

A Combination of Dopamine Genes Predicts Success by Professional Wall Street Traders

Steve Sapra¹, Laura E. Beavin¹, Paul J. Zak^{1,2,3}*

1 Center for Neuroeconomics Studies, Claremont Graduate University, Claremont, California, United States of America, 2 Department of Economics, Claremont Graduate University, Claremont, California, United States of America, 3 Department of Neurology, Loma Linda University Medical Center, Loma Linda, California, United States of America

Abstract

What determines success on Wall Street? This study examined if genes affecting dopamine levels of professional traders were associated with their career tenure. Sixty professional Wall Street traders were genotyped and compared to a control group who did not trade stocks. We found that distinct alleles of the dopamine receptor 4 promoter (DRD4P) and catecholamine-O-methyltransferase (COMT) that affect synaptic dopamine were predominant in traders. These alleles are associated with moderate, rather than very high or very low, levels of synaptic dopamine. The activity of these alleles correlated positively with years spent trading stocks on Wall Street. Differences in personality and trading behavior were also correlated with allelic variants. This evidence suggests there may be a genetic basis for the traits that make one a successful trader.

Citation: Sapra S, Beavin LE, Zak PJ (2012) A Combination of Dopamine Genes Predicts Success by Professional Wall Street Traders. PLoS ONE 7(1): e30844. doi:10.1371/journal.pone.0030844

Editor: Reiner Albert Veitia, Institut Jacques Monod, France

Received July 1, 2011; Accepted December 29, 2011; Published January 24, 2012

Copyright: © 2012 Sapra et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: There is no current external funding for this study.

Competing Interests: The authors have declared that no competing interests exist.

* E-mail: paul.zak@cgu.edu

Introduction

Financial market volatility is often attributed to institutional traders who are "cowboys," taking risky positions that result in market paroxysms [1-3]. By one estimate, professional traders were responsible for only 10% of New York Stock Exchange (NYSE) trading volume in the 1960's, while individual investors were the primary source of trades. Professional trades are estimated to account for 90% of NYSE activity today, with traders from the 100 largest institutions responsible for 75% of volume [4]. At the same time, stock market prices are known to exhibit "excess volatility" [5], that is, to move more than predicted by the economic fundamentals of companies they represent. The reasons for excessive market volatility are unresolved, but the high volume of institutional trades suggests it is at least partially due to the behavior of professional stock traders [1,5–8] Understanding the behavior of traders is especially important in light of calls for increased regulation of financial markets after the rapid 48% decline in the NYSE in 2008. Recent research has shown that physiologic factors affect financial decisions. For example, Apicella et al. (2008) found that levels of testosterone in saliva were associated with greater risk-taking in a laboratory investment game [9]. Field studies have also highlighted this relationship, demonstrating that when professional traders trade in volatile markets they have increased cardiovascular tone [10], and that morning testosterone levels predict professional traders' daily profits [11]. Both prenatal and circulating testosterone appear to influence the choice of a financial career and success in this field as measured by longevity [12,13].

The biological factors affecting financial decisions may have a genetic basis. Analyzing data from Swedish twins, 29 percent of the variation in the decision to invest in stocks can be attributed to genetics [14]. Data from twins who are investment professionals showed that approximately 25 percent of portfolio risk is due to one's genes [15]. This research is tantalizing because it points towards genes affecting financial behaviors; yet it does not indicate the genes that cause differences between individuals. Our approach was to fill this gap by identifying specific genes in individuals who are making significant financial decisions on a daily basis. Understanding how biology affects financial decisions may have policy implications as the U.S. grapples with additional regulation of financial institutions.

In the present study we genotyped 60 New York City professional stock traders (those who execute trades in stock markets) at five different companies during the summer of 2008. All samples were obtained before the prodigious stock market decline that began August 28, 2008 that destroyed several large money management companies. Studying Wall Street professionals can be difficult because of the lavish value of their time and their high turnover, especially among short-tenure traders. In this study, we targeted traders who were successful; that is, those who on average have survived the ups and downs of Wall Street for nearly a decade. The majority of the traders assessed were intermediary traders who bought and sold securities for clients rather than on behalf of the companies for whom they worked.

Rather than measure personality traits of traders [16] or study college students making low-stakes decisions in a laboratory [17], we investigated whether a set of functional genetic polymorphisms associated with brain function would predispose one to be successful on Wall Street. In particular, we were interested in determining whether frequencies of certain alleles would differ between traders and controls. We investigated two regions in the

dopamine receptor 4 gene, one region in the catecholamine-Omethyltransferase gene (COMT), a region in the monoamine oxidase A gene (MAO-A), and the promoter region in the serotonin gene (SERT). These genes were selected because of their relationship to risk-taking and mood. Dopamine in particular has been associated with financial decision-making in functional MRI (fMRI) studies of financial decisions [18,19]. Genes map more directly onto the traits that may make traders successful than do brain imaging studies that characterize the state of brain activity during a particular task. Yet, findings from neuroeconomics studies [20] coupled with methods for reducing the genomic search space in genetic association studies guided our choices of candidate genes. Successful traders have to balance risk-return trade-offs throughout the day. At the same time, stock traders have to execute trading rules while maintaining discretion when unforeseen opportunities present themselves. This requires modulating attention, novelty seeking, learning, and impulsivity. We hypothesized that sustaining the balance between rules and discretion would be associated with a particular combination of genes and alleles that affect brain function.

Levels of synaptic dopamine have an inverted-U relationship with several cognitive abilities as shown by both animal and human data [21]. For example, markedly low or high levels of dopamine are associated with disruptions in working memory, while moderate levels of dopamine are associated with improved memory [22]. Densities of D2 and D3 dopamine receptors also have an inverted-U association with sensation seeking [23] and risk-taking can be increased by administration of the dopamine agonist pramipexole [24]. Evidence from Parkinson's disease patients also shows an association between treatment with dopamine agonists and risk-taking and impulse control disorders [25,26]. Adolescents, who have fewer dopamine receptors and reduced synaptic dopamine compared to adults, show elevated risk-taking compared to pre- or post-adolescents [27-29]. Since successful trading depends on appropriate amounts of risk-taking and engaging cognitive control, we hypothesized that successful traders would have genes that produce intermediate levels of synaptic dopamine.

Materials and Methods

Participants

A total of 60 traders from five Wall Street firms and 54 graduate students from the Claremont Graduate University in Southern California participated in the study. The trader population consisted of 54 males and six females. The anonymity of participants was maintained throughout, with the data we collected in New York City in July, 2008. The companies who agreed to make their employees available to us traded high volumes of equities, fixed income instruments, and derivatives for both clients and their own proprietary trading books. The controls consisted of 44 males and 10 females who were students at Claremont Graduate University, producing a total sample size of 114. These data were collected in September, 2008 from the lobby of the Claremont Graduate University's Peter F. Drucker-Masatoshi Ito Graduate School of Management over several evenings when MBA courses were ending. We targeted MBA students in order to recruit controls who were interested in business, but were not professional traders. All participants provided written informed consent, and the study protocol was approved by the Institutional Review Board at Claremont Graduate University. Saliva samples were collected from all participants using the Oragene® DNA kit (DNA Genotek Inc, Ontario, Canada) and genomic DNA was purified according to manufacturer's specifications. The concentration and purity of each DNA sample was determined using a Nanovue spectrophotometer (GE LifeSciences, Piscataway, NJ, USA).

Genetic Targets

Our approach was to look for a set of genetic alleles active in the brain that may affect success in finance. As mentioned above, we focused on genes that affect the activity of the neurotransmitter dopamine (DA), because a large number of neuroeconomics studies have demonstrated that DA influences financial decision-making. Functional MRI (fMRI) studies have associated activation in dopamine-receptor-rich ventral striatal regions in the brain with the anticipation of financial gains [19,30]. These studies indicate DA is associated with financial decision-making.

Two recent studies of financial decisions in the laboratory have associated variations in the dopamine receptor 4 (DRD4) gene with greater risk-taking by college students [31,32]. DRD4, a G-protein coupled receptor located on chromosome 11, contains two distinct repeat polymorphisms designated the promoter insertion/deletion (DRD4P) and the exon III (DRD4e3) variable number of tandem repeats (VNTR) [33]. College-aged participants who had 7 or more VNTRs in DRD4e3 region took more risk than those with less than 7 repeats. The DRD4P region contains two alleles, a long allele (L) and a short allele (S), with the length of the allele inversely associated with DRD4 transcription levels [34]. Alleles associated with a decrease in DRD4 activity in the prefrontal cortex have been associated with novelty seeking, attention deficit hyperactivity disorder, and substance abuse [35–37]. The effect of DRD4P on financial decisions has not been previously reported.

Genetic variation in genes altering dopamine activity may also influence financial decision-making. The COMT gene is involved in the catabolism of dopamine in the frontal cortex and the ventral striatum. This gene contains a coding region single nucleotide polymorphism (SNP) within exon 4 in which codon 158 may be either a valine (Val) or a methionine (Met) [38]. The methionine variant has lower enzymatic activity than the valine version resulting in higher synaptic DA. Individuals who are homozygous for the Met allele (denoted A/A) exhibit only 25% of the enzymatic activity compared to individuals homozygous for the Val allele (G/G) [38]. The low activity Met allele has been associated with reduced levels of phasic dopamine in subcortical regions [39]. Several studies have found that G/G individuals perform better than those with the A/A allele on tasks demanding cognitive flexibility, while individuals with the A/A allele are better at tasks demanding focused attention [40-43]. Additionally, A/A individuals show higher loss aversion behavior, decreased impulsivity and reduced novelty seeking [44–46].

Monoamine oxidase (MAO) is also involved in the catabolism of dopamine, and allelic variants of the MAO-A gene have been associated with sympathetic arousal and anxiety that may affect financial decision making [47–49]. Two recent studies investigated financial decisions and MAO-A variants. The 3 VNTR allele has low enzymatic activity that produces higher levels of synaptic DA. Conversely, the 4 VNTR variant has higher activity, resulting in lower levels of DA. The low DA (4 VNTR) allele has been associated with a preference for long-shot risks and to a lower likelihood of obtaining protective insurance [50]. Another study reported that those with the high DA (3 VNTR) MAO-A allele had an increased likelihood of taking an advantageous financial risk [51].

Serotonin (5-HT) is well known for its effect on anxiety and mood [52-54]. The promoter region of the serotonin gene, called 5HTTLPR or SERT, has two alleles, short (S) and (L) with serotonin activity higher for the L variant. The S allele is

associated with greater activity in the amygdala, a brain region often associated with vigilance and fear [55]. SERT has been associated with risk preference, with those homozygous for the short version of the allele (S) exhibiting 28% less risk-taking than those with S/L or L/L variants [32]. Those homozygous for the S allele show greater loss aversion and take fewer financial risks [56,57]. Using a similar methodology, a recent study found no relationship between SERT alleles and risk propensity [51].

Genotyping

Genotyping was performed by PCR as previously described [58]. A subset of the genotypes was independently verified by DNA sequencing of the PCR products at UC Davis Sequencing Core (Davis, CA). Genotyping for the COMT Vall58Met (G/A) SNP was performed by tetra-ARMS PCR as described in Ruiz-Sanz, Aurrekoetxea, del Agua, & Ruiz-Larrea (2007) [59]. Genotyping for the DRD4 exon III VNTR and MAO-A promoter VNTR was performed at the UCLA Genotyping Core (Los Angeles, CA). The genotyping failure rates were 1% for the DRD4 exon III VNTR, 1.8% for the MAO-A promoter VNTR, 1% for the DRD4P, and 2.6% for the COMT G/A SNP.

2.4 Statistical Analysis

Genotype frequencies for the two biallelic polymorphisms (DRD4P and COMT Val158Met SNP) were tested for Hardy-Weinberg Equilibrium (HWE) in the controls using both chisquared and Fisher's exact test (both results were consistent, only chi-squared is reported). Genotype frequencies for the multiallellic DRD4 exon III VNTR were tested for Hardy-Weinberg Equilibrium in the control group using the Markov-chain algorithm [60]. The MAO-A promoter VNTR is an X-linked, multiallelic polymorphism; therefore, testing for Hardy-Weinberg Equilibrium was performed only in the female controls as described in Philibert, Gunter, Beach, Brody, & Madan (2008) [61]. The genotype frequencies of all the polymorphisms were in Hardy-Weinberg Equilibrium in the control sample (DRD4 VNT: p = 0.47; DRD4P: p = .21; COMT: p = 0.16; MAO-A: p = 0.62). Distributions of the genotypes also matched those described previously for similar samples [31,32,51,58,62,63].

Testing for association in traders and controls with the DRD4 promoter insertion/deletion, and COMT G/A (Val158Met) SNP was performed using logistic regression and assuming a dominant genetic model for the DRD4 l (long) and COMT A (Met) alleles, respectively, as described in Balding (2006) [64]. Testing for association with the SERT promoter VNTR was performed by excluding individuals with 1 or more copies of the rare SERT alleles as described above, and treating the polymorphism as biallelic in the remaining population (54 traders and 52 controls). Association was tested using logistic regression and assuming a dominant genetic model for the s (short) allele also as described in Balding (2006) [64]. We tested for association with the X-linked MAO-A promoter VNTR by first excluding heterozygous females and performing the analysis on the remaining subjects, males and homozygous females as described in Fossella et al. (2002) [65], using a codominant genetic model for the 3R and 4R alleles (3 and 4 repeat alleles respectively). Association with the multiallelic DRD4 exon III VNTR was performed by classifying genotypes by the number of copies of the 7R allele (7 repeat) and subsequently using logistic regression assuming a dominant genetic model for the 7R allele as described in Kuhnen and Knutson (2005) [17]. We additionally tested for association by grouping the 2R and 7R alleles, as there is biochemical evidence these alleles confer diminished biological activity to the DRD4 protein [66]. We subsequently classified genotypes according to the number of copies of the 2R or 7R alleles for logistic regression analysis. Neither approach showed a statistically significant association. Confidence intervals (CI) were computed using logistic regression. All tests for association were performed using a significance level of p < 0.05.

Dopamine activity assignments were based on research cited above. These were COMT: GG=0 GA=1 AA=2; DRD4P: LL=0, LS=1, SS=2. The DA index simply summed each of these values to create an overall DA index. We developed this approach as a simple and direct measure to assess the combination of genes on behavior.

Results

The average age of the trader sample was 35.4 years (SD 7.3; range = 22–51) and the average number of years of professional trading experience was 9.2 (SD 7.0; range = 1–26). The average years of experience did not vary by firm. The average age of the control sample was 32.4 years (SD = 10.6; range = 22-69), and this did not differ significantly from the age of the trader sample (p = .09). Removing the 69 year old participant does not change the results so this participant was not excluded.

Genetic analysis

The DRD4e3 2R, 4R and 7R VNTRs were observed at the highest frequencies (>10%), with other alleles (3R, 5R, 8R and 10R) occurring at frequencies < 10% in the traders and controls. We classified subjects as carriers or non-carriers of the 7R allele as done in previous studies [31,32]. Twenty-nine percent of traders had the 7R allele, while 24 percent of controls carried this VNTR. This difference was not significant (chi-squared test, p = 0.61).

For DRD4P, we classified subjects as carriers or non-carriers of the S allele. Since the S allele is associated with increased expression of DRD4 mRNA [34], S carriers are expected to have higher levels of DRD4 mRNA and higher receptor levels than non-carriers (L/L individuals). We found that more traders were homozygous for the L allele compared to controls (70% vs. 53%) and that traders were nominally less likely to be S carriers than controls (30% vs. 47%; chi-squared test, p = 0.06).

For the COMT SNPs, we categorized those with A/A as having higher synaptic dopamine (H) than those in the G/G or A/G lower COMT activity (L) group. Traders were significantly more predominate in the H group (31%) relative to controls (13%) (chisquared test, p=0.019; Fig. 1).

We also tested whether variants of the MAO-A gene were more predominant in traders. We found no significant difference between traders and controls for the 3 VNTR versus 4 VNTR alleles (chi-squared test, p = 0.44). In addition, there was no difference between traders and controls for the L and S alleles of the serotonin promoter region, SERT (chi-squared test p = .90).

Next, we examined whether combinations of genetic polymorphisms might be more frequent in traders relative to controls. We found a statistically significant COMT X DRD4P interaction (F test, p = 0.014). This interaction shows that traders are more likely to have the H COMT allele and have at least one S allele for DRD4P. No other combinations of polymorphisms resulted in a significant interaction.

Years working on Wall Street

It is difficult to gauge an individual trader's success based on portfolio performance because returns depend on overall activity in the stock market, growth of the economy, as well as the quality of their company's research. We therefore used years working as a measure of success as a trader since low performing traders are

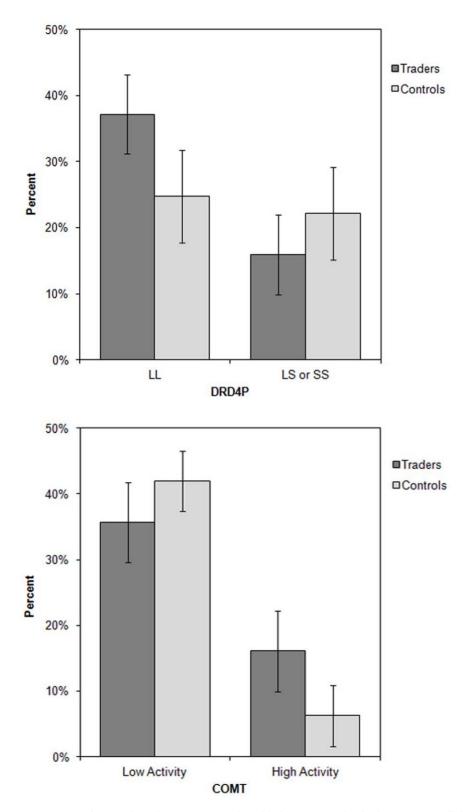


Figure 1. Professional traders were 36% less likely to carry the high activity S allele of the DRD4P gene than were controls (Professionals: 30%, Controls: 47%; P = .06). Traders had the high activity A/A COMT allele 138% more than controls compared to the lower activity A/G or G/G alleles (Professionals: 31% A/A; Controls: 13% A/A; P = .019). doi:10.1371/journal.pone.0030844.g001

routinely laid off and typically move into different professions. Although this definition may not encompass all aspects of success, it provides a consistent measure of performance and has previously

been used [12]. To assess the relationship between genetic polymorphisms and years working on Wall Street, we assigned values to each allele for synaptic DA activity (see Methods). We

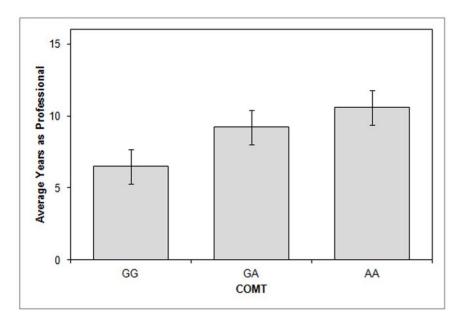


Figure 2. Years working as a trader correlates with DA levels as determined by COMT alleles (r = .19>0, one-tailed t-test P = .05). Those with the lowest COMT-related synaptic DA category (G/G) averaged 6.5 years of trading experience, while those in the highest category (A/A) averaged 10.6 years trading stocks (one tailed t-test P = .05). doi:10.1371/journal.pone.0030844.q002

then correlated these indices with years working as a professional trader. COMT associated DA levels had a positive and significant correlation with success as a trader (r=.19, one-tailed t-test, p=.05); Fig. 2. Neither DRD4P (one-tailed t-test, p=.93) nor DRD4e3 (one-tailed t-test, p=.95) were associated with years trading.

To investigate the relationship between DRD4P, COMT, and success on Wall Street more fully, we constructed a linear index based on the amount of synaptic dopamine each allelic combination would produce (see Methods). Performing and 80–20 split, we found that that those with 15 or more years on Wall Street had a DA index 35% higher than those who had spent less time trading professionally (DA index long tenure mean = 1.80, short tenure mean = 1.33; F = 3.02, p = .04; Fig. 2). We also found that those with the highest scores on the DRD4P index were less likely to trade in volatile markets, based on self report, than traders with lower DA levels (r = -.30, one tailed t-test, p = .01).

Personality traits

A subset of 25 traders completed the Myers-Briggs Type Indicator (MBTI) to measure their personality traits. We included this analysis to map the genotype of successful traders into a phenotype. There was no difference between those who completed the MBTI and those who did not for gender, age, or years traded (t-tests, p > .20), indicating that this subsample is representative of the larger sample of traders. The MBTI is a standard test of personality based on four dichotomous categories that correlate with the "big five" personality groupings [67]. We were specifically interested in the distribution of the fourth category in the MBTI, Judging (J) or Perceiving (P), as this dimension is thought to represent how much organization one prefers in life. Those who are the J type typically carefully plan their lives, while those who are the P type tend to keep their options open [68]. In the trader sample, 44% had the Judging (J) personality type and 56% were the Perceiving (P) type. We expected that more successful traders would be type P, as individuals with this personality type tend to do significant analysis before making decisions. The P personality type in the U.S. population is estimated to be 46% [69], though the trader sample is not significantly different than this value (binomial test, p=.21). We found that the P personality type had a 50% higher score on the DA index than did traders of the J type (mean J=1.09; mean P=1.64; one-tailed t-test, p=.036). We did not find differences for any of the other MBTI types.

Genetics also affected outlook on the world. Traders with the high activity COMT allele and those who scored higher on the overall DA index were less likely to view the world in terms of "survival of the fittest" (COMT index: r = -.38, two-tailed t-test, p = .004; DA index: r = -.30, two tailed t-test p = .027).

Discussion

Our primary finding is that two genetic alleles that affect DA are associated with success at trading stocks on Wall Street. We showed that alleles of COMT and DRD4P were predominant in traders compared to controls, and we also demonstrated that a combination of these alleles were associated with being a trader. Both COMT and DRD4P affect the brain's synaptic levels of dopamine. Several neuroeconomics studies of financial decisions have shown that activity in the dopaminergic nucleus accumbens predicts risk-taking [18]. It is possible that the successful traders in our sample who had genes associated with moderate synaptic dopamine may be predisposed to take an appropriate level of risk, but not too much, thereby contributing to their success. This was evidenced by their reduced reports of trading in volatile markets.

Using years on Wall Street as a measure of success, we found a positive correlation between success as a trader and a combination of alleles that are associated with intermediate levels of synaptic DA. We did not find that traders were more likely to carry the 7R variant of the DRD4e3 VNTR, an allele associated with risk-taking in two laboratory studies. Our results suggest that successful traders in our sample weigh risk and reward, rather than taking excessive risks. This was born out in the personalities of our sample of traders. We found that they were good at integrating disparate

pieces of information, eschewed trading in volatile markets, and did not view the world as threatening their survival. These findings align with previous evidence suggesting that more experienced traders may respond in a less emotional way than those with less experience [10]. Nevertheless, other studies of professional traders have found that they are susceptible to trading biases [70–72].

We also examined two other genetic targets that affect DA levels and personality traits: MAO-A and SERT. We found no significant difference in the frequency of MAO-A or SERT alleles in traders compared to controls. This is potentially problematic, given that other studies have linked SERT and MAO-A to financial risk-taking tendencies; however, these results have been inconsistent [51,56,57].

It is important to note that our observations come from a relatively small sample. High income individuals recruited at work, such as the Wall Street traders, are difficult to access for data collection, which is the reason for the small sample at hand. It is therefore important that the results reported here are replicated. Additionally, our sample of traders may not include some of the most successful professionals who have the opportunity to leave the types of major companies from which we drew our data for early retirement or to begin their own company. We opted to define successful trading by longevity because this information could be reliably collected and because this is a measure also used in previous research [12]; however, other definitions of success may be considered more informative and should be examined in the future.

Our findings can contribute to discussions of changes in the regulation of finance professionals and asset markets in the wake of the 2008 recession. Our results suggest that using a history of risk-taking and competitive behaviors when hiring traders could be a mistake, though this is often done [73]. Having too little or too

References

- Gabaix X, Gopikrishnan P, Plerou V, Stanley H (2006) Institutional investors and stock market volatility. Q.J Econ 121: 461–504.
- Glaser M, Weber M (2007) Overconfidence and trading volume. Geneva Risk Ins Rev 32: 321–336.
- 3. Schwartz RA (2009) Markets at risk. J Trad 4: 46-49.
- Ellis CD (2002) Winning the loser's game. New York: McGraw-Hill Professional. pp. 142.
- Shiller RJ (1981) Do stock prices move too much to be justified by subsequent changes in dividends? Am Econ Rev 71: 421–436.
- Mehra R, Sah R (2002) Mood fluctuations, projection bias, and volatility of equity prices. J Econ Dyn Control 26: 869–887.
- Shiller RJ (2003) From efficient markets theory to behavioral finance. J Econ Perspect 17: 83–104.
 Wyart M, Bouchad JP (2007) Self-referential behaviour, overreaction and
- conventions in financial markets. J Econ Behav Organ 63: 1–24.

 9. Apicella CL, Dreber A, Campbell B, Gray PB, Hoffman M, et al. (2008)
- Apicella CL, Dreber A, Campbell B, Gray PB, Hoffman M, et al. (2008) Testosterone and financial risk preferences. Evol Hum Behav 29: 384

 –390.
- Lo AW, Repin DV (2002) The psychophysiology of real-time financial risk processing. J Cognitive Neurosci 14: 323–339.
- Coates JM, Herbert J (2008) Endogenous steroids and financial risk taking on a London trading floor. Proc Natl Acad Sci USA 105: 6167–6172.
- Coates JM, Gurnell M, Rustichini A (2009) Second-to-fourth digit ratio predicts success among high-frequency financial traders. Proc Natl Acad Sci USA 106: 623–628.
- Sapienza P, Zingales L, Maestripieri D (2009) Gender differences in financial risk aversion and career choices are affected by testosterone. Proc Natl Acad Sci USA 106: 15268–15273.
- Barnea A, Cronqvist H, Siegel S (2010) Nature or nurture: What determines investor behavior? J Financ Econ 98: 583

 –604.
- Cesarini D, Johannesson M, Lichtenstein P, Sandewall O, Wallace B (2010) Genetic variation in financial decision-making. J Financ 65: 1725–1754.
- Durand RB, Newby R, Sanghani J (2008) An intimate portrait of the individual investor. J Behav Financ 9: 193–208.
- Kuhnen CM, Knutson B (2005) The neural basis of financial risk taking. Neuron. 47: 763–770.
- Knutson B, Wimmer GE, Kuhnen CM, Winkielman P (2008) Nucleus accumbens activation mediates the influence of reward cues on financial risk taking. NeuroReport 19: 509–513.

much risk-aversion is not associated with success by those in our sample; rather taking a balanced level of risk appears to be optimal. Further, our findings indicate the importance of training the dopamine system to accurately assess risk and reward in the context of trading. The balancing of risk and reward is essential to successful trading, but trading on another's behalf may skew the way risk is assessed [74]. Recent research from our lab has shown that without training the dopamine system, losses are accentuated even when trading for one's own account [75]. Lastly, our findings indicate that hiring more female traders may improve investment company returns. Nonprofessional female investors tend to be more risk-averse, trade less, and earn higher returns [76–78].

So, what makes a professional trader successful? Combining the personality analyses and genetic findings from the present study, reveals that our sample of traders are analytical, integrative, and can delay gratification. They have a genetic profile associated with balanced levels of dopamine, and also linked to moderate but not high risk-taking behavior. Thus, successful traders do not appear to take extraordinary risks and also appear to take a longer-term perspective. Our analyses indicate that these traits may have a genetic predisposition.

Acknowledgments

We wish to thank Dr. Uma Dandekar at the UCLA Genotyping Core, and Dr. Dean Gerstein at Claremont Graduate University for technical support.

Author Contributions

Conceived and designed the experiments: SS PZ. Performed the experiments: SS. Analyzed the data: SS LEB. Contributed reagents/materials/analysis tools: PZ. Wrote the paper: SS LEB PZ.

- Knutson B, Bossaerts P (2007) Neural antecedents of financial decisions. Journal of Neuroscience 27: 8174

 –8177.
- Zak PJ (2004) Neuroeconomics. Philos Trans R Soc Lond B Biol Sci 359: 1737–1748.
- Wahlstrom D, Collins P, White T, Luciana M (2010) Developmental changes in dopamine neurotransmission in adolescence: Behavioral implications and issues in assessment. Brain Cognition 72: 146–159.
- 22. Goldman-Rakic PS, Muly EC, Williams GV (2000) D_1 receptors in prefrontal cells and circuits. Brain Res Rev 31: 295–301.
- Gjedde A, Kumakura Y, Cumming P, Linnet J, Møller A (2010) Inverted-U-shaped correlation between dopamine receptor availability in striatum and sensation seeking. Proc Natl Acad Sci USA 107: 3870–3875.
- Riba J, Krämer UM, Heldmann M, Richter S, Münte TF (2008) Dopamine antagonist increases risk taking but blunts reward-related brain activity. PLoS ONE 3: e2479.
- Pontone G, Williams JR, Bassett SS, Marsh L (2006) Clinical features associated with impulse control disorders in Parkinson disease. Neurology 67: 1258–1261.
- Weintraub D, Siderowf AD, Potenza MN, Goveas J, Knashawn HM, et al. (2006) Association of dopamine agonist use with impulse control disorders in Parkinson disease. Arch Neurol-Chicago 63: 969–973.
- Laviola G, Macri S, Morley-Fletcher S, Adriani W (2003) Risk-taking behavior in adolescent mice: Psychobiological determinants and early epigenetic influence. Neurosci Biobehav R 27: 19–31.
- Stamford JA (1989) Development and ageing of the rat nigrostriatal dopamine system studied with fast cyclic voltammetry. J Neurochem 52: 1582–1589.
- Steinberg L (2010) A dual systems model of adolescent risk-taking. Dev Psychobiol 52: 216–224.
- Haber SN, Knutson B (2010) The reward circuit: Linking primate anatomy and human imaging. Neuropsychopharmacol 35: 4–26.
- Dreber A, Apicella CL, Eisenberg DTA, Garcia JR, Zamore RS, et al. (2009)
 The 7R polymorphism in the dopamine receptor D4 gene (DRD4) is associated with financial risk taking in men. Evol Hum Behav 30: 85–92.
- 32. Kuhnen CM, Chiao JY (2009) Genetic determinants of financial risk taking. PLoS ONE 4: e4362.
- Paterson AD (1999) Dopamine D4 receptor gene: Novelty or nonsense? Neuropsychopharmacol 21: 3–16.
- D'Souza UM, Russ C, Tahir E, Mill J, McGuffin P, et al. (2004) Functional effects of a tandem duplication polymorphism in the 5'flanking region of the DRD4 gene. Biol Psychiat 56: 691–697.



- 35. Rogers G, Joyce P, Mulder R, Sellman D, Miller A, et al. (2004) Association of a duplicated repeat polymorphism in the 5'-untranslated region of the DRD4 gene with novelty seeking. Am J Med Genet 126B: 95-98.
- 36. McCracken JT, Smalley SL, McGough JJ, Crawford L, Del'Homme M, et al. (2000) Evidence for linkage of a tandem duplication polymorphism upstream of the dopamine D4 receptor gene (DRD4) with attention deficit hyperactivity disorder (ADHD). Mol Psychiatr 5: 531-536.
- 37. Vandenbergh DJ, Rodriguez LA, Hivert E, Schiller JH, Villareal G, et al. (2000) Long forms of the dopamine receptor (DRD4) gene VNTR are more prevalent in substance abusers: no interaction with functional alleles of the catechol-omethyltransferase (COMT) gene. Am J Med Genet 96: 678-683.
- 38. Lachman HM, Papolos DF, Saito T, Yu YM, Szumlanski CL, et al. (1996) Human catechol-o-methyltransferase pharmacogenetics: description of a functional polymorphism and its potential application to neuropsychiatric disorders. Pharmacogenetics 6: 243-250.
- 39. Bilder RM, Volavka J, Lachman HM, Grace AA (2004) The catechol-omethyltransferase polymorphism: Relations to the tonic-phasic dopamine hypothesis and neuropsychiatric phenotypes. Neuropsychopharmacol 29: 1943-1961
- 40. Blasi G, Mattay VS, Bertolino A, Elvevag B, Callicott JH, et al. (2005) Effect of catechol-O-methyltransferase vall58met genotype on attentional control. J Neurosci 25: 5038-5045.
- 41. Cools R (2008) Role of dopamine in the motivational and cognitive control of behavior. Neuroscientist 14: 381-395.
- 42. De Frias CM, Annerbrink K, Westberg L, Eriksson E, Adolfsson R, et al. (2005) Catechol O-methyltransferase Val158Met polymorphism is associated with cognitive performance in nondemented adults. J Cognitive Neurosci 17: 1018-1025
- 43. Nolan KA, Bilder RM, Lachman HM, Volavka J (2004) Catechol-omethyltransferase Val158Met polymorphism in schizophrenia: Differential effects of Val and Met alleles on cognitive stability and flexibility. Am J Psychiat 161: 359-361.
- 44. Golimbet VE, Alfimova MV, Gritsenko IK, Ebstein RP (2007) Relationship between dopamine system genes and extraversion and novelty seeking. Neurosci Behav Phys 37: 601-606.
- 45. Schmack K, Schlagenhauf F, Sterzer P, Wrase J, Beck A, et al. (2008) Catecholo-methyltransferase vall58met genotype influences neural processing of reward anticipation. Neuroimage 42: 1631-1638.
- Stein MB, Fallin MD, Schork NJ, Gelernter J (2005) COMT polymorphisms and anxiety-related personality traits. Neuropsychopharmacol 30: 2092-2102.
- 47. Rivera M, Gutiérrez B, Molina E, Torres-González F, Bellón JA, et al. (2009) High-activity variants of the uMAOA polymorphism increase the risk for depression in a large primary care sample. Am J Med Genet 150B: 395–402.
- Roohi J, DeVincent CJ, Hatchwel IE, Gådow KD (2009) Association of a monoamine-oxidase-a gene promoter polymorphism with ADHD and anxiety in boys with autism spectrum disorder. J Autism Dev Disord 39: 67-74.
- 49. Tadic A, Rujescu D, Szegedi A, Giegling I, Singer P, et al. (2003) Association of a MAOA gene variant with generalized anxiety disorder, but not with panic disorder or major depression. Am J Med Genet 117B: 1-6.
- 50. Zhong S, Israel S, Xue H, Ebstein RP, Chew SH (2009) Monoamine oxidase A gene (MAOA) associated with attitude toward longshot risks. PLoS ONE 4: e8516.
- 51. Frydman C, Camerer C, Bossaerts P, Rangel A (2011) MAOA-L carriers are better at making optimal financial decisions under risk. P R Soc B 278: 2053-2059
- 52. Lesch KP, Bengel D, Heils A, Sabol SZ, Greenberg BD, et al. (1996) Association of anxiety-related traits with a polymorphism in the serotonin transporter gene regulatory region. Science 274: 1527–1531.
- 53. Levinson DF (2006) The genetics of depression: A review, Biol Psychiat 60:

- 54. Owens MJ, Nemeroff CB (1998) The serotonin transporter and depression. Depress Anxiety 8: 5-12
- Hariri A, Drabant E, Munoz K, Kolachana B, Mattay V, et al. (2005) A susceptibility gene for affective disorders and the response of the human amygdala. Arch Gen Psychiat 62: 146-152.
- 56. Crişan LG, Pană S, Vulturar R, Heilman RM, Szekely R, et al. (2009) Genetic contributions of the serotonin transporter to social learning of fear and economic decision making. Soc Cogn Affect Neur 4: 399-408.
- He Q, Xue G, Chen C, Lu Z, Dong Q, et al. (2010) Serotonin transporter genelinked polymorphic region (5-HTTLPR) influences decision making under ambiguity and risk in a large Chinese sample. Neuropharmacol 59: 518-526.
- Seaman MI, Fisher JB, Chang F, Kidd KK (1999) Tandem duplication polymorphism upstream of the dopamine D4 receptor gene (DRD4). Am J Med Genet 8: 705-709.
- 59. Ruiz-Sanz JI, Aurrekoetxea I, del Agua AR, Ruiz-Larrea MB (2007) Detection of catechol-O-methyltransferase Vall58Met polymorphism by a simple one-step tetra-primer amplification refractory mutation system-PCR, Mol Cell Prob 21: 202 - 207
- 60. Guo SW, Thompson EA (1992) Performing the exact test of Hardy-Weinberg proportion for multiple alleles. Biometrics, 48: 361-372.
- 61. Philibert RA, Gunter TD, Beach SR, Brody GH, Madan A (2008) MAOA methylation is associated with nicotine and alcohol dependence in women. Am I Med Genet B 147B: 565-570.
- 62. Carver CS, Johnson SL, Joormann J, Kim Y, Nam JY (2011) Serotonin transporter polymorphism interacts with childhood adversity to predict aspects of impulsivity. Psychol Sci 22: 589–595.
- 63. Taylor WD, Züchner S, Payne ME, Messer DF, Doty TJ, et al. (2007) The COMT Val158Met polymorphism and temporal lobe morphometry in healthy adults. Psychiat Res-Neuroim 15: 173-177
- 64. Balding DJ (2006) A tutorial on statistical methods for population association studies. Nat Rev Genet 7: 781-791
- 65. Fossella J, Sommer T, Fan J, Wu Y, Swanson JM, et al. (2002) Assessing the molecular genetics of attention networks. BMC Neurosci 3: 14.

 Asghari V, Sanyal S, Buchwaldt S, Paterson A, Jovanovic V (1995) Modulation
- of intracellular cyclic AMP levels by different human dopamine D4 receptor variants. J Neurochem 65: 1157-1165.
- 67. McCrae RR, Costa PT (1989) Reinterpreting the Myers-Briggs Type Indicator from the perspective of the five-factor model of personality. J Pers 57: 17-40.
- Myers IB, Myers PB (1995) Gifts differing: Understanding personality type (1st ed.). Palo Alto: Consulting Psychologists Press. 248 p.
- 69. Myers IB, McCaulley MH, Quenk NL, Hammer AL (1998) MBTI Manual (A guide to the development and use of the Myers Briggs type indicator) (3rd ed.). Palo Alto: Consulting Psychologists Press. 420 p.
- 70. Coval JD, Shumway T (2005) Do behavioral biases affect prices? J Financ 60: 1 - 34.
- 71. Haigh MS, List JA (2005) Do professional traders exhibit myopic loss aversion? An experimental analysis. J Financ 59: 523-534.
- 72. Feng MS, Seasholes L (2005) Do investor sophistication and trading experience eliminate behavioral biases in financial markets? Rev Financ 9: 305-351.
- Schwager JS (2008) Stock Market Wizards: Interviews with America's Top Stock Traders. New York: HarperCollins Publishers, Inc. 352 p.
- 74. Lo AW, Repin DV, Steenbarger BN (2005) Fear and greed in financial markets: A clinical study of day-traders. Am Econ Rev 95: 352-359.
- 75. Efremidze L, Sarraf G, Miotto K, Zak PJ (2011) Interrupting reinforcement learning using naltrexone sustains asset market bubbles. In press
- 76. Bajtelsmit VL, Bernasek A, Jianakoplos NA (1999) Gender differences in defined contribution pension decisions. Financ Serv Rev 8: 1-10.
- 77. Barber BM, Odean T (2001) Boys will be boys: Gender, overconfidence, and common stock investment. Q.J Econ 116: 261-292.
- Jianakoplos NA, Bernasek A (1998) Are women more risk averse? Economic Inquiry 36: 620-630.