



### **Training Session**

March 06, 2019



## Agenda

About Aetna

Why International Private Medical Insurance?

Aetna's Unique Value Proposition

Products & Underwriting Options

Q&A

Game Quiz

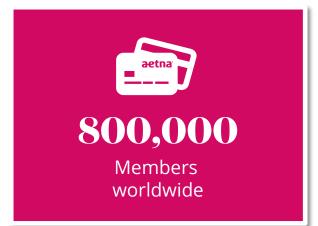
#### About Aetna International













#### Asia Footprint: Regional Expertise; Local Knowledge

	Singapore	China	Hong Kong	Malaysia	Indonesia	Thailand	Vietnam	Philippines
Locally Admitted Policies	• (	1.4	•		•	•	• •	•
Policy Administration	•		•			7(•)		
Sales and Account Management	•	·	•			•		•
Claims Teams	. \					N. S.		
Member Assistance Team	•				•	•	T w	
Direct Settlement Network Providers	•		•	• 53	1.	•		•

#### Recognitions for our Expertise, Service and Capabilities























Health Insurance Awards





insurance



insurance

International General Insurer of the Year – Singapore, 2017 & 2018

Asian Banking and Finance Insurance , Asia Awards

Ranked #5 Most Transformational Company, 2017

Harvard Business Review

#### Why International Private Medical Insurance?







International Access

High Limits Comprehensive Coverage 24 Hours / 7 Days Member Hotline Support

Open Access Model

No Surgical Table / No Referral for Specialist

Technological Capabilities

**Emergency Evacuation** 

Full Coverage for Cancer & Kidney Dialysis

Mobile-Employee Friendly



#### **Sustainability: A Case Study**

#### **Background:**

A client who had 2 health plans from 2 leading international group insurers wished to consolidate their health benefit to 1 insurer and to drive more savings with in-network provider use.

- Average cost for outpatient treatments within Aetna's medical network was 50% lower
- In 2017, the client consolidated their health benefit offering to Aetna
- Loss ratio on the population was running at 40% lower

#### Aetna's Approach towards Sustainability







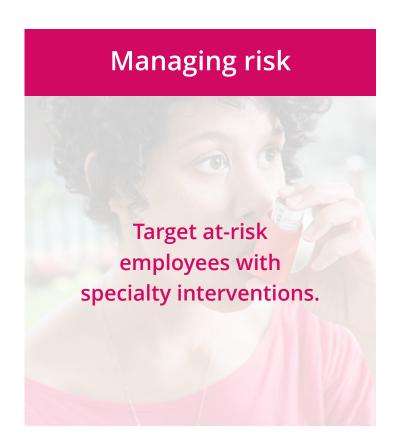




#### Support anywhere along the journey to better health







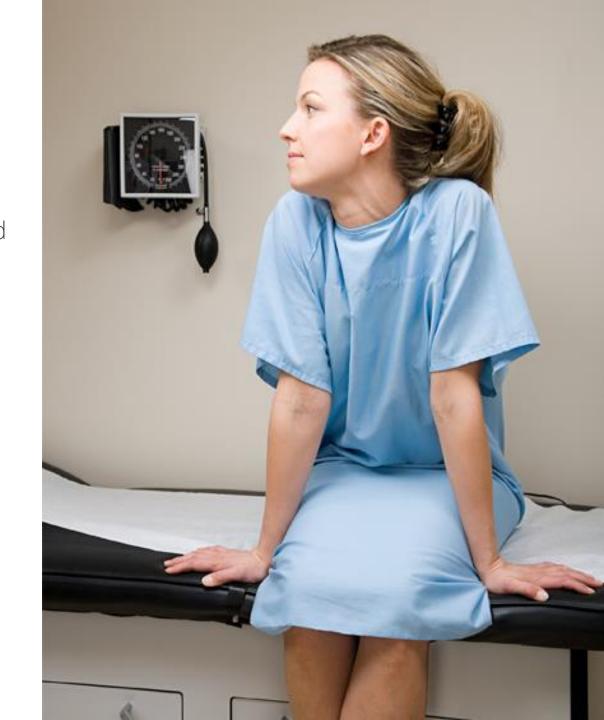
#### Finding the right members

#### We find members:

- Who need the most help and can be positively impacted
- Early enough to create more healthy days

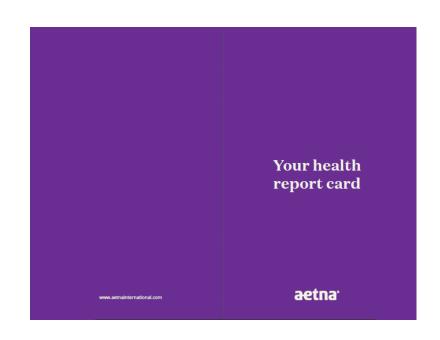
#### Members can be identified through:

- A monthly predictive model
- Daily triggers
- Self-referrals



#### Encouraging Healthy Behaviours: Workplace Health Fairs

- On-site Aetna Health Fairs
- Basic screening test and a 1-on-1 consultation with our clinical case managers
- Members can follow-up with the CARE team for further health management advice thereafter.



## Applying the Aetna difference to our Diabetes Management Program



35-year-old, seemingly healthy member, attended our health fair where it was discovered he had very high blood sugar levels



If left untreated, the member was high risk for developing complications or reaching an advanced stage of disease,



Our Case Manager followed up with the member after the health fair, leading to a diagnosis of early-stage Diabetes Mellitus



The member is now on a treatment and lifestyle change plan

Projected USD \$50k savings vs. treatment at advanced stage

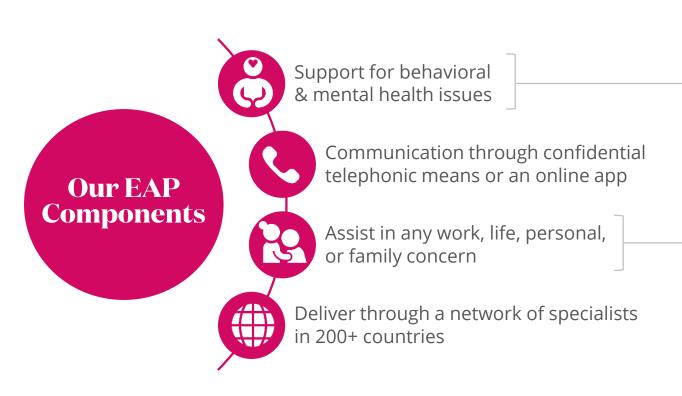
#### Behavioral Health impacts your Bottom Line





<sup>&</sup>lt;sup>1</sup>Source: World Health Organization, Depression Fact Sheet Updated February 2017. www.who.int/mediacentre/factsheets/fs369/en/
<sup>2</sup>National Alliance on Mental Illness (NAMI): <a href="https://www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf">www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf</a>. Accessed December, 2017.

#### Encouraging Healthy Behaviours: Support for Mental Well Being



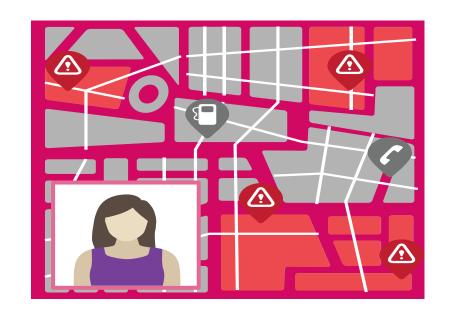
#### myStrength

- Self-service emotional health support tool
- Web-based with convenient,
- 24/7 help for behavioural health issues, depression, stress, substance abuse and pain management

#### **Top Cases by Category**

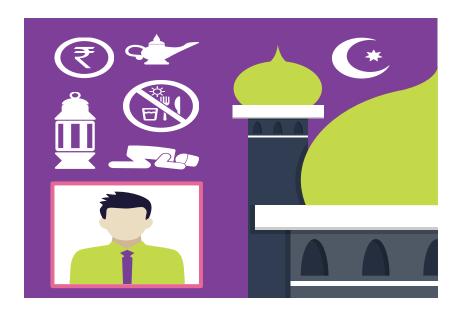
- Emotional health
- Family/relationship concerns
- Adjustment/change
- Workplace concerns

#### Red24: Knowledge and Support to Minimize Catastrophic Risks



#### City Safety Advice

- Tailor-made advice on dangerous areas to avoid
- Individualized security briefings



#### **Cultural Pointers**

- Provide list of "do's and don'ts" specific to each country
- Advice on what to wear to meetings, how to greet associates, and dining out

## Case Study

## High-Risk Evacuation





- Dan and several of his employees are on assignment in the Philippines when a category five tropical storm approaches.
- Dan contacts us and requests an evacuation for him and his team.



• Our Crisis Support partner, red24, compiles a plan, outlining areas of concern, safe zones and available travel routes.



• In-country consultants are deployed to ensure safety, provide detailed security briefs and situation updates, and assist with the evacuation.



- Dan and his employees are securely transported to the airport.
- Our customer is briefed regularly.
- Flights are tracked and safe arrivals are confirmed.

<sup>\*</sup> All case studies are real but names have been changed to protect privacy.



# Effective cost containment is holistic, not reactive



## Pre episode





#### We help you get out in front of costs

#### **Products with Integrated Cost Controls**

- Are in-network providers being used?
- Is steerage driving to most efficient solutions?







## When care is needed, we help you find the right care for the right price

#### **Coordination of Care**

- Pre-authorization required for single line item ≥ USD 500
- Are cost efficiencies enhanced?

#### **Case Management**

- Is it the right care?
- Is the same or better care available for less?

## Pre episode





#### After an episode, we're still working for you

#### Discharged Planning

• Does the patient requires any discharge planning? E.g. Chronic condition management

#### Fraud, Waste and Abuse detection

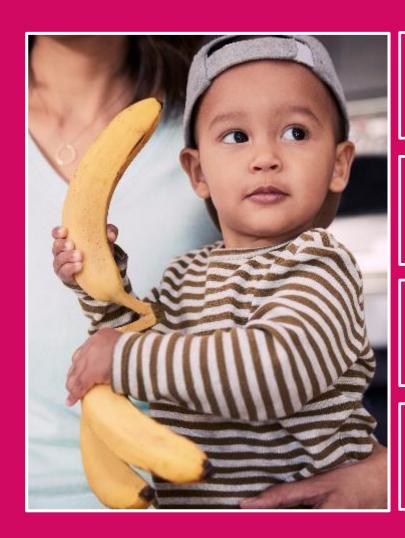
- Is the claim valid?
- Are the charges appropriate?

#### **Operations and Network Negotiations**

- Is the claim amount correct?
- Does billing reflect our negotiated rates?

## Case Study

## **Delivering Solution**





David was diagnosed with neuroblastoma, just before his fourth birthday



Our CARE manager worked with David's parents on his first phase of treatment, but the cancer continued to spread



David's parents wanted to seek further treatment in the U.S. - outside the area of cover on their policy



Our CARE manager located an alternative medical facility in Korea that would be covered by David's policy

<sup>\*</sup> All case studies are real but names have been changed to protect privacy.

## Case Study

#### Fraud Detection





A member had been submitting claims for reimbursement over three years



They were becoming progressively more expensive; a USD\$300,000 leukaemia claim triggered a review

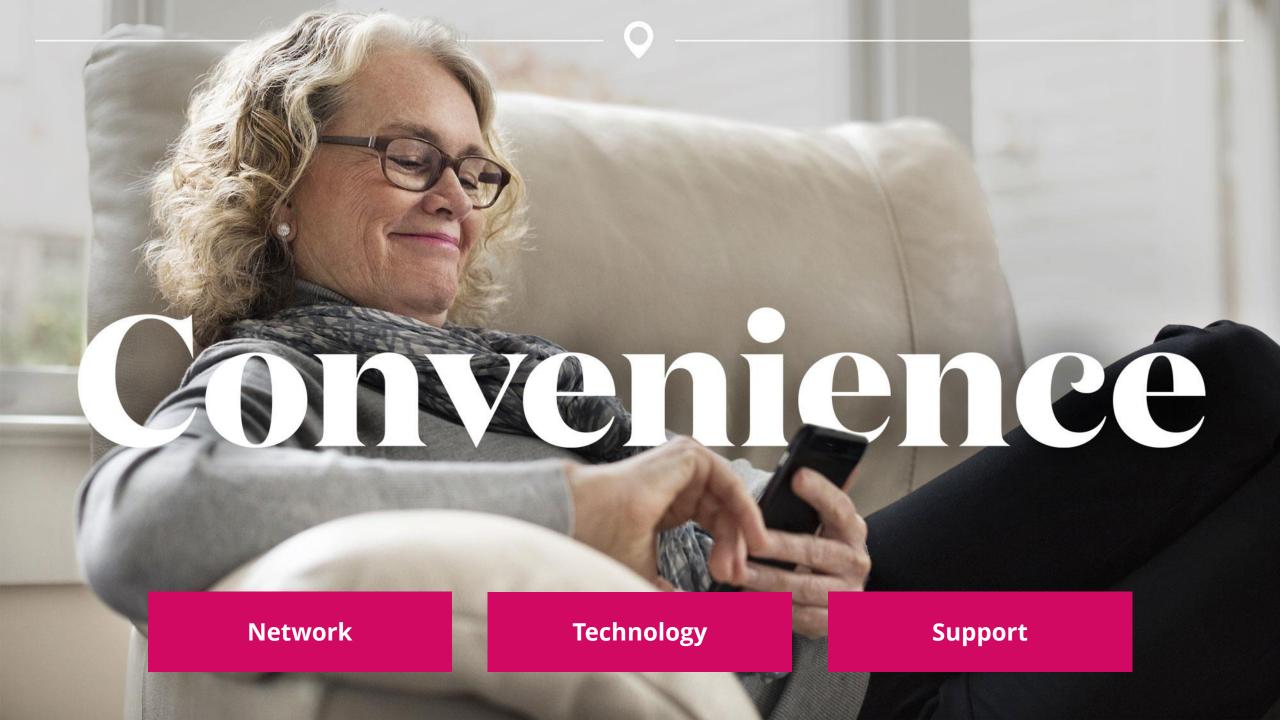


Upon investigation, we uncovered irregularities with the provider name, treating facilities and claim documents



We took legal action and managed to recover a portion of the paid claims, and the student's visa was revoked

<sup>\*</sup> All case studies are real but names have been changed to protect privacy.



#### Network Around the World

• Discounted direct contract provider relationships

• Strategic network partners

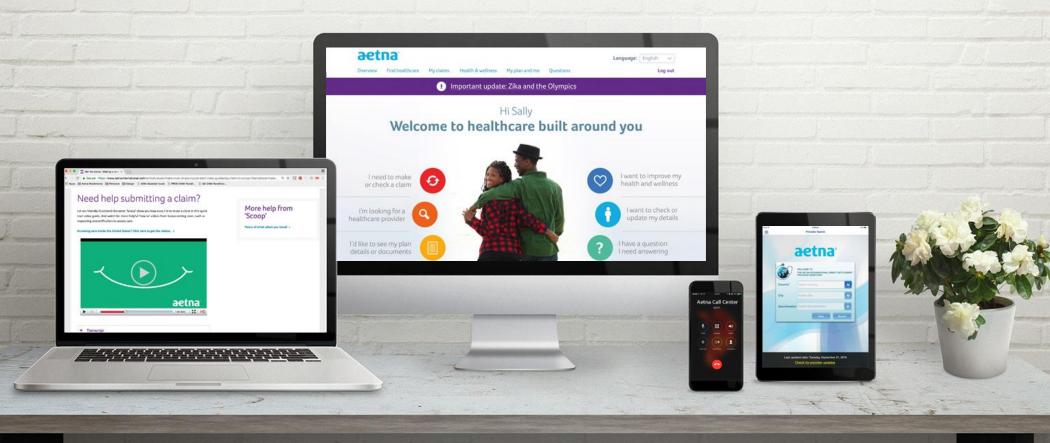
Ad-hoc negotiations

• Supplemental network partners

\* Coverage depends upon the area of cover chosen







"Scoop" video guides

**Health Hub** 

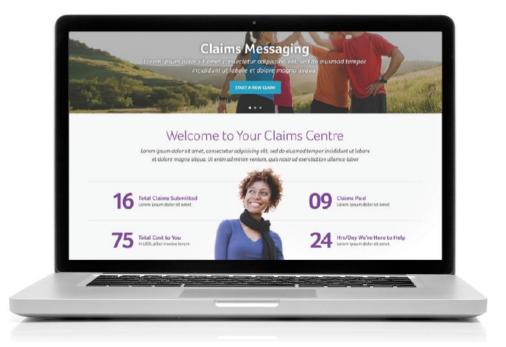
24/7 Call Center

Vhealth

#### Health Hub: Managing Health On-the-Go

#### Secure Member Website

- Submit and track claims completely online
- Access plan details and all documentation relating to the policy
- Search for direct settlement hospitals and doctors
- Get information on health risks;
   required vaccinations, local health systems and currency
- Translate drug names and medical phrases
- Find travel safety and security information





## Health Care Provider

Home

Plan & details

Claims



Health & wellness

FAQs



#### Welcome to your Health Hub.

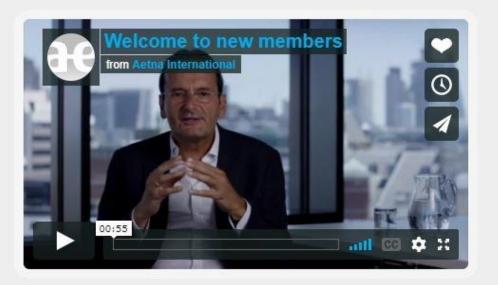
#### Your plan and details

- Member ID
- Your important documents

#### **Claims**

See your previous claims or make a new one

View existing or past claims | Make a claim now



Welcome to Aetna

Your guide to making a claim

Transcript →

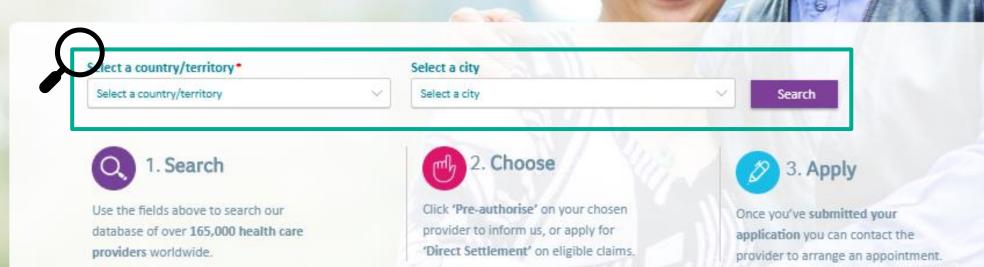


## Search for Health Care Providers

#### Find health care

Wherever you find yourself, we'll be right there with you. You have access to over 165,000 health care providers worldwide.





## Policy Documents



Home

Plan & details

Claims

Find health care

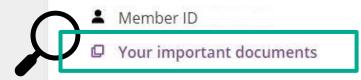
Health & wellness

FAQs



#### Welcome to your Health Hub.

#### Your plan and details



#### Claims

See your previous claims or make a new one

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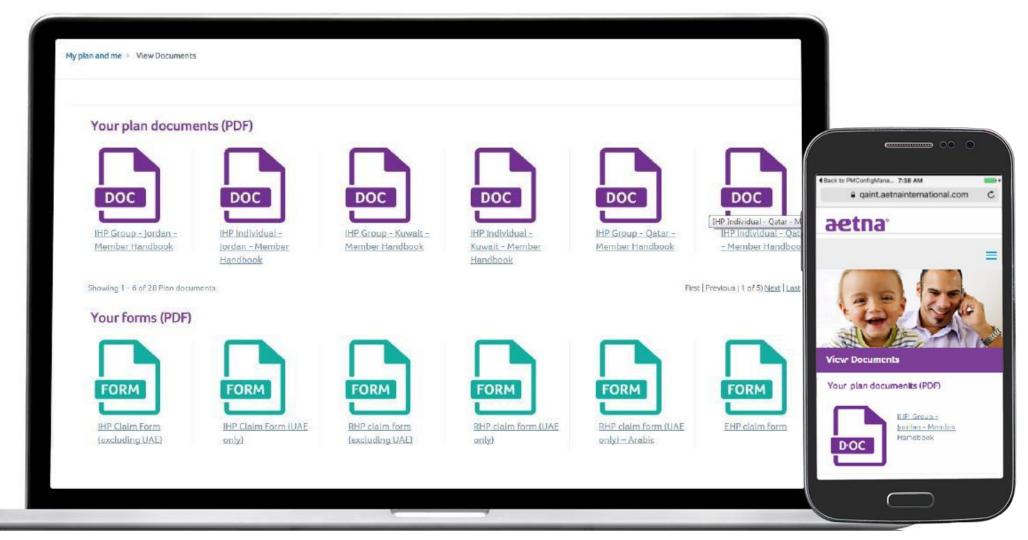
#### Welcome to Aetna

Your guide to making a claim

Transcript →



#### Access to Plan Documents/ Forms



## Answering the call for convenient health care

vHealth will give you 24/7 instant access to quality care.
Get better quickly.





Drive to the nearest clinic or hospital

Wait to see the doctor

vHealth by Aetna



Consult doctor by video or phone via mobile app

Get advice, prescriptions or referrals\*

Time

3 hours

Time

OR

20 mins

<sup>\*</sup>Prescriptions & referrals subject to local regulation

#### Why vHealth?

#### A Convenience & Cost Containment Tool:



- ✓ Save time and allow members to rest more
- At the own comfort of your home



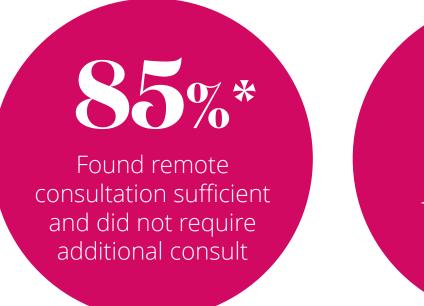
- ✓ Lower consultation fee via E-consult
- ✓ No over-prescription tendency



- ✓ Only allow referral to our network
- ✓ Reduce churning tendency

# A success story that will only get better

#### Proven results ...





<sup>\*</sup>Survey of IHO members who participated in vHealth consultation between March-Nov 2017. \*\*Members rated provider "Very Good" or "Excellent".

# Products Underwriting Options

#### **Product Options**







**Aetna Pioneer** 

**Aetna Summit** 

Aetna Summit / Be-spoking

#### Aetna Summit / Pioneer

4000 2500 5000 1750 5000+ Full cover + Routine health + Full cover + Full cover + Outpatient for inpatient treatment. checks for outpatient for inpatient treatment, complications treatment, sight treatment of cancer care and of maternity, EAP, and hearing acute conditions emergency chronic condition examinations for newborns and medical and disease newborn evacuation congenital management abnormalities 10% coinsurance 10% coinsurance 10% coinsurance 10% coinsurance USD 2,000

#### More Ways to Protect your Workforce



#### Coverage Area



#### Options to Stretch your Dollar



Excess / Coinsurance

Range of 0% - 30% outpatient coinsurance\*



**Outpatient Limits** 

USD 5,000 – USD 15,000 Available for Summit Plan only



Next Child Free Policy

Available for Pioneer Plan only

<sup>\*</sup>Available on selected plan levels

#### Raffles Network Option – Narrower but High Quality Network

#### An Option to Switch to for Premium Reduction:

- Direct billing only, show card/e-card
- No network restriction outside of Singapore
- No network restriction for A&E department but if outside of Raffles network need to pay and claim

#### Network Scope:





- GP: 50+ island-wide
- SP: 150+ in-house physicians across 24 specialties
- Centrally-located full-service hospital Raffles Hospital
- 8 public hospitals and all community hospitals\*
- 8 national specialty centers^

### **Underwriting Options**

Group Size	Individual	3 – 9 Employees	5 – 9 Employees	≥ 10 Employees	≥ 50 Employees	≥ 100 Employees
UW Basis	Moratorium / FMU / CTT	Moratorium Conditional MHD		MHD		
Remarks	N.A.	Require Group Member Application Form during Inception	Require Group Member Declaration Form during Inception	Community Rated	Experience Blended	Experience Rated
Info. Required for Quotation	D.o.B Gender Residency Nationality Benefits	Census GIFFF Benefits			Census GIFFF Benefits Claims History	

#### **Group Leaver**

A member (under 65 years old) leaving a company can transfer to an Aetna Pioneer Plan whilst continuing their current underwriting:

Employee Group Size	Group Loading	Individual Loading	Minimum Wait Period*	
< 10	NA	NA	NA	
10 - 49	3%	200/	1 Year	
50+	0%	30%		

<sup>\*</sup> Time period the member needs to be on a Aetna Group Plan

# A&P

## Thank you

#### Aetna® is a trademark of Aetna Inc. and is protected throughout the world by trademark registrations and treaties.

Aetna does not provide care or guarantee access to health services. Not all health services are covered. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a health care professional. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Information is believed to be accurate as of the production date; however, it is subject to change. For more information, refer to <u>aetnainternational.com</u>.

Whenever coverage provided by any insurance policy is in violation of any U.S, U.N or EU economic or trade sanctions, such coverage shall be null and void. For example, Aetna companies cannot pay for health care services provided in a country under sanction by the United States unless permitted under a written Office of Foreign Asset Control (OFAC) license. Learn more on the US Treasury's website at: <a href="https://www.treasury.gov/resource-center/sanctions">www.treasury.gov/resource-center/sanctions</a>.

