.4 %	57.9 %	.181	.263
2000	26.0 %	27.2 %	53.8 %	57.3 %	.176	.268

Most popular architectures are the *Convolutional Neural Networks* (CNNs) [13], which are used to extract features, and the *Long Short-Term Memory* (LSTM) [9] models, which are a type of *Recurrent Neural Networks* (RNN) and can capture the dynamics in sequential data. For our purposes we applied DNNs in an end-to-end manner, i. e., using *raw* input information. In many applications such as emotion recognition it is important to consider inputs from different modalities (e. g., audio, visual, or physiology) as each modality provides complementary information to the task. For our purposes, we experimented with both unimodal and multimodal input. To this end, we utilised the END2YOU toolkit [30] which provides capabilities for multimodal profiling by end-to-end deep learning. More particularly, the modalities we used are audio, video, and audiovisual. In order to try to enhance the performance of the models, we incorporated landmarks to our models. A short description of each of the models is now provided:

*Preprocessing.* Before feeding the data to the models, they were preprocessed so as to speed up their training. For the visual frames we changed the range of the pixels from [0, 255] to [0, 1] by dividing

their intensity values by 255. For the audio part, we first downsampled the signal from the original sampling rate of 44.1 kHz to 16 kHz and we formed audio frames of length 33 ms (a 528-dimensional vector) to match the visual frame rate.

*Audio Model.* Our audio model was comprised by two layers. The first layer extracts features from the raw signal using CNNs with 40 filters of size 20 and a max-pooling layer of size 2. The second layer extracts higher abstraction features with a CNN with 40 filters of size 40 and a max-pooling layer of size 10. A 2-layer LSTM of 256 units was used on top to capture the contextual information.

*Visual Model.* For the extraction of features from the visual domain we utilised residual networks and more particularly the ResNet-50 [8], which has been used extensively in the computer vision domain. A 2-layer LSTM of 256 units was used on top of the model to capture the contextual information in the data.

*Audiovisual Model.* Our audiovisual model was comprised by both the audio and visual models that were used to extract features from the audio and visual information, respectively. The extracted features were then concatenated to form a multimodal feature vector, which was subsequently passed to a 2-layer LSTM of 256 units.

*Incorporating Landmarks.* As it is possible to incorporate landmarks to the aforementioned models, this was accomplished by concatenating the landmarks to the extracted features of each model, before passing them to the LSTM module.

Before training our models we extracted a quarter of examples from the training set to create a validation set. The instances of each set were selected so that a speaker belongs to one of them but not both. Our models were trained using the Adam optimiser [11] and a fixed learning rate of  $10^{-3}$  throughout all experiments. The loss function used is the softmax cross entropy loss. Due to memory limitations the batch size varied in our experiments from 1 to 5.

### 3.3 Challenge Baselines

The obtained baseline results are shown in Table 3. For each task, the modality (audio/video) or the crossmodal system performing best on the test set has been selected as the official baseline (in bold). The BoAW approach outperformed the end-to-end audio-only approach in all three tasks. For the FOOD TYPE and the DIFFICULTY tasks, this was also the method performing best on the test set. For LIKABILITY, the BoVW provided a larger UAR on the test set. The results show that an early fusion of the audio and the visual domain (XBOW) did not increase the performance. However, the hyperparameters of the BoAW and BoVW have been tuned independently, so far. Moreover, exploiting both domains could have lead to better results using a late fusion of the unimodal systems.

Furthermore, Table 3 outlines the best results obtained using end-to-end deep learning models. Note that the validation set contained 5 out of the total 20 speakers and it could be automatically extracted from the training set using the provided baseline scripts. The audio model provided better results than the visual one in all of the Sub-Challenges. This was expected as the ResNet-50 we used requires a large amount of data to be trained efficiently, which was not the case in our dataset. However, the visual model did provide performance gains when it was combined with the audio one. Incorporating landmarks in our models slightly benefited their performance, except for the DIFFICULTY task. Table 3 depicts only the best results.

**Table 3: Baseline results for all tasks and modalities. The official baselines are highlighted. Results for FOOD TYPE (7-classes) and LIKABILITY (2-classes) are in terms of UAR, results for DIFFICULTY (regression) are in terms of CCC.**

Modality	OPENXBOW		END2YOU	
	LOSO	Test	Dev	Test
Task 1 – FOOD TYPE				
Audio-only	64.3 %	<b>67.2 %</b>	35.2%	32.8%
Video-only	28.0 %	27.0 %	27.1%	24.5%
Audio+Video	63.9 %	67.0 %	34.8%	33.6%
Task 2 – LIKABILITY				
Audio-only	66.5 %	54.2 %	55.1%	53.7%
Video-only	55.9 %	<b>58.3 %</b>	52.9%	50.9%
Audio+Video	65.5 %	51.8 %	55.1%	54.2%
Task 3 – DIFFICULTY				
Audio-only	.470	<b>.506</b>	.342	.323
Video-only	.246	.252	.264	.220
Audio+Video	.481	.501	.345	.311

Results obtained using end-to-end deep learning did not outperform the results from the crossmodal bag-of-words method. The main reason for this was the limited number of training samples that did not allow to train efficiently the feature extractors (audio and visual). In addition, the length of the videos was high (200 to 400 frames) which provided extra difficulties to train the RNN, which had to be fully unrolled before making the prediction.

## 4 CONCLUDING REMARKS

This first, open, audio-visual challenge under strictly comparable conditions, namely the ICMI 2018 EATING ANALYSIS AND TRACKING (EAT) CHALLENGE, brought three new fields of research: (i) FOOD-TYPE SUB-CHALLENGE – Perform seven-class food classification per utterance; (ii) LIKABILITY SUB-CHALLENGE – Recognise the speaker’s likability of each food type; and (iii) CHEWING AND SPEAKING DIFFICULTY SUB-CHALLENGE – Recognise the level of difficulty to speak while eating. Herein, we featured state-of-the-art end-to-end learning baselines and the popular OPENXBOW toolkit.

Yet, feature sets and learning procedures were standard but not optimised and kept generic across the tasks, despite their obvious differences. For all computation steps, baseline and evaluation scripts were provided that could, but did not needed to be used by the participants. We expected participants to obtain considerably better performance measures by employing novel (combinations of) procedures and features including such tailored to the particular Sub-Challenges.

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