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Can St. John's wort trigger psychoses? **Display Settings:** Abstract**See 1 citation found by title matching your search:**[Int J Clin Pharmacol Ther.](#) 2004 Sep;42(9):473-80.

## Can St. John's wort trigger psychoses?

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### Author information

### Abstract

**BACKGROUND:** St. John's wort (SJW) is a popular herbal remedy often self-prescribed for depressed mood. It has recently been associated with psychotic events.

**AIM:** To systematically review the clinical evidence associating SJW with psychotic events. 

**METHODS:** Five electronic databases were searched for all relevant reports. Data were extracted according to predefined criteria.

**RESULTS:** Seventeen case reports associated the use of SJW with psychotic events. In 12 instances, the diagnosis was mania or hypomania. Causality is in most cases possible. In no case was a positive rechallenge reported.

**CONCLUSION:** These case reports raise the possibility that SJW may **trigger** episodes of mania in vulnerable patients. Clinicians should be aware of this possibility and researchers should attempt to ascertain whether the association is causal.

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