

# LET HIM COOK: CYBERCHEF WORKSHOP

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## 1) List all the CVEs from the RansomHub Alert

CyberChef Recipe – see [here](#)

RansomHub Alert: [#StopRansomware: RansomHub Ransomware | CISA](#)

**Key Takeaway:** Learning to use Regular Expression (Regex)

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## 2) List all the Domains from the CISA Alerts

CyberChef Recipe – see [here](#)

RansomHub Alert: [#StopRansomware: RansomHub Ransomware | CISA](#)

GRU Alert: [Russian GRU Targeting Western Logistics Entities and Technology Companies | CISA](#)

**Key Takeaway:** Combining Regex with Fang/Defang URLs and Filters

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## 3) Extract all IPs from the Shodan Scan Result

CyberChef Recipe – see [here](#)

Shodan Scan Results: [Bournemouth2600/LetHimCook: CyberChef Workshop](#)

Enrich results in bulk: [Domain and IP bulk lookup tool](#)

**Key Takeaway:** Extracting IPs from “large” files

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## 4) Extracting IPs from CERT-UA Alerts and format to Query Language

CyberChef Recipe – see [here](#)

CERT-UA Alerts: [CERT-UA](#)

**Key Takeaway:** Extracting IPs and using Regex to fit Query Language for SIEM or CTI tool

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## 5) Decode Encoded PowerShell Commands run by Malware Part 1

CyberChef Recipe – see [here](#)

Malicious PowerShell Script: [LetHimCook/mal\\_powershell.md at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** Decoding obfuscated commands and extracting additional IOCs

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## 6) Decoding Encoded PowerShell Commands run by Malware Part 2

CyberChef Recipe – see [here](#)

Malicious PowerShell Script: [LetHimCook/mal\\_powershell\\_2.md at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** Remove null bytes from commands and extracting additional IOCs

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## 7) Generate & Parse QR codes

CyberChef Recipe – see [here](#)

Malicious QR code phishing PDF file: <https://app.any.run/tasks/e0581063-d055-4029-9166-7a74e469d16e>

**Key Takeaway:** Extract links from QR codes instead of scanning/visiting them on endpoints

**Try Next:** Parsing conference badge QR codes and viewing the data stored there

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## 8) Extract EXIF from images/docs

CyberChef Recipe – see [here](#)

Image with Exif: [LetHimCook/leaf.jpg at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** It is possible to identify which device took the image using the EXIF data

**Try Next:** Take a picture from your mobile device and upload it to CyberChef to view the EXIF

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## 9) Generate Hashes from Files

CyberChef Recipe – see [here](#)

ELF Malware Sample: [LetHimCook/LIMPOPOx32.bin.zip at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** How to generate unique hashes of files

**Try Next:** Copying the hashes and searching for them in sites like VirusTotal or AnyRun

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## 10) Visualise Entropy

CyberChef Recipe – see [here](#)

**Key Takeaway:** Identify if a file is heavily obfuscated or not

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## 11) Create and Test YARA rules for detecting File Content

CyberChef Recipe – see [here](#)

YARA Rule: [LetHimCook/ELF\\_malware\\_sample.yar at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** You can test writing YARA rules using CyberChef

**Try Next:** Running strings against a file and using those to write a YARA rule and then testing the YARA against a file.

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## 12) IOC Extraction from PCAP files

a) CyberChef Recipe – see [here](#)

b) CyberChef Recipe - see [here](#)

PCAP File: [LetHimCook/cbfd7146-bf87-4356-9551-9ecbcdf28344.pcap at main · Bournemouth2600/LetHimCook](#)

**Key Takeaway:** Speed up analysis of PCAP files without even opening Wireshark

**Try Next:** Analysing the PCAP in Wireshark and looking for the mentions of the Domain

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## Further Reading

1. <https://isc.sans.edu/diary/CyberChef+Entropy/29352>
2. <https://isc.sans.edu/diary/Excel+4+Emotet+Maldoc+Analysis+using+CyberChef/28830>
3. <https://isc.sans.edu/diary/CyberChef+Entropy/29352>