

No.	Idiom	Meaning(Urdu)	Sentence
1	A black sheep	بدکردار شخص	Uncle Joe is the black sheep of the family.
2	A red-letter day	خاص یا خوشی کا دن	The day our daughter was born was a real red-letter day for us.
3	A bed of thorns	مشکلات سے بھرپور	Life of a soldier is a bed of thorns.
4	A bee in bonnet	دُھن سوار ہونا	I got a bee in my bonnet about racing.
5	A bird's eye view	سرسری جائزہ	We had a bird's eye view of the city from top of the mountain.
6	A blessing in disguise	پوشیدہ رحمت	Mom's illness was a blessing in disguise; it brought the family together for the first time in years.
7	A blind alley	پیش رفت نہ ہونا	All the clues led the detective to a blind alley.
8	A bolt from the blue	حیران کن واقعہ	The news of his return was a bolt from the blue.
9	A bone of contention	جھگڑے کی وجہ	The house is the bone of contention between the two brothers.
10	A cat's-paw	اکہ کار	A cat's-paw works only for his master.
11	A child's play	آسان کام	The test was child's play to those who took good notes.
12	A close-fisted man	کنجوس	The manager is very close-fisted when it comes to paying salaries.
13	A dark horse	مُحسّر	He proved himself a dark horse by winning the first position.
14	A dead letter	ختم شدہ	Our contract with the company is now a dead letter.
15	A dead end	اختتام	Negotiators have reached a dead end in their attempts to find a peaceful solution.
16	A dog in the manger	کینہ، مطلبی	Stop being a dog in the manger and let me use your books.
17	A drawn game	بلا نتیجہ کھیل	It was a drawn game as neither of the team could win.
18	A fair play	صحیح طریقہ	The coach insists on fair play.
19	A fish out of water	بے چینی کی حالت	The villager was a fish out of water in the city.
20	A fishy story	مفلوک واقعہ / کہانی	No one believes his fishy story about his successful business.
21	A gala day	خوشی کا دن	Success makes every day a gala day.
22	A man of iron will	پُر عزم شخص	Salahudin was a man of iron will.
23	A man of letters	عالم شخص	Allama Iqbal made his identity as a man of letters.
24	A man of parts	کئی خوبیوں والا شخص	Hamid is a man of parts - businessman, sportsman and a cook, to name a few.
25	A narrow escape	بال بال بچنا	We had a narrow escape in the accident this morning.
26	A near miss	بال بال بچنا یا کامیابی سے رہ جانا	I managed to brake just in time but it was a near miss. OR My success was a near miss but I got confused at the end.
27	A rainy day	مشکل وقت	Wise men always save some money for a rainy day.
28	A rolling stone	سفر کرنے والا	Kate has lived in ten cities in as many years - she's a real rolling stone.
29	A rotten egg	بے کار شخص	He sure has turned out to be a rotten egg.

30	A royal road	آسان طریقہ	There is no royal road to success.
31	A slip of tongue	زبان کا جھول	I failed to understand the instructions because the teacher made a slip of the tongue at an important point.
32	A wet blanket	مزد خراب کرنے والا شخص	His brother was a wet blanket in the party.
33	A white elephant	مہنگی	The new iPhone is a white elephant for me.
34	A wild goose chase	بے مقصد تلاش	She sent us on a wild goose chase looking for her lost ring.
35	Above board	ٹک سے بالاتر	A dog's loyalty is above board.
36	Add fuel to fire	جالتی پر تیل ڈالنا	Shouting at a crying child just adds fuel to the fire.
37	Add insult to injury	زخموں پر نمک چھڑکنا	He added insult to injury by asking about my loss.
38	All and sundry	خاص و عام	Tea was served to all and sundry in the meeting.
39	All at sea	بالکل پریشان	I have been all at sea since I started taking this class.
40	All in all	مجموعی طور پر	All in all, it was a very motivational speech.
41	Alpha and omega	اول و آخر	He had to learn the alpha and omega of corporate law in order to even talk to the lawyers.
42	An apple of discord	جھگڑے کی وجہ	The right to host the Olympic Games is an apple of discord between the two countries.
43	An axe to grind	ذاتی مفاد	He claimed to be disinterested, but I knew he had an axe to grind.
44	An eyewash	دھوکا	The story you just told is just an eyewash.
45	An oily tongue	خوشامدی الفاظ	She has an oily tongue, but an evil heart.
46	Apple-pie order	مکمل ترتیب	Steve keeps his financial records in apple-pie order.
47	Apple of one's eyes	آنکھ کا تارا	Her grandson is the apple of her eye.
48	As cool as a cucumber	پُر سکون	His exams are near but he remains as cool as a cucumber.
49	At a stone's throw	بہت قریب	The bakery is just a stone's throw away.
50	At daggers drawn	دشمنی پر اُتر آنا	The two brothers are at daggers drawn over the land.
51	At eleventh hour	عین وقت پر	He completed his assignment at the eleventh hour.
52	At home in	ماہر ہونا	She is at home in five languages.
53	At large	آزاد	Criminals are at large in the city due to laziness of the police.
54	At one's wit's end	پریشان، حواس باختہ ہونا	I've tried every possible way to solve this problem, and now I'm at my wit's end.
55	At a loss	حیران و پریشان ہونا	I was so surprised that I was at a loss for words.
56	At a stretch	مسل	We all have to do eight hours of duty at a stretch.
57	At any cost	کسی بھی قیمت پر	We will defend our country at any cost.
58	At cross-purposes	مختلف مقاصد	Enemies are always at cross-purposes.
59	At hand	قریب	With summer holidays at hand, everyone is very excited.
60	At length	آخر کار	At length, spring came and the roses bloomed.

61	At (someone's) beck and call	حکم کے تابع ہونا	There were dozens of maids and waiters at our beck and call.
62	At stake	خطرے میں	That's a very risky investment. How much money is at stake?
63	All ears	متوجہ ہو کر سننا	I'm all ears, so hurry up and tell me about the incident.
64	All of a sudden	اچانک	All of a sudden, it became cloudy and started to rain.
65	Around the clock	ہر وقت	Doctors worked around the clock to help the people injured in the train crash.
66	At sixes and sevens	بے ترتیب	We've just moved in, and the office is still at sixes and sevens
67	Back out	مکر جانا، چھوڑ دینا	They backed out of the agreement at the eleventh hour.
68	Bad blood	دُشمنی	There's been bad blood between the two families for years.
69	Bag and baggage	ساز و سامان	The landlord threw them out with bag and baggage.
70	Bear the palm	فاتح ہونا	I heard that you might bear the palm at the science fair!
71	Bear fruit	فائدہ ہونا	I hope your new plan bears fruit.
72	Bear out	توثیق کرنا	Her story bears out exactly what you said.
73	Beat about the bush	ادھر ادھر کی باتیں کرنا	Don't beat around the bush and tell me where my brother is.
74	Bed of roses	پُر سکون	Taking care of these older patients is no bed of roses.
75	Bell the cat	مشکل کام کرنا	Who's going to bell the cat and tell mom we wrecked her car?
76	Better half	میاں بیوی	His better half doesn't care much for him.
77	Between the devil and the deep blue sea	دو مشکلات کے درمیان	For most people a visit to the dentist is the result of a choice between the devil and the deep blue sea - if you go you suffer, and if you don't go you suffer.
78	Between two fires	دو مصیبتوں کے درمیان	The soldiers were left alone between two fires, when the supply didn't arrive.
79	Black out	روشنیاں بند کرنا	The power went dead and everything blacked out.
80	Blow hot and cold	غیر معقول مزاج	He has been blowing hot and cold about taking a winter vacation.
81	Bread and butter	روزی	Teaching at the local college is his bread and butter.
82	Break away	بھاگ جانا	The prisoners broke away from the prison this morning.
83	Break down	توڑنا	We broke down the wall with big hammers.
84	Break in	کہیں داخل ہونا	The thieves broke in and took all the money.
85	Break into	اچانک شروع ہونا	As soon as the movie started, the people behind me broke into loud chatting.
86	Break out	اچانک پھیلنا، بھاننا	A fire broke out in the city, last night.
87	Break the ice	دوستانہ ہونا	It's hard to break the ice at formal events.
88	Break the news	خبر دینا	The TV channels broke the news of massive corruption by public officials.
89	Break up	توڑنا یا ختم کرنا	The police broke up the gambling ring.

90	Break with	علحدہ کرنا	On this issue the prime minister was forced to break with his cabinet.
91	Bring about	کوئی کام کرنا، سبب بننا	The new manager decided it was time to bring some changes about.
92	Bring home	واضح کرنا	The professor gave a lecture that brought home some important points.
93	Bring in	کسی کو شامل کرنا	Please bring in a specialist to advise on this case.
94	Bring to light	کوئی چیز عوام پر ظاہر کرنا	The newspaper brought the problem to light.
95	Bring up	کسی کی پرورش کرنا	We brought the cat up from a kitten.
96	Broken reed	نا قابل اعتماد مدد	I counted on her to help, but she turned out to be a broken reed.
97	Burn the midnight oil	رات دیر تک کام کرنا	I have a big exam tomorrow so I will be burning the midnight oil tonight.
98	Burning question	اہم مسئلہ	Real estate taxes are always a burning question for everyone.
99	Bury the hatchet	دشمنی ختم کرنا	Mark and I buried the hatchet and we are good friends now.
100	By and by	وقت گزرنے کے ساتھ	The weather is sure to clear up by and by.
101	By and large	مجموعی طور پر	There are a few things that I don't like about my job, but by and large it's just fine.
102	By dint of	کسی چیز کی وجہ سے	They got the building finished on time by dint of hard work and good organisation.
103	By fits and starts	بے قاعدگی سے	He failed the exam because he studies by fits and starts.
104	By hook or by crook	جائز ناجائز طریقے سے	I decided that I was going to get that job by hook or by crook.
105	Bank on someone/something	کسی چیز پر انحصار کرنا	○ This project banks on the engineers and management.
106	Bear the brunt of	کسی چیز کا بڑا حصہ ملنا	Ordinary citizens will bear the brunt of higher taxes.
107	Before long	جلد	If we keep spending so much, before long we'll be out of money.
108	Beside oneself (with something)	آپے سے باہر ہونا	Sarah was beside herself with anger.
109	Bitter pill to swallow	تلخ حقیقت	We found his deception a bitter pill to swallow.
110	To blow one's own horn/trumpet	اپنے منہ میاں مٹھوینا	He kept on blowing his own trumpet for about an hour.
111	Blue blood	امیر گھرانے کا، اشرافیہ	Because his great-grandparents made millions, he is regarded as one of the city's blue bloods.
112	Born with a silver spoon in one's mouth	امیر گھرانے سے	His complete lack of concern about money is natural of someone who was born with a silver spoon in their mouth.
113	Bring into question	سوال اٹھانا	Your presence here has been brought into question.
114	Build castles in the air/in Spain	ہوائی قلعے تعمیر کرنا	I told him he should stop building castles in the air and train for a sensible profession.
115	Burst into tears	اچانک آنسو نکل آنا	She burst into tears when she read the letter.
116	Butter (someone) up	خوش آمد کرنا	If you butter up Dad, he'll let you borrow the car.
117	By all means	ہر طرح سے	I will attempt to get there by all means

118	By virtue of (something)	کی وجہ سے	They achieved victory by virtue of superior military strength.
119	Burn one's fingers	اپنا نقصان کرنا	I'm staying away from risky stocks so I don't burn my fingers.
120	By leaps and bounds	تیز رفتاری سے	Our productivity improved in leaps and bounds.
121	Call for	مطالبہ کرنا	This job calls for someone with experience.
122	Call in	درخواست کرنا	We called in another specialist for an opinion.
123	Call into question	شک کرنا	The report's findings call into question the safety of all such medicines.
124	Call off	ملوثی کرنا	Because of rain, they called off the baseball game.
125	Call on (someone)	کسی سے ملاقات کرنا	He calls on his mother every day.
126	Capital punishment	سزائے موت	Capital punishment is abolished in many parts of the world.
127	Carry out	کوئی کام کرنا	The students didn't carry out their assignments.
128	Carry the day	کامیاب ہونا	Our team didn't play well at first, but we won the day in the end.
129	Carry weight	موثر ہونا	Her opinion carries a lot of weight.
130	Cast down	مایوس کرنا	He is cast down because of the bad news.
131	Cheek by jowl	ساتھ ساتھ	The two families lived cheek by jowl in one house.
132	Close shave	بال بال چٹنا	They had a close shave this morning in an accident.
133	Cold blood	بے رحمی سے	The whole family was murdered in cold blood.
134	Come by	کچھ ملنا یا کہیں رکنا	How did you come by that haircut? OR Please come by our home sometime.
135	Come of	کسی چیز کا نتیجہ	Very little came of our efforts to control the outbreak of smallpox.
136	Come of age	بالغ ہونا	Your son's children have now come of age.
137	Come off	واقع ہونا	When does this festival come off?
138	Come out	اُبھرنا یا نکلنا	When will they come out of that meeting?
139	Come round	چائنا	He came around after we threw cold water on his face.
140	Come to	ہوش میں آنا	The injured driver came to after some time.
141	Crocodile tears	مگرچھ کے آنسو	The prime minister's crocodile tears belie the government's involvement with the massacre of its citizens.
142	Cry for the moon	لا حاصل کی خواہش	He cried for the moon by saying that he wants a new car.
143	Cut a sorry figure	شرمندہ ہونا	She cut a sorry figure after she failed in exams.
144	Cut down	کم کرنا	The doctor told him to cut down on his drugs.
145	Casting vote	فیصلہ کن ووٹ	The casting vote was against the cruel taxes.
146	Cast pearls before swine	بھینس کے آگے بین بجانا	The protest of civil servants is same as casting pearls before swine.
147	Catch (someone) red-handed	رنگے ہاتھوں پکڑنا	Tom was caught red-handed stealing the car.

148	Cock-and-bull story	من گھڑت کہانی	I asked for an explanation, and all I got was your ridiculous cock-and-bull story!
149	Cold comfort	حقیر تسلی	It was cold comfort to the student that others had failed as he had done.
150	Come down hard on (someone)	سخت سزا دینا	The federation came down hard on the players who weren't obeying rules.
151	Come to blows	لڑنا	Let's not come to blows over this silly disagreement.
152	Come to grief	مایوسی کا سامنا	In the end, he came to grief because he did not follow instructions.
153	Come to terms with (someone/something)	سمجھوتا کرنا	We finally came to terms with the bank and bought the house.
154	Crux of the matter	لب لباب	The second paragraph of this essay is the crux of the matter.
155	Cry wolf	جھوٹ موٹ کی شکایت کرنا	Don't cry wolf too often. No one will help you.
156	Cut off	بات میں مداخلت، الگ کرنا	In the middle of her sentence, the teacher cut her off and started explaining.
157	Deal in	کاروبار کرنا	My uncle is a stockbroker. He deals in stocks and bonds.
158	Deliver the goods	وعدہ پورا کرنا	The engineers delivered the goods for the contractor.
159	Die down	کمزور ہونا	The fire died down and went out.
160	Die in harness	کام کرتے ہوئے مرنا	Our soldiers die in harness.
161	Do away with	چھٹکارا حاصل کرنا	The time has come to do away with that old building.
162	Dawn on someone	واضح ہونا	It dawned on me that I was actually going to have the job.
163	Down and out	مالی کی	After losing his job, he was completely down and out.
164	Down to Earth	حقیقت میں	It's time the government comes back down to Earth.
165	Down-to-earth	عاجز	She is a very down-to-earth person.
166	Draw a line between	حد قائم کرنا	We should draw a line between the good and the bad.
167	Eat one's cake and have it too	چٹ بھی میرا پٹ بھی میرا	He is trying to eat his cake and have it too by investing in two companies.
168	Ebb and flow	اُتار چڑھاؤ	He was fascinated by the ebb and flow of the Church's influence over the centuries.
169	Egg (someone) on	کسی کو اُکسانا	John wouldn't have done the dangerous experiment if his brother hadn't egged him on.
170	Eke out (a living)	اضافہ کرنا	He worked at two jobs in order to eke his income out
171	Eat humble pie	غلطی تسلیم کرنا	The manager ate humble pie for his wrong planning.
172	End in smoke	بے کار جانا	His corruption plans ended in smoke.
173	End up	ختم ہونا	She ended up her speech with a poem.
174	Every inch	کھل طور پر	He was every inch a leader.
175	Eye opening	حیران کن	The investigation was eye opening for everyone.
176	Face the music	اپنے اعمال کی سزا بھگتنا	After failing a math test, Tom had to go home and face the music.
177	Fair play	جائز طریقہ سے	The World Cup organisers are keen to promote the idea of fair play.

178	Fair sex	خواتین	Many women would object to being called the fair sex nowadays.
179	Fair-weather friend	مطلبی دوست	A fair-weather friend isn't much help in an emergency.
180	Fall a prey to	شکار ہونا	The rats fall a prey to the eagle.
181	Fall back on	سہارا لینا	When he lost his job he had to fall back upon his savings.
182	Fall in with	متفق ہونا	The statement falls in exactly with my view.
183	Fall off	نیچے گرنا	Business falls off during the summer months.
184	Fall out	گرنے یا اختلاف	Mary fell out of the tree and hurt herself. OR Bill fell out with Sara over the question of buying a new car.
185	Feather in one's cap	اعزاز	The Medal of Honor is a feather in his cap.
186	Fed up with	تک آجانا	I got fed up with the noisy neighbours.
187	Few and far between	بہت کم	Service stations on this highway are few and far between.
188	Find fault with	تکلیف دہنی کرنا	She finds fault in every movie.
189	Fly in the ointment	کمزوری	The fly in the ointment is the fact that the UN has not approved the peace plan.
190	For good	ہمیشہ کے لئے	They repaired the car many times before they bought a new one for good.
191	For the sake of	کسی کی خاطر	We have to stop fighting for the sake of national unity.
192	For want of	کمی	He fell ill for want of sleep and rest.
193	French leave	اجازت کے بغیر چھٹی	Is he really ill again, or is he just taking French leave?
194	From hand to mouth	غربت، مشکل سے	After she lost her job she was living from hand to mouth.
195	Face to face	آنے سامنے	We had a face to face meeting with the CEO.
196	Fall head over heels in love with	محبت میں گرفتار ہونا	Mr. Chips fell head over heels in love with Katherine.
197	Fall short of	ناکافی	Sales for the first half of the year fell short of the target.
198	Far cry from (something)	مختلف	This food is a far cry from what we got in the cafeteria.
199	Feast one's eyes on (someone/something)	دیکھ کر خوشی ہونا	We feasted our eyes on the delicious food.
200	Feather one's nest	ناجائز فائدہ اٹھانا	The corrupt ministers are feathering their nests.
201	Feel sorry for (someone)	رحم آنا	I feel sorry for the poor people.
202	Finger in the pie	ملوث ہونا	The detective said that three people had fingers in the pie.
203	First and foremost	سب سے اہم	First and foremost, I think you should work harder on your mathematics.
204	Fish in troubled waters	مشکل وقت میں ذاتی فائدہ اٹھانا	The corrupt government fishes in troubled waters.
205	Flesh and blood	رشتہ دار	Ahmed is my flesh and blood.
206	Follow in (someone's) footsteps/tracks	نقش قدم پر چلنا	The boy followed in his father's footsteps and became an author.
207	Follow one's heart	اپنی مرضی سے	I couldn't decide what to do, so I just followed my heart.

208	Follow suit	تقلید کرنا	Fathers should not smoke because sons follow suit.
209	From scratch	آغاز سے	We made the cake from scratch, using no prepared ingredients.
210	Get over	صحت یاب ہونا	It took me some time to get over the flu.
211	Get rid of	نجات حاصل کرنا	It's time we got rid of these old newspapers.
212	Get through	کچھ پہنچانا یا مکمل کرنا	Customs was a mess, but we got through with all our baggage in only twenty minutes.
213	Get up	چاہنا	Once I get up and have coffee, I'm ready to work.
214	Get wind of	اُڑتی اُڑتی خبر ملنا	The police got wind of the drug deal.
215	Give and take	سمجھوتہ	We reached an agreement after many hours of bargaining and give and take.
216	Give in	ہار مان لینا	The king is foolish if he believes our rebellion will ever give in!
217	Give up	ترک کرنا	The doctor advised me to give up sugar in all forms.
218	Go back on	وعدہ پورا نہ کرنا	The mayor has gone back on several promises.
219	Go by	پاس سے گزرنا	We went by Alice without even noticing her.
220	Go off	پھٹنا یا شور کرنا	The bomb went off and did a lot of damage. OR The alarm went off at seven o'clock.
221	Go around	ہر ایک کے لئے کافی	There won't be enough pizza to go around if you take two pieces.
222	Go through	غور سے جائزہ لینا	The professor went through the students' papers.
223	Go to the dogs	بے کار ہو جانا	It is sad that this once first-class hotel has gone to the dogs.
224	Get along with	اچھے تعلقات	He gets along with new people.
225	Get the better of (someone)	کسی سے جیت جانا	Agassi got the better of Becker in the tennis championship.
226	Get-up-and-go	جذبہ	You need a bit of get-up-and-go if you're going to work in the military.
227	Gift of the gab	تقریر کی صلاحیت	The guy delivering the speech has a gift of the gab.
228	Give the devil his due	حریف یا کسی کی صلاحیت تسلیم کرنا	John is a bit too nosy, but he keeps his yard clean and is a kind neighbour. I'll give the devil his due.
229	Go to pieces	ٹوٹنا یا داغی توڑن کھونا	The vase went to pieces when I put it down. OR Fred went to pieces during the trial.
230	Go without saying	بے شک و شبہ	It goes without saying that success is the product of hard work.
231	Good for nothing	بے کار	The old car is good for nothing.
232	Hale and hearty	صحت مند	The calf—hale and hearty—ran around the barnyard.
233	Hard and fast	نا قابل تبدیل	At this company, we don't have any hard and fast rules.
234	Hand in glove with	قریب ہونا	They worked hand in glove at our factory.
235	Heart and soul	مکمل طور پر	Ali studied for the exams with his heart and soul.
236	Here and there	مختلف جگہوں پر	He worked here and there but never for long in one town.



237	Hold water	صحت مند ثابت ہونا	The corrupt businessman's explanations do not hold water.
238	Hope against hope	نا اُمیدی کے وقت میں اُمید	I'm hoping against hope that someone will return my lost wallet.
239	Hue and cry	احتجاج، شور و غل	The company's decision to send thousands of jobs overseas started a hue and cry.
240	To live from hand to mouth	مشکل سے گزارا	The poor and even the middle class lives from hand to mouth.
241	Hang around	کسی جگہ یا کسی کے ساتھ ہونا	Who is this man that is hanging around the department? OR He is hanging around with his friends.
242	Hard nut to crack	مشکل کام	This assignment is a hard nut to crack.
243	Hard up	کریکال ہونا	I was so hard up, I couldn't afford to buy food.
244	Harp on (something)	کوئی بات دہرائنا	Stop harping on my mistakes and work on your own.
245	Have clean hands	بے قصور	The police took him in, but let him go after questioning because he had clean hands.
246	Have nothing to do with (someone/something)	کوئی تعلق نہ ہونا	Most of the provisions of the new law have nothing to do with terrorism.
247	Hide/bury one's head in sand	مصیبت سے سر پھراننا	Brave people do not hide their heads in sand during difficult times.
248	High time	مناسب وقت	It's high time for the preparation of the test.
249	Hit (someone) below the belt	نا جائز فائدہ اٹھانا	That merchant hits everyone below the belt.
250	Hobson's choice	کوئی تبادل نہ ہونا	If you want a yellow car, it's Hobson's choice because the dealer has only one.
251	Hold one's head up	اپنا وقار برقرار رکھنا	Brian could hold his head up because he'd tried extremely hard.
252	House of cards	کمزور	Cramming to get good grades makes your knowledge a house of cards.
253	In hot water	مشکل میں	John got himself into hot water by being late.
254	In a fix	مشکل میں	John is in a fix because he lost his wallet.
255	In a nutshell	مختصر	The answer, in a nutshell, is no.
256	In black and white	تحریری شکل میں	Your offer sounds good, but I want you to put it in black and white.
257	In full swing	پورے جوش میں	In the summer months, things really get into full swing around here.
258	In short	مختصر	In short, we have to decide whether to continue losing money or change the way we do business.
259	In the air	ہر جگہ	There is such a feeling of joy in the air.
260	In the same boat	ایک ہی حالت میں	Suddenly Paul was in the same boat as any other worker who had lost a job.
261	In the teeth of	مشکلات کے باوجود	The road was built in the teeth of fierce opposition from environmentalists.
262	Ill at ease	پریشان	I feel ill at ease about the interview.
263	In cold blood	سفاکی سے	He killed his on family in cold blood.
264	In keeping with	کسی چیز کے مطابق	The new windows are in keeping with the colonial style of the house.

265	In the nick of time	عین وقت پر	The doctor arrived in the nick of time.
266	In the pink	اچھی حالت میں	After his surgery, he has been in the pink.
267	Ins and outs of	صحیح یا مکمل طریقہ	Mark knows the ins and outs of repairing computers.
268	Jack of all trades	ہر فن مولا	John can do plumbing, carpentry, and roofing—a jack of all trades.
269	Jail bird	بار بار جیل جانے والا	Mike had spent most of his life as a jail bird.
270	Keep abreast of	جدید معلومات ہونا	This new service helps doctors keep abreast of the newest drugs available.
271	Keep from	دور رہنا	I could hardly keep myself from the dessert table.
272	Keep pace with	ساتھ ساتھ چلنا	The salaries are not keeping pace with inflation.
273	Kick the bucket	فوت ہو جانا	The old man kicked the bucket last night.
274	Kith and kin	رشتہ دار	I was delighted to find all my kith and kin waiting for me at the airport.
275	Keep body and soul together	کم دولت ہوتے ہوئے زندہ رہنا	I don't earn enough money to keep body and soul together.
276	Keep one's word	وعدہ پورا کرنا	You can count on Richard; he'll keep his word.
277	Keep the wolf from the door	گھڑا راکرنا	I don't make a lot of money, just enough to keep the wolf from the door.
278	Keep up appearances	خراب حالات کو ٹھیک ظاہر کرنا	Things may be unpleasant, but we will keep up appearances.
279	Keep up with	ساتھ ساتھ چلنا	You're running so fast that I cannot keep up with you.
280	Kill time	وقت گزاریا	I killed time reading a novel.
281	Knit one's brows	ناگواری کا اظہار کرنا	The librarian knitted his brows when the students made noise.
282	Lame excuse	جھوٹا بہانا	The boss doesn't like employees who make lame excuses.
283	Laughing stock	جس پر لوگ ہنسیں	If I mess up this speech, I'll be the laughing stock of the school!
284	Lay by	کوئی چیز بچانا	Wise men lay by some money for hard times.
285	Lead (someone) by the nose	کسی کی رہنمائی کرنا	He will never find his way in New York unless you lead him by the nose.
286	Let in	داخلے کی اجازت دینا	I opened a window to let in some fresh air.
287	Let the cat out of the bag	غلطی سے راز ظاہر کرنا	When Bill glanced at the door, he let the cat out of the bag because we knew then that he was expecting someone to arrive.
288	Lion's share	کسی چیز کا بڑا حصہ	As usual, my brother took the lion's share of the cake.
289	Long and short	مختصر	The long and short of this report is that the company is in loss.
290	Look after	خیال رکھنا	He looks after his younger brother.
291	Look down upon	حقارت سے دیکھنا	We should not look down upon anyone.
292	Look for	تلاش کرنا	He was looking for his brother.
293	Look forward to	منتظر ہونا	I'm really looking forward to your visit next week.

294	Look into	چھان بین کرنا	A federal grand jury is looking into the new law.
295	Look sharp	ہوشیار رہنا	The team must look sharp if they want to win.
296	Last straw	غصہ دلانے والی بات	He has been late before, but this is the last straw.
297	Lead a dog's life	ذلت آمیز زندگی گزارنا	Nowadays the middle class is leading a dog's life because of inflation.
298	Let bygones be bygones	معاف کرنا	We should let bygones be bygones and move on to more important things.
299	Let someone down	توقعات پر نہ اُترنا	The team didn't want to let down the coach.
300	Lose heart	حوصلہ ہارنا	When the other troops failed to arrive, the men lost heart and surrendered.
301	Lose one's temper	کسی پر غصہ ہونا	I hate to lose my temper at someone.
302	Loud mouth	منہ پھٹ	If I knew you were a loud mouth, I'd have never shared my secret with you!
303	Maiden speech	پہلی تقریر	He cut a fine figure in his maiden speech.
304	Make both ends meet	گزارا کرنا	I have to work at two jobs to make ends meet.
305	Make good	کامیاب ہونا	Bob worked hard to make good at selling.
306	Make up	تلافی کرنا	Can I make up the test that I missed?
307	Move heaven and Earth	ہر ممکن کوشش کرنا	I moved heaven and Earth to get you that job.
308	Maiden voyage	پہلا سمندری سفر	The Titanic sank on its maiden voyage.
309	Make a clean breast of (something)	اعترافِ جرم کرنا	He made a clean breast of his corruption.
310	Make a face (at someone)	منہ چڑھانا	The little girl made a face at her brother.
311	Make amends for (something)	تلافی کرنا	I worked hard to make amends for my losses.
312	Make away with	کوئی چیز لے بھاگنا	The cat made away with the piece of meat.
313	Make up (one's) mind	فیصلہ کرنا	She has made up her mind to join the army.
314	Mend one's way	عادات سنوارنا	Threatened with suspension, Jerry promised to mend his ways.
315	Mind one's own business	اپنے کام سے کام رکھنا	If he would only mind his own business, there would be fewer quarrels.
316	Miss the boat/bus	موقع گنوا دینا	They are missing the boat on improving relations with Russia.
317	Muster up courage	حوصلہ جمع کرنا	Do you think you can muster enough courage up to do the job?
318	Nip in the bud	جڑ سے خاتمہ کرنا	If this problem isn't nipped in the bud, it will soon get totally out of hand.
319	Now and then	کبھی کبھار	I read a novel every now and again.
320	Null and void	کالعدم	The court declared the law to be null and void.
321	Nail in (someone's) coffin	تباہی کی وجہ	Losing their biggest customer was the final nail in the company's coffin.
322	Off and on	بے قاعدگی سے	I've been exercising off and on for a while now.
323	Offhand	بغیر سوچے	Offhand, I can't think of a better solution than this.
324	Off hands	ذمہ داری نہ ہونا	We finally got that project off out hands.

325	On the eve of	کسی موقع پر	The team held a party on the eve of the tournament.
326	On the whole	مجموعی طور پر	On the whole, this idea is very good.
327	Once in a blue moon	کبھی کبھار	My sister lives in Spain, so I only get to see her once in a blue moon.
328	Out-and-out	مکمل	That singer is an out-and-out genius when it comes to writing music!
329	(Over) head and ears	مکمل طور پر	He is head and ears in debt.
330	Of one's own accord/free will	اپنی مرضی سے	I cleaned up my room of my own accord.
331	On the horns of a dilemma	دو چیزوں میں سے فیصلہ نہ کر پانا	Nonprofit groups are often caught on the horns of a dilemma – they have to satisfy their donors and attract new donors.
332	On the verge of	کچھ کرنے یا ہونے کے نزدیک	I was on the verge of calling the doctor when he suddenly got better.
333	Once and for all	ہمیشہ کے لئے	I'm going to get this place organised once and for all!
334	An open secret	کھلا راز	It's an open secret that Max is looking for a new job.
335	Part and parcel	لازمی حصہ	Being recognized on the street is part and parcel of being a celebrity.
336	Pass away	فوت ہو جانا	My aunt passed away last month.
337	Pay lip service	خوشامدی	He just pays lip service instead of working.
338	Play truant	بغیر اجازت غیر حاضری	I was so bored at work that I decided to play truant after lunch.
339	Play with fire	خطرہ مول لینا	We're playing with fire if we continue with genetic modification of our food.
340	Pros and cons	خوبیاں و خامیاں	We've been discussing the pros and cons of buying a house.
341	Put by	بچا کر رکھنا	I put some money by for a rainy day.
342	Put down	لکھنا	A poet puts down his feelings on paper.
343	Put off	ماننا	I had to put off the plumber again, because we don't have money to pay him.
344	Put on	پہننا	I put a heavy coat on to go outside in the cold.
345	Put out	بُجھانا	He used water to put out fire.
346	Put the cart before the horse	اُٹا کام کرنا	John has the cart before the horse in most of his projects.
347	Put up with	برداشت کرنا	I cannot put up with your constant whining any longer!
348	Play one's trump card	بہترین حکمت عملی	He won the game by playing his trump card.
349	Play second fiddle to (someone)	کسی سے کم درجہ پر ہونا	I'm more qualified than John but I still have to play second fiddle to him.
350	Poke one's nose into something	مداخلت کرنا	I told her to stop poking her nose into our business.
351	Pull (someone's) legs	بیوقوف بنانا	The students used to pull Mr. Chips' legs.
352	Rank and file	عام لوگ	The rank and file usually do exactly as they are told.
353	Red tape	قوانین جن سے تاخیر ہو	My passport application has been held up by red tape.

354	Rest on one's laurels	ہچکچلی کامیابیوں پر مطمئن ہونا	Even though you did well on all your exams, you can't simply rest on your laurels.
355	Read cover to cover	شروع سے آخر تک پڑھنا	He reads the newspaper cover to cover.
356	Read a lecture	سبق سکھانا	Dad read us a lecture after the teacher phoned and complained about us.
357	Run down	کم ہونا یا نیچے آنا	I will run down and talk to you. OR The water reservoirs are running down.
358	Run over	زیادتی ہونا	She poured the coffee until the cup ran over.
359	Run short of	کمی ہونا	We are running short of eggs.
360	Read between the lines	مخفی مطلب سمجھنا	If you read between the lines, you can begin to see what it really means.
361	Scot-free	سزا سے بچ جانا	After the trial, the criminals went scot-free.
362	See off	الوداع کہنا	He went to the airport to see us off.
363	See through	بھانپ لینا	We saw through the fraud of this company.
364	Send for	بلانا	If you don't go I shall send for the police.
365	Set aside	رد کرنا	The court has set aside the new petrol prices.
366	Set by	بچا کر رکھنا	He had some petrol set by for an emergency situation.
367	Set in	شروع ہونا	In winter, darkness sets in so early!
368	Set in motion	چلانا	The wind will set the ship in motion.
369	Set off	سفر کرنا	We set off for Tokyo three hours late.
370	Set out	سفر کرنا	We set out on our trip exactly as planned.
371	Set up	کچھ قائم کرنا	It took nearly an hour to set up the tent.
372	Smell a rat	سگڑ محسوس کرنا	I smelled a rat as he made that offer. It sounded too good to be true.
373	Snake in the grass	چھپا ہوا ڈمٹن	How could I ever have trusted that snake in the grass?
374	Spick-and-span	صاف ستھرا	The soldiers were in spick-and-span uniforms.
375	Stand by	استعمال کے لئے تیار	Ten thousand soldiers are on stand by for in case of a natural disaster.
376	Storm in a teacup	بات کا ہنگڑ بنانا	There's no danger of a war - it's all a storm in a teacup.
377	Sum and substance	مرکزی خیال، خلاصہ	Can you quickly tell me the sum and substance of your proposal?
378	Say (something) to (someone's) face	کسی سے کھری کھری کہہ دینا	I thought she felt that way, but I never thought she'd say it to my face.
379	See eye to eye (with someone)	متفق ہونا	My father and I see eye to eye on most things.
380	Snail's pace	ست رفتار	They're making the new vaccine, but at a snail's pace.
381	Split hairs	غیر ضروری امتیازات	Don't waste time splitting hairs and accept it the way it is.
382	Spread like wildfire	تیزی سے پھیلنا	Rumours spread like wildfire when people are excited.
383	Square meal	متناسب کھانا	The lunch program at school provides square meals for children.
384	Square peg in a round hole	ایک ساتھ نہ جڑنا	Trying to teach me math is like trying to fit a square peg into a round hole.

385	Stand one's ground	اپنی جگہ برقرار رکھنا	Afghanistan stood its ground even after facing many invasions.
386	To hit/strike while the iron is hot	موقع کا فائدہ اٹھانا	We should strike while the iron is hot, and buy a house as soon as possible.
387	Take after	مشابہت ہونا	She takes after her grandfather in her talent for design.
388	Take down	لکھنا، ہرانا	Today in tennis, Martinez took down Kournikova to win the championship. OR Please take these figures down in your notebook.
389	Take into account	شامل کرنا، ذہن میں رکھنا	Salespeople have to take into account the differences between their customers.
390	Take to	باقاعدگی سے کرنا	After he retired, he took to working in the local schools.
391	Talk shop	کام کے بارے میں بات کرنا	John and his brother talk shop on the weekends.
392	Tell upon	اثر انداز ہونا	Overworking was now beginning to tell upon the health of Steve.
393	Through thick and thin	اچھے برے حالات سے	Dogs are loyal to you through thick and thin.
394	To abide by	پابندی کرنا	He became a doctor to abide by his father's wishes.
395	To back out	پچھے ہٹ جانا	They backed out of the deal when we refused to accept their new terms.
396	To be hard up	تنگ دست ہونا	She is hard up after losing her job.
397	To be taken aback	حیران رہ جانا	When she told me the news, I was taken aback for a moment.
398	To beat about the bush	ادھر ادھر کی باتیں کرنا	Don't beat around the bush and just tell me where he did he go.
399	To be at one's beck and call	کام کے لئے تیار	She had a dozen servants at her beck and call.
400	To bring to book	سزا دینا	The criminals must be brought to book.
401	To burn one's finger	اپنے آپ کو نقصان	He burned his fingers in the stock market.
402	To call a spade a spade	کھری کھری بات کرنا	More time will be wasted if we don't call a spade a spade.
403	To call names	نام رکھنا	John was punished for calling his teacher names.
404	To come to light	منظر عام پر آنا	Twenty four officers have faced charges since the scandal came to light last month.
405	To catch red-handed	رنگے ہاتھوں پکڑنا	Tom was stealing the car when the police caught him red-handed.
406	To cast a spell	جادو کرنا	This beautiful story casts a spell on its readers.
407	To come to blows	لڑائی پر اتر آنا	Let's not come to blows over this silly disagreement.
408	To cut at	کاٹنا	Dad cut away at the chicken and asked us what part we wanted.
409	To cut to the quick	ذہنی صدمہ دینا	Your insulting comments cut me to the quick.
410	To eat one's word	اپنے الفاظ واپس لینا	Ali was wrong and had to take eat his words.
411	To fall flat	ناکام ہونا، بے اثر	The advertising campaign which had worked so well in the US fell flat in UK.
412	To fight with one's back to the wall	مشکل میں ہونا	In the last minutes of the game, our team had to fight with their back to the wall.

413	To flog a dead horse	وقت ضائع کرنے والا کام	You're flogging a dead horse trying to persuade him to come to Spain.
414	To get in	داخل ہونا یا کرنا	Somehow, we managed to get our son into a fine private school.
415	To get into hot water	مشکل میں پڑنا	He got into hot water with his school by not paying his tuition.
416	To gird up one's loins	تیار کرنا	I'm girding up my loins for that interview.
417	To give vent to	جذبات کا اظہار	He didn't dare give vent to his annoyance in front of her parents.
418	To go off	پھٹنا یا آواز کرنا	The bomb went off and did a lot of damage. OR The alarm went off at seven o'clock.
419	To grease the palm	رشوت دینا	The government should not grease the palms of public officials.
420	To leave in the lurch	کسی کو منتظر چھوڑ دینا	Where were you, John? You really left me in the lurch.
421	To leave no stone unturned	ہر ممکن کوشش کرنا	He left no stone unturned to provide justice.
422	To lick the dust	جنگ میں ہارنا	Our enemies shall lick the dust.
423	To take a fancy to	پسند کرنا	She's got enough money to buy whatever she takes a fancy to.
424	To make fun of	مزاق اڑانا	We should not make fun of others.
425	To make headway	آگے بڑھنا	We hope scientists are able to make headway against cancer.
426	To make off with	پھرانا	The robbers broke into the bank and made off with \$50 million.
427	To pay through nose	بھاری قیمت ادا کرنا	He had to pay through the nose for car parking.
428	To pass on	منظور کرنا یا مرنا	The committee passed on the proposal. OR Mr. Chips passed on at the age of 85.
429	To round up	اکٹھا کرنا	The police rounded up the two suspects for questioning.
430	To sit on the fence	حمایت نہ کرنا	When Mary and Mike argue, it is best to sit on the fence and not make either of them angry.
431	To stand on ceremony	رسمی انداز میں	Please sit down and make yourself comfortable, we don't stand on ceremony here.
432	Turn a deaf ear	نظر انداز کرنا	In the past they've turned a deaf ear to such requests.
433	To turn down	مسترد کرنا	The board turned our request down.
434	To work out	موثر، ورزش	Our plan will work out in the end. OR I go to the gym to work out at least twice a week.
435	Turn turtle	اُلٹ جانا	Our sailboat turned turtle during the storm.
436	Turn up	زیادہ کرنا یا پہنچنا	Please turn up the radio! OR Guess who turned up at my door last night?
437	To take (something) to heart	سنجیدگی سے لینا	Everything he said is true, and I hope people will take it to heart.
438	To take heart	پُر اعتماد ہونا	I told her to take heart and try again next time.
439	To take (someone) by surprise	کسی کو حیران کرنا	His resignation took us all completely by surprise.
440	To take for granted	اہمیت دیئے بغیر استعمال کرنا	So many of us take clean water for granted.

441	To take to task	سرزنش کرنا	I lost a big contract, and the boss took me to task in front of everyone.
442	To take the bull by the horns	مشکل کا جام کر مقابلہ کرنا	The military took the bull by the horns and eliminated the terrorists.
443	To take to one's heels	بھاگ جانا	Our enemies took to their heels when we revealed our nuclear power.
444	Then and there	اسی وقت اور موقع پر	I decided to settle the matter then and there and not wait until Monday.
445	True to one's word	وعدہ پورا کرنا	True to his word, John showed up at exactly eight o'clock.
446	Turn one's back on (someone/something)	مسترد کرنا	He does not turn his back on anyone's request for help.
447	Turn over a new leaf	دوبارہ آغاز کرنا	I have made a mess of my life. I'll turn over a new leaf and hope to do better.
448	Turn the tables on (someone)	صورتِ حال بدلنا	After six defeats, we finally turned the tables on our old rivals.
449	Under a cloud	مٹھوٹ	Someone stole some money at work, and now everyone is under a cloud of suspicion.
450	Ups and downs	اچھی اور بری چیزیں	Ups and downs are to be expected in life.
451	Up to the mark	معیار کے مطابق	When your work is up to the mark we can review your salary again.
452	Wear and tear	استعمال سے بے کار ہو جانا	Driving in freezing weather means lots of wear and tear on your car.
453	White lie	بے ضرر جھوٹ	She asked if I liked her dress, and of course I told a white lie.
454	With a heavy heart	اُداسی سے	With a heavy heart, she said good-bye.
455	With all one's heart and soul	مخلصانہ انداز میں	He does his job with all his heart and soul.
456	With flying colours	آسانی سے	She took a driving test and passed with flying colours.
457	With a grain of salt	شک سے	I take his stories with a grain of salt because he tends to exaggerate.
458	With a view to	کسی مقصد سے	This building was designed with a view to resist earthquakes.
459	With an iron hand	قوت سے	My uncle rules the family business with an iron hand.
460	With open arms	خوشی سے	They received their new daughter-in-law with open arms.
461	Without fail	مسلل	Sarah sends me a card on my birthday without fail.
462	Wolf in sheep's clothing	دوست کر روپ میں دشمن	He appears to be nice but is a wolf in sheep's clothing.
463	Work wonders	بہت مددگار	This new medicine works wonders with my headaches.
464	Wait for a raindrop in the drought	ناممکن کی امید کرنا	For many people finding a job these days is like waiting for a raindrop in the drought.
465	Weal and woe	ایچھے اور برے وقت	We all get our share of weal and woe in life.
466	Walking on broken glass	سزا ہونا	Mom had me walking on broken glass for breaking the window.
467	X factor	کسی کی خاصیت	A lot of similar products are on the market right now—ours has to have an X factor!



468	X marks the spot	عین اسی جگہ	This is where the rock struck my car—X marks the spot.
469	Yeoman's service	ٹھیک خدمت	This wooden ladder has done me yeoman's service over the years.
470	Yes-man	ہاں میں ہاں ملائے والا	You can't trust what Chad says, he's just the boss's yes-man.
471	Young Turk	جوان باغی	The young Turks are acting up again against the status quo.
472	Zero hour	وقت آغاز	I have so much studying left to do before the exam, and zero hour is 8 AM!
473	Zero tolerance	کمل عدم برداشت	There should be zero tolerance against corruption.
474	Zip your lip	خاموش ہونا	The teacher ordered the students to zip their lips.
475	Zeal and zest	جوش و جہزہ	The team celebrated with zeal and zest after their victory.

