	Experi	imental	Control				Weight	Weight
Study	Total Mean	SD Tota	l Mean SD	Mean Difference	MD	95%-CI (d	common) (random)
Estudo A	50 7.50	1.2000 55	5 2.00 1.1000	-	5.50	[5.06; 5.94]	22.8%	21.0%
Estudo B	40 6.80	1.3000 50	1.90 1.0000	-	4.90	[4.41; 5.39]	18.6%	19.5%
Estudo C	60 8.20	1.5000 65	5 2.50 1.3000	[-	5.70	[5.21; 6.19]	18.2%	19.4%
Estudo D	35 7.00	1.1000 48	3 2.20 1.0000		4.80	[4.34; 5.26]	20.9%	20.4%
Estudo E	55 7.80	1.4000 60	2.30 1.2000		5.50	[5.02; 5.98]	19.4%	19.8%
Common effect model Random effects model		278	3	♦		[5.07; 5.49] [4.93; 5.63]	100.0%	100.0%
Heterogeneity: $I^2 = 63.7\%$		0 = 0.0263			7.20	[4.55, 5.65]	•	100.070
J ,	,, ,		-	-6 -4 -2 0 2 4	6			