

BOPGETS EXPLORATION Group



Borders Exploration Group (BEG) is a non-profit making organisation run by a group of volunteer adults for the benefit of young people between the ages of 16 – 25, and living in the Scottish Borders.



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The objectives of the group are to help broaden horizons and educate by means of providing outdoor activities of an enterprising, challenging and exploratory nature and in doing so provide an

invaluable character- building experience.



This is achieved by organising expeditions of between two and five weeks; these expeditions are of a very structured nature and include work on Community

based projects, Adventure projects, Science and Environmental projects and Social phases.

FINANCE

All expeditions are self-financing with fundraising initiatives forming a large part of the overall experience. The unique experience of being involved in one of our expeditions is open to any young Borderer or those wishing to be considered for adult leadership.

SELECTION

There is a rigorous selection process for both Venturers and Leaders. At selection everyone is assessed on their ability to: Work as part of a team, show an interest in the people they meet, work hard, laugh, take responsibility and contribute positively. Wherever practicable, no medical condition will in itself be a barrier to selection.



EXPEDITIONS

International expeditions have gone to: Lesotho, Ecuador, Kenya, Mongolia, India, Peru, Vietnam, Zambia, Chile and Cuba.

European expeditions have gone to: the Rhine Valley, Romania, the Pyrenees, Norway, Poland and Ukraine. There have also been 'local' expeditions to: the Isle of Skye, the West Coast on a converted fishing trawler and the Isle of Rum.

LEADERS

All Borders Exploration Group expeditions are led by a team of volunteer leaders and BEG are always on the lookout for interested adults; if you are interested in getting involved or would like more general information about Borders Exploration Group, please visit our website: www.borders-exploration-group.

org.uk

CHALLENGE DAYS

TOWER TROPHY

Tower Trophy Challenge is an adult only event run by BEG – usually bi-annually. It is an adventure / team building event for companies and groups based in and around the Borders.

KIRSTY MACASKILL TROPHY

The Kirsty MacAskill Trophy is competed for by school teams from the 9 Secondary Schools in the Scottish Borders. As with all BEG events, the

Kirsty MacAskill challenge is a mix of physically and mentally challenging events which also tests teamwork, communication and cooperation.

MEMBERSHIP

Like all charities, BEG relies on support from the public – everyone has something to offer. Could you support BEG by giving some of your time, expertise, supporting fund raising events or by becoming a member? For a nominal fee, you could get access to members events, newsletters, money saving offers on kit, leisure, recreation and more... just get in touch.

SAFETY

Safety of our members is paramount...

Due to the nature of the expeditions run, insurance is a major drain on funds. General fundraising events are run to ensure the costs of comprehensive insurance to suit each BEG expedition is met... your support at these is much appreciated.

DISCLOSURE SCOTLAND

PVG (Disclosure Scotland) checks are completed for all adult members.

TOPOSCOPE

To celebrate it's 20th anniversary BEG

has placed a toposcope (direction indicator) on the 'trig point' on the summit of Ruberslaw, a prominent hill 5 miles E of Hawick (height 424m (1391') OS MR NT 580155).

The toposcope identifies surrounding hills and also indicates the directions of the 16 countries that BEG expeditions have visited. An inspirational quotation is also included.